

California Health Interview Survey 2011 - 2012

Sutter County			
Children 0 - 11			
	Est. N	%	95% C.I.
7 days physically active at least one hour (past week)	5,000	58.0	(34.6 - 81.3)
Overweight for age (does not factor height)	2,000	15.0*	(2.7 - 27.2)
Drank two or more glasses of soda yesterday	1,000	7.2*	(0.0 - 16.8)
Fast food eaten one or more times in past week	7,000	50.7	(31.6 - 69.9)
Eat 5 or more servings fruit/vegetables daily	8,000	57.1	(39.0 - 75.2)
Two or more fruit servings previous day	9,000	55.2	(38.8 - 71.7)
Currently receiving Food Stamps	4,000	25.6*	(7.6 - 43.6)
Park or open space is within walking distance	12,000	81.0*	(66.2 - 95.8)
Ever diagnosed with asthma	3,000	22.7*	(4.7 - 40.7)
Teens 12 - 17			
Underweight (within lowest 5th percentile)	-	-	-
Normal weight (5th up to 85th percentile)	5,000	63.4*	(40.7 - 86.1)
At risk of overweight (85th up to 95th percentile)	1,000	15.3*	(4.3 - 26.3)
Overweight/obese (highest 5th percentile)	2,000	21.3*	(0.0 - 45.0)
Drank two or more glasses of soda yesterday	4,000	45.7	(23.1 - 68.2)
Fast food eaten one or more times in past week	6,000	77.1*	(54.5 - 99.7)
Eat 5+ servings of fruits/vegetables daily	3,000	31.2*	(11.4 - 51.1)
Two or more fruit servings previous day	5,000	60.3	(40.2 - 80.5)
Currently receiving Food Stamps	1,000	10.6*	(0.0 - 24.8)
Strongly agree nearby park or playground safe during the day	2,000	27.3*	(9.4 - 45.2)
Strongly agree nearby park or playground safe at night	1,000	7.5*	(0.0 - 19.3)
Park or open space is within walking distance	6,000	71.1*	(51.7 - 90.6)
Did volunteer / community service in last year	4,000	44.9	(23.1 - 66.6)
Ever diagnosed with asthma	3,000	34.0*	(10.8 - 57.2)
Adults 18+			
Ever diagnosed with diabetes	8,000	11.0	(7.1 - 14.8)
Ever told has had pre- or borderline diabetes	7,000	10.6	(6.9 - 14.3)
Ever diagnosed with asthma	8,000	12.3	(8.3 - 16.4)
Ever diagnosed with high blood pressure	23,000	34.0	(28.1 - 39.9)
Takes medicine for high blood pressure	16,000	68.9	(59.0 - 78.8)
Ever diagnosed with heart disease	7,000	10.4	(7.2 - 13.5)
Ever had a stroke	1,000	1.8	(0.8 - 2.8)
0 - 18.49 (Underweight)	1,000	1.0*	(0.0 - 2.3)
18.5 - 24.99 (Normal)	25,000	36.6	(29.8 - 43.3)
25.0 - 29.99 (Overweight)	22,000	32.4	(26.4 - 38.3)
30.0 or higher (Obese)	21,000	30.1	(24.1 - 36.1)
Overweight or obese	43,000	62.5	(55.7 - 69.2)
Fast food eaten one or more times in past week	45,000	65.4	(59.1 - 71.8)
Not able to afford enough food (food insecure)	14,000	46.2	(34.9 - 57.4)
Currently receiving Food Stamps	6,000	13.6	(7.3 - 19.9)
Currently on WIC	4,000	63.7*	(40.8 - 86.7)
Currently receiving TANF or CalWORKS	2,000	4.8*	(0.0 - 9.5)
Own home	46,000	66.6	(60.0 - 73.2)
Volunteered in past year	9,000	12.5	(8.2 - 16.9)
Adults 18+ less than 185% of Federal Poverty Level			
Ever diagnosed with diabetes	3,000	11.9	(5.0 - 18.9)
Ever told has had pre- or borderline diabetes	4,000	12.9	(5.4 - 20.5)
Ever diagnosed with heart disease	3,000	10.4	(4.9 - 16.0)
Overweight or obese	17,000	60.6	(48.8 - 72.4)
Fast food eaten one or more times in past week	20,000	69.4	(58.9 - 79.8)
Not able to afford enough food (food insecure)	14,000	47.7	(36.2 - 59.3)
Currently receiving Food Stamps	5,000	18.0	(9.3 - 26.6)
Currently on WIC	4,000	68.3*	(45.3 - 91.4)
Currently receiving TANF or CalWORKS	2,000	7.0*	(0.1 - 14.0)
Own home	13,000	47.6	(36.0 - 59.2)
Volunteered in past year	3,000	9.2*	(2.8 - 15.6)

*Statistically unstable for a minimum number of respondents needed AND/OR has exceeded an acceptable value for coefficient of variance.
 - (hyphen): Estimate is less than 500 people