

California Health Interview Survey 2011 - 2012

Stanislaus County			
Children 0 - 11			
	Est. N	%	95% C.I.
7 days physically active at least one hour (past week)	17,000	33.9	(14.9 - 52.8)
Overweight for age (does not factor height)	17,000	18.3*	(4.5 - 32.1)
Drank two or more glasses of soda yesterday	3,000	4.5*	(0.0 - 9.2)
Fast food eaten one or more times in past week	51,000	72.9	(57.8 - 87.9)
Eat 5 or more servings fruit/vegetables daily	33,000	47.7	(29.8 - 65.6)
Two or more fruit servings previous day	43,000	45.7	(29.7 - 61.6)
Currently receiving Food Stamps	34,000	44.2	(25.1 - 63.4)
Park or open space is within walking distance	66,000	85.7*	(76.9 - 94.5)
Ever diagnosed with asthma	6,000	7.6*	(2.3 - 13.0)
Teens 12 - 17			
Underweight (within lowest 5th percentile)	2,000	5.1*	(0.0 - 12.3)
Normal weight (5th up to 85th percentile)	28,000	56.6	(37.6 - 75.7)
At risk of overweight (85th up to 95th percentile)	6,000	11.7*	(1.9 - 21.4)
Overweight/obese (highest 5th percentile)	13,000	26.7*	(8.2 - 45.1)
Drank two or more glasses of soda yesterday	14,000	27.6*	(10.3 - 44.9)
Fast food eaten one or more times in past week	36,000	72.6*	(55.6 - 89.6)
Eat 5+ servings of fruits/vegetables daily	4,000	8.2*	(1.2 - 15.2)
Two or more fruit servings previous day	27,000	54.2	(35.1 - 73.2)
Currently receiving Food Stamps	7,000	25.9*	(4.2 - 47.7)
Strongly agree nearby park or playground safe during the day	8,000	16.7*	(4.9 - 28.6)
Strongly agree nearby park or playground safe at night	4,000	8.2*	(0.0 - 21.8)
Park or open space is within walking distance	46,000	93.0*	(83.6 - 100.0)
Did volunteer / community service in last year	29,000	59.8	(41.3 - 78.3)
Ever diagnosed with asthma	4,000	7.9*	(0.0 - 17.6)
Adults 18+			
Ever diagnosed with diabetes	43,000	11.6	(8.1 - 15.1)
Ever told has had pre- or borderline diabetes	31,000	8.4	(5.6 - 11.3)
Ever diagnosed with asthma	52,000	14.0	(9.0 - 18.9)
Ever diagnosed with high blood pressure	113,000	30.4	(24.8 - 36.0)
Takes medicine for high blood pressure	80,000	71.2	(61.3 - 81.2)
Ever diagnosed with heart disease	20,000	5.3	(3.6 - 7.0)
Ever had a stroke	11,000	3.0*	(0.9 - 5.1)
0 - 18.49 (Underweight)	5,000	1.2*	(0.1 - 2.4)
18.5 - 24.99 (Normal)	106,000	28.5	(22.7 - 34.2)
25.0 - 29.99 (Overweight)	149,000	40.2	(33.4 - 46.9)
30.0 or higher (Obese)	112,000	30.1	(24.0 - 36.3)
Overweight or obese	261,000	70.3	(64.5 - 76.1)
Fast food eaten one or more times in past week	236,000	63.6	(57.0 - 70.2)
Not able to afford enough food (food insecure)	79,000	46.8	(36.0 - 57.7)
Currently receiving Food Stamps	49,000	20.2	(12.8 - 27.6)
Currently on WIC	25,000	62.0*	(38.7 - 85.2)
Currently receiving TANF or CalWORKS	31,000	13.0	(5.6 - 20.3)
Own home	226,000	62.2	(55.4 - 69.0)
Volunteered in past year	48,000	12.9	(8.3 - 17.4)
Adults 18+ less than 185% of Federal Poverty Level			
Ever diagnosed with diabetes	24,000	14.7	(7.9 - 21.5)
Ever told has had pre- or borderline diabetes	12,000	7.4	(3.1 - 11.6)
Ever diagnosed with heart disease	6,000	3.9	(1.9 - 5.8)
Overweight or obese	117,000	72.9	(63.7 - 82.1)
Fast food eaten one or more times in past week	101,000	62.6	(51.2 - 74.0)
Not able to afford enough food (food insecure)	79,000	49.0	(37.8 - 60.3)
Currently receiving Food Stamps	46,000	28.7	(18.3 - 39.2)
Currently on WIC	23,000	68.6*	(44.8 - 92.5)
Currently receiving TANF or CalWORKS	31,000	19.5	(9.0 - 30.1)
Own home	53,000	33.1	(22.9 - 43.2)
Volunteered in past year	19,000	11.8*	(3.6 - 20.0)

*Statistically unstable for a minimum number of respondents needed AND/OR has exceeded an acceptable value for coefficient of variance.
 - (hyphen): Estimate is less than 500 people