

SNAP-Ed Eligible Demographics

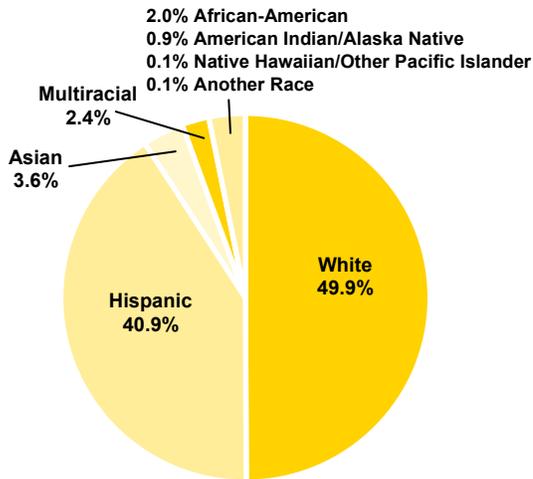
Less than 185% Federal Poverty Level

Total 124,855 (26.2%)

Ages (<185% FPL)

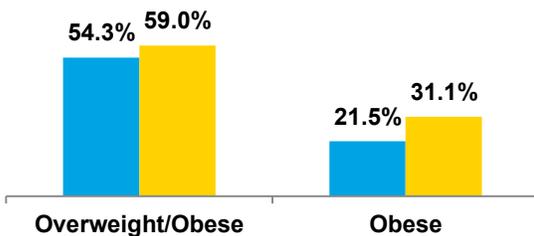
Children <6 years old	13,121 (38.8%)
Children 6-17 years old	21,450 (30.5%)
Adults 18-64 years old	76,238 (25.0%)
Seniors 65 years and older	14,046 (21.0%)

Race/Ethnicity (<185% FPL)



Obesity Prevalence

■ Adults ■ SNAP-Ed Adults



Low Income Children

Overweight/Obese Obese

Age Group	Overweight/Obese	Obese
Age 2-4 years	31.0%	15.6%
Age 5-19 years	42.3%	23.5%

Environment

Number of recreational facilities per 100,000 residents	11.8
Percent of children and teens (1-17) who have a park or open space within walking distance	81.6%
Percent of low income population that had limited access to healthy food	3.8%
Percent of zip codes that have grocery stores, produce stands or farmer's markets	73%
Percent of restaurants that are fast-food	36.8%

Population below Federal Poverty Level

11.5%

Food Insecurity Rates

13.5% Overall

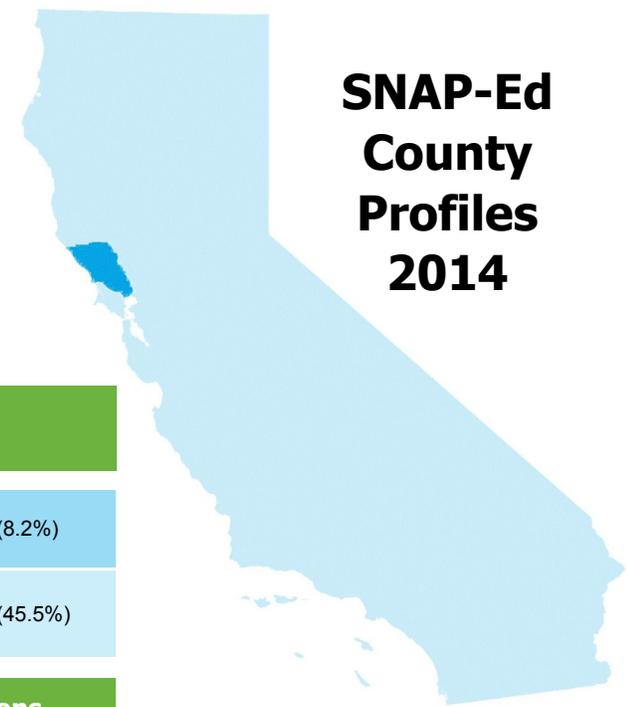
21.2% Children

Other Federal Nutrition Assistance Programs

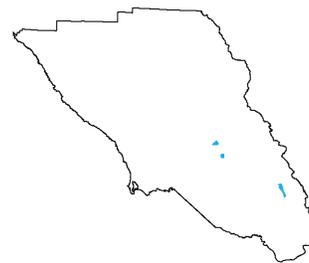
CalFresh Participants	40,348 (8.2%)
Students Eligible for Free/Reduced Price Meals (FRPM)	32,167 (45.5%)

SNAP-Ed Eligible Locations

Census Tracts	SNAP-Ed Eligible Census Tracts
99	3 (3.0%) all races
Schools	SNAP-Ed Eligible Schools
180	77 (42.8%)



SNAP-Ed County Profiles 2014



SNAP-Ed Eligible Census Tracts

Sonoma

Physical Activity and Nutrition

Physical Activity

Adults engaged in regular walking in the past week	30.3%
Adults who did not exercise in the past month	14.5%
Children (5-11) physically active at least 1 hour everyday	35.1%

Fruits and Vegetables

consumed 5 or more servings yesterday

3+ times yesterday

Children (2-11)	SNAP-Ed Children	Teens (12-17)	Adults
70.5%	b	35.6%	33.9%

Fast Food

consumed 1 or more times in the past week

Adults	SNAP-Ed Adults	Children/Teens (2-17)	SNAP-Ed Children/Teens (2-17)
47.0%	54.2%	64.4%	b

Sugar-Sweetened Beverages

consumed 1 or more per day

Children and Teens (2-17)

30%

^b unstable estimate

For CalFresh information, call 1-877-847-3663. Funded by USDA SNAP-Ed, an equal opportunity provider and employer. Visit www.CaChampionsForChange.net for healthy tips. Prepared by CDPH.

Please refer to [Data Sources and Methodology](#) for more information on the data above.