

California Health Interview Survey 2011 - 2012

Shasta County			
Children 0 - 11			
	Est. N	%	95% C.I.
7 days physically active at least one hour (past week)	7,000	49.2	(22.9 - 75.6)
Overweight for age (does not factor height)	2,000	7.1*	(0.0 - 14.9)
Drank two or more glasses of soda yesterday	-	-	-
Fast food eaten one or more times in past week	13,000	58.0*	(33.3 - 82.8)
Eat 5 or more servings fruit/vegetables daily	10,000	42.1	(18.7 - 65.5)
Two or more fruit servings previous day	16,000	62.3	(41.3 - 83.2)
Currently receiving Food Stamps	7,000	37.7*	(11.6 - 63.8)
Park or open space is within walking distance	15,000	61.6*	(37.3 - 85.9)
Ever diagnosed with asthma	2,000	10.4*	(1.2 - 19.6)
Teens 12 - 17			
Underweight (within lowest 5th percentile)	1,000	11.0*	(0.0 - 30.9)
Normal weight (5th up to 85th percentile)	8,000	59.0*	(33.0 - 85.0)
At risk of overweight (85th up to 95th percentile)	3,000	19.6*	(0.0 - 44.0)
Overweight/obese (highest 5th percentile)	1,000	10.4*	(0.9 - 19.9)
Drank two or more glasses of soda yesterday	4,000	27.0*	(5.7 - 48.4)
Fast food eaten one or more times in past week	10,000	73.4*	(52.8 - 94.0)
Eat 5+ servings of fruits/vegetables daily	3,000	23.2*	(2.3 - 44.2)
Two or more fruit servings previous day	5,000	38.3*	(14.3 - 62.3)
Currently receiving Food Stamps	-	-	-
Strongly agree nearby park or playground safe during the day	6,000	44.9	(18.8 - 71.0)
Strongly agree nearby park or playground safe at night	-	-	-
Park or open space is within walking distance	10,000	75.0*	(55.3 - 94.7)
Did volunteer / community service in last year	7,000	50.9	(25.6 - 76.1)
Ever diagnosed with asthma	4,000	26.8*	(2.5 - 51.2)
Adults 18+			
Ever diagnosed with diabetes	12,000	9.0	(6.0 - 12.0)
Ever told has had pre- or borderline diabetes	13,000	9.4	(5.2 - 13.7)
Ever diagnosed with asthma	26,000	19.0	(13.1 - 24.9)
Ever diagnosed with high blood pressure	48,000	34.9	(28.9 - 40.8)
Takes medicine for high blood pressure	32,000	66.4	(56.8 - 76.0)
Ever diagnosed with heart disease	8,000	6.1	(3.9 - 8.2)
Ever had a stroke	7,000	4.8	(2.7 - 7.0)
0 - 18.49 (Underweight)	3,000	1.8*	(0.0 - 4.0)
18.5 - 24.99 (Normal)	56,000	40.6	(33.7 - 47.5)
25.0 - 29.99 (Overweight)	44,000	31.9	(25.8 - 37.9)
30.0 or higher (Obese)	35,000	25.7	(20.1 - 31.3)
Overweight or obese	79,000	57.6	(50.7 - 64.5)
Fast food eaten one or more times in past week	78,000	57.1	(50.2 - 63.9)
Not able to afford enough food (food insecure)	19,000	41.0	(30.0 - 52.0)
Currently receiving Food Stamps	7,000	8.3*	(3.3 - 13.3)
Currently on WIC	3,000	53.5*	(22.6 - 84.4)
Currently receiving TANF or CalWORKS	3,000	3.8*	(0.1 - 7.6)
Own home	91,000	67.4	(60.7 - 74.1)
Volunteered in past year	17,000	12.2	(7.8 - 16.5)
Adults 18+ less than 185% of Federal Poverty Level			
Ever diagnosed with diabetes	5,000	10.6	(4.5 - 16.8)
Ever told has had pre- or borderline diabetes	4,000	8.6*	(2.9 - 14.3)
Ever diagnosed with heart disease	3,000	7.2	(3.3 - 11.2)
Overweight or obese	30,000	68.9	(58.4 - 79.3)
Fast food eaten one or more times in past week	27,000	61.2	(49.8 - 72.6)
Not able to afford enough food (food insecure)	19,000	42.7	(31.0 - 54.3)
Currently receiving Food Stamps	7,000	16.0	(6.9 - 25.2)
Currently on WIC	3,000	59.0*	(26.4 - 91.5)
Currently receiving TANF or CalWORKS	3,000	7.4*	(0.4 - 14.4)
Own home	18,000	40.4	(28.7 - 52.2)
Volunteered in past year	3,000	6.7*	(0.0 - 14.6)

*Statistically unstable for a minimum number of respondents needed AND/OR has exceeded an acceptable value for coefficient of variance.

- (hyphen): Estimate is less than 500 people