

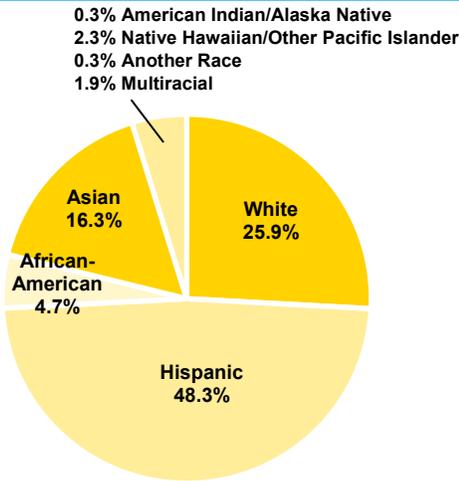
SNAP-Ed County Profiles 2014

San Mateo

SNAP-Ed Eligible Demographics Less than 185% Federal Poverty Level

Total	130,273 (18.3%)
Ages (<185% FPL)	
Children <6 years old	13,228 (24.2%)
Children 6-17 years old	22,523 (22.0%)
Adults 18-64 years old	77,056 (16.7%)
Seniors 65 years and older	17,466 (18.4%)

Race/Ethnicity (<185% FPL)



Population below Federal Poverty Level

7.4%

Food Insecurity Rates

11.7% Overall

17.1% Children

Other Federal Nutrition Assistance Programs

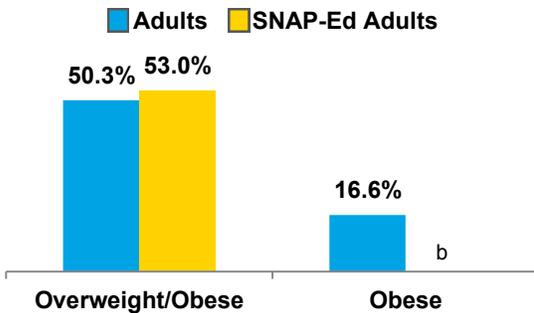
CalFresh Participants	28,487 (3.9%)
Students Eligible for Free/Reduced Price Meals (FRPM)	34,166 (36.4%)

SNAP-Ed Eligible Locations

Census Tracts	SNAP-Ed Eligible Census Tracts
157	5 (3.2%) all races
Schools	SNAP-Ed Eligible Schools
171	59 (34.5%)

SNAP-Ed Eligible Census Tracts

Obesity Prevalence



Physical Activity and Nutrition

Physical Activity

Adults engaged in regular walking in the past week	37.2%
Adults who did not exercise in the past month	16.2%
Children (5-11) physically active at least 1 hour everyday	31.9%

Fruits and Vegetables

consumed 5 or more servings yesterday			3+ times yesterday
Children (2-11)	SNAP-Ed Children	Teens (12-17)	Adults
50.0%	b	b	30.6%

Fast Food

consumed 1 or more times in the past week			
Adults	SNAP-Ed Adults	Children/Teens (2-17)	SNAP-Ed Children/Teens (2-17)
52.5%	58.1%	59.4%	b

Sugar-Sweetened Beverages

consumed 1 or more per day	
Children and Teens (2-17)	
29%	

^b unstable estimate

Low Income Children		
	Overweight/Obese	Obese
Age 2-4 years	36.0%	17.9%
Age 5-19 years	44.0%	23.6%

Environment

Number of recreational facilities per 100,000 residents	14.2
Percent of children and teens (1-17) who have a park or open space within walking distance	b
Percent of low income population that had limited access to healthy food	1.5%
Percent of zip codes that have grocery stores, produce stands or farmer's markets	82%
Percent of restaurants that are fast-food	39.7%

For CalFresh information, call 1-877-847-3663. Funded by USDA SNAP-Ed, an equal opportunity provider and employer. Visit www.CaChampionsForChange.net for healthy tips. Prepared by CDPH.

Please refer to [Data Sources and Methodology](#) for more information on the data above.