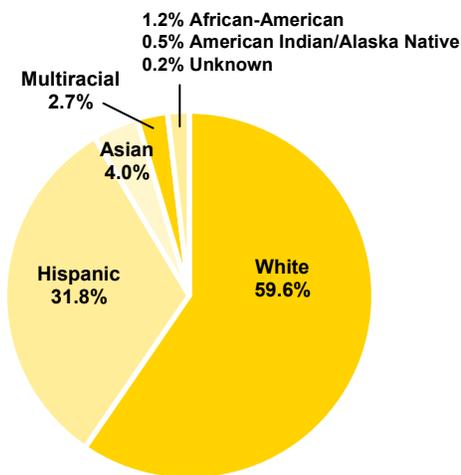


SNAP-Ed Eligible Demographics

Less than 185% Federal Poverty Level

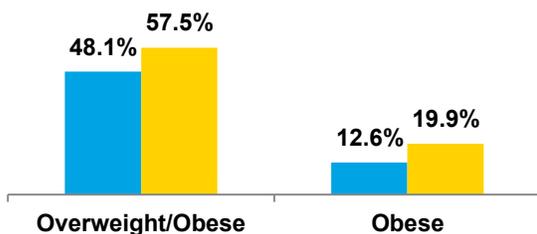
Total	71,005 (27.9%)
Ages (<185% FPL)	
Children <6 years old	5,687 (35.7%)
Children 6-17 years old	10,048 (30.1%)
Adults 18-64 years old	47,276 (28.7%)
Seniors 65 years and older	7,994 (19.8%)

Race/Ethnicity (<185% FPL)



Obesity Prevalence

■ Adults ■ SNAP-Ed Adults



	Low Income Children	
	Overweight/Obese	Obese
Age 2-4 years	28.7%	13.8%
Age 5-19 years	41.8%	23.1%

Environment

Number of recreational facilities per 100,000 residents	14.8
Percent of children and teens (1-17) who have a park or open space within walking distance	73.2%
Percent of low income population that had limited access to healthy food	4.0%
Percent of zip codes that have grocery stores, produce stands or farmer's markets	71%
Percent of restaurants that are fast-food	41.9%

Population below Federal Poverty Level

13.7%

Food Insecurity Rates

14.1% Overall

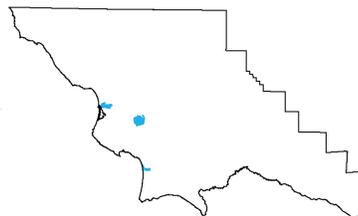
20.3% Children

Other Federal Nutrition Assistance Programs

CalFresh Participants	17,743 (6.5%)
Students Eligible for Free/Reduced Price Meals (FRPM)	15,366 (44.3%)

SNAP-Ed Eligible Locations

Census Tracts	SNAP-Ed Eligible Census Tracts
53	4 (7.5%) all races
Schools	SNAP-Ed Eligible Schools
84	39 (46.4%)



SNAP-Ed Eligible Census Tracts

Physical Activity and Nutrition

Physical Activity

Adults engaged in regular walking in the past week	31.0%
Adults who did not exercise in the past month	14.6%
Children (5-11) physically active at least 1 hour everyday	b

Fruits and Vegetables

consumed 5 or more servings yesterday			3+ times yesterday
Children (2-11)	SNAP-Ed Children	Teens (12-17)	Adults
58.9%	b	b	33.1%

Fast Food

consumed 1 or more times in the past week			
Adults	SNAP-Ed Adults	Children/Teens (2-17)	SNAP-Ed Children/Teens (2-17)
58.7%	67.6%	76.6%	b

Sugar-Sweetened Beverages

consumed 1 or more per day	
Children and Teens (2-17)	SNAP-Ed Children/Teens (2-17)
50%	b

^b unstable estimate

SNAP-Ed County Profiles 2014

San Luis Obispo

For CalFresh information, call 1-877-847-3663. Funded by USDA SNAP-Ed, an equal opportunity provider and employer. Visit www.CaChampionsForChange.net for healthy tips. Prepared by CDPH.

Please refer to [Data Sources and Methodology](#) for more information on the data above.