

California Health Interview Survey 2011 - 2012

San Mateo County			
Children 0 - 11			
	Est. N	%	95% C.I.
7 days physically active at least one hour (past week)	18,000	31.9	(16.1 - 47.6)
Overweight for age (does not factor height)	19,000	18.7*	(6.5 - 30.9)
Drank two or more glasses of soda yesterday	2,000	1.7*	(0.0 - 4.7)
Fast food eaten one or more times in past week	47,000	53.6	(38.6 - 68.5)
Eat 5 or more servings fruit/vegetables daily	44,000	50.0	(34.9 - 65.0)
Two or more fruit servings previous day	66,000	60.0	(46.3 - 73.7)
Currently receiving Food Stamps	2,000	4.7*	(0.0 - 11.8)
Park or open space is within walking distance	92,000	93.2*	(87.9 - 98.5)
Ever diagnosed with asthma	8,000	7.9*	(0.2 - 15.6)
Teens 12 - 17			
Underweight (within lowest 5th percentile)	2,000	3.1*	(0.0 - 9.2)
Normal weight (5th up to 85th percentile)	30,000	58.3	(37.3 - 79.4)
At risk of overweight (85th up to 95th percentile)	15,000	28.4*	(8.3 - 48.6)
Overweight/obese (highest 5th percentile)	5,000	10.2*	(0.0 - 22.1)
Drank two or more glasses of soda yesterday	11,000	20.3*	(4.6 - 36.1)
Fast food eaten one or more times in past week	36,000	69.4	(52.0 - 86.9)
Eat 5+ servings of fruits/vegetables daily	16,000	30.4*	(10.7 - 50.2)
Two or more fruit servings previous day	41,000	80.1*	(65.2 - 95.0)
Currently receiving Food Stamps	-	-	-
Strongly agree nearby park or playground safe during the day	37,000	72.1*	(51.6 - 92.6)
Strongly agree nearby park or playground safe at night	15,000	28.1*	(10.7 - 45.5)
Park or open space is within walking distance	52,000	100.0*	(100.0 - 100.0)
Did volunteer / community service in last year	33,000	64.6*	(42.0 - 87.2)
Ever diagnosed with asthma	9,000	18.1*	(0.0 - 36.8)
Adults 18+			
Ever diagnosed with diabetes	43,000	7.6	(3.9 - 11.2)
Ever told has had pre- or borderline diabetes	47,000	8.3	(5.7 - 10.8)
Ever diagnosed with asthma	75,000	13.3	(9.5 - 17.1)
Ever diagnosed with high blood pressure	134,000	23.7	(19.1 - 28.2)
Takes medicine for high blood pressure	97,000	72.2	(63.1 - 81.3)
Ever diagnosed with heart disease	27,000	4.7	(2.9 - 6.5)
Ever had a stroke	15,000	2.6*	(0.9 - 4.3)
0 - 18.49 (Underweight)	13,000	2.3*	(0.9 - 3.7)
18.5 - 24.99 (Normal)	268,000	47.4	(42.0 - 52.9)
25.0 - 29.99 (Overweight)	191,000	33.7	(28.6 - 38.8)
30.0 or higher (Obese)	94,000	16.6	(12.1 - 21.0)
Overweight or obese	284,000	50.3	(44.8 - 55.8)
Fast food eaten one or more times in past week	297,000	52.5	(47.1 - 57.9)
Not able to afford enough food (food insecure)	34,000	32.1	(19.0 - 45.1)
Currently receiving Food Stamps	9,000	4.2*	(0.7 - 7.7)
Currently on WIC	3,000	16.6*	(0.0 - 39.4)
Currently receiving TANF or CalWORKS	3,000	1.6*	(0.0 - 3.6)
Own home	348,000	62.3	(56.9 - 67.7)
Volunteered in past year	65,000	11.6	(8.6 - 14.5)
Adults 18+ less than 185% of Federal Poverty Level			
Ever diagnosed with diabetes	19,000	18.3*	(2.4 - 34.2)
Ever told has had pre- or borderline diabetes	9,000	9.2*	(2.5 - 15.8)
Ever diagnosed with heart disease	3,000	2.5*	(0.0 - 5.1)
Overweight or obese	55,000	53.0	(38.3 - 67.8)
Fast food eaten one or more times in past week	60,000	58.1	(42.8 - 73.5)
Not able to afford enough food (food insecure)	34,000	33.3	(19.7 - 46.9)
Currently receiving Food Stamps	9,000	8.9*	(1.4 - 16.3)
Currently on WIC	3,000	53.7*	(1.8 - 100.0)
Currently receiving TANF or CalWORKS	3,000	3.4*	(0.0 - 7.5)
Own home	33,000	34.2	(17.4 - 50.9)
Volunteered in past year	7,000	6.8*	(0.9 - 12.7)

*Statistically unstable for a minimum number of respondents needed AND/OR has exceeded an acceptable value for coefficient of variance.
 - (hyphen): Estimate is less than 500 people