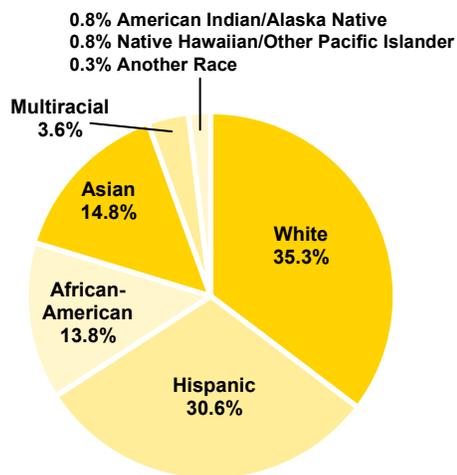


SNAP-Ed Eligible Demographics

Less than 185% Federal Poverty Level

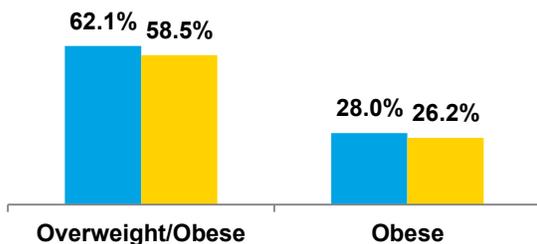
Total	467,186 (33.5%)
Ages (<185% FPL)	
Children <6 years old	53,676 (45.5%)
Children 6-17 years old	101,456 (42.6%)
Adults 18-64 years old	271,763 (30.8%)
Seniors 65 years and older	40,291 (25.6%)

Race/Ethnicity (<185% FPL)



Obesity Prevalence

■ Adults ■ SNAP-Ed Adults



Low Income Children

Overweight/Obese Obese

Age Group	Overweight/Obese	Obese
Age 2-4 years	28.3%	13.7%
Age 5-19 years	38.6%	21.2%

Environment

Number of recreational facilities per 100,000 residents	8.6
Percent of children and teens (1-17) who have a park or open space within walking distance	b
Percent of low income population that had limited access to healthy food	3.7%
Percent of zip codes that have grocery stores, produce stands or farmer's markets	85%
Percent of restaurants that are fast-food	51.4%

Population below Federal Poverty Level

16.5%

Food Insecurity Rates

17.3% Overall

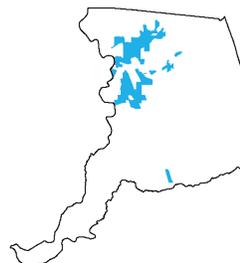
23.8% Children

Other Federal Nutrition Assistance Programs

CalFresh Participants	210,145 (14.5%)
Students Eligible for Free/Reduced Price Meals (FRPM)	140,044 (58.8%)

SNAP-Ed Eligible Locations

Census Tracts	SNAP-Ed Eligible Census Tracts
317	67 (21.1%) all races
Schools	SNAP-Ed Eligible Schools
378	252 (66.7%)



SNAP-Ed Eligible Census Tracts

Physical Activity and Nutrition

Physical Activity

Adults engaged in regular walking in the past week	32.0%
Adults who did not exercise in the past month	19.0%
Children (5-11) physically active at least 1 hour everyday	43.1%

Fruits and Vegetables

consumed 5 or more servings yesterday

3+ times yesterday

Children (2-11)	SNAP-Ed Children	Teens (12-17)	Adults
52.0%	39.5%	b	27.2%

Fast Food

consumed 1 or more times in the past week

Adults	SNAP-Ed Adults	Children/Teens (2-17)	SNAP-Ed Children/Teens (2-17)
66.0%	65.9%	66.0%	64.7%

Sugar-Sweetened Beverages

consumed 1 or more per day

Children and Teens (2-17)	36%
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^b unstable estimate

SNAP-Ed County Profiles 2014

Sacramento

For CalFresh information, call 1-877-847-3663. Funded by USDA SNAP-Ed, an equal opportunity provider and employer. Visit www.CaChampionsForChange.net for healthy tips. Prepared by CDPH.

Please refer to [Data Sources and Methodology](#) for more information on the data above.