

2007 California Children's Healthy Eating and Exercise Practices Survey

Table 66: Distribution of Overweight Status Among California Children Based on Body Mass Index^{1,2} (N=823)

What is your child's current height in feet and inches?
 What is your child's current weight in pounds?

	Overweight Status, Percent			Overweight and Obese ^{4,5}
	Not Overweight ³	Overweight ⁴	Obese ⁵	
Total	62.9	15.3	21.8	37.1
Gender				
Males	59.8	16.0	24.2	40.2
Females	66.0	14.6	19.4	34.0
Ethnicity				
White	70.7	13.7	15.5	29.3
African American	55.4	16.3	28.4	44.6
Latino	57.5	16.5	26.0	42.5
Asian/Other	65.3	14.6	20.2	34.7
Food Stamp Status, % FPL				
Participant, ≤ 130%	49.2	13.7	37.1	50.8
Likely Eligible, ≤ 130%	52.0	15.1	32.9	48.0
Potentially Eligible, 131-≤ 185%	55.5	20.4	24.1	44.5
Not Eligible, >185%	69.2	14.4	16.4	30.8
Overweight Status				
Not Overweight	N/A	N/A	N/A	N/A
Overweight/Obese	N/A	N/A	N/A	N/A
Physical Activity				
≥ 60 minutes	66.7	14.4	18.9	33.3
< 60 minutes	59.9	16.0	24.1	40.1
School Breakfast				
Yes	52.1	18.4	29.6	47.9
No	65.8	14.5	19.7	34.2
School Lunch				
Yes	56.9	15.7	27.4	43.1
No	72.8	14.6	12.6	27.2
Nutrition Lesson				
Yes	63.9	15.4	20.7	36.1
No	61.6	15.2	23.3	38.4
Exercise Lesson				
Yes	64.4	14.7	20.9	35.6
No	44.8	22.2	33.0	55.2

¹ Body Mass Index was calculated using the equation: weight in kilograms divided by height in meters².

² Calculated using the Reference Data for Obesity. CDC website, 2000.

³ Not Overweight is a BMI <85th percentile, formerly labeled "not at risk for overweight".

⁴ Overweight is a BMI ≥ 85th and <95th percentile, formerly labeled "at risk for overweight".

⁵ Obese is a BMI ≥ 95th percentile, formerly labeled "overweight".

Rows may not add up to 100% due to rounding.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi-Square Test

* p<.05

** p<.01

*** p<.001