

2009 California Children's Healthy Eating and Exercise Practices Survey

Table 66: Distribution of Overweight Status Among California Children Based on Body Mass Index^{1,2} (Diary Sample)

What is you/your child's current height in feet and inches?

What is you/your child's current weight in pounds?

	Overweight Status, Percent of Children		
	Not at Risk	Overweight (85th Percentile) ³	Obese (95th Percentile) ⁴
Total	62.5	19.5	18.1
Gender			
Males	57.7	22.6	19.7
Females	67.1	16.4	16.5
Ethnicity			
White	73.0	16.3	10.7
African American	63.9	15.8	20.3
Latino	52.4	23.4	24.1
Asian/Other	72.5	14.4	13.1
Food Stamp/FPL			
Food Stamp Participant	51.1	23.8	25.1
No FS/ ≤130% FPL	46.6	16.2	37.1
No FS/ >130%-≤185% FPL	55.9	26.2	17.9
No FS/ >185% FPL	69.6	18.6	11.9
Overweight Status			
Not Overweight	N/A	N/A	N/A
Overweight/Obese	N/A	N/A	N/A
Physical Activity			
≥ 60 minutes	66.7	16.8	16.6
< 60 minutes	58.4	22.1	19.5
School Breakfast			
Yes	50.9	22.2	26.9
No	65.4	18.8	15.8
School Lunch			
Yes	54.9	20.3	24.9
No	75.1	18.2	6.7
Nutrition Lesson			
Yes	65.4	18.8	15.8
No	58.4	20.4	21.2
Exercise Lesson			
Yes	63.3	19.4	17.3
No	49.4	20.5	30.1

¹ Body Mass Index was calculated using the equation: weight in kilograms divided by height in meters².

² Calculated using the Reference Data for Obesity. CDC website, 2000.

³ BMI ≥ 85th <95th Percentile, formerly labeled "at risk for overweight".

⁴ BMI ≥ 95th Percentile, formerly labeled "overweight".

Rows may not add up to 100% due to rounding.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi-Square Test

* p<.05

*** p<.001