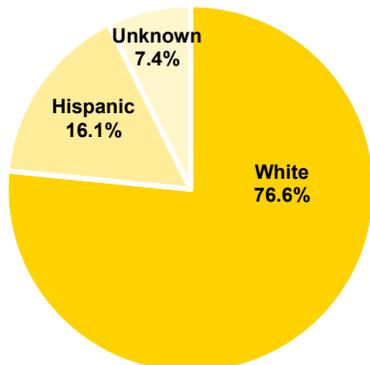


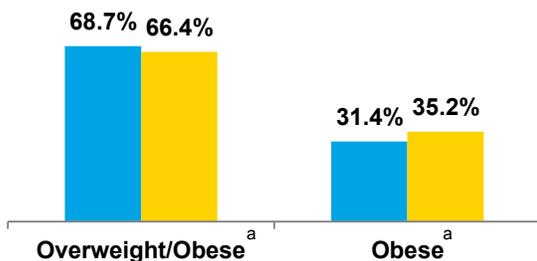
SNAP-Ed Eligible Demographics Less than 185% Federal Poverty Level

Total	6,974 (35.5%)
Ages (<185% FPL)	
Children <6 years old	661 (58.4%)
Children 6-17 years old	1,444 (59.4%)
Adults 18-64 years old	3,784 (31.8%)
Seniors 65 years and older	1,085 (26.0%)
Race/Ethnicity (<185% FPL)	



Obesity Prevalence

■ Adults ■ SNAP-Ed Adults



Low Income Children		
	Overweight/Obese	Obese
Age 2-4 years	30.0%	12.0%
Age 5-19 years	37.4%	22.3%

Environment

Number of recreational facilities per 100,000 residents	20.1
Percent of children and teens (1-17) who have a park or open space within walking distance ^a	b
Percent of low income population that had limited access to healthy food	1.8%
Percent of zip codes that have grocery stores, produce stands or farmer's markets	67%
Percent of restaurants that are fast-food	25.5%

Population below Federal Poverty Level

13.9%

Food Insecurity Rates

17.6% Overall

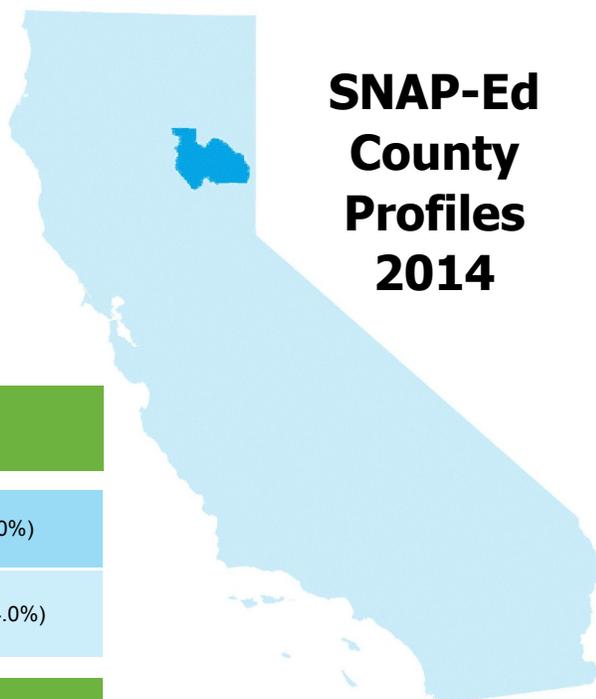
26.9% Children

Other Federal Nutrition Assistance Programs

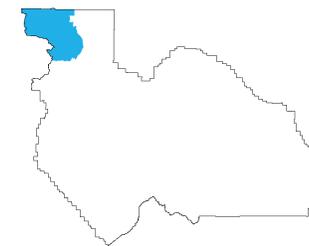
CalFresh Participants	1,759 (9.0%)
Students Eligible for Free/Reduced Price Meals (FRPM)	1,165 (54.0%)

SNAP-Ed Eligible Locations

Census Tracts	SNAP-Ed Eligible Census Tracts
7	1 (14.3%) all races
Schools	SNAP-Ed Eligible Schools
14	12 (85.7%)



SNAP-Ed County Profiles 2014



SNAP-Ed Eligible Census Tracts

Plumas

Physical Activity and Nutrition

Physical Activity

Adults engaged in regular walking in the past week ^a	35.3%
Adults who did not exercise in the past month	20.0%
Children (5-11) physically active at least 1 hour everyday ^a	b

Fruits and Vegetables^a

consumed 5 or more servings yesterday			3+ times yesterday
Children (2-11)	SNAP-Ed Children	Teens (12-17)	Adults
b	b	b	31.6%

Fast Food^a

consumed 1 or more times in the past week			
Adults	SNAP-Ed Adults	Children/Teens (2-17)	SNAP-Ed Children/Teens (2-17)
48.4%	49.2%	51.3%	47.8%

Sugar-Sweetened Beverages^a

consumed 1 or more per day	
Children and Teens (2-17)	
45%	

^a combined county data for: Del Norte, Siskiyou, Lassen, Trinity, Modoc, Plumas, Sierra
^b unstable estimate

For CalFresh information, call 1-877-847-3663. Funded by USDA SNAP-Ed, an equal opportunity provider and employer. Visit www.CaChampionsForChange.net for healthy tips. Prepared by CDPH.

Please refer to [Data Sources and Methodology](#) for more information on the data above.