



“Live Life, Live Health, At Any Age”

Annual Physical Activity and Nutrition Forum 2010



Save the Date

8:00 a.m. Wednesday, June 23rd

International Agri-Center
4500 Laspina Street Tulare, CA 93275

No cost nutrition and physical activity information with presentations and resources in all age groups from early childhood to the elderly.

For more info or to reserve a No cost exhibitor’s table, contact Starr Cloyd @ (559)255-4300 scloyd@cvhnclinics.org

Forum Topics:

- * Presentations * Chef in the Classroom
- * Silver Sneakers * Networking * Exhibits
- * Interactive physical activity and nutrition resources * Farmers Market

Comfortable clothing highly recommended.



Central Valley Health Network

For food stamp information, call 877-847-3663. Funded by the USDA Supplemental Nutrition Assistance Program, an equal opportunity provider and employer.