

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 27: Trends in the Total Servings of Protein Rich Foods Eaten by California Children per Typical Weekday for All Eating Occasions (Diary Sample)

	Mean				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	2.4	2.3	2.5	2.3	-0.1	0.2	-0.1	-0.1
Gender								
Males	2.6	2.5	2.6	2.5	-0.1	0.1	-0.1	-0.2
Females	2.2	2.1	2.3	2.2	-0.1	0.2	-0.1	0.0
Ethnicity								
White	2.2	2.2	2.2	2.3	0.0	0.0	0.1	0.1
African American	3.0	2.7	2.7	2.7	-0.4	0.0	0.0	-0.4
Latino	2.6	2.3	2.6	2.2	-0.3	0.3	-0.4	-0.3
Asian/ Other	2.4	2.6	2.6	2.8	0.2	0.0	0.3	0.4
FSNE Eligibility								
≤130% FPL w/FS	3.0	2.8	3.4	2.5	-0.1	0.6	-0.9	-0.5
≤130% FPL w/o FS	2.6	2.6	2.5	2.5	0.0	-0.1	0.0	-0.1
>130%-≤185% FPL	2.4	2.1	2.4	2.2	-0.4	0.3	-0.2	-0.3
>185% FPL	2.3	2.2	2.4	2.3	0.0	0.1	-0.1	0.0
Overweight Status								
Not at Risk	2.4	2.3	2.3	2.2	-0.1	0.1	-0.1	-0.2
At Risk/Overweight	2.5	2.3	2.7	2.4	-0.1	0.4	-0.3	0.0
Physical Activity								
≥60 minutes	2.6	2.4	2.6	2.3	-0.1	0.1	-0.3	-0.3
<60 minutes	2.3	2.2	2.3	2.4	-0.1	0.2	0.0	0.1

T-test

* p<.05

** p<.01

*** p<.001