

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 32a: Trends in the Total Servings of High Calorie, Low Nutrient Foods Consumed by California Children per Typical Weekday for All Eating Occasions (Diary Sample)

	Mean				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	4.4	4.1	3.9	3.8	-0.3	-0.2	-0.1	-0.6
Gender								
Males	4.3	4.3	4.0	4.0	0.0	-0.3	0.0	-0.3
Females	4.4	3.9	3.7	3.5	-0.5	-0.2	-0.2	-0.9
Ethnicity								
White	4.3	4.1	3.9	3.9	-0.2	-0.2	0.0	-0.4
African American	5.4	4.0	4.4	3.7	-1.4	0.4	-0.6	-1.7
Latino	4.4	3.9	3.7	3.8	-0.5	-0.2	0.0	-0.6
Asian/ Other	3.8	4.7	3.8	3.3	0.9	-1.0	-0.5	-0.6
FSNE Eligibility								
≤130% FPL w/FS	5.0	4.8	4.0	4.2	-0.2	-0.8	0.2	-0.8
≤130% FPL w/o FS	4.3	4.0	4.3	4.2	-0.3	0.3	-0.2	-0.1
>130%-≤185% FPL	4.0	3.6	3.8	3.8	-0.4	0.2	-0.1	-0.2
>185% FPL	4.3	4.1	3.7	3.6	-0.2	-0.4	-0.1	-0.7
Overweight Status								
Not at Risk	4.2	4.2	3.8	3.5	0.0	-0.4	-0.3	-0.7
At Risk/Overweight	4.6	4.0	3.9	4.2	-0.6	-0.1	0.3	-0.4
Physical Activity								
≥60 minutes	4.7	4.2	4.1	3.9	-0.5	-0.1	-0.2	-0.8
<60 minutes	4.1	3.9	3.6	3.6	-0.1	-0.4	0.0	-0.5

T-test

* p<.05

** p<.01

*** p<.001

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Table 32b: Trends in the Total Servings of Soda and Sweetened Beverages Consumed by California Children per Typical Weekday for All Eating Occasions (Diary Sample)

	Mean				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	1.2	1.2	1.0	1.1	0.0	-0.2	0.1	0.0
Gender								
Males	1.2	1.3	1.1	1.3	0.1	-0.1	0.1	0.1
Females	1.1	1.1	0.9	1.0	0.0	-0.2	0.1	-0.2
Ethnicity								
White	1.0	1.0	0.9	1.1	0.0	0.0	0.1	0.1
African American	2.2	1.6	1.3	1.5	-0.7	-0.2	0.2	-0.7
Latino	1.3	1.2	1.1	1.2	-0.1	-0.1	0.1	-0.1
Asian/ Other	0.9	1.7	0.8	0.8	0.8	-0.9	0.0	-0.1
FSNE Eligibility								
≤130% FPL w/FS	1.6	1.6	1.1	1.3	-0.1	-0.4	0.2	-0.3
≤130% FPL w/o FS	1.2	1.5	1.4	1.4	0.3	0.0	0.0	0.2
>130%-≤185% FPL	1.0	0.9	1.2	1.4	-0.1	0.2	0.2	0.3
>185% FPL	1.1	1.1	0.9	1.0	0.1	-0.2	0.1	-0.1
Overweight Status								
Not at Risk	1.1	1.1	0.9	1.0	0.1	-0.2	0.0	-0.1
At Risk/Overweight	1.3	1.3	1.2	1.4	0.0	-0.1	0.2	0.1
Physical Activity								
≥60 minutes	1.3	1.2	1.2	1.2	-0.1	0.0	0.0	-0.1
<60 minutes	1.1	1.2	0.9	1.1	0.1	-0.4	0.2	0.0

T-test

* p<.05
** p<.01
*** p<.001

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Table 32c: Trends in the Total Servings of Sweets Consumed by California Children per Typical Weekday for All Eating Occasions (Diary Sample)

	Mean				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	2.1	1.9	1.9	1.7	-0.2	0.0	-0.2	-0.3
Gender								
Males	2.0	2.0	1.9	1.8	0.0	0.0	-0.1	-0.2
Females	2.2	1.8	1.9	1.7	-0.4	0.0	-0.2	-0.5
Ethnicity								
White	2.3	2.1	2.1	2.0	-0.2	0.0	-0.2	-0.3
African American	1.8	1.8	2.0	1.4	0.0	0.2	-0.6	-0.4
Latino	2.0	1.7	1.8	1.6	-0.3	0.1	-0.1	-0.4
Asian/ Other	1.8	1.8	1.6	1.6	0.0	-0.2	0.0	-0.2
FSNE Eligibility								
≤130% FPL w/FS	2.1	2.1	2.0	1.8	0.0	0.0	-0.3	-0.3
≤130% FPL w/o FS	2.0	1.5	1.8	1.7	-0.5	0.3	-0.1	-0.3
>130%-≤185% FPL	1.8	1.8	1.7	1.7	0.1	-0.1	-0.1	-0.1
>185% FPL	2.2	1.9	1.9	1.8	-0.2	0.0	-0.1	-0.4
Overweight Status								
Not at Risk	2.1	2.0	1.9	1.7	0.0	-0.1	-0.2	-0.3
At Risk/Overweight	2.1	1.7	1.8	1.8	-0.4	0.1	0.0	-0.3
Physical Activity								
≥60 minutes	2.2	2.0	2.0	1.8	-0.2	0.0	-0.2	-0.4
<60 minutes	1.9	1.8	1.8	1.7	-0.2	0.0	-0.1	-0.3

T-test

* p<.05

** p<.01

*** p<.001

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Table 32d: Trends in the Total Servings of High-Fat Snacks Consumed by California Children per Typical Weekday for All Eating Occasions (Diary Sample)

	Mean				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	1.1	1.0	0.9	0.9	-0.1	-0.1	0.0	-0.2
Gender								
Males	1.2	1.1	1.0	0.9	-0.1	-0.1	0.0	-0.2
Females	1.1	1.0	0.9	0.9	-0.1	0.0	-0.1	-0.2
Ethnicity								
White	1.1	1.1	0.9	0.9	0.0	-0.2	0.0	-0.2
African American	1.4	0.7	1.1	0.8	-0.7	0.4	-0.2	-0.6
Latino	1.1	0.9	0.8	0.9	-0.2	-0.1	0.1	-0.2
Asian/ Other	1.2	1.3	1.4	0.9	0.1	0.1	-0.5	-0.3
FSNE Eligibility								
≤130% FPL w/FS	1.3	1.2	0.9	1.1	-0.1	-0.3	0.3	-0.2
≤130% FPL w/o FS	1.0	1.0	1.1	1.0	0.0	0.0	-0.1	0.0
>130%-≤185% FPL	1.2	0.9	0.9	0.8	-0.3	0.1	-0.2	-0.4
>185% FPL	1.1	1.0	0.9	0.9	-0.1	-0.1	0.0	-0.2
Overweight Status								
Not at Risk	1.1	1.0	0.9	0.8	-0.1	-0.1	-0.1	-0.3
At Risk/Overweight	1.2	1.0	1.0	1.1	-0.2	-0.1	0.1	-0.1
Physical Activity								
≥60 minutes	1.2	1.1	0.9	0.9	-0.1	-0.1	0.0	-0.3
<60 minutes	1.0	1.0	0.9	0.8	-0.1	0.0	-0.1	-0.2

T-test

* p<.05

** p<.01

*** p<.001