

**California Teen Eating, Exercise and Nutrition
Survey
(Cal-TEENS)**

(2-08-07)

INTROQ

Hello. I'm _____ (interviewer name) _____ calling for the California Department of Health Services located in Sacramento.

Is this _____ (phone number) _____?

1. No -----> Thank you very much, but I seem to have dialed the wrong number (STOP)
2. Yes -----> (CONTINUE)

We are working on a special statewide research project about eating and exercise behaviors of 12-17 year olds. Are you a member of this household and at least 18 years old? (Note: Household members are people who think of the households as their primary place of residence, that is, where they keep most of their belongings and receive their calls.)

May I speak with a member of the household who is at least 18 years old?

May I speak with the male or female head of household? | | [Interviewer: This question is asked only of households that report no adults age 18 or over. This is an effort to gain permission for the interview from the reported head of the household.]

Hello, my name is {intvrs->statid}, and I'm calling from the California Department of Health Services in Sacramento. We are working on a special statewide research project about eating and exercise behaviors of 12-17 year olds. Are you the male or female head of the household?

First, I need to determine if your household is eligible to participate in this survey. Are there any persons living in this household who are at least 12 years old but younger than 18? (Note: Household members are people who think of the households their primary place of residence, that is, where they keep most of their belongings and receive their calls.)

How many people in your household are at least 12 years of age but younger than 18? | | [If answer is '0', press F6.]

How many adults age 18 or over live in your household?

The selected person in your household is the {str(sample->age)} year old. Are you a parent or guardian of the (SELECTED)? Once again, this survey is designed to gather information about eating, physical activity and exercise. The survey will take about 20-30 minutes. Your teenager does not have to answer any question he or she prefers not to answer and may stop the survey at any time.

[IF NOT PARENT OR GUARDIAN: May I speak with a parent or guardian of the (SELECTED)? Hello. I'm _____ (interviewer name) _____ calling for the California Department of Health Services located in Sacramento. We are working on a special statewide research project about eating and exercise behaviors of 12-17 year olds. The survey will take about 20-30 minutes. Your teenager does not have to answer any question he or she prefers not to answer and may stop the survey at any time.

SELECTED

The person in your household I need to speak with is the (SELECTED). May the (SELECTED) take part in this survey?

Are you the (SELECTED) ?

1. Yes -----> Go to STARTYTH
2. No -----> May I speak with the (SELECTED) ?

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STARTYTH

Hello, my name is (interviewer name) and I'm calling from the California Department of Health Services in Sacramento. We are working on a special statewide research project about exercise and eating behaviors of 12-17 year olds. It will take about 20-30 minutes.

We recently spoke with someone in your household to let them know we would be calling to ask for your help with our study. While your participation is voluntary, it is VERY IMPORTANT to the success of the project.

Your answers will be kept confidential and will only be used for the purposes of this research or as required by law. Your name will NEVER be associated with any information you give us. You do not have to answer any questions you do not wish to answer and may stop the survey at any time. Is it all right if we continue?

I would like to begin by verifying some general information about you.

AGE1

1. First, I need to verify that your age is (age). Is that correct?

- 1. Yes [Go to SEX]
- 2. No
-
- 7. Don't know
- 9. Refused

AGE2

2. What is your age, please?

- Enter response
- 77. Don't Know
- 99. Refused [TERMINATE INTERVIEW]

If AGE < 12 or AGE > 18, terminate interview
If AGE = 18 go to YEAR17
If 12 <= AGE <= 17 go to SEX

YEAR17

3. Were you 17 years old on [date screening interview took place]?

- 1. Yes
- 2. No [TERMINATE INTERVIEW]
-
- 7. Don't know/Not sure [TERMINATE INTERVIEW]
- 9. Refused [TERMINATE INTERVIEW]

SEX

4. And I also need to verify that you are (male/female)?

- 1. Male
- 2. Female

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HIGRADE

5. **Now I'm going to ask you some questions about school.**
What is the highest grade or year of school or college that you have completed?

(INTERVIEWER NOTE: This means years completed, not the year in which the respondent is currently enrolled.)

- Enter response
12. High school graduate
00. No formal schooling
77. Don't know/Not sure
99. Refused

If HIGRADE ge 12 go to OPNCAMP
If HIGRADE eq 00, 77, or 99 go to BRKFST2

GOSCHL2

6. **Do you go to school now?**

1. Yes [Go to OPNCAMP]
2. No
3. Never been to school [Go to BRKFST2]
4. Not right now
5. Home school [Go to BRKFST2]

7. Don't know/Not sure [Go to SCHLTYP1]
9. Refused [Go to SCHLTYP1]

RESCHOOL

7. **Will you return to school next term?**

1. Yes
2. No

7. Don't know/Not sure
9. Refused

OPNCAMP

8. [If GOSCHL2 eq 1 ask :] **Does the school have an open campus for lunch?**
[If GOSCHL2 eq 2,4,7,9 :] **Did the school have an open campus for lunch?**
[If HIGRADE ge 12 :] **Did the high school have an open campus for lunch?**

[Interviewer: Define 'open campus' if needed]

1. Yes
2. No

7. Don't know/Not sure
9. Refused

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SCHLTP1

9. [If GOSCHL2 eq 1 ask :] **Do you go to public or private school?**
[If GOSCHL2 eq 2,4,7,9 :] **Did you go to public or private school?**
[If HIGRADE ge 12 :] **Did you go to public or private high school?**

1. Private
2. Public

7. Don't know/Not sure
9. Refused

**If GOSCHL2 eq 2,4 or if HIGRADE ge 12 then go to SCHPERF.
Otherwise, continue.**

SCH2WKS

10. **Have you attended school in the past 2 weeks?**

1. Yes
2. No [Go to SCHPERF]

7. Don't know/Not sure
9. Refused

SCHYDAY

11. **Were you in school yesterday?**

1. Yes
2. No

7. Don't know/Not sure
9. Refused

SCHPERF

12. [If GOSCHL2 eq 1 ask::] **How do you do in school? Would you say much better than average, better than average, average, or below average?**

[If GOSCHL2 eq 2,4,7,9 or if HIGRADE=12 ask:] **How did you do in school? Would you say much better than average, better than average, average, or below average?**

1. Much better than average
2. Better than average
3. Average
4. Below average

7. Don't know/Not sure
9. Refused

DISEXER

13. **In the last year, have you taken a class or course at school in which the health effects of physical activity and exercise were discussed?**

1. Yes
2. No

7. Don't know/Not sure
9. Refused

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DISEAT

14. In the last year, have you taken a class or course at school in which the health effects of good eating habits were discussed?

- 1. Yes
- 2. No
-
- 7. Don't know/Not sure
- 9. Refused

If GOSCHL2=1 then go to SCHLFAST, else go to BRKFST2

SCHLFAST

15. Does your school serve food from fast food restaurants like Burger King, McDonald's or Taco Bell every day?

- 1. Yes
- 2. No (Go to SCHSTORE)
-
- 7. Don't know/Not sure (Go to SCHSTORE)
- 9. Refused (Go to SCHSTORE)

SCHLREST

16. From which fast food restaurants is food served on campus? [Interviewer: CHOOSE ALL THAT APPLY]

- 1. McDonald's
- 2. Burger King
- 3. Kentucky Fried Chicken
- 4. Taco Bell
- 5. Pizza Hut
- 6. Subway
- 7. Domino's Pizza
- 8. Not a name brand/school brand
- 9. Other _____ (specify)
-
- 77. Don't know/Not sure
- 99. Refused

SCHSTORE

17. Does your school have a student store where chips, cookies, candy, or soda are sold?

- 1. Yes
- 2. No (Go to SCHLSODA)
-
- 7. Don't know/Not sure (Go to SCHLSODA)
- 9. Refused (Go to SCHLSODA)

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SCHSTRX

18. In a typical week, how many times do you buy chips, candy, cookies or soda from the student store? (F6 for None)

101-105 = times per day
201-221 = times per week

1xx. Enter times per day
2xx. Enter times per week

777. Don't know / Not sure
999. Refused

SCHBYSTR

19. Yesterday/[LAST DAY OF SCHOOL], did you buy chips, cookies, candy, or soda from the student store?

1. Yes
2. No

7. Don't know/Not sure
9. Refused

SCHLSODA

20. Does your school have a soda vending machine that students can use?

1. Yes
2. No (Go to SCHLVEND)

7. Don't know/Not sure (Go to SCHLVEND)
9. Refused (Go to SCHLVEND)

SCHBYSOD

21. Yesterday/[LAST DAY OF SCHOOL], did you buy a soda from your school vending machine?

1. Yes
2. No

7. Don't know/Not sure
9. Refused

SCHLVEND

22. Does your school have a vending machine filled with snacks, chips, cookies, or candy that students can use?

1. Yes
2. No (Go to FUNDX)

7. Don't know/Not sure (Go to FUNDX)
9. Refused (Go to FUNDX)

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SCHVNDX

23. In a typical week, how many times do you buy chips, candy, cookies, or soda from a school vending machine? (F6 = none or less than once a week)

101-105 = times per day
201-221 = times per week

1xx. Enter times per day
2xx. Enter times per week

777. Don't know / Not sure
999. Refused

SCHBYVEN

24. Yesterday/[LAST DAY OF SCHOOL], did you buy chips, cookies, or candy from your school vending machine?

1. Yes
2. No

7. Don't know/Not sure
9. Refused

SCHVNDL

25. Are the vending machines at your school available to you before school, between classes or during lunch?

1. Yes
2. No

7. Don't know/Not sure
9. Refused

FUNDX

26. In a typical week, how many times do you buy chips, candy, cookies or soda from a club fundraiser? (F6 = none)

101-105 = times per day
201-221 = times per week

1xx. Enter times per day
2xx. Enter times per week

777. Don't know / Not sure
999. Refused

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BRKSCHL

27. **A complete school breakfast is a meal that costs the same price every day. During the school year, approximately how many times a week do you usually get a complete school breakfast?**

- _____ enter number, less than 1, or none
55. Less than 1
88. None

-
77. Don't know/Not sure
99. Refused

LCHSCHL

28. **A complete school lunch is a meal that costs the same price every day. During the school year, approximately how many times a week do you usually get a complete school lunch?**

- _____ enter number, less than 1, or none
55. Less than 1
88. None (Go to BRKFST2)

-
77. Don't know/Not sure (Go to BRKFST2)
99. Refused (Go to BRKFST2)

FOODLIKE

29. **In general, do you like the complete school lunches served at your school? Would you say usually, sometimes, seldom, or never?**

1. Usually
2. Sometimes
3. Seldom
4. Never

-
7. Don't know/Not sure
9. Refused

Now I am going to ask you some questions about the foods you ate and drank yesterday, that was (**INSERT DAY**).

BRKFST2

30. **Yesterday, did you eat or drink anything for breakfast?**

1. Yes
2. No (Go to SNKAM)

-
7. Don't know/Not sure (Go to SNKAM)
9. Refused (Go to SNKAM)

BRKFOOD

31. **Did you eat any fruits or vegetables, or drink any juice for breakfast yesterday?**

1. Yes
2. No
-
7. Don't know/Not sure
9. Refused

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IF SCHYDAY=1 go to SCHLBRK3, else go to BRKFD1

SCHLBRK3

32. Did you eat a complete school breakfast yesterday? Do not include student store, vending machine, or a la carte line or snack bar.

- 1. Yes
- 2. No
-
- 7. Don't know/Not sure
- 9. Refused

SCHBRKFV

33. Were there fruits, vegetables, or juices served as part of your breakfast at school?

- 1. Yes
- 2. No (Go to BRKFD1)
-
- 7. Don't know/Not sure (Go to BRKFD1)
- 9. Refused (Go to BRKFD1)

(IF BRKFOOD=1, continue, else go to BRKFD1):

EATBRKFV

34. Did you eat the fruits, vegetables, or juices served as part of your breakfast at school?

- 1. Yes
- 2. No
-
- 7. Don't know/Not sure
- 9. Refused

(IF BRKFOOD=1 or EATBRKFV=1 continue, else go to SNKAM)

BRKFD1-BRKFD5

35. Which fruits, vegetables, or juice did you have for breakfast yesterday? Include all kinds of fresh, frozen, canned, or dried fruits or vegetables, salads, and salsa. DO NOT include potato chips or french fries. Include fruits and vegetables mixed with other foods, like fruit in cereal and vegetables in omelets. (List up to five types.)

Insert brand list FOOD

- 96. Other _____(specify)
- 77. Don't Know (Go to SNKAM)
- 99. Refused (Go to SNKAM)

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IF BRKFD1-BRKFD5="POTATO" continue, else go to BRKMELON

BRKPOTAT

36. **Were the potatoes you ate baked, boiled, mashed, fried, hashbrowns or some other kind?**

1. Baked
2. Boiled
3. Mashed
4. Fried
5. Hashbrowns
6. Some other kind
77. Don't Know
99. Refused

IF BRKFD1-BRKFD5="MELON" GO TO BRKMELON ELSE GO TO BRKDRY

BRKMELON

37. **What kind of melon did you have?**

Insert brand list FOOD

77. Don't Know
99. Refused

IF BRKFD1-BRKFD5="DRIED FRUIT" GO TO BRKDRY ELSE GO TO BRKLETT

BRKDRY

38. **What kind of dried fruit did you have?**

Insert brand list FOOD

77. Don't Know
99. Refused

IF BRKFD1-BRKFD5="LETTUCE" or "LETTUCE AND TOMATO" GO TO BRKLETT ELSE GO TO BRKTOM

BRKLETT

39. **Was the lettuce you ate in a salad, on a sandwich or burger, in a burrito or taco, part of something else, or just lettuce?**

1. In a salad
2. On a sandwich or burger
3. In a burrito or taco
4. Part of something else
5. Just lettuce

77. Don't Know
99. Refused

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If BRKFD1-BRKFD5="TOMATO" or "LETTUCE AND TOMATO" GO TO BRKTOM ELSE GO TO BRKMXFRT

BRKTOM

40. **Were the tomatoes you ate on a sandwich or burger, in a burrito or taco, part of something else or just tomatoes?**

- 1. On a sandwich or burger
- 2. In a burrito or taco
- 3. Part of something else
- 4. Just tomatoes

- 77. Don't Know
- 99. Refused

If ("BRKLETT"=2 or 3) or ("BRKTOM"=1 or 2) GO TO BRKSAND ELSE GO TO BRKMXFRT

BRKSAND

41. **How many sandwiches, burgers, burritos or tacos did you eat that included lettuce and/or tomatoes?**

- _____ enter number
- 88. None

- 77. Don't know
- 99. Refused

If BRKFD1-BRKFD5="MIXED FRUIT or MIXED FRUIT SALAD" GO TO BRKMXFRT ELSE GO TO BRKMXVEG

BRKMXFRT

42. **What was the main fruit in your mixed fruits or mixed fruit salad?**

Insert brand list FOOD

- 96. Other _____(specify)
- 77. Don't Know
- 99. Refused

If BRKFD1-BRKFD5="MIXED VEGETABLES" or "STIR FRIED VEGETABLES" or "MIXED VEGETABLE SALAD" GO TO BRKMXVEG ELSE GO TO BRKSLDTP

BRKMXVEG

43. **What was the main vegetable in your "INSERT BRKFD1-BRKFD5"?**

Insert brand list FOOD

- 96. Other _____(specify)
- 77. Don't Know
- 99. Refused

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If BRKFD1-BRKFD5="SALAD" or "GREEN SALAD" or "MIXED GREEN SALAD" or(BRKFD1-BRKFD5= "LETTUCE" or "LETTUCE AND TOMATO" and BRKLETT=1) GO TO BRKSLDTP ELSE GO TO BRKSV1

BRKSLDTP

44. In the green salad you ate, were there any ingredients other than lettuce?

- 1. Yes
- 2. No (Go to BRKDRES2)
-
- 7. Don't know/Not sure (Go to BRKDRES2)
- 9. Refused (Go to BRKDRES2)

BRKSLD1-BRKSLD2

45. Other than lettuce, what were the two main ingredients in the salad?

Insert brand list FOOD

- 96. Other _____(specify)
- 77. Don't Know
- 99. Refused

BRKDRES2

46. Was the dressing you had on the salad regular dressing, reduced fat or reduced calorie dressing, fat-free dressing, vinegar, lemon juice, salsa, or no dressing at all?

- 1. Regular
- 2. Reduce fat or reduced calorie
- 3. Fat-free
- 4. Vinegar
- 5. Lemon juice
- 6. Salsa
- 7. No dressing
-
- 77. Don't know/Not sure
- 99. Refused

BRKSV1-BRKSV5 (repeat for each type of food listed)

47. (IF BRKFD1-BRKFD5=" fruit" then) : How many servings of (BRKFD1-BRKFD5) did you eat for breakfast? A serving of fruit is about one medium piece of fruit, 1/2 a cup or a big scoop of cut up fruit, or a handful of dried fruit.

(IF BRKFD1-BRKFD5=" vegetable" then) :How many servings of (BRKFD1-BRKFD5) did you eat for breakfast? A serving is 1/2 cup or a big scoop of vegetables or a medium green salad or a small baked potato.

(IF BRKFD1-BRKFD5=" juice" then) :How many servings of (BRKFD1-BRKFD5) did you drink for breakfast? A serving of juice is 3/4 cup or a small glass.

- _____ enter number
- 88. None
- 77. Don't know
- 99. Refused

SNKAM

48. Yesterday, did you eat or drink anything between breakfast time and lunch time?

- 1. Yes
- 2. No (Go to LUNCH)
-
- 7. Don't know/Not sure (Go to LUNCH)

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9. Refused (Go to LUNCH)
SNAMFOOD

49. **What did you eat for your morning snack? [Interviewer: CHOOSE ALL THAT APPLY]**

1. Fruit
2. Fruit juice
3. Vegetable
4. Fries
5. Soda
6. Candy
7. Cookies/pastries
8. Chips
9. Pretzels
10. Popcorn
11. Pizza
12. Sandwich
13. _____ Other (specify)

-
77. Don't know/Not sure
 99. Refused

SNAMFROM

50. **Where did you obtain that snack from? (Interviewer: Choose all that apply)**

1. Vending machine
2. Student store
3. School snack bar or A la carte line
4. School cafeteria
5. Fund-raising sale
6. Home
7. A friend
8. Fast food place
9. Convenience store
10. Club
11. Community center
12. Food cart at school
13. _____ Other (specify)

-
77. Don't know/Not sure
 99. Refused

If SNAMFOOD=Fruit or juice or Vegetable, go to SNAFD1, else continue

SNAFOOD

51. **Did you eat any fruits or vegetables, or drink any juice for your morning snack yesterday?**

1. Yes
2. No

-
7. Don't know/Not sure
 9. Refused

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(If SNAFOOD=1 continue, else go to LUNCH)

SNAFD1-SNAFD5

52. **Which fruits, vegetables, or juice did you have for a morning snack yesterday? Include all kinds of fresh, frozen, canned, or dried fruits or vegetables, salads, and salsa. Include fruits and vegetables mixed with other foods, like fruit in smoothies or vegetables in burritos. DO NOT include potato chips or french fries. (List up to five types.)**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know

(Go to LUNCH)

99. Refused

(Go to LUNCH)

If SNAFD1-SNAFD5="POTATO" continue, else go to SNAMELON

SNAPOTAT

53. **Were the potatoes you ate baked, boiled, mashed, fried, hashbrowns or some other kind?**

1. Baked

2. Boiled

3. Mashed

4. Fried

5. Hashbrowns

6. Some other kind

77. Don't Know

99. Refused

If SNAFD1-SNAFD5="MELON" GO TO SNAMELON ELSE GO TO SNADRY

SNAMELON

54. **What kind of melon did you have?**

Insert brand list FOOD

77. Don't Know

99. Refused

If SNAFD1-SNAFD5="DRIED FRUIT" GO TO SNADRY ELSE GO TO SNALETT

SNADRY

55. **What kind of dried fruit did you have?**

Insert brand list FOOD

77. Don't Know

99. Refused

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If SNAFD1-SNAFD5="LETTUCE" or "LETTUCE AND TOMATO" GO TO SNALETT ELSE GO TO SNATOM

SNALETT

56. **Was the lettuce you ate in a salad, on a sandwich or burger, in a burrito or taco, part of something else, or just lettuce?**

- 1. In a salad
- 2. On a sandwich or burger
- 3. In a burrito or taco
- 4. Part of something else
- 5. Just lettuce

- 77. Don't Know
- 99. Refused

If SNAFD1-SNAFD5="TOMATO" or "LETTUCE AND TOMATO" GO TO SNATOM ELSE GO TO SNAMXFRT

SNATOM

57. **Were the tomatoes you ate on a sandwich or burger, in a burrito or taco, part of something else or just tomatoes?**

- 1. On a sandwich or burger
- 2. In a burrito or taco
- 3. Part of something else
- 4. Just tomatoes

- 77. Don't Know
- 99. Refused

If ("SNALETT"=2 or 3) or ("SNATOM"=1 or 2) GO TO SNASAND ELSE GO TO SNAMXTRT

SNASAND

58. **How many sandwiches, burgers, burritos or tacos did you eat that included lettuce and/or tomatoes?**

- _____ enter number
- 88. None

- 77. Don't know
- 99. Refused

If SNAFD1-SNAFD5="MIXED FRUIT or MIXED FRUIT SALAD" GO TO SNAMXFRT ELSE GO TO SNAMXVEG

SNAMXFRT

59. **What was the main fruit in your mixed fruits or mixed fruit salad?**

Insert brand list FOOD

- 96. Other _____(specify)
- 77. Don't Know
- 99. Refused

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If SNAFD1-SNAFD5="MIXED VEGETABLES" or "STIR FRIED VEGETABLES" or "MIXED VEGETABLE SALAD" GO TO SNAMXVEG ELSE GO TO SNASLDTP

SNAMXVEG

60. What was the main vegetable in your "INSERT SNAFD1-SNAFD5"?

Insert brand list FOOD

- 96. Other _____(specify)
- 77. Don't Know
- 99. Refused

If SNAFD1-SNAFD5="SALAD" or "GREEN SALAD" or "MIXED GREEN SALAD" or (SNAFD1-SNAFD5="LETTUCE" or "LETTUCE AND TOMATO" and SNALETT=1) GO TO SNASLDTP ELSE GO TO SNASV1

SNASLDTP

61. In the green salad you ate, were there any ingredients other than lettuce?

- 1. Yes
- 2. No (Go to SNADRESS)
-
- 7. Don't know/Not sure (Go to SNADRESS)
- 9. Refused (Go to SNADRESS)

SNASLD1-SNASLD2

62. Other than lettuce, what were the two main ingredients in the salad?

Insert brand list FOOD

- 96. Other _____(specify)
- 77. Don't Know
- 99. Refused

SNADRES2

63. Was the dressing you had on the salad regular dressing, reduced fat or reduced calorie dressing, fat-free dressing, vinegar, lemon juice, salsa, or no dressing at all?

- 1. Regular
- 2. Reduce fat or reduced calorie
- 3. Fat-free
- 4. Vinegar
- 8. Lemon juice
- 9. Salsa
- 7. No dressing
-
- 77. Don't know/Not sure
- 99. Refused

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SNASV1-SNASV5 (repeat for each type of food listed)

64. (IF SNAFD1-SNAFD5=" fruit" then) : **How many servings of (SNAFD1-SNAFD5) did you eat? (A serving of fruit is about one medium piece of fruit, ½ a cup or a big scoop of cut up fruit, or a handful of dried fruit.)**

(IF SNAFD1-SNAFD5=" vegetable" then) : **How many servings of (SNAFD1-SNAFD5) did you eat? (A serving is ½ cup or a big scoop of vegetables or a medium green salad or a small baked potato.)**

(IF SNAFD1-SNAFD5=" juice" then) : **How many servings of (SNAFD1-SNAFD5) did you drink? (A serving of juice is ¾ cup or a small glass.)**

- _____ enter number
88. None

77. Don't know
99. Refused

LUNCH

65. **Did you eat or drink anything for lunch yesterday?**

1. Yes
2. No (Go to SNKPM)

7. Don't know/Not sure (Go to SNKPM)
9. Refused (Go to SNKPM)

LCHPLAC

66. **Where did you obtain that lunch from? (Check all that apply)**

1. Vending machine
2. Student store
3. School snack bar or A la carte line
4. School cafeteria
5. Fund-raising sale
6. Home
7. A friend
8. Fast food place
9. Convenience store
10. Club
11. Community center
12. Food cart at school
13. _____ Other (specify)

- 77. Don't know/Not sure
99. Refused

LCHFOOD

67. **Did you eat any fruits or vegetables, or drink any juice for lunch yesterday?**

1. Yes
2. No

7. Don't know/Not sure
9. Refused

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[If LCHPLAC = 3, 4, or 12 continue; else go to LCHFD1]

SCHLLCH3

68. Did you eat a complete school lunch yesterday? Do not include student store, vending machine, or a la carte line or snack bar.

- 1. Yes
- 2. No
-
- 7. Don't know/Not sure
- 9. Refused

SCHCHFV2

69. Were there fruits, vegetables, or juices served as part of your lunch at school?

- 1. Yes
- 2. No (Go to LCHFD1)
-
- 7. Don't know/Not sure (Go to LCHFD1)
- 9. Refused (Go to LCHFD1)

(If LCHFOOD=1 continue, else go to LCHFD1):

EATCHFV2

70. Did you eat the fruits, vegetables, or juice served as part of your lunch at school?

- 1. Yes
- 2. No
-
- 7. Don't know/Not sure
- 9. Refused

(If LCHFOOD=1 or EATCHFV2=1 continue, else go to SNKPM)

LCHFD1-LCHFD5

71. Which fruits, vegetables, or juice did you have for lunch yesterday? Include all kinds of fresh, frozen, canned, or dried fruits or vegetables, salads and salsa. Include fruits and vegetables in mixed dishes like tacos, soup, wraps and sandwiches. DO NOT include potato chips or french fries. (List up to five types.)

Insert brand list FOOD

- 96. Other _____(specify)
- 77. Don't Know (Go to SNKPM)
- 99. Refused (Go to SNKPM)

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(If LCHFD1-LCHFD5="POTATO" continue, else go to LCHMELON)

LCHPOTAT

72. **Were the potatoes you ate baked, boiled, mashed, fried, hashbrowns or some other kind?**

1. Baked
2. Boiled
3. Mashed
4. Fried
5. Hashbrowns
6. Some other kind
77. Don't Know
99. Refused

If LCHFD1-LCHFD5="MELON" GO TO LCHMELON ELSE GO TO LCHDRY

LCHMELON

73. **What kind of melon did you have?**

Insert brand list FOOD

77. Don't Know
99. Refused

If LCHFD1-LCHFD5="DRIED FRUIT" GO TO LCHDRY ELSE GO TO LCHLETT

LCHDRY

74. **What kind of dried fruit did you have?**

Insert brand list FOOD

77. Don't Know
99. Refused

If LCHFD1-LCHFD5="LETTUCE" or "LETTUCE AND TOMATO" GO TO LCHLETT ELSE GO TO LCHTOM

LCHLETT

75. **Was the lettuce you ate in a salad, on a sandwich or burger, in a burrito or taco, part of something else, or just lettuce?**

1. In a salad
2. On a sandwich or burger
3. In a burrito or taco
4. Part of something else
5. Just lettuce

77. Don't Know
99. Refused

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If LCHFD1-LCHFD5="TOMATO" or "LETTUCE AND TOMATO" GO TO LCHTOM ELSE GO TO LCHMXFRT

LCHTOM

76. **Were the tomatoes you ate on a sandwich or burger, in a burrito or taco, part of something else or just tomatoes?**

- 1. On a sandwich or burger
- 2. In a burrito or taco
- 3. Part of something else
- 4. Just tomatoes

- 77. Don't Know
- 99. Refused

If ("LCHLETT"=2 or 3) or ("LCHTOM"=1 or 2) GO TO LCHSAND ELSE GO TO LCHMXTRT

LCHSAND

77. **How many sandwiches, burgers, burritos or tacos did you eat that included lettuce and/or tomatoes?**

- _____ enter number
- 88. None

- 77. Don't know
- 99. Refused

If LCHFD1-LCHFD5="MIXED FRUIT or MIXED FRUIT SALAD" GO TO LCHMXFRT ELSE GO TO LCHMXVEG

LCHMXFRT

78. **What was the main fruit in your mixed fruits or mixed fruit salad?**

Insert brand list FOOD

- 96. Other _____(specify)
- 77. Don't Know
- 99. Refused

If LCHFD1-LCHFD5="MIXED VEGETABLES" or "STIR FRIED VEGETABLES" or "MIXED VEGETABLE SALAD" GO TO LCHMXVEG ELSE GO TO LCHSLDTP

LCHMXVEG

79. **What was the main vegetable in your "INSERT LCHFD1-LCHFD5"?**

Insert brand list FOOD

- 96. Other _____(specify)
- 77. Don't Know
- 99. Refused

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If LCHFD1-LCHFD5="SALAD" or "GREEN SALAD" or "MIXED GREEN SALAD" or (LCHFD1-LCHFD5="LETTUCE" or "LETTUCE AND TOMATO" and LCHLETT=1) GO TO LCHSLDTP ELSE GO TO LCHSV1

LCHSLDTP

80. In the green salad you ate, were there any ingredients other than lettuce?

- 1. Yes
- 2. No (Go to LCHDRESS)
-
- 7. Don't know/Not sure (Go to LCHDRESS)
- 9. Refused (Go to LCHDRESS)

LCHSLD1-LCHSLD2

81. Other than lettuce, what were the two main ingredients in the salad?

Insert brand list FOOD

- 96. Other _____(specify)
- 77. Don't Know
- 99. Refused

LCHDRES2

82. Was the dressing you had on the salad regular dressing, reduced fat or reduced calorie dressing, fat-free dressing, vinegar, lemon juice, salsa, or no dressing at all?

- 1. Regular
- 2. Reduce fat or reduced calorie
- 3. Fat-free
- 4. Vinegar
- 5. Lemon juice
- 6. Salsa
- 7. No dressing
-
- 77. Don't know/Not sure
- 99. Refused

LCHSV1-LCHSV5 (repeat for each type of food listed)

83. (IF LCHFD1-LCHFD5=" fruit" then) :How many servings of (LCHFD1-LCHFD5) did you eat for lunch? (A serving of fruit is about one medium piece of fruit, 1/2 a cup or a big scoop of cut up fruit, or a handful of dried fruit.)

(IF LCHFD1-LCHFD5=" vegetable" then) : How many servings of (LCHFD1-LCHFD5) did you eat for lunch? (A serving is 1/2 cup or a big scoop of vegetables or a medium green salad or a small baked potato.)

(IF LCHFD1-LCHFD5=" juice" then) :How many servings of (LCHFD1-LCHFD5) did you drink for lunch? (A serving of juice is 3/4 cup or a small glass.)

- _____ enter number
- 88. None
- 77. Don't know
- 99. Refused

SNKPM

84. Yesterday, did you eat or drink anything between lunch time and dinner time?

- 1. Yes
- 2. No (Go to DINNER)
-
- 7. Don't know/Not sure (Go to DINNER)

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9. Refused (Go to DINNER)
SNPMFOOD

85. **What did you eat for your afternoon snack?** [Interviewer: CHOOSE ALL THAT APPLY]

1. Fruit
2. Juice
3. Vegetable
4. French fries
5. Soda
6. Candy
7. Cookies/pastries
8. Chips
9. Pretzels
10. Popcorn
11. Pizza
12. Sandwich
13. _____ Other (specify)

-
77. Don't know/Not sure
 99. Refused

SNPMFROM

86. **Where did you obtain that snack from?** (Interviewer: Choose all that apply)

1. Vending machine
2. Student store
3. School snack bar or a la carte line
4. School cafeteria
5. Fund-raising sale
6. Home
7. A friend
8. Fast food place
9. Convenience store
10. Club
11. Community center
12. Food cart at school
13. _____ Other (specify)

-
77. Don't know/Not sure
 99. Refused

If SNPMFOOD=Fruit or Fruit juice or Vegetable, go to SNPFD1, else continue

SNPFOOD

87. **Did you eat any fruits or vegetables, or drink any juice for your afternoon snack yesterday?**

1. Yes
 2. No (Go to DINNER)
-
7. Don't know/Not sure (Go to DINNER)
 9. Refused (Go to DINNER)

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(If SNPFOOD=1 continue, else go to DINNER)

SNPFD1-SNPFD5

88. Which fruits, vegetables, or juice did you have for an afternoon snack yesterday? Include all kinds of fresh, frozen, canned, or dried fruits or vegetables, salads, and salsa. Include 100% fruit juice bars and fruits and vegetables mixed with other foods, like vegetables on pizza. DO NOT include potato chips or french fries. (List up to five types.)

Insert brand list FOOD

- 96. Other _____ (specify)
- 77. Don't Know
- 99. Refused

If SNPFD1-SNPFD5="POTATO" continue, else go to SNPMELON

SNPPOTAT

89. Were the potatoes you ate baked, boiled, mashed, fried, hashbrowns or some other kind?

- 1. Baked
- 2. Boiled
- 3. Mashed
- 4. Fried
- 5. Hashbrowns
- 6. Some other kind
- 77. Don't Know
- 99. Refused

If SNPFD1-SNPFD5="MELON" GO TO SNPMELON ELSE GO TO SNPDRY

SNPMELON

90. What kind of melon did you have?

Insert brand list FOOD

- 77. Don't Know
- 99. Refused

If SNPFD1-SNPFD5="DRIED FRUIT" GO TO SNPDRY ELSE GO TO SNPLETT

SNPDRY

91. What kind of dried fruit did you have?

Insert brand list FOOD

- 77. Don't Know
- 99. Refused

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If SNPFD1-SNPF5="LETTUCE" or "LETTUCE AND TOMATO" GO TO SNPLETT ELSE GO TO SNPTOM

SNPLETT

92. **Was the lettuce you ate in a salad, on a sandwich or burger, in a burrito or taco, part of something else, or just lettuce?**

- 1. In a salad
- 2. On a sandwich or burger
- 3. In a burrito or taco
- 4. Part of something else
- 5. Just lettuce

- 77. Don't Know
- 99. Refused

If SNPFD1-SNPF5="TOMATO" or "LETTUCE AND TOMATO" GO TO SNPTOM ELSE GO TO SNPMXFRT

SNPTOM

93. **Were the tomatoes you ate on a sandwich or burger, in a burrito or taco, part of something else or just tomatoes?**

- 1. On a sandwich or burger
- 2. In a burrito or taco
- 3. Part of something else
- 4. Just tomatoes

- 77. Don't Know
- 99. Refused

If ("SNPLETT"=2 or 3) or ("SNPTOM"=1 or 2) GO TO SNPSAND ELSE GO TO SNPMXTRT

SNPSAND

94. **How many sandwiches, burgers, burritos or tacos did you eat that included lettuce and/or tomatoes?**

- _____ enter number
- 88. None

- 77. Don't know
- 99. Refused

If SNPFD1-SNPF5="MIXED FRUIT or MIXED FRUIT SALAD" GO TO SNPMXFRT ELSE GO TO SNPMXVEG

SNPMXFRT

95. **What was the main fruit in your mixed fruits or mixed fruit salad?**

Insert brand list FOOD

- 96. Other _____(specify)
- 77. Don't Know
- 99. Refused

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If SNPFD1-SNPFD5="MIXED VEGETABLES" or "STIR FRIED VEGETABLES" or "MIXED VEGETABLE SALAD" GO TO SNPMXVEG ELSE GO TO SNPSLDTP

SNPMXVEG

96. **What was the main vegetable in your "INSERT SNPFD1-SNPFD5"?**

Insert brand list FOOD

- 96. Other _____(specify)
- 77. Don't Know
- 99. Refused

If SNPFD1-SNPFD5="SALAD" or "GREEN SALAD" or "MIXED GREEN SALAD" or (SNPFD1-SNPFD5="LETTUCE" or "LETTUCE AND TOMATO" and SNPLETT=1) GO TO SNPSLDTP ELSE GO TO SNPSV1

SNPSLDTP

97. **In the green salad you ate, were there any ingredients other than lettuce?**

- 1. Yes
- 2. No (Go to SNPDISS)
-
- 7. Don't know/Not sure (Go to SNPDISS)
- 9. Refused (Go to SNPDISS)

SNPSLD1-SNPSLD2

98. **Other than lettuce, what were the two main ingredients in the salad?**

Insert brand list FOOD

- 96. Other _____(specify)
- 77. Don't Know
- 99. Refused

SNPDRES2

99. **Was the dressing you had on the salad regular dressing, reduced fat or reduced calorie dressing, fat-free dressing, vinegar, lemon juice, salsa, or no dressing at all?**

- 1. Regular
- 2. Reduce fat or reduced calorie
- 3. Fat-free
- 4. Vinegar
- 5. Lemon juice
- 6. Salsa
- 7. No dressing
-
- 77. Don't know/Not sure
- 99. Refused

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SNPSV1-SNPSV5 (repeat for each type of food listed)

100. (IF SNPFD1-SNPFD5=" fruit" then) : **How many servings of (SNPFD1-SNPFD5) did you eat? (A serving of fruit is about one medium piece of fruit, ½ a cup or a big scoop of cut up fruit, or a handful of dried fruit.)**

(IF SNPFD1-SNPFD5=" vegetable" then) :**How many servings of (SNPFD1-SNPFD5) did you eat? (A serving is ½ cup or a big scoop of vegetables or a medium green salad or a small baked potato.)**

(IF SNPFD1-SNPFD5=" juice" then) :**How many servings of (SNPFD1-SNPFD5) did you drink? (A serving of juice is ¾ cup or a small glass.)**

_____ enter number

88. None

77. Don't know

99. Refused

DINNER

101. **Did you eat or drink anything for dinner yesterday?**

1. Yes

2. No

(Go to SNKNT)

7. Don't know/Not sure

(Go to SNKNT)

9. Refused

(Go to SNKNT)

DNRFOOD

102. **Did you eat any fruits or vegetables, or drink any juice for dinner yesterday?**

1. Yes

2. No

(Go to SNKNT)

7. Don't know/Not sure

(Go to SNKNT)

9. Refused

(Go to SNKNT)

DNRFD1-DNRFD5

103. **Which fruits, vegetables, or juice did you have for dinner yesterday? Include all kinds of fresh, frozen, canned, or dried fruits or vegetables, salads, and salsa. Include fruits and vegetables in mixed dishes like stew, chili, pasta, and stir-fried dishes. DO NOT include potato chips or french fries. (List up to five types.)**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know

(Go to SNKNT)

99. Refused

(Go to SNKNT)

If DNRFD1-DNRFD5="POTATO" continue, else go to DNRMELON

DNRPOTAT

104. **Were the potatoes you ate baked, boiled, mashed, fried, hashbrowns or some other kind?**

1. Baked

2. Boiled

3. Mashed

4. Fried

5. Hashbrowns

6. Some other kind

77. Don't Know

99. Refused

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If DNRFD1-DNRFD5="MELON" GO TO DNRMELON ELSE GO TO DNRDRY

DNRMELON

105. **What kind of melon did you have?**

Insert brand list FOOD

- 77. Don't Know
- 99. Refused

If DNRFD1-DNRFD5="DRIED FRUIT" GO TO DNRDRY ELSE GO TO DNRLETT

DNRDRY

106. **What kind of dried fruit did you have?**

Insert brand list FOOD

- 77. Don't Know
- 99. Refused

If DNRFD1-DNRFD5="LETTUCE" or "LETTUCE AND TOMATO" GO TO DNRLETT ELSE GO TO DNRTOM

DNRLETT

107. **Was the lettuce you ate in a salad, on a sandwich or burger, in a burrito or taco, part of something else, or just lettuce?**

- 1. In a salad
- 2. On a sandwich or burger
- 3. In a burrito or taco
- 4. Part of something else
- 5. Just lettuce

- 77. Don't Know
- 99. Refused

If DNRFD1-DNRFD5="TOMATO" or "LETTUCE AND TOMATO" GO TO DNRTOM ELSE GO TO DNRMXFRT

DNRTOM

108. **Were the tomatoes you ate on a sandwich or burger, in a burrito or taco, part of something else or just tomatoes?**

- 1. On a sandwich or burger
- 2. In a burrito or taco
- 3. Part of something else
- 4. Just tomatoes

- 77. Don't Know
- 99. Refused

If ("DNRLETT"=2 or 3) or ("DNRTOM"=1 or 2) GO TO DNRSAND ELSE GO TO DNRMXTRT

DNRSAND

109. **How many sandwiches, burgers, burritos or tacos did you eat that included lettuce and/or tomatoes?**

- _____ enter number
- 88. None

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- 77. Don't know
- 99. Refused

If DNRFD1-DNRFD5="MIXED FRUIT or MIXED FRUIT SALAD" GO TO DNRMXFRT ELSE GO TO DNRMXVEG

DNRMXFRT

110. **What was the main fruit in your mixed fruits or mixed fruit salad?**

Insert brand list FOOD

- 96. Other _____(specify)
- 77. Don't Know
- 99. Refused

If DNRFD1-DNRFD5="MIXED VEGETABLES" or "STIR FRIED VEGETABLES" or "MIXED VEGETABLE SALAD" GO TO DNRMXVEG ELSE GO TO DNRSLDTP

DNRMXVEG

111. **What was the main vegetable in your "INSERT DNRFD1-DNRFD5"?**

Insert brand list FOOD

- 96. Other _____(specify)
- 77. Don't Know
- 99. Refused

If DNRFD1-DNRFD5="SALAD" or "GREEN SALAD" or "MIXED GREEN SALAD" or (DNRFD1-DNRFD5="LETTUCE" or "LETTUCE AND TOMATO" and DNRLT=1) GO TO DNRSLDTP ELSE GO TO DNRSV1

DNRSLDTP

112. **In the green salad you ate, were there any ingredients other than lettuce?**

- 1. Yes
- 2. No (Go to DNRDRESS)
-
- 7. Don't know/Not sure (Go to DNRDRESS)
- 9. Refused (Go to DNRDRESS)

DNRSLD1-DNRSLD2

113. **Other than lettuce, what were the two main ingredients in the salad?**

Insert brand list FOOD

- 96. Other _____(specify)
- 77. Don't Know
- 99. Refused

DNRDRES2

114. **Was the dressing you had on the salad regular dressing, reduced fat or reduced calorie dressing, fat-free dressing, vinegar, lemon juice, salsa, or no dressing at all?**

- 1. Regular
- 2. Reduce fat or reduced calorie
- 3. Fat-free
- 4. Vinegar
- 5. Lemon juice
- 6. Salsa
- 7. No dressing
-
- 77. Don't know/Not sure

99. Refused

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DNRSV1-DNRSV5 (repeat for each type of food listed)

115. (IF DNRFD1-DNRFD5=" fruit" then) : **How many servings of (DNRFD1-DNRFD5) did you eat for dinner? (A serving of fruit is about one medium piece of fruit, ½ a cup or a big scoop of cut up fruit, or a handful of dried fruit.)**

(IF DNRFD1-DNRFD5=" vegetable" then) : **How many servings of (DNRFD1-DNRFD5) did you eat for dinner? (A serving is ½ cup or a big scoop of vegetables or a medium green salad or a small baked potato.)**

(IF DNRFD1-DNRFD5=" juice" then) : **How many servings of (DNRFD1-DNRFD5) did you drink for dinner? (A serving of juice is ¾ cup or a small glass.)**

_____ enter number

88. None

77. Don't know

99. Refused

SNKNT

116. **Yesterday, did you eat or drink anything between dinner time and the time you went to bed?**

1. Yes

2. No

(Go to FRUITTOT)

7. Don't know/Not sure

(Go to FRUITTOT)

9. Refused

(Go to FRUITTOT)

SNNFOOD

117. **Did you eat any fruits or vegetables, or drink any juice for you evening snack?**

1. Yes

2. No

(Go to FRUITTOT)

7. Don't know/Not sure

(Go to FRUITTOT)

9. Refused

(Go to FRUITTOT)

SNNFD1-SNNFD5

118. **Which fruits, vegetables, or juice did you have? Include all kinds of fresh, frozen, canned, or dried fruits or vegetables, salads and salsa. Include fruits and vegetables mixed with other foods, like fruit in jello or vegetables on sandwiches. DO NOT include potato chips or french fries. (List up to five types.)**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know

(Go to FRUITTOT)

99. Refused

(Go to FRUITTOT)

If SNNFD1-SNNFD5="POTATO" continue, else go to SNNMELON

SNNPOTAT

119. **Were the potatoes you ate baked, boiled, mashed, fried, hashbrowns or some other kind?**

1. Baked

2. Boiled

3. Mashed

4. Fried

5. Hashbrowns

6. Some other kind

77. Don't Know

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99. Refused
If SNNFD1-SNNFD5="MELON" GO TO SNNMELON ELSE GO TO SNNDRY

SNNMELON

120. **What kind of melon did you have?**

Insert brand list FOOD

- 77. Don't Know
- 99. Refused

If SNNFD1-SNNFD5="DRIED FRUIT" GO TO SNNDRY ELSE GO TO SNNLETT

SNNDRY

121. **What kind of dried fruit did you have?**

Insert brand list FOOD

- 77. Don't Know
- 99. Refused

If SNNFD1-SNNFD5="LETTUCE" or "LETTUCE AND TOMATO" GO TO SNNLETT ELSE GO TO SNNTOM

SNNLETT

122. **Was the lettuce you ate in a salad, on a sandwich or burger, in a burrito or taco, part of something else, or just lettuce?**

- 1. In a salad
- 2. On a sandwich or burger
- 3. In a burrito or taco
- 4. Part of something else
- 5. Just lettuce

- 77. Don't Know
- 99. Refused

If SNNFD1-SNNFD5="TOMATO" or "LETTUCE AND TOMATO" GO TO SNNTOM ELSE GO TO SNNMXFRT

SNNTOM

123. **Were the tomatoes you ate on a sandwich or burger, in a burrito or taco, part of something else or just tomatoes?**

- 1. On a sandwich or burger
- 2. In a burrito or taco
- 3. Part of something else
- 4. Just tomatoes

- 77. Don't Know
- 99. Refused

If ("SNNLETT"=2 or 3) or ("SNNTOM"=1 or 2) GO TO SNNSAND ELSE GO TO SNNMXTRT

SNNSAND

124. **How many sandwiches, burgers, burritos or tacos did you eat that included lettuce and/or tomatoes?**

- _____ enter number
- 88. None

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- 77. Don't know
- 99. Refused

If SNNFD1-SNNFD5="MIXED FRUIT or MIXED FRUIT SALAD" GO TO SNNMXFRT ELSE GO TO SNNMXVEG

SNNMXFRT

125. **What was the main fruit in your mixed fruits or mixed fruit salad?**

Insert brand list FOOD

- 96. Other _____(specify)
- 77. Don't Know
- 99. Refused

If SNNFD1-SNNFD5="MIXED VEGETABLES" or "STIR FRIED VEGETABLES" or "MIXED VEGETABLE SALAD" GO TO SNNMXVEG ELSE GO TO SNNSLDTP

SNNMXVEG

126. **What was the main vegetable in your "INSERT SNNFD1-SNNFD5"?**

Insert brand list FOOD

- 96. Other _____(specify)
- 77. Don't Know
- 99. Refused

If SNNFD1-SNNFD5="SALAD" or "GREEN SALAD" or "MIXED GREEN SALAD" or (SNNFD1-SNNFD5="LETTUCE" or "LETTUCE AND TOMATO" and SNNLETT=1) GO TO SNNSLDTP ELSE GO TO SNNSV1

SNNSLDTP

127. **In the green salad you ate, were there any ingredients other than lettuce?**

- 1. Yes
- 2. No (Go to SNNDRESS)
-
- 7. Don't know/Not sure (Go to SNNDRESS)
- 9. Refused (Go to SNNDRESS)

SNNSLD1-SNNSLD2

128. **Other than lettuce, what were the two main ingredients in the salad?**

Insert brand list FOOD

- 96. Other _____(specify)
- 77. Don't Know
- 99. Refused

SNNDRES2

129. **Was the dressing you had on the salad regular dressing, reduced fat or reduced calorie dressing, fat-free dressing, vinegar, lemon juice, salsa, or no dressing at all?**

- 1. Regular
- 2. Reduce fat or reduced calorie
- 3. Fat-free
- 4. Vinegar
- 5. Lemon juice
- 6. Salsa
- 7. No dressing
-

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- 77. Don't know/Not sure
- 99. Refused

SNNSV1-SNNSV5 (repeat for each type of food listed)

130. (IF SNNFD1-SNNFD5=" fruit" then) : **How many servings of (SNNFD1-SNNFD5) did you eat? (A serving of fruit is about one medium piece of fruit, ½ a cup or a big scoop of cut up fruit, or a handful of dried fruit.)**

(IF SNNFD1-SNNFD5=" vegetable" then) :**How many servings of (SNNFD1-SNNFD5) did you eat? (A serving is ½ cup or a big scoop of vegetables or a medium green salad or a small baked potato.)**

(IF SNNFD1-SNNFD5=" juice" then) :**How many servings of (SNNFD1-SNNFD5) did you drink? (A serving of juice is ¾ cup or a small glass.)**

- _____ enter number
- 88. None

- 77. Don't know
- 99. Refused

FRUTTOT2

131. **Now, thinking about *everything* you ate and drank, how many servings of fruits and 100% juices did you have yesterday?**

- _____ enter number (verify if greater than 9)
- 88. None
- 77. Don't know
- 99. Refused

VEGTOT2

132. **Now, thinking about *everything* you ate and drank, how many servings of vegetables and green salad did you eat yesterday?**

- _____ enter number (verify if greater than 9)
- 88. None
- 77. Don't know
- 99. Refused

(If juice was reported during structured recall go to JUICCAL; else go to FRTVEGNR)

JUICCAL

133. **Was most of the juice you drank yesterday calcium-fortified or was it regular?**

- 1. Calcium-fortified
- 2. Regular
- 3. Some of both

-
- 7. Don't know/Not sure
- 9. Refused

134. INTENTIONALLY BLANK

YESFRIES

135. **Did you eat any french fries yesterday?**

- 1. Yes
- 2. No

-
- 7. Don't know/Not sure
- 9. Refused

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TOTFRIES

136. **How many servings of french fries did you eat yesterday? A serving of french fries equals one small fast food order or 1.5 cup. [Interviewer: ONE MEDIUM=1.5 SERVINGS; ONE LARGE=2 SERVINGS; ONE SUPER/KING=2.25 SERVINGS]**

_____ enter number
88. None

77. Don't know/Not sure
99. Refused

FRTVEGMR

137. **How many total servings of fruits and vegetables do you think you should eat every day to be healthy?**

_____ enter number
88. None

77. Don't know
99. Refused

REASFV2

138. **What is the main reason you eat fruits and vegetables, or drink juice?** (fruit or vegetable)
(Prompt only if they do not answer quickly)

1. Like taste
2. Health
3. Weight control
4. It's what is available
5. Easy to find or fix
6. Served with meals
7. Important to me
8. Important to my parents
9. Important to others
10. Nutrients/energy
11. Other _____ (specify)

77. Don't know/not sure
99. Refused

BARFV2

139. **What is the main reason you don't eat more fruits and vegetables, or drink more juice?**
(Prompt only if they do not answer quickly)

1. Eat enough
2. Don't like taste
3. Not available
4. Don't think about it
5. Not important
6. Poor quality
7. Choose other foods
8. Allergic
9. No time
10. Not hungry
11. Other _____ (specify)

77. Don't know/not sure
99. Refused

GRAIN

140. **Yesterday how many servings of whole-grain breads did you eat? This would include 100% whole wheat, wheatberry or bran bread and bagels, or whole wheat tortillas, but not flour or corn tortillas. A serving would be one slice of bread, one tortilla, or ½ a bagel.**

- _____ enter number (verify if greater than 5)
88. None
77. Don't know
99. Refused

BEANS

141. **Yesterday how many servings of beans did you eat? This would include kidney beans, refried beans, chilibeans, black beans, bean soup, bean salad, or lentils. A serving would be about ½ cup, 2 serving spoons, or a small bowl.**

- _____ enter number (verify if greater than 5)
88. None

77. Don't know
99. Refused

SOY

142. **Yesterday, how many servings of soy foods did you eat? This would include soybeans, soy burgers, tofu, or soy milk. This does not include soy sauce or soy oil. A serving would be ½ cup of beans, 1 burger, ½ cup or 4 oz. of tofu, or an 8-ounce glass of soy milk.**

- _____ enter number (verify if greater than 5)
88. None

77. Don't know
99. Refused

CEREAL

143. **Yesterday how many bowls of cereal did you eat?**

- _____ enter number (verify if greater than 5)
88. None (Go to GRAINNR)

77. Don't know (Go to GRAINNR)
99. Refused (Go to GRAINNR)

BOWL SIZE

144. **Was that a small, medium, or large bowl? A small equals 1 cup, medium equals 2 cups, and large equals 3 cups or more. (Interviewer: if respondent reported eating more than 1 bowl yesterday, ask what the bowl size was for MOST servings.)**

1. Small
2. Medium
3. Large

7. Don't know/Not sure
9. Refused

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CERBRAND

145. **What cereal did you eat the most of yesterday?**

Insert brand list CEREAL

- 96. Other _____ (specify)
- 77. Don't know
- 99. Refused

GRAINNR

146. **How many total servings of whole grain bread, tortillas and cereals do you think you should eat every day to be healthy?**

- _____ enter number
- 88. None
- 77. Don't know
- 99. Refused

VEGTRN

147. **Are you a vegetarian?**

- 1. Yes
- 2. No
-
- 7. Don't know/Not sure
- 9. Refused

Now we are going to ask you a few more questions about the food items you ate and drank yesterday.

MILK

148. **Yesterday, how many servings of milk did you drink, including chocolate milk, fastfood milkshakes, milk on cereal, or large coffee drinks such as a mocha or latté? (A serving of milk is one individual carton, 1 cup, 1 small glass, or 8 ounces.)**

- _____ enter number (verify if greater than 5)
- 0. None (Go to PERFATUS)
- 77. Don't know (Go to PERFATUS)
- 99. Refused (Go to PERFATUS)

PERFAT

149. **What percent fat was most of the milk you drank yesterday?** [Interviewer: Read response choices]

- 1. Nonfat, skim, or fat-free
- 2. 1% fat
- 3. 2% fat
- 4. Whole milk (4%)
- 5. Other _____(specify)
-
- 6. Never drink milk
- 7. Don't know/Not sure
- 9. Refused

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PERFATUS

150. **In general, when you drink milk, what percent fat is the milk or chocolate milk you drink?**

[Interviewer: Read response choices]

- | | | |
|-------|---------------------------|------------------|
| 1. | Nonfat, skim, or fat-free | (Go to REASMILK) |
| 2. | 1% fat | (Go to REASMILK) |
| 3. | 2% fat | (Go to BARMILK) |
| 4. | Whole milk (4%) | (Go to BARMILK) |
| 5. | _____ Other (specify) | (Go to CHEESE) |
| ----- | | |
| 7. | Don't know/Not sure | (Go to CHEESE) |
| 9. | Refused | (Go to CHEESE) |

REASMILK (Asked if PERFAT = 1 or PERFAT = 2)

151. **What is the main reason you drink nonfat, skim, fat-free or 1% fat milk?**

[Prompt only if they do not answer quickly]

- | | | |
|-----|----------------------------|----------------|
| 1. | It's available | (Go to CHEESE) |
| 2. | Like taste | (Go to CHEESE) |
| 3. | Habit | (Go to CHEESE) |
| 4. | Health | (Go to CHEESE) |
| 5. | Parents think it's healthy | (Go to CHEESE) |
| 6. | Others think it's healthy | (Go to CHEESE) |
| 7. | Other _____ (specify) | (Go to CHEESE) |
| 77. | Don't know/not sure | (Go to CHEESE) |
| 99. | Refused | (Go to CHEESE) |

BARMILK (Asked if PERFAT GE 3)

152. **What is the main reason you don't drink nonfat, skim, fat-free, or 1% fat milk?**

[Prompt only if they do not answer quickly]

- | | |
|-----|---------------------------------|
| 1. | Not available |
| 2. | Don't like taste |
| 3. | Habit |
| 4. | Don't need to reduce fat intake |
| 5. | Extra calories |
| 6. | Not important |
| 7. | Other _____ (specify) |
| 77. | Don't know/not sure |
| 99. | Refused |

CHEESE

153. **How many times did you have cheese yesterday, including cheese on a cheeseburger, pizza, sandwich, in a main dish, or as a snack?**

- | | | |
|-------|--------------|----------------------------|
| _____ | enter number | (verify if greater than 5) |
| 88. | None | |
| 77. | Don't know | |
| 99. | Refused | |

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YOGURT

154. **How many times did you have yogurt yesterday, NOT including frozen yogurt?**

- _____ enter number (verify if greater than 5)
88. None
77. Don't know
99. Refused

CALCIUM

155. **How many times did you have dairy desserts yesterday, such as frozen yogurt, ice cream, soft serve ice cream, pudding, or frozen yogurt in a smoothie?**

- _____ enter number (verify if greater than 5)
88. None
77. Don't know
99. Refused

MILKNR

156. **How many total servings of dairy products, like milk, yogurt or cheese do you think you should have every day to be healthy?**

- _____ enter number
88. None
77. Don't know
99. Refused

ANIMPRO

157. **Yesterday how many servings of meat, poultry, fish, and eggs did you eat? A serving is a piece of meat, chicken, turkey or fish about the same size as a deck of cards or two eggs.**

- _____ enter number
88. None
77. Don't know
99. Refused

MEATNR2

158. **How many servings of meat, poultry, fish, eggs, beans, tofu and other soy meat alternatives do you think you should eat every day to be healthy? [Interviewer instruction: Soy alternatives include soy hot dogs, deli meats, veggie burgers, imitation bacon and sausage, and soy chicken-like nuggets and patties. They do not include soy sauce and soy oil.]**

- _____ enter number
88. None

77. Don't know/Not sure
99. Refused

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PASTRY

159. **Yesterday did you eat any pastries, such as doughnuts, Danish, sweet rolls, muffins, croissants, or pop-tarts?**

- 1. Yes
- 2. No

- 7. Don't know/Not sure
- 9. Refused

FRIED

160. **Yesterday did you eat any deep-fried foods, such as, fried chicken, chicken nuggets, fried fish, fried shrimp, egg rolls or onion rings?**

- 1. Yes
- 2. No

- 7. Don't know/Not sure
- 9. Refused

CHIPS

161. **Yesterday did you eat any potato chips, tortilla chips, cheese puffs, pork rinds, or other fried snacks?**

- 1. Yes
- 2. No

- 7. Don't know/Not sure
- 9. Refused

DESSERT

162. **Yesterday did you eat any sweet snacks like cake, pie, cookies, or brownies? Do not include ice cream or reduced fat or fat-free bakery items or lower fat dairy items like ice milk, light ice cream, frozen yogurt, or sherbet.**

- 1. Yes
- 2. No

- 7. Don't know/Not sure
- 9. Refused

CANDY2

163. **Yesterday did you eat any candy bars or packages of candy?**

- 1. Yes
- 2. No

- 7. Don't know/Not sure
- 9. Refused

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SODA2

164. Yesterday how many servings of regular soda (cola, lemon-lime) or sweetened beverage like Snapple, Kool-Aid, Arizona or Sobe did you drink? [A 12 oz. Soda or small fast food cup is 1 serving. A medium fast food cup or Sobe bottle is 1.5 servings. A large fast food cup is 2 servings. A 7-11's BigGulp or McDonald's Supersize is 2.5 servings. Do not include diet drinks or carbonated plain water]

- _____ enter number
88. None

77. Don't know
99. Refused

SODDIET2

165. Yesterday how many servings of DIET soda (cola, lemon-lime) or DIET sweetened beverage like Sugar Free Snapple, Kool-Aid, Arizona or Sobe did you drink? [A 12 oz. Soda or small fast food cup is 1 serving. A medium fast food cup or Sobe bottle is 1.5 servings. A large fast food cup is 2 servings. A 7-11's BigGulp or McDonald's Supersize is 2.5 servings. Do not include regular soft drinks]

- _____ enter number
88. None

77. Don't know
99. Refused

FASTFOOD

166. Yesterday, how many times did you eat a meal or snack from a fast food restaurant like McDonalds, Taco Bell, Jack-in-the-Box, Pizza Hut, KFC, or Subway?

- _____ enter number of times (verify if >2)
88. None

77. Don't know
99. Refused

(If FASTFOOD \geq 1 and SCHYDAY=1 go to FASTPLAC; else go to FFWK)

FASTPLAC

167. Was that fast food bought at school, away from school, or in both places?

1. School
2. Away from school
3. Both

7. Don't know/Not sure
9. Refused

FFWK

168. In a typical week, how many times do you eat a meal or snack from a fast food restaurant?

- _____ enter number
88. None

77. Don't know/Not sure
99. Refused

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Now I am going to ask you some questions about physical activity, exercise, and sports. This would include anything you do at school, at home, or anywhere else.

SCHLTRAN (Ask if GOSCHL2=1)

169. How do you usually get to school?

1. Car/carpool
2. School bus
3. Walk
4. Ride bicycle
5. City bus
6. Skateboard/scooter/roller blade
7. Other (specify): _____

-
7. Don't know/Not sure
 9. Refused

SCHLTRN2

170. How do you usually get home from school?

1. Car/carpool
2. School bus
3. Walk
4. Ride bicycle
5. City bus
6. Skateboard/scooter/roller blade
7. _____ Other (specify)

-
8. Don't know/Not sure
 9. Refused

SCHLDIST

171. How far is school from your house?

1. Less than half a mile/4 blocks
2. 1/2 mile to 1 mile/8 blocks
3. 1 mile to 2 miles/16 blocks
4. More than 2 miles

-
7. Don't know/Not sure
 9. Refused

PESCHL (Asked of everyone)

172. [If GOSCHL2 eq 1 ask :] Do you currently take physical education class in school?

[If GOSCHL2 eq 2,4,7,9 or HIGRADE ge 12 :] Were you taking physical education class when you were last in school?

1. Yes
2. No (Go to EXEROFTW)

-
7. Don't know/Not sure (Go to EXEROFTW)
 9. Refused (Go to EXEROFTW)

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PESCHLX

173. [If GOSCHL2 eq 1 ask :] **How many times a week do you have physical education class in school?** [If GOSCHL2 eq 2,4,7,9 or HIGRADE ge 12 :] **How many times a week did you have physical education class when you were last in school?**

_____ enter number of times

88. None

77. Don't know

99. Refused

SCHPE (Ask if SCHYDAY=1)

174. **Yesterday did you take physical education at school?**

1. Yes

2. No

(Go to EXEROFTW)

7. Don't know/Not sure

(Go to EXEROFTW)

9. Refused

(Go to EXEROFTW)

SCHPEMIN

175. **How many minutes did you spend in physical education class? (Does not include showering or dressing time).**

_____ enter number

88. None

77. Don't know

99. Refused

EXEROFTW (Asked of everyone)

176. **How many times during the past week did you participate in physical activities, exercise, or sports? (If you exercised more than once a day, include each time. Also include time spent in physical education class.)**

_____ enter number of times

88. None

77. Don't know

99. Refused

XVIGYRBS

177. **On how many of the past 7 days did you exercise or participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activity? F6=none**

_____ enter number

77. Don't know/Not sure

99. Refused

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XMODYRBS

178. On how many of the past 7 days did you participate in physical activity for at least 30 minutes that did not make you sweat or breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower or mopping floors? F6=none

_____ enter number

- 77. Don't know/Not sure
99. Refused

EXERDAY (Ask of everyone)

179. Yesterday, that was (INSERT DAY) did you participate in any physical activities, exercise, sports or a physical education class?

1. Yes
2. No (Go to SPRTSNW2)

7. Don't know/Not sure (Go to SPRTSNW2)
9. Refused (Go to SPRTSNW2)

EXEACTY1

180. What type of physical activity, exercise or sport did you spend the most time doing yesterday?

- | | |
|---|--------------------------------------|
| 01. Aerobics class | 32. Scuba diving |
| 02. Backpacking | 33. Skating - ice, roller or in-line |
| 03. Badminton | 34. Sledding, tobogganing |
| 04. Basketball | 35. Snorkeling |
| 05. Bicycling for pleasure | 36. Snowshoeing |
| 06. Boating (canoeing, rowing, sailing for pleasure or camping) | 37. Snow shoveling by hand |
| 07. Bowling | 38. Snow blowing |
| 08. Boxing | 39. Snow skiing |
| 09. Calisthenics | 40. Soccer |
| 10. Canoeing/rowing - in competition | 41. Softball |
| 11. Carpentry | 42. Squash |
| 12. Dancing-aerobics/ballet | 43. Stair climbing |
| 13. Fishing from river bank or boat | 44. Stream fishing in waders |
| 14. Gardening (spading, weeding, digging, filling) | 45. Surfing |
| 15. Golf | 46. Swimming laps |
| 16. Handball | 47. Table tennis |
| 17. Health club exercise | 48. Tennis |
| 18. Hiking - cross-country | 49. Touch football |
| 19. Home exercise | 50. Volleyball |
| 20. Horseback riding | 51. Walking/walking on a treadmill |
| 21. Hunting large game - deer, elk | 52. Water-skiing |
| 22. Jogging | 53. Weight lifting |
| 23. Judo/karate | 54. Other (specify)_____ |
| 24. Mountain climbing | 55. Bicycling machine exercise |
| 25. Mowing lawn | 56. Rowing machine exercise |
| 26. Paddleball | 57. Baseball |
| 27. Painting/papering house | 58. Football |
| 28. Racquetball | 59. Hockey (field) |
| 29. Raking lawn | 60. Hockey (ice) |
| 30. Running/running on a treadmill | 61. Skateboarding |
| 31. Rope skipping | 62. Snowboarding |
| 77. Don't know/not sure (Go to EXEOTHY2) | 63. Wrestling |

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99. Refused (Go to EXEOTHY2)
If EXEACTY1 EQ JOG, RUN, SWIM, or WALK go to EXEDISY1
If EXEACTY1 NE JOG, RUN, SWIM, or WALK go to EXEHMMY1

EXEDISY1

181. **How far did you JOG | RUN | SWIM | WALK yesterday?** [Interviewer: 1 lap of outdoor track=0.25 mile; 2 laps of indoor track=0.25 mile; about 3 city blocks=0.25 mile]

EXAMPLE: one half mile is coded as 0.5 -- 1 mile is coded as 1.0

___ Enter distance (verify if GT 8 miles)

777. Don't Know/ Not Sure

999. Refused

EXEHMMY1

182. **For how many minutes or hours did you do this activity?**

EXAMPLE: for 30 MINUTES ENTER 30 for AN HOUR AND 30 MINUTES ENTER 130)

___ ENTER HOURS/MINUTES OR MINUTES ONLY (verify if GT 400)

7777. Don't Know / Not Sure

9999. Refused

EXEOTHY2

183. **Was there another physical activity, exercise or sport that you participated in yesterday?**

- | | |
|--------------------------|------------------|
| 1. Yes | |
| 2. No | (Go to SPRTSNW2) |
| 7. Don't Know / Not Sure | (Go to SPRTSNW2) |
| 9. Refused | (Go to SPRTSNW2) |

EXEACTY2

184. **What type of physical activity, exercise, or sport was it?**

- | | |
|---|--------------------------------------|
| 01. Aerobics class | 21. Hunting large game - deer, elk |
| 02. Backpacking | 22. Jogging |
| 03. Badminton | 23. Judo/karate |
| 04. Basketball | 24. Mountain climbing |
| 05. Bicycling for pleasure | 25. Mowing lawn |
| 06. Boating (canoeing, rowing, sailing for pleasure or camping) | 26. Paddleball |
| 07. Bowling | 27. Painting/papering house |
| 08. Boxing | 28. Racquetball |
| 09. Calisthenics | 29. Raking lawn |
| 10. Canoeing/rowing - in competition | 30. Running/running on a treadmill |
| 11. Carpentry | 31. Rope skipping |
| 12. Dancing-aerobics/ballet | 32. Scuba diving |
| 13. Fishing from river bank or boat | 33. Skating - ice, roller or in-line |
| 14. Gardening (spading, weeding, digging, filling) | 34. Sledding, tobogganing |
| 15. Golf | 35. Snorkeling |
| 16. Handball | 36. Snowshoeing |
| 17. Health club exercise | 37. Snow shoveling by hand |
| 18. Hiking - cross-country | 38. Snow blowing |
| 19. Home exercise | 39. Snow skiing |
| 20. Horseback riding | 40. Soccer |
| | 41. Softball |
| | 42. Squash |

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- 43. Stair climbing
- 44. Stream fishing in waders
- 45. Surfing
- 46. Swimming laps
- 47. Table tennis
- 48. Tennis
- 49. Touch football
- 50. Volleyball
- 51. Walking/walking on a treadmill
- 52. Water-skiing
- 53. Weight lifting
- 77. Don't know/not sure (Go to PESCHL)
- 99. Refused (Go to PESCHL)
- 54. Other (specify)_____
- 55. Bicycling machine exercise
- 56. Rowing machine exercise
- 57. Baseball
- 58. Football
- 59. Hockey (field)
- 60. Hockey (ice)
- 61. Skateboarding
- 62. Snowboarding
- 63. Wrestling

If EXEACTY2 EQ JOG, RUN, SWIM, or WALK go to EXEDISY2
If EXEACTY2 NE JOG, RUN, SWIM, or WALK go to EXEHMMY2
EXEDISY2

185. **How far did you JOG | RUN | SWIM | WALK yesterday? [Interviewer: 1 lap of outdoor track=0.25 mile; 2 laps of indoor track=0.25 mile; about 3 city blocks=0.25 mile]**

EXAMPLE: one half mile is coded as 0.5 -- 1 mile is coded as 1.0

___ Enter distance (verify if GT 8 miles)

777. Don't Know/ Not Sure
999. Refused

EXEHMMY2

186. **For how many minutes or hours did you do this activity?**

EXAMPLE: for 30 MINUTES ENTER 30 for AN HOUR AND 30 MINUTES ENTER 130)

___ ENTER HOURS/MINUTES OR MINUTES ONLY (verify if GT 400)

7777. Don't Know / Not Sure
9999. Refused

SPRTSNW2

187. *[If PESCHL eq 1 ask :]* **Other than physical education class, are you CURRENTLY involved in any team or individual sports or activities, such as school team sports, intramural sports, or out-of school programs?**

[If PESCHL eq 2,7 or 9 ask :] **Are you CURRENTLY involved in any team or individual sports or activities, such as school team sports, intramural sports, or out-of school programs?**

- 1. Yes
- 2. No (Go to EXERMIN)
-
- 7. Don't know/Not sure (Go to EXERMIN)
- 9. Refused (Go to EXERMIN)

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SPORTYP2

188. **Would that be school team sports, intramural sports, or out-of school programs?** *[Choose all that apply]*

1. School team sports
2. Intramural sports
3. Out of school programs
-
7. Don't know/Not sure
9. Refused

EXERMIN

189. **About how many minutes do you think you should exercise or be physically active each day for good health – this includes all activities like bicycling, dancing, and playing basketball that you do at school, at home, and anywhere else you get exercise?**

_____ enter number
88. None

77. Don't know/Not sure
99. Refused

EXERDAYS

190. **About how many days EACH WEEK do you think you should exercise or be physically active by doing things like bicycling, dancing, or playing basketball for at least one hour?**

_____ enter number
88. None

77. Don't know/Not sure
99. Refused

REASEXE2

191. **What is the main reason you get exercise or physical activity?**
[Prompt only if they do not answer quickly]

1. Fun
2. Feels good
3. Friends do it
4. Healthy
5. Important
6. Important to
7. Important to others
8. Reduce stress
9. Strength or fitness
10. Lose weight
11. School requirement
12. Stay/get in shape
13. Other _____ (specify)
14. Transportation/To get from one place to another

77. Don't know/not sure
99. Refused

BAREXER2

192. **What is the main reason you don't get more exercise or physical activity?**

[Prompt only if they do not answer quickly]

1. Don't like it
2. No time
3. Don't look good while doing it
4. Don't have a safe place to do it
5. Don't have the right equipment
6. Too tired
7. Not important
8. Physically unable
9. I get enough
10. Lazy
11. Too busy
12. Rather do something else
13. Other _____ (specify)

77. Don't know/not sure
99. Refused

The next question I will be asking you is about cigarette smoking. Please remember your answers are confidential.

SMK30DY2

193. **Think about the last 30 days. On how many of these days did you smoke?**

-- Response (Max is 30)

88. None

77. Don't know/Not sure
99. Refused

ASTHMA

194. **Have you ever been told you have asthma?**

1. Yes
2. No
-
7. Don't know/Not sure
9. Refused

The next few questions are about the amount of time you watch TV, play video games and use computers. DO NOT include activities done at school.

TVISION

195. **Yesterday, how many minutes or hours did you watch television or videos or play video or computer games that were for fun?**

_EXAMPLE; for 30 minutes enter 30, for one hour and 30 minutes enter 130

- _____ enter hours and minutes or minutes only (VERIFY IF GREATER THAN 400)
88. None

 77. Don't know
 99. Refused

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TVROOM

196. Do you have a television set in your bedroom? [IF RESPONDENT SAYS HE/SHE DOES NOT SLEEP IN A BEDROOM, ADD Is there a television in the room where you sleep?]

1. Yes – in bedroom
2. No
3. Yes – in sleeping room, but not a bedroom
-
7. Don't know/Not sure
9. Refused

COMPTR

197. Yesterday, how many minutes or hours did you use a computer for homework or for learning? Do not include time spent on the computer at school.

EXAMPLE; for 30 minutes enter 30, for one hour and 30 minutes enter 130

- _____ enter hours and minutes or minutes only (VERIFY IF GREATER THAN 400)
88. None
 77. Don't know
 99. Refused

HISPANIC

198. Are you of Hispanic origin, such as Mexican-American, Latin American, Puerto Rican, or Cuban?

1. Yes
2. No [Go to ORACE3]
-
7. Don't know/Not sure [Go to REF_DEMO]
9. Refused [Go to REF_DEMO]

REF_DEMO

If Don't know or refused: Our data analysis is based on several factors -- and SEX/AGE/RACE/ETHNICITY is one of the most important. You have already invested several minutes providing extremely important and useful data for this study. Also, please remember that your answers are confidential and will not be revealed to anyone. Would you be willing to tell me your SEX/AGE/RACE/ETHNICITY?

HISP2

199. Do you consider yourself to be Mexican, Mexican-American, or other Hispanic?

1. Mexican
2. Mexican-American
3. Other Hispanic
-
7. Don't know/Not sure
9. Refused

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ORACE3

200. **Which one or more of the following would you say is your race...? [Interviewer: Read and mark all that apply.]**

- | | |
|--|------------------|
| 1. White | (Go to BIRTHPLC) |
| 2. Black or African-American | (Go to BIRTHPLC) |
| 3. Asian | (Go to ORACE2A) |
| 4. Native Hawaiian or Other Pacific Islander | (Go to ORACE2A) |
| 5. American Indian or Alaska Native | (Go to BIRTHPLC) |
| 6. _____ Other (specify) | |

-
- | | |
|------------------------|------------------|
| 7. Don't know/Not sure | (Go to REF_DEMO) |
| 9. Refused | (Go to REF_DEMO) |

ORACE4

201. **Which one of these groups would you say best represents your race?**

- | |
|--|
| 1. White |
| 2. Black or African-American |
| 3. Asian |
| 4. Native Hawaiian or Other Pacific Islander |
| 5. American Indian or Alaska Native |
| 6. _____ Other (specify) |

-
- | |
|------------------------|
| 7. Don't know/Not sure |
| 9. Refused |

ORACE2A

202. **Are you Chinese, Japanese, Korean, Filipino, Vietnamese, Cambodian, Laotian, East Indian, Indonesian, or Other?**

- | |
|----------------|
| 1. Chinese |
| 2. Japanese |
| 3. Korean |
| 4. Filipino |
| 5. Vietnamese |
| 6. Cambodian |
| 7. Laotian |
| 8. East Indian |
| 9. Indonesian |
| 10. Hawaiian |
| 11. Samoan |
| 12. Pakistani |

-
- | |
|-------------------------|
| 88. Other (specify) |
| 77. Don't know/Not sure |
| 99. Refused |

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BIRTHPLC

203. **In what country were you born?**

- | | |
|--|------------------|
| 1. United States | [Go to BIRTHMOM] |
| 2. Mexico | [Go to OLDLIVE] |
| 3. Japan | [Go to OLDLIVE] |
| 4. China | [Go to OLDLIVE] |
| 5. Taiwan | [Go to OLDLIVE] |
| 6. Philippines | [Go to OLDLIVE] |
| 7. Korea | [Go to OLDLIVE] |
| 8. Vietnam | [Go to OLDLIVE] |
| 9. OTHER: <u>(specify)</u> ----->BRHTXT (Text) | [Go to OLDLIVE] |

-
- | | |
|-------------------------|------------------|
| 77. Don't know/Not sure | [Go to BIRTHMOM] |
| 99. Refused | [Go to BIRTHMOM] |

BIRTHMOM

204. **In what country was your mother born?**

- | | |
|---|-------------------|
| 1. United States | [Go to ENGNATIV] |
| 2. Mexico | [Go to ENGNATIV] |
| 3. Japan | [Go to ENGNATIV] |
| 4. China | [Go to ENGNATIV] |
| 5. Taiwan | [Go to ENGNATIV] |
| 6. Philippines | [Go to ENGNATIV] |
| 7. Korea | [Go to ENGNATIV] |
| 8. Vietnam | [Go to ENGNATIV] |
| 9. OTHER: <u>(specify)</u> ---->BRTH2TXT (Text) | [Go to ENGNATIV] |

-
- | | |
|-------------------------|-------------------|
| 77. Don't know/Not sure | [Go to ENGNATIV] |
| 99. Refused | [Go to ENGNATIV] |

OLDLIVE

205. **How old were you when you first came to live in the United States?**

__ _ Response

- | |
|-------------------------|
| 77. Don't know/Not sure |
| 99. Refused |

ENGNATIV

206. **Do you consider English to be your native language?**

- | | |
|--------|----------------|
| 1. Yes | [Go to HEIGHT] |
| 2. No | |

-
- | | |
|------------------------|----------------|
| 7. Don't know/Not sure | [Go to HEIGHT] |
| 9. Refused | [Go to HEIGHT] |

NATLANG2

207. **What language do you consider to be your native language?**

SELECT FROM BRANDLIST "COUNLIST"

- | |
|--------------------------|
| 777. Don't know/Not sure |
| 999. Refused |

SPKENGL

208. **In general, would you say you read and speak only {NATLANG2}, read and speak {NATLANG2} better than English, read and speak both equally well, read and speak English better than {NATLANG2}, or read and speak only English?**

1. Only {NATLANG2}
2. {NATLANG2} better than English
3. Both equally
4. English better than {NATLANG2}
5. Only English
6. Neither English nor {NATLANG2}
-
7. Don't know/Not sure
9. Refused

LANGHOME

209. **What language do you usually speak at home?**

1. Only {NATLANG2}
2. {NATLANG2} more than English
3. Both equally
4. English more than {NATLANG2}
5. Only English
6. Neither English nor {NATLANG2}
-
7. Don't know/Not sure
9. Refused

LANGFRND

210. **What language do you usually speak with your friends?**

1. Only {NATLANG2}
2. {NATLANG2} more than English
3. Both equally
4. English more than {NATLANG2}
5. Only English
6. Neither English nor {NATLANG2}
-
7. Don't know/Not sure
9. Refused

HEIGHT

211. **About how tall are you without shoes?**

(Round fractions down)

__ _ Response (in feet and inches) (Ex. 5 feet 11 inches = 511)

777. Don't know/Not sure
999. Refused

WEIGHT

212. **About how much do you weigh without shoes?**

(Round fractions up)

__ _ Response (in whole pounds)

777. Don't know/Not sure

999. Refused

IDEALWT

213. **What do you think is the best weight for you?**

(Round fractions up)

___ Response (in whole pounds)

777. Don't know/Not sure

999. Refused

YRBSWGHT

214. **Which of the following are you trying to do about your weight?**

1. Lose weight
2. Gain weight
3. Stay the same weight
4. Not trying to do anything about your weight

7. Don't know/Not sure

9. Refused

LOSEWT2

215. **During the past 30 days, have you done anything to try to lose weight?**

1. Yes

2. No

7. Don't know/Not sure

9. Refused

(If YRBSWGHT = 3 go to LOSEHOW4; else go to LOSEHOW2)

LOSEHOW4

216. **During the past 30 days, what is the most common thing you have been doing to stay the same weight? Would you say: go on a diet, fast, exercise or workout, smoke, or some other way? Fasting means go without eating for 24 hours or more. (Use F6 is doing nothing)**

1. Go on a diet

2. Fast

4. Exercise or workout

5. Smoke

6. _____ Other (specify)

7. Don't know/Not sure

9. Refused

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(If YRBSWGHT = 1 or (LOSEWT2 = 1 and YRBSWGHT NE 3) go to LOSEHOW2, else go to VITAMIN)

LOSEHOW2

217. **During the past 30 days, what is the most common thing you have been doing to try to lose weight?**

Would you say: go on a diet, fast, exercise or workout, smoke, or some other way? Fasting means go without eating for 24 hours or more.

1. Go on a diet
2. Fast
3. Exercise or workout
4. Smoke
5. Other _____ (Specify)

7. Don't know/Not sure
9. Refused

LOSEHOW5

218. **Did you do anything else? (F6 = Did nothing)**

1. Go on a diet
2. Fast
1. Exercise or workout
2. Smoke
3. _____ Other (specify)

7. Don't know/Not sure
9. Refused

LOSEPROG

219. **Did you take part in a supervised weight loss program through your doctor, hospital, health clinic, or HMO?**

1. Yes
2. No

-
7. Don't know/Not sure
 9. Refused

{If 217 LOSEHOW2 or 218 LOSEHOW5 equals 1; else go to DIETING}

LOSEDIET

220. **What kind of diet did you use? [Interviewer: Choose all that apply; prompt only if they do not answer quickly.]**

1. Eating less food/fewer calories
2. Eating foods low in fat
3. Eating foods low in sugar or carbohydrates
4. Eating more protein
5. Eating or drinking meal replacement shakes or bars, like Slim Fast or Jenny Craig
6. A "popular" diet such as Zone, Atkins, Sugar Busters (specify diet name) _____
7. A weight loss program, such as Weight Watchers (specify program name) _____
8. Skipping one or more meals each day
9. _____ Other (specify)

-
77. Don't know/Not sure
 99. Refused

LOSEHERB

221. **Did you take any diet pills, herbal medicines, or other weight loss products not prescribed by your doctor? This would include products like Dexatrim and Acutrim Natural and ephedra or ma huang products like Metabolift, Metabolite, and Twin Labs Diet Fuel.**

- 1. Yes
- 2. No
-
- 7. Don't know/Not sure
- 9. Refused

DIETING

222. **Are you dieting to lose weight now?**

- 1. Yes
- 2. No
-
- 7. Don't know/Not sure
- 9. Refused

VITAMIN

223. **Are you taking any vitamins or nutritional supplements now?**

- 1. Yes
- 2. No
-
- 7. Don't know/Not sure
- 9. Refused

HEALTH

224. **How would you describe your health?**

- 1. Poor
- 2. Fair
- 3. Good
- 4. Very Good
- 5. Excellent
- 77. Don't Know/Not sure
- 99. Refused

MONEY

225. **About how much money do you have each week to spend on yourself any way you want to?**

- ___ Amount in dollars (*round up to nearest dollar*) [verify if greater than \$25]
- 0. None
 - 7777. Don't know/Not sure
 - 9999. Refused

PAIDJOB

226. **Do you have a paid part-time or full-time job?**

- 1. Yes
- 2. No
-
- 7. Don't know/Not sure
- 9. Refused

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NUMHOLD

227. **Do you have more than one telephone number in your household?**

- 1. Yes
- 2. No [Go to COUNTY1]
-
- 7. Don't know/Not sure [Go to COUNTY1]
- 9. Refused [Go to COUNTY1]

NUMPHON2

228. **How many residential telephone numbers do you have?**

- ____ Response
- 8. 8 or more numbers
- 9. Refused

COUNTY1

229. **What county do you live in?**

- | | | |
|-------------------|---------------------|--------------------------|
| 001. ALAMEDA | 041. MARIN | 081. SAN MATEO |
| 003. ALPINE | 043. MARIPOSA | 083. SANTA BARBARA |
| 005. AMADOR | 045. MENDOCINO | 085. SANTA CLARA |
| 007. BUTTE | 047. MERCED | 087. SANTA CRUZ |
| 009. CALAVERAS | 049. MODOC | 089. SHASTA |
| 011. COLUSA | 051. MONO | 091. SIERRA |
| 013. CONTRA COSTA | 053. MONTEREY | 093. SISKIYOU |
| 015. DEL NORTE | 055. NAPA | 095. SOLANO |
| 017. EL DORADO | 057. NEVADA | 097. SONOMA |
| 019. FRESNO | 059. ORANGE | 099. STANISLAUS |
| 021. GLENN | 061. PLACER | 101. SUTTER |
| 023. HUMBOLDT | 063. PLUMAS | 103. TEHAMA |
| 025. IMPERIAL | 065. RIVERSIDE | 105. TRINITY |
| 027. INYO | 067. SACRAMENTO | 107. TULARE |
| 029. KERN | 069. SAN BENITO | 109. TUOLUMNE |
| 031. KINGS | 071. SAN BERNARDINO | 111. VENTURA |
| 033. LAKE | 073. SAN DIEGO | 113. YOLO |
| 035. LASSEN | 075. SAN FRANCISCO | 115. YUBA |
| 037. LOS ANGELES | 077. SAN JOAQUIN | 777. Don't Know/Not Sure |
| 039. MADERA | 079. SAN L OBISPO | 999. Refused |

ZIPCODE

230. **What is your zip code?**

- Response
- 77777. Don't know/Not sure
- 99999. Refused

Finally we have a few more questions about eating and exercise.

FVAVAIL

231. **In general, are fruits, vegetables, and juices available to you whenever you are hungry?**

- 1. Yes
- 2. No
-
- 7. Don't know/Not sure

9. Refused

CUTFRT

232. **At your home, is there usually fresh fruit that is ready to eat, like a fresh fruit bowl on the counter or cut-up in the refrigerator?**

- 1. Yes
- 2. No

-
- 7. Don't know/Not sure
 - 9. Refused

CUTVEG

233. **At your home, are there usually vegetables, like carrot or celery sticks, cut and ready to eat in the refrigerator?**

- 1. Yes
- 2. No

-
- 7. Don't know/Not sure
 - 9. Refused

GARDEN

234. **Have you ever worked in a garden to grow fruits and vegetables?**

- 1. Yes
- 2. No

-
- 7. Don't know/Not sure
 - 9. Refused

MENU

235. **Do you know how to pick out healthy foods from menus?**

- 1. Yes
- 2. No

-
- 7. Don't know/Not sure
 - 9. Refused

TCHCOOK

236. **Did anyone ever teach you how to cook foods in a healthy way?**

- 1. Yes
- 2. No

-
- 7. Don't know/Not sure
 - 9. Refused

FEELBAD3

237. **Do you feel guilty on days when you haven't eaten healthy food?**

- 1. Yes
- 2. No

-
- 7. Don't know/Not sure
 - 9. Refused

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PRNTNOTE

238. **Do your parents or the adults you live with notice when you haven't eaten healthy foods?**

- 1. Yes
- 2. No
- 3. Don't live with adults
-
- 7. Don't know/Not sure
- 9. Refused

SODALMT

239. **Do your parents or adults you live with limit how much soda you drink at home? (includes all soda)**

- 1. Yes
- 2. No
- 3. Don't live with adults
-
- 7. Don't know/Not sure
- 9. Refused

SNKLMT

240. **Do your parents or adults you live with limit how much snack food, like chips and cookies, you eat at home?**

- 1. Yes
- 2. No
- 3. Don't live with adults
-
- 7. Don't know/Not sure
- 9. Refused

COOKFAM

241. **How many times per week do YOU cook for your family or the people you live with?**

- _____ enter number of times
- 88. None
 - 77. Don't know
 - 99. Refused

EATFAM

242. **Do you usually eat dinner with your family or the people you live with?**

- 1. Yes
- 2. No
-
- 7. Don't know/Not sure
- 9. Refused

EXERFAM

243. **Do you exercise or play sports with your family or the people you live with?**

- 1. Yes
- 2. No
-
- 7. Don't know/Not sure
- 9. Refused

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PLAYFRND

244. **Do you exercise or play sports with your friends?**

- 1. Yes
- 2. No
-
- 7. Don't know/Not sure
- 9. Refused

EXERSAFE

245. **Do you live near a school, park or other place where you feel safe to exercise or workout?**

- 1. Yes
- 2. No
-
- 7. Don't know/Not sure
- 9. Refused

THKEXER

246. **Do you think you could do hard exercise everyday? Hard physical activity or exercise causes you to breathe hard and sweat and includes things like basketball, jogging, soccer, or fast bicycling.**

- 1. Yes
- 2. No
-
- 7. Don't know/Not sure
- 9. Refused

FEELBAD4

247. **Do you feel guilty on days when you don't get any physical activity or exercise?**

- 1. Yes
- 2. No
-
- 7. Don't know/Not sure
- 9. Refused

HUNGRY

248. **Have you ever gone hungry because there was not enough money to buy food for your house or home?**

- 1. Yes
- 2. No **(Go to HGYSTOR INTRO)**
-
- 7. Don't know/Not sure **(Go to HGYSTOR INTRO)**
- 9. Refused **(Go to HGYSTOR INTRO)**

HUNGRY12

249. **During the last 12 months, were you ever hungry but didn't eat because there wasn't enough money to buy food for your house or home?**

- 1. Yes
- 2. No
-
- 7. Don't know/Not sure
- 9. Refused

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HGYSTOR INTRO

Besides money, there are reasons why people don't always have the kinds of healthy food they want or need. For each of the following, please tell me if it is a reason why YOU don't always have the kinds of healthy food you want or need.

HGYSCHL2

250. ...**Kinds of healthy food I want are not available at school (F6 = not attending school)**

- 1. Yes
- 2. No

-
- 7. Don't know/Not sure
 - 9. Refused

HGYWORK2

251. ...**Kinds of healthy food I want are not available when eating out, at sports events, or where I work**

- 1. Yes
- 2. No

-
- 7. Don't know/Not sure
 - 9. Refused

FODASST2

In the last 12 months, have you or anyone in your household received food assistance from any of the following sources?

- 252. Free or reduced price school meals
- 253. Food stamps
- 254. WIC
- 255. Other

- FREELUN2
- FASSTMP2
- FASWIC2
- FODOTH2

MAXEDMOM

256. **What is the highest grade of school or year of college your mother completed? [Interviewer: Indicate highest level]**

- 1. Eighth grade or less
- 2. Some high school
- 3. Finished high school or got GED
- 4. Did some college or training after high school
- 5. Finished college
- 6. Master's degree
- 7. PhD or other professional degree

-
- 77. Don't know/Not sure
 - 99. Refused

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MOMWORK

257. **Does your mother**.....

1. Work full-time for pay
2. Work part-time for pay
3. Not work for pay

-
7. Don't know/Not sure
 9. Refused

MAXEDDAD

258. **What is the highest grade of school or year of college your father completed? [Interviewer: Indicate highest level]**

1. Eighth grade or less
2. Some high school
3. Finished high school or got GED
4. Did some college or training after high school
5. Finished college
6. Master's degree
7. PhD or other professional degree

-
77. Don't know/Not sure
 99. Refused

DADWORK

259. **Does your father**.....

1. Work full-time for pay
2. Work part-time for pay
3. Not work for pay

-
7. Don't know/Not sure
 9. Refused

STATUS

260. **Compared to other families, how well-off do you think your family is?**

1. Very well-off
2. Quite well-off
3. Average
4. Not very well-off
5. Not well off at all

-
7. Don't know/Not sure
 9. Refused

CLOSING

That is my last question. Let me emphasize that your answers cannot be identified with your name. Everyone's answers will be combined to give us information about eating and exercise among kids your age.

THANK YOU very much for your time and cooperation.

SAY GOODBYE... (PRESS RETURN TO CONTINUE)

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SUSPECT

261. (TO INTERVIEWER - DO NOT READ ALOUD) Do you suspect that someone may have been listening in at the respondent's household during the interview?

1. Yes
2. No [End questionnaire]

SURE

262. (TO INTERVIEWER - DO NOT READ ALOUD) How sure are you that someone may have been listening in?

1. Absolutely Sure
2. Quite Sure
3. Somewhat Sure
4. Not Real Sure
5. Very Sure that No One was listening in

BIASED

263. (TO INTERVIEWER - DO NOT READ ALOUD) Do you think the respondent's answers were biased because someone was listening in?

1. Yes
2. No -----
7. Don't know/Not sure

SPANENG

264. (TO INTERVIEWER - DO NOT READ ALOUD) Was the interview conducted in English or Spanish?

1. English
2. Spanish