

1998 California Teen Eating, Exercise, and Nutrition Survey

Table 24: Consumption of Beef and Belief About the Number of Servings of Meat Needed for Good Health Among California Adolescents

Yesterday did you eat any beef, such as hamburgers, tacos, ground beef, steaks, or hamburger in casseroles?

How many servings of meat, chicken or fish do you think you should eat every day to be healthy?

	Ate Beef Yesterday, % of Adolescents	Servings of Meat Believed Needed, % of Adolescents		
		0-1	2	3+
Total	59	24	33	43
Gender				
Males	67 ***	24	32	44
Females	50	25	33	41
Ethnicity				
White	55	22	31	46
African American	57	19	32	48
Latino	63	27	36	37
Asian/Other	60	28	30	42
Gender by Age				
Males				
12-13	65	18	31	51
14-15	64	25	33	42
16-17	71	28	33	39
Females				
12-13	54	18	34	48 **
14-15	47	25	31	44
16-17	48	32	36	32
Smoking Status				
Non-Smokers	59	24	32	44
Smokers	57	29	37	35
Physical Activity Status				
Regular	59	24	32	44
Irregular	56	25	36	39
Overweight Status				
Not at Risk	57 *	25	32	43
At Risk/Overweight	64	23	36	41

Highlighted data were revised from the original CalTEENS 1998 report released in 2000. Data were updated to reflect the cut points for "Overweight" and "At Risk for Overweight" used in the 2000 CDC Growth Charts.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Some numbers may not add to 100 percent due to rounding.

Chi Square Test

- * p<.05
- ** p<.01
- *** p<.001

1998 California Teen Eating, Exercise, and Nutrition Survey

Table 25: Cross Tabulation of Beef Consumption Among California Adolescents by Belief in the Number of Servings of Meat Needed

Yesterday did you eat any beef, such as hamburgers, tacos, ground beef, steaks, or hamburger in casseroles?

How many servings of meat, chicken or fish do you think you should eat every day to be healthy?

	Believed Number of Servings, % of Adolescents	Servings of Beef Eaten, % of Adolescents				
		0	1	2+		
Servings of Meat Believed to be Needed	0-1	24	52	36	12	***
	2	33	38	44	18	
	3+	43	37	40	23	

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Some numbers may not add to 100 percent due to rounding.

Chi Square Test

*** p<.001