

1998 California Teen Eating, Exercise, and Nutrition Survey

Table 26: Consumption of Each Category of High Calorie, Low Nutrient Foods Among California Adolescents

Yesterday did you eat any pastries, such as doughnuts, Danish, sweet rolls, muffins, croissants, or pop-tarts?
 Yesterday did you eat any deep-fried foods, such as french fries, fried chicken, chicken nuggets, fried fish, fried shrimp, egg rolls or onion rings?
 Yesterday did you eat any potato chips, tortilla chips, cheese puffs, pork rinds, or other fried snacks?
 Yesterday did you eat any sweet snacks such like cake, pie, cookies, or brownies?
 Yesterday did you eat any boxes or packages of candy, candy bars or drink any soft drinks that weren't diet?

	Food Eaten From Each Category Yesterday, % of Adolescents				
	Candy/ Regular Soda	Chips/Fried Snacks	Bakery Desserts	Deep Fried Foods	Breakfast Pastries
Total	62	42	40	38	29
Gender					
Males	65 *	45 **	41	42 **	33 **
Females	59	38	40	34	25
Ethnicity					
White	64	36 **	39	36	26
African American	59	46	48	41	30
Latino	61	48	41	40	33
Asian/Other	62	41	38	36	29
Gender by Age					
Males					
12-13	57 *	46	40	42	32
14-15	69	47	42	45	35
16-17	69	43	41	40	33
Females					
12-13	63	44 **	45	40	23
14-15	56	40	36	28	27
16-17	58	29	39	33	25
Smoking Status					
Non-Smokers	60 *	42 *	41	38	29
Smokers	70	31	42	40	30
Physical Activity Status					
Regular	62	42	42 *	37	29
Irregular	65	42	34	43	30
Overweight Status					
Not at Risk	62	42	40	38	32 ***
At Risk/Overweight	63	40	41	37	20

Highlighted data were revised from the original CalTEENS 1998 report released in 2000. Data were updated to reflect the cut points for "Overweight" and "At Risk for Overweight" used in the 2000 CDC Growth Charts.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

- * p<.05
- ** p<.01
- *** p<.001

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Table 27: Consumption of More Than 1 Serving of High Calorie, Low Nutrient Foods by California Adolescents

Yesterday did you eat any pastries, such as doughnuts, Danish, sweet rolls, muffins, croissants, or pop-tarts?
 Yesterday did you eat any deep-fried foods, such as french fries, fried chicken, chicken nuggets, fried fish, fried shrimp, egg rolls or onion rings?
 Yesterday did you eat any potato chips, tortilla chips, cheese puffs, pork rinds, or other fried snacks?
 Yesterday did you eat any sweet snacks such like cake, pie, cookies, or brownies?
 Yesterday did you eat any boxes or packages of candy, candy bars or drink any soft drinks that weren't diet?

	Servings ¹ of High Calorie, Low Nutrient Foods Reported Yesterday, % of Adolescents				
	0-1	2	3	4+	2 or More
Total	32	32	22	14	68
Gender					
Males	26	33	24	16	74 ***
Females	37	32	20	11	63
Ethnicity					
White	34	33	22	11	65
African American	24	34	31	11	76
Latino	29	33	22	17	71
Asian/Other	34	30	22	14	66
Gender by Age					
Males					
12-13	30	32	20	17	69 *
14-15	20	39	25	16	80
16-17	28	29	27	16	72
Females					
12-13	32	32	22	15	68
14-15	40	29	23	8	60
16-17	40	34	16	9	59
Smoking Status					
Non-Smokers	32	33	22	14	68
Smokers	30	32	23	15	70
Physical Activity Status					
Regular	31	34	23	12	69 *
Irregular	35	27	20	18	65
Overweight Status					
Not at Risk	30	32	24	14	70
At Risk/Overweight	35	33	20	12	65

Highlighted data were revised from the original CalTEENS 1998 report released in 2000. Data were updated to reflect the cut points for "Overweight" and "At Risk for Overweight" used in the 2000 CDC Growth Charts.

¹ Each report of "any" was counted as one serving.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Some numbers may not add to 100 percent due to rounding.

Chi Square Test

* p<.05

*** p<.001

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Table 28: Proportion of California Adolescents Who Ate Salad and Used Low Fat/Reduced Fat Salad Dressing

Was the dressing you had on the salad regular dressing, reduced fat or reduced calorie dressing, fat-free dressing, vinegar, lemon juice, or no dressing at all?

	Ate Salad, ¹ %	Used Low Fat/Reduced Fat/ Fat Free Salad Dressing, ² %
Total	12	46
Gender		
Males	12	46
Females	12	47
Ethnicity		
White	14	43
African American	9	15
Latino	9	52
Asian/Other	13	66
Gender by Age		
Males		
12-13	13	49
14-15	12	24
16-17	12	64
Females		
12-13	10	36
14-15	13	45
16-17	12	59
Smoking Status		
Non-Smokers	12	46
Smokers	14	60
Physical Activity Status		
Regular	14	47
Irregular	7	43
Overweight Status		
Not at Risk	12	47
At Risk/Overweight	12	42

Highlighted data were revised from the original Canteens 1998 report released in 2000. Data were updated to reflect the cut points for "Overweight" and "At Risk for Overweight" used in the 2000 CDC Growth Charts.

¹ Out of everyone, those who had one or more salads.

² Out of those who ate salad, percent reporting any low fat, reduced fat, or fat-free dressing at any eating occasion.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

** p<.01