

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 67: Trends in the Proportion of Children Receiving Nutrition Lessons at School (Diary Sample)

	Percentage				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	58.3%	54.0%	57.0%	51.5%	-4.3%	3.0%	-5.5%	-6.8%
Gender								
Males	57.3%	56.6%	59.3%	53.4%	-0.7%	2.7%	-5.8%	-3.8%
Females	59.3%	51.4%	54.3%	49.5%	-8.0%	2.9%	-4.7%	-9.8%
Ethnicity								
White	62.5%	55.4%	58.0%	55.0%	-7.1%	2.6%	-3.0%	-7.5%
African American	52.8%	44.0%	63.5%	51.5%	-8.8%	19.5%	-12.0%	-1.3%
Latino	55.2%	51.8%	50.8%	45.6%	-3.4%	-1.0%	-5.2%	-9.7%
Asian/ Other	56.3%	61.3%	70.2%	63.5%	4.9%	8.9%	-6.7%	7.2%
FSNE Eligibility								
≤130% FPL w/FS	45.7%	51.3%	43.0%	38.7%	5.6%	-8.3%	-4.3%	-7.0%
≤130% FPL w/o FS	67.8%	56.4%	51.8%	54.8%	-11.4%	-4.6%	3.0%	-13.0%
>130%-≤185% FPL	57.4%	48.8%	42.2%	37.0%	-8.5%	-6.6%	-5.2%	-20.4%
>185% FPL	59.2%	55.7%	61.7%	54.8%	-3.5%	6.0%	-6.9%	-4.4%
Overweight Status								
Not at Risk	63.6%	55.7%	59.4%	50.8%	-7.9%	3.7%	-8.6%	-12.8%
At Risk/Overweight	50.4%	52.7%	51.4%	51.5%	2.3%	-1.3%	0.1%	1.1%
Physical Activity								
≥60 minutes	63.2%	62.3%	56.5%	50.0%	-1.0%	-5.8%	-6.5%	-13.3%
<60 minutes	54.2%	45.7%	57.5%	52.8%	-8.5%	11.8%	-4.8%	-1.4%

Z-test

* p<.05

** p<.01

*** p<.001

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 2a: Trends in the Total Servings of Fruits and Vegetables Consumed by California Children per Typical Weekday for All Eating Occasions (Diary Sample)

	Mean				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	3.2	2.9	3.2	3.0	-0.3	0.3	-0.2	-0.2
Gender								
Males	3.2	2.9	3.2	3.0	-0.3	0.3	-0.2	-0.3
Females	3.1	2.9	3.2	3.1	-0.2	0.3	-0.1	0.0
Ethnicity								
White	3.2	2.8	2.8	3.0	-0.4	0.1	0.2	-0.1
African American	3.4	2.5	4.0	3.1	-0.9	1.5	-0.9	-0.3
Latino	3.3	3.1	3.3	2.9	-0.2	0.2	-0.4	-0.5
Asian/ Other	2.6	2.9	3.5	3.5	0.3	0.6	0.0	0.9
FSNE Eligibility								
≤130% FPL w/FS	3.5	3.5	4.3	3.2	0.0	0.8	-1.1	-0.3
≤130% FPL w/o FS	3.4	3.6	3.8	3.1	0.1	0.3	-0.7	-0.4
>130%-≤185% FPL	3.9	2.9	3.0	2.4	-1.0	0.1	-0.6	-1.5
>185% FPL	2.9	2.7	3.0	3.0	-0.2	0.3	0.0	0.1
Overweight Status								
Not at Risk	3.3	3.0	3.0	3.0	-0.2	-0.1	0.0	-0.3
At Risk/Overweight	3.0	2.8	3.6	3.0	-0.2	0.8	-0.6	0.0
Physical Activity								
≥60 minutes	3.6	2.9	3.3	3.3	-0.7	0.4	0.0	-0.3
<60 minutes	2.8	2.9	3.1	2.8	0.0	0.2	-0.3	0.0

T-test

* p<.05

** p<.01

*** p<.001

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 2b: Trends in the Total Servings of Fruits and 100% Fruit Juices Consumed by California Children per Typical Weekday for All Eating Occasions (Diary Sample)

	Mean				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	1.7	1.6	1.8	1.7	0.0	0.2	-0.1	0.0
Gender								
Males	1.7	1.6	1.8	1.6	-0.1	0.2	-0.2	-0.1
Females	1.6	1.7	1.8	1.8	0.1	0.1	0.0	0.2
Ethnicity								
White	1.6	1.5	1.6	1.7	-0.1	0.0	0.1	0.1
African American	1.9	1.3	2.5	1.7	-0.7	1.3	-0.8	-0.2
Latino	1.8	1.8	1.8	1.7	0.0	0.0	-0.2	-0.1
Asian/ Other	1.3	1.7	2.2	2.0	0.3	0.6	-0.3	0.6
FSNE Eligibility								
≤130% FPL w/FS	1.7	1.8	2.6	1.9	0.1	0.8	-0.7	0.2
≤130% FPL w/o FS	1.8	2.1	2.4	1.5	0.3	0.2	-0.9	-0.3
>130%-≤185% FPL	1.9	1.6	1.7	1.4	-0.3	0.0	-0.3	-0.5
>185% FPL	1.6	1.6	1.7	1.7	0.0	0.1	0.1	0.1
Overweight Status								
Not at Risk	1.7	1.8	1.7	1.7	0.0	-0.1	0.0	0.0
At Risk/Overweight	1.5	1.5	2.1	1.6	0.0	0.6	-0.5	0.1
Physical Activity								
≥60 minutes	2.0	1.7	1.9	1.9	-0.4	0.3	0.0	-0.1
<60 minutes	1.4	1.6	1.7	1.6	0.3	0.1	-0.2	0.2

T-test

* p<.05

** p<.01

*** p<.001

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 2c: Trends in the Total Servings of Vegetables, Fried Vegetables, and Salads Consumed by California Children per Typical Weekday for All Eating Occasions (Diary Sample)

	Mean				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	1.5	1.3	1.4	1.3	-0.2	0.1	-0.1	-0.2
Gender								
Males	1.5	1.3	1.4	1.3	-0.2	0.1	-0.1	-0.2
Females	1.5	1.2	1.4	1.3	-0.3	0.2	-0.1	-0.2
Ethnicity								
White	1.5	1.2	1.2	1.3	-0.3	0.0	0.1	-0.2
African American	1.4	1.3	1.4	1.3	-0.2	0.2	-0.1	-0.1
Latino	1.5	1.3	1.5	1.3	-0.2	0.2	-0.2	-0.3
Asian/ Other	1.3	1.3	1.3	1.5	0.0	0.0	0.2	0.2
FSNE Eligibility								
≤130% FPL w/FS	1.8	1.7	1.7	1.2	-0.1	0.0	-0.5	-0.5
≤130% FPL w/o FS	1.6	1.4	1.5	1.7	-0.2	0.0	0.2	0.0
>130%-≤185% FPL	2.0	1.2	1.3	1.0	-0.8	0.1	-0.3	-1.0
>185% FPL	1.3	1.2	1.3	1.3	-0.2	0.2	-0.1	-0.1
Overweight Status								
Not at Risk	1.5	1.3	1.3	1.3	-0.3	0.0	-0.1	-0.3
At Risk/Overweight	1.4	1.2	1.5	1.3	-0.2	0.3	-0.2	-0.1
Physical Activity								
≥60 minutes	1.6	1.3	1.4	1.4	-0.3	0.1	0.0	-0.2
<60 minutes	1.4	1.2	1.3	1.2	-0.2	0.1	-0.1	-0.2

T-test

* p<.05
** p<.01
*** p<.001

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 4a: Trends in the Servings of Fruits Consumed by California Children per Typical Weekday for All Eating Occasions (Diary Sample)

	Mean				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	1.1	1.1	1.2	1.2	0.0	0.2	0.0	0.1
Gender								
Males	1.1	1.0	1.3	1.1	-0.1	0.3	-0.2	0.0
Females	1.1	1.2	1.2	1.3	0.1	0.0	0.1	0.2
Ethnicity								
White	1.1	1.0	1.1	1.2	-0.1	0.1	0.1	0.1
African American	1.1	0.7	1.5	0.9	-0.4	0.7	-0.6	-0.2
Latino	1.1	1.1	1.1	1.1	0.0	0.0	0.0	0.0
Asian/ Other	0.8	1.1	1.6	1.4	0.3	0.6	-0.3	0.6
FSNE Eligibility								
≤130% FPL w/FS	0.9	1.0	1.2	1.1	0.1	0.2	-0.1	0.2
≤130% FPL w/o FS	1.2	1.3	1.5	1.0	0.1	0.1	-0.5	-0.2
>130%-≤185% FPL	1.3	1.0	1.1	1.0	-0.4	0.2	-0.1	-0.3
>185% FPL	1.1	1.1	1.2	1.3	0.0	0.1	0.1	0.2
Overweight Status								
Not at Risk	1.1	1.1	1.1	1.2	0.0	-0.1	0.2	0.1
At Risk/Overweight	1.0	1.0	1.4	1.1	-0.1	0.5	-0.4	0.0
Physical Activity								
≥60 minutes	1.4	1.0	1.3	1.3	-0.3	0.2	0.0	-0.1
<60 minutes	0.9	1.1	1.2	1.1	0.2	0.1	-0.1	0.2

T-test

* p<.05
** p<.01
*** p<.001

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 4b: Trends in the Servings of Juices Consumed by California Children per Typical Weekday for All Eating Occasions (Diary Sample)

	Mean				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	0.6	0.6	0.6	0.5	0.0	0.0	-0.1	-0.1
Gender								
Males	0.6	0.6	0.6	0.5	0.0	-0.1	0.0	-0.1
Females	0.5	0.5	0.7	0.5	0.0	0.1	-0.1	0.0
Ethnicity								
White	0.5	0.5	0.4	0.5	0.0	0.0	0.0	-0.1
African American	0.8	0.5	1.0	0.8	-0.3	0.5	-0.2	0.0
Latino	0.6	0.7	0.7	0.5	0.1	0.0	-0.2	-0.1
Asian/ Other	0.5	0.6	0.6	0.6	0.1	0.0	0.0	0.1
FSNE Eligibility								
≤130% FPL w/FS	0.8	0.8	1.4	0.8	0.0	0.6	-0.6	0.0
≤130% FPL w/o FS	0.6	0.8	0.9	0.5	0.2	0.1	-0.4	-0.1
>130%-≤185% FPL	0.6	0.7	0.5	0.4	0.1	-0.1	-0.1	-0.2
>185% FPL	0.5	0.5	0.5	0.5	0.0	0.0	0.0	-0.1
Overweight Status								
Not at Risk	0.6	0.6	0.6	0.5	0.0	0.0	-0.1	-0.1
At Risk/Overweight	0.5	0.5	0.6	0.6	0.0	0.1	-0.1	0.1
Physical Activity								
≥60 minutes	0.5	0.6	0.7	0.6	0.1	0.0	-0.1	0.0
<60 minutes	0.7	0.6	0.6	0.5	-0.1	0.0	-0.1	-0.2

T-test

* p<.05
** p<.01
*** p<.001

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 4c: Trends in the Servings of Vegetables Consumed by California Children per Typical Weekday for All Eating Occasions (Diary Sample)

	Mean				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	1.2	1.0	1.1	1.1	-0.2	0.1	0.0	-0.2
Gender								
Males	1.3	1.1	1.1	1.1	-0.2	0.0	0.0	-0.2
Females	1.2	1.0	1.1	1.1	-0.2	0.1	0.0	-0.1
Ethnicity								
White	1.3	1.0	1.0	1.1	-0.2	0.0	0.1	-0.1
African American	1.3	1.0	1.1	1.1	-0.2	0.1	0.0	-0.1
Latino	1.3	1.0	1.2	1.0	-0.3	0.2	-0.2	-0.3
Asian/ Other	1.1	1.1	1.0	1.2	-0.1	-0.1	0.2	0.0
FSNE Eligibility								
≤130% FPL w/FS	1.5	1.4	1.4	1.0	-0.1	0.0	-0.5	-0.6
≤130% FPL w/o FS	1.3	1.2	1.1	1.3	-0.1	-0.1	0.3	0.0
>130%-≤185% FPL	1.7	0.9	1.2	0.8	-0.8	0.2	-0.4	-0.9
>185% FPL	1.1	0.9	1.0	1.1	-0.1	0.1	0.0	0.0
Overweight Status								
Not at Risk	1.3	1.0	1.0	1.1	-0.3	0.0	0.0	-0.2
At Risk/Overweight	1.2	1.0	1.2	1.1	-0.2	0.2	-0.2	-0.1
Physical Activity								
≥60 minutes	1.4	1.0	1.1	1.2	-0.3	0.1	0.1	-0.2
<60 minutes	1.2	1.0	1.1	1.0	-0.2	0.1	-0.1	-0.2

T-test

* p<.05
** p<.01
*** p<.001

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 8: Trends in the Proportion of Children Meeting the Five-Serving Fruit and Vegetable Recommendation on a Typical Weekday (Diary Sample)

	Percentage				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	20.1%	16.0%	20.1%	13.8%	-4.0%	4.0%	-6.3%	-6.3%
Gender								
Males	20.5%	16.4%	20.1%	14.4%	-4.0%	3.6%	-5.7%	-6.1%
Females	19.7%	15.6%	20.1%	13.1%	-4.1%	4.5%	-7.0%	-6.6%
Ethnicity								
White	20.0%	13.8%	15.4%	16.9%	-6.2%	1.6%	1.5%	-3.1%
African American	26.2%	8.2%	31.8%	2.3%	-18.0%	23.7%	-29.5%	-23.8%
Latino	21.7%	18.8%	22.1%	11.6%	-3.0%	3.3%	-10.5%	-10.2%
Asian/ Other	11.1%	20.9%	19.3%	17.3%	9.8%	-1.6%	-2.0%	6.2%
FSNE Eligibility								
≤130% FPL w/FS	24.9%	35.1%	50.0%	21.6%	10.3%	14.9%	-28.4%	-3.2%
≤130% FPL w/o FS	22.5%	22.5%	28.1%	16.8%	0.0%	5.6%	-11.3%	-5.7%
>130%-≤185% FPL	29.0%	12.4%	19.3%	2.2%	-16.6%	6.9%	-17.1%	-26.8%
>185% FPL	16.9%	13.1%	16.4%	14.3%	-3.8%	3.2%	-2.1%	-2.6%
Overweight Status								
Not at Risk	19.5%	18.8%	17.4%	14.1%	-0.6%	-1.5%	-3.3%	-5.3%
At Risk/Overweight	20.2%	12.5%	25.1%	12.8%	-7.7%	12.6%	-12.3%	-7.4%
Physical Activity								
≥60 minutes	26.8%	18.3%	22.3%	16.5%	-8.6%	4.1%	-5.8%	-10.3%
<60 minutes	14.3%	13.8%	17.5%	11.5%	-0.5%	3.7%	-6.0%	-2.8%

Z-test

* p<.05
** p<.01
*** p<.001

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 10: Trends in the Proportion of Children Believing the Fruit and Vegetable Recommendation: Five Servings Needed Daily for Good Health (Phone Sample)

	Percentage				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	34.4%	41.3%	55.1%	55.6%	6.8%	13.9%	0.5%	21.2%
Gender								
Males	38.3%	41.2%	61.7%	58.3%	2.9%	20.5%	-3.4%	20.0%
Females	30.8%	41.3%	46.6%	52.5%	10.5%	5.3%	5.9%	21.7%
Ethnicity								
White	43.5%	43.9%	48.9%	49.3%	0.5%	4.9%	0.5%	5.8%
African American	30.6%	52.2%	50.0%	69.6%	21.5%	-2.2%	19.6%	38.9%
Latino	26.0%	37.8%	62.3%	60.8%	11.8%	24.5%	-1.4%	34.8%
Asian/ Other	27.4%	37.8%	50.9%	48.9%	10.4%	13.2%	-2.1%	21.5%
FSNE Eligibility								
≤130% FPL w/FS	32.6%	47.2%	57.5%	50.0%	14.6%	10.3%	-7.5%	17.4%
≤130% FPL w/o FS	42.1%	25.5%	55.5%	63.0%	-16.7%	30.0%	7.5%	20.9%
>130%-≤185% FPL	18.5%	55.7%	66.4%	54.5%	37.2%	10.6%	-11.8%	36.0%
>185% FPL	38.4%	40.4%	52.8%	54.5%	2.0%	12.4%	1.7%	16.2%
Overweight Status								
Not at Risk	36.6%	46.3%	48.4%	50.2%	9.7%	2.1%	1.9%	13.6%
At Risk/Overweight	30.3%	33.3%	67.4%	63.6%	3.0%	34.0%	-3.7%	33.3%
Physical Activity								
≥60 minutes	37.4%	40.7%	56.5%	54.6%	3.3%	15.8%	-1.9%	17.2%
<60 minutes	31.9%	41.9%	52.8%	56.7%	10.0%	10.9%	4.0%	24.8%

Z-test

- * p<.05
- ** p<.01
- *** p<.001

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 32a: Trends in the Total Servings of High Calorie, Low Nutrient Foods Consumed by California Children per Typical Weekday for All Eating Occasions (Diary Sample)

	Mean				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	4.4	4.1	3.9	3.8	-0.3	-0.2	-0.1	-0.6
Gender								
Males	4.3	4.3	4.0	4.0	0.0	-0.3	0.0	-0.3
Females	4.4	3.9	3.7	3.5	-0.5	-0.2	-0.2	-0.9
Ethnicity								
White	4.3	4.1	3.9	3.9	-0.2	-0.2	0.0	-0.4
African American	5.4	4.0	4.4	3.7	-1.4	0.4	-0.6	-1.7
Latino	4.4	3.9	3.7	3.8	-0.5	-0.2	0.0	-0.6
Asian/ Other	3.8	4.7	3.8	3.3	0.9	-1.0	-0.5	-0.6
FSNE Eligibility								
≤130% FPL w/FS	5.0	4.8	4.0	4.2	-0.2	-0.8	0.2	-0.8
≤130% FPL w/o FS	4.3	4.0	4.3	4.2	-0.3	0.3	-0.2	-0.1
>130%-≤185% FPL	4.0	3.6	3.8	3.8	-0.4	0.2	-0.1	-0.2
>185% FPL	4.3	4.1	3.7	3.6	-0.2	-0.4	-0.1	-0.7
Overweight Status								
Not at Risk	4.2	4.2	3.8	3.5	0.0	-0.4	-0.3	-0.7
At Risk/Overweight	4.6	4.0	3.9	4.2	-0.6	-0.1	0.3	-0.4
Physical Activity								
≥60 minutes	4.7	4.2	4.1	3.9	-0.5	-0.1	-0.2	-0.8
<60 minutes	4.1	3.9	3.6	3.6	-0.1	-0.4	0.0	-0.5

T-test

* p<.05

** p<.01

*** p<.001

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 32b: Trends in the Total Servings of Soda and Sweetened Beverages Consumed by California Children per Typical Weekday for All Eating Occasions (Diary Sample)

	Mean				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	1.2	1.2	1.0	1.1	0.0	-0.2	0.1	0.0
Gender								
Males	1.2	1.3	1.1	1.3	0.1	-0.1	0.1	0.1
Females	1.1	1.1	0.9	1.0	0.0	-0.2	0.1	-0.2
Ethnicity								
White	1.0	1.0	0.9	1.1	0.0	0.0	0.1	0.1
African American	2.2	1.6	1.3	1.5	-0.7	-0.2	0.2	-0.7
Latino	1.3	1.2	1.1	1.2	-0.1	-0.1	0.1	-0.1
Asian/ Other	0.9	1.7	0.8	0.8	0.8	-0.9	0.0	-0.1
FSNE Eligibility								
≤130% FPL w/FS	1.6	1.6	1.1	1.3	-0.1	-0.4	0.2	-0.3
≤130% FPL w/o FS	1.2	1.5	1.4	1.4	0.3	0.0	0.0	0.2
>130%-≤185% FPL	1.0	0.9	1.2	1.4	-0.1	0.2	0.2	0.3
>185% FPL	1.1	1.1	0.9	1.0	0.1	-0.2	0.1	-0.1
Overweight Status								
Not at Risk	1.1	1.1	0.9	1.0	0.1	-0.2	0.0	-0.1
At Risk/Overweight	1.3	1.3	1.2	1.4	0.0	-0.1	0.2	0.1
Physical Activity								
≥60 minutes	1.3	1.2	1.2	1.2	-0.1	0.0	0.0	-0.1
<60 minutes	1.1	1.2	0.9	1.1	0.1	-0.4	0.2	0.0

T-test

* p<.05

** p<.01

*** p<.001

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 32c: Trends in the Total Servings of Sweets Consumed by California Children per Typical Weekday for All Eating Occasions (Diary Sample)

	Mean				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	2.1	1.9	1.9	1.7	-0.2	0.0	-0.2	-0.3
Gender								
Males	2.0	2.0	1.9	1.8	0.0	0.0	-0.1	-0.2
Females	2.2	1.8	1.9	1.7	-0.4	0.0	-0.2	-0.5
Ethnicity								
White	2.3	2.1	2.1	2.0	-0.2	0.0	-0.2	-0.3
African American	1.8	1.8	2.0	1.4	0.0	0.2	-0.6	-0.4
Latino	2.0	1.7	1.8	1.6	-0.3	0.1	-0.1	-0.4
Asian/ Other	1.8	1.8	1.6	1.6	0.0	-0.2	0.0	-0.2
FSNE Eligibility								
≤130% FPL w/FS	2.1	2.1	2.0	1.8	0.0	0.0	-0.3	-0.3
≤130% FPL w/o FS	2.0	1.5	1.8	1.7	-0.5	0.3	-0.1	-0.3
>130%-≤185% FPL	1.8	1.8	1.7	1.7	0.1	-0.1	-0.1	-0.1
>185% FPL	2.2	1.9	1.9	1.8	-0.2	0.0	-0.1	-0.4
Overweight Status								
Not at Risk	2.1	2.0	1.9	1.7	0.0	-0.1	-0.2	-0.3
At Risk/Overweight	2.1	1.7	1.8	1.8	-0.4	0.1	0.0	-0.3
Physical Activity								
≥60 minutes	2.2	2.0	2.0	1.8	-0.2	0.0	-0.2	-0.4
<60 minutes	1.9	1.8	1.8	1.7	-0.2	0.0	-0.1	-0.3

T-test

* p<.05

** p<.01

*** p<.001

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 32d: Trends in the Total Servings of High-Fat Snacks Consumed by California Children per Typical Weekday for All Eating Occasions (Diary Sample)

	Mean				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	1.1	1.0	0.9	0.9	-0.1	-0.1	0.0	-0.2
Gender								
Males	1.2	1.1	1.0	0.9	-0.1	-0.1	0.0	-0.2
Females	1.1	1.0	0.9	0.9	-0.1	0.0	-0.1	-0.2
Ethnicity								
White	1.1	1.1	0.9	0.9	0.0	-0.2	0.0	-0.2
African American	1.4	0.7	1.1	0.8	-0.7	0.4	-0.2	-0.6
Latino	1.1	0.9	0.8	0.9	-0.2	-0.1	0.1	-0.2
Asian/ Other	1.2	1.3	1.4	0.9	0.1	0.1	-0.5	-0.3
FSNE Eligibility								
≤130% FPL w/FS	1.3	1.2	0.9	1.1	-0.1	-0.3	0.3	-0.2
≤130% FPL w/o FS	1.0	1.0	1.1	1.0	0.0	0.0	-0.1	0.0
>130%-≤185% FPL	1.2	0.9	0.9	0.8	-0.3	0.1	-0.2	-0.4
>185% FPL	1.1	1.0	0.9	0.9	-0.1	-0.1	0.0	-0.2
Overweight Status								
Not at Risk	1.1	1.0	0.9	0.8	-0.1	-0.1	-0.1	-0.3
At Risk/Overweight	1.2	1.0	1.0	1.1	-0.2	-0.1	0.1	-0.1
Physical Activity								
≥60 minutes	1.2	1.1	0.9	0.9	-0.1	-0.1	0.0	-0.3
<60 minutes	1.0	1.0	0.9	0.8	-0.1	0.0	-0.1	-0.2

T-test

* p<.05
** p<.01
*** p<.001

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 43: Trends in the Proportion of Children Eating Lunch Served by the School Cafeteria Everyday During a Typical Week (Diary Sample)

	Percentage				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	48.6%	36.1%	38.7%	40.4%	-12.5%	2.6%	1.7%	-8.2%
Gender								
Males	53.5%	38.6%	41.1%	46.4%	-14.9%	2.5%	5.3%	-7.0%
Females	43.9%	33.5%	35.8%	34.1%	-10.4%	2.3%	-1.7%	-9.8%
Ethnicity								
White	40.1%	20.5%	29.7%	28.6%	-19.5%	9.2%	-1.2%	-11.5%
African American	66.0%	55.9%	49.6%	54.2%	-10.1%	-6.2%	4.5%	-11.8%
Latino	56.6%	52.4%	47.2%	47.5%	-4.2%	-5.2%	0.3%	-9.2%
Asian/ Other	38.7%	29.9%	29.8%	43.3%	-8.8%	-0.1%	13.5%	4.6%
FSNE Eligibility								
≤130% FPL w/FS	78.8%	74.0%	80.5%	73.7%	-4.7%	6.5%	-6.8%	-5.1%
≤130% FPL w/o FS	73.0%	63.7%	71.9%	67.7%	-9.3%	8.2%	-4.3%	-5.3%
>130%-≤185% FPL	72.8%	49.9%	55.0%	45.3%	-22.9%	5.1%	-9.7%	-27.5%
>185% FPL	27.8%	22.1%	24.0%	27.3%	-5.7%	1.9%	3.3%	-0.5%
Overweight Status								
Not at Risk	49.8%	35.7%	33.1%	36.5%	-14.1%	-2.6%	3.4%	-13.3%
At Risk/Overweight	47.6%	35.8%	46.7%	46.9%	-11.8%	10.9%	0.2%	-0.7%
Physical Activity								
≥60 minutes	47.7%	32.7%	37.9%	41.1%	-15.0%	5.1%	3.2%	-6.7%
<60 minutes	49.2%	39.5%	39.6%	39.8%	-9.7%	0.1%	0.2%	-9.4%

Z-test

* p<.05
** p<.01
*** p<.001

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 45a: Trends in the Proportion of Children Reporting that Their School Has Snack Vending Machines Stocked with Chips, Cookies, or Candy that Students Can Use (Phone Sample)

	Percentage				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	8.4%	8.5%	12.0%	6.1%	0.1%	3.5%	-5.9%	-2.3%
Gender								
Males	8.1%	7.6%	15.5%	4.7%	-0.5%	7.9%	-10.8%	-3.4%
Females	8.6%	9.5%	7.7%	7.6%	0.8%	-1.8%	-0.1%	-1.1%
Ethnicity								
White	5.9%	9.0%	9.6%	5.6%	3.1%	0.6%	-4.0%	-0.2%
African American	7.4%	13.2%	11.1%	14.5%	5.8%	-2.1%	3.5%	7.1%
Latino	10.5%	7.8%	10.9%	5.3%	-2.6%	3.1%	-5.6%	-5.2%
Asian/ Other	11.1%	6.3%	21.8%	5.9%	-4.9%	15.6%	-15.9%	-5.2%
FSNE Eligibility								
≤130% FPL w/FS	14.1%	4.2%	4.5%	0.0%	-9.8%	0.3%	-4.5%	-14.1%
≤130% FPL w/o FS	14.8%	9.9%	16.9%	8.1%	-4.9%	7.0%	-8.7%	-6.6%
>130%-≤185% FPL	2.4%	0.7%	21.0%	5.6%	-1.6%	20.3%	-15.4%	3.2%
>185% FPL	7.4%	10.7%	9.1%	5.9%	3.3%	-1.5%	-3.3%	-1.5%
Overweight Status								
Not at Risk	5.9%	11.2%	11.5%	6.1%	5.3%	0.3%	-5.3%	0.2%
At Risk/Overweight	12.4%	2.8%	12.5%	4.9%	-9.6%	9.7%	-7.5%	-7.5%
Physical Activity								
≥60 minutes	7.1%	9.5%	9.7%	7.5%	2.4%	0.1%	-2.2%	0.4%
<60 minutes	9.4%	7.3%	14.9%	4.8%	-2.1%	7.6%	-10.0%	-4.5%

Z-test

* p<.05
** p<.01
*** p<.001

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 45b: Trends in the Proportion of Children Reporting that Their School Cafeteria Serves Fast Food (Phone Sample)

	Percentage				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	24.6%	24.4%	21.6%	23.4%	-0.2%	-2.7%	1.7%	-1.2%
Gender								
Males	26.5%	26.8%	24.1%	22.5%	0.3%	-2.7%	-1.6%	-4.0%
Females	22.8%	21.8%	18.6%	24.3%	-1.0%	-3.2%	5.6%	1.4%
Ethnicity								
White	25.6%	24.1%	26.1%	20.9%	-1.5%	2.0%	-5.2%	-4.7%
African American	37.0%	26.4%	20.4%	13.0%	-10.6%	-6.1%	-7.3%	-24.0%
Latino	20.3%	27.5%	19.0%	28.8%	7.3%	-8.6%	9.9%	8.6%
Asian/ Other	25.6%	14.6%	19.0%	15.4%	-11.0%	4.4%	-3.6%	-10.2%
FSNE Eligibility								
≤130% FPL w/FS	24.9%	6.3%	28.6%	22.5%	-18.6%	22.2%	-6.1%	-2.5%
≤130% FPL w/o FS	36.6%	40.8%	3.2%	30.9%	4.2%	-37.6%	27.7%	-5.7%
>130%-≤185% FPL	25.5%	22.6%	30.8%	17.1%	-2.9%	8.2%	-13.6%	-8.4%
>185% FPL	20.4%	24.4%	24.2%	24.1%	4.0%	-0.2%	-0.1%	3.6%
Overweight Status								
Not at Risk	25.1%	26.1%	19.8%	12.9%	1.0%	-6.3%	-6.9%	-12.2%
At Risk/Overweight	23.4%	18.4%	23.2%	43.7%	-5.1%	4.8%	20.5%	20.3%
Physical Activity								
≥60 minutes	25.3%	27.2%	23.9%	22.9%	1.9%	-3.3%	-1.0%	-2.4%
<60 minutes	23.5%	21.2%	18.8%	23.7%	-2.3%	-2.4%	4.9%	0.3%

Z-test

* p<.05
** p<.01
*** p<.001

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 45c: Trends in the Proportion of Children Reporting that Their School Has Soda Vending Machines that Students Can Use (Phone Sample)

	Percentage				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	15.7%	14.1%	17.1%	10.9%	-1.6%	3.0%	-6.2%	-4.8%
Gender								
Males	16.7%	12.3%	19.3%	10.7%	-4.4%	7.0%	-8.6%	-6.0%
Females	15.3%	16.1%	14.5%	11.1%	0.7%	-1.6%	-3.4%	-4.2%
Ethnicity								
White	10.6%	15.4%	12.0%	7.2%	4.8%	-3.4%	-4.8%	-3.3%
African American	7.4%	15.2%	20.4%	18.8%	7.7%	5.2%	-1.5%	11.4%
Latino	20.3%	15.1%	18.2%	10.3%	-5.2%	3.2%	-8.0%	-10.0%
Asian/ Other	24.4%	6.3%	25.4%	21.3%	-18.2%	19.1%	-4.1%	-3.1%
FSNE Eligibility								
≤130% FPL w/FS	5.5%	4.2%	6.2%	4.4%	-1.3%	1.9%	-1.8%	-1.1%
≤130% FPL w/o FS	25.5%	3.7%	10.2%	13.0%	-21.8%	6.4%	2.9%	-12.5%
>130%-≤185% FPL	20.7%	8.0%	25.2%	14.1%	-12.7%	17.2%	-11.1%	-6.6%
>185% FPL	12.2%	18.6%	16.8%	10.1%	6.4%	-1.8%	-6.7%	-2.1%
Overweight Status								
Not at Risk	17.0%	14.8%	17.1%	12.0%	-2.2%	2.2%	-5.1%	-5.0%
At Risk/Overweight	13.2%	11.8%	16.7%	8.8%	-1.3%	4.9%	-7.9%	-4.4%
Physical Activity								
≥60 minutes	18.7%	14.5%	20.3%	11.1%	-4.2%	5.7%	-9.2%	-7.6%
<60 minutes	13.1%	13.7%	13.2%	10.7%	0.6%	-0.5%	-2.5%	-2.4%

Z-test

- * p<.05
- ** p<.01
- *** p<.001

2003-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 45d: Trends in the Proportion of Children Reporting that Their School Cafeteria Has a Salad Bar (Phone Sample)

	Percentage		Trend Analysis
	2003	2005	03-05
Total	41.6%	46.9%	5.4%
Gender			
Males	41.5%	47.7%	6.2%
Females	41.7%	46.2%	4.5%
Ethnicity			
White	46.9%	51.8%	4.9%
African American	50.0%	5.8%	-44.2%
Latino	34.6%	48.9%	14.4%
Asian/ Other	44.7%	45.1%	0.4%
FSNE Eligibility			
≤130% FPL w/FS	30.4%	73.5%	43.0%
≤130% FPL w/o FS	20.4%	42.5%	22.0%
>130%-≤185% FPL	28.8%	35.4%	6.7%
>185% FPL	48.9%	46.5%	-2.3%
Overweight Status			
Not at Risk	42.4%	47.7%	5.2%
At Risk/Overweight	41.7%	45.1%	3.4%
Physical Activity			
≥60 minutes	41.5%	47.9%	6.4%
<60 minutes	41.7%	46.2%	4.5%

Z-test

* p<.05

** p<.01

*** p<.001

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 47: Trends in the Proportion of Children Reporting that They Ate Fast Food on a Typical Weekday (Diary Sample)

	Percentage				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	25.4%	23.4%	23.4%	22.0%	-2.1%	0.0%	-1.4%	-3.4%
Gender								
Males	27.3%	23.0%	23.2%	23.8%	-4.2%	0.1%	0.6%	-3.5%
Females	23.7%	23.7%	23.6%	20.2%	0.0%	-0.1%	-3.4%	-3.5%
Ethnicity								
White	25.7%	25.9%	24.8%	19.7%	0.1%	-1.1%	-5.2%	-6.1%
African American	36.8%	35.9%	22.4%	28.6%	-1.0%	-13.5%	6.2%	-8.3%
Latino	23.3%	18.7%	22.3%	23.1%	-4.5%	3.6%	0.8%	-0.2%
Asian/ Other	25.0%	22.5%	23.5%	22.2%	-2.5%	1.0%	-1.3%	-2.8%
FSNE Eligibility								
≤130% FPL w/FS	21.1%	23.8%	7.3%	17.2%	2.7%	-16.5%	9.9%	-3.9%
≤130% FPL w/o FS	26.8%	17.4%	22.1%	25.9%	-9.4%	4.7%	3.9%	-0.9%
>130%-≤185% FPL	15.8%	18.2%	25.0%	18.9%	2.4%	6.8%	-6.1%	3.1%
>185% FPL	27.7%	26.1%	25.0%	22.3%	-1.6%	-1.1%	-2.7%	-5.4%
Overweight Status								
Not at Risk	23.0%	24.8%	23.5%	21.2%	1.7%	-1.2%	-2.3%	-1.8%
At Risk/Overweight	29.2%	25.3%	23.9%	23.5%	-4.0%	-1.4%	-0.4%	-5.8%
Physical Activity								
≥60 minutes	28.5%	23.0%	24.6%	26.3%	-5.5%	1.6%	1.7%	-2.1%
<60 minutes	22.9%	23.8%	22.0%	18.5%	0.9%	-1.8%	-3.5%	-4.4%

Z-test

* p<.05

** p<.01

*** p<.001

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 19a: Trends in the Total Servings of Milk Products Consumed by California Children per Typical Weekday for All Eating Occasions (Diary Sample)

	Mean				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	3.5	3.3	3.5	3.4	-0.1	0.2	-0.1	-0.1
Gender								
Males	3.5	3.6	3.7	3.7	0.1	0.1	-0.1	0.1
Females	3.4	3.0	3.2	3.1	-0.3	0.2	-0.1	-0.3
Ethnicity								
White	3.6	3.5	3.5	3.4	-0.1	0.0	-0.1	-0.2
African American	3.2	2.7	3.5	3.1	-0.5	0.7	-0.4	-0.1
Latino	3.5	3.4	3.5	3.4	-0.2	0.1	-0.1	-0.1
Asian/ Other	2.8	3.0	3.5	3.5	0.2	0.4	0.0	0.7
FSNE Eligibility								
≤130% FPL w/FS	3.8	4.1	4.7	3.9	0.4	0.6	-0.8	0.1
≤130% FPL w/o FS	3.8	3.5	4.0	3.8	-0.3	0.5	-0.1	0.1
>130%-≤185% FPL	3.5	3.1	3.4	3.3	-0.4	0.4	-0.2	-0.2
>185% FPL	3.3	3.2	3.3	3.2	-0.1	0.1	-0.1	-0.1
Overweight Status								
Not at Risk	3.4	3.3	3.4	3.2	-0.1	0.1	-0.2	-0.2
At Risk/Overweight	3.5	3.4	3.6	3.6	-0.1	0.2	0.0	0.1
Physical Activity								
≥60 minutes	3.7	3.5	3.8	3.7	-0.1	0.3	-0.1	0.0
<60 minutes	3.3	3.1	3.2	3.2	-0.2	0.1	0.0	-0.1

T-test

* p<.05

** p<.01

*** p<.001

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 19b: Trends in the Total Servings of Milk Consumed by California Children per Typical Weekday for All Eating Occasions (Diary Sample)

	Mean				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	2.0	1.9	2.0	1.9	-0.1	0.1	-0.1	-0.1
Gender								
Males	2.1	2.1	2.2	2.1	-0.1	0.1	-0.1	-0.1
Females	1.9	1.8	1.8	1.7	-0.1	0.0	0.0	-0.2
Ethnicity								
White	2.1	1.9	2.0	1.9	-0.2	0.1	-0.1	-0.2
African American	2.1	1.7	1.7	1.7	-0.4	-0.1	0.0	-0.5
Latino	2.0	2.0	2.0	1.9	0.0	0.0	-0.1	-0.1
Asian/ Other	1.6	1.8	2.1	2.0	0.3	0.3	-0.1	0.4
FSNE Eligibility								
≤130% FPL w/FS	2.2	2.6	2.5	2.4	0.4	-0.1	-0.1	0.2
≤130% FPL w/o FS	2.2	2.1	2.4	2.1	-0.1	0.4	-0.3	-0.1
>130%-≤185% FPL	2.2	1.8	2.0	1.8	-0.4	0.2	-0.2	-0.4
>185% FPL	1.9	1.9	1.8	1.8	0.0	0.0	-0.1	-0.1
Overweight Status								
Not at Risk	2.0	1.9	2.0	1.8	-0.1	0.1	-0.1	-0.2
At Risk/Overweight	2.0	2.0	2.1	2.0	0.0	0.1	-0.1	-0.1
Physical Activity								
≥60 minutes	2.1	2.1	2.1	2.1	0.0	0.1	-0.1	0.0
<60 minutes	2.0	1.8	1.9	1.8	-0.1	0.1	-0.1	-0.2

T-test

* p<.05

** p<.01

*** p<.001

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 23: Trends in the Proportion of Children Consuming Low Fat Milk (Nonfat or 1%) on a Typical Weekday (Diary Sample)

	Percentage				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	26.4%	24.4%	25.0%	24.6%	-2.0%	0.6%	-0.4%	-1.9%
Gender								
Males	23.8%	23.0%	24.4%	23.2%	-0.8%	1.4%	-1.2%	-0.6%
Females	29.0%	25.9%	25.3%	26.0%	-3.1%	-0.5%	0.7%	-3.0%
Ethnicity								
White	32.1%	35.8%	33.3%	30.2%	3.6%	-2.4%	-3.1%	-1.9%
African American	11.2%	6.3%	13.6%	13.6%	-5.0%	7.4%	0.0%	2.4%
Latino	24.0%	17.7%	18.4%	22.2%	-6.3%	0.7%	3.8%	-1.9%
Asian/ Other	22.0%	14.3%	29.5%	21.0%	-7.7%	15.3%	-8.6%	-1.0%
FSNE Eligibility								
≤130% FPL w/FS	11.0%	16.2%	20.0%	14.9%	5.2%	3.8%	-5.1%	3.9%
≤130% FPL w/o FS	17.1%	10.0%	12.4%	23.8%	-7.1%	2.4%	11.4%	6.7%
>130%-≤185% FPL	26.4%	16.8%	23.6%	13.3%	-9.5%	6.8%	-10.3%	-13.0%
>185% FPL	31.8%	29.7%	28.4%	28.8%	-2.2%	-1.3%	0.4%	-3.0%
Overweight Status								
Not at Risk	24.6%	24.2%	22.1%	25.9%	-0.4%	-2.0%	3.8%	1.3%
At Risk/Overweight	28.6%	26.6%	27.3%	21.3%	-2.1%	0.8%	-6.0%	-7.3%
Physical Activity								
≥60 minutes	23.2%	26.7%	24.1%	24.3%	3.6%	-2.6%	0.2%	1.1%
<60 minutes	29.2%	22.1%	26.0%	24.8%	-7.2%	3.9%	-1.2%	-4.4%

Z-test

* p<.05

** p<.01

*** p<.001

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 53: Trends in the Average Minutes of Physical Activity Reported by California Children on a Typical Weekday (Diary Sample)

	Mean				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	81.6	86.8	91.4	76.4	5.2	4.6	-15.0	-5.2
Gender								
Males	88.9	97.6	102.6	81.3	8.7	5.0	-21.3	-7.6
Females	74.7	75.7	78.1	71.4	1.0	2.4	-6.8	-3.3
Ethnicity								
White	84.5	90.2	86.8	83.4	5.8	-3.4	-3.4	-1.0
African American	75.9	63.3	87.0	68.7	-12.6	23.7	-18.3	-7.2
Latino	80.9	86.0	92.5	72.9	5.1	6.6	-19.6	-8.0
Asian/ Other	76.0	89.6	102.2	71.0	13.6	12.6	-31.2	-5.0
FSNE Eligibility								
≤130% FPL w/FS	75.3	91.4	114.3	74.1	16.1	23.0	-40.2	-1.1
≤130% FPL w/o FS	84.3	85.6	95.7	73.8	1.3	10.1	-21.9	-10.5
>130%-≤185% FPL	73.5	86.1	76.5	67.4	12.7	-9.6	-9.1	-6.0
>185% FPL	84.1	86.7	90.9	79.5	2.5	4.3	-11.5	-4.7
Overweight Status								
Not at Risk	83.4	85.5	93.7	76.9	2.0	8.3	-16.8	-6.6
At Risk/Overweight	83.9	86.9	86.7	76.8	3.0	-0.2	-9.9	-7.1
Physical Activity								
≥60 minutes	122.1	127.4	128.4	117.7	5.3	1.0	-10.7	-4.4
<60 minutes	47.2	45.9	49.6	42.5	-1.3	3.7	-7.1	-4.8

T-test

* p<.05

** p<.01

*** p<.001

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 54: Trends in the Proportion of Children Meeting the 60-Minute Physical Activity Recommendation on a Typical Weekday (Diary Sample)

	Percentage				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	45.8%	50.1%	53.2%	45.1%	4.3%	3.0%	-8.0%	-0.7%
Gender								
Males	51.0%	59.5%	62.2%	51.1%	8.5%	2.7%	-11.1%	0.1%
Females	41.0%	40.4%	42.4%	39.0%	-0.5%	1.9%	-3.4%	-2.0%
Ethnicity								
White	47.6%	54.4%	53.5%	50.9%	6.9%	-0.9%	-2.6%	3.4%
African American	50.9%	37.5%	52.3%	45.5%	-13.4%	14.8%	-6.8%	-5.5%
Latino	44.3%	47.6%	51.8%	40.3%	3.3%	4.3%	-11.5%	-4.0%
Asian/ Other	42.4%	49.5%	56.8%	44.4%	7.1%	7.4%	-12.4%	2.1%
FSNE Eligibility								
≤130% FPL w/FS	40.6%	38.3%	63.6%	39.2%	-2.4%	25.3%	-24.4%	-1.5%
≤130% FPL w/o FS	43.8%	47.6%	50.7%	45.0%	3.8%	3.2%	-5.7%	1.2%
>130%-≤185% FPL	36.7%	54.6%	45.5%	40.7%	17.8%	-9.1%	-4.8%	3.9%
>185% FPL	49.5%	51.0%	53.9%	46.8%	1.6%	2.9%	-7.1%	-2.6%
Overweight Status								
Not at Risk	49.3%	51.9%	52.8%	45.2%	2.6%	0.9%	-7.6%	-4.1%
At Risk/Overweight	42.4%	45.9%	52.0%	45.1%	3.5%	6.1%	-6.9%	2.7%

Z-test

* p<.05
** p<.01
*** p<.001

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 60: Trends in the Average Minutes Spent in School Physical Education Class Over Ten Days Fell Short of the 200-Minute State Mandate for California Children (Diary Sample)

	Mean				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	173.4	163.8	166.2	166.3	-9.6	2.4	0.1	-7.1
Gender								
Males	174.2	165.4	153.7	159.5	-8.8	-11.7	5.8	-14.7
Females	172.7	162.2	181.4	173.6	-10.5	19.2	-7.9	0.9
Ethnicity								
White	163.8	163.2	167.0	166.1	-0.6	3.8	-0.9	2.3
African American	244.3	119.8	214.0	139.2	-124.5	94.2	-74.8	-105.1
Latino	165.4	166.8	143.1	170.7	1.5	-23.7	27.6	5.4
Asian/ Other	192.0	179.5	211.5	164.5	-12.5	32.0	-47.1	-27.5
FSNE Eligibility								
≤130% FPL w/FS	99.1	188.8	161.4	167.3	89.7	-27.3	5.9	68.2
≤130% FPL w/o FS	186.4	143.9	120.4	160.3	-42.5	-23.5	40.0	-26.0
>130%-≤185% FPL	136.9	142.4	153.7	155.7	5.5	11.3	2.0	18.7
>185% FPL	187.9	168.8	178.2	169.9	-19.0	9.4	-8.3	-18.0
Overweight Status								
Not at Risk	163.4	164.2	167.8	161.4	0.7	3.6	-6.4	-2.0
At Risk/Overweight	187.0	169.5	167.8	174.6	-17.4	-1.8	6.8	-12.4
Physical Activity								
≥60 minutes	215.2	179.6	170.8	197.5	-35.7	-8.8	26.7	-17.7
<60 minutes	137.9	147.5	161.0	141.1	9.7	13.4	-19.9	3.2

T-test

* p<.05

** p<.01

*** p<.001

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 61a: Trends in the Average Minutes Spent on Sedentary Activities Including Television, Video Games, and Computer for Fun on a Typical Weekday (Diary Sample)

	Mean				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	89.4	73.7	82.1	82.0	-15.7	8.4	-0.2	-7.4
Gender								
Males	90.3	79.5	87.7	86.9	-10.8	8.2	-0.7	-3.3
Females	88.5	67.7	75.4	76.8	-20.8	7.6	1.4	-11.7
Ethnicity								
White	82.2	70.0	78.7	76.4	-12.2	8.7	-2.3	-5.9
African American	115.5	82.8	86.7	88.4	-32.7	3.9	1.6	-27.2
Latino	96.6	75.6	90.9	88.5	-21.0	15.3	-2.4	-8.1
Asian/ Other	76.5	76.1	61.6	71.1	-0.4	-14.5	9.5	-5.4
FSNE Eligibility								
≤130% FPL w/FS	123.0	88.2	102.4	103.0	-34.8	14.2	0.6	-20.0
≤130% FPL w/o FS	97.1	80.8	94.2	92.0	-16.3	13.4	-2.3	-5.1
>130%-≤185% FPL	99.6	82.5	80.6	94.0	-17.1	-1.9	13.4	-5.6
>185% FPL	78.8	68.4	79.1	74.2	-10.4	10.7	-4.9	-4.7
Overweight Status								
Not at Risk	81.1	71.8	80.0	74.5	-9.3	8.1	-5.4	-6.6
At Risk/Overweight	101.2	79.9	88.0	92.9	-21.2	8.0	4.9	-8.3
Physical Activity								
≥60 minutes	83.3	69.9	81.8	79.5	-13.4	11.9	-2.3	-3.8
<60 minutes	94.5	77.5	82.4	84.0	-17.0	4.9	1.5	-10.5

T-test

* p<.05

** p<.01

*** p<.001

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 61b: Trends in the Proportion of Children Meeting the Healthy People 2010 Guideline for Two or Fewer Hours of Sedentary Activity on a Typical Weekday (Diary Sample)

	Percentage				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	75.2%	84.9%	78.9%	81.5%	9.7%	-5.9%	2.5%	6.3%
Gender								
Males	73.8%	83.3%	74.7%	78.7%	9.5%	-8.6%	4.0%	4.9%
Females	76.4%	86.7%	84.0%	84.1%	10.3%	-2.7%	0.1%	7.7%
Ethnicity								
White	78.3%	85.5%	79.9%	83.7%	7.3%	-5.7%	3.9%	5.5%
African American	65.9%	78.6%	77.3%	80.3%	12.7%	-1.3%	3.0%	14.4%
Latino	72.4%	84.1%	74.9%	78.7%	11.6%	-9.1%	3.8%	6.3%
Asian/ Other	79.2%	88.3%	88.7%	85.6%	9.0%	0.4%	-3.1%	6.4%
FSNE Eligibility								
≤130% FPL w/FS	63.6%	77.4%	72.1%	75.3%	13.8%	-5.3%	3.2%	11.7%
≤130% FPL w/o FS	74.7%	84.8%	66.5%	70.5%	10.0%	-18.3%	4.0%	-4.3%
>130%-≤185% FPL	70.7%	78.9%	78.9%	77.4%	8.2%	0.0%	-1.5%	6.7%
>185% FPL	78.0%	87.1%	82.2%	85.5%	9.1%	-4.9%	3.3%	7.5%
Overweight Status								
Not at Risk	78.3%	86.2%	78.2%	84.6%	7.9%	-8.0%	6.4%	6.3%
At Risk/Overweight	69.5%	81.7%	79.3%	76.7%	12.2%	-2.4%	-2.7%	7.2%
Physical Activity								
≥60 minutes	76.9%	86.7%	77.8%	81.6%	9.8%	-8.9%	3.8%	4.7%
<60 minutes	73.9%	83.0%	80.3%	81.4%	9.1%	-2.7%	1.1%	7.5%

Z-test

* p<.05

** p<.01

*** p<.001

2001-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 62: Trends in the Proportion of Children Believing the Physical Activity Recommendation: 60-Minutes Needed Daily for Good Health (Phone Sample)

	Percentage			Trend Analysis		
	2001	2003	2005	01-03	03-05	01-05
Total	19.5%	23.5%	29.5%	4.0%	5.9%	9.9%
Gender						
Males	21.6%	24.1%	32.1%	2.5%	8.0%	10.5%
Females	17.5%	22.8%	26.6%	5.4%	3.7%	9.1%
Ethnicity						
White	22.8%	22.0%	30.6%	-0.8%	8.6%	7.7%
African American	15.2%	22.1%	14.5%	7.0%	-7.6%	-0.6%
Latino	14.9%	25.8%	29.6%	10.9%	3.8%	14.7%
Asian/ Other	25.0%	21.8%	33.7%	-3.2%	11.8%	8.7%
FSNE Eligibility						
≤130% FPL w/FS	25.4%	18.4%	29.0%	-6.9%	10.5%	3.6%
≤130% FPL w/o FS	17.2%	17.1%	21.3%	-0.2%	4.3%	4.1%
>130%-≤185% FPL	20.0%	19.2%	24.7%	-0.7%	5.5%	4.8%
>185% FPL	18.8%	26.0%	32.8%	7.1%	6.9%	14.0%
Overweight Status						
Not at Risk	18.1%	25.8%	27.5%	7.7%	1.7%	9.4%
At Risk/Overweight	22.5%	22.8%	31.9%	0.3%	9.1%	9.4%
Physical Activity						
≥60 minutes	20.7%	23.0%	36.4%	2.2%	13.4%	15.7%
<60 minutes	18.2%	24.2%	23.7%	6.0%	-0.5%	5.5%

Z-test

* p<.05
** p<.01
*** p<.001

2001-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 75: Trends in the Proportion of Children Meeting the 60-Minute Physical Activity Guideline Everyday During the Past Week (Diary Sample)

	Percentage			Trend Analysis		
	2001	2003	2005	01-03	03-05	01-05
Total	25.5%	22.4%	22.8%	-3.0%	0.4%	-2.7%
Gender						
Males	31.5%	28.2%	23.7%	-3.3%	-4.5%	-7.8%
Females	19.3%	15.6%	22.0%	-3.7%	6.4%	2.6%
Ethnicity						
White	27.1%	25.3%	27.3%	-1.8%	2.1%	0.2%
African American	25.9%	18.1%	17.1%	-7.7%	-1.0%	-8.7%
Latino	23.9%	23.1%	21.1%	-0.8%	-2.0%	-2.8%
Asian/ Other	24.4%	15.4%	17.7%	-9.0%	2.4%	-6.7%
FSNE Eligibility						
≤130% FPL w/FS	33.6%	51.4%	38.3%	17.8%	-13.1%	4.7%
≤130% FPL w/o FS	23.5%	19.3%	15.3%	-4.2%	-4.0%	-8.2%
>130%-≤185% FPL	19.0%	11.7%	20.6%	-7.2%	8.9%	1.7%
>185% FPL	26.6%	22.6%	22.4%	-4.0%	-0.2%	-4.2%
Overweight Status						
Not at Risk	30.7%	25.9%	23.7%	-4.8%	-2.2%	-7.0%
At Risk/Overweight	17.3%	15.8%	21.1%	-1.5%	5.3%	3.8%
Physical Activity						
≥60 minutes	38.8%	34.5%	34.6%	-4.3%	0.0%	-4.2%
<60 minutes	12.0%	8.8%	13.2%	-3.2%	4.4%	1.1%

Z-test

* p<.05

** p<.01

*** p<.001

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table PP! 5b: Trends in the Proportion of Children Reporting Awareness of the California Children's Power Play! Campaign (Phone Sample)

	Percentage				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	25.0%	30.5%	48.3%	57.8%	5.5%	17.9%	9.5%	32.9%
Gender								
Males	33.1%	36.7%	50.0%	63.7%	3.6%	13.3%	13.7%	30.6%
Females	17.7%	24.0%	46.2%	51.4%	6.3%	22.2%	5.2%	33.7%
Ethnicity								
White	23.3%	23.9%	42.7%	52.3%	0.6%	18.8%	9.6%	29.0%
African American	48.2%	28.4%	53.8%	72.4%	-19.9%	25.4%	18.7%	24.2%
Latino	22.9%	39.9%	52.5%	60.4%	17.0%	12.6%	8.0%	37.5%
Asian/ Other	24.2%	25.0%	47.2%	57.8%	0.8%	22.2%	10.6%	33.6%
FSNE Eligibility								
≤130% FPL w/FS	14.0%	42.4%	39.4%	57.8%	28.4%	-3.0%	18.3%	43.8%
≤130% FPL w/o FS	50.4%	33.6%	67.8%	67.5%	-16.8%	34.2%	-0.2%	17.1%
>130%-≤185% FPL	13.3%	36.5%	47.9%	54.6%	23.2%	11.4%	6.6%	41.3%
>185% FPL	21.9%	26.3%	45.6%	56.8%	4.4%	19.3%	11.2%	34.9%
Overweight Status								
Not at Risk	23.5%	27.8%	46.8%	56.2%	4.3%	18.9%	9.4%	32.7%
At Risk/Overweight	28.4%	37.4%	52.6%	60.7%	8.9%	15.2%	8.2%	32.3%
Physical Activity								
≥60 minutes	26.6%	28.1%	46.2%	60.9%	1.5%	18.2%	14.7%	34.3%
<60 minutes	23.5%	33.2%	50.9%	55.2%	9.6%	17.8%	4.3%	31.7%

Z-test

* p<.05
** p<.01
*** p<.001

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 27: Trends in the Total Servings of Protein Rich Foods Eaten by California Children per Typical Weekday for All Eating Occasions (Diary Sample)

	Mean				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	2.4	2.3	2.5	2.3	-0.1	0.2	-0.1	-0.1
Gender								
Males	2.6	2.5	2.6	2.5	-0.1	0.1	-0.1	-0.2
Females	2.2	2.1	2.3	2.2	-0.1	0.2	-0.1	0.0
Ethnicity								
White	2.2	2.2	2.2	2.3	0.0	0.0	0.1	0.1
African American	3.0	2.7	2.7	2.7	-0.4	0.0	0.0	-0.4
Latino	2.6	2.3	2.6	2.2	-0.3	0.3	-0.4	-0.3
Asian/ Other	2.4	2.6	2.6	2.8	0.2	0.0	0.3	0.4
FSNE Eligibility								
≤130% FPL w/FS	3.0	2.8	3.4	2.5	-0.1	0.6	-0.9	-0.5
≤130% FPL w/o FS	2.6	2.6	2.5	2.5	0.0	-0.1	0.0	-0.1
>130%-≤185% FPL	2.4	2.1	2.4	2.2	-0.4	0.3	-0.2	-0.3
>185% FPL	2.3	2.2	2.4	2.3	0.0	0.1	-0.1	0.0
Overweight Status								
Not at Risk	2.4	2.3	2.3	2.2	-0.1	0.1	-0.1	-0.2
At Risk/Overweight	2.5	2.3	2.7	2.4	-0.1	0.4	-0.3	0.0
Physical Activity								
≥60 minutes	2.6	2.4	2.6	2.3	-0.1	0.1	-0.3	-0.3
<60 minutes	2.3	2.2	2.3	2.4	-0.1	0.2	0.0	0.1

T-test

* p<.05

** p<.01

*** p<.001

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 66a: Trends in the Distribution of At Risk for Overweight Among California Children Based on Body Mass Index^{1,2} (Diary Sample)

	Percentage				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	18.7%	16.9%	20.0%	18.6%	-1.8%	3.1%	-1.4%	-0.1%
Gender								
Males	20.9%	16.5%	21.3%	18.2%	-4.4%	4.8%	-3.2%	-2.7%
Females	16.5%	17.2%	18.5%	19.0%	0.7%	1.2%	0.5%	2.5%
Ethnicity								
White	13.9%	17.6%	18.5%	16.2%	3.6%	1.0%	-2.4%	2.2%
African American	22.4%	17.0%	18.8%	15.1%	-5.4%	1.8%	-3.7%	-7.3%
Latino	24.8%	17.2%	21.0%	22.3%	-7.5%	3.7%	1.3%	-2.5%
Asian/ Other	13.6%	12.7%	21.4%	13.6%	-0.8%	8.7%	-7.8%	0.0%
FSNE Eligibility								
≤130% FPL w/FS	22.1%	6.0%	33.8%	17.0%	-16.0%	27.7%	-16.8%	-5.1%
≤130% FPL w/o FS	19.2%	20.7%	25.7%	24.9%	1.5%	5.0%	-0.8%	5.7%
>130%-≤185% FPL	12.9%	19.9%	22.5%	12.8%	6.9%	2.6%	-9.7%	-0.1%
>185% FPL	19.1%	17.2%	17.3%	18.7%	-1.8%	0.1%	1.4%	-0.3%
Physical Activity								
≥60 minutes	18.2%	15.5%	22.0%	14.9%	-2.7%	6.4%	-7.1%	-3.3%
<60 minutes	19.0%	18.2%	17.8%	21.6%	-0.9%	-0.3%	3.8%	2.6%

¹ Body Mass Index (BMI) was calculated using the equation: weight in kilograms divided by height in meters. Calculated using the Reference Data for Obesity: CDC website, 2000.

² At Risk for Overweight: BMI ≥ 85th to <95th Percentile.

Z-test

- * p<.05
- ** p<.01
- *** p<.001

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 66b: Trends in the Distribution of Overweight Among California Children Based on Body Mass Index^{1,2} (Diary Sample)

	Percentage				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	14.9%	19.3%	17.7%	21.7%	4.4%	-1.6%	4.0%	6.8%
Gender								
Males	16.9%	22.4%	19.6%	27.0%	5.5%	-2.7%	7.4%	10.1%
Females	13.0%	16.0%	15.5%	16.2%	3.0%	-0.5%	0.8%	3.3%
Ethnicity								
White	14.7%	17.3%	10.6%	16.1%	2.6%	-6.6%	5.4%	1.4%
African American	20.3%	18.6%	22.7%	30.3%	-1.7%	4.1%	7.6%	10.0%
Latino	12.1%	22.6%	22.6%	25.6%	10.5%	-0.1%	3.0%	13.4%
Asian/ Other	22.0%	16.6%	18.4%	20.3%	-5.5%	1.9%	1.9%	-1.7%
FSNE Eligibility								
≤130% FPL w/FS	16.3%	36.9%	16.3%	34.0%	20.6%	-20.6%	17.8%	17.8%
≤130% FPL w/o FS	10.0%	30.8%	18.9%	29.4%	20.8%	-11.9%	10.5%	19.4%
>130%-≤185% FPL	19.3%	25.1%	20.2%	25.7%	5.9%	-5.0%	5.5%	6.4%
>185% FPL	14.8%	13.5%	17.1%	16.7%	-1.3%	3.6%	-0.5%	1.9%
Physical Activity								
≥60 minutes	12.0%	17.9%	15.4%	25.3%	5.9%	-2.4%	9.9%	13.3%
<60 minutes	17.4%	20.7%	20.2%	18.7%	3.3%	-0.5%	-1.5%	1.3%

¹ Body Mass Index (BMI) was calculated using the equation: weight in kilograms divided by height in meters. Calculated using the Reference Data for Obesity: CDC website, 2000.

² Overweight: BMI ≥ 95th Percentile.

Z-test

* p<.05
** p<.01
*** p<.001

1999-2005 California Children's Healthy Eating and Exercise Practices Survey

Table 66c: Trends in the Distribution of At Risk for Overweight and Overweight Among California Children Based on Body Mass Index^{1,2} (Diary Sample)

	Percentage				Trend Analysis			
	1999	2001	2003	2005	99-01	01-03	03-05	99-05
Total	33.5%	36.2%	37.7%	40.3%	2.6%	1.6%	2.6%	6.7%
Gender								
Males	37.8%	38.9%	41.0%	45.2%	1.1%	2.1%	4.2%	7.4%
Females	29.5%	33.3%	33.9%	35.2%	3.8%	0.7%	1.3%	5.8%
Ethnicity								
White	28.6%	34.8%	29.2%	32.2%	6.2%	-5.6%	3.1%	3.6%
African American	42.7%	35.6%	41.5%	45.5%	-7.1%	5.9%	3.9%	2.8%
Latino	36.9%	39.9%	43.5%	47.9%	3.0%	3.7%	4.3%	11.0%
Asian/ Other	35.6%	29.3%	39.8%	33.9%	-6.3%	10.5%	-5.9%	-1.7%
FSNE Eligibility								
≤130% FPL w/FS	38.3%	42.9%	50.1%	51.0%	4.6%	7.2%	0.9%	12.7%
≤130% FPL w/o FS	29.2%	51.5%	44.6%	54.3%	22.3%	-6.9%	9.7%	25.1%
>130%-≤185% FPL	32.2%	45.0%	42.6%	38.5%	12.8%	-2.4%	-4.2%	6.3%
>185% FPL	33.8%	30.7%	34.4%	35.4%	-3.1%	3.7%	0.9%	1.5%
Physical Activity								
≥60 minutes	30.2%	33.4%	37.4%	40.2%	3.2%	4.0%	2.8%	9.9%
<60 minutes	36.5%	38.9%	38.0%	40.4%	2.4%	-0.9%	2.3%	3.9%

¹ Body Mass Index (BMI) was calculated using the equation: weight in kilograms divided by height in meters. Calculated using the Reference Data for Obesity: CDC website, 2000.

² At Risk for Overweight and Overweight: BMI ≥ 85th Percentile.

Z-test

- * p<.05
- ** p<.01
- *** p<.001