

CHIS 2007 Orange

2007 CHIS *Network* related Questions

A workbook has been created for each of the 11 Regions and for California as a whole.

Each workbook contains the latest 2007 CHIS survey responses on Diet, Physical Activity (PA) and Body Mass Index (BMI).

Region Group **Orange**

DIET

F&V 5+ for children (no Teen or Adult),
times bought soda at school in past week (Teens only)
times fast food eaten in past week (Child, Teen, and Adult).

PA/EXERCISE

Visited a park, playground or open space in the last month (Teens and Adults)
Member of sports team past year (Child and Teens)
Number of days physically active at least one hour (past week)(Child only)
Vigorous physical activity at least 3 days per week (Child only)
Number of days physically active at least one hour (typical week)(Teens only)

BMI

Body Mass Index - 4 level (Adult only)
Body Mass Index - 4 level (Teen only)
Body Mass Index - 2 level (Teen and Adult)
Overweight for age (does not factor height)(Child only)

Child DIET

Eat five or more servings of fruits & vegetables

Eat five or more servings of fruits & vegetables

Eat five or more servings of fruits & vegetables has these restrictions: Asked of children age 2 or older

Subset(s): Age in years: 0 - 11

Geographic Selection: County or county group: Orange

	Eat five or more servings of fruits & vegetables		
	Est. N	%	95% C.I.
Eat 5 or more servings f	198,000	44.8	(38.6 - 51.0)
Eat less than 5 servings	244,000	55.2	(49.0 - 61.4)
TOTAL	441,000	100	n/a

Fast food eaten how many times in past week

Fast food eaten how many times in past week

Fast food eaten how many times in past week has these restrictions: Asked of respondents 2 years or older.

Subset(s): Age in years: 0 - 11

Geographic Selection: County or county group: Orange

	Fast food eaten how many times in past week		
	Est. N	%	95% C.I.
No times	122,000	28.4	(22.7 - 34.1)
One time	166,000	38.6	(32.2 - 45.1)
Two times	88,000	20.6	(16.0 - 25.1)
Three times	33,000	7.7	(4.8 - 10.7)
Four or more times	20,000	4.7	(2.3 - 7.1)
TOTAL	429,000	100	n/a

Source: 2007 California Health Interview Survey

Child PA

Vigorous physical activity at least 3 days per week

Vigorous physical activity at least 3 days per week

Vigorous physical activity at least 3 days per week has these restrictions: Asked of children 5 and older.

Subset(s): Age groups - 4 categorical levels: Child (0-11)

Geographic Selection: County or county group: Orange

	Vigorous physical activity at least 3 days per week		
	Est. N	%	95% C.I.
Engaged in vigorous activity 3 or more days	207,000	68.2	(61.1 - 75.3)
Didn't engage in vigorous activity 3 or more days	96,000	31.8	(24.7 - 38.9)
TOTAL	303,000	100	n/a

Source: 2007 California Health Interview Survey

Number of days physically active at least one hour (past week)

Number of days physically active at least one hour (past week)

Number of days physically active at least one hour (past week) has these restrictions: Asked of children 5-11.

Subset(s): Age groups - 4 categorical levels: Child (0-11)

Geographic Selection: County or county group: Orange

*** = statistically unstable**

	Number of days physically active at least one hour (past week)		
	Est. N	%	95% C.I.
0 day	45,000	14.7	(8.7 - 20.7)
1 day	15,000	5.1	(2.3 - 7.9)
2 days	37,000	12.1	(7.2 - 16.9)
3 days	55,000	18.2	(12.6 - 23.8)
4 days	39,000	12.7	(7.8 - 17.6)
5 days	22,000	7.3	(4.6 - 10.1)
6 days	13,000	4.4*	(1.6 - 7.1)
7 days	78,000	25.6	(18.9 - 32.3)
TOTAL	303,000	100	n/a

Child BMI

Overweight for age (does not factor height)

Overweight for age (does not factor height)

Subset(s): Age groups - 4 categorical levels: Child (0-11)

Geographic Selection: County or county group: Orange

	Overweight for age (does not factor height)		
	Est. N	%	95% C.I.
Overweight for age	49,000	10.5	(7.2 - 13.9)
Not overweight for age	412,000	89.5	(86.1 - 92.8)
TOTAL	461,000	100	n/a

Source: 2007 California Health Interview Survey

Teen DIET

Times bought soda at school during past week

Times bought soda at school during past week

Times bought soda at school during past week has these restrictions: Asked of adolescents who are not home-schooled.

Subset(s): Age in years: 12 - 17

Geographic Selection: County or county group: Orange

* = statistically unstable

	Times bought soda at school during past week		
	Est. N	%	95% C.I.
None	146,000	53.5	(44.7 - 62.3)
1 time	49,000	18	(11.1 - 24.9)
2 times	16,000	5.8	(2.7 - 8.8)
3 times	23,000	8.6*	(3.1 - 14.1)
4 times	6,000	2.2*	(0.3 - 4.0)
5 or more times	33,000	12	(5.4 - 18.5)
TOTAL	273,000	100	n/a

Source: 2007 California Health Interview Survey

Fast food eaten how many times in past week

Fast food eaten how many times in past week

Fast food eaten how many times in past week has these restrictions: Asked of respondents 2 years or older.

Subset(s): Age groups - 4 categorical levels: Adolescent (12-17)

Geographic Selection: County or county group: Orange

	Fast food eaten how many times in past week		
	Est. N	%	95% C.I.
No times	57,000	20.7	(14.4 - 27.0)
One time	94,000	34.5	(25.8 - 43.1)
Two times	50,000	18.1	(11.5 - 24.7)
Three times	37,000	13.6	(7.0 - 20.3)
Four or more times	36,000	13.1	(6.1 - 20.0)
TOTAL	274,000	100	n/a

Source: 2007 California Health Interview Survey

Teen PA

Number of days physically active at least one hour (typical week)

Number of days physically active at least one hour (typical week)

Subset(s): Age groups - 4 categorical levels: Adolescent (12-17)

Geographic Selection: County or county group: Orange

*** = statistically unstable**

	Number of days physically active at least one hour (typical week)		
	Est. N	%	95% C.I.
0 day	14,000	4.9*	(1.6 - 8.3)
1 day	22,000	8.0*	(2.8 - 13.1)
2 days	46,000	16.7	(9.4 - 24.1)
3 days	54,000	19.9	(12.2 - 27.5)
4 days	34,000	12.3	(7.4 - 17.3)
5 days	45,000	16.4	(10.0 - 22.8)
6 days	23,000	8.3	(3.6 - 13.1)
7 days	37,000	13.4	(8.5 - 18.4)
TOTAL	274,000	100	n/a

Source: 2007 California Health Interview Survey

Member of sports team past year

Member of sports team past year

Member of sports team past year has these restrictions: Asked of all adolescents and children age 3 years and older.

Subset(s): Age groups - 4 categorical levels: Adolescent (12-17)

Geographic Selection: County or county group: Orange

	Member of sports team past year		
	Est. N	%	95% C.I.
Member of sports team	160,000	58.3	(49.5 - 67.2)
Not a member of sports team	114,000	41.7	(32.8 - 50.5)
TOTAL	274,000	100	n/a

Source: 2007 California Health Interview Survey

Visited a park, playground or open space in the last month

Subset(s): Age groups - 4 categorical levels: Adolescent (12-17)

Geographic Selection: County or county group: Orange

	Visited a park, playground or open space in the last month		
	Est. N	%	95% C.I.
Visited park or other open space in past month	222,000	81.1	(74.3 - 87.9)
Did not visit park or other open space	52,000	18.9	(12.1 - 25.7)
TOTAL	274,000	100	n/a

Source: 2007 California Health Interview Survey

Teen BMI

Body Mass Index - 2 level

Body Mass Index - 2 level

Body Mass Index - 2 level has these restrictions: For adults, "Overweight or obese" include the respondents who have a BMI of 25 or greater.

For adolescents, "Overweight or obese" includes the respondents who have a BMI in the highest 95 percentile with respect to their age and gender.

Subset(s): Age groups - 4 categorical levels: Adolescent (12-17)

Geographic Selection: County or county group: Orange

	Body Mass Index - 2 level		
	Est. N	%	95% C.I.
Not overweight or obese	244,000	89.3	(83.5 - 95.1)
Overweight or obese	29,000	10.7	(4.9 - 16.5)
TOTAL	274,000	100	n/a

Source: 2007 California Health Interview Survey

Body Mass Index - 4 level (teen only)

Body Mass Index - 4 level (teen only)

Body Mass Index - 4 level (teen only) has these restrictions: Asked of respondents who are 12 to 17 years of age.

Subset(s): Age groups - 4 categorical levels: Adolescent (12-17)

Geographic Selection: County or county group: Orange

*** = statistically unstable**

	Body Mass Index - 4 level (teen only)		
	Est. N	%	95% C.I.
Underweight (within lowest 5th percentile)	22,000	8.2*	(2.3 - 14.1)
Normal weight (5th up to 85th percentile)	185,000	67.7	(59.0 - 76.4)
At risk of overweight (85th up to 95th percentile)	37,000	13.4	(7.6 - 19.2)
Overweight/obese (highest 5th percentile)	29,000	10.7	(4.9 - 16.5)
TOTAL	274,000	100	n/a

Source: 2007 California Health Interview Survey

Adult DIET

Fast food eaten how many times in past week

Fast food eaten how many times in past weekFast food eaten how many times in past week has these restrictions: Asked of respondents 2 years or older

Subset(s): Age in years: 18 - 106

Geographic Selection: County or county group: Orange

	Fast food eaten how many times in past week		
	Est. N	%	95% C.I.
No times	790,000	35	(31.9 - 38.1)
One time	634,000	28.1	(25.4 - 30.8)
Two times	328,000	14.5	(12.2 - 16.9)
Three times	216,000	9.6	(7.7 - 11.5)
Four or more times	289,000	12.8	(10.5 - 15.1)
TOTAL	2,256,000	100	n/a

Source: 2007 California Health Interview Survey

Adult PA

Visited a park, playground or open space in the last month

Visited a park, playground or open space in the last month

Subset(s): Age groups - 4 categorical levels: Adult (18-64), Senior (65+)

Geographic Selection: County or county group: Orange

	Visited a park, playground or open space in the last month		
	Est. N	%	95% C.I.
Visited park or other open space in past month	1,636,000	72.5	(69.6 - 75.4)
Did not visit park or other open space	620,000	27.5	(24.6 - 30.4)
TOTAL	2,256,000	100	n/a

Source: 2007 California Health Interview Survey

Adult BMI

Body Mass Index - 2 level

Body Mass Index - 2 level

Body Mass Index - 2 level has these restrictions: For adults, "Overweight or obese" include the respondents who have a BMI of 25 or greater.

Subset(s): Age groups - 4 categorical levels: Adult (18-64), Senior (65+)

Geographic Selection: County or county group: Orange

	Body Mass Index - 2 level		
	Est. N	%	95% C.I.
Not overweight or obese	1,059,000	47	(43.8 - 50.1)
Overweight or obese	1,197,000	53	(49.9 - 56.2)
TOTAL	2,256,000	100	n/a

Source: 2007 California Health Interview Survey

Body Mass Index - 4 level (adult only)

Body Mass Index - 4 level (adult only)

Body Mass Index - 4 level (adult only) has these restrictions: Asked of respondents who are 18 years or older

Subset(s): Age groups - 4 categorical levels: Adult (18-64), Senior (65+)

Geographic Selection: County or county group: Orange

	Body Mass Index - 4 level (adult only)		
	Est. N	%	95% C.I.
0 - 18.49 (Underweight)	54,000	2.4	(1.2 - 3.6)
18.5 - 24.99 (Normal)	1,005,000	44.6	(41.4 - 47.7)
25.0 - 29.99 (Overweight)	779,000	34.5	(31.5 - 37.6)
30.0 or higher (Obese)	418,000	18.5	(15.9 - 21.1)
TOTAL	2,256,000	100	n/a

Source: 2007 California Health Interview Survey