

CHIS 2007 Gold Country

2007 CHIS *Network* related Questions

A workbook has been created for each of the 11 Regions and for California as a whole. Each workbook contains the latest 2007 CHIS survey responses on Diet, Physical Activity (PA) and Body Mass Index (BMI).

Region Group

Gold Country-Sutter, Yuba, Solano, San Joaquin, Stanislaus, Sacramento, Yolo, Placer, El Dorado, Tuolumne, Calaveras, Amador, *Inyo, *Mariposa, Mono, Alpine

* Inyo (Desert Sierra) and Mariposa (Central Valley) are grouped with the "Tuolumne, Calaveras, Amador, Inyo, Mariposa, Mono, Alpine" county strata and cannot be broken out for data analysis purposes using AskCHIS.

DIET

F&V 5+ for children (no Teen or Adult),
times bought soda at school in past week
(Teens only)

times fast food eaten in past week (Child,
Teen, and Adult).

Visited a park, playground or open space in
the last month (Teens and Adults)

Member of sports team past year (Child and
Teens)

Number of days physically active at least one
hour (past week)(Child only)

Vigorous physical activity at least 3 days per
week (Child only)

Number of days physically active at least one
hour (typical week)(Teens only)

BMI

Body Mass Index - 4 level (Adult only)

Body Mass Index - 4 level (Teen only)

Body Mass Index - 2 level (Teen and Adult)

Overweight for age (does not factor
height)(Child only)

Child DIET

Eat five or more servings of fruits & vegetables

Eat five or more servings of fruits & vegetables

Eat five or more servings of fruits & vegetables has these restrictions: Asked of children age 2 or older

Subset(s): Age groups - 4 categorical levels: Child (0-11)

Geographic Selection: County or county group: Sutter, Yuba, Tuolumne, Calaveras, Amador, Inyo, Mariposa, Mono, Alpine, Solano, Sacramento, Placer, Yolo, El Dorado, San Joaquin, Stanislaus

	Eat five or more servings of fruits & vegetables		
	Est. N	%	95% C.I.
Eat 5 or more servings fruit/vegetables daily	296,000	49.4	(44.7 - 54.1)
Eat less than 5 servings fruit/vegetables daily	304,000	50.6	(45.9 - 55.3)
TOTAL	600,000	100	n/a

Source: 2007 California Health Interview Survey

Fast food eaten how many times in past week

Fast food eaten how many times in past week

Fast food eaten how many times in past week has these restrictions: Asked of respondents 2 years or older

Geographic Selection: County or county group: Sutter, Yuba, Tuolumne, Calaveras, Amador, Inyo, Mariposa, Mono, Alpine, Solano, Sacramento, Placer, Yolo, El Dorado, San Joaquin, Stanislaus

*** = statistically unstable**

	Fast food eaten how many times in past week		
	Est. N	%	95% C.I.
No times	193,000	32.9	(28.4 - 37.4)
One time	212,000	36.1	(31.7 - 40.6)
Two times	112,000	19.1	(15.5 - 22.7)
Three times	45,000	7.7	(5.0 - 10.3)
Four or more times	25,000	4.2*	(1.7 - 6.7)
TOTAL	585,000	100	n/a

Child BMI

Overweight for age (does not factor height)

Overweight for age (does not factor height)

Geographic Selection: County or county group: Sutter, Yuba, Tuolumne, Calaveras, Amador, Inyo, Mariposa, Mono, Alpine, Solano, Sacramento, Placer, Yolo, El Dorado, San Joaquin, Stanislaus

	Overweight for age (does not factor height)		
	Est. N	%	95% C.I.
Overweight for age	73,000	10.7	(8.0 - 13.4)
Not overweight for age	610,000	89.3	(86.6 - 92.0)
TOTAL	683,000	100	n/a

Child PA

Vigorous physical activity at least 3 days per week

Vigorous physical activity at least 3 days per week

Vigorous physical activity at least 3 days per week has these restrictions: Asked of children 5 and older.

Geographic Selection: County or county group: Sutter, Yuba, Tuolumne, Calaveras, Amador, Inyo, Mariposa, Mono, Alpine, Solano, Sacramento, Placer, Yolo, El Dorado, San Joaquin, Stanislaus

	Vigorous physical activity at least 3 days per week		
	Est. N	%	95% C.I.
Engaged in vigorous activity 3 or more days	327,000	75.5	(70.4 - 80.5)
Didn't engage in vigorous activity 3 or more days	106,000	24.5	(19.5 - 29.6)
TOTAL	433,000	100	n/a

Number of days physically active at least one hour (past week)

Number of days physically active at least one hour (past week)

Number of days physically active at least one hour (past week) has these restrictions: Asked of children 5-11.

Geographic Selection: County or county group: Sutter, Yuba, Tuolumne, Calaveras, Amador, Inyo, Mariposa, Mono, Alpine, Solano, Sacramento, Placer, Yolo, El Dorado, San Joaquin, Stanislaus

	Number of days physically active at least one hour (past week)		
	Est. N	%	95% C.I.
0 day	45,000	10.4	(6.4 - 14.5)
1 day	16,000	3.8	(1.8 - 5.8)
2 days	45,000	10.3	(7.0 - 13.7)
3 days	65,000	14.9	(11.2 - 18.7)
4 days	36,000	8.4	(5.2 - 11.6)
5 days	54,000	12.4	(8.9 - 15.8)
6 days	19,000	4.4	(2.6 - 6.2)
7 days	153,000	35.3	(30.0 - 40.7)
TOTAL	433,000	100	n/a

Member of sports team past year

Member of sports team past year

Member of sports team past year has these restrictions: Asked of all adolescents and children age 3 years and older.

Geographic Selection: County or county group: Sutter, Yuba, Tuolumne, Calaveras, Amador, Inyo, Mariposa, Mono, Alpine, Solano, Sacramento, Placer, Yolo, El Dorado, San Joaquin, Stanislaus

	Member of sports team past year		
	Est. N	%	95% C.I.
Member of sports team	235,000	42.7	(37.8 - 47.5)
Not a member of sports team	316,000	57.3	(52.5 - 62.2)
TOTAL	551,000	100	n/a

Source: 2007 California Health Interview Survey

Teen DIET

Times bought soda at school during past week

Times bought soda at school during past week

Times bought soda at school during past week has these restrictions: Asked of adolescents who are not home-schooled.

Geographic Selection: County or county group: Sutter, Yuba, Tuolumne, Calaveras, Amador, Inyo, Mariposa, Mono, Alpine, Solano, Sacramento, Placer, Yolo, El Dorado, San Joaquin, Stanislaus

*** = statistically unstable**

	Times bought soda at school during past week		
	Est. N	%	95% C.I.
None	235,000	60.6	(54.3 - 66.8)
1 time	49,000	12.7	(8.2 - 17.1)
2 times	42,000	10.8	(6.9 - 14.6)
TOTAL	388,000	100	n/a

Source: 2007 California Health Interview Survey

Fast food eaten how many times in past week

Fast food eaten how many times in past week

Fast food eaten how many times in past week has these restrictions: Asked of respondents 2 years or older.

Geographic Selection: County or county group: Sutter, Yuba, Tuolumne, Calaveras, Amador, Inyo, Mariposa, Mono, Alpine, Solano, Sacramento, Placer, Yolo, El Dorado, San Joaquin, Stanislaus

	Fast food eaten how many times in past week		
	Est. N	%	95% C.I.
No times	87,000	22.2	(17.2 - 27.2)
One time	127,000	32.3	(26.4 - 38.2)
Two times	86,000	21.9	(16.4 - 27.4)
Three times	48,000	12.3	(7.9 - 16.8)
Four or more times	44,000	11.3	(6.9 - 15.7)
TOTAL	392,000	100	n/a

Source: 2007 California Health Interview Survey

Teen PA

Number of days physically active at least one hour (typical week)

Number of days physically active at least one hour (typical week)

Subset(s): Age groups - 4 categorical levels: Adolescent (12-17)

Geographic Selection: County or county group: Sutter, Yuba, Tuolumne, Calaveras, Amador, Inyo, Mariposa, Mono, Alpine, Solano, Sacramento, Placer, Yolo, El Dorado, San Joaquin, Stanislaus

	Number of days physically active at least one hour (typical week)		
	Est. N	%	95% C.I.
0 day	41,000	10.6	(6.2 - 15.0)
1 day	22,000	5.5	(2.9 - 8.2)
2 days	45,000	11.6	(7.3 - 15.9)
3 days	62,000	15.8	(11.7 - 19.9)
7 days	67,000	17.2	(11.8 - 22.5)
TOTAL	392,000	100	n/a

Member of sports team past year

Member of sports team past year

Member of sports team past year has these restrictions: Asked of all adolescents and children age 3 years and older.

Geographic Selection: County or county group: Sutter, Yuba, Tuolumne, Calaveras, Amador, Inyo, Mariposa, Mono, Alpine, Solano, Sacramento, Placer, Yolo, El Dorado, San Joaquin, Stanislaus

	Member of sports team past year		
	Est. N	%	95% C.I.
Member of sports team	196,000	50	(43.5 - 56.5)
Not a member of sports team	196,000	50	(43.5 - 56.5)
TOTAL	392,000	100	n/a

Visited a park, playground or open space in the last month

Visited a park, playground or open space in the last month

Geographic Selection: County or county group: Sutter, Yuba, Tuolumne, Calaveras, Amador, Inyo, Mariposa, Mono, Alpine, Solano, Sacramento, Placer, Yolo, El Dorado, San Joaquin, Stanislaus

Visited park or other open space in past month	311,000	79.2	(73.9 - 84.6)
Did not visit park or other open space	81,000	20.8	(15.4 - 26.1)
TOTAL	392,000	100	n/a

Teen BMI

Body Mass Index - 2 level

Body Mass Index - 2 level

Body Mass Index - 2 level has these restrictions:

For adolescents, "Overweight or obese" includes the respondents who have a BMI in the highest 95 percentile with respect to their age and gender.

Geographic Selection: County or county group: Sutter, Yuba, Tuolumne, Calaveras, Amador, Inyo, Mariposa, Mono, Alpine, Solano, Sacramento, Placer, Yolo, El Dorado, San Joaquin, Stanislaus

	Body Mass Index - 2 level		
	Est. N	%	95% C.I.
Not overweight or obese	346,000	88.3	(83.8 - 92.8)
Overweight or obese	46,000	11.7	(7.2 - 16.2)
TOTAL	392,000	100	n/a

Body Mass Index - 4 level (teen only)

Body Mass Index - 4 level (teen only)

Body Mass Index - 4 level (teen only) has these restrictions: Asked of respondents who are 12 to 17 years of age.

Geographic Selection: County or county group: Sutter, Yuba, Tuolumne, Calaveras, Amador, Inyo, Mariposa, Mono, Alpine, Solano, Sacramento, Placer, Yolo, El Dorado, San Joaquin, Stanislaus

*** = statistically unstable**

	Body Mass Index - 4 level (teen only)		
	Est. N	%	95% C.I.
Underweight (within lowest 5th percentile)	7,000	1.9*	(0.6 - 3.2)
Normal weight (5th up to 85th percentile)	278,000	71	(65.3 - 76.8)
At risk of overweight (85th up to 95th percentile)	60,000	15.4	(11.0 - 19.8)
Overweight/obese (highest 5th percentile)	46,000	11.7	(7.2 - 16.2)
TOTAL	392,000	100	n/a

Source: 2007 California Health Interview Survey

Adult DIET

Fast food eaten how many times in past week

Fast food eaten how many times in past week

Geographic Selection: County or county group: Sutter, Yuba, Tuolumne, Calaveras, Amador, Inyo, Mariposa, Mono, Alpine, Solano, Sacramento, Placer, Yolo, El Dorado, San Joaquin, Stanislaus

	Fast food eaten how many times in past week		
	Est. N	%	95% C.I.
No times	1,034,000	36.1	(34.1 - 38.0)
One time	867,000	30.3	(28.3 - 32.2)
Two times	437,000	15.2	(13.7 - 16.8)
Three times	227,000	7.9	(6.5 - 9.4)
Four or more times	301,000	10.5	(9.0 - 12.0)

Source: 2007 California Health Interview Survey

Adult PA

Visited a park, playground or open space in the last month

Visited a park, playground or open space in the last month

Geographic Selection: County or county group: Sutter, Yuba, Tuolumne, Calaveras, Amador, Inyo, Mariposa, Mono, Alpine, Solano, Sacramento, Placer, Yolo, El Dorado, San Joaquin, Stanislaus

	Visited a park, playground or open space in the last month		
	Est. N	%	95% C.I.
Visited park or other open space in past month	1,857,000	64.8	(62.8 - 66.9)
Did not visit park or other open space	1,008,000	35.2	(33.1 - 37.2)
TOTAL	2,865,000	100	n/a

Adult BMI

Body Mass Index - 2 level

Body Mass Index - 2 level

Body Mass Index - 2 level has these restrictions: "Overweight or obese" include the respondents who have a BMI of 25 or greater.

Geographic Selection: County or county group: Sutter, Yuba, Tuolumne, Calaveras, Amador, Inyo, Mariposa, Mono, Alpine, Solano, Sacramento, Placer, Yolo, El Dorado, San Joaquin, Stanislaus

Body Mass Index - 2 level			
	Est. N	%	95% C.I.
Not overweight or obese	1,121,000	39.1	(37.0 - 41.2)
Overweight or obese	1,745,000	60.9	(58.8 - 63.0)
TOTAL	2,865,000	100	n/a

Body Mass Index - 4 level (adult only)

Body Mass Index - 4 level (adult only)

Body Mass Index - 4 level (adult only) has these restrictions: Asked of respondents who are 18 years or older

Subset(s): Age groups - 4 categorical levels: Adult (18-64), Senior (65+)

Geographic Selection: County or county group: Sutter, Yuba, Tuolumne, Calaveras, Amador, Inyo, Mariposa, Mono, Alpine, Solano, Sacramento, Placer, Yolo, El Dorado, San Joaquin, Stanislaus

Body Mass Index - 4 level (adult only)			
	Est. N	%	95% C.I.
0 - 18.49 (Underweight)	57,000	2	(1.3 - 2.7)
18.5 - 24.99 (Normal)	1,064,000	37.1	(35.0 - 39.2)
25.0 - 29.99 (Overweight)	998,000	34.8	(32.8 - 36.8)
30.0 or higher (Obese)	747,000	26.1	(24.2 - 28.0)
TOTAL	2,865,000	100	n/a

Source: 2007 California Health Interview Survey