

**2003 California Dietary Practices Survey**  
**Table 78: Frequency of Buying Fruit At or Near Worksite**

Question: When you are at work, how often do you buy fruit either at or near your worksite?

	Percent			
	Most Days	Some Days	Rarely	Never
<b>Total</b>	<b>11</b>	<b>13</b>	<b>30</b>	<b>46</b>
<i>Sex</i>				
Males	11	12	33	44
Females	12	15	27	47
<i>Males</i>				
18 - 24	16	9	30	45
25 - 34	12	10	40	37
35 - 50	8	14	27	51
51 - 64	7	14	31	48
65+	24	24	53	0
<i>Females</i>				
18 - 24	13	11	30	46
25 - 34	5	13	37	45
35 - 50	9	18	26	46
51 - 64	8	14	30	49
65+	35	12	17	35
<i>Ethnicity</i>				
White	12	12	28	48
Hispanic	8	12	37	44
Black	14	24	30	32
Asian/ Pacific Islander	7	18	28	47
<i>Education</i>				
Less than high school	9	17	33	41
High school graduate	11	11	33	46
Some college	12	16	27	45
College graduate	11	12	29	48
<i>Income</i>				
Less than \$15,000	7	19	35	40
\$15,000 - 24,999	13	16	27	44
\$25,000 - 34,999	18	15	15	51
\$35,000 - 49,999	10	7	31	52
\$50,000+	10	12	33	46
<i>Physically Active</i>				
Did not meet recommendations	9	12	31	47
Met recommendations	13	14	29	44
<i>Overweight Status</i>				
Overweight/Obese	10	12	32	45
Not overweight	11	14	28	47
<i>Povert Index</i>				
Food Stamp user	15	21	16	48
Non Food Stamp users/ <130% FPL	9	20	29	43
Non Food Stamp users/ >130% FPL	11	12	30	47

FPL=Federal Poverty Level

**2003 California Dietary Practices Survey**  
**Table 79: Frequency of Buying Vegetables At or Near Worksite**

Question: When you are at work, how often do you buy vegetables either at or near your worksite?

	Percent			
	Most Days	Some Days	Rarely	Never
<b>Total</b>	<b>9</b>	<b>18</b>	<b>28</b>	<b>45</b>
<i>Sex</i>				
Males	9	15	30	46
Females	8	22	26	44
<i>Males</i>				
18 - 24	13	11	30	46
25 - 34	5	13	37	45
35 - 50	9	18	26	46
51 - 64	8	14	30	49
65+	35	12	17	35
<i>Females</i>				
18 - 24	10	22	34	35
25 - 34	6	21	22	50
35 - 50	10	29	22	39
51 - 64	6	15	36	42
65+	12	0	12	76
<i>Ethnicity</i>				
White	11	17	27	44
Hispanic	3	16	32	48
Black	9	22	31	38
Asian/ Pacific Islander	2	29	23	45
<i>Education</i>				
Less than high school	3	22	30	45
High school graduate	7	13	28	52
Some college	10	15	32	43
College graduate	11	22	26	42
<i>Income</i>				
Less than \$15,000	4	13	39	44
\$15,000 - 24,999	7	19	25	50
\$25,000 - 34,999	11	13	32	43
\$35,000 - 49,999	4	20	19	57
\$50,000+	12	19	28	41
<i>Physically Active</i>				
Did not meet recommendations	5	19	31	46
Met recommendations	12	18	26	44
<i>Overweight Status</i>				
Overweight/Obese	8	16	32	44
Not overweight	10	19	24	46
<i>Povert Index</i>				
Food Stamp user	7	14	18	61
Non Food Stamp users/ <130% FPL	3	16	35	46
Non Food Stamp users/ >130% FPL	11	17	27	44

FPL=Federal Poverty Level

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi-Square Test:

\* p<.05

\*\* p<.01

2003 California Dietary Practices Survey

Table 80: Access to Fresh Fruits and Vegetables at the Worksite

Question: Does your worksite have a cafeteria, snack bar, or food service for employees (do not include catering trucks)?  
 Does the cafeteria, snack bar, or food service provide affordable fresh fruits and vegetables on a daily basis?  
 Are there restaurants, fast food places, delis, catering trucks or markets within walking distance of your worksite?  
 Do these restaurants, fast food places, delis, catering trucks or markets provide affordable fresh fruits and vegetables on a daily basis?  
 Does your worksite have vending machines for employees to access food or beverages?  
 Are affordable vegetables, fresh fruits, or dried fruits usually available in these vending machines?  
 Base: Out of those who had cafeteria, snack bar, or food service

	Percent		
	Cafeteria	Restaurant	Vending Machine
<b>Total</b>	<b>71</b>	<b>64</b>	<b>22</b>
<i>Sex</i>			
Males	70	65	27**
Females	72	62	15
<i>Males</i>			
18 - 24	57	66	46**
25 - 34	70	56	36
35 - 50	75	65	17
51 - 64	73	81	22
65+	67	69	37
<i>Females</i>			
18 - 24	72	59	27
25 - 34	68	62	17
35 - 50	78	65	15
51 - 64	70	53	8
65+	100	100	0
<i>Ethnicity</i>			
White	75	64	17*
Hispanic	62	55	26
Black	56	67	35
Asian/ Pacific Islander	79	74	32
<i>Education</i>			
Less than high school	53***	59*	24
High school graduate	63	54	26
Some college	64	67	21
College graduate	82	70	19
<i>Income</i>			
Less than \$15,000	65*	65	26
\$15,000 - 24,999	67	62	18
\$25,000 - 34,999	54	62	26
\$35,000 - 49,999	65	60	16
\$50,000+	80	64	22
<i>Physically Active</i>			
Did not meet recommendations	67	66	22
Met recommendations	74	62	22
<i>Overweight Status</i>			
Overweight/Obese	64*	58**	15**
Not Overweight/Obese	77	70	29
<i>Povert Index</i>			
Food Stamp user	47	53	30
Non Food Stamp users/ <130% FPL	62	58	21
Non Food Stamp users/ >130% FPL	76	62	21

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Chi-Square Test:

\*p<.05

\*\*\*p<.001

**2003 California Dietary Practices Survey**  
**Table 81: Availability of Worksite Exercise Facilities**

**Question: Are indoor or outdoor facilities available at your worksite that make it easier for you to be physically active during your work hours?**

	<b>Percent</b>
<b>Total</b>	<b>35</b>
<i>Sex</i>	
Males	35
Females	35
<i>Males</i>	
18 - 24	34
25 - 34	34
35 - 50	40
51 - 64	25
65+	27
<i>Females</i>	
18 - 24	26 *
25 - 34	38
35 - 50	42
51 - 64	24
65+	7
<i>Ethnicity</i>	
White	34 **
Hispanic	33
Black	37
Asian/ Pacific Islander	57
<i>Education</i>	
Less than high school	24 ***
High school graduate	34
Some college	26
College graduate	44
<i>Income</i>	
Less than \$15,000	33
\$15,000 - 24,999	29
\$25,000 - 34,999	32
\$35,000 - 49,999	34
\$50,000+	39
<i>Physically Active</i>	
Did not meet recommendations	27 ***
Met recommendations	42
<i>Overweight Status</i>	
Overweight/Obese	32
Not Overweight/Obese	38
<i>Povert Index</i>	
Food Stamp user	46
Non Food Stamp users/ <130% FPL	31
Non Food Stamp users/ >130% FPL	36

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Chi-Square Test:

\*p<.05

\*\*p<.01

\*\*\*p<.001

2003 California Dietary Practices Survey

Table 82: Availability of Employer Provided Physical Activity Benefits

Question: Does your employer provide any physical activity benefits such as a health club membership, exercise classes, release time for physical activity, or sports teams?

	Percent
<b>Total</b>	<b>22</b>
<i>Sex</i>	
Males	23
Females	20
<i>Males</i>	
18 - 24	20
25 - 34	24
35 - 50	26
51 - 64	16
65+	12
<i>Females</i>	
18 - 24	16
25 - 34	20
35 - 50	24
51 - 64	18
65+	0
<i>Ethnicity</i>	
White	22 **
Hispanic	16
Black	16
Asian/ Pacific Islander	39
<i>Education</i>	
Less than high school	15 ***
High school graduate	16
Some college	17
College graduate	31
<i>Income</i>	
Less than \$15,000	11 ***
\$15,000 - 24,999	12
\$25,000 - 34,999	27
\$35,000 - 49,999	23
\$50,000+	28
<i>Physically Active</i>	
Did not meet recommendations	18 *
Met recommendations	26
<i>Overweight Status</i>	
Overweight/Obese	20
Not Overweight/Obese	25
<i>Povert Index</i>	
Food Stamp user	6 ***
Non Food Stamp users/ <130% FPL	11
Non Food Stamp users/ >130% FPL	26

FPL=Federal Poverty Level

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Chi-Square Test:

\*p<.05

\*\*p<.01

\*\*\*p<.001