

2003 California Dietary Practices Survey
Table 40: Consumption of Deep-Fried Foods and Fried Snack Foods

Question: Yesterday did you eat any deep-fried foods like French fries, fried chicken, chicken nuggets, fried fish, fried shrimp or onion rings?
 Yesterday, did you eat any potato chips, corn chips, cheese puffs, pork rinds, or other fried snacks?

	Percent	
	Deep-Fried Foods	Fried Snack Foods
Total	19	20
<i>Sex</i>		
Males	19	20
Females	19	19
<i>Males</i>		
18 - 24	24	19
25 - 34	24	25
35 - 50	18	23
51 - 64	13	13
65+	14	17
<i>Females</i>		
18 - 24	27 ***	20 *
25 - 34	26	24
35 - 50	20	20
51 - 64	14	20
65+	8	9
<i>Ethnicity</i>		
White	16 ***	18 *
Hispanic	25	23
Black	27	22
Asian/ Pacific Islander	27	27
<i>Education</i>		
Less than high school	21 ***	16 ***
High school graduate	24	25
Some college	23	22
College graduate	13	15
<i>Income</i>		
Less than \$15,000	22 **	18
\$15,000 - 24,999	22	21
\$25,000 - 34,999	28	24
\$35,000 - 49,999	16	23
\$50,000+	15	18
<i>Physically Active</i>		
Did not meet recommendations	22 *	22
Met recommendations	17	18
<i>Overweight Status</i>		
Overweight/Obese	19	21
Not overweight	19	18
<i>Poverty Index</i>		
Food Stamp users	24 *	36 ***
Non Food Stamp users/ <130% FPL	24	15
Non Food Stamp users/ >130% FPL	17	19

FPL=Federal Poverty Level

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi-Square Test:

* p<.05

** p<.01

*** p<.001

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Table 41: Consumption of High Fat Sweets, Breakfast Pastries, and Frozen Dairy Desserts¹

Question: Yesterday, did you eat any desserts like cake, pie, cookies, brownies, or chocolate candy bars?

Yesterday, did you eat any breakfast pastries like doughnuts, danish, sweet rolls, muffins, croissants, or pop tarts?

Yesterday, did you eat any lowfat frozen dairy desserts like frozen yogurt, light ice cream, or soft serve?

	Percent		
	High Fat Sweets	Breakfast Pastries	Lowfat Frozen Dairy Desserts ¹
Total	44	14	12
<i>Sex</i>			
Males	41 *	16 *	12
Females	46	12	13
<i>Males</i>			
18 - 24	40	14	15
25 - 34	34	16	7
35 - 50	43	15	11
51 - 64	45	18	12
65+	44	20	18
<i>Females</i>			
18 - 24	57	13	20 *
25 - 34	41	13	10
35 - 50	44	16	10
51 - 64	44	8	11
65+	52	9	19
<i>Ethnicity</i>			
White	46 **	12 ***	11 **
Hispanic	37	19	19
Black	35	21	9
Asian/ Pacific Islander	51	19	12
<i>Education</i>			
Less than high school	36	20	20 ***
High school graduate	42	13	15
Some college	48	14	12
College graduate	44	13	8
<i>Income</i>			
Less than \$15,000	40	19	18 ***
\$15,000 - 24,999	43	13	16
\$25,000 - 34,999	38	13	8
\$35,000 - 49,999	44	15	12
\$50,000+	45	14	9
<i>Physically Active</i>			
Did not meet recommendations	45	17 **	12
Met recommendations	43	12	13
<i>Overweight Status</i>			
Overweight/Obese	43	14	14
Not overweight	45	14	11
<i>Poverty Index</i>			
Food Stamp users	39	16	17 ***
Non Food Stamp users/ <130% FPL	38	18	20
Non Food Stamp users/ >130% FPL	44	14	10

FPL=Federal Poverty Level

¹ About 2/3 of frozen dairy desserts were regular varieties, not reduced in fat.

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Chi-Square Test:

* p<.05

** p<.01

*** p<.001

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Table 42: Consumption of Soda

Question: Yesterday, how many cans or glasses of regular carbonated soft drinks (such as cola, lemon lime) or sweetened non-carbonated beverages (such as Gatorade, Snapple, Sunny Delight, or Kool-Aid) did you drink?

	Percent Who Drank Any Soda ¹	Mean Servings of Soda ²
Total	52	1.1
<i>Sex</i>		
Males	58 ***	1.3 ***
Females	48	0.9
<i>Males</i>		
18 - 24	63 **	1.5 ^{bc} ***
25 - 34	67	1.7 ^c
35 - 50	58	1.2 ^{ab}
51 - 64	50	1.1 ^{ab}
65+	47	0.7 ^a
<i>Females</i>		
18 - 24	64 ***	1.1 ^b **
25 - 34	54	1.0 ^b
35 - 50	51	1.0 ^b
51 - 64	39	0.8 ^{ab}
65+	29	0.5 ^a
<i>Ethnicity</i>		
White	49 **	1.0
Hispanic	61	1.2
Black	61	1.3
Asian/ Pacific Islander	54	1.1
<i>Education</i>		
Less than high school	57 ***	1.1 ^{ab} ***
High school graduate	60	1.3 ^b
Some college	54	1.2 ^b
College graduate	44	0.8 ^a
<i>Income</i>		
Less than \$15,000	56	1.1
\$15,000 - 24,999	52	1.2
\$25,000 - 34,999	54	1.2
\$35,000 - 49,999	56	1.1
\$50,000+	50	1.0
<i>Physically Active</i>		
Did not meet recommendations	56 **	1.2 *
Met recommendations	48	1.0
<i>Overweight Status</i>		
Overweight/Obese	56 **	1.2 ***
Not overweight	48	0.9
<i>Poverty Index</i>		
Food Stamp users	68 **	1.4 ^b *
Non Food Stamp users/ <130% FPL	57	1.1 ^{ab}
Non Food Stamp users/ >130% FPL	50	1.0 ^a

FPL=Federal Poverty Level

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Categories sharing a common superscript (a, b) are not statistically different from each other (Tukey's test at a procedure-wise error rate=.05).

¹Chi-Square Test and ²ANOVA:

* p<.05

** p<.01

*** p<.001

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Table 43: Consumption of High Calorie, Low Nutrient Foods

Question: Yesterday, did you eat any breakfast pastries like doughnuts, danishes, sweet rolls, muffins, croissants or pop tarts? Do not include reduced fat or fat-free items.

Yesterday, did you eat any deep-fried foods like french fries, fried chicken, chicken nuggets, fried fish, fried shrimp or onion rings?

Yesterday, did you eat any potato chips, corn chips, cheese puffs, pork rinds or other fried snack foods? Do not include reduced fat or fat-free items.

Yesterday, did you eat any desserts like cake, pie, cookies, brownies, ice cream or chocolate candy bars? Do not include reduced fat, fat-free, or lower fat items.

	Mean Number of High Calorie, Low Nutrient Foods Reported
Total	1.0
<i>Sex</i>	
Males	1.0
Females	1.0
<i>Males</i>	
18 - 24	1.0
25 - 34	1.0
35 - 50	1.0
51 - 64	0.9
65+	0.9
<i>Females</i>	
18 - 24	1.2 ^b *
25 - 34	1.0 ^{ab}
35 - 50	1.0 ^{ab}
51 - 64	0.9 ^{ab}
65+	0.8 ^a
<i>Ethnicity</i>	
White	0.9 ^a ***
Hispanic	1.0 ^{ab}
Black	1.0 ^{ab}
Asian/ Pacific Islander	1.2 ^b
<i>Education</i>	
Less than high school	0.9 ^{ab} **
High school graduate	1.0 ^b
Some college	1.1 ^b
College graduate	0.9 ^a
<i>Income</i>	
Less than \$15,000	1.0
\$15,000 - 24,999	1.0
\$25,000 - 34,999	1.0
\$35,000 - 49,999	1.0
\$50,000+	0.9
<i>Physically Active</i>	
Did not meet recommendations	1.1 **
Met recommendations	0.9
<i>Overweight Status</i>	
Overweight/Obese	1.0
Not overweight	1.0
<i>Poverty Index</i>	
Food Stamp users	1.2
Non Food Stamp users/ <130% FPL	0.9
Non Food Stamp users/ >130% FPL	0.9

FPL=Federal Poverty Level

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Categories sharing a common superscript (a, b) are not statistically different from each other (Tukey's test at a procedure-wise error rate=.05).

ANOVA:

* p<.05

** p<.01

*** p<.001

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Table 44: Range of High Calorie, Low Nutrient Food Items Eaten

Question: Yesterday did you eat any breakfast pastries like doughnuts, danishes, sweet rolls, muffins, croissants or poparts? Do not include reduced fat or fat-free items.
 Yesterday did you eat any deep-fried foods like french fries, fried chicken, chicken nuggets, fried fish, fried shrimp or onion rings?
 Yesterday, did you eat any potato chips, corn chips, cheese puffs, pork rinds or other fried snack foods? Do not include reduced fat or fat-free items.
 Yesterday, did you eat any desserts like cake, pie, cookies, brownies, ice cream or chocolate candy bars? Do not include reduced fat, fat-free, or lower fat items.

	Percent		
	0	1	2-4
Total	34	42	24
<i>Sex</i>			
Males	34	42	24
Females	34	43	24
<i>Males</i>			
18 - 24	37	42	21
25 - 34	36	37	27
35 - 50	31	44	25
51 - 64	33	46	21
65+	35	41	24
<i>Females</i>			
18 - 24	23	48	29
25 - 34	31	46	24
35 - 50	37	34	29
51 - 64	35	45	20
65+	38	50	12
<i>Ethnicity</i>			
White	35	44	21
Hispanic	33	39	28
Black	32	40	27
Asian/ Pacific Islander	23	46	31
<i>Education</i>			
Less than high school	36	40	24
High school graduate	33	42	26
Some college	28	43	29
College graduate	37	44	19
<i>Income</i>			
Less than \$15,000	32	47	21
\$15,000 - 24,999	34	39	27
\$25,000 - 34,999	29	46	25
\$35,000 - 49,999	37	40	24
\$50,000+	36	42	23
<i>Physically Active</i>			
Did not meet recommendations	31	42	27
Met recommendations	36	43	21
<i>Overweight Status</i>			
Overweight/Obese	34	42	24
Not overweight	33	44	23
<i>Poverty Index</i>			
Food Stamp users	31	37	32
Non Food Stamp users/ <130% FPL	31	49	20
Non Food Stamp users/ >130% FPL	35	41	23

FPL=Federal Poverty Level

Rows might add to over 100 percent due to rounding

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi-Square Test:

* p<.05

** p<.01