

2003 California Dietary Practices Survey
Table 68: Frequency of Grocery Shopping by California Adults

Question: How many times per week or month do you shop in a grocery store or supermarket?

	Shopping Habits, Percent				
	3-4 Times a Month	>1 Time a Week	2 Times a Month	<2 Times a Month	
Total	41	38	13	8	
<i>Sex</i>					
Males	39	36	13	11	***
Females	43	39	12	6	
<i>Males</i>					
18 - 24	36	21	26	17	***
25 - 34	50	28	14	8	
35 - 50	40	41	11	8	
51 - 64	34	45	7	14	
65+	29	48	8	14	
<i>Females</i>					
18 - 24	53	20	23	3	***
25 - 34	52	30	11	7	
35 - 50	35	48	12	4	
51 - 64	40	46	11	4	
65+	38	44	8	11	
<i>Ethnicity</i>					
White	38	43	11	9	***
Hispanic	55	24	16	5	
Black	35	27	25	14	
Asian/Pacific Islander	48	44	5	2	
<i>Education</i>					
Less than high school	49	27	17	7	***
High school graduate	42	27	18	12	
Some college	39	41	10	10	
College graduate	39	46	9	5	
<i>Income</i>					
Less than \$15,000	40	33	16	11	***
\$15,000 - 24,999	48	29	17	6	
\$25,000 - 34,999	37	36	19	9	
\$35,000 - 49,999	41	41	13	5	
\$50,000+	38	45	8	9	
<i>Physically Active</i>					
Did not meet recommendations	44	33	14	10	***
Met recommendations	38	43	12	7	
<i>Overweight</i>					
Overweight/Obese	42	36	12	10	
Not Overweight	40	41	13	7	
<i>Poverty Index</i>					
Food Stamp users	36	32	24	9	***
Non Food Stamp users/ <130% FPL	46	29	15	10	
Non Food Stamp users/ >130% FPL	40	42	11	8	

FPL=Federal Poverty Level

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi-Square Test:

*** p<.001

2003 California Dietary Practices Survey

Table 69: Where Californians Buy Fresh Fruits and Vegetables

Question: Where do you get most of your fresh fruits and vegetables?

Where Fruits and Vegetables Are Purchased	Percent
Grocery Store	84
Farmer's Market	8
Other	8