

2009 California Dietary Practices Survey

Table 120: Condition of Walkways in Home Neighborhood

In your home neighborhood, do you have access to any sidewalks, shoulders of the road, trails, or parks where you can safely walk, run, or bike? How pleasant are the sidewalks, shoulders of the road, trails, or parks in your home neighborhood? Would you say: Very Pleasant, Somewhat Pleasant, Somewhat Unpleasant, or Very Unpleasant?

	Percent with Access to Safe Walkways	Percent Reporting Walkways as	
		Pleasant	Unpleasant
Total	82.5	91.8	8.2
<i>Sex</i>			
Males	86.8 ***	93.4	6.6 *
Females	78.4	90.0	10.0
<i>Males</i>			
18 - 24	97.1 **	90.1	9.9
25 - 34	88.7	97.9	2.1
35 - 50	82.8	91.6	8.4
51 - 64	84.8	93.2	6.8
65+	86.8	94.9	5.1
<i>Females</i>			
18 - 24	81.5	82.7	17.3 *
25 - 34	75.2	88.5	11.5
35 - 50	81.1	89.8	10.2
51 - 64	71.5	91.9	8.1
65+	81.8	96.6	3.4
<i>Ethnicity</i>			
White	82.8	93.8	6.2 *
Hispanic	83.0	90.5	9.5
Black	84.4	90.8	9.2
Asian/Pacific Islander	79.4	87.0	13.0
<i>Education</i>			
Less than High School	77.8 **	91.7	8.3 **
High School Graduate	81.7	87.6	12.4
Some College	81.3	93.8	6.2
College Graduate	87.2	94.2	5.8
<i>Income</i>			
Less than \$15,000	74.1 ***	89.6	10.4 ***
\$15,000 - 24,999	82.6	89.0	11.0
\$25,000 - 34,999	80.6	85.9	14.1
\$35,000 - 49,999	88.4	85.8	14.2
\$50,000+	89.9	98.1	1.9
<i>Physically Active</i>			
Did Not Meet Recommendations	83.4 **	94.4	5.6
Met Recommendations	89.5	91.5	8.5
<i>Overweight Status</i>			
Overweight/Obese	80.7 *	91.8	8.2
Not Overweight	85.6	91.8	8.2
<i>SNAP/CalFresh Status, % FPL</i>			
Participant, ≤ 130%	79.2 ***	88.4	11.6 ***
Likely Eligible, ≤ 130%	75.9	91.1	8.9
Potentially Eligible, 131 - 185%	80.0	86.0	14.0
Not Eligible, > 185%	89.0	96.7	3.3

N=1,451

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

*p<.05

**p<.01

***p<.001

2009 California Dietary Practices Survey

Table 121: Access to Safe Exercise Facilities in Home Neighborhood

In your home neighborhood, do you have access to safe public indoor or outdoor exercise facilities, such as tracks, basketball or tennis courts, swimming pools, or school gyms?

	Percent with Access to Safe Exercise Facilities
Total	61.1
<i>Sex</i>	
Males	64.6 **
Females	57.6
<i>Males</i>	
18 - 24	71.2
25 - 34	66.7
35 - 50	59.8
51 - 64	65.9
65+	64.2
<i>Females</i>	
18 - 24	52.1
25 - 34	56.4
35 - 50	59.9
51 - 64	58.4
65+	58.7
<i>Ethnicity</i>	
White	61.9
Hispanic	60.3
Black	67.8
Asian/Pacific Islander	55.7
<i>Education</i>	
Less than High School	54.7 *
High School Graduate	58.4
Some College	65.4
College Graduate	64.7
<i>Income</i>	
Less than \$15,000	51.3 ***
\$15,000 - 24,999	62.9
\$25,000 - 34,999	58.7
\$35,000 - 49,999	57.4
\$50,000+	71.4
<i>Physically Active</i>	
Did Not Meet Recommendations	65.2
Met Recommendations	69.5
<i>Overweight Status</i>	
Overweight/Obese	58.9 *
Not Overweight	65.1
<i>SNAP/CalFresh Status, % FPL</i>	
Participant, ≤ 130%	56.0 ***
Likely Eligible, ≤ 130%	56.2
Potentially Eligible, 131 - 185%	60.9
Not Eligible, > 185%	69.6

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Chi Square Test

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** p<.01

*** p<.001

2009 California Dietary Practices Survey

Table 122: Access to Quality, Affordable, and Fresh Fruits and Vegetables in Neighborhood

In your neighborhood, how often can you easily find a variety of good quality, affordable, fresh fruits and vegetables that you want?

	Always/Often	Sometimes	Seldom/Never	
Total	71.4	17.5	11.1	
<i>Sex</i>				
Males	70.5	17.3	12.2	
Females	72.3	17.7	10.0	
<i>Males</i>				
18 - 24	52.9	29.8	17.3	**
25 - 34	71.7	17.6	10.7	
35 - 50	74.2	14.8	11.1	
51 - 64	71.3	14.0	14.7	
65+	79.1	14.9	6.0	
<i>Females</i>				
18 - 24	70.5	24.2	5.3	
25 - 34	68.0	22.0	10.0	
35 - 50	72.1	17.9	10.0	
51 - 64	74.1	12.9	12.9	
65+	77.8	12.0	10.2	
<i>Ethnicity</i>				
White	74.2	14.3	11.5	**
Hispanic	66.0	23.6	10.3	
Black	64.4	21.1	14.4	
Asian/Pacific Islander	75.9	15.1	9.0	
<i>Education</i>				
Less than High School	59.6	24.7	15.6	***
High School Graduate	64.7	25.5	9.9	
Some College	72.6	14.1	13.2	
College Graduate	84.2	8.5	7.3	
<i>Income</i>				
Less than \$15,000	58.6	24.6	16.9	***
\$15,000 - 24,999	73.2	15.1	11.7	
\$25,000 - 34,999	67.2	22.1	10.7	
\$35,000 - 49,999	77.9	12.3	9.8	
\$50,000+	82.7	11.4	5.9	
<i>Physically Active</i>				
Did Not Meet Recommendations	72.2	18.6	9.1	
Met Recommendations	75.3	16.9	7.8	
<i>Overweight Status</i>				
Overweight/Obese	70.2	18.1	11.8	
Not Overweight	73.2	16.6	10.2	
<i>SNAP/CalFresh Status, % FPL</i>				
Participant, ≤ 130%	66.5	22.0	11.5	***
Likely Eligible, ≤ 130%	60.1	19.6	20.2	
Potentially Eligible, 131 - 185%	74.6	18.3	7.0	
Not Eligible, > 185%	80.3	11.4	8.3	

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Table 123: Family Rules Limiting Junk Food, Fast Food, and Screen Time

Does your family (Do you) limit the amount of junk food, such as chips, candy, soda, etc., in the house?

Does your family (Do you) limit the number of times per week or per month you eat at fast food restaurants?

Does your family limit the amount of time your children watch TV?

Does your family limit the amount of time your children surf the internet, play video games, or watch videos/DVDs?

	Percent With Rules Limiting			
	Junk Food	Fast Food	Television ¹	Internet, Video Games, and Videos ¹
Total	76.7	70.0	67.5	72.7
<i>Sex</i>				
Males	71.9 ***	64.9 ***	62.2 **	67.0 **
Females	81.3	75.1	72.2	77.5
<i>Males</i>				
18 - 24	52.9 ***	49.5 **	35.2 ***	42.9 ***
25 - 34	72.3	70.4	66.0	71.6
35 - 50	81.2	64.3	68.0	74.4
51 - 64	71.7	72.7	71.8	66.7
65+	65.7	61.4	33.3	33.3
<i>Females</i>				
18 - 24	75.8	58.5 ***	67.1	69.0 *
25 - 34	77.2	70.5	75.2	85.1
35 - 50	86.0	83.7	73.7	78.5
51 - 64	80.6	77.6	68.8	71.1
65+	81.8	74.2	50.0	50.0
<i>Ethnicity</i>				
White	78.8 **	74.2 ***	61.1 ***	64.9 ***
Hispanic	70.0	61.5	68.2	73.5
Black	73.0	67.4	66.0	77.4
Asian/Pacific Islander	83.4	72.5	85.0	92.4
<i>Education</i>				
Less than High School	69.3 ***	63.9 ***	66.3	74.0
High School Graduate	74.0	64.2	61.8	70.0
Some College	78.9	70.7	71.7	78.7
College Graduate	82.5	79.1	71.0	69.3
<i>Income</i>				
Less than \$15,000	71.7 **	64.7 **	67.9 **	72.2
\$15,000 - 24,999	82.1	72.0	71.3	77.3
\$25,000 - 34,999	74.0	64.0	58.0	62.0
\$35,000 - 49,999	77.2	73.9	54.5	79.7
\$50,000+	81.2	75.7	75.5	72.7
<i>Physically Active</i>				
Did Not Meet Recommendations	80.2	70.6	68.4	73.6
Met Recommendations	77.5	73.8	70.8	71.7
<i>Overweight Status</i>				
Overweight/Obese	74.5 **	69.3	67.0	73.2
Not Overweight	80.4	71.2	67.0	71.5
<i>SNAP/CalFresh Status, % FPL</i>				
Participant, ≤ 130%	76.2	68.4	67.8	74.9
Likely Eligible, ≤ 130%	75.3	69.7	70.9	77.6
Potentially Eligible, 131 - 185%	73.2	72.7	58.1	73.3
Not Eligible, > 185%	78.8	72.2	67.7	66.3

N=1,451

¹ Out of adults with children under 18 years of age.

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