

## SNAP-Ed Eligible Demographics Less than 185% Federal Poverty Level

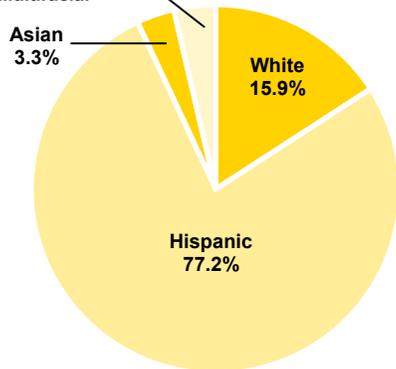
**Total** 148,966 (37.4%)

### Ages (<185% FPL)

Children <6 years old	19,857 (51.2%)
Children 6-17 years old	34,471 (48.9%)
Adults 18-64 years old	84,203 (34.4%)
Seniors 65 years and older	10,435 (23.9%)

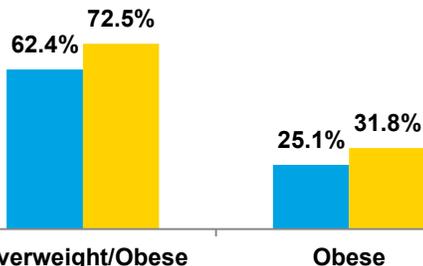
### Race/Ethnicity (<185% FPL)

1.7% African-American  
0.3% American Indian/Alaska Native  
0.2% Native Hawaiian/Other Pacific Islander  
0.2% Another Race  
1.3% Multiracial



## Obesity Prevalence

■ Adults ■ SNAP-Ed Adults



### Low Income Children

#### Overweight/Obese Obese

Age Group	Overweight/Obese	Obese
Age 2-4 years	35.3%	19.3%
Age 5-19 years	44.9%	24.2%

## Environment

Number of recreational facilities per 100,000 residents	5.8
Percent of children and teens (1-17) who have a park or open space within walking distance	b
Percent of low income population that had limited access to healthy food	3.1%
Percent of zip codes that have grocery stores, produce stands or farmer's markets	83%
Percent of restaurants that are fast-food	40.2%

## Population below Federal Poverty Level

**16.1%**

## Food Insecurity Rates

**16.4%** Overall

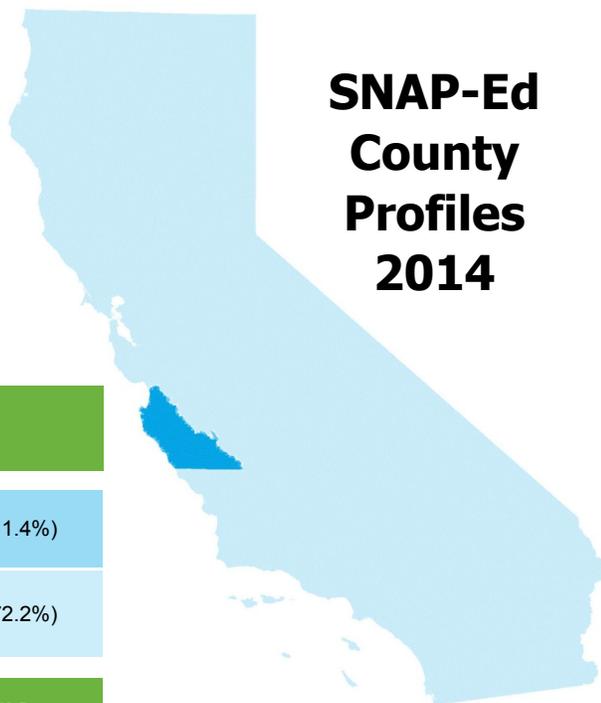
**28.1%** Children

## Other Federal Nutrition Assistance Programs

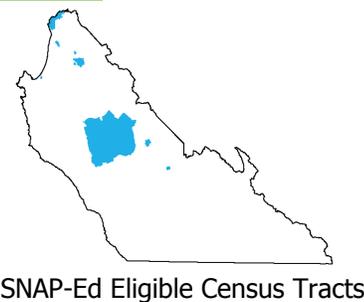
CalFresh Participants	48,096 (11.4%)
Students Eligible for Free/Reduced Price Meals (FRPM)	53,054 (72.2%)

## SNAP-Ed Eligible Locations

Census Tracts	SNAP-Ed Eligible Census Tracts
93	19 (20.4%) all races
Schools	SNAP-Ed Eligible Schools
133	101 (75.9%)



# SNAP-Ed County Profiles 2014



# Monterey

## Physical Activity and Nutrition

### Physical Activity

Adults engaged in regular walking in the past week	41.1%
Adults who did not exercise in the past month	15.9%
Children (5-11) physically active at least 1 hour everyday	29.4%

### Fruits and Vegetables

consumed 5 or more servings yesterday			3+ times yesterday
Children (2-11)	SNAP-Ed Children	Teens (12-17)	Adults
55.5%	51.7%	b	24.9%

### Fast Food

consumed 1 or more times in the past week

Adults	SNAP-Ed Adults	Children/Teens (2-17)	SNAP-Ed Children/Teens (2-17)
59.2%	65.9%	75.8%	b

### Sugar-Sweetened Beverages

consumed 1 or more per day

Children and Teens (2-17)
53%

<sup>b</sup> unstable estimate

For CalFresh information, call 1-877-847-3663. Funded by USDA SNAP-Ed, an equal opportunity provider and employer. Visit [www.CaChampionsForChange.net](http://www.CaChampionsForChange.net) for healthy tips. Prepared by CDPH.

Please refer to [Data Sources and Methodology](#) for more information on the data above.