

SNAP-Ed Eligible Demographics

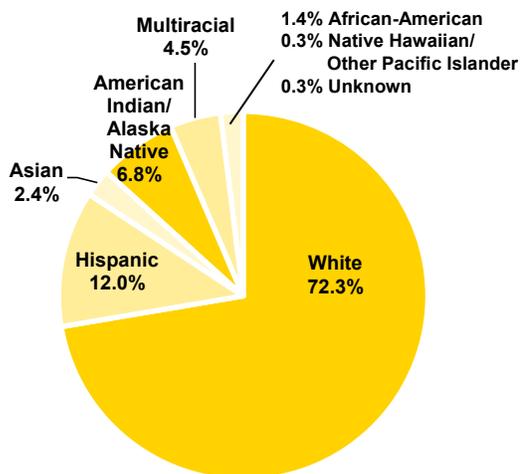
Less than 185% Federal Poverty Level

Total 50,849 (39.0%)

Ages (<185% FPL)

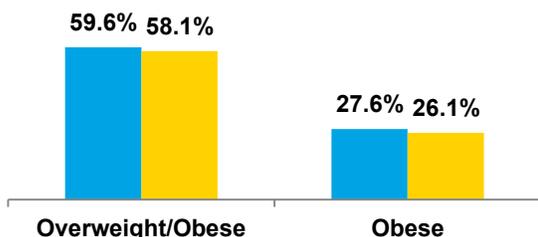
Children <6 years old	4,679 (54.1%)
Children 6-17 years old	7,048 (40.4%)
Adults 18-64 years old	34,108 (39.3%)
Seniors 65 years and older	5,014 (28.6%)

Race/Ethnicity (<185% FPL)



Obesity Prevalence

■ Adults ■ SNAP-Ed Adults



	Low Income Children	
	Overweight/Obese	Obese
Age 2-4 years	33.1%	16.0%
Age 5-19 years	43.3%	22.1%

Environment

Number of recreational facilities per 100,000 residents	7.4
Percent of children and teens (1-17) who have a park or open space within walking distance	80.4%
Percent of low income population that had limited access to healthy food	6.5%
Percent of zip codes that have grocery stores, produce stands or farmer's markets	41%
Percent of restaurants that are fast-food	40.0%

Population below Federal Poverty Level

19.7%

Food Insecurity Rates

17.1% Overall

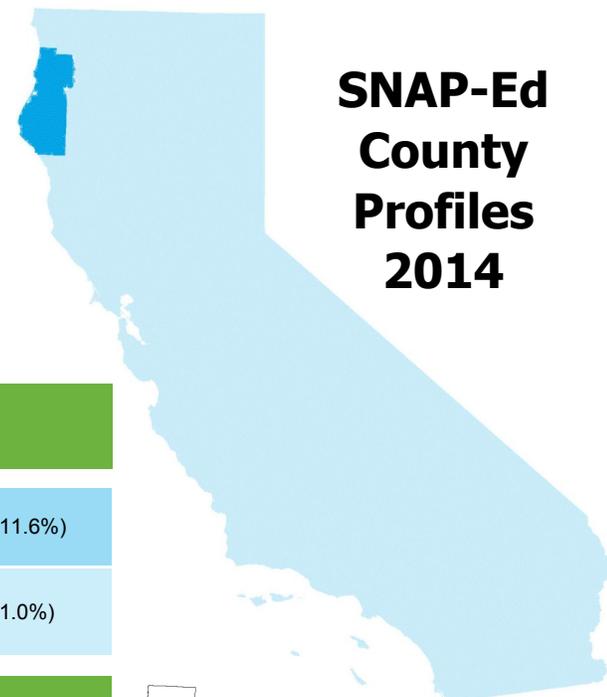
24.9% Children

Other Federal Nutrition Assistance Programs

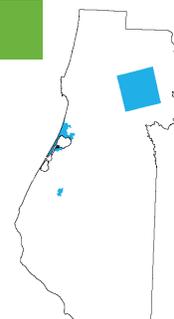
CalFresh Participants	15,689 (11.6%)
Students Eligible for Free/Reduced Price Meals (FRPM)	9,145 (51.0%)

SNAP-Ed Eligible Locations

Census Tracts	SNAP-Ed Eligible Census Tracts
30	6 (20.0%) all races
Schools	SNAP-Ed Eligible Schools
83	48 (57.8%)



SNAP-Ed County Profiles 2014



SNAP-Ed Eligible Census Tracts

Physical Activity and Nutrition

Physical Activity

Adults engaged in regular walking in the past week	33.1%
Adults who did not exercise in the past month	19.2%
Children (5-11) physically active at least 1 hour everyday	b

Fruits and Vegetables

consumed 5 or more servings yesterday			3+ times yesterday
Children (2-11)	SNAP-Ed Children	Teens (12-17)	Adults
58.5%	b	b	30.5%

Fast Food

consumed 1 or more times in the past week			
Adults	SNAP-Ed Adults	Children/Teens (2-17)	SNAP-Ed Children/Teens (2-17)
47.7%	49.7%	55.4%	57.2%

Sugar-Sweetened Beverages

consumed 1 or more per day	
Children and Teens (2-17)	
	33%

^b unstable estimate

Humboldt

For CalFresh information, call 1-877-847-3663. Funded by USDA SNAP-Ed, an equal opportunity provider and employer. Visit www.CaChampionsForChange.net for healthy tips. Prepared by CDPH.

Please refer to [Data Sources and Methodology](#) for more information on the data above.