

# California Health Interview Survey 2011 - 2012

Humboldt County			
Children 0 - 11			
	Est. N	%	95% C.I.
7 days physically active at least one hour (past week)	3,000	30.2*	(12.4 - 48.0)
Overweight for age (does not factor height)	1,000	5.4*	(0.3 - 10.5)
Drank two or more glasses of soda yesterday	-	-	-
Fast food eaten one or more times in past week	8,000	54.1	(37.7 - 70.6)
Eat 5 or more servings fruit/vegetables daily	9,000	58.5	(42.0 - 75.0)
Two or more fruit servings previous day	13,000	72.4	(59.3 - 85.5)
Currently receiving Food Stamps	4,000	28.4*	(9.8 - 47.0)
Park or open space is within walking distance	13,000	83.4*	(71.2 - 95.6)
Ever diagnosed with asthma	2,000	11.1*	(2.4 - 19.9)
Teens 12 - 17			
Underweight (within lowest 5th percentile)	-	-	-
Normal weight (5th up to 85th percentile)	7,000	79.4*	(63.3 - 95.6)
At risk of overweight (85th up to 95th percentile)	1,000	10.5*	(2.2 - 18.9)
Overweight/obese (highest 5th percentile)	1,000	10.0*	(0.0 - 24.4)
Drank two or more glasses of soda yesterday	3,000	34.3*	(11.9 - 56.6)
Fast food eaten one or more times in past week	5,000	57.8	(34.2 - 81.4)
Eat 5+ servings of fruits/vegetables daily	2,000	20.7*	(5.9 - 35.5)
Two or more fruit servings previous day	3,000	38.1	(17.4 - 58.8)
Currently receiving Food Stamps	2,000	47.7*	(14.4 - 81.1)
Strongly agree nearby park or playground safe during the day	3,000	41.1	(19.5 - 62.8)
Strongly agree nearby park or playground safe at night	1,000	7.9*	(0.0 - 18.6)
Park or open space is within walking distance	6,000	74.7*	(55.9 - 93.6)
Did volunteer / community service in last year	6,000	73.8*	(50.5 - 97.1)
Ever diagnosed with asthma	2,000	23.0*	(4.1 - 41.9)
Adults 18+			
Ever diagnosed with diabetes	10,000	9.4	(5.4 - 13.5)
Ever told has had pre- or borderline diabetes	15,000	14.5	(9.2 - 19.7)
Ever diagnosed with asthma	20,000	19.6	(13.3 - 26.0)
Ever diagnosed with high blood pressure	28,000	27.5	(20.9 - 34.0)
Takes medicine for high blood pressure	19,000	67.6	(53.1 - 82.1)
Ever diagnosed with heart disease	11,000	10.9	(4.8 - 17.0)
Ever had a stroke	2,000	2.1	(1.0 - 3.3)
0 - 18.49 (Underweight)	1,000	0.6*	(0.1 - 1.2)
18.5 - 24.99 (Normal)	41,000	39.8	(32.1 - 47.5)
25.0 - 29.99 (Overweight)	33,000	32.0	(25.4 - 38.6)
30.0 or higher (Obese)	29,000	27.6	(20.7 - 34.4)
Overweight or obese	62,000	59.6	(51.9 - 67.3)
Fast food eaten one or more times in past week	49,000	47.7	(40.0 - 55.4)
Not able to afford enough food (food insecure)	18,000	39.8	(24.9 - 54.7)
Currently receiving Food Stamps	14,000	21.3	(9.1 - 33.4)
Currently on WIC	1,000	16.9*	(0.4 - 33.4)
Currently receiving TANF or CalWORKS	2,000	3.8*	(0.9 - 6.6)
Own home	61,000	58.7	(50.5 - 66.9)
Volunteered in past year	20,000	18.9	(12.3 - 25.5)
Adults 18+ less than 185% of Federal Poverty Level			
Ever diagnosed with diabetes	3,000	6.7	(2.8 - 10.5)
Ever told has had pre- or borderline diabetes	4,000	10.7*	(0.6 - 20.8)
Ever diagnosed with heart disease	7,000	16.6*	(2.7 - 30.6)
Overweight or obese	24,000	58.1	(42.5 - 73.8)
Fast food eaten one or more times in past week	20,000	49.7	(34.1 - 65.4)
Not able to afford enough food (food insecure)	17,000	41.6	(25.7 - 57.5)
Currently receiving Food Stamps	14,000	32.9	(15.4 - 50.3)
Currently on WIC	1,000	22.5*	(0.0 - 47.2)
Currently receiving TANF or CalWORKS	2,000	6.1*	(1.4 - 10.8)
Own home	15,000	36.7	(22.8 - 50.5)
Volunteered in past year	7,000	16.2*	(4.7 - 27.8)

\*Statistically unstable for a minimum number of respondents needed AND/OR has exceeded an acceptable value for coefficient of variance.  
 - (hyphen): Estimate is less than 500 people