



CX³ - NF6 Emergency Food Outlet Survey (for food pantries, closets, churches, etc.)



A. Emergency Food Outlet Information

1) Outlet ID: _____ - _____
County - Outlet Code

2) Name of Outlet: _____

3) Coder Name/ID: _____

4) Outlet Type (specify, ie. pantry, closet, church, etc.):

7) Date of interview: _____

8) Hours of operation:

Weekdays: _____

Saturday: _____

Sunday: _____

5) Name of CX³ Neighborhood served: _____

5a) Is outlet in CX³ neighborhood? **1 Yes** **0 No**

6) Does the outlet serve as a food distributor to other agencies or outlets? **1 Yes** **0 No**

B. Foods Provided

Fruits and Vegetables

9) How often does the food bank or emergency food outlet usually provide/distribute fresh produce?

5 every day..... 4 at least once a week..... 3 a few times a month..... 2 once a month1 rarely 0 never

10) What are the five most common fresh vegetables distributed throughout the year?

11) What are the five most common fresh fruits distributed throughout the year?

12) How often does the outlet provide/distribute canned fruits (with out added fats or sweeteners)?

5 every day..... 4 at least once a week..... 3 a few times a month..... 2 once a month1 rarely 0 never

Other Healthy Foods

13) How often are the following provided/distributed?

Beans- canned or dried (pinto, kidney, refried, blackeyed peas, etc.) w/o added sweeteners	5 every day	4 at least once a week	3 a few times a month	2 once a month	1 rarely	0 never
Peanut butter	5 every day	4 at least once a week	3 a few times a month	2 once a month	1 rarely	0 never
Canned tuna	5 every day	4 at least once a week	3 a few times a month	2 once a month	1 rarely	0 never
Lean meat (85% or higher)	5 every day	4 at least once a week	3 a few times a month	2 once a month	1 rarely	0 never
Nuts or seeds	5 every day	4 at least once a week	3 a few times a month	2 once a month	1 rarely	0 never
Eggs	5 every day	4 at least once a week	3 a few times a month	2 once a month	1 rarely	0 never
Powdered milk	5 every day	4 at least once a week	3 a few times a month	2 once a month	1 rarely	0 never
Whole wheat bread	5 every day	4 at least once a week	3 a few times a month	2 once a month	1 rarely	0 never
Whole Grain Cereal: (Cherrios, Wheaties, Oatmeal)	5 every day	4 at least once a week	3 a few times a month	2 once a month	1 rarely	0 never
Brown rice	5 every day	4 at least once a week	3 a few times a month	2 once a month	1 rarely	0 never

Pasta (egg or whole wheat)	5 every day	4 at least once a week	3 a few times a month	2 once a month	1 rarely	0 never
Soy milk	5 every day	4 at least once a week	3 a few times a month	2 once a month	1 rarely	0 never

Unhealthy Foods

14) How often are the following provided/distributed?

Soda	5 every day	4 at least once a week	3 a few times a month	2 once a month	1 rarely	0 never
Other sweetened drinks (gatorade, energy drinks, sweetened teas, fruit drinks-not 100% juice)	5 every day	4 at least once a week	3 a few times a month	2 once a month	1 rarely	0 never
Chips	5 every day	4 at least once a week	3 a few times a month	2 once a month	1 rarely	0 never
Cookies	5 every day	4 at least once a week	3 a few times a month	2 once a month	1 rarely	0 never
High sugar cereals (fruit loops, cocoa puffs, frosted flakes, captain crunch, etc.)	5 every day	4 at least once a week	3 a few times a month	2 once a month	1 rarely	0 never
Candy (fruit snacks, crunch & munch, etc.)	5 every day	4 at least once a week	3 a few times a month	2 once a month	1 rarely	0 never

C. Healthy Food Promotion

Does the outlet:

- 15) receive/obtain mainly foods that are low in salt, fat, and hydrogenated oils? **1 Yes 0 No**
- 16) provide guidelines or tips for healthy food preparation? **1 Yes 0 No**
- 17) provide taste testing or samples of foods? **1 Yes 0 No**
- 18) provide nutrition education? **1 Yes 0 No**
- 19) work with area nutrition educators to provide nutrition education to clients? **1 Yes 0 No**
- 20) consult with a nutritionist about the food distributed? **1 Yes 0 No**
- 21) include nutrition education in newsletters or mailings? **1 Yes 0 No**
- 22) conduct client surveys? **1 Yes 0 No**

D. Site Visit

23) Are there any healthy food promotion items visible? **1 Yes 0 No**

24) If available, circle a number next to the types of health promotion items that are present.

(More than one can be circled.)

- 1 - 5 A Day (not on packaging)
- 2 - Nutritional information
- 3 - Fruit and Veggies: More Matters
- 4 - Network for a Healthy California: Champions for Change
- 5 - Other (specify) _____

25) Notes/Other Observations: *(optional)*

Things to remember: Double check that all entries are clear and legible. **Thank You!**