



Data Snacks Worksheet

Directions: Tally how many snacks you ate:

| Name of Snack | Tally |
|---------------|-------|
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After you are done eating and tallying your snacks please answer these questions:

- What new food did you eat?
- Were you surprised by the taste of any of the snacks?
- Which food did you eat the largest quantity of?
- Which food did you eat the smallest quantity of?
- What helped you decide to try a new food?
- What snack would you recommend to a friend?

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For important nutrition information, visit www.cachampionsforchange.net. For food stamp information, call 877-847-3663. Partially funded by the USDA Supplemental Nutrition Assistance Program, an equal opportunity provider and employer. California Department of Public Health.