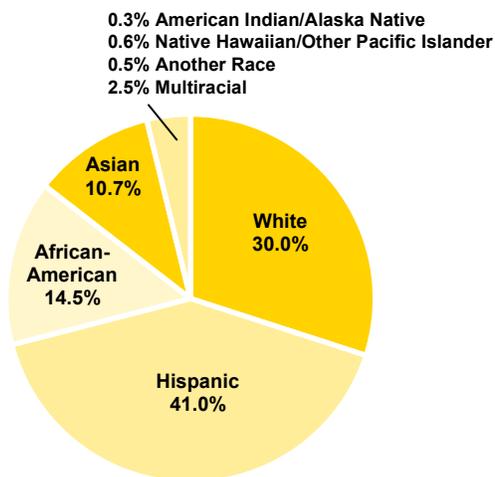


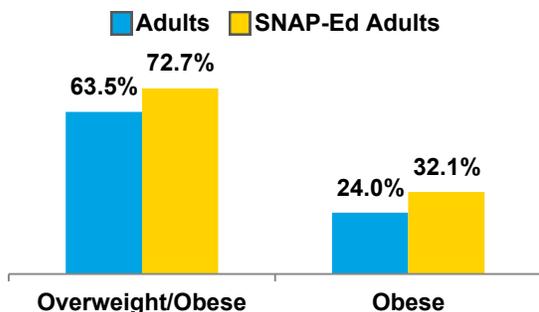
SNAP-Ed Eligible Demographics

Less than 185% Federal Poverty Level

Total	226,464 (21.7%)
Ages (<185% FPL)	
Children <6 years old	23,750 (29.9%)
Children 6-17 years old	46,410 (26.1%)
Adults 18-64 years old	130,975 (20.0%)
Seniors 65 years and older	25,329 (19.5%)
Race/Ethnicity (<185% FPL)	



Obesity Prevalence



Low Income Children		
	Overweight/Obese	Obese
Age 2-4 years	30.8%	14.8%
Age 5-19 years	41.6%	23.8%

Environment

Number of recreational facilities per 100,000 residents	11.1
Percent of children and teens (1-17) who have a park or open space within walking distance	86.1%
Percent of low income population that had limited access to healthy food	2.7%
Percent of zip codes that have grocery stores, produce stands or farmer's markets	97%
Percent of restaurants that are fast-food	47.1%

Population below Federal Poverty Level

10.2%

Food Insecurity Rates

13.8% Overall

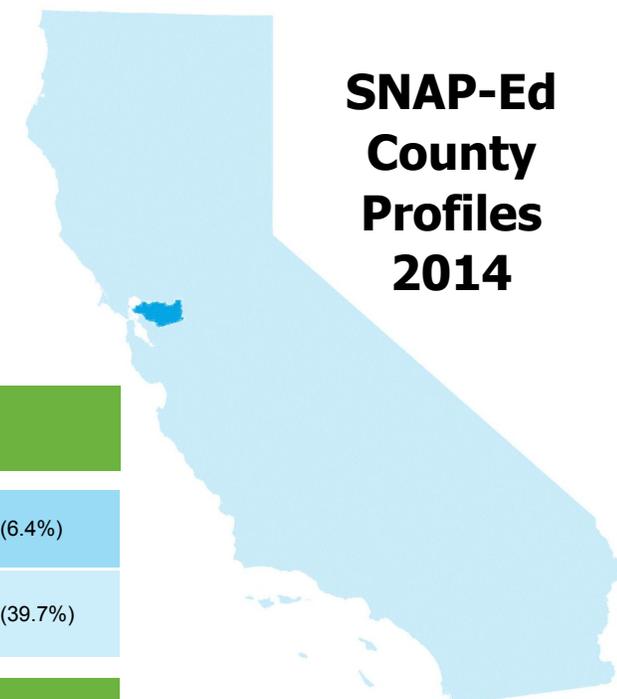
19.1% Children

Other Federal Nutrition Assistance Programs

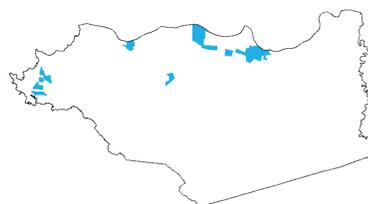
CalFresh Participants	68,857 (6.4%)
Students Eligible for Free/Reduced Price Meals (FRPM)	68,064 (39.7%)

SNAP-Ed Eligible Locations

Census Tracts	SNAP-Ed Eligible Census Tracts
207	17 (8.2%) all races
Schools	SNAP-Ed Eligible Schools
262	117 (44.7%)



SNAP-Ed County Profiles 2014



SNAP-Ed Eligible Census Tracts

Physical Activity and Nutrition

Physical Activity

Adults engaged in regular walking in the past week	34.3%
Adults who did not exercise in the past month	17.6%
Children (5-11) physically active at least 1 hour everyday	b

Fruits and Vegetables

consumed 5 or more servings yesterday			3+ times yesterday
Children (2-11)	SNAP-Ed Children	Teens (12-17)	Adults
63.6%	b	38.9%	29.9%

Fast Food

consumed 1 or more times in the past week			
Adults	SNAP-Ed Adults	Children/Teens (2-17)	SNAP-Ed Children/Teens (2-17)
52.6%	59.4%	65.0%	b

Sugar-Sweetened Beverages

consumed 1 or more per day	
Children and Teens (2-17)	
	29%

^b unstable estimate

Contra Costa

For CalFresh information, call 1-877-847-3663. Funded by USDA SNAP-Ed, an equal opportunity provider and employer. Visit www.CaChampionsForChange.net for healthy tips. Prepared by CDPH.

Please refer to [Data Sources and Methodology](#) for more information on the data above.