



County of Yolo Health Department

Presented by:
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Collaborative Efforts Through Partnerships

- School Districts
- Community Based Organizations
- Public Housing Authority
- Preschool/Child Care Programs
- Community Clinics
- Medical Providers

Strategy Methods

- Memorandum of Understandings
- Develop nutrition and physical activity program goals and objectives
- Integrate nutrition and physical activity curricula
- Enhance existing nutrition and physical activity goal and objectives
- Community Grant Projects

School Districts in Yolo County

- Nutrition messages in lunch menus
- Nutrition promotion during teacher in-service
- After school cooking clubs
- Interactive classroom instructions
- School events; Walk to School, National Nutrition Month
- Student/parent nutrition and pa workshops

Community Based Organizations

- Nutrition education classes at Farmworker Service Programs
- Interactive nutrition and physical activity demonstrations at Family Resource Centers
- Cooking and taste testing demonstrations at Food Bank
- Hands on nutrition activities/promotion at County events; Dia de Los Ninos



Community Nutrition & Physical Activity Events



Public Housing Authority

- After school nutrition education classes
- Resident nutrition education and physical activity classes
- Cooking taste testing demonstrations
- Nutrition and physical activity promotional events at Migrant Camp openings



Preschool Childcare Programs

- Nutrition education at Parent Meetings
- Preschool hands on cooking and body movement activities
- Staff trainings
- Staff wellness promotion
- Child/parent nutrition education and physical activity events
- Menu Planning Meetings



Preschool Fruit & Veggie Fair



Community Clinics & Medical Providers

- Health Fairs/Health Screening
- Nutrition education and physical activity class series
- Nutrition education and physical activity presentations
- Community Grants



Thank You!

**County of Yolo
Health Department**

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