

2000-2008 California Teen Eating, Exercise, and Nutrition Survey

Trend Table 39: Proportion of California Adolescents Reporting Taking Physical Education in School

Do you currently take physical education class in school?

	Participate in Physical Education at School, Percent of Adolescents					Trend Analysis				
	2000	2002	2004	2006	2008	00-02	02-04	04-06	06-08	00-08
Total	76.3%	75.1%	76.1%	77.7%	73.4%	-1.2%	1.0%	1.6%	-4.3%	-2.9%
Gender										
Male	76.6%	77.0%	78.2%	75.2%	75.2%	0.4%	1.2%	-3.0%	0.0%	-1.4%
Female	75.9%	73.0%	73.8%	75.3%	71.4%	-2.8%	0.8%	1.5%	-3.9%	-4.4%
Ethnicity										
White	75.5%	72.7%	78.8%	70.8%	71.5%	-2.8%	6.1%	-8.0%	0.7%	-4.0%
African American	77.8%	79.3%	79.1%	70.0%	82.5%	1.5%	-0.2%	-9.1%	12.6%	4.7%
Latino	77.7%	78.6%	75.2%	79.0%	73.9%	0.9%	-3.4%	3.8%	-5.0%	-3.8%
Asian/ Other	73.6%	70.5%	69.7%	79.6%	71.9%	-3.1%	-0.9%	9.9%	-7.6%	-1.7%
Food Stamp Status, % FPL¹										
Participant, ≤130				80.3%	81.3%				1.0%	
Likely Eligible, ≤130				83.0%	76.9%				-6.0%	
Not Eligible, >185				70.1%	68.9%				-1.2%	
Smoking Status										
Non-Smokers	77.6%	76.5%	76.7%	75.8%	74.1%	-1.1%	0.2%	-0.9%	-1.7%	-3.5%
Smokers	58.6%	52.4%	64.6%	62.5%	60.1%	-6.3%	12.3%	-2.1%	-2.4%	1.5%
Overweight Status										
Not Overweight	76.2%	74.9%	75.6%	76.2%	72.9%	-1.3%	0.6%	0.7%	-3.3%	-3.3%
Overweight/Obese	76.0%	74.0%	74.2%	71.5%	72.8%	-2.0%	0.2%	-2.8%	1.3%	-3.2%
Physical Activity										
Regular	78.8%	79.8%	82.4%	76.0%	70.7%	1.0%	2.6%	-6.4%	-5.3%	-8.2%
Irregular	64.7%	57.4%	57.7%	73.2%	82.8%	-7.3%	0.3%	15.5%	9.6%	18.1%

¹ Survey respondents between 130-185% FPL omitted from data tables due to insufficient sample size.

* p<.05
 ** p<.01
 *** p<.001

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Trend Table 40a: Proportion of California Adolescents Who Watch More Than 120 Minutes of Television on Schooldays

Yesterday, how many minutes or hours did you watch television or videos or play video or computer games that were for fun?

	Report More than 120 Minutes of Television on Schooldays ¹ , Percent of Adolescents					Trend Analysis				
	2000	2002	2004	2006	2008	00-02	02-04	04-06	06-08	00-08
Total	61.9%	32.4%	32.8%	34.2%	49.1%	-29.5%	0.3%	1.5%	14.8%	-12.8%
Gender										
Male	42.7%	33.0%	34.1%	34.7%	52.0%	-9.7%	1.1%	0.6%	17.3%	9.3%
Female	32.8%	31.8%	31.4%	33.7%	45.8%	-1.0%	-0.5%	2.4%	12.1%	13.0%
Ethnicity										
White	35.2%	28.8%	20.7%	30.9%	41.0%	-6.4%	-8.1%	10.2%	10.1%	5.8%
African American	49.7%	50.0%	22.5%	35.0%	60.7%	0.3%	-27.5%	12.5%	25.6%	10.9%
Latino	38.5%	30.9%	29.0%	37.9%	52.7%	-7.6%	-1.9%	8.9%	14.8%	14.1%
Asian/ Other	40.2%	39.4%	28.2%	32.5%	52.5%	-0.8%	-11.3%	4.4%	19.9%	12.3%
Food Stamp Status, % FPL²										
Participant, ≤130				36.2%	55.4%				19.2%	
Likely Eligible, ≤130				36.7%	54.5%				17.8%	
Not Eligible, >185				31.6%	43.4%				11.8%	
Smoking Status										
Non-Smokers	38.3%	32.8%	32.3%	34.6%	49.6%	-5.4%	-0.6%	2.4%	14.9%	11.3%
Smokers	35.6%	24.5%	41.7%	25.2%	39.5%	-11.1%	17.2%	-16.5%	14.3%	3.9%
Overweight Status										
Not Overweight	37.7%	31.7%	28.5%	32.3%	47.9%	-6.0%	-3.2%	3.8%	15.6%	10.2%
Overweight/Obese	38.2%	34.7%	45.0%	38.6%	52.5%	-3.5%	10.2%	-6.4%	13.9%	14.3%
Physical Activity										
Regular	36.6%	29.5%	31.3%	30.9%	47.3%	-7.2%	1.8%	-0.4%	16.4%	10.7%
Irregular	44.8%	42.7%	37.0%	43.2%	55.2%	-2.2%	-5.7%	6.3%	12.0%	10.4%

¹ Healthy People 2020 recommends 120 minutes or less television on schooldays.

² Survey respondents between 130-185% FPL omitted from data tables due to insufficient sample size.

* p<.05
 ** p<.01
 *** p<.001