

2006 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 24: Consumption of Meat and Eggs Among California Adolescents (N=1,217)

Yesterday, how many servings of meat, poultry, fish, and eggs did you eat?

	Ate Meat Yesterday, Percent of Adolescents	Servings of Meat Eaten Yesterday, Percent of Adolescents		
		0-1	2	3+
Total	84.0	49.3	25.9	24.7
Gender				
Males	86.5 *	40.6	24.4	35.0 ***
Females	81.3	58.6	27.6	13.8
Ethnicity				
White	84.4	45.1	29.7	25.2 ***
African American	84.3	43.6	15.4	41.0
Latino	82.1	59.7	24.0	16.4
Asian/Other	87.9	34.7	26.6	38.8
Gender by Age				
Males				
12-13	84.8	49.6	24.2	26.2 ***
14-15	89.0	41.8	25.1	33.0
16-17	85.7	30.0	23.8	46.2
Females				
12-13	80.4 *	62.4	26.7	10.9
14-15	87.3	57.6	24.2	18.1
16-17	76.2	55.7	31.9	12.4
Income				
<\$15,000	77.9 *	62.7	19.1	18.2 ***
\$15,000 - \$24,999	80.5	64.7	18.1	17.2
\$25,000 - \$34,999	83.9	48.9	29.0	22.0
\$35,000 - \$49,999	89.7	36.9	24.6	38.5
\$50,000 - \$74,999	76.5	55.2	27.2	17.6
≥\$75,000	86.1	40.6	30.0	29.4
Food Stamp Status, % FPL				
Participant, ≤130%	81.9	58.2	17.6	24.3 ***
Likely Eligible, ≤130%	80.8	61.0	22.9	16.1
Potentially Eligible, 131-185%	83.7	43.7	26.8	29.5
Not Eligible, >185%	84.9	42.0	30.4	27.6
Smoking Status				
Non-Smokers	84.5 *	49.0	26.2	24.8
Smokers	72.9	55.4	21.5	23.1
Physical Activity Status				
Regular	84.2	47.7	26.6	25.7
Irregular	83.4	53.8	24.2	22.0
Overweight Status				
Not Overweight	83.7	49.3	23.8	26.9 **
Overweight/Obese	85.3	46.0	32.9	21.2

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Some numbers may not add to 100 percent due to rounding.

Chi Square Test

* p<.05

** p<.01

*** p<.001

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Table 91: Consumption of Soy Products Among California Adolescents (N=1,222)

Yesterday how many servings of soy foods did you eat? This would include soybeans, soy burgers, tofu, or soy milk. This does not include soy sauce or soy oil.

	Ate Soy Products Yesterday, Percent of Adolescents	
Total	13.2	
Gender		
Males	9.9	***
Females	16.6	
Ethnicity		
White	11.8	**
African American	6.9	
Latino	12.9	
Asian/Other	20.9	
Gender by Age		
Males		
12-13	10.7	
14-15	9.7	
16-17	9.4	
Females		
12-13	18.9	**
14-15	10.1	
16-17	20.8	
Income		
<\$15,000	15.2	*
\$15,000 - \$24,999	7.0	
\$25,000 - \$34,999	13.1	
\$35,000 - \$49,999	7.1	
\$50,000 - \$74,999	17.9	
≥\$75,000	12.9	
Food Stamp Status, % FPL		
Participant, ≤130%	11.8	
Likely Eligible, ≤130%	11.7	
Potentially Eligible, 131-185%	5.2	
Not Eligible, >185%	14.7	
Smoking Status		
Non-Smokers	13.2	
Smokers	13.2	
Physical Activity Status		
Regular	13.9	
Irregular	11.3	
Overweight Status		
Not Overweight	13.5	
Overweight/Obese	12.2	

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

* p<.05

** p<.01

*** p<.001