Get Started Today

Call the CalFresh information line at **(877) 847-3663** or go online at **www.calfresh.ca.gov** to see if you qualify for CalFresh.

CalFresh is the new name for the Food Stamp Program in California.

cal fresh
BETTER FOOD FOR BETTER LIVING

EDMUND G. BROWN JR., Governor
State of California

Diana S. Dooley, Secretary
Health and Human Services Agency

Will Lightbourne, Director
Department of Social Services

Ron Chapman, MD, MPH, Director
Department of Public Health

Lora Connolly, Acting Director
Department of Aging

Funded by the USDA Supplemental Nutrition Assistance Program, an equal opportunity provider and employer. CalFresh – Better Food for Better Living. California Department of Social Services and California Department of Public Health.

CalFresh provides nutrition assistance to people with low income. It can help buy nutritious foods for a better diet.

For information on CalFresh:
www.calfresh.ca.gov
(877) 847-3663

Apply for CalFresh benefits today at:

CDSS

CALIFORNIA DEPARTMENT OF AGING

CDPH California Department of PublicHealth

1011.BSrE

Put Healthy Food on Your Table with CalFresh

CalFresh can make it easier for older adults to get healthy food.

CalFresh, formerly known as Food Stamps

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Why Apply?

You'll get healthy food for yourself and your household!

- Use CalFresh to buy fresh fruits and vegetables, whole grains, lean proteins and more.

CalFresh is easy to use.

- Each month CalFresh benefits are issued on an electronic benefit transfer (EBT) card – like an ATM card.
- The EBT card can be used at most grocery stores, discount chains, farmers' markets and neighborhood stores.

Restaurant Meals

- If you are 60 years of age or older, disabled or homeless, you may be eligible to purchase prepared meals at certified restaurants in some counties.

Special rules make it easier for older adults (60+) to get CalFresh.

- Ask for a phone interview – you may not need to apply in person.
- You can have savings, a house, and cars and still qualify.
- Tell your worker about your medical bills and housing costs that may be deducted from your income in determining your eligibility.

Are You Eligible?

If you have a limited income, you may be eligible.

- You are NOT eligible if you get Supplemental Security Income (SSI), BUT Social Security Retirement benefits are OK. If you are not sure which type of benefits you receive, call the CalFresh Hotline for help at (877) 847-3663.
- Even if you do receive SSI, others who live in your home may still be eligible – your children or grandchildren, for instance.
- All legal residents are eligible.

Apply in Five Easy Steps:

1. Call the CalFresh Hotline at (877) 847-3663 to ask about CalFresh.
2. Enter your zip code. Tell the county worker your age. You will get guidance on the steps to follow to apply in your county.
3. You may apply online (www.benefitscal.org), or ask for an application to be mailed to you. (Process varies by county.)
4. When you turn in your application, your county CalFresh office will call you to schedule an interview. You may request a phone interview or other accommodation.
5. If your application is approved, you will receive an electronic benefit transfer (EBT) card by mail within 30 days.