

Federal Fiscal Year (FFY) 2012 California State Plan Table of Contents

Part I

Binder 1 of 12

Section G: Signature Page

1. Introduction

- PDF copy of the Plan on CD
- Acronym List
- CDSS, UC-FSNEP, and Network Organizational Charts
- CDSS and Network Phone Lists

Section A: Needs Assessment: Identifying and Understanding the Target Audience

Section B: Nutrition Education Plan

State Level Objectives

1. Network

a. Local Project Summaries

I. Local Incentive Awardees (LIAs)

- Children & Families Commissions
 1. Madera County Children and Families Commission - First 5
- City Governments
 1. Montclair, City of
- Colleges/Universities – Public
 1. East Los Angeles College
 2. Los Angeles Trade Technical College
- County Offices of Education
 1. Alameda County Office of Education (Coalition)
 2. Fresno County Office of Education
 3. Humboldt County Office of Education
 4. Kern County Superintendent of Schools
 5. Los Angeles County Office of Education
 6. Merced County Office of Education
 7. Napa County Office of Education
 8. Orange County Superintendent of Schools (ACCESS)
 9. Orange County Superintendent of Schools (Coalition)
 10. San Bernardino County Superintendent of Schools
 11. Shasta County Office of Education
 12. Tulare County Office of Education
- County Welfare Dept./Local Hlth Dept. – CDSS/CDPH
 1. El Dorado County Public Health
 2. Fresno County Department of Public Health
 3. County Health Department Imperial County

Binder 2A of 12

Federal Fiscal Year (FFY) 2012 California State Plan Table of Contents

4. Kern County Public Health Services Department
5. County Health Department Kings County
6. County Health Department County of Lake
7. Madera County Public Health Department
8. County Health Department Merced County
9. County Health Department Napa County
10. County Health Department Nevada
11. Placer Health Services Department
12. Rural Cluster LHD
13. County Health Department San Diego
14. County Health Department San Luis Obispo
15. County Health Department Santa Cruz
16. Sonoma County Department of Health Services
17. Stanislaus County Health Service Agency
18. County Health Department Sutter
19. County Health Department Tulare County
20. Yuba County Health and Human Services Department

Binder 2B of 12

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Indian Tribal Organizations

1. California Rural Indian Health Board, Inc.
2. Southern Indian Health Council, Inc.
3. United Indian Health Services, Inc.

■ Public Health Departments – Cities & Counties

1. Alameda County Health Care Services Agency
2. Berkeley, City of, Health and Human Services Department
3. Contra Costa Health Services (Community Wellness and Prevention Program)
4. Humboldt, County of, Department of Health & Human Services
5. Imperial County Public Health Department
6. Long Beach, City of, Department of Health & Human Services
7. Monterey County Health Department
8. Orange, County of, Health Care Agency
9. Pasadena, City of, Public Health Department
10. Riverside, County of, Community Health Agency
11. San Francisco, City and County of, Department of Public Health
12. San Joaquin County Public Health Services
13. San Mateo County Health Services Agency
14. Santa Barbara County Public Health Department

Binder 3 of 12

15. Santa Clara, County of, Public Health Department
16. Shasta County Health and Human Services Agency, Public Health Branch
17. Solano County Health and Social Services Department
18. Ventura County Public Health Department
19. Yolo, County of, Department of Public Health

■ Parks & Recreation Agencies

1. Duarte, City of, Parks and Recreation Department
2. San Bernardino, City of, Parks, Recreation and Community Services Department

Federal Fiscal Year (FFY) 2012 California State Plan Table of Contents

▪ Schools/School Districts

1. ABC Unified School District
2. Alhambra Unified School District
3. Alisal Union School District
4. Berkeley Unified School District
5. Calistoga Joint Unified School District
6. Compton Unified School District
7. Del Norte Unified School District
8. Downey Unified School District
9. El Monte City School District
10. Elk Grove Unified School District
11. Greenfield Union School District
12. Hawthorne School District
13. Huntington Beach Union High School District
14. Kernville Union School District (Family Resource Center)

Binder 4 of 12

15. Lamont School District
16. Long Beach Unified School District
17. Los Angeles Unified School District
18. Monrovia Unified School District
19. Montebello Unified School District
20. Mount Diablo Unified School District
21. Newport-Mesa Unified School District
22. Pasadena Unified School District
23. Rosemead School District
24. San Francisco Unified School District
25. Santa Ana Unified School District
26. Santa Clarita Valley School Food Services Agency
27. Santa Cruz City School District
28. Ukiah Unified School District
29. Vaughn Next Century Learning Center
30. Ventura Unified School District
31. Visalia Unified School District
32. Windsor Unified School District

▪ University of California Cooperative Extension

1. University of California, The Regents of the Cooperative Extension in Alameda County (Child and Youth Nutrition Program)
2. University of California, The Regents of the, Cooperative Extension of Alameda County (Family and Consumer Services)

Binder 5 of 12

II. Non Profit Organizations

1. California Association of Food Banks (Nutrition Education)
2. California State University, Chico, Research Foundation (SCNAC)
3. Central Valley Health Network
4. San Francisco General Hospital Foundation (Chinatown Public Health Center)

III. Special Local Projects

▪ Local Food & Nutrition Education Projects (LFNE)

1. Alameda Point Collaborative
2. Asian Health Services
3. CSU, Chico Research Foundation
4. Child Development Resources of Ventura County

Federal Fiscal Year (FFY) 2012 California State Plan Table of Contents

5. Collective Roots
6. Community Alliance with Family Farmers
7. Education and Leadership Foundation
8. FAME Assistance Corporation
9. Familia Center
10. Family HealthCare Network
11. Mandela Marketplace
12. Neighborhood Parks Council
13. North Coast Opportunities
14. RootDown LA
15. San Ysidro Health Center
16. Sustainable Economic Enterprises of Los Angeles
17. Vista Community Clinic

Binder 6 of 12

b. State Project Summaries

I. Regional Networks

State: Region Contracts

1. Bay Area Region
2. Central Coast Region
3. Central Valley Region
4. Desert Sierra Region
5. Gold Coast Region
6. Gold Country Region
7. Los Angeles County (Region)
8. North Coast Region
9. Orange County Region
10. San Diego and Imperial Region
11. Sierra Cascade Region

II. Fruit, Vegetable, and Physical Activity (FVPA) Campaigns

III. Communications

State Media Contract

- Media Targeting Data
 - a. Media Plan and Flow Chart
 - b. LA TV Worksheet
 - c. Radio Worksheet
 - d. LA Outdoor Worksheet

IV. Research & Evaluation

State

- Behavior Risk Factor Surveillance System (BRFSS)
- Office of Women's Health Surveys

V. Community Development

State

- Clearinghouse Project

VI. I.T.

State

Binder 7 of 12

VII. Administration

Federal Fiscal Year (FFY) 2012 California State Plan Table of Contents

State

VIII. Technical Assistance and Special Projects

State

- Technical Assistance
- Special Projects

IX. Training

State

- Center for Collaborative Solutions (CDE)
- Sacramento State University Foundation Annual Conference
- CDPH-Project LEAN - Community
- CDPH-Project LEAN – Obesity Conference

X. Materials & Distribution

c. PHI Consolidated Budget Narrative

Section C: Staffing

- I. Network Local Projects Staff Form
- II. State Staff Form
- III. PHI Staff Form
- IV. CDSS Staff Form
- IV. UC-FSNEP Form

Section D: Budget Summary

- I. State Summary Page
- II. Network Budget
- III. PHI Budget
- IV. OST Travel Chart
- V. CDSS Budget
- VI. UC-FSNEP Budget

Section E: Assurances

Section F: Waiver Requests

- A. Network
- B. CDSS
- C. Attachment 1—FVPA Campaign Waiver Attachments (provided in PDF only)
 - a. Qualifying Census Tracts for SNAP-Ed (ACS Eligible All Races)
 - b. Qualified Census Tracts 100 PCT Poverty by Race-Ethnicity (ACS 05-09)
 - c. Block group by 185 FPL for all regions 05-09

2. CDSS SNAP-Ed CalFresh Unit

- A. Project Summary, Budget Cover Sheet, Budget Justification
- B. Innovative Ideas Project (2) Project Summaries, Budget Cover Sheet, Budget Justification

Binder 8 of 12

3. UC-FSNEP California State Plan:

a. Local Project Summaries, Staffing & Budgets

Binder 9 of 12

Federal Fiscal Year (FFY) 2012 California State Plan Table of Contents

APPENDICES SUPPORTING DOCUMENTATION

Section A: Needs Assessment Attachments

- Attachment 1—Race/ Ethnicity of California's CalFresh Participants by County
- Attachment 2—Child Poverty, Food Insecurity and CalFresh Participation by County
- Attachment 3—California SNAP-Ed Sites, Eligible Individuals, Census Tracts, and Schools by County
- Attachment 4—California Schools 50% Free/Reduced Price Meals (SNAP-Ed *Network* and UC-FSNEP) by County
- Attachment 5—Brief Summaries of Other Nutrition-Related Programs Serving Low-Income Persons in California
- Attachment 6—CA SNAP-Ed Infrastructure FFY 2012 Planned Sites
- Attachment 7—CA SNAP-Ed Contractors List by County

Section B: Nutrition Education Plan Attachments

- Attachment 1- Network/UC-FSNEP MOU
- Attachment 2- School Master List (Eligible Sites, Network Sites, UC FSNEP Sites, Joint Sites)
- Attachment 3- UC-FSNEP/Network School Decision Tree
- Attachment 4- Narratives for Joint School Sites (UC FSNEP & Network)
- Attachment 5- Nutrition Education Materials Summary List
- Attachment 6- Summary of Alternate Quarterly Time Studies Current Year
- Attachment 7- Network Electronic Signature Request

Binder 10 of 12

Section C: Staffing Attachments

- State Duty Statements
- PHI Duty Statements
- CDSS Duty Statements

Section D: Budget Summary Attachments

1. WIC MOU

Binder 11 of 12

Part II FFY 2011-2012 Amendment 2

1. CWD/LHD Expansion
2. Healthy Choices/ RYD
3. CalFresh Promotion
4. Retail Consumer Connection
5. NEOP Planning
6. Evaluation: Latino Campaign, Mass Communications Campaign, Power Play!

Binder 12 of 12

Part III FFY 2012 Augment Funding (New/Enhanced \$10k)

1. Healthy Choices Enhanced
2. Power Play!
3. UCB
4. UCD Cress

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: California Association of Food Banks

Program Area: Local Incentive Awardee: Non-Profit

Contract Number: 10-10042

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 40% Female 60%

Ethnicity:

x African American 30%
x Asian 3%
x Caucasian 30%
x Latino 35%
x Native American 1%
x Pacific Islander 1%
 Other (specify) _____: _____%

Languages:

x English <u>60</u> %	<input type="checkbox"/> Khmer (Cambodian) _____%
x Spanish <u>40</u> %	<input type="checkbox"/> Korean _____%
<input type="checkbox"/> Arabic _____%	<input type="checkbox"/> Lao _____%
<input type="checkbox"/> Armenian _____%	<input type="checkbox"/> Tagalog _____%
<input type="checkbox"/> Russian _____%	<input type="checkbox"/> Vietnamese _____%
<input type="checkbox"/> Bosnian _____%	<input type="checkbox"/> Other (specify) _____: _____%
<input type="checkbox"/> Cantonese _____%	<input type="checkbox"/> Other (specify) _____: _____%
<input type="checkbox"/> Farsi _____%	<input type="checkbox"/> Mandarin _____%
<input type="checkbox"/> Hmong _____%	

Ages:

x Under 5 years old 2%
x 5 to 8 4%
x 9 to 11 5%
x 12 to 17 5%
x 18 to 59 60%
x 60 years old and over 24%

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

x See attached Census Tract data sheet

x See attached Free/Reduced Price Meal % data sheet

Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Other (Specify): _____ (_____% equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | | | |
|---|--------|---|--------|
| <input type="checkbox"/> CalFresh Offices | _____% | xShelters/Temporary Housing | 1% |
| xFood Banks | 25% | xSoup Kitchens | 1% |
| xFood Pantries | 35% | <input type="checkbox"/> TANF Job Readiness Program | _____% |
| xPublic Housing | 5% | <input type="checkbox"/> WIC Offices | _____% |
| <input type="checkbox"/> HeadStart | _____% | | |

d. Project Description.

Key Methods:

- Advisory Council/Task Force (specify): _____
- Internet/Web Sites-website address: _____
- Print Media
- Radio: _____
- TV: _____

- xNutrition Education Classes: (2235 occurrences at 1hour(s) each)
- xCommunity Education Events: (449 occurrences at 2hour(s) each)
- xTraining/Workshop/Conference: (201 occurrences at 3hour(s) each)
- Point of Purchase: (____ occurrences at ____hour(s) each)
- Other (specify)_____: (____ occurrences at ____hour(s) each)

Key Educational Messages:

- | | |
|--|---|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input type="checkbox"/> Lean Meat and Beans |
| xPhysical Activity | xLimit Added Sugars or Caloric Sweeteners |
| <input type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | xMyPyramid – Healthy Eating Plan |
| <input type="checkbox"/> Fats and Oils | <input type="checkbox"/> Promote Healthy Weight |
| <input type="checkbox"/> Fiber-Rich Foods | <input type="checkbox"/> Sodium and Potassium |
| xFood Safety | <input type="checkbox"/> Whole Grains |
| <input type="checkbox"/> Food Shopping/Preparation | <input type="checkbox"/> Other (Specify): _____ |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|---|--|
| _____ Adult Education & Job Training Sites | _____ Libraries |
| 5 Adult Rehabilitation Centers | 6 Other Youth Education Sites (includes Parks and Recreation) |
| _____ CalFresh Offices | 1 Public/Community Health Centers (includes Public Health Departments) |
| 15 Churches | 10 Public Housing |
| 23 Community Centers | _____ Schools – students (Preschool) |
| 16 Elderly Service Centers | _____ Schools – students (K-12) |
| _____ Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens) | _____ Schools – students (Afterschool Program) |
| _____ Extension Offices | 2 Schools – Parents |
| 1 Farmers Markets | 5 Shelters/Temporary Housing |
| _____ Food Stores | _____ WIC Programs |
| _____ Head Start Programs | _____ Worksites |
| _____ IndividualHomes | Other (specify): _____ |

Other (specify): _____

Other (specify): _____

***Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 71357

Narrative(max. 200 words)

The California Association of Food Banks (CAFB) will subcontract with 19 Food Banks and 9 additional Non-profit organization to distribute nutrition education materials, conduct nutrition education classes and nutrition education food tastings at food bank member agencies, Kid's Café Programs, Afterschool and Summer Lunch Programs and mobile produce pantries. Some CAFB subcontractors will host an agency nutrition conference for member agencies serving low-income people, others will include nutrition education in their annual agency conferences. CAFB subcontractors use a widerange of strategies and materials that focus on preparing healthy meals with very low-incomes and with donated foods, including foods donated through California's Farm To Family Project and the Emergency Food Assistance Program (EFAP). Unduplicated participants per subcontractor is as follows: Alameda County Community Food Bank (1825); Community Action Partnership Orange County (1000); Community Food Bank Fresno (15000); Community Services Unlimited Inc. (810); Ecology Center (1489); Emergency Food Bank of Greater Stockton (1500), Familia Center (500); Food Bank of Contra Costa & Solano (1000); Feeding America San Diego (6500); Food Bank of Nevada County (956); Food Bank of Yolo County (2300), Food for People, Inc. (960), Food Share, Inc. (2400), Fresh Approach (2250); Fresno Metro Ministry (2300); Imperial Valley Food Bank (600); Los Angeles Regional Food Bank (500); Neighborhood Parks Council (600); Next Course (1500); Peoples Grocery (1032); Redwood Empire Food Bank (925); San Francisco Food Bank (740); Second Harvest Food Bank of Orange County (800); Second Harvest Food Bank of Santa Clara & San Mateo (14000) ; Second Harvest Food Bank of Santa Cruz County (5395) ; SOS Mentor (855); Sustainable Economic Enterprise (650) and The Resource Connection (2970).

e. Summary of Research.

See Section A, pages 2-5.

f. Modification of Project Methods/Strategies.

- We have not modified our methods/strategies
- Improving cultural relevancy
- Enhancing/updating existing strategies
- Utilizing research/program tool
- Changing audience participation
- Adding new partners
- Other (specify): _____
- Other (specify): _____

All modifications are approved by the Network.

g. Use of Existing Educational Materials.

See attached Existing Educational Materials/Curricula data sheet.

h. Development of New Educational Materials.

All new educational materials must be listed on the attached New Materials Development data sheet.

i. **Key Performance Measures/Indicators.** (*max. 100 words*)

CAFB will capture process evaluation to determine if sub-contractors have completed activities in SOW

3. EVALUATION PLANS

All contractors participate in process evaluation per their Scope of Work activities.

Contractors who receive Federal Share >\$350,000 must participate in impact evaluation.

Impact evaluation measures the effectiveness of an intervention by assessing behavior change or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.

4. COORDINATION EFFORTS (MAX. 100 WORDS)

CAFB will continue to coordinate with DSS Commodity Food Distribution Program and CAFB Farm To Family Produce Distribution Programs - both administered by local, participating food banks. Many Nutrition Education subcontractors are also CAFB Food Stamp Outreach Subcontractors. We will continue to encourage coordination between FSO and NE activities, however many subcontractors are wary of violating the firewall so coordination between these two programs is difficult. Finally, all subcontractors are required to participate in their regional collaborative and Network trainings.

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Farmers Market	Expo/CSU Mini Urban Farm	3990 Menlo Ave	Los Angeles	90007	06037231220	All Races	69.9%	
Parks & Rec	Fred Roberts Park	3700 Honduras St	Los Angeles	90037	06037231220	All Races	69.9%	
Community Center	Mosqudea Community Center	4670 E. Butler	Fresno	93728	06019001302	All Races	71.4	
Church	Clovis First Assembly of God	1185 Sunnyside Ave.	Fresno	93720	06019001302	All Races	71.4	
Shelter	24 Hour Children's Center	2400 International Blvd.	Oakland	94601	06001406201	All Races	60.1	
Church	St. Bernard's Church	1620 62nd Ave.	Oakland	94621	06001408700	All Races	57.4	
Youth Education	Civicorps	101 Myrtle St.	Oakland	94607	06001402000	All Races	100.0	
Church	Allen Temple AIDS Ministry	8501 International Blvd.	Oakland	94621	06001409500	All Races	56.3	
Adult Rehabilitation	Society of St. Vincent de Paul	675 23rd St	Oakland	94612	06001401400	All Races	56.4	
School - Parent	Cohasset Elementary Parent Center	15910 Saticoy Street	Van Nuys	91406	06037127400	All Races	56.3	
School - Parent	Langdon Elementary Parent Center	8817 Langdon Avenue	North Hills	91343	06037117406	All Races	64.1	
Public Housing	Plymouth Place	1320 Monroe	Stockton	95203	-	-	-	
Elderly Service Center	Ripon Senior Center	433 S. Wilma	Ripon	95366	-	-	-	Proxy Site - food pantry for low income seniors
Church	St. George Church	120 W. 5 th St	Stockton	95203	-	-	-	Proxy Site - Food pantry for low income families
Community Ctr	Stribley Community Ctr	1760 E. Sonora St	Stockton	95203	-	-	-	Proxy Site - Food bank food distribution to low income

LOCAL PROJECT SYNOPSIS

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
								families
Community Ctr	Taft Community Center	389 Downing Ave	Stockton	95206	-	-	-	Proxy Site - Food bank food distribution to low income families
Community Health	Taylor Family Center	1101 Lever Blvd	Stockton	95206	-	-	-	Proxy Site - Food bank food distribution to low income families
Community Center	Thornton Community Ctr	26675 N Sacramento Blvd	Thornton	95686	-	-	-	Proxy Site - Food Bank food distribution to low income families
Public Housing	Villa Montecito	1339 Kingsley Ave	Stockton	95203	-	-	-	Proxy
CommunityCenter	Arnold Rue Community Center	5758 Lorraine Ave	Stockton	95210	-	-	-	Proxy Site - Food Bank Food distribution to low income families
Community Center	Franco Senior Community Center	144 Mun Kwok Lane	Stockon	95202	-	-	-	Proxy Site - Food pantry for low income seniors
Community Center	Larch Clover Community Center	11157 WI Larch Rd	Tracy	95376	-	-	-	Proxy Site - Food Bank food distribution to low income families
Elderly Service Center	Lathrop Senior Center	15557 Fifth St	Lathrop	95330	-	-	-	Proxy Site - Food pantry for

LOCAL PROJECT SYNOPSIS

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
								low income seniors
Community Ctr	Lockeford Community Center	19900 Elliot St	Lockeford	95237	-	-	-	Proxy Site - Food bank food distribution to low income families
Community Ctr	Lodi Community Ctr	415 S. Sacramento St	Lodi	95240	-	-	-	Proxy Site - Food bank food distribution to low income families
Elderly Service Center	Lolly Hansen Senior Center	400 E.10 th St	Tracy	95376	-	-	-	Proxy Site - Food pantry for low income seniors
Elderly Service Center	Manteca Senior Center	295 Cherry Lane	Manteca	95337	-	-	-	Proxy Site - Food pantry for low income seniors
Elderly Service Center	Oak Park Senior Center	730 E. Fulton	Stockton	95204	-	-	-	Proxy Site - Food pantry for low income seniors
Church	Our Lady of Guadalupe Church	16200 Cambridge St	Lathrop	95330	-	-	-	Proxy Site - Food pantry for low income families
Youth Education Sites	Martin V. Smith Youth Center	1900 West Fifth Street	Oxnard	93030	-	-	-	Proxy Site - Food bank food distribution for low income families

LOCAL PROJECT SYNOPSIS

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Youth Education Sites	Harriet H. Samuelsson Youth Center	127 7 th Street	Oxnard	93030	-	-	-	Proxy Site - Food bank food distribution for low income families
Youth Education Sites	Port Hueneme Boys & Girls Club	590 Est Pleasant Valley Rd	Port Hueneme	93041	-	-	-	Proxy Site - Food bank food distribution for low income families
Public Housing	OwendaleApts	3023 Albany Ave	Davis	95618	-	-	-	Proxy
Public Housing	Moore Village Apts	2444 Moore Blvd	Davis	95618	-	-	-	Proxy
Public Housing	Cesar Chavez Apts	1220 Olive Drive	Davis	95618	-	-	-	Proxy
Public Housing	Davisville Senior Appts	1221 Kennedy Pl	Davis	95618	-	-	-	Proxy
Public Housing	Campers Inn	2501 Rd 88	Dunnigan	95937	-	-	-	Proxy
Church	Countryside Community Church	26479 Grafton Street	Esparto	95627	-	-	-	Proxy Site - Food bank food distribution to low income families
Health Center	Family Resource Center	9586 Mill Street	Knights Landing	95645	-	-	-	Proxy Site - Food bank food distribution to low income families
Community Center	MosquedaCenter	4670 E. Butler Ave	Fresno	93702	-	-	-	Proxy Site - Food bank food distribution to low income families
Youth Education	JohnW.WellsYouthCenter	701 E. Fifth St	Madera	93638	-	-	-	Proxy Site - Food bank food

LOCAL PROJECT SYNOPSIS

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
								distribution to low income families
Community Center	Miracles in Community Action	659 E. Dinuba St	Reedley	936554	-	-	-	Proxy Site - Food bank food distribution to low income families
Church	Dinuba First Assembly of God	412 S. L St. Dinuba, Ca. 93618	Dinuba	93618	-	-	-	Proxy Site - Food bank food distribution to low income families
Church	Church of Jesus Christ	2370 Burnham St.	Selma	93662	-	-	-	Proxy Site - Food bank food distribution to low income families
Church	Sanger Mennonite-La Roca	12835 E. North Ave.	Sanger	93657	-	-	-	Proxy Site - Food bank food distribution to low income families
Church	Clovis First Assembly	1185 Sunnyside	Clovis	93611	-	-	-	Proxy Site - Food bank food distribution to low income families
Church	Shepherd's Temple COGIC	16283 Ave 24 ½	Chowchilla	93610	-	-	-	Proxy Site - Food bank food distribution to low income families

LOCAL PROJECT SYNOPSIS

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Adult Rehabilitation	Salvation Army	359 North Fourth St	San Jose	95112	-	-	-	Proxy Site - Food pantry for low income individuals
Community Center	Menlo Park Center	100 Terminal Ave	Menlo Park	94025	-	-	-	Proxy Site - Food bank food distribution to low income families
Adult Rehabilitation	Salvation Army	660 Veterans Blvd	Redwood City	94063	-	-	-	Proxy Site - Food pantry for low income individuals
Community Center	Teglia Community Ctr	285 Abbott Ave	Daly City	94015	-	-	-	Proxy Site - Food bank food distribution to low income families
Community Center	Lawson Hall	125 Accacia St	Daly City	94014	-	-	-	Proxy Site - Food bank food distribution to low income families
Shelter	Caminar Redwood House	248 Redwood Ave	Redwood City	94063	-	-	-	Proxy
Community Center	Yerba Buena YMCA	1855 Lucretia Ave	San Jose	95122	-	-	-	Proxy Site - Food bank food distribution to low income families
Community Center	Lincoln Park Community Ctr	901 Brunswick	Daly City	94104	-	-	-	Proxy Site - Food bank food distribution to low income

LOCAL PROJECT SYNOPSIS

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
								families
Community Center	Fair Oaks Community Ctr	2600 Middlefield Rd	Redwood City	94063	-	-	-	Proxy Site - Food bank food distribution to low income families
Community Center	First Baptist Church	1555 Depot Road	Angels Camp	95222	-	-	-	Proxy Site - Food bank food distribution to low income families
Church	Chapel of the Pines	Highway 4	Arnold	95223	-	-	-	Proxy Site - Food bank food distribution to low income families
Community Center	Copperopolis Armory	695 Main Street	Copperopolis	95228	-	-	-	Proxy Site - Food bank food distribution to low income families
Church	Sierra Bible Church	Main & Jones	Murphys	95247	-	-	-	Proxy Site - Food bank food distribution to low income families
Community Center	Community Hall	Highway 26	Rail Road Flat	95248	-	-	-	Proxy Site - Food bank food distribution to low income families
Elderly Service Center	Senior Center	Mountain Ranch Rd	San Andreas	95249	-	-	-	Proxy Site - Food pantry for low income

LOCAL PROJECT SYNOPSIS

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
								seniors
Church	Community Methodist Church	135 Laurel St	Valley Spring	95252	-	-	-	Proxy Site - Food bank food distribution to low income families
Church	Oak Circle Church	1438 Oak Court	Arnold	95223	-	-	-	Proxy Site - Food bank food distribution to low income families
Community Center	Old School House	65 Jones Street	Murphys	95247	-	-	-	Proxy Site - Food bank food distribution to low income families
Elderly Service Center	Pleasant Valley Senior Center	1605 E Burnley St	Camarillo	93010	-	-	-	Proxy Site - Food pantry for low income seniors
Elderly Service Center	Fillmore Senior Center	533 Santa Clara	Fillmore	93015	-	-	-	Proxy Site - Food pantry for low income seniors
Elderly Service Center	Moorpark Senior Center	799 Moorpark Ave	Moorpark	93021	-	-	-	Proxy Site - Food pantry for low income seniors
Elderly Service Center	Colonia Senior Center	126-B Amerlia Court	Oxnard	93030	-	-	-	Proxy Site - Food pantry for low income seniors
Elderly Service	South Oxnard Senior	200 E. Bard Road	Oxnard	93030	-	-	-	Proxy Site -

LOCAL PROJECT SYNOPSIS

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Center	Center							Food pantry for low income seniors
Elderly Service Center	Wilson Senior Center	350 North C Street	Oxnard	93030	-	-	-	Proxy Site - Food pantry for low income seniors
Elderly Service Center	Port Hueneme Senior Center	550 Park Avenue	Port Hueneme	93041	-	-	-	Proxy Site - Food pantry for low income seniors
Elderly Service Center	Gordon J. Lau	950 Clay St	San Francisco	94108	-	-	-	Proxy Site - Food pantry for low income seniors
Community Center	Rita de Cascia	1652 Eddy Street, #8	San Francisco	94115	-	-	-	Proxy Site - Food pantry for low income seniors
Church	Christian Life Center	1009 Mission St	Santa Cruz	95060	-	-	-	Proxy Site - Food bank food distribution to low income families
Church	Church of the Nazarene Santa	115 South Morrissey Ave	Santa Cruz	95062	-	-	-	Proxy Site - Food bank food distribution to low income families
Public Housing	Corralitos Creek Apts	125 Pajaro Circle	Freedom	95019	-	-	-	Proxy
Community Center	Davenport Center	100 Church Street	Davenport	95017	-	-	-	Proxy Site - Food bank food distribution to

LOCAL PROJECT SYNOPSIS

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
								low income families
Public Housing	Seacliff Highlands	151 CanterbuyDr	Aptos	95003	-	-	-	Proxy
Public Housing	Vista Verde	45 Steward Ave	Freedom	95019	-	-	-	Proxy
Church	Seventh Day Adventist	700 South Green Valley Rd	Watsonville	95076	-	-	-	Proxy Site - Food bank food distribution to low income families
Community Center	Hayward Family Resource Center	680 W. Tennyson Rd.	Hayward	94544	-	-	-	Proxy Site - Food pantry for low income families
Adult Rehabilitation	Salvation Army Newark	36700 Newark Boulevard	Newark	94560	-	-	-	Proxy Site - Food pantry for low income individuals
Community Center	Maple Hall Community Center	13831 San Pablo Avenue	San Pablo	94608	-	-	-	Proxy Site - Food bank food distribution to low income families
Community Center	Third St Community Center	160 N. Third Street	San Jose	95112	-	-	-	Proxy Site - Food bank food distribution to low income families
Adult Rehabilitation	Society of St. Vincent de Paul	675 23rd St	Oakland	94612	-	-	-	Proxy Site - Food pantry for low income individuals
Community Center	Compass Family Services	995 Market Street	San Francisco	94103	-	-	-	Proxy Site - Food pantry for

LOCAL PROJECT SYNOPSIS

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
								low income families
Shelter	Redwood Family House	110 Locust St.	Redwood City	94063	-	-	-	Proxy
Shelter	Haven Family House	260 Van Buren Rd	Menlo Park	94025	-	-	-	Proxy
Shelter	Monument Crisis Center	2350 Monument Blvd	Concord	94520	-	-	-	Proxy
Elderly Services Center	Gordon J. Lau	950 Clay St	San Francisco	94108	-	-	-	Proxy Site - Food pantry for low income seniors
Elderly Services Center	Rita de Cascia	1652 Eddy Street, #8	San Francisco	94115	-	-	-	Proxy Site - Food pantry for low income seniors

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Free/Reduced Price Meal Percentage Data Sheet

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
BerkeleyTechnologyAcademy	Berkeley Unified	01-61143-0134924	44.33%	9.28%	53.61%
Longfellow Arts and Technology Middle	Berkeley Unified	01-61143-6090294	44.24%	12.21%	56.45%
Rosa Parks Environmental Science Magnet	Berkeley Unified	01-61143-6090187	49.32%	10.41%	59.73%
Bridgeville Elementary	Bridgeville Elementary	12-62729-6007710	56.36%	14.55%	70.91%
Mains Elementary	Calexico Unified	13-63099-6008387	71.09%	17.13%	88.21%
Martin Luther King Jr. Elementary	El Centro Elementary	13-63123-6108823	76.18%	6.45%	82.63%
Alice Birney Elementary	EurekaCity Unified	12-75515-6007751	79.05%	14.29%	93.33%

LOCAL PROJECT SYNOPSIS

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Grant Elementary	EurekaCity Unified	12-75515-6007777	61.37%	19.31%	80.69%
Lafayette Elementary	EurekaCity Unified	12-75515-6007793	47.97%	20.06%	68.02%
Lincoln Elementary	EurekaCity Unified	12-75515-6007801	82.72%	12.13%	94.85%
Fortuna Middle	Fortuna Union Elementary	12-62802-6007868	43.93%	17.13%	61.06%
South Fortuna Elementary	Fortuna Union Elementary	12-62802-6007876	58.00%	13.23%	71.23%
Glendale Senior High	Glendale Unified	19-64568-1933530	42.57%	9.81%	52.38%
John Marshall Elementary	Glendale Unified	19-64568-6013775	58.63%	12.50%	71.13%
TrinityValley Elementary	Klamath-Trinity Joint Unified	12-62901-6007991	61.11%	25.21%	86.32%
Beckman Elementary	Lodi Unified	39-68585-6100366	73.68%	8.63%	82.31%
Clairmont Elementary	Lodi Unified	39-68585-6104426	86.14%	4.39%	90.53%
Joe Serna Elementary	Lodi Unified	39-68585-6117675	51.12%	12.85%	63.97%
Lawrence Elementary	Lodi Unified	39-68585-6042147	91.32%	4.01%	95.33%
Parklane Elementary	Lodi Unified	39-68585-6100366	83.10%	6.37%	89.47%
Westwood Elementary	Lodi Unified	39-68585-6109839	82.94%	6.09%	89.04%
Westwood Elementary	Lodi Unified	39-68585-6104426	84.32%	4.72%	89.04%
Ascot Avenue Elementary	Los Angeles Unified	19-64733-6015887	91.41%	4.29%	95.71%
Audubon Middle	Los Angeles Unified	19-64733-6061394	71.16%	6.24%	77.40%
Beethoven Street Elementary	Los Angeles Unified	19-64733-6015994	53.37%	7.87%	61.24%
Belmont Senior High	Los Angeles Unified	19-64733-1930924	78.99%	4.06%	83.06%
Betty Plasencia Elementary	Los Angeles Unified	19-64733-6016638	76.72%	9.65%	86.36%
Brockton Avenue Elementary	Los Angeles Unified	19-64733-6016133	68.20%	10.16%	78.36%
Canoga Park Elementary	Los Angeles Unified	19-64733-6016299	80.75%	8.07%	88.82%
Cantara Street Elementary	Los Angeles Unified	19-64733-6016307	72.62%	11.46%	84.08%
Chase Street Elementary	Los Angeles Unified	19-64733-6016455	74.37%	13.44%	87.81%
Eagle Rock Elementary	Los Angeles Unified	19-64733-6016836	48.14%	10.53%	58.68%
Eagle Rock High	Los Angeles Unified	19-64733-1932540	50.13%	10.82%	60.95%
Evelyn Thurman Gratts Elementary	Los Angeles Unified	19-64733-6113419	88.53%	2.75%	91.28%
Fourth Street Elementary	Los Angeles Unified	19-64733-6017164	77.73%	12.02%	89.75%
Harmony Elementary	Los Angeles Unified	19-64733-0106955	90.76%	4.90%	95.67%
James A. Garfield Senior High	Los Angeles Unified	19-64733-1933381	81.57%	8.08%	89.65%
John Adams Middle	Los Angeles Unified	19-64733-6057855	91.01%	5.29%	96.29%
John Muir Middle	Los Angeles Unified	19-64733-6058176	76.22%	4.60%	80.82%
Kingsley Elementary	Los Angeles Unified	19-64733-0109405	85.82%	8.88%	94.71%

LOCAL PROJECT SYNOPSIS

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Lemay Street Elementary	Los Angeles Unified	19-64733-6017842	57.88%	16.03%	73.91%
Logan Street Elementary	Los Angeles Unified	19-64733-6017917	85.14%	9.44%	94.58%
Los Angeles Senior High	Los Angeles Unified	19-64733-1935352	61.20%	4.28%	65.48%
Manual Arts Senior High	Los Angeles Unified	19-64733-1935519	76.25%	5.73%	81.98%
Martin Luther King Jr. Elementary	Los Angeles Unified	19-64733-6019061	83.72%	7.22%	90.94%
Mayberry Street Elementary	Los Angeles Unified	19-64733-6018097	76.25%	9.00%	85.25%
Menlo Avenue Elementary	Los Angeles Unified	19-64733-6018139	87.97%	2.73%	90.70%
Miguel Contreras Learning Complex	Los Angeles Unified	19-64733-0112029	82.97%	6.09%	89.07%
Miguel Contreras Learning Complex	Los Angeles Unified	19-64733-0112029	82.97%	6.09%	89.07%
Nevada Avenue Elementary	Los Angeles Unified	19-64733-6018295	71.23%	9.65%	80.88%
Ninety-Second Street Elementary	Los Angeles Unified	19-64733-6018352	87.26%	5.70%	92.96%
One Hundred Seventh Street Elementary	Los Angeles Unified	19-64733-6018535	90.75%	4.21%	94.96%
One Hundred Seventh Street Elementary	Los Angeles Unified	19-64733-6018535	90.75%	4.21%	94.96%
One Hundred Sixteenth Street Elementary	Los Angeles Unified	19-64733-6018543	79.92%	7.61%	87.53%
One Hundred Twelfth Street Elementary	Los Angeles Unified	19-64733-6018568	92.32%	3.24%	95.56%
Queen Anne Place Elementary	Los Angeles Unified	19-64733-6018816	76.46%	12.88%	89.34%
Ricardo Lizarraga Elementary	Los Angeles Unified	19-64733-0109330	91.51%	2.29%	93.80%
Rosemont Avenue Elementary	Los Angeles Unified	19-64733-6018972	83.89%	9.10%	92.99%
San Pedro Street Elementary	Los Angeles Unified	19-64733-6019053	89.84%	6.38%	96.22%
Santee Education Complex	Los Angeles Unified	19-64733-0109447	75.80%	2.67%	78.47%
Trinity Street Elementary	Los Angeles Unified	19-64733-6019558	65.51%	2.23%	67.74%
Union Avenue Elementary	Los Angeles Unified	19-64733-6019624	87.79%	4.24%	92.03%
University Senior High	Los Angeles Unified	19-64733-1938885	55.23%	9.76%	64.99%
Venice Senior High	Los Angeles Unified	19-64733-1939040	47.99%	5.16%	53.15%
ViewPark Continuation	Los Angeles Unified	19-64733-1930429	70.59%	1.96%	72.55%
Wadsworth Avenue Elementary	Los Angeles Unified	19-64733-6019814	91.32%	3.94%	95.26%

LOCAL PROJECT SYNOPSIS

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Orick Elementary	Orick Elementary	12-62968-6008080	64.00%	16.00%	80.00%
AptosMiddle School	San Francisco Unified	38-68478-6062020	50.13%	9.95%	60.08%
Ida B. Wells Continuation High	San Francisco Unified	38-68478-3830031	50.13%	10.82%	60.95%
InternationalStudiesAcademy	San Francisco Unified	38-68478-3830353	42.28%	12.02%	54.37%
JuneJordanSchool for Equity	San Francisco Unified	38-68478-0102103	51.17%	10.87%	62.04%
Martin Luther King, Jr. Academy	San Francisco Unified	38-68478-6059885	70.57%	1.58%	72.91%
San FranciscoCommunitySchool	San Francisco Unified	38-68478-6093488	47.97%	21.48%	69.45%
Pine Hill Elementary	SouthBayUnion Elementary	12-63032-6008163	75.61%	14.63%	90.24%
SouthBay Elementary	SouthBayUnion Elementary	12-63032-6008171	36.94%	13.06%	50.00%
Casterlin Elementary	Southern Humboldt Joint Unified	12-63040-6008197	42.13%	10.64%	52.77%
Clyde W. Neeham Elementary	Stockton Unified	39-68585-6042204	92.84%	5.76%	98.60%
King Elementary	Stockton Unified	39-68676-6042568	90.13%	1.90%	92.03%
Madison Elementary	Stockton Unified	39-68676-6042683	70.45%	4.81%	75.26%
Montezuma Elementary	Stockton Unified	39-68676-6042717	82.56%	9.07%	91.63%
Richard A. Cleveland Elementary	Stockton Unified	39-68676-0111336	86.23%	5.72%	91.95%
Taft Elementary	Stockton Unified	39-68676-6042766	72.89%	6.23%	79.12%
Taylor Skills Elementary	Stockton Unified	39-68676-6042774	88.67%	6.09%	94.76%

*After each school name indicate all that apply with the following abbreviations: K-12 School (S), Preschool (PS), After School (A)& Parents (P)

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Charlotte Diamond	10 Carrot Diamond (CD)	An award winning CD, includes songs dealing with children's health and development	English
Texas Department of Agriculture	10 Easy Ways to Improve Your Family's Eating Habits	Handout: 10 strategies suggested as a starting point to improve a family's eating habits	English/ Spanish
National Gardening Association	10 Terrific Vegetables	Book: 10 Terrific Vegetables provides cultural connections, lesson ideas, and gardening basics;	English
Centers for Disease Control and Prevention (CDC)	10 Ways to Help Kids Eat More Fruits and Veggies (Encourage Kids to Eat More Fruits & Veggies - correct title)	Handout: tips and fun recipes that encourage children to eat fruits and vegetables.	English
William Woys Weaver	100 Vegetables and Where They Came From,	This book explores heirloom vegetables, their histories, varieties and cooking recommendations.	English
Cindy Krezel	101 Kid-Friendly Plants - Fun Plants and Family Garden Projects	This book is a comprehensive guide to indoor and outdoor gardening using nontoxic flowers, vegetables, trees, and houseplants.	English
HubertaWiertsem a	101 Movement Games for Children	The movement games in this book are to cultivate children's social and creative abilities.	English
U.S. Dept. of Health & Human Services	2010 US Dietary Guidelines	As Title indicates	English/ Spanish
Ellyn Satter	Child of Mine: Feeding with Love and Good Sense	book: The gold standard for child eating behavior guidance	English
California Department of Education	Child's Garden of Standards	Book: related to the California Department of Education (CDE) program, "A Garden in Every School." This guide is designed to show how garden-based education strongly supports the state's academic content	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
UCCE	Children's Gardens: A Field Guide for Teachers, Parents, and Volunteers	All the information to plan a successful children's garden--even if you've never gardened before. 190 pages of specific information presented in easy-to-use format. Activities are appropriate for ages 3-10.	English
Teacher's College, Columbia University	Choice, Control and Change	Students learn science through studying diet and activity choices. They learn about how the human body works, and how food and activity play a role in its well-being. Students engage in hands-on investigations of food preference, our food environment.	English
American Cancer Society	Choices for Good Health: Guidelines for Nutrition and Physical Activity for Cancer Prevention brochure	Recommendations for individual choices help a person focus on the importance of maintaining a healthy body weight, adopting a physically active lifestyle, and eating a healthy diet.	English
SNAP-Ed Connection	Choosing Healthy foods using MyPyramid (Healthy Futures lesson plan)	Grade level 9-12. Describe the elements that make up MyPyramid. Explain the importance of eating appropriate amounts from all the different food groups and getting enough physical activity. Use the MyPyramid.gov Web site to create a personal set of food guidelines. Create a food diary to record one week's worth of meals, and analyze the entries in comparison to personalized plan from MyPyramid.	English/ Spanish
North Carolina State University Cooperative Extension	Color Me Healthy Curriculum (material only)	Color Me Healthy – a nutrition and activity program aimed at 4- and 5-year-olds – uses brightly colored posters, picture cards and sing-along songs to encourage children to develop healthy lifestyles that will follow them to adulthood. The award-winning curriculum was developed through a partnership of North Carolina Cooperative Extension and the Physical Activity and Nutrition Unit, N.C. Division of Public Health.	English/ Spanish
Dairy Council of California	Color Mypramid (handout)	It is a coloring worksheet that teaches the food groups to young children	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
<i>Arizona Nutrition Network</i>	Coloring Pages	The website is geared towards children ages 2-8 and comes complete with age-appropriate games, coloring pages, recipes, and activity sheets	English/ Spanish
Annie Kubler	Come and Eat With Us!	Food around the world. This book shows the different food people eat.	English
Laurent Linn	Comida (Comida!)	Spanish language version of Sesame Street's "Food!" Elmo learns that food helps him to grow big and strong.	English
Debbie L. Yanuck	Community Helpers Food Service Worker	A simple introduction to the work food service workers do, discussing where they work and how they are important to the communities they serve.	English
<i>Network for a Healthy California-Children's Power Play! Campaign</i>	Community Youth Organization Idea & Resource Kit	As title indicates	English/ Spanish
USDA materials	Comparing Food Labels - LP	As title indicates	English
<i>Network for a Healthy California-Children's Power Play! Campaign</i>	Cookbook and brochures	As title indicates	English/ Spanish
Harvest of the Month	Cookbook, Harvest of the Month	<i>As title indicates, developed by the Network</i>	English/ Spanish
<i>Network for a Healthy California</i>	Cookbooks	As title indicates	English/ Spanish
SPARK	Cookie Monster, Clean Your Room	<i>Network developed & approved</i>	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
<i>Network, Project Lean</i>	Cooking Healthy Curriculum	As title indicates	English/ Spanish
American Cancer Society	Cooking Smart	A program that teaches by making simple changes in the way people prepare foods, how they can have a positive impact on both health and pocketbook. Teaches quick and easy tips to help them meet daily nutritional guidelines and prepare meals in 30 minutes or less.	English
American Institute for Cancer Research	Cooking Solo - Brochure	Practical suggestions on shopping, cooking, food safety, and food storage for single households.	English
Oregon State University	Cooking With Beans	Describes key nutrients, serving sizes, storage and safety needs, preparation and cooking, and uses and tips for beans	English/ Spanish
Oregon State University	Cooking With Dried Fruits and Vegetables	Describes key nutrients, serving sizes, storage and safety needs, preparation and cooking	English/ Spanish
Funded by Con Alma Health Foundation, etc. Lynn Walters and Jane Stacey	Cooking with Kids- Integrated Curriculum guide Grades K-1	The materials could be integrated into elementary school classroom curricula or an after-school program setting. According to one parent, "The Cooking with Kids program brought another voice to the table, a voice that encouraged trying new and different foods, a voice in support of nutrition and healthy families." Curriculum Guides include Teacher Information plus Introductory lesson, lesson plans for five 1-hour fruit and vegetable tastings: such as tomatoes, Root Vegetables, Citrus, Pears, and Salad Greens Lesson plans with activities for five 2-hour cooking classes	English
Oregon State University	Cooking With Raisins	Describes key nutrients, serving sizes, storage and safety needs, preparation and cooking	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Oregon State University	Cooking With Rice	Describes key nutrients, serving sizes, storage and safety needs, preparation and cooking	English/ Spanish
Meredith Sayles Hughes	Cool as a Cucumber Hot as a Pepper: Fruits Vegetables	For grades 5-8, full of interesting facts & stories, richly illustrated & photographed, historically & geographically relevant (helping urban children understand the origins of the plant foods we buy & eat from convenience or grocery stores; documenting the farmers, workers, travellers & scientists who helped collect & distribute popular food plants, etc.), nutritional facts, recipes & activities are also included in the mix.	English
Produce for Better Health	Cool Fuel Cookbook	Kids can make fun and delicious creations for the whole family! Packed with colorful photos and Fruits & Veggies-More Matters approved recipes, this cookbook will make incorporating fruits and vegetables into main dishes, side dishes, breakfasts, and snacks easy and fun for kids. Paperback. Ages 7-11	English
California Department of Public Health	Community Youth Organization Idea & Resource Kit CA Children's Power Play! Campaign	<i>Network developed & approved</i>	English
Barbara deRubertis	Count on Pablo	Pablo is excited about helping his grandmother sell vegetables at the farmers' market. But no one comes to buy. Pablo's solution is clever--and delicious! Ages 5-7. From Kansas State University Extension	English
Produce for Better Health	Creative Pockets Apron	A great way to add fitness activities to nutrition lessons! Kit 2 of the Creative Pocket series teaches children the importance of being active and choosing a diet rich in fruits and vegetables.	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Produce for Better Health	Creative Pockets Teaching Cards	Teaching Cards and Flash Cards are included in the Fruits & Veggies-More Matters® Creative Pockets Kit and are used with the Creative Pockets apron for nutrition lessons	English/ Spanish
<i>Network for a Healthy California-Retail Program</i>	Cross Promotional Wobblers, Canned Fruit & Vegetable Cards, Frozen Fruit & Vegetable Cards	<i>Network developed & approved</i>	English/ Spanish
Vickie Leigh Krudwing	Cucumber Soup	Book that introduces counting as well as a lesson about appearances not always being what they seem. Involves mosquitoes, praying mantises and flea that share cucumber soup. Ages 4-8	English
Harvard School of Public Health	Curricula: Eat Well & Keep Moving	The Eat Well & Keep Moving curriculum—which includes classroom lessons for fourth and fifth grade students, physical education lessons, and engaging school-wide campaigns—allows children to learn about nutrition and physical activity while building skills in language arts, math, science, and social studies.	English
UC Cooperative Extension	Curricula: EatFit	Eatfit is a goal-oriented curriculum designed to challenge middle school students - in 5th, 6th, 7th, 8th and 9th grades, to improve their eating and fitness choices. The nine-lessons in the EatFit emphasize goal setting and include nutrition basics, web-based diet and fitness analysis, energy and calorie counting, label reading, exercise how's and why's, fast food facts, how breakfast can make you feel better, and how media may influence you.	English
UC Cooperative Extension	Curricula: Farm to Fork	Eating Healthy From Farm to Fork is a nutrition education curriculum that makes the connection between local food systems, garden-based learning, school food service and the establishment of healthy habits in children.	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
USDA Team Nutrition	Curricula: Nutrition Essentials	This interactive curriculum CD addresses dietary quality, food safety, and the management of food resources. The 17 lessons include topics such as: the food guide pyramid, smart snacking, saving money on meals, keeping food safe to eat, feeding infants, and eating for a healthy pregnancy	English
Harvard School of Public Health	Curricula: Planet Health	Planet Health is an interdisciplinary curriculum focused on improving the health and well-being of sixth through eighth grade students while building and reinforcing skills in language, arts, math, science, social studies, and physical education. Through classroom and physical education (PE) activities, Planet Health aims to increase activity, improve dietary quality, and decrease inactivity.	English
USDA Team Nutrition	Curricula: The Power of Choice	For after school program leaders working with young adults. CD has 10 interactive sessions based on 6 posters.	English
Agriculture in the Classroom	Curriculum	The Agriculture in the Classroom National Resource Directory is an online searchable database for USDA that lists hundreds of educational resources designed to help educators locate high quality classroom materials and information to increase agricultural literacy among their Pre-K through 12th grade students.	English
Monrovia Unified School District	Curriculum Links for Harvest of the Month literature connection	Curriculum links are activities linked to Calif Standards. Teachers deliver a lesson that incorporates a nutrition ed. component.	English
National Institute of Health	Cut Down on Salt	Basic nutritional recommendations from NIH to help prevent or lower high blood pressure.	English/ Spanish
American Heart Association	Cut the Fat	Reviews and emphasizes that the most effective change to make in diet is to cut fat in preventing heart disease. Lists thee fat content in popular fast foods, and then suggests healthier, lower-fat alternatives.	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
SNAP-Ed Connection	Cut the fat for better health (Healthy Futures lesson plan)	Contains important information on the role of dairy and dairy nutrients in promoting the benefits of the Dietary Approaches to Stop Hypertension (DASH) eating plan, which may reduce high blood pressure and other cardiovascular risk	English/ Spanish
<i>Network for a Health California</i>	Dance for Fun and Fitness	<i>Found in the Network toolbox. Handout with review of arm leg and body motions</i>	English/ Spanish
National Dairy Council	DASH Health Education Kit	Recommends the low-fat Dietary Approaches to Stop Hypertension (DASH) eating plan, which includes two to three servings of dairy foods and eight to ten servings of fruits and vegetables, may help manage blood pressure. In fact, a trio of minerals found in dairy foods – calcium, potassium and magnesium – may play an important role in maintaining healthy blood pressure.	English
California Date Commission	Date Poster/picture	Poster encourages eating fresh dates	English
Dairy Council of California	Deal Me In...Food and Fitness (Afterschool)	This extended day nutrition education and physical activity program introduces and reinforces healthy eating and physical activity in a fun and engaging way. The program is designed for Grades K – 6 and can be ordered by After School Directors.	English
Other California Healthy Kids Resource Center materials	Deal Me In...Food and Fitness, Teaching Kids Good Nutrition (The Good Food Diner) (VHS), P.H.A.T-Promoting Healthy Activities Together, What's to Eat? Food Pyramid Game Show (DVD), New Food Pyramid, The: It's All	Several resources that assists health education experts in offering the latest science-based nutrition and physical activity recommend	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
	About You! (DVD), Kids Cook Farm Fresh Food, Cooking with Kids Series		
USDA materials	Dietary Guidelines for Americans; MyPyramid for Kids; MyPyramid for Adults; MyPyramid for Preschoolers, Loving your Family, Feeding their Future, Nutrition Essentials, The Power of Choice, Eat Smart, Play Hard, Empowering Youth, Eat Right When Money's Tight, Nibbles for Health, Ag in the Classroom	Assists health education experts in offering the latest science-based nutrition and physical activity recommendations	English/ Spanish
Produce for Better Health	Discovering Fruits & Veggies: Puppets and Story Book	Color Champion hand puppets come to "life" as they go on a journey through distant lands that teaches kids nutrition information lessons such as trying new foods, MyPyramid, and the importance of choosing fruits and vegetables.	English
Centers for Disease Control & Prevention (CDC)	Eat a Variety of Fruits and Vegetables Every Day	Discusses that fruits and vegetables are great sources of many vitamins, minerals and other natural substances that may help protect you from chronic diseases and to get a healthy variety, think color. Eating fruits and vegetables of different colors gives the body a wide range of valuable nutrients, like fiber, folate, potassium, and vitamins A and C.	English
Oregon State University	Eat Better, Eat Together!	Recommends that families that eat meals together have better diets. Mealtime is a good time to get to know your kids. Turning off the phone and T.V. gets people talking! Kids can help plan and prepare meals. Young kids can stir and pour. Older kids can measure and chop.	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Wisconsin Nutrition Education	Eat Breakfast	This issue of the Wisconsin Nutrition Education Program Quarterly looks at why breakfast is so important, especially for children, and offers some solutions to the excuses people make for skipping breakfast.	English/ Spanish
Cooperative Extension (EFNEP, FSNEP)	Eat Fit Curriculum	Youth FSNEP provides curriculum, training and lesson materials to conduct nutrition education and physical activity programs in preschools, K – 12 classrooms, community youth organizations and after school programs. The goal is to increase nutrition education and physical activity programs in programs serving low income students in an effort to improve the health of school-aged children. Nutrition educators train teachers/extenders who deliver the programs.	English
SF General Hospital Chinese Project - Contractor developed	Eat Fruits & Vegetables Everyday, Stay Healthy all the Way! cookbook	Healthy Chinese recipes, beautiful photographs supporting recipes. Please check with your PM prior to use of the recipes.	English/ Chinese
SF General Hospital Chinese Project - Contractor developed	"Eat Fruits & Vegetables and Walk 10,00 Steps a Day, Be Healthy All the Way!"	Brochure with ideas on increasing produce intake and PA	English/ Chinese
San Mateo Co Public Health Dept	Eat Fruits & Veggies & Be Active: Woman's Spa Handouts	Healthy ideas on ways to improve nutritional health via eating and exercise.	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Oregon State University	Eat More Fruits and Vegetables	Exploring MyPyramid with Professor Popcorn in a newsletter to Parents or Caregivers, it explains that in this lesson your child learned the importance of eating fruit and vegetables, and to vary veggies and focus on fruits	English/ Spanish
Produce for Better Health	Eat More Fruits and Veggies posters	Each poster features fun nutrition facts and a variety of delicious fruits and veggies. Printed on durable paper stock to last on bulletin boards. 9" x 26"	English/ Spanish
Katie Bagley	Eat Right	Provides an introduction to the benefits of good nutrition, including the food guide pyramid, vitamins, minerals, proteins and fats. This book is full of quality nutritional advice for children. The book explains the importance of good nutrition on a level that even the youngest readers can understand.	English
USDA materials	Eat Right - Play Hard	Resources and tools to convey and reinforce healthy eating and lifestyle behaviors that are consistent with the Dietary Guidelines for Americans and the MyPyramid Food Guidance System.	English
American Dietetic Association	Eat Right -25 Healthy Snacks for Kids	For parents, the message is no matter how hard you try to make sure your child eats right, snack attacks can often undo all your hard work – but they don't have to with these healthy snack ideas from the American Dietetic Association such as Peel a banana and dip it in yogurt. Roll it in crushed cereal and freeze. Please check with your PM prior to use of the recipes.	English/ Spanish
USDA material	Eat Right When Money is Tight	Video: Community Hunger Champions: Eat Right When Money is Tight, helps eligibility workers and community partners understand how they can work together and utilize the outreach materials developed by FNS.	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Sunburst Visual Media	Eat Right! Have a Healthy Body Image (middle and high school nutrition video)	Video: looks at images that constantly bombard young teens, promoting the unrealistic aesthetic to which they aspire. At the other end of the spectrum is an increased rate of obesity in our nations children. .	English
USDA Food and Nutrition Svc	Eat Smart Live Strong	Promotes two key behaviors: increase fruit and vegetable consumption and participate in physical activity. Included are a leader's guide and four sessions designed to reinforce these behaviors.	English/ Spanish
USDA Food Stamp Nutrition Connection	Eat Smart, Play Hard	http://www.fns.usda.gov/eatsmartplayhardhealthy lifestyle/Default.htm This site is specifically designed for parents and caregivers to provide information to help you eat better, be more physically active and be a role model for your kids.	English
Harvard School of Public Health/Human Kinetic	Eat Well & Keep Moving	An interdisciplinary, elementary school program designed to promote healthful eating and physical activity in schools, homes and communities	English
Oregon State University	Eat Well for Less	3 online modules: Pyramid Power, We Wish You Well, and Stretching Your Food Dollars. The program's goal is to share useful information about how to plan healthful meals, prepare tasty, low-cost foods that are quick and easy, and make food dollars last through the month.	English
Dairy Council of California	Eat Well, Be Active! (handout)	Handout: tips for increasing physical activity and improving nutrition for young adults and children	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Sarah Albee	Eat Your Colors! A Puzzle Book	Elmo and his friends teach kids the concept of eating snack foods in moderation and making sure they try to eat lots of colorful fruits and vegetables every day.	English
Pegeen Snow	Eat Your Peas Louise	Book: a father tries to think of ways to encourage his young daughter to eat her peas, until he finally decides to use courtesy	English
Oregon State University	Eat (ing) Well for Good Health	Handout: tips for increasing PA and improving nutrition for young adults and children	English/ Spanish
Cooperative Extension (EFNEP, FSNEP)	EatFit	Curriculum: EatFit is a goal oriented intervention that challenges adolescents to improve their eating and fitness choices.	English
Krames Communications	Eating for a Healthier Heart - Brochure	Brochure: Explains how patients can develop new habits to eat healthfully and enjoy it.	English
Laurie Manahan	Eating Fruits & Vegetables (activity book)	Coloring Book: Each page contains activities along with fruits and vegetables labeled in English and Spanish	English
UCCE (EFNEP, FSNEP)	Eating Healthy from Farm to Fork (aka Farm to Fork)	A nutrition education curriculum that makes the connection between local food systems, garden-based learning, school food service, and the establishment of healthy habits.	English
Sarah L. Schuette	Eating Pairs Counting Fruits and Vegetables by Twos	Although most of the book is about "counting" F & V, there are two pages that describe how 11 F & V grow and a page of "Words to Know" (fruit, fungus, seed, tuber, vegetable)	English
American Dietetic Association	Eating Right Tips for Older Adults	Topics covered: calories, variety, fats, physical activity, sample meal plan and special dietary needs.	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
UCCE (EFNEP, FSNEP)	Eating Smart Being Active	Provides eight lessons (60-90 minutes each) of nutrition education using multiple adult learning theories. Designed for paraprofessional nutrition educators to use when teaching limited resource adults.	English/ Spanish
Food and Drug Administration	Eating Well As We Age	Addresses financial barriers to eating well, chewing issues, cooking issues, shopping, loss of appetite, upset stomach, and the Nutrition Facts label.	English/ Spanish
Cooperative Extension (EFNEP, FSNEP)	Eating Well Living Well	Lessons that enable adult educators to integrate nutrition education that focuses on the message of maintaining healthy eating behaviors or changing less healthy ones and encouraging physical activity.	English/ Spanish
American Dietetic Association	Eating Well the Vegetarian Way	Describes types of vegetarianism and explains how to get nutrients such as iron, calcium and protein from a vegetarian eating plan. Includes tips for meal planning, eating out and physical activity.	English
<i>Network for a Healthy California</i>	Eating Well, Living Well ESL Materials	Provides model lessons that enable educators to integrate nutrition education that focuses on the message of maintaining healthy eating behaviors or changing less healthy ones and encouraging physical activity.	English
Sarah Garland	Eddie's Garden and How to Make Things Grow	A story about how a family grows a vegetable garden and eats from it	English
Alice Waters	Edible Schoolyard	Provides gardening and nutrition lessons and recipes for instructors to incorporate into classroom curriculum. Please check with your PM prior to use of the recipes.	English
USDA, Team Nutrition	Empowering Youth with Nutrition & Physical Activity	A manual for use in after school programs and classrooms with youth 11-18 years old. It contains current nutrition and physical activity information to enhance leader knowledge and fun, hands-on activities that teach nutrition concepts.	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Centers for Disease Control and Prevention (CDC)	Encourage Kids to Eat More Fruits and Vegetables	As title indicates	English
USDA materials	Energize Your Body with Fruits and Vegetables poster	Colorful poster that displays the recommended serving size of various fruits and vegetables	English/ Spanish
<i>NIDDK, Weight Control Information Network</i>	Energize Yourself and Your Family	This booklet gives tips on how to get moving and eat well even when life is busy. Supplemental resource that may provide ideas for a series of classes.	English
USDA materials	Enjoy Moving	USDA flyer: has the activity pyramid for Kids image on one side and more extensive information about which activities fit into each category of activity.	English
USDA Eat Smart. Play Hard	Enter the Fun Zone	USDA handout sheet that helps kids be active and eat healthy with word puzzles and simple tips.	English/ Spanish
CATCH	Everyday Foods for Health	A continuation from the Kindergarten CATCH Curriculum that expands knowledge about ways to get your heart stronger, the importance of breakfast, and reinforcing the importance of fruits and vegetables. Activities such as learning healthy snack preparation are included.	English
<i>Network for a Healthy California</i>	Everyday Healthy Meals - Cookbook	USDA approved: Healthy Meals Cookbook	English/ Spanish
Food and Health Communications	Examine the Facts - Handout	New poster designed to teach everyone what they need to know about label reading and the Nutrition Facts Panel	English
Sharon Gordon	Exercise	Discusses the importance of exercise and describes different ways to keep physically fit.	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Dairy Council of California	Exercise Your Options (Middle School)	This eight lesson unit helps students assess their current food and activity choices and plan for improvement. The lessons focus on improvement rather than perfection.	English
National Health Video, Inc	Exploring the New Food Pyramid (DVD)	The new Pyramid and USDA Guidelines explained; takes the viewer on a tour of the Pyramid using a 2000 cal diet	English
NASCO	F/V Border Set WA26741HR	Border that can be used around room, bulletin board etc.	English
NASCO	F/V Memory Match Game SB45087HR	Teaches children about the variety of fruits and vegetables and about delicious options of healthy foods	English
American Institute for Cancer Research	Facts About Fiber-LP/Handout	Explains the fiber controversy. Tells you how to get enough fiber rich foods to stay healthy and avoid chronic disease.	English
Michigan State University Extension	Family Book Bag	The <i>Eat Healthy. Play Hard. Read More. Family Bookbag</i> is a complete educational resource that provides students in grades K-2 and their families with an opportunity to have fun reading together while learning about eating healthy and being physically active.	English
University of California Cooperative Extension, ANR	Farm to Fork (also called Healthy Eating Farm to Fork)	Curriculum that makes the connection between local food systems, gardening-based learning, school food service and the establishment of healthy habits in children	English/ Spanish
CA School Garden Network	Farm to Table	Fruits and Vegetables for Health, component is a fourth through sixth grade unit, introduces students to the production, distribution, and nutritional value of California fresh produce.	English
Carmen Parks	Farmers Market	A book about one child's experience at the farmer's market; encourage fruit and vegetable intake	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
California Power Play!	Farmers Market Idea & Resource kit	<i>Network material already approved by USDA</i>	English
<i>Network for a Healthy California</i>	Fast Meals, Quick Snack Teens Cookbook	A cookbook of healthy, quick meals for teenagers.	English
Alameda County Public Health Department	Fat and Calorie Content of Popular Fast Foods	As title indicates. Previously approved by USDA	English
American Heart Association	Fats 101 - LP	Provides basic information about dietary fats and cholesterol downloadable fro AHA website	English
CathrynFalwell	Feast for 10 (trade book)	A counting book that features an African-American family shopping for food, preparing dinner, and sitting down to eat.	English/ Spanish
www.feedingminds.org	Feeding Minds, Fighting Hunger	Food security education resource online free	English/ Spanish
San Francisco Department of Public Health	Feeling Good Healthy Tips 9 -Build Your Strength (pamphlet)	Phamphlet for Feeling Good project developed by San Francisco Maternal Child Health department	English/ Spanish/ Chinese
San Francisco Department of Public Health	Feeling Good Project Train-the-Trainer Curriculum	Used to train staff and agencies that serve low-income clients about the Feeling Good Nutirtion education curriculum	English/ Spanish
USDA materials	Fight BAC!	Materials provided by the USDA that emphasis 4 steps for food safety	English
Partnership for Food Safety Education	Fightback.org	Website to access Fight! BAC resources and materials (#486)	English/ Spanish
Kids Health	Figuring Out Food Labels - LP	Kid friendly downloadable handout that teaches about how to read nutirtion facts labels	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Produce for Better Health	Finding Your balance with Fruits and Vegetables	Brochure that provides helpful tips on portion control and healthy substitutions	English
USDA materials	Finding Your Way to a Healthier You: Based on the DGA	Basic guidelines for eating a healthy diet and being physical active	English/ Spanish
Birte Muller	Finn Cooks	Book about a young that boy who learns how to eat healthy when his mother allows to be cook for the day	English
Linda Gassenheimer	Fit & Fast Meals in Minutes	Recipe book that provides information about preparing healthy meals in under 30 minutes	English
<i>Michigan Fitness Foundation/Michigan Nutrition Network</i>	Fit Bits and Healthy Classrooms, Healthy Schools (one unit)	Nutrition education lessons for teachers to facilitates activities in the classroom for school age children	English
<i>Network for a Healthy California-Worksite Program</i>	Fit Business Tips	Monthly handout promoting healthy eating and Physical activity in the worksite	English
Cooperative Extension (EFNEP, FSNEP)	Fit Families	An innovative bilingual toolkit created for health professionals working with parents who have young children. The video and print fotonovelas are designed to stimulate discussion on how to create healthy snacks, increase physical activity, and limit TV watching.	English/ Spanish
Health Net	Fit Families for Life	A 5 week series of nutrition and physical activity topics that encourages families to adopt healthier lifestyles	English/ Spanish
Nasco	Food & Portion size models	Food forms designed to describe portions sizes during nutrition education	N/A
Lawrence Hall of Science	Food and Fitness Festival	Skits developed for teens to present to students and families about nutrition, fitness and health	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
California Endowment	Food and Fitness Matter	A DVD that provides parents with information and support they need to make nutrition and fitness related changes at home and in their local schools	English/ Spanish
WIC Materials	Food and Fun for Families	An interactive website that provides materials and lessons for teaching nutrition concepts to children and families	English
American Society on Aging Live Well, Live Long: Steps to Better Health Series, 2006	Food for Health: Nutritional Well-being for Older Adults	Provides tools to support healthy eating in older adults so that food can become "food for health" and elders can reap the benefits of better nutritional status.	English
California Dept of Education	Food For Thought	CD: tool for child care programs to teach young children 3 to 5 years good nutrition and healthy food choices.	English
NASCO	Food Pyramid Activity Material WA26737HR	USDA Food Pyramid mat with food cards for students 5 years and older to kinesthetically learn about healthy food choices	English
Judy Johnson	Food Pyramid Facts	A game for students designed around the MyPyramid Food system.	English
Joan Kalbacken	Food Safety	A reading book for elementary school students discussing health concerns with the foods we eat and how to avoid them.	English
Sharon Gordon	Food Safety	An early reader for students on skill development for food safety.	English
California Foundation for Ag in the Classroom	Food Safety: From Farm to Fork	Nutrition Ed game where 7th -9th grade students learn about food safety.	English
<i>Network for a Healthy California</i>	Food Stamp Educational Brochures	Basic info on food stamp program and Nut Ed.	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Food Stamp Nutrition Connection	Food Stamp Office Resource Kit	SNAP-Ed materials Focusing on educating food stamp recipients and applicants about the choices that lead to good nutrition and healthy behavior.	English/ Spanish
USDA materials	Food Stamp Outreach materials	USDA developed /approved materials	English
SNAP-Ed Connection	Food Stamps Help Put Healthy Food On Your Table	From SNAP-Ed tool Resource Kit with info on food security resources	English/ Spanish
USDA materials	Food Stamps Make America Stronger	USDA SNAP-Ed Promotion materials	English/ Spanish/ Vietnamese
John E. Barrett	Food!	Sesame Street Book on healthy eating.	English
Human Relations Media	Food, Health, and Exercise	DVD explaining how using the New Pyramid guidelines can help you obtain better health.	English
Many Hands Media	Foods I Eat- Foods You Eat - Curricula	Multicultural nutrition education kit for early childhood settings.	English
Food Stamp Nutrition Connection	Foods to Love for the Love of Your Family	SNAP-Ed Brochure	English/ Spanish
www.foodstats.com	Food-Stats	Basic Nutrient information resource web site for common foods and info on healthy eating.	English
US Dept.of Health & Human Srvc	For Strong Bones For Lifelong Health	This booklet is part of the NICHD Milk Matters campaign, explains that young people ages 11 to 18 need calcium and physical activity	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
USDA materials	Foundation for a Healthy Start	Discusses each food group in MyPyramid	English
Sally M Hunter	Four Seasons of Corn	Nonfiction. The story of a But Native American boy and how he learns about growing and drying corn from his grandfather.	English
Alameda County Public Health Department (contractor developed)	Free Food Within Your Reach	A food resource guide for Alameda County.	English/ Spanish
California Department of Education	Fresh fruits and vegetables photo cards	Color fotos of Fruits and vegetable to be used in Nut. Ed lessons	English
Nutrition to Grow On	Fresh Fruit or Vegetable Ad Campaign, Finding Your Pulse	Lesson 6 of Nutrition to Grow On curriculum is PA promotion aspect of Healthy life style.	English
CDC	Fruit & Veggies Matter: What Counts as a Cup?/CDC - Handout	Brochure through pictures shows how to determine cup portion sizes of fruits and vegetables.	English
<i>Network for a Healthy California</i>	Fruit And Vegetable Empowerment Brochure	Basic nutrition info on and promotion of Fruits and Vegetables.	English
<i>Network Champion for Change on line resource</i>	Fruit and vegetable Scoreboard	Nutrition activity tool to encourage fruit and vegetable intake.	English/ Spanish
<i>Network Tool box for Community Educators</i>	Fruit, vegetable, and physical activity playing cards	Nut Ed playing cards support several Nut Ed lessons.	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
<i>Arizona Nutrition Network</i>	Fruit/Vegetables Coloring Pages	Coloring worksheets linked with Fruit and Vegetable nutrition education activities	English/ Spanish
Lola Schaefer	Fruits	A young reading book presenting information and pictures on why fruits are a healthy choice.	English
Produce for Better Health	Fruits & Veggies Activity Books	Provide fruit and veggie fun with games, puzzles, and pages to color. Choose the pack that is right for the child's age Each pack includes 3 different books.	English
Produce for Better Health	Fruits & Veggies Guide to Good T.A.S.T.E. for adults	Brochure on: Learn how to get more fruits and veggies in your day with helpful tips and hints aimed at busy families.	English/ Spanish
Produce for Better Health	Fruits & Veggies Guide to Good T.A.S.T.E. for kids	Help kids learn how to get more fruits and veggies in their day with fun games and activities. Brochure also provides helpful tips for Moms, Dads, and caregivers.	English/ Spanish
<i>Network for a Healthy California</i>	Fruits and Vegetables - Brochure	Brouchure to promote fruits and vegetables intake	English/ Spanish
USDA materials	Fruits and Vegetables Challenge Packet	Classroom activity that encourages students to try healthy fruits and vegetables. Students identify various fruits and vegetables served in the cafeteria, count and record the numbers of fruits and vegetables they eat each day, total the number the class consumes, and compare their personal progress with that of their class. The kit includes instructions for the Challenge and a classroom wall poster to chart results	English
California Foundation of Agriculture in the Classroom	Fruits and Vegetables for Health	This comprehensive unit teaches students about the production, distribution, and nutritional value of California fresh produce. Geography, writing, graphing, and science activities are used to teach the importance of eating a variety of fruits and vegetables. Aligned to the Content Standards for California Public Schools.	English/ Spanish
<i>Network for a Healthy California</i>	Fruits and Vegetables for Your Health, Your Neighborhood and Your	Brouchure to promote fruits and vegetables intake	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
	Life		
USDA materials	Fruits and Vegetables Galore, The Power of Choice	The power of choice: Intended for after-school program leaders working with young adolescents. Contains 10 interactive sessions based on six posters. Included in the Leader's Guide are a recipe booklet, parent letter, and Nutrition Facts cards.	English
California (Children's) Power Play!	Fruits and Vegetables PowerPlay!	Campaign: this social marketing initiative empowers 9- to 11-year-old children to eat 3 to 5 cups of fruits and vegetables and get at least 60 minutes of physical activity every day.	Eng. And Spanish
Produce for Better Health	Fruits and Veggies -- T.A.S.T.E. Guide - Brochure	Brochure on: Learn how to get more fruits and veggies in your day with helpful tips and hints aimed at busy families.	English
SNAP-Ed Connection	Fruits Vegetables and whole grains too (Healthy Futures lesson plan)	Nutrition education activity lessons promoting healthy eating.	English/ Spanish
Amanda DoeringTourville	Fuel the Body Eating Well	Book: Eating good food keeps your body healthy, gives you energy and every food group is important.	English
UC Berkeley	Full Option Science System (FOSS) Food and Nutrition Module for 5th grade	Is a modular science program comprised of 27 modules. 5th and 6th grade modules deal with Food and Nutrition	English
Greg & Steve	Fun and Games (CD)	CD: This album all fun & games for children ages 3 to 9.	English
Heidi Shelton Jenck	Gabe's Grocery List	Fiction. Gabe's grocery list is full of fruits, his dad's is full of veggies. Gabe puts his in the grocery cart and takes out his dad's. I guess we will have fruit salad tonight.	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
US Dept of Health & Human Services	Games from the Garden	Handout: 10 ideas to help you follow the dietary guidelines and get lots of exercise.	English/ Spanish
L. Patricia Kite	Gardening Wizardry for Kids	Book: An collection of more than 300 experiments and projects with apple seeds, beans, potatoes, fruit pits, vegetables, herbs, etc	English
American Cancer Society	Generation Fit: Today's Generation Advocating for Good Health	Program: encourages students ages 11 to 18 take part in community service projects that promote more physical activity and healthier eating among their friends and families, and in their schools and communities	English
Nigel Hawkes	Genetically Modified Food	Book: Through explanations and illustrations of the DNA model and genetics, the author provides a beginning look at genetically modifying foods.	English
Elizabeth Verdick	Germs Are Not for Sharing	Book: book is a good choice for teaching youngsters the basics about hygiene,	English
Melvin Berger	Germs Make Me Sick (trade book)	Book: deals directly with how bacteria and viruses spread infection in daily life and how the body fights back.	English
Wendy Wakefield Ferrin	Germs on their Fingers!	Book: this story teaches children of all ages to wash their hands while encouraging divergent thinking and modeling community leadership	English
L. F. Hereford	Gerry The Grape	Book: filled with engaging and lovable characters, who teach us important life lessons about becoming our best selves.	English
Mealsmatter.org	Get Packin' Tips for a Healthy Lunch Box	Handout: tips for including food groups in packed lunches	English/ Spanish
California African American Campaign	Get Your Calcium the Fruit and Vegetable Way brochure	Brochure: brochure to educate people about foods that are good sources of calcium.	English
Jan Blake and Peter Melnyczuk	Give Me My Yam!	A little boy loses his yam but finds a new one in the end and eats it for dinner	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
NASCO	Glo Germ Kit	Kit: the preferred training medium by virtually anyone who teaches proper handwashing techniques or food safety compliance.	English
Food and Health Communications	Go for the Whole Grain - LP/Handouts	Poster & Handout: the benefits of whole grains with an educational poster and handout.	English
Oregon State University	Go Lean on Protein	Monthly newsletter: tips on lean protein sources	English/ Spanish
Bell Institute of Health and Nutrition	Go with the Whole Grain, Whole Grain more than fiber	General Mills Materials: several resources describing the benefits of wholegrains	English
Cooperative Extension (EFNEP, FSNEP)	Go, Glow and Grow	Curriculum: Using a simplified version of MyPyramid, children learn the connection between healthy foods and what they do for the body.	English/ Spanish
Kids Health	Go, Slow, Whoa Foods	Chart and Handout: anytime, sometime and once in a while foods, using the Pyramid	English
Sue Mogard & Ginny McDonnell	Gobble Up Math	Fun Activities to Complete and Eat for Kids in Grades K-3 (paperback). Fun learning math concepts while using delicious and nutritious food.	English
Carol A. Johmann and Elizabeth J. Rieth	Gobble Up Science	Fun Activities to Complete and Eat (paperback). Fun and unique way for kids to learn about science and nutrition.	English
Extension En Espanol	Good Eating Habits	Information about eating a variety of foods, eating in moderate amounts and using fats, salts, and sweets in moderation.	English/ Spanish
Karen Breitbart	Good for Me Movement	Kids cookbook...a creative collection of delicious easy to prepare, low-fat recipes, free of sugar and salt. Please check with your PM prior to use of the recipes.	English
American Institute for Cancer Research	Guide to Healthy Dining Out - Brochure	A helpful brochure filled with tips for choosing healthful meal options away from home.	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
USDA materials	Handouts: Building a Healthy Body & Soul, Be Active, Eating at Work, Need Help Buying Food?	Information on fitness, good nutrition, and label reading to maximize your efforts to eat well every day.	English/ Spanish
Cooperative Extension (EFNEP, FSNEP)	Happy Healthy Me	A nutrition and literacy curriculum designed to provide young children with an introduction to nutrition. Ages 4-6	English
Harvest of the month	Harvest of the Month bookmarks	Nutrition reinforcement items	English
Harvest of the Month	Harvest of the Month Cycle I,II,III produce	<i>Network developed & approved</i>	English
Harvest of the Month	Harvest of the Month Cycle I,II,III Cookbooks	<i>Network developed & approved</i>	English/ Spanish
Contractor Developed – from Los Angeles Collaborative Website	Harvest of the Month complementary educational materials	Contractors can share examples of presentations and nutrition education materials they have created or revised.	English/ Spanish
Harvest of the Month	Harvest of the Month Fact Sheet	Two page fact sheet with information about HOTM program.	English
Monrovia Unified School District	Harvest of the Month Cooking and Nutrition Education Lessons	Contractors can share examples of presentations and nutrition education materials they have created or revised.	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Merced County Office of Education	Harvest of the month curricula from LA Collaborative and Downey School District: calendars, worksheets	Workbooks for HOTM	English
<i>Network for a Healthy California</i>	Harvest of the Month Educator Newsletter, Family Newsletter, Community Newsletter, Menu Slicks, Toolkit	Assists health education experts in offering the latest science-based nutrition and physical activity recommend	English/Spanish
Monrovia Unified School District	Harvest of the Month Highlights Newsletter	Contractors can share examples of presentations and nutrition education materials they have created or revised.	English
Contractor Developed – LA Collaborative Website	Harvest of the Month K-7 Lesson Plans	Contractors can share examples of presentations and nutrition education materials they have created or revised.	English
Merced County Office of Education	Harvest of the Month Parent newsletters	Information sheet/bulletin that provides nutritinal information	English
Harvest of the Month/ Contractor developed (Merced County Office of Ed)	Harvest of the Month Physical activities K-8	Grades K-8th: pages taken from approved PA books and resources adapted to include nutrition components. Pages are duplicated by teachers too use in PA promotion. Not designed to stand alone, but as part of HOTM	English
CDPH	Harvest of the Month Posters	Posters with nutritional messages for contractor use	English
Contractor Developed (Tulare COE)	Harvest of the Month Essay and Art Contest Guidelines and Forms	Title describes materials.	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Harvest of the Month/ Contractor developed (Downey and Hawthorne Unified School Districts)	Harvest of the Month student workbooks	Ready to use Harvest of the Month (HOTM) nutrition education workbooks based around the HTOM monthly produce item. Workbook nutrition education materials linked with grade level California Education Standards. Teachers can use to the workbook books to enhance their HOTM classroom taste tests & activities.	English
Cris Peterson	Harvest Year	Photographs and a simple text take youngsters through the calendar year and show the crops growing and being harvested, as well as children enjoying foods of all shapes and sizes and colors.	English
<i>Northcoast Nutrition Collaborative – Network for a Healthy California</i>	Harvesting Health	A compilation of lessons and resources that foster nutrition education through gardening concepts highlighting seasonal produce specific to the Northcoast Region.	English
<i>Network for a Healthy California-Children's Power Play! Campaign</i>	Have Fun and Be Healthy	Encourages children ages 9 to 11 and their families to eat more fruits and vegetables and be physically active for 60 minutes every day.	English
Other California Healthy Kids Resource Center materials	Health	Materials that incorporate rules and safety procedures into physical activities. Information on health and wellness topics for 9th grade.	English/ Spanish
Macmillan/McGraw Hill	Health & Fitness Series	Series of books provides students with accurate, standards-based health content. The program focuses on ten Health Life Skills , including teaching students to make responsible decisions and to set health goals at each grade level. Designed so that teachers can easily cover the core health materials and provide students with the content, skills, and the knowledge they need to lead healthy lives.	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Harcourt School Publishers	Health and Fitness Series,	Grades K-6 helps students achieve a healthy lifestyle with comprehensive health content that incorporates physical activities.	English/ Spanish
Texas Cooperative Extension	Health and Nutrition from the Garden	Basic gardening information that includes growing techniques, food safety, healthy eating tips, and nutritious snack food preparation. Tool for educators who use garden programs to teach students about health, nutrition, food safety, and wise decision-making skills.	English
USDA materials	Health Benefits of Eating Fruits and Vegetables	materials about the health benefits of eating fruits and vegetables. People who eat more fruits and vegetables as part of an overall healthy diet are likely to have a reduced risk of some chronic diseases.	English/ Spanish
USDA materials	Health Benefits of Physical Activity	Provides information on the benefits of physical activity, the economic impact of good nutrition, guidelines, health benefits of physical activities.	English/ Spanish
Dairy Council of California	Health Choices, Healthy Me! (1st and 2nd grade)	First and second grade program. A comprehensive, ten-lesson nutrition education program that focuses on food choice behaviors while reinforcing language arts and math.	English/ Spanish
CA Department of Education	Health Education Content Standards for California Public School: Kidergarten through Grade Twelve	Information on the newly developed and State Board-approved California Health Education Content Standards for California Public Schools, Kindergarten through Grade Twelve.	English
California Department of Education	Health Framework for California Public Schools	Standards for teaching how to maintain and improve health, prevent disease, reduce health risks, develop health knowledge, attitudes, and skills. K - 12th grade	English
Other California Healthy Kids Resource Center materials	Health Frameworks, Action for Healthy Kids	An interdisciplinary curriculum for teaching upper elementary school Nutrition and physical activity.	English/ Spanish
Human Kinetics	Health Related Fitness Grades 1-4, Eat Well and Keep Moving, 2 nd Edition	An interdisciplinary curriculum for teaching elementary school Nutrition and physical activity. Fun and unique way for kids to learn about nature and nutrition. A complete guide to every type of	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
		exercise activity that can benefit your fitness and health.	
California Department of Education	Health Standards	Information on the newly developed and State Board-approved <i>California Health Education Content Standards for California Public Schools, Kindergarten through Grade Twelve.</i>	English
The Children's Health Fund	Healthy Basics Hand-washing	Information on the importance of washing your hands.	English/ Spanish
Shasta County Public Health	Healthy Beginnings Curriculum, Walk Redding Guide, Walk Anderson Guide, STEPS to Better Health, Physical Activity for Everyone, Community Garden Toolkit, Nutrition and Physical Activity Monthly Toolkits	Contractor developed healthy eating and physical activity materials. Some are for local residents.	English
<i>Network for a Healthy California</i>	Healthy Chinese Cuisine	Booklet available in Chinese to help increase fruit and vegetable consumption and provide helpful tips on staying active	English /Chinese
San Francisco Department of Public Health	Healthy Chinese Cuisine Using Fruits & Vegetables (cookbook)	Educational flipchart-cookbook featuring tips on fruits and vegetables intake and physical activity and innovative Chinese cooking using fruits and vegetables. Please check with your PM prior to use of the recipes.	English/ Spanish
California African American Campaign	Healthy Eating and Physical Activity Tips brochure	Brochure on Healthy Eating and Physical Activity Tips	English
Mary Turck	Healthy Eating for Weight Management	Fact-filled books that appeals to those who are interested in keeping strong and fit and in eating well and eating right.	English
USDA materials	Healthy Eating Index	USDA Nutrition Educational Materials	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
American Dietetic Association	Healthy Eating on the Run	30 tips for making healthy choices when eating out.	English/ Spanish
Other California Healthy Kids Resource Center materials	Healthy Food from Healthy Soils	45-lesson resource..lessons are organized into four themes: origins of food, choosing food, putting "garbage" to work, and simple gardening. Activities keep students engaged as they make models, taste new foods, keep journals, and chart the results of their investigations	English
Krames Communications	Healthy Food Shopping - Brochure	Encourage healthy behaviors and improve outcomes with a wide selection of wellness and prevention resources	English
<i>Network for a Healthy California-Children's Power Play! Campaign</i>	Healthy FUNdraising Ideas (parent tip sheet)	Tip sheets provide ideas for working with other parents and school staff to make your child's school a healthier place to learn.	English
Sesame Street	Healthy Habits for Life Child Care Resource Kit	The kit is a great resource that helps teachers incorporate healthy physical activity and nutrition habits into your everyday routines.	English/ Spanish
California Power Play!	Healthy Kids brochure	Brochure is full of practical and fun ways for families to make healthy choices together	English/ Spanish
Other California Healthy Kids Resource Center	Healthy Kids Challenge: Acting Up! Kids in Motion	Fun 5-10 minute activities that combine math, social studies, health, and language skills with movement are great for use in the classroom to add minutes of physical activity during the school day or in afterschool programs.	English
<i>Network for a Healthy California-Latino Campaign</i>	Healthy Latino Recipes Made with Love-Cookbook	Cookbook with zesty flavors and enticing aromas of healthy Latino cooking. Provides family favorites that use a variety of fruits and vegetables.	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Contractor Developed- Shasta county	Healthy School Parties	Limit unhealthy foods at classroom parties and add fruit and vegetable	English
Krames Communications	Healthy Snacking - Brochure	Brouchure to provide information on and promote the eating of healthy snacks	English
Dairy Council of California	Healthy Snacks for Home and School (handout)	Nutrition education handout for parent with children of various ages. Provides information on preparing healthy snacks for home and school. Please check with your PM prior to use of the recipes.	English/ Spanish
Penny Warner	Healthy Snacks for Kids	Easy to follow recipes that has a variety of yogurt, fruits, and granolas as main staples of the recipes. Please check with your PM prior to use of the recipes.	English
San Francisco Department of Health Feeling Good Project	Healthy Tip Number 1 Snacks for Energy (informational pamphlet)	Simple snack ideas that are culturally adapted. Please check with your PM prior to use of the recipes.	English/ Spanish/ Chinese
San Francisco Department of Health Feeling Good Project	Healthy Tip Number 11 Growing Healthy Kids (informational pamphlet)	Pamphlets developed to advertise and invite eligible SNAP Ed participants to classes titled: "Feeling Good" discussing how to add health food and activity to a busy life.	English/ Spanish/ Chinese
San Francisco Department of Health Feeling Good Project	Healthy Tip Number 12 Free Fun (informational pamphlet)	Ways families can promote healthy foods and physical activity while having fun.	English/ Spanish/ Chinese
San Francisco Department of Health Feeling Good Project	Healthy Tip Number 2 Boost Your Energy (informational pamphlet)	Ways to promote physical activity that are culturally adapted.	English/ Spanish/ Chinese

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
San Francisco Department of Health Feeling Good Project	Healthy Tip Number 3 Cooking Light (informational pamphlet)	Promotes cooking in low-fat ways that are culturally adapted	English/ Spanish/ Chinese
San Francisco Department of Health Feeling Good Project	Healthy Tip Number 4 Eat Fruits & Vegetables (informational pamphlet)	Suggestons for eating more fruits and vegetables and how to know if the right amount is being eaten.	English/ Spanish/ Chinese
San Francisco Department of Health Feeling Good Project	Healthy Tip Number 5 Better Fast Foods (informational pamphlet)	Healthier options to choice when choosing fast food.	English/ Spanish/ Chinese
San Francisco Department of Health Feeling Good Project	Healthy Tip Number 7 Weight and Health (informational pamphlet)	The importance of eathing healthy foods and being active no matter your weight	English/ Spanish/ Chinese
San Francisco Department of Health Feeling Good Project	Healthy Tip Number 8 Lower Your Stress (informational pamphlet)	How to reduce stress by drining more water and being active.	English/ Spanish/ Chinese
San Francisco Department of Health Feeling Good Project	Healthy Tip Number 9 Build Your Strength (informational pamphlet)	Simple exercises to warm up and build strength without special equipment or gym membership	English/ Spanish/ Chinese
Channing Bete Company	Healthy Weight for Teens	Presentation package gives teenagers the facts about what obesity is -- and isn't	English
American Heart Association	Heart Health - LP	Cholesterol info and Lipoprotein A	English
National Institutes of Health	Heart Healthy Home Cooking Af/Am Style	Recipes prepared in heart healthy manner. Please check with your PM prior to use of the recipes.	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
National Institutes for Health	Hearts 'n Parks	National community based program designed to help parks and rec agencies encourage heart healthy lifestyles.	English/ Spanish
<i>Network for a Healthy California-Children's Power Play! Campaign</i>	Help Your Kids Eat More Fruits and Vegetables brochure	<i>Network developed ideas on how to increase consumption of Fruits and Veggies</i>	English
<i>Network for a Healthy California-Children's Power Play! Campaign</i>	Help Your Kids Power Up with Fruits and Vegetables and be Active Tips of Parents	<i>Network developed increasing consumption of Fruits and Veggies</i>	English
<i>Network for a Healthy California</i>	How Many Cups of Fruits and Vegetables Do I Need? - Brochure/Slide Guide	As title indicates	English/ Spanish
USDA	How Many cups?	Identifies how many cups of Fruits and veggies are recommended	English
Fruits and Veggies More Matters	How Many Fruits and Vegetables do you Need?	Identifies how many cups of Fruits and veggies are recommended	English/ Spanish
Centers for Disease Control and Prevention (CDC)	How many fruits and vegetables do you need? (brochure)	Identifies how many cups of Fruits and veggies are recommended	English/ Spanish
Solano County (Contractor developed)	How to Find Healthful Food and Ways to be Active in Solano County guide	As indicated in title	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
American Heart Association	How to have your cake and eat it too: A painless guide to low-fat, low-cholesterol eating.	Low fat low cholesterol eating tips	English
American Dietetic Association	How to read a food label	As indicated in title	English
USDA materials	How to Read Food Labels - LP	As indicated in title	English
American Heart Association	How to Read the New Food Label Brochure	As indicated in title	English/ Spanish
Connie Evers, RD	How to Teach Nutrition to Kids	243 pages teaching basics, science of nutrition , edible art etc.	English
Centers for Disease Control and Prevention (CDC)	How to use Fruits and Vegetables to Manage Your Weight (brochure)	As indicated in title	English/ Spanish
USDA MyPyramid Website	Inside the pyramid materials (MyPyramid Menu Planner, MyPyramid for Preschoolers, MyPyramid for Moms, MyPyramid for Kids)	My pyramid materials for select groups	English/ Spanish
<i>Network for a Healthy California</i>	Instant Recess Users' Guide (DVD)	Promotes health for adults by making exercise a group activity	English
WIC Works Learning Center	Iron Deficiency Anemia - LP	Teachs what Iron deficiency anemia is	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
UC Cooperative Extension	Iron For Strong Blood	Teachs about the role of iron in the blood	English/ Spanish
Allan Fowler	It's a Fruit, It's a Vegetable, It's a Pumpkin	Learn many interesting facts about pumpkins in this introductory science book.	English
Roberta Duffy	It's a Sandwich	The story focuses on the different ways to make a sandwich and it varies according to different cultures. No Nutrition message. Many vegetables and fruits are added to the sandwiches.	English
County of Los Angeles DHS PUB HEALTH Prog	It's Easy Recipe Book	Recipies. Please check with your PM prior to use of the recipes.	English
USDA materials	It's Up to You poster	Poster uses food photographs to illustrate the <i>MyPyramid food groups</i>	English
Marilee Whiting Woodfield	It's Wiggle Time,	A compilation of theme-based activities to help early-childhood teachers incorporate movement and music into the curriculum	English
Sindy McKay	Jack and the Beanstalk	Story designed for teacher and student to read together	English
Bruce Degen	Jamberry Kit,	A boy and a rhyming bear romp through a berry world, looking for berries as they go	English
Roald Dahl	James and the Giant Peach	Story book about a boy who turns into a giant peach	English
MyPryamid.gov	Jazz Up Your Menu With Fruits	Creating menus with fruit	English/ Spanish
Steven Kellogg	Johnny Appleseed	Johnny spreads apple seeds through the eastern US	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
CATCH	Jump Into Health	Physical activities developed by CATCH	English
American Heart Association	Jump Rope for Heart	Physical activities written by Am Heart Assoc.	English
California Project LEAN	Jump Start (high school nutrition and physical activity lessons)	High school nutrition and physical activity lessons	English
California Project LEAN	Jump Start Because Keeping Active and Eating Smart Give Students a Better Start	Keeping Active and Eating Smart Give Students a Better Start.	English
California Project LEAN	Jump Start Teens, Captive Kids, Food on the Run Intervention Materials, Slide Guides, and Simple Solutions Intervention Materials, Parent Engagement Toolkit	Cross-curricular lesson encourage students to eat healthy, keep moving and become smart consumers	English/ Spanish
California Project LEAN	Jump Start Teens, Food on the Run, Playing the Policy Game	Guide to provide examples of how youth advocagtes can work to make healthy eating and pyhsical activity easier to do at school.	English
Texas Cooperative Extension	Junior Master Gardener Handbook – Level 1	Fun activities and facts to help children experience the joy of making things grow. Eight chapters.	English
USDA materials	Junior Master Gardener- Health and Nutrition -from the Garden	Actually from the Texas Cooperative Extension. Curriculum for Grades 3 to 12 correlated to the California Department of Education subject-based standards. Includes: independent and group learning experiences related to a unique gardening education.	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Texas Cooperative Extension	Junior Master Gardener Teacher/Leader Guide-Level 1	Texas Cooperative Extension. Curriculum for Grades 3 to 12 correlated to the California Department of Education subject-based standards. Includes: independent and group learning experiences related to a unique gardening education.	English
Cooperative Extension (EFNEP, FSNEP)	Junior Master Gardner, Teams with Intergenerational Support, Eat Fit, MyActivity Pyramid, Nutrition in the Garden	Texas Cooperative Extension. Curriculum for Grades 3 to 12 correlated to the California Department of Education subject-based standards. Includes: independent and group learning experiences related to a unique gardening education.	English
Stuart J. Murphy	Just Enough Carrots	Book has math concepts and the little rabbit loves carrots and wants his mother to buy more carrots.	English
National Institute of Diabetes and Digestive and Kidney Disease	Just Enough for You About Food Portions - LP	21 page booklet about portion control. NIH Publication No. 09-5287 June 2009	English
Christianne Jones	Just Try It	Book, 24 pages. Young boy discovers he likes vegetables when they are cooked in a casserole.	English
SPARK	K-6 SPARK Binder PA/Nutrition education integration	Curriculum with research-based physical activity/nutrition programs.	English
Sonya Dunn	Keeping Fit	8 page book for ages 9-12. As title indicates.	English
California Latino	Keeping FITT, Physical Activity Pyramid, Stretching Exercises, Activity and Eating and Recipe Cards.	As title indicates	English/ Spanish
Extension en Espanol	Keeping Food Safe	This fact sheet explains how to avoid food poisoning with tips on storing and refrigerating food at home.	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Wisconsin Nutrition Education	Keeping Your Food Safe	36 page booklet as title indicates.	English/ Spanish
California Raisin Marketing Board	Kid Friendly Recipes K-6	Website with kid-friendly recipes. Please check with your PM prior to use of the recipes.	English
Arlette N. Braman	Kids Around the World Cook!	128 page book for ages 9-12. Collection of recipes and an assortment of trivia from other countries. Please check with your PM prior to use of the recipes.	English
California Department of Education	Kids Cook Farm Fresh Food	245 page activities guide and recipes for students in grades 2-7 that links academic content standards to the real world through gardens, nutrition, cooking, recycling, and the environment. Please check with your PM prior to use of the recipes.	English/ Spanish
Avery Hart and Paul Mantel	Kids Garden	160 page book for ages 9-12. Includes the parts of a plant, experiments, recipes, and gardening ideas. Please check with your PM prior to use of the recipes.	English
<i>Network for a Healthy California-Children's Power Play! Campaign</i>	Kids get Cooking! cookbook	25 page cookbook for children ages 9-11 promoting fruits and vegetables.	English/ Spanish
Greg & Steve	Kids in Action/Motion (CD)	CD of 15 music songs for children 3-5 years old that promotes physical activity.	English
Watershed Project (lessons from the curriculum are used to support allowable FSNE activities)	Kids in Gardens	Workshop with 500 pages of background information, resources and activities that links your school garden to classroom curricula that supports CA State Standards.	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Contra Costa Health Services	Kids Just Wanna Have Fun Activity Guide	109 page activity guide provides skills and knowledge to promote everyday physical activity and nutrition education for children in after-school programs.	English
Oregon State University	Know Your Fats	2006 - Tip sheet discusses saturated, trans fats, and unsaturated fats.	English/ Spanish
contractor developed (Kernville USD)	KUSD monthly newsletter articles/information	Provide nutrition education related articles/information for district newsletter	English
Francisco X. Alarcon	Laughing Tomatoes and Other Spring Poems	32 page book for ages 4-8. Collection of verses in English and Spanish about food, weather, plants, dreams featuring Latino children.	English
LAUSD Developed	LAUSD-Parent Nutrition Education Workshop Materials	(Website and workshop) materials from a six-week, parent nutrition education workshop series led by Registered Dietitians and highlights a different topic each week, including basic nutrition, nutrients, food labels, meal planning, eating out and other topics related to healthy eating.	English/ Spanish
California Foundation of Agriculture in the Classroom	Learning About Fruits and Vegetables Curriculum grades K-6	As title indicates	English
Jackie Silberg	Learning Games Exploring the Senses Through Play	168 page book with 200 activities and learning games for children as they expand their learning by engaging all of their senses.	English
USDA materials	Lesson 1: Getting the Most Nutrition From your food	Team Nutrition / My Pyramid lesson plan for 6 to 11 year olds to make healthy eating and physical activity choices.	English/ Spanish
California Power Play!	Lessons: Healthy Parties/Snacks, Healthy Fundraisers. Power play	As title indicates	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
	Bingo, Serving Size/How Much Do I Need?, After School Nutrition/PA Lessons (Activity #1-10, 4th-5th grade lessons-10 total)		
USDA materials	Lessons: My Food Pyramid, Physical Activity & Calories, Serving Size	USDA / Team Nutrition/ My Pyramid lesson plan for 6 to 11 year olds to make healthy eating and physical activity choices.	English/ Spanish
Alice B. McGinty	Let's Exercise (trade book)	24 page book for ages 9-12. Defines exercise, describes its benefits, and gives a few examples of how to exercise.	English
Wisconsin Nutrition Education	Let's Get Our Kids Moving	2 page factsheet about physical activities with kids	English/ Spanish
USDA Eat Smart. Play Hard	Let's Go on a Snack Hunt	activity for kids ages 4-7 that includes a joke, tip, and a recipe for a healthy snack.	English/ Spanish
Wisconsin Nutrition Education	Let's Make Meatless Meals	1 page fact sheet of suggestions to incorporate simple, low-cost physical activities into a busy life. Low-literacy	English/ Spanish
USDA Materials	Let's Move	website with recipes and tips on nutrition and physical activity	English
Peggy Sissel-Phelan	Let's All Eat Veggies!	16 page book (2007) - Book about children eating vegetables.	English
P.K. Hallinan	Let's Be Fit	32 page book for ages 4-8 stresses the importance of healthy eating, daily physical activity and rest for the body and mind.	English
Claire Hibbert	Let's Eat Lunch	24 page book for ages 4-8. Encourages kids to think about healthy foods for lunch.	English
Pat Mora	Let's Eat! A Comer!	24 page book for ages 4-8. bilingual book in English and Spanish about a family eating together.	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Frank Leto and Greg Scelsa	Let's Go To The Market	12 page book for ages 4-8. 2006. As title indicates.	English
American Heart Association	Let's Just play Go Healthy Challenges	Campaign: comprehensive on-air, online and grassroots campaign that encourages kids to be healthy and active.	English
Teachers College Columbia University	Linking Food and the Environment (LiFE) - Food and Health; Choice, Control, and Change	science education curriculum inquiry-based investigations in the domain of food. Teacher manuals with complete lesson plans and student packets with activity sheets and readings. Includes Food and Health for grades 5-6.	English
Columbia University Teachers College	Linking Food with the Environment	Science education curriculum inquiry-based investigations in the domain of food. Teacher manuals with complete lesson plans and student packets with activity sheets and readings. Includes Food and Health for grades 5-6.	English
Texas Cooperative Extension	Literature in the Garden	Junior Master Gardener Literature in the Garden curriculum engages children through garden- and ecology-themed childrens books. For grades 3-5. (2005)	English
RozanneLanczak Williams	Little Red Hen Makes Soup	Fiction. Little Ren Hen makes vegetable soup with the help of her farm animal friends. They pull fresh vegetables from the garden.	English
American Cancer Society	Living Smart - The ACS Guide to Eating Healthy and & Being Active	booklet from the ACS as title indicates.	English/ Spanish
Jo Ellen Moore	Look, Listen, & Speak At The Supermarket	80 page book for grades 1-3 with poster, games, pictures and chants about grocery stores.	English
Dairy Council of California	Looking Good and Feeling Fit (no longer in print)	Tipsheet/worksheet for students ages 9-18 on calcium, dairy foods, and strong bones. Pdf on website.	English
USDA Materials	Loving Your Family Feeding Their Future	Provides educational and promotional materials and techniques to help nutrition educators in their work with SNAP (Supplemental Nutrition Assistance Program) participants and eligibles.	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Vegetarian Resource Group	Low Cost Vegan Meal Plan	Website with recipes and meal plans promoting fruits and vegetables. Please check with your PM prior to use of the recipes.	English
Krames Communications	Low-Fat Eating- Brochure	As title indicates	English
Learning Zone Express	Low-fat Express - Activity Sets	Nutrition Curriculum appropriate for grades 9 -adult with fat tubes, fat and arteries replicas, MyPyramid bingo, and videos.	English
Krames Communications	Low-Salt Eating - Handout	As title indicates	English
Denise Fleming	Lunch	32 page book for ages 4-8 about a mouse that eats a variety of fruits and vegetables.	English
Brenda Cartee Lee	Lunch at the Zoo	32 page book for ages 4-8 teaches children to choose a diet rich in fruits, vegetables and meats instead of sweets.	English
Janice A. Johnston	Lunch Box Menus for You	86 page book to help create healthy school lunches for your child and encourage healthy eating habits. Please check with your PM prior to use of the recipes.	English
USDA materials	Make Family Time an Active Time	Website tips for families to be active	English
WIC Materials	Make Half Your Grains Whole	Tipsheet from WIC	English
Cooperative Extension (EFNEP, SNAP-ED)	Making Every Dollar Count;	Website on setting goals, making budgets, and saving money on food.	English/ Spanish
USDA, Team Nutrition	Making it Happen! School Nutrition Success Stories	Book from CDC , as title indicates	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Dairy Council of California	Making Meals Matter for Your School Age Child	8 page booklet helps parents of school-age children, ages 6 through 12, understand the basics of preparing healthy meals and snacks	English/ Spanish
Dairy Council of California	Making Meals Matter for Your Young Child	8 page booklet offers parents guidance and practical information about feeding their preschoolers ages 2-5. It provides busy parents the basics of preparing healthy meals and snacks.	English/ Spanish
Marvin Buckley	Making Raisins	lesson plan for ages 5-6. Turning grapes into raisins. (2001). Part of Nat Geo/ Hampton Brown Science Curriculum.	English
Wisconsin Nutrition Education	Making Snacks With Children	Tipsheet with recipes as title indicates. Please check with your PM prior to use of the recipes.	English/ Spanish
Ann L. Burckhardt	Manzanas	24 page book ages 4-8. Provides an introduction to apples, their different parts, and how apples are grown and harvested.	Spanish
Debbie Larson	Math in Food	Book uses foods in classrooms to address math concepts. (middle-high school)	English
UC Botanical Gardens	Math in the Garden	Lessons for grades 5-8 using concepts in gardens for math problems. Promotes good nutrition while improving math skills.	English/ Spanish
East Carolina University	Math Middle-School Energizers	33 page booklet of classroom-based physical activities for middle school students.	English
Adria F Klein	Max Goes to the Grocery Store	24 page book for ages 4-8. Max and his friend go to the store to get dried fruit for a snack.	English
USDA, Food and Nutrition Service	Maximizing the Message: Helping Moms and Kids Make Healthier Food Choices	36 page booklet as title indicates.	English
Extension en Espanol	Meal Planning Stretching Your Dollar	Tipsheet as title indicates	Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Dairy Council of California	Mealsmatter.org (recipes/articles)	Website with recipes and meal plans promoting fruits and vegetables. Please check with your PM prior to use of the recipes.	English/ Spanish
Oregon Dairy Council	Mealtime	4 page tipsheet for families eating together and recipes . Please check with your PM prior to use of the recipes.	English/ Spanish
Arizona Nutrition Network	Meat/Dairy Coloring Pages	As title indicates	English/ Spanish
National Institute of Child Health and Human Development	Media Smart Youth	Interactive after-school education program for young people ages 11 to 13 designed to help teach them about media and how it can affect their health--especially in the areas of nutrition and physical activity.	English/ Spanish
American Cancer Society	Meeting Well: A tool for Planning Healthy Meetings and Events	Brochure about including healthy foods and physical activity into meetings	English
California Melon Research Board	Melon Poster	As title indicates	English
American Dietetic Association	Men's Health	Tipsheet on men's nutrition	English/ Spanish
Merced COE Contractor developed	Merced County Office of Education Harvest of the Month Activity Packet for Preschools	As title indicates	English
USDA materials	Milk for Kids with Lactose Intolerance	Tipsheet as title indicates	English
Aliki	Milk From Cow to Carton (trade book)	32 page book for ages 4-8. Child sees cows, dairy and learns about dairy foods.	English
National Institute of Health	Milk Matters	Website with recipes and facts on dairy products. Please check with your PM prior to use of the recipes.	English/ Spanish
US Dept of Health & Human Services	Milk Matters Coloring Book	As title indicates	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Roberta Larson Duyff	Modern Meals	Senior high textbook focusing on nutrition, meal planning, managing food resources, and the preparation and serving of meals	English
Barbara Jean Hicks	Monster's Don't Eat Broccoli	Two boys pretend they are monsters that don't eat broccoli, but pretend they are trees and eat it up	English
USDA/Eat Smart, Play Hard	Move More, Sit Less	Poster reinforces the importance of being physically active. It features children and Power Panther enjoying outdoor activities to remind kids that playing hard is fun.	English/ Spanish
Bobbie Kalman	Multicultural Meals: Step-by-Step Healthy Recipes for Kids	Cookbook for ages 7 to 12 years offers healthy recipes from various countries and gives children a basic understanding of nutrition and the importance of drinking water	English
Candace Fleming	Muncha! Muncha! Muncha!	32 page book for ages 4-8 . Farmer and bunnies like to eat fresh crunchy vegetables.	English
Produce for Better Health	Munching Matters: The Snacking Secret	Brochure includes quick and easy ideas for healthy snacks as well as tips for busy families on the go	English
Cooperative Extension (EFNEP, FSNEP)	MyActivity Pyramid & Log	MyActivity Pyramid show kids what kind of activity they need and how much.The activity log helps children chart their own activity.	English
USDA materials	MyPramid Plan	Food plans are designed for the general public ages 2 and over	English/ Spanish
Oregon State University	MyPryamid	Healthy lifestyle for you and your family using MyPyramid.	English/ Spanish
Team Nutrition/USDA	MyPryamid, Eat Right, exercise	Educational materials that bring the messages of MyPyramid to elementary school children	English/ Spanish
USDA materials	MyPryamid for Kids	Educational materials that bring the messages of MyPyramid to children	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Dairy Council of California	MyPyramid	Teach my Pyramid topics to help make healthy choices	English/ Spanish
USDA MyPyramid Website	Mypyramid 10 tips be a healthy role model for children	Educational materials that bring the messages of MyPyramid	English/ Spanish
NASCO	MyPyramid 5 ft	Banner provides an excellent visual display for teaching kids about nutrition.	English
NASCO	MyPyramid 5 ft- Kids	Engage kids in learning about nutrition. Floor mat	English
Cooperative Extension (EFNEP, FSNEP)	MyPyramid Bingo	A way to teach MyPyramid Food Groups with a BINGO game	English
USDA materials	MyPyramid Coloring sheet	Educational material that bring the messages of MyPyramid	English/ Spanish
Communicating Food for Health	MyPyramid Crossword Puzzle - Handout	Fun word puzzles that promote healthy messages, nutrition, exercise, fitness along with reading, spelling and writing.	English
Cooperative Extension (EFNEP, FSNEP)	MyPyramid Cut and Fold Activity	Fun activity that promotes the pyramid messages with nutrition and physical activity.	English
Centers for Disease Control and Prevention (CDC)	MyPyramid e-catalog	Help nutrition educators find and use nutrition education tools/curriculum to teach mypyramid	English/ Spanish
Learning Resources	MyPyramid Felt Chart	Educational material that bring the messages of MyPyramid	English
University of Florida, IFAS Ext.	MyPyramid Food Groups (6)	Guide to a healthy eating plan utilizing the 6 food groups	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
USDA MyPyramid Website	Mypyramid Food Intake Patterns	Suggested amounts of food to consume from the basic food groups to meet recommended nutrient intake	English/ Spanish
National Dairy Council	MyPyramid for Kids	Educational materials that bring the messages of MyPyramid for kids	English
USDA	MyPyramid for Kids	MyPyramid materials designed specifically for children aged 6 to 11	English/ Spanish
USDA	MyPyramid for Kids Classroom Materials	MyPyramid materials designed specifically for children aged 6 to 11	English
USDA	MyPyramid for Kids Team Up at Home	MyPyramid materials designed specifically for children aged 6 to 11	English
USDA	MyPyramid for Kids Tips for Families	MyPyramid materials designed specifically for children aged 6 to 11	English
USDA	MyPyramid for Kids Worksheet	MyPyramid materials designed specifically for children aged 6 to 11	English
Tufts University	MyPyramid for Older Adults	As title indicates	English/ Spanish
NASCO	MyPyramid Kit Level 1, 2, 3	Educational material that bring the messages of MyPyramid	English
USDA	MyPyramid Lessons Grade 1-6	Represents the first adaptation directly targeted to children ages 6-11	English
USDA	MyPyramid Materials	Educational material that bring the messages of MyPyramid	English/ Spanish
Learning Resources	MyPyramid Pocket Chart	Rugged, hanging chart shows current USDA nutritional guidelines	English
USDA	MyPyramid Posters	Educational material that bring the messages of MyPyramid	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
NASCO	MyPyramid Pursuit	Game to complete own personal pyramid based on age, gender, and activity level	English
NASCO	MyPyramid Stickers	MyPyramid stickers feature the five main food groups, photos of foods in each group, and the pyramid climber	English
USDA	MyPyramid Ten Tips Nutrition Education Series	Provides consumers and professionals with high quality, easy-to-follow tips in a convenient, printable forma	English
Sarah Mohrman	MyPyramid Trivia	Teaches individuals the most important messages of MyPyramid.	English
University of Florida, IFAS Ext	MyPyramid, Steps to Healthier You, Food Groups	Educational material that bring the messages of MyPyramid	English/ Spanish
USDA	Mypyramid.gov website	Personalized eating plans and interactive tools to help plan/ assess food choices	English
Judy Johnson	MyPyramid: Teaching Transparencies	Tool for teaching all aspects of MyPyramid Food Guidance System	English
Carol R. Schmelzel	Nasco's Power Puzzle	20 puzzles to supplement and expand your nutrition curriculum.	English
Duke Christophersen	Nate's Big Hair and the Grapefruit in There	Teach kids the importance of eating a grapefruit.	English
National Association for Health & Fitness	National Employee Health & Fitness	Worksite Health Promotion Programs	English
USDA	National Farm to School Handbook	Handbook focusing on procurement, farm-to-school distribution models, locally-grown food and farmers, menu planning considerations, and strategies for success.	English
USDA	Need Help Buying Food?	Practical information for Food stamp eligible people on buying healthy food	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
USDA	<i>Network approved recipes</i>	As title indicates	English/ Spanish
SF General Hospital Chinese Project - Contractor developed	<i>Network for a Healthy California--Chinese Project Fact Sheet</i>	Information about the Chinese Project in San Francisco	English
Nancy Libbey Mills and Shan Wells	Never Eat Cabbage on Turssday	Delightfully illustrated rhyming list of dos and don'ts for children.	English
National Health Video, Inc.	New Food Pyramid	Video tour of the pyramid, using a sample 2000 calorie/day diet.	English
Felder Rushing	New Junior Garden Book	The reader learns how things grow and how to make garden projects.	English
National Institutes for Health	NHLBI-We Can!, Other NIH	Ways to Enhance Children's Activity & Nutrition	English/ Spanish
USDA	Nibbles for Health	Nutrition Newsletters for Parents of Young Children	English/ Spanish
National Institutes for Health	<i>NIDDK-Wt Control Info Network</i>	Provides up-to-date, science-based information on weight control, obesity, physical activity, and related nutritional issues.	English/ Spanish
Pam Abrams	Now I Eat My ABC's	This book is stuffed with fun, kid-friendly foods.	English
Damian X. Fulton	Nutra Fruit Heroes To The Rescue!	"NUTRI-FRUIT HEROES" are a group of power-packed heroes that have a meal-time mission to save the lunch of kids	English
USDA materials	Nutrient content of US Foods	USDA Nutrition Educational Materials	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Catherine Sloneski	Nutricise (CD)	A happy blend of active learning songs and nutritional information, at a level 4-7 year olds understand.	English
California Department of Education	Nutriton to Grow On	An innovative curriculum for grades 4-6 that offers teachers a direct link between the garden and nutrition education.	English
Centers for Disease Control and Prevention (CDC)	Nutrition & PA Toolkit	A CDC resource for community leaders; physical education, health education teachers and physical activity practitioners.	English
Debbie Cryer, Adele Richardson Ray, Thelma Harms	Nutrition Activities for Preschoolers	Book: Five Steps to Successful Nutrition Education for preschoolers.	English
American Cancer Society	Nutrition and Cancer	Guidelines ranging from whole grains, fats, alcohol, and daily goals for exercise—to the lifestyle changes that may help prevent breast, colon and other specific cancers.	English
Dairy Council of California	Nutrition and Physical Activity	Lessons that have students problem-solving, reasoning and using critical-thinking techniques as they learn about nutrition and physical activity.	English/ Spanish
University of North Carolina – Chapel Hill	Nutrition and Physical Activity Self Assessment for Child Care Providers (NAP-SACC)	To promote healthy eating and physical activity in young children in child care and preschool settings.	English
Extension en Espanol	Nutrition and the Elderly	Hand out that promotes healthy eating and physical activity for older people to keep healthy.	English/ Spanish
Parlay International	Nutrition Basics	A collection of quizzes, worksheets and fact sheets helps people take control of their health through appropriate nutrition (part of package)	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
<i>Network for a Healthy California</i>	Nutrition Decathlon	The Nutrition Decathlon is a fun-filled nutrition education and physical activity program.	English
www.dairycouncilofca.org	Nutrition Education Handouts/Interactive Tools	Nutrition education learning tools designed for children and teens.	English/ Spanish
USDA	Nutrition Essentials	A series of lessons that help middle and hischool students make healthful eating and physical activity choices.	English/ Spanish
USDA Food and Nutrition Services	Nutrition Essentials and Power of Choice	There are six sequential lesson plans—each one is based on a poster or other visual image that serves as the focus for class discussions and activities.	English
NASCO	Nutrition Fact Ball	This 15" inflatable ball challenges players with 60 questions about general nutrition	English
Wisconsin Nutrition Education	Nutrition Facts in Spanish	Hand out on food labels for Spanish speaking audience.	English/ Spanish
American Dietetic Association	Nutrition Facts Sheet	Eat Right nutrition tip sheets provide practical food and nutrition guidance for healthy eating written by ADA staff registered dietitians.	English
Centers for Disease Control	Nutrition for Everyone	CDC's variety of resources about healthy eating tips and information.	English
Connie Liakos Evers	Nutrition Fun with Brocc& Roll: A Hand-On Activity Guide Filled with Delicious Learning!	A complement material to help to teach kids to make healthful choices	English
American Institute for Cancer Research	Nutrition Guide to Beans - Handout	This bookmark/refrigerator card explains why beans are an important part of a healthy diet	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
UCSD	Nutrition Link Classroom Curriculum	Nutrition Education curriculum follows the California Health Education standards and California Core Content Standards for 3rd, 4th and 5th graders.	English/ Spanish
Catch Kids Club	Nutrition Manual	Ideal for after-school. The manual has 32 sessions of nutritious and fun lessons on healthy foods and making good choices.	English
Contractor developed/UCCE Alameda	Nutrition Matters	A nutrition curriculum developed for Early Childhood Education Providers to use in the preschool classroom.	English
Dairy Council of California	Nutrition Pathfinders (4th and 5th grade)	This five lesson unit reinforces language arts and math while teaching health in a fun way.	English/ Spanish
Produce for Better Health	Nutrition Posters	Posters that contain nutrition information for the 20 most used raw fruits and vegetables.	English
NASCO	Nutrition puppets	These 6" x 8" Nutrition Puppets are made of soft, fleece fabric and are large enough for an adult hand.	English
San Bernardino County Dept of Public Health	Nutrition Resource Guide (pamphlet)	Brochure: Help consumers sort through the abundance of misleading, unproven, and false information about nutrition and dietary supplements	English
SNAP-Ed Connection	Nutrition Through the Seasons	Resource that highlights nutrition education materials and resources through out the year	English
California Department of Education	Nutrition to Grow on	An innovative curriculum for grades four through six that offers teachers a direct link between the garden and nutrition education.	English/ Spanish
Edward P. Ortleb	Nutrition: 20 Activities, 12 Transparencies, Teacher Guide	Book to teach grade 5-9: basic concepts of the science of food and the human body. Nutrition information is presented to aid students in evaluating their own eating habits.	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
ESHA Food Processor Nutritional Software Data Base	Nutritional Data Base for reading food labels and developing healthy menu choices	Database of more than 37,000 foods and food items. Users can add new foods and modify existing foods.	English
Learning Zone Express	Obesity in a bottle DVD	This educational video uses a fast-paced, teen-friendly format to address the growing national obesity problem and how beverages are a factor.	English
Centers for Disease Control and Prevention (CDC)	Obesity Map Power Point / trends	Animated map from the Center of Disease Control and Prevention chronicling the rise of obesity in America.	English
America's Authority on Fitness	Operation FitKids	FREE ACE curriculum (a \$99.95 value) for educators looking to integrate health and fitness into classroom learning. Seven-lesson curricula for grades 3-5 and 6-8.	English
Share our Strength, ConAgra Foods Foundation	Operation Frontline	Cooking based nutrition education program that teaches how to prepare healthy, tasty meals on a limited budget. Please check with your PM prior to use of the recipes.	English
Mary Gunderson	Oregon Trail Cooking	Discusses the everyday life, family roles, cooking methods, and common foods of pioneers who traveled west on the Oregon Trail during the nineteenth century.	English
Gorel Kristina Naslaud	Our Apple Tree	Kindergarten-Grade 2--A Thumbelina-sized boy and girl who live in an apple tree follow its progress and enjoy its fruits.	English
Renee Keeler	Our Pumpkin	From the series Math learn to read	English
Diane Mayr	Out and About At the Apple Orchard	Describes all that is involved in growing apples--covering planting, pollination, harvesting, different varieties, and more.	English
Ellen Mochein	OutDoor Play: Sports and Games for Kids of All Ages	OUTDOOR PLAY provides everything you need to get children involved in an active fitness program! Over 80 games and activities are described	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Can Fit	P.A. Pyramid for ASP	CANFIT developed a Physical Activity Pyramid for After School Programs to get youth active every day.	English
Page-a-day Nutrition Calendar	Page-a-day nutrition calendar, used by teachers for daily nutrition education and discussion	A collection of nutrition tips and activities to learn about food, exercise, healthy cooking and fast foods.	English
WE CAN (Ways to Enhance Children's Activity & Nutrition)	Parent Tips: Making Healthier Food Choices, Saving Money	A tip sheet that presents simple ideas to help parents plan and prepare meals and snacks to help families get the most nutrition for their dollar.	English
LAUSD	Parent Workshop Resources	<i>Developed by LAUSD and Network approved.</i>	English
USDA materials	Parents Get Straight A's With A Healthy Breakfast	<i>Network approved and USDA developed.</i>	English/ Spanish
Dairy Council of California	Parents: Be Your Child's Partner in Healthy Bones (handout)	As title indicates.	English/ Spanish
National Teen Action Research Center of the Institute of Community Research	Participatory Action Research Curriculum for Empowering Youth	A curriculum based on action research model that promotes learning and change by engaging youth in collecting information about their health.	English
Gail Sakurai	Peach Boy: A Japanese Legend	A folk lore story about a couple that finds a peach and raises a baby.	English
California Cling Peach Growers Advisory Board	Peach Poster/picture	As title indicates.	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
William Steig	Pete's a Pizza (trade book)	A humorous children's story about making pizza using tomatoes.	English
Elsa Beskow	Peter In Blueberry Land	A picture book for children and a hunt for blueberries.	English
<i>Network for a Healthy California</i>	Physical Activity - Brochure / materials	<i>Network approved and USDA developed.</i>	English/ Spanish
USDA materials	Physical Activity - LP	USDA developed materials.	English
USDA materials	Physical Activity and Exercise Safety	USDA developed materials.	English/ Spanish
<i>Network for a Healthy California</i>	Physical Activity Empowerment	<i>Network approved and USDA developed.</i>	English/ Spanish
American Society on Aging Live Well, Live Long: Steps to Better Health Series, 2006	Physical Activity for Older Adults: Exercise for Life!	Provides information and tools to meet the challenge of promoting physical activity for older adults.	English
USDA materials	Physical Activity for Your Health	USDA developed materials.	English/ Spanish
<i>Network for a Healthy California-Latino Campaign</i>	Physical Activity for Your Health, Your Neighborhood and Your Life	<i>Network Developed USDA Approved</i>	English/ Spanish
USDA materials	Physical Activity Pyramid	USDA developed materials.	English/ Spanish
USDA materials	Physical Activity Scoreboard	USDA developed materials.	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
<i>Network for a Healthy California</i>	Physical Activity: For Your Health	<i>Network for a Healthy California and USDA developed.</i>	English/ Spanish
CATCH	Physical Education Teachers Guidebook	<i>CATCH Network Approved</i>	English
Lola M. Schaefer	Pick Pull Snap! Where Once a Flower Bloomed	K-Grade 3 A picture book that describes in simple terms the process by which plants create seeds and bear fruit.	English
Amy and Richard Hutchings	Picking Apples and Pumpkins	For young readers, a story about the sights, sounds of fall as a family picks apples in an orchard.	English
UC Cooperative Extension	Picky Eater	Helpful tips for parents of children with challenging eating choices and food aversions.	English/ Spanish
California Healthy Kids Resource Center materials	Planet Health	An interdisciplinary physical activity and nutrition curriculum which includes tools for assessing student activity.	English/ Spanish
Susan Blackaby	Plant Plumbing: A Book about Roots and Stems	A book about what roots and stems do, mentions how several plants grow	English
<i>Network for a Healthy California-Children's Power Play! Campaign</i>	PLAY! Tracker	<i>Network for a Healthy California-Children's Power Play! Campaign</i>	English
California Plum Marketing Program	Plum Poster/Picture	As title indicates	English
Janet Hale	Popcorn	Multidisciplinary unit for 1st grade including language and science.	English
UC San Diego	Por La Vida-MujeresDecididasCurricula	16 Session curriculum including a cooking demonstration, nutrition classes and farmers markets. Please check with your PM prior to	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
		use of the recipies.	
USDA materials	Portion Control - LP	USDA developed materials.	English
Humans Relations Media	Portion Control: Seeing the Healthy Way to Eat (middle school nutrition video)	DVD Hosted by 2 teens, this program engages youth (7-11th grade) to watch their intake by showing serving sizes typical in restaurants and the high levels of fat, sugar and salt. California Healthy Kids Resource Center.	English
California Healthy Kids Resource Center materials	Portion Distortion	Students and a Dietitian present the importance of balancing energy intake an energy expenditure. Available in DVD and as poster for 4-6th grade. California Healthy Kids Resource Center Materials.	English/ Spanish
<i>BeBetter Networks</i>	Portion Plate – Adult & Kids	A weight management tool that helps adults and children learn how to eat and focus on portion sizes.	English
NASCO	Portion Size Kit	An easy way to help teach portion sizes and visualize with items included to illustrate portions size; tennis ball etc. Also comes with a laminated card with food portion sizes listed.	English
Gil Payett	Portion Sizes Averages and Guides Kit	An easy way to help your clients visualize portion sizes and includes items to illustrate portion sizes.	English
Steps to a Healthier Santa Clara County (CDC)	Postcards, posters and brochures	Material from BANPAC, Bay Area Nutrition and PA Collaborative. Includes initiative Rethink your Drink and Soda Free Summer campaigns.	English/ Spanish
USDA materials	Posters (Move It!, Activity Pyramid), brochures (MyPyramid Eat Smart, Play Campaign, How Much Do You Eat?, What is serving sizes?)	USDA developed materials.	English/ Spanish
Produce for Better Health	Posters, Brochures	Produce for Better Health USDA approved materials.	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
<i>Network for a Healthy California-Retail Program</i>	Posters, Marketing Materials, Brochures, Retail toolkit, Food Stamp outreach	<i>Network for a Healthy California - Retail Program</i>	English/ Spanish
Joyce Bentley	Potatoes	A review and explanation of the different kinds of potatoes and discussion on gardening and harvesting.	English
USDA	Power of Choice	USDA developed materials.	English
USDA	Power Panther Handouts	USDA developed materials.	English
USDA	Power Panther Stickers	USDA developed materials.	English/ Spanish
USDA	Power Panther's Picnic	USDA developed materials.	English/ Spanish
<i>Network for a Healthy California-Children's Power Play! Campaign</i>	Power Play Campaign materials	<i>Network for a Healthy California-Children's Power Play! Campaign</i>	English/ Spanish
<i>Network for a Healthy California-Children's Power Play! Campaign</i>	Power Play Cookbook	<i>Network for a Healthy California-Children's Power Play! Campaign</i>	English
<i>Network for a Healthy California-Children's Power Play! Campaign</i>	Power Play! Kids Get Cookin' Cookbook	<i>Network for a Healthy California-Children's Power Play! Campaign</i>	English/ Spanish
USDA	Power up at Work	USDA developed materials.	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
<i>Network for a Healthy California-Children's Power Play! Campaign</i>	Power Up for Learning: A Physical Activity Supplement to the School Idea & Resource Kits	<i>Network for a Healthy California-Children's Power Play! Campaign</i>	English/ Spanish
USDA	Power Up with Breakfast	USDA developed materials.	English
Dairy Council of California	Pregnancy - A special time for nutrition. Supporting Healthy Moms and Babies	Adult Nutrition Education programs which are self instructional;english&spanish. Dairy Council "Making Measl Matter, Calcium & Steps to a Healhier You.	English/ Spanish
Mollie Katzen& Ann Henderson	Pretend Soup; A cookbook for Preschoolers & Up	Considered the gold standard of children's cookbooks. Includes child tested recipes which offers the oppty to count, measure and mix. Also builds self esteem and confidence. Please check with your PM prior to use of the recipies.	English
Friends of Food Safety Education	Produce Fact Sheet	As title indicates.	English
CDC	Produce for Better Health/Colorful Eating	<i>Center for Disease Control. Network approved.</i>	English
Harvest of the Month	Produce Lists	<i>HOTM Network approved.</i>	English/ Spanish
George Levenson	Pumpkin Circle	A video and picturebook designed to show elem.children the cycle of nature in a pumpkin patch.	English
Jeanne Titherington	Pumpkin Pumpkin	A Children's book about watching pumpkins grow and filled with fun facts.	English
Helen Cooper	Pumpkin Soup	Fiction book for ages 3-8 years.Cute story of animals making soup.	English
Katie McKy	Pumpkin Town!	Fiction whimsical children's book about too many pumpkins	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Jacqueline Farmers	Pumpkins	Non-fiction grades 3-4. Portrays fall harvest and falls favorite fruit the pumpkin and filled with fun facts, origin and recipes. Please check with your PM prior to use of the recipies.	English
Ken Robbins	Pumpkins	Non-fiction grades K-2. Describes the life cycle of fruit, photos and poetic text.	English
Ann L. Burckhardt	Pumpkins/Calabazas	Non-fiction. Provides an introduction to pumpkins, parts and how pumpkins grow.	Spanish
NASCO	Pyramid Toss Ball	Fun games, challenges players with 60 questions relating to USDA food guidelines and the Food Pyramid.	English
California Project LEAN	Quick & Easy Meals - Brochure	Provides easy methods to add vegetables to the dinner plate.	English/ Spanish
Harvest of the Month	Quick Start Guide	HOTM materials developed.	English
California Department of Public Health	Quick, Low cost meal ideas and healthy tips for you and your Family DVD	<i>California Department of Public Health Network Approved Materials</i>	English/ Spanish
Communicating Food for Health	Quiz: Are You Following the Guidelines? - Handout	From Food and Health.com. Provides free nutrition education handouts with simple lessons that follow the Dietary Guidelines for Americans.	English
California Raisin Marketing Board	Raisin Poster	As title indicates	English
USDA materials	Read it Before you Eat it	Label reading	English/ Spanish
University of California Cooperative Extension	Reading Across MyPyramid	A literacy curriculum promoting nutrition & health education	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
National Health Video, Inc.	Reading and Understanding the New Food Label - Movie/LP	USDA Materials National Health Video, Inc. Nut.Educ.for all ages.Designed to help consumers use the new food label; shopping tips included.	English
Rebecca Hershey	Ready, Set, Grow! A Kid's Guide to Gardening	Neat Solutions, Inc.For Healthy Children offers the largest selection of high quality nut.educ.& health resources for children.	English
<i>Network for a Healthy California-African American Campaign</i>	Recipe Card Sets	<i>Network for a Healthy California-African American Campaign</i>	English/ Spanish
California Retail Program	Recipe Cards	<i>Network for a Healthy California Retail Program</i>	English
Centers for Disease Control	Recipes	Multiple healthy recipes to be distributed.	English
Produce for Better Health	Recipes	Multiple healthy recipes to be distributed.	English
SNAP-Ed Connection	Recipes	Multiple healthy recipes to be distributed.	English
California Project LEAN	Recipes for Common Commodity Foods	Multiple healthy recipes to be distributed. Please check with your PM prior to use of the recipies.	English
Produce for Better Health	Recitas Latinas Saluables	Multiple healthy recipes to be distributed.	English/ Spanish
<i>Network for a Healthy California</i>	Recommended Cups of Fruits and Vegetables	<i>A poster developed by the Network for a Healthy California</i>	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
USDA	Recommended Cups of Fruits and Vegetables for Adults	USDA developed materials.	English/ Spanish
USDA	Recommended Minutes of Physical Activity for Adults	USDA developed materials.	English/ Spanish
Wade Zahares	Red Are the Apples	A children' book for ages 3-7 that describes what you can find in an autumn garden; red apples, bright colors and includes a book of rhymes.	English
CA Project LEAN	Resource Kit: Food on the Run	This guide provides real life examples of how Food on the Run, a California-based project worked with youth advocates to make healthy eating and physical activity easier to do at their schools.	English
CA Project LEAN	Resource Kit: Jump Start Teens	A series of eight lesson plans for use with teens; the lesson plans are real-life and cross-curricular and will educate and encourage students to eat healthy, keep moving, and take action. The lesson plans were updated in 2007.	English
CA Project LEAN	Resource Kit: Playing the Policy Game	This toolkit highlights nutrition and physical activity policies in the school and community that teens can pursue with adult guidance.	English
SNAP-Ed Connection	Resource Library Educational Materials	Online library to find quality information to aid in delivering SNAP-Ed including resources, referrals and recipes.	English
Project Food, Land and People	Resources for Learning	Updated collection of 55 Pre-K through 12th grade lesson plans for use in either a formal or non-formal education setting on interrelationships among agriculture, the environment and people of the world.	English
Centers for Disease Control and Prevention (CDC)	Rethink Your Drink	Offers practical advice to cutting calories by making healthier drink choices. Please check with your PM prior to use of this material.	English
<i>Network for a Healthy California</i>	Re-Think Your Drink	Offers practical advice to cutting calories by making healthier drink choices. Please check with your PM prior to use of this material.	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Alameda County Public Health Nutrition Services	Rethink Your Drink materials	Offers practical advice to cutting calories by making healthier drink choices. Please check with your PM prior to use of this material.	English / Spanish
<i>Regional Networks: Bay Area, Orange County, gold Coast, Sierra Cascade. (Contractor Developed)</i>	ReThink Your Drink Be Sugar Savvy Lesson & Instructor Resource	Offers practical advice to cutting calories by making healthier drink choices. Please check with your PM prior to use of this material.	English/ Spanish
California Project LEAN	Rethink Your Drink Poster	Offers practical advice to cutting calories by making healthier drink choices. Please check with your PM prior to use of this material.	English
<i>Regional Networks: Bay Area</i>	ReThink Your Drink Fact Sheet on Sugar Sweetened Beverages	Offers practical advice to cutting calories by making healthier drink choices. Please check with your PM prior to use of this material.	English
<i>Regional Networks: Bay Area, Gold Coast (contractor developed)</i>	ReThink Your Drink Poster	Previously approved by USDA. Please check with your PM prior to use of this material.	English/ Spanish
<i>Regional Networks: Bay Area, Sierra Cascade, Northcoast (contractor developed)</i>	ReThink Your Drink Brochure	Offers practical advice to cutting calories by making healthier drink choices. Please check with your PM prior to use of this material.	English/ Spanish
<i>Regional Networks: North Coast (contractor</i>	ReThink Your Drink Radio PSA & Script	Previously approved by USDA. Please check with your PM prior to use of this material.	English/ Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
<i>developed)</i>			
<i>Regional Networks: Bay Area, Central Valley, Desert Sierra, Gold Coast, Gold Country, Los Angeles, Northcoast, Orange County, Sierra Cascade</i>	ReThink Your Drink: Frequently Asked Questions About Sugar Sweetened Beverages (Flyer)	As title indicates. Please check with your PM prior to use of this material.	English/ Spanish
NASCO	Roxy's Eat Right Game	A fun and easy way to teach nutrition for grades K-7.	English
University of California Cooperative Extension	Sacramento Area Growing Guide and Calendar (resource for garden-based nutrition education)	Written specifically for the Sacramento area with suggestions on what to do in the garden each month.	English
Friends of Food Safety Education	Safe Food Handling "The Core Four Practices"	Consumer facts on how to keep food safe from harmful bacteria.	English
Mollie Katzen	Salad People and More Real Recipes: A New Cookbook for Preschoolers & Up	Kid-friendly vegetarian recipes that kids six and under can prepare themselves. Pre School-Grade 3. Please check with your PM prior to use of the recipies.	English
California Department of Education	School by Design Healthy frameworks	School by Design Healthy Frameworks -- A tool that provides the design principles behind developing a healthy school nutrition environment. Used in conjunction with the assessment and planning tool.	English/ Spanish
Produce for Better Health	School Foodservice Guide: Successful Implementation	This resource accompanies the "School Foodservice Guide Promotions, Activities, and Resources to Increase Fruit and	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
	Models	Vegetable Consumption."	
Nutrition Services Division-COE	School Garden Resource	Links garden-based education activities selected from several published educational materials to specific academic content standards for grades two through six in science, history/social sciences, mathematics, and English language arts.	English
<i>Network for a Healthy California-Children's Power Play! Campaign</i>	School Idea & Resource Kit (4th & 5th grades)	Each Kit includes 10 activities designed to encourage and motivate students to eat fruits and vegetables and be physically active every day.	English/ Spanish
True Kelly	School Lunch	A cute and clever look at school lunches, featuring Harriet, the school cook, who is tired out from trying to please all the kids, so she takes a vacation. K-Gr. 2.	English
Eve Pranis and Amy Gifford	School Mosaics - Designing Gardens & Habitats	The book offers advice on involving students in the planning and design process, building community support, and integrating the project with curriculum and learning goals.	English
CA Department of Education	School Nutrition by Design!	A report of the Advisory Committee on Nutrition Implementation Strategies that provides an overview of a healthy nutrition environment and suggests strategies schools and districts can use to model healthy eating habits for their students.	English
Michele Cogley, Karen Haas-Foletta, and Lori Ottolinigeno	School-Age Ideas and Activities for After-School Programs	Originally published in 1990, this book has become a standard programming book for implementing quality after-school programs. Revised and expanded, this new edition contains over 125 activities, games, and recipes that are "program tested." Please check with your PM prior to use of the recipies.	English
Sharon MacDonald	School-to-Home Idea Bags for the Kitchen	Idea bags are brown-paper lunch bags filled with ideas parents can use at home to help further their children's learning. Please check with your PM prior to use of the recipies.	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
California Healthy Kids Resource Center materials	Science and Our Food Supply	This set provides activities and experiments related to keeping food safe throughout the food supply.	English/ Spanish
FDA, Center for Food Safety and Applied Nutrition	Science and Our Food Supply: Investigating Food Safety from Farm to Table	This interactive video, comprehensive reference guide, career guide and varied activities included in this educational kit can be incorporated into all academic disciplines. For grades 9-12.	English
Holt	Science and Technology (allowable general nutrition education sections)	Holt Science and Technology is a middle school science program based on three textbooks and online resources	English
Harcourt Brace	Science K-6 (allowable general nutrition education sections)	Sixteen volumes of fun-packed science projects and experiments introduce readers to basic science principles.	English
North Carolina Dept of Public Instruction	Science Middle-School Energizers	Curriculum to integrate classroom-based physical activities with academic concepts.	English
Jill Frankel Hauser	Science Play: Beginning Discoveries for 2 to 6 Year-Olds	Designed to teach basic science concepts and to encourage children to discover more about their everyday world by using simple and safe household items.	English
DK Publishing	Scratch and Sniff Food	Food photos and lots of specially encapsulated sniffs to introduce infants and preschoolers to food aromas.	English
American Heart Association	Search Your Heart	A community-based educational program/tool to reach high-risk audiences, deliver knowledge and action steps to reduce their risk for heart disease and stroke.	English
Ellyn Satter	Secrets of Feeding a Healthy Family: How To Eat, How To Raise Good Eaters, How To Cook	Empowers and inspires us to love and cook our favorite foods and teach our children to do the same.	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Alameda County Public Health Department	Secrets of Sodium Curriculum	To learn about where to find the hidden sodium in our diets, how to take action and take charge of our health.	English/ Spanish
Jill Esbaum	Seed, Sprout, Pumpkin Pie	Celebrate the flavor of fall on every page of this beautifully photographed picture book.	English
Mario Lucca	Seeds Grow Into Plants	This books helps children see that living things can be grouped by their characteristics.	English
Sherryl Davis Hawke and James E. Davis	Seeds of Change: The Story of Cultural Exchange After 1492	The book discusses the contributions of the horse, the potato, corn, sugar and new diseases. Ages 9-12.	English
Sharon Gordon	Seeing	Teaches about the senses using this series when students are emergent readers. Ages 5-7.	English
USDA materials	Serving It Safe	A comprehensive food service safety and sanitation training package for personnel at all levels. Revised 2009.	English
NASCO	Serving Up 50 Lessons over Easy, Food Pyramid Bingo, Various Teaching Models (Food, Muscle, Fat, Sugar, Etc)	Each manual contains 50 lesson plans and activities on topics such as: nutrients, the digestive system, meal planning, food preparation and tools, kitchen equipment, specific food groups, careers in dietetics, etc. Grade 6 and up.	English
California Healthy Kids Resource Center materials	Setting Goals for Healthy Living	This DVD features teens using goal-setting skills to achieve personal weight loss/weight gain goals, reduce soda intake and blood sugar targets.	English
City and County of SF PHD- Contractor developed	SF Food Nutrition and Agriculture Directory 4 th Edition	Provides a listing of useful resources and services available to low income, mostly Food Stamp eligible residents in San Francisco.	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
LAUSD Contractor Developed	Shake It Up! With Fruits & Veggies (CD)	Previously approved by USDA. CD of very lively fun music and words.	English
Jack Hartmann	Shake, Rattle N' Read (CD)	Collection of songs for reading development, phonological awareness, language play and reading readiness activities set to music. For K-2.	English
Greg & Steve	Shake, Rattle N' Rock (CD)	Songs and activities for ages three to nine years old. Upbeat style of music gets everyone moving and dancing as well as singing along.	English
Gail Piernas-Davenport	Shante Keys and the New Year's Peas	Story about New Years food traditions promoting black eyed peas.	English
<i>Network for a Healthy California</i>	Shape of Yoga	Offers simple ideas to teach others how to perform basic yoga and learn about healthy food choices.	English/ Spanish
Dairy Council of California	Shaping Up My Choices	This curriculum designed for California third grade teachers contains ten lessons that have students problem-solving, reasoning and using critical-thinking techniques as they learn about nutrition and physical activity.	English/ Spanish
California Project LEAN	Shop, Cook & Dine Lean - Brochure	Tips on how to stock your kitchen with low fat foods.	English
California Project LEAN	Shop, Cook & Eat	Brochure on lowfat shopping to cut the fat in your diet.	English/ Spanish
Wisconsin Nutrition Education	Shopping Tips to Stretch Your Food Dollar	This 2-page handout shows six ways to save money when buying food.	English/ Spanish
Brenda Colgate	Silly Willy Workout (DVD)	Upbeat contemporary music and activities created especially for the younger set. Ages 2-6.	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
University of Minnesota Extension	Simply Good Eating for Health	The book addresses basic nutrition principles and physical activity as part of a healthy lifestyle, how to get key nutrients in one's diet, the importance of eating breakfast, and how to choose healthier, lower-fat and lower-cost breakfast foods, snacks and fast foods.	English/ Spanish
University of Minnesota Extension	Simply Good Eating for Seniors	The book and handouts help participants learn how to eat more calcium-containing foods, reduce their intake of fat and salt to reduce heart disease risk, and plan meals that are tasty, attractive, and economical when cooking for one or two	English/ Spanish
University of Minnesota Extension	Simply Good Eating Now You're Cooking	The 97-page printed uses interactive activities to help participants learn how to plan healthy meals on a limited budget, stretch their food dollar, store foods appropriately, make meals from ingredients commonly found in the kitchen, and cook with an emphasis on safe food practices	English/ Spanish
Russ Invision	Smart & Tasty 1: Good Food Tunes for Kids (CD)	These tunes teach children how to have fun with food while they learn about healthy eating and physical activity.	English
Russ Invision	Smart & Tasty 2: Good Food Tunes for Kids (CD)	More tunes to teach children how to have fun with food while they learn about healthy eating and physical activity.	English
Curriculum Media Group	SMART Box (standards based media education for nutrition)	Provides teachers and students with an outstanding blend of multimedia materials designed to support health-related programs.	English
Russ Invision	Smart Fruit and Veggie songs (CD)	This CD promotes healthy eating and teaches children of all ages to have fun with fruits and vegetables.	English
<i>Network for a Healthy California-Children's Power Play! Campaign</i>	Smart Party Snacks (parent tip sheet)	These tip sheets provide ideas for working with other parents and school staff to make your child's school a healthier place to learn.	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Produce for Better Health	Smart Snacking	Consumer columns designed as drop ins for newsletters and wellness brochures.	English/ Spanish
National Health Video, Inc.	Smart Supermarket Shopping with Food Labels	A how-to title on shopping and label reading that translates theory into practice. Describes market layout and shelf placement.	English
Teacher Created Resources	Snack Art	Use food just as you would other craft material, and then eat what you create.	English
Michele Zurakowski	Snack Time Around the World	Discusses the variety of foods people around the world might have for snacks. Ages 5-10.	English
<i>Network for a Healthy California-Children's Power Play! Campaign</i>	Snack-Free Party Zone! (parent tip sheet)	These tip sheets provide ideas for working with other parents and school staff to make your child's school a healthier place to learn.	English
<i>Network for a Healthy California-African American Campaign</i>	Soulfood Recipes Building Healthy Traditions Cookbook	This cookbook is full of delicious recipes and tips to help you make eating healthy.	English
Mary Gunderson	Southern Plantation Cooking	Discusses everyday life, family roles, cooking methods, most important foods, and celebrations of people on southern plantations before the Civil War. Ages 9-12.	English
Marilyn Burns	Spaghetti and Meatballs for All! (trade book)	A mathematical story about the seating for a family reunion gets complicated as people rearrange the tables and chairs to seat additional guests. Grades 2-4.	English
National Health Video, Inc.	Spanish Smart Supermarket	DVD shows viewers how to use a shopping list, navigate the supermarket, and read the food label in support of following the 2005 Dietary Guidelines for Americans.	Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
SPARK (Sports, Play, and Active Recreation for Kids)	SPARK Curriculum	This series is designed to provide physical education activities during class time, develop skills to promote ongoing regular physical activity, and involve students in physical activity after school and at recreational facilities. Grades K-9.	English
SPARK	SPARK Early Childhood curriculum	Provides curriculum, training, equipment and follow-up support information. Ages 3-5	English
Meredith Sayles Hughes	Spill the Beans and Pass the Peanuts: Legumes	Presents information on the history, production, and uses of several popular members of the legume family: peanuts, lentils, peas, and beans, particularly soybeans. For grades 4-7.	English
Joan Bauer	Squashed	Novel about a 16-year-old girl who stakes everything on her 611-pound competition-grade pumpkin. Ages 12-up.	English
Dairy Council of California	Start Your Preschooler on the Path to Healthy Eating (handout)	Educational flyer provides seven tips for raising healthy eaters.	English/ Spanish
Oregon State University	Stay Active and Feel Better!	Educational flyer promoting the benefits of physical activity and good nutrition.	English/ Spanish
David M. Schwartz	Stems & Roots	Highlights stems and roots, the essential plant parts that give us radishes, blackberries, peas, milkweed, corn, strawberries, and trees.	English
American Dietetic Association	Step up to Nutrition and Health	Educational flyer on food, nutrition and health tips from the American Dietetic Association.	English/ Spanish
Amy L. S. Gifford	Steps to A Bountiful Kids' Garden	A how-to guide that features detailed information on how to launch and sustain a school or community kids' gardening program.	English
USDA materials	Steps to a Healthier Weight - LP	Online resource, lesson plan, about the importance of reaching and maintaining a healthier weight.	English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
California Retail Program	Steps to Advocate for Fruits, Vegetables and Physical Activity in Your Community	A step-by-step guide to help participants bring fruits, vegetables, and physical activity into their community.	English/ Spanish
Meredith Sayles Hughes	Stinky and Stringy Stem & Bulb Vegetables	Describes historical origins, use, and growing requirements of garlic, onions, shallots, and leeks as well as celery, asparagus, and rhubarb. For grades 5-8.	English
California Power Play!	Student Workbooks and Resource Kit	Fourth- and fifth-grade educational kits each featuring 10 fruit, vegetable, and physical activity lessons.	English
Oregon State University	Sugar and Your Health	Educational flyer on limiting sugar for a healthy diet and healthy teeth.	English/ Spanish
Alameda County Public Health Department	Sugar Savvy Curriculum	Educational curriculum in English and Spanish that addresses how to find and limit sugar intake, and replace it with healthy options.	English
Texas Department of Agriculture	Suggestions for Nutritious Snacks	Educational flyer preparing nutritious snacks for children at home and at school. Please check with your PM prior to use of the recipies.	English/ Spanish
CANFIT	Super manual	This manual offers 25 physical and nutrition activities. Grades 5-9.	English
Bobbie Kalman	Super Snacks	Book that explores why and how to have delicious and healthy snacks through nutrition facts and easy recipes for nourishing foods. Please check with your PM prior to use of the recipies.	English
Molly Blaisdell	Surprising Beans	A book about growing beans and giving a new food a try	English
Sally Smallwood	Sweet as a Strawberry	Pictorial book that shows names and photographs of fruits and vegetables.	English

Source	Title	Description	Languages
International Life Sciences Institutes	Take 10! Lessons	Curriculum that integrates academic learning objectives with physical activity.	English
California Department of Education	Taking Action for Healthy School Environments	Publication that illustrates promising practices in nutrition and physical activity policy development and implementation.	English
CATCH	Taking Off	Curriculum and workbook that discusses healthy and unhealthy choices and reinforces skills needed to select and prepare healthful meals/snacks.	English/ Spanish
Allan Fowler	Taking Root	Describes physical features of roots and why they are important.	English
Texas Dept. Food and Agriculture	Taking the Mystery out of the Food Label	How-to handout on reading food labels.	English

Use of Existing Educational Materials/Curricula Data Sheet

New Materials Development Data Sheet

<i>Title</i>	<i>Description</i>	<i>Justification</i>

BUDGET COVER SHEET
FFY 2012

Organization: California Association of Food Banks				
Contract Number: 10-10042				
Federal Share Budget	FFY 2011	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 146,018	\$ 151,979	\$ 5,961	4.08%
Fringe Benefits	\$ 35,044	\$ 40,386	\$ 5,342	15.24%
Operating	\$ 33,457	\$ 34,618	\$ 1,161	3.47%
Travel	\$ 14,323	\$ 11,445	\$ (2,878)	-20.09%
Equipment & Other Capital	\$ 1,500	\$ 600	\$ (900)	-60.00%
Subcontractors	\$ 1,120,804	\$ 1,118,305	\$ (2,499)	-0.22%
Other Costs	\$ 10,680	\$ 6,962	\$ (3,718)	-34.81%
Indirect Costs	\$ 30,369	\$ 30,531	\$ 162	0.53%
Total Federal Share	\$ 1,392,195	\$ 1,394,826	\$ 2,631	0.19%
Note: If the Total State Share or Total Federal Share Percentage difference is greater than 5%, please provide an explanation.				
Fringe Benefits: An increase in CAFB's total cost of providing health care benefits and retirement benefits led to a 15.24% increase in benefits costs from FFY11 to FFY12.				
Travel and Per Diem: The elimination of costs for Network sponsored travel as required by the Network led to a 20.27% reduction in budgeted travel and per diem costs from FFY11 to FFY12				
Equipment: The 60% reduction in the equipment costs line from FFY11 to FFY12 is due to the needed equipment being purchased during FFY11. This equipment will not need to be purchased again in FFY12.				
Other Costs: The 34.81% reduction in expenses on the Other Costs budget line from FFY11 to FFY 12 is due to progress made on the core expense related to the integrated software project.				

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks
 Contract #: 10-10042

A PERSONNEL SALARIES:										
		1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars	
FEDERAL SHARE POSITIONS										
1.	Name:	Sue Sigler		\$ 116,588	0.0800	8.0%		\$ 9,327	\$ 9,327	
	Title:	Executive Director								
2.	Name:	Stephanie Nishio		\$ 83,283	0.1000	10.0%		\$ 8,328	\$ 8,328	
	Title:	Director of Programs								
3.	Name:	Terry Garner		\$ 71,710	0.9000	90.0%		\$ 64,539	\$ 64,539	
	Title:	Program Manager								
4.	Name:	Paul Maas		\$ 57,649	0.1000	10.0%		\$ 5,765	\$ 5,765	
	Title:	Contract Analyst								
5.	Name:	Maxine Hall		\$ 45,131	0.3000	30.0%		\$ 13,539	\$ 13,539	
	Title:	Program Associate								
6.	Name:	David Carroll		\$ 100,751	0.0800	8.0%		\$ 8,060	\$ 8,060	
	Title:	Director of Ops & Finance								
7.	Name:	Steve Endo		\$ 73,251	0.0900	9.0%		\$ 6,593	\$ 6,593	
	Title:	Senior Accountant								
8.	Name:	TBD		\$ 55,120	0.6500	65.0%		\$ 35,828	\$ 35,828	
	Title:	Contract Analyst								
SUBTOTAL				\$ 603,483	2.3000	230.00%	0.00%	\$ 151,979	\$ 151,979	
#1	Executive Director	Supervises staff working on SNAP-Ed program.								
#2	Director of Programs	Oversees fiscal and programmatic aspects of SNAP-Ed program and supervises program staff.								
#3	Program Manager	Recruits and trains food banks and other community based organizations to participate in SNAP-Ed activities.								
#4, #8	Contract Analyst	Submits invoices, conducts fiscal reviews, and ensures fiscal contract compliance for SNAP-Ed contact.								
#5	Program Associate	Provides coordination and support for SNAP-Ed program.								
#6	Director of Ops and Finance	Supervises Senior Accountant, oversees desk reviews and audits, ensures compliance with federal and state regulations.								
#7	Senior Accountant	Manages systems relating to fiscal compliance and invoicing.								
								Federal Share Total Dollars	Total Dollars	
B. FRINGE BENEFITS:										
Federal Share:										
Includes payroll taxes and medical/dental benefits at approximately								26.5734%	x \$151,979 in personnel salaries	
								SUBTOTAL:	\$ 40,386	\$ 40,386
C. OPERATING EXPENSES:										
Federal Share:		Proration percentage		14.38%	<i>(2.3 SNAP-Ed FTEs/16 CAFB FTEs)</i>					
*Total Audit								\$ 3,878	\$ 3,878	
	Single Audit Costs (\$5,500 x 30%)			\$ 1,650						
	Main audit (\$15,500 x 14.37419%)			\$ 2,228						
*Tech support (\$6,300 x 14.38%)								\$ 906	\$ 906	
*Occupancy (\$76,200 x 14.37532%)								\$ 10,954	\$ 10,954	
*Total Telecommunications								\$ 3,098	\$ 3,098	
	Office Phones (\$17,893 x 14.38%)			\$ 2,573						
	Conference Calls			\$ 525						

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks
 Contract #: 10-10042

												Federal Share Total Dollars	Total Dollars
F.	SUBCONTRACTORS:												
	Federal Share:												
	Alameda County Community Food Bank											\$ 69,238	\$ 69,238
	Community Action Partnership of Orange County											\$ 13,591	\$ 13,591
	Community Food Bank - Fresno											\$ 58,420	\$ 58,420
	Community Services Unlimited											\$ 29,991	\$ 29,991
	Ecology Center											\$ 73,697	\$ 73,697
	Emergency Food Bank of Stockton/San Joaquin											\$ 9,479	\$ 9,479
	Familia Center											\$ 9,998	\$ 9,998
	Feeding America San Diego											\$ 51,797	\$ 51,797
	Food Bank of Contra Costa and Solano											\$ 10,932	\$ 10,932
	Food Bank of Nevada County											\$ 28,138	\$ 28,138
	Food Bank of Yolo County											\$ 29,120	\$ 29,120
	Food For People, Inc											\$ 15,876	\$ 15,876
	FOOD Share											\$ 13,416	\$ 13,416
	Fresh Approach											\$ 17,533	\$ 17,533
	Fresno Metro Ministry											\$ 68,406	\$ 68,406
	Imperial Valley Food Bank											\$ 7,717	\$ 7,717
	Los Angeles Regional Food Bank											\$ 18,325	\$ 18,325
	Neighborhood Parks Council (Urban Sprouts)											\$ 38,092	\$ 38,092
	Next Course (Trust for Conservation Innovation)											\$ 29,738	\$ 29,738
	People's Grocery											\$ 47,126	\$ 47,126
	Redwood Empire Food Bank											\$ 23,202	\$ 23,202
	San Francisco Food Bank											\$ 9,309	\$ 9,309
	Second Harvest Food Bank of Santa Clara and San Mateo Counties											\$ 116,119	\$ 116,119
	Second Harvest Food Bank of Santa Cruz											\$ 77,331	\$ 77,331
	Second Harvest Food Bank of Orange County											\$ 21,402	\$ 21,402
	SOS Mentors											\$ 163,152	\$ 163,152
	Sustainable Economic Enterprises - Los Angeles											\$ 34,532	\$ 34,532
	The Resource Connection											\$ 32,628	\$ 32,628
												SUBTOTAL:	\$ 1,118,305
G.	OTHER COSTS:												
	Federal Share:												
	Conversion to integrated software (prorated of \$15,000 amortized software costs and \$11,020 in training costs)												
	Software conversion project (\$45,000 amortized over 3 yrs = \$15,000 x 14.37333%)											\$ 2,156	\$ 2,156
	Training costs for SNAP-Ed Staff (positions 2,3,4,5,8 totaling approx 2 FTE x \$1653 ea.)											\$ 3,306	\$ 3,306
	Membership Dues (CAN-Act)											\$ 1,000	\$ 1,000
	Printing of CalFresh promotion materials (10,000 pieces @ \$.05 ea.)											\$ 500	\$ 500
												SUBTOTAL:	\$ 6,962
H.	INDIRECT COSTS:												
	Federal Share:	approx 12.4113%	of Modified Directs										
	Salaries	\$ 151,979											
	Fringe Benefits	\$ 40,386											
	Operating Expenses	\$ 34,618											
	Equipment	\$ 600											
	Travel	\$ 11,445											
	Other	\$ 6,962											
	Total	\$ 245,990											
	TOTAL											\$ 603,483	2.3000
												230.00%	0.00%
												\$ 1,394,826	\$ 1,394,826
	*Expenditures on nutrition education reinforcement items or promotional items must have prior California Department of Public Health approval and must comply with all State and Federal safety requirements with respect to production including Prop 65 requirements for lead content.												
	**Percent of costs for single audit and advance insurance based on SNAP-Ed's representative share (30%) of Federal source funds that necessitate the A-133 single audit and the insurance on the possible advance of these funds.												

SUBCONTRACTOR BUDGET JUSTIFICATION
Alameda County Community Food Bank
October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks
 Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.

PERSONNEL SALARIES:								
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery	6. Federal Share Total Dollars	7. Total Dollars
FEDERAL SHARE POSITIONS								
1.	Name:	Sara Marin						
	Title:	Nutrition Education Coordinator	\$ 50,700	0.3000		30.00%	\$ 15,210	\$ 15,210
2.	Name:	Bridget Galvan						
	Title:	Food Programs & Services Manager	\$ 56,520	0.0667		6.67%	\$ 3,770	\$ 3,770
3.	Name:	Catrina Armas						
	Title:	Agency & Nutrition Serv. Coordinator	\$ 35,830	0.0667		6.67%	\$ 2,390	\$ 2,390
4.	Name:	Manuel Cortez						
	Title:	Director of Operations	\$ 96,570	0.0600		6.00%	\$ 5,794	\$ 5,794
5.	Name:	Brian Higgins						
	Title:	Communications Manager	\$ 80,000	0.0500		5.00%	\$ 4,000	\$ 4,000
6.	Name:	Antonio Mena						
	Title:	Multimedia Coordinator	\$ 52,110	0.0333		3.33%	\$ 1,735	\$ 1,735
7.	Name:	Allison Pratt						
	Title:	Director of Policy and Services	\$ 81,035	0.0167		1.67%	\$ 1,353	\$ 1,353
8.	Name:	Felix Huang						
	Title:	Inventory Control Coordinator	\$ 55,010	0.0167		1.67%	\$ 919	\$ 919
9.	Name:	Amy Donovan						
	Title:	Director of Finance & Administration	\$ 83,925	0.0167	1.67%		\$ 1,402	\$ 1,402
10.	Name:	Mindy Tran						
	Title:	Senior Accountant	\$ 72,335	0.0167	1.67%		\$ 1,208	\$ 1,208
11.	Name:	Suzan Bateson						
	Title:	Executive Director	\$ 116,588	0.0200		2.00%	\$ 2,332	\$ 2,332
12.	Name:	Alan Martin						
	Title:	Warehouse Worker/Driver	\$ 27,640	0.0167		1.67%	\$ 462	\$ 462
SUBTOTAL			\$ 808,263	0.6802	3.34%	64.68%	\$ 40,575	\$ 40,575

SUBCONTRACTOR BUDGET JUSTIFICATION
Alameda County Community Food Bank
October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks
 Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.										
1	Nutrition Education Coordinator: Coordinate nutrition education projects, attend coalition meetings, coordinates research									
2	Food Programs & Services Mgr: Coordinates USDA & Emergency Food Box Programs-promotes food safety and nutrition education									
3	Agency and Nutrition Services Coord.: Coordinates Food Safety Trainings with agencies, clients and assists with Nutrition Education									
4	Director of Operations: Oversees nutrition education and food safety programs.									
5	Communications Manager: Coordinate media messaging, website and materials for ACCFB nutrition education interventions									
6	Multimedia Coordinator: Format materials for outreach and education									
7	Director of Policy and Services: Oversees community education programs.									
8	Inventory Control Coordinator: Coordinates produce and childrens' school distribution programs									
9	Director of Finance & Administration: Oversees Food Bank financial activities.									
10	Senior Accountant: Coordinates grants activities, reporting and invoicing.									
11	Executive Director: Oversees all Food Bank programs, policies and education.									
12	Warehouse Worker/Driver: Delivers Produce & nutrition info to agencies									
									Federal Share Total Dollars	
									Total Dollars	
B.	FRINGE BENEFITS:									
	Federal Share:									
									19% x \$40,575	
	Includes payroll taxes and medical/dental benefits at				19.00%	salaries (in percent)				
	TOTAL								\$ 7,709	\$ 7,709
									\$ 7,709	\$ 7,709
C.	OPERATING EXPENSES:									
	Federal Share: (Budget constructed to reflect 1/3 of total program costs.)									
	Postage (4 bulk mail at \$50 ea=\$200 and 6 mailings to 270 agencies @ \$.44=\$713)=913									
	Office Telephone (based on prorated historical average of \$50.00/mo for 12 months for positions 1-12)=\$600									
	Office Supplies (binders, flip chart paper, colored paper, markers, folders, labels)=\$1,599									
									SUBTOTAL:	\$ 1,037
D.	EQUIPMENT EXPENSES:									
	Federal Share:									
									SUBTOTAL:	

SUBCONTRACTOR BUDGET JUSTIFICATION
Alameda County Community Food Bank
October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks
 Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.																
E. TRAVEL AND PER DIEM:											Federal Share Total Dollars	Total Dollars				
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)																
Costs for travel necessary to complete NE activities in approved SOW (e.g., dropping off NE materials at partner CBOs, providing NE at various sites).																
Mileage (3,603.6 miles @ \$0.555/mile) = \$2000											\$ 667	\$ 667				
Parking (average \$1.75/hour - 360 estimated hours) = \$630											\$ 210	\$ 210				
Travel for staff to attend one or more of the following in-state Network-sponsored events pertaining to Nutrition Education (SNAP-Ed): Network Statewide Conf. in N. California, Regional Collaborative Trainings or meetings, Network sponsored Skill-Based Training, CAFB sponsored SNAP-Ed Training or any relative SNAP-Ed training or meeting approved by CAFB and the Network. Because the locations of these meetings have not yet been determined, the highest rates for in-state travel and hotel have been budgeted.																
	# of Events Attending	Position #s of Staff Attending	Total # of Days	Total Per Diem (\$40 max/day/person)	Mileage .51 per mile	Hotel @ \$84 per night	Parking	Total for Network-Sponsored Travel								
	2	1,2 and 3	4	\$480	3 x 240.24 miles per .555 = \$400	4 nights x 3 x \$84 = \$1,008	4 days x 3 x \$18 = \$216	\$2,104.00			\$ 701	\$ 701				
Travel to Feeding America Nutrition Conf. included pending Network review of allowability and agenda for prorating.																
Flight to Feeding America Nutrition Conference 2 staff x \$350 per flight = \$700											\$ 233	\$ 233				
Hotel for Feeding America Nutrition Conference 2 staff x \$110 per night x 3 nights = \$660											\$ 220	\$ 220				
Per Diem for Feeding America Nutrition Conference - 3 days x 2 staff @ \$40 per day = \$240											\$ 80	\$ 80				
SUBTOTAL:											\$ 2,111	\$ 2,111				
F. SUBCONTRACTORS:																
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)																
2 Nutrition Education Consultants - (to be hired in Oct= \$15/hour, 450 hours worked ea)= \$6,750 x 2 = \$13,500											\$ 4,500	\$ 4,500				
Nutrition Education Consultants conduct nutrition ed classes, distribute SNAP-Ed materials and resources.																
Web Design & Maintenance Services for Nutrition Education Online Resource Page: \$50 per hour x 70 hours = \$3,500											\$ 1,167	\$ 1,167				
SUBTOTAL:											\$ 5,667	\$ 5,667				
G. OTHER COSTS:																
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)																
Copying/Printing (newsletter, nut ed. & nutrition analysis materials/member agencies recipes for commodity food, agency healthy food manual) 125,000 copies x .06 per copy = \$7,500											\$ 2,500	\$ 2,500				
Cooking utensils, blenders and skillet for food demos.											\$ 167	\$ 167				
CANACT Membership											\$ 25	\$ 25				
SUBTOTAL:											\$ 2,692	\$ 2,692				
H. INDIRECT COSTS:																
Federal Share:																
15.80% (in percent) of Total Direct Costs											\$ 9,447	\$ 9,447				
SUBTOTAL:											\$ 9,447	\$ 9,447				
TOTAL											\$ 808,263	0.6802	3.34%	64.68%	\$ 69,238	\$ 69,238

SUBCONTRACTOR BUDGET JUSTIFICATION
Community Action Partnership of Orange County
October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks
 Contract #: 10-10042

** This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.*

A. PERSONNEL SALARIES:										
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery	6. Federal Share Total Dollars	7. Total Dollars			
FEDERAL SHARE POSITIONS										
1.	Name: Joey Ayala Title: Program Coordinator	\$ 34,070	0.0833		8.33%	\$ 2,838	\$ 2,838			
2.	Name: Sandra Ortega Title: Program Coordinator	\$ 35,089	0.0833		8.33%	\$ 2,923	\$ 2,923			
3.	Name: Maribel Velazquez Title: Program Manager	\$ 48,048	0.0667		6.67%	\$ 3,205	\$ 3,205			
SUBTOTAL		\$ 117,207	0.2333		23.33%	\$ 8,966	\$ 8,966			
POSITION DESCRIPTIONS:										
1-2	Program Coordinators: Plan, and coordinate nutrition education activities to ensure nutrition education program and contract guidelines are achieved.									
3	Program Manager: Plan, direct and supervise Program Coordinators in delivery of SNAP-Ed activities, prepare SNAP-Ed reports, attend Network meetings and develop SNAP-Ed partnerships at the local level.									
						Federal Share Total Dollars	Total Dollars			
B. FRINGE BENEFITS:										
Federal Share:		25% x \$8,966								
Includes payroll taxes and medical/dental benefits at		25.00% salaries (in percent)								
						\$ 2,242	\$ 2,242			
						SUBTOTAL:	\$ 2,242	\$ 2,242		
C. OPERATING EXPENSES:										
Federal Share:		(Budget constructed to reflect 1/3 of total program costs.)								
						SUBTOTAL:				
D. EQUIPMENT EXPENSES:										
Federal Share:		(Budget constructed to reflect 1/3 of total program costs.)								
						SUBTOTAL:				

SUBCONTRACTOR BUDGET JUSTIFICATION
Community Action Partnership of Orange County
October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks
 Contract #: 10-10042

** This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.*

E. TRAVEL AND PER DIEM:										Federal Share Total Dollars	Total Dollars		
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)													
Costs for travel necessary to complete NE activities in approved SOW (e.g., dropping off NE materials at partner CBOs, providing NE at various sites, and providing FSO workshops/clinics).													
Mileage for 3 SNAP-Ed staff to travel to nutrition education sites (547.75 miles x .555 x 3 trips = 912)										\$ 304	\$ 304		
Travel for staff to attend one or more of the following in-state Network-sponsored events pertaining to Nutrition Education (SNAP-Ed): Network Statewide Conf. in N. California, Regional Collaborative Trainings or meetings, Network sponsored Skill-Based Training, CAFB sponsored SNAP-Ed Training or any relative SNAP-Ed training or meeting approved by CAFB and the Network. Because the locations of these meetings have not yet been determined, the highest rates for in-state travel and hotel have been budgeted.													
# of Events Attending	Position #'s of Staff Attending	Total # of Days	Total Per Diem (\$40 max/day/person)	Airfare	Hotel @ \$84 per night	Transportation to/from airport	Total for Network-Sponsored Travel						
2	1,2,3	12	\$40 x 4 x 3 = 480	6 flights at \$250 ea. = \$1500	4 nights x 3 x \$84 = \$1008	\$100	\$3,088.00			\$ 1,029	\$ 1,029		
SUBTOTAL:										\$ 1,333	\$ 1,333		
F. SUBCONTRACTORS:													
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)													
SUBTOTAL:										\$ -	\$ -		
G. OTHER COSTS:													
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)													
CAN-ACT Membership		\$150								\$ 50	\$ 50		
Food for 3 nutrition education food demos targeting 300 people at 7 sites (300 x 2.50) = \$750										\$ 250	\$ 250		
Food for 3 nutrition education events targeting 300 people (300x2.50)= \$750										\$ 250	\$ 250		
Printing/copying, health fair costs and supplies						\$1,500				\$ 500	\$ 500		
SUBTOTAL:										\$ 1,050	\$ 1,050		
H. INDIRECT COSTS:													
Federal Share:													
SUBTOTAL:													
TOTAL													
								\$ 117,207	\$ 0.2333	\$ -	23.33%	\$ 13,591	\$ 13,591
*Expenditures on nutrition education materials must have prior CDPH approval and must comply with all State and Federal safety requirements with respect to production, including Prop 65 requirements for lead content.													

SUBCONTRACTOR BUDGET JUSTIFICATION

Community Food Bank - Fresno

October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks

Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.

PERSONNEL SALARIES:								
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery	6. Federal Share Total Dollars	7. Total Dollars
FEDERAL SHARE POSITIONS								
1.	Name:	Dana Wilkie						
	Title:	CEO	\$ 115,500	0.0267	2.67%		\$ 3,084	\$ 3,084
2.	Name:	Kristy Stephens						
	Title:	Director of Finance	\$ 77,095	0.0333	3.33%		\$ 2,567	\$ 2,567
3.	Name:	Dayatra Latin						
	Title:	Director of Programs & Development	\$ 71,308	0.0667		6.67%	\$ 4,756	\$ 4,756
4.	Name:	Maria Ramirez						
	Title:	Agency Relations Coordinator	\$ 42,850	0.0833		8.33%	\$ 3,569	\$ 3,569
5.	Name:	Vivian St. Louis						
	Title:	Assoc. Director of Development	\$ 58,968	0.0067		0.67%	\$ 395	\$ 395
6.	Name:	Natalie Caples						
	Title:	Nutrition Education Coordinator	\$ 36,866	0.1667		16.67%	\$ 6,146	\$ 6,146
7.	Name:	Larence Moore						
	Title:	D.C. Supervisor	\$ 58,968	0.0100		1.00%	\$ 590	\$ 590
8.	Name:	Elias Perez						
	Title:	Driver/D.C. Assist	\$ 26,951	0.0500		5.00%	\$ 1,348	\$ 1,348
9.	Name:	Angel Macias						
	Title:	Driver/D.C. Assist	\$ 26,951	0.0833		8.33%	\$ 2,245	\$ 2,245
10.	Name:	Paul Nunez						
	Title:	Driver/D.C. Assist	\$ 26,951	0.0833		8.33%	\$ 2,245	\$ 2,245
11.	Name:	Leslie Gacad						
	Title:	Volunteer Coordinator	\$ 32,323	0.0500		5.00%	\$ 1,616	\$ 1,616
12.	Name:	Rachel Klein						
	Title:	Community Outreach Coordinator	\$ 33,851	0.0667		6.67%	\$ 2,258	\$ 2,258
13.	Name:	Angie Romero						
	Title:	Finance Assistant	\$ 36,866	0.0167	1.67%		\$ 616	\$ 616
14.	Name:	Bertha DeAnda						
	Title:	Admin Assistant	\$ 26,951	0.0167	1.67%		\$ 450	\$ 450
SUBTOTAL			\$ 672,399	0.7601	9.34%	66.67%	\$ 31,885	\$ 31,885
POSITION DESCRIPTIONS:								
1	CEO: Supervises all staff and oversees overall fiscal an programatic success of programs							
2	Director of Finance: Ensures tracking of actual costs associated with programs, timely invoicing, desk review							
3	Director of Programs & Development: Oversees nutrition programs and staff							
4	Agency Relations Coordinator: Responsible for working daily with agencies to provide nutrition education materials and training							
5	Associate Director of Development:: Responsible for grant deadlines, community/donor relations, fundraising							
6	Nutrition Education Coordinator: Responsible for coordinating nutrition education program and daily contact with clients.							
7	Distribution Center Supervisor: Oversees all DC staf and activities							
8-10	Driver/DC Assistant:: Delivers and assists in all nutrition ed programs with food distribution							
11	Volunteer Coordinator: Ensures adequate volunteer assistance in creating nutrition education packets							
12	Community Outreach Coordinator: Responsible for outreach involving all nutrition education programs via sites and collaboration							
13	Finance Assistant: Processes finance information at the direction of the Director of Finance							
14	Administrative Assistant: Assits with tracking and coordinating with DC drivers and Nutrition Education Coordinator							

SUBCONTRACTOR BUDGET JUSTIFICATION

Contractor: California Association of Food Banks

Community Food Bank - Fresno

Contract #: 10-10042

October 1, 2011 - September 30, 2012

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.											Federal Share Total Dollars	Total Dollars
B. FRINGE BENEFITS:												
Federal Share:												
Includes payroll taxes and medical/dental benefits at 29.999% salaries (in percent)											\$ 9,565	\$ 9,565
TOTAL											\$ 9,565	\$ 9,565
C. OPERATING EXPENSES:												
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)												
Operating Costs prorated based on historical % FTE working on SNAP-Ed. Actual prorating percentages will be recalculated quarterly.												
Space Rental (\$266,490 x .06) = \$15,989											\$ 5,329	\$ 5,329
Utilities (\$16,380 x .06) = \$983											\$ 328	\$ 328
Telephone (\$76,748 x .06) = \$4,605											\$ 1,535	\$ 1,535
Liability Insurance (\$2,637 x .06) = \$158											\$ 53	\$ 53
Supplies (binders, pens, paper, notebooks for FSNE activities) 12 months x \$200 per month \$2,400											\$ 800	\$ 800
SUBTOTAL:											\$ 8,045	\$ 8,045
D. EQUIPMENT EXPENSES:												
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)												
SUBTOTAL:												
E. TRAVEL AND PER DIEM:												
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)												
Costs for travel necessary to complete NE activities in approved SOW (e.g., dropping off NE materials at partner CBOs, providing NE at various sites, and providing SNAP-Ed workshops/clinics).												
Mileage 5,405.4 x .555 per mile = \$3,000											\$ 1,000	\$ 1,000
Travel for staff to attend one or more of the following in-state Network-sponsored events pertaining to Nutrition Education (SNAP-Ed): Network Statewide Conf. in N.												
	# of Events Attending	Position #'s of Staff Attending	Total # of Days	Total Per Diem (\$40 max/day/person)	Mileage .555 per mile	Hotel @ \$84 per night	Parking	Total for Network-Sponsored Travel				
	2	4,5,6	4	\$480	3 x 240.24 miles per .555 = \$400	4 nights x 3 x \$84 = \$1,008	4 days x 3 x \$18 = \$216	\$2,104.00			\$ 701	\$ 701
SUBTOTAL:											\$ 1,701	\$ 1,701
F. SUBCONTRACTORS:												
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)												
SUBTOTAL:												
G. OTHER COSTS:												
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)												
CAN-Act Membership \$150											\$ 50	\$ 50
SUBTOTAL:											\$ 50	\$ 50
H. INDIRECT COSTS:												
Federal Share:												
14.00% (in percent) of Total Direct Costs											\$ 7,174	\$ 7,174
SUBTOTAL:											\$ 7,174	\$ 7,174
TOTAL											\$ 672,399	\$ 672,399
											0.7601	0.7601
											9.34%	9.34%
											66.67%	66.67%
											\$ 58,420	\$ 58,420

*Expenditures on nutrition education reinforcement items or promotional items must have prior CDPH approval and must comply with all State and Federal safety requirements with respect to production, including Prop 65 requirements for lead content.

SUBCONTRACTOR BUDGET JUSTIFICATION
Community Services Unlimited
October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks
 Contract #:10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.									
A PERSONNEL SALARIES:									
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery	6. Federal Share Total Dollars	7. Total Dollars	
FEDERAL SHARE POSITIONS									
1.	Name:	Neelam Sharma							
	Title:	Executive Director	\$ 72,800	0.0333	3.33%		\$ 2,424	\$ 2,424	
2.	Name:	Dyane Pascall							
	Title:	Program Director	\$ 41,600	0.1333		13.33%	\$ 5,545	\$ 5,545	
3.	Name:	Heather Fenney							
	Title:	Associate Director of Development	\$ 52,000	0.1333		13.33%	\$ 6,932	\$ 6,932	
4.	Name:	Lawrence DeFreitas							
	Title:	Volunteer Coordinator	\$ 27,300	0.1333		13.33%	\$ 3,639	\$ 3,639	
5.	Name:	Dana Clay							
	Title:	Urban Fram/Marketing Program Coordinator	\$ 31,200	0.1000		10.00%	\$ 3,120	\$ 3,120	
SUBTOTAL			\$ 224,900	0.5332	3.33%	49.99%	\$ 21,660	\$ 21,660	
POSITION DESCRIPTIONS:									
1 Executive Director: Responsible for oversight of all nutrition education programs and activities and supervises all program staff									
2 Program Director: Responsible for implementing nutrition education program; reporting and finances									
3 Associate Director of Development: Submits grant proposals, develops nutrition education state share funding sources									
4 Volunteer Coordinator: oversees and manages nutrition education volunteers									
5 Urban Farm/Marketing Program Coordinator: Responsible for oversight and planning related to CSU urban farm sites; doing									
							Federal Share Total Dollars	Total Dollars	
B. FRINGE BENEFITS:									
Federal Share:			14% x \$21,660						
Includes payroll taxes and medical/dental benefits at			14.00%	salaries (in percent)			\$ 3,032	\$ 3,032	
TOTAL							\$ 3,032	\$ 3,032	
C. OPERATING EXPENSES:									
Federal Share: (Budget constructed to reflect 1/3 of total program costs.) Amounts based on historical costs.									
<i>Nutrition Education activities account for 50% of CSU's total FTE</i>									
Office Supplies (50% of 1000)			= \$500				\$ 167	\$ 167	
Printing (50% of 1000)			= \$500				\$ 167	\$ 167	
Postage (50% of 1000)			= \$500				\$ 167	\$ 167	
Telephone/DSL (50% of 2000)			= \$1,000				\$ 333	\$ 333	
Utilities (50% of 800)			= \$400				\$ 133	\$ 133	
SUBTOTAL:							\$ 967	\$ 967	

SUBCONTRACTOR BUDGET JUSTIFICATION

Ecology Center

October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks

Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.									
A PERSONNEL SALARIES:									
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery	6. Federal Share Total Dollars	7. Total Dollars	
FEDERAL SHARE POSITIONS									
1.	Name:	Martin Bourque							
	Title:	Executive Director	\$ 110,000	0.0167	1.67%		\$ 1,837	\$ 1,837	
2.	Name:	Hiring/Vacant							
	Title:	Nutrition Food and Farming Director	\$ 70,000	0.1333		13.33%	\$ 9,331	\$ 9,331	
3.	Name:	Gerardo Marin							
	Title:	Farm Fresh Choice Co-Manager (PT)	\$ 31,500	0.2667		26.67%	\$ 8,401	\$ 8,401	
4.	Name:	HuNia Bradley							
	Title:	Farm Fresh Choice Co-Manager (FT)	\$ 42,000	0.2667		26.67%	\$ 11,201	\$ 11,201	
5.	Name:	Nakia Dillard							
	Title:	Outreach Education Coordinator	\$ 29,120	0.2667		26.67%	\$ 7,766	\$ 7,766	
6.	Name:	Shawn Stewart							
	Title:	Marketing Assistant	\$ 22,880	0.0317		3.17%	\$ 725	\$ 725	
7.	Name:	Dijonnae Hopkins							
	Title:	Site Supervisor	\$ 24,960	0.0750		7.50%	\$ 1,872	\$ 1,872	
8.	Name:	Kad Smith							
	Title:	Site Supervisor	\$ 24,960	0.0750		7.50%	\$ 1,872	\$ 1,872	
9.	Name:	Christian Ramirez							
	Title:	Paid Youth Intern	\$ 18,720	0.0367		3.67%	\$ 687	\$ 687	
10.	Name:	Prentice Gray							
	Title:	Paid Youth Intern	\$ 18,720	0.0367		3.67%	\$ 687	\$ 687	
11.	Name:	Tenise Murphy							
	Title:	Paid Youth Intern	\$ 18,720	0.0367		3.67%	\$ 687	\$ 687	
12.	Name:	Netza Romero							
	Title:	Paid Youth Intern	\$ 18,720	0.0367		3.67%	\$ 687	\$ 687	
13.	Name:	Hiring (will be filled by 3/1/10)							
	Title:	Financial Manager	\$ 62,000	0.0167	1.67%		\$ 1,035	\$ 1,035	
SUBTOTAL			\$ 492,300	1.2953	3.34%	126.19%	\$ 46,788	\$ 46,788	
POSITION DESCRIPTIONS:									
1	Executive Director: Supervises program decisions and attends coalitions as organizational representative								
2	Nutrition Food and Farming Director: Oversees and directs Farm Fresh Choice program and participates in statewide coalitions								
3-4	Farm Fresh Choice Co-Managers: Manage and develop aspects of the Farm Fresh Choice program including nutrition education.								
5	SNAP Education Coordinator: organizes nutrition education events and leads them; trains Site Coordinators & Interns to make peer nutrition education presents; and develops nutrition education event contents.								
6	Market Assistant: Assists Co-Managers with all event set-up, printing and collating of materials, class setups, etc.								
7-8	Site supervisors: Supervise and help train Youth Interns. Conducts nutrition education, physical activity promotion interventions in the community setting. Works with CBOs to increase the reach of nutrition education intervention to SNAP-Ed eligibles.								
9-12	Paid Youth Intern (same job description for all 4, interns listed are NOT using placement to fulfill academic or fieldwork requirements. Provide nutrition information, lead peer to peer workshops, help with cooking demonstrations, provide some office support, run table at nutrition education events, distribute printed nutrition education materials.								
13	Financial Manager: inputs, tracks and provides actual expenses for program for SNAP-Ed reporting.								

SUBCONTRACTOR BUDGET JUSTIFICATION

Ecology Center

October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks

Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.											Federal Share Total Dollars	Total Dollars	
B.	FRINGE BENEFITS:												
	Federal Share:												
	Includes payroll taxes and medical/dental benefits at 28.00% salaries (in percent)										\$ 13,101	\$ 13,101	
	TOTAL										\$ 13,101	\$ 13,101	
C.	OPERATING EXPENSES:												
	Federal Share:												
	(Budget constructed to reflect 1/3 of total program costs.)												
	<i>Operating costs prorated based on historical %FTE working on SNAP-Ed. Actual prorating percentages will be recalculated quarterly.</i>												
	Insurance: liability insurance for nutrition education sites/classes and car insurance for van to take staff to sites										\$4,620 x 0.8FTE = \$3,696	\$ 1,232	\$ 1,232
	Office Supplies: includes printer paper, ink, post-its, pens, etc										\$311 x 0.8FTE = \$249	\$ 83	\$ 83
	Photocopies: The copy proration is based on the prior year's usage plus 5% to account for cost increases										\$1,301 x 0.8FTE = \$1,041	\$ 347	\$ 347
	Allocation of total phone & Internet service: Amount based on 2009 usage plus 5% to account for cost increases.										\$1,500 x 0.8FTE = \$1,200	\$ 400	\$ 400
	Rent: Annual rent is \$96,034/yr. Rent allocation is based on sq footage; Farm Fresh Choice's total budgeted amount of \$5,785 is based on sq footage of 6.024%. Snap-Ed amount is \$5,785 at 0.8FTE= \$4,628										\$5,785 x 0.8FTE = \$4,628	\$ 1,543	\$ 1,543
	SUBTOTAL:										\$ 3,605	\$ 3,605	
D.	EQUIPMENT EXPENSES:												
	Federal Share:												
	(Budget constructed to reflect 1/3 of total program costs.)												
	SUBTOTAL:												
E.	TRAVEL AND PER DIEM:												
	Federal Share:												
	(Budget constructed to reflect 1/3 of total program costs.)												
	Costs for travel necessary to complete NE activities in approved SOW (e.g., dropping off NE materials at partner CBOs, providing NE at various sites).												
	Travel to/from nutrition education sites. 1,317.12 miles x .555 = \$731										\$ 244	\$ 244	
	Travel for staff to attend one or more of the following in-state Network-sponsored events pertaining to Nutrition Education (SNAP-Ed): Network Statewide Conf. in N. California, Regional Collaborative Trainings or meetings, Network sponsored Skill-Based Training, CAFB sponsored SNAP-Ed Training or any relative SNAP-Ed training or meeting approved by CAFB and the Network. Because the locations of these meetings have not yet been determined, the highest rates for in-state travel and hotel have been budgeted.												
	# of Events Attending	Position #s of Staff Attending	Total # of Days	Total Per Diem (\$40 max/day/person)	Train to Sacramento	Hotel @ \$84 per night	Total for Network-Sponsored Travel						
	1	2, 3, 4, 9,	10	\$400	5 tickets @ \$46 ea = \$230	5 rooms = \$420	\$1,050.00				\$ 350	\$ 350	
	SUBTOTAL:										\$ 594	\$ 594	

SUBCONTRACTOR BUDGET JUSTIFICATION

Ecology Center

October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks

Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.												
F.	SUBCONTRACTORS:											
	Federal Share:	(Budget constructed to reflect 1/3 of total program costs.)										
		Backup & supplementary teachers & nutritionists: assumes 4 classes, \$50/class = \$200								\$ 67	\$ 67	
										SUBTOTAL:	\$ 67	\$ 67
G.	OTHER COSTS:											
	Federal Share:	(Budget constructed to reflect 1/3 of total program costs.)										
		Printing: 1000 newsletters @ \$1.25 = \$1,250; Recipe cards 12 recipes X 300 sets @ \$0.26 per card = \$936; Door Hangers 4000 @ \$0.40 = \$1,600;										
		Brochures 1000 @ \$0.60 = \$600	= \$4,386							\$ 1,462	\$ 1,462	
		Food for food tastings: 3,000 people x \$2.50 per person	= \$7,500							\$ 2,500	\$ 2,500	
		Food for cooking demonstrations: 2,000 people X \$2.50 per person	= \$5,000							\$ 1,666	\$ 1,666	
		Stall rental/fees for community events: Assumes 6 events requiring stall fees of \$250 per event. Includes community outreach events such as Juneteenth, Cinco de Mayo, and Art & Soul.										
			= \$1,500							\$ 500	\$ 500	
		CAN Act membership								\$ 25	\$ 25	
										SUBTOTAL:	\$ 6,153	\$ 6,153
H.	INDIRECT COSTS:											
	Federal Share:	(Budget constructed to reflect 1/3 of total program costs.)								4.82% x \$70,308 = \$3,389		
		4.82% (in percent) of Total Direct Costs								\$ 70,308	\$ 3,389	\$ 3,389
										SUBTOTAL:	\$ 3,389	\$ 3,389
		TOTAL					\$ 492,300	1.2953	3.34%	126.19%	\$ 73,697	\$ 73,697

SUBCONTRACTOR BUDGET JUSTIFICATION

Contractor: California Association of Food Banks

Emergency Food Bank of Stockton

Contract #:10-10042

October 1, 2011 - September 30, 2012

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.									
A PERSONNEL SALARIES:									
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery	6. Federal Share Total Dollars	7. Total Dollars	
FEDERAL SHARE POSITIONS									
1.	Name:	Pat Brown							
	Title:	Nutrition Educator	\$ 19,800	0.0833	8.33%		\$ 1,649	\$ 1,649	
2.	Name:	Teresa Aguirre							
	Title:	Nutrition Educator	\$ 12,000	0.0667	6.67%		\$ 800	\$ 800	
SUBTOTAL			\$ 31,800	0.1500	15.00%		\$ 2,449	\$ 2,449	
<p>1 & 2 Nutrition educators: provide nutrition education and materials at Mobile Farmer's Market sites, preps all needed materials for cooking demonstrations/taste testing, distributes brochures/education materials/handouts to clients, records all admin/information/surveys/reports/etc., and research healthy recipes.</p>									
							Federal Share Total Dollars	Total Dollars	
B. FRINGE BENEFITS:									
Federal Share:			5% x \$2,449= \$122						
Includes payroll taxes and medical/dental benefits at			5.00%	salaries (in percent)			\$ 122	\$ 122	
TOTAL							SUBTOTAL:	\$ 122	\$ 122
C. OPERATING EXPENSES:									
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)									
Photocopies of SNAP-Ed materials (0.05 x 20,000 copies annually)			= \$1,000				\$ 333	\$ 333	
Supplies associated with Nutrition Education (direct costs for paper, writing instruments, printer toner, etc.)			=\$399				\$ 133	\$ 133	
SUBTOTAL:							\$ 466	\$ 466	

SUBCONTRACTOR BUDGET JUSTIFICATION

Familia Center

October 1, 2011 to September 30, 2012

Contractor: California Association of Food Banks

Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.								
A PERSONNEL SALARIES:								
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery	6. Federal Share Total Dollars	7. Total Dollars	
FEDERAL SHARE POSITIONS								
1.	Name: Narciso De Leon Title: Promotor de Salud	\$ 34,500	0.0667		6.67%	\$ 2,301	\$ 2,301	
2.	Name: Yolanda Henry Title: Executive Director	\$ 58,000	0.0167		1.67%	\$ 969	\$ 969	
3.	Name: Mayra Melendrez Title: Admin. Asst.	\$ 26,000	0.0167	1.67%		\$ 434	\$ 434	
SUBTOTAL		\$ 118,500	0.1001	1.67%	8.34%	\$ 3,704	\$ 3,704	
<p>1 Promotor de salud/Case worker:Conducts all food demonstrations and nutrition education.</p> <p>2 Executive Director: Project manager for nutrition education program</p> <p>3 Admin. Asst.: Tracks activities and materials and prepare and facilitate programatic review assist with reporting.</p>								
						Federal Share Total Dollars	Total Dollars	
B. FRINGE BENEFITS:								
Federal Share:		25% x \$3,704 = \$926						
Includes payroll taxes and medical/dental benefits at		25.00%	salaries (in percent)				\$ 926	\$ 926
SUBTOTAL						\$ 926	\$ 926	
C. OPERATING EXPENSES: <i>Operating costs prorated based on historical %FTE working on SNAP-Ed. Actual prorating percentages will be recalculated quarterly.</i>								
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)								
Telephone \$5,410 annually x 20% (prorating % based on %FTE of pos. #1, 2, 3)=\$1,082						\$ 361	\$ 361	
Outside accounting services prorated to FTE % (\$23,000 annually x 20% = \$4,600)						\$ 1,533	\$ 1,533	
Office and program supplies \$7,500 annually x 20% = \$1500						\$ 500	\$ 500	
Printing/copying \$1,700 annually x 20% = \$340						\$ 113	\$ 113	
Insurance \$11,025 annually x 20% = \$2205						\$ 735	\$ 735	
Utilities \$7,000 annually x 20% = \$1,400						\$ 467	\$ 467	
Office rent/Depreciation \$4,000 annually x 20% = \$800						\$ 267	\$ 267	
SUBTOTAL:						\$ 3,976	\$ 3,976	
D. EQUIPMENT EXPENSES:								
Federal Share:								
SUBTOTAL:								

SUBCONTRACTOR BUDGET JUSTIFICATION

Familia Center

October 1, 2011 to September 30, 2012

Contractor: California Association of Food Banks

Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.												Federal Share Total Dollars	Total Dollars							
E. TRAVEL AND PER DIEM:																				
Costs for travel necessary to complete NE activities in approved SOW (e.g., dropping off NE materials at partner CBOs, providing NE at various sites, and providing FSO workshops/clinics).																				
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)																				
*	180.18 miles x .555 = \$100											\$	33	\$	33					
*	Travel for staff to attend one or more of the following in-state Network-sponsored events pertaining to Nutrition Education (SNAP-Ed): Network Statewide Conf. in N. California, Regional Collaborative Trainings or meetings, Network sponsored Skill-Based Training, CAFB sponsored SNAP-Ed Training or any relative SNAP-Ed training or meeting approved by CAFB and the Network. Because the locations of these meetings have not yet been determined, the highest rates for in-state travel and hotel have been budgeted.																			
	# of Events Attending	Position #'s of Staff Attending	Total # of Days	Total Per Diem (\$40 max/day/person)	Car Rental	Hotel @ \$84 per night	Parking	Total for Network-Sponsored Travel												
	2	1	4	\$160	4 days @ \$60 per day = \$240	2 nights @ \$84 = \$168	\$60	\$628.00				\$	209	\$	209					
SUBTOTAL:												\$	242	\$	242					
F. SUBCONTRACTORS:																				
Federal Share:																				
SUBTOTAL:																				
G. OTHER COSTS:																				
Federal Share:																				
SUBTOTAL:																				
H. INDIRECT COSTS:																				
Federal Share:																				
13% (in percent) of Total Direct Costs												\$	8,848							
SUBTOTAL:												\$	1,150	\$	1,150					
TOTAL												\$	118,500	0.1001	1.67%	8.34%	\$	9,998	\$	9,998

Expenditures for nutrition education material must have prior CDPH approval and must comply with all the State and Federal safety requirements with respect to production, including Prop 65 requirements for lead content.

SUBCONTRACTOR BUDGET JUSTIFICATION

**Feeding America San Diego
October 1, 2011 to September 30, 2012**

Contractor: California Association of Food Banks

Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.									
A PERSONNEL SALARIES:									
		1. Name and Position Title	2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery	6. Federal Share Total Dollars	7. Total Dollars	
FEDERAL SHARE POSITIONS									
1.	Name:	Jennifer Gilmore							
	Title:	Director of Operations	\$ 85,000	0.0667	6.67%		\$ 5,670	\$ 5,670	
2.	Name:	Terri Phipps							
	Title:	Director of Finance	\$ 82,173	0.0667	6.67%		\$ 5,481	\$ 5,481	
3.	Name:	Elisabeth Landa							
	Title:	Agency Relations Manager	\$ 45,000	0.0833		8.33%	\$ 3,748	\$ 3,748	
4.	Name:	Christine Ho							
	Title:	Agency Relations Coordinator	\$ 33,280	0.0833		8.33%	\$ 2,772	\$ 2,772	
5.	Name:	Casey Field							
	Title:	Program Coordinator	\$ 38,480	0.0833		8.33%	\$ 3,205	\$ 3,205	
6.	Name:	Jeanette Neeley							
	Title:	Program Coordinator	\$ 31,200	0.1667		16.67%	\$ 5,201	\$ 5,201	
7.	Name:	Travis Frazee							
	Title:	Program Driver	\$ 31,200	0.0833		8.33%	\$ 2,599	\$ 2,599	
SUBTOTAL			\$ 346,333	0.6333	13.34%	49.99%	\$ 28,676	\$ 28,676	
	1 Director of Operations - Direct all program personnel including SNAP-Ed staff.								
	2 Director of Finance – Responsible for SNAP-Ed contract fiscal data collection and reporting.								
	3 Agency Relations Manager - Director of Agency and Fresh Rescue personnel and their SNAP-Ed contract activity.								
	4 Agency Relations Coordinator – Assists AR Manger with Agency Relations activity including SNAP-Ed.								
	5 Program Director – Directs Back Pack Program including SNAP-Ed component.								
	6 Program Director – Directs Farm 2 Kids Program including SNAP-Ed component.								
	7 Program Driver – Responsible for delivery of SNAP-Ed materials and program equipment.								
							Federal Share	Total Dollars	
							Total Dollars	Total Dollars	
B. FRINGE BENEFITS:									
	Federal Share:								
	Includes payroll taxes and medical/dental benefits at		11.00%	11% x \$28,676 = \$3,154					
				salaries (in percent)			\$ 3,154	\$ 3,154	
TOTAL							\$ 3,154	\$ 3,154	

SUBCONTRACTOR BUDGET JUSTIFICATION
Feeding America San Diego
October 1, 2011 to September 30, 2012

Contractor: California Association of Food Banks
 Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.											Federal Share Total Dollars	Total Dollars
C. OPERATING EXPENSES:												
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)												
Occupancy: 175 sqft for SNAP-Ed Staff @ \$10.44/sqft = \$1,827											\$ 609	\$ 609
Utilities: Allocated at \$8.00 per month based on 175 sqft occupied by SNAP-Ed staff x 12 mos= \$96											\$ 32	\$ 32
Internet connection: Allocated at \$7.50 per month x 12 months (based on usage by SNAP-Ed staff #3, 4, 5, 6 above) = \$90											\$ 30	\$ 30
Phone: Allocated at \$15.00 per month x 12 months (based on usage by SNAP-Ed staff #3, 4, 5, 6 above) = \$180											\$ 60	\$ 60
<i>Costs below based on anticipated actuals. Actual prorating percentage will be calculated quarterly.</i>												
Office Supplies (based on anticipated actuals) at \$175 x 12= \$2,100											\$ 700	\$ 700
Research Materials at \$25 x 12 = \$300											\$ 100	\$ 100
Website Hosting at \$50 x 12 = \$600											\$ 200	\$ 200
SUBTOTAL:											\$ 1,731	\$ 1,731
D. EQUIPMENT EXPENSES:												
Federal Share:												
SUBTOTAL:												
E. TRAVEL AND PER DIEM:												
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)												
Costs for travel necessary to complete NE activities in approved SOW (e.g., dropping off NE materials at partner CBOs, providing NE at various sites, and providing FSO workshops/clinics).												
* Travel for SNAP-Ed staff (20,037.84 miles @ \$0.555/mile) = \$11,121											\$ 3,707	\$ 3,707
* Travel for staff to attend one or more of the following in-state Network-sponsored events pertaining to Nutrition Education (SNAP-Ed): Network Statewide Conf. in N. California, Regional Collaborative Trainings or meetings, Network sponsored Skill-Based Training, CAFB sponsored SNAP-Ed Training or any relative SNAP-Ed training or meeting approved by CAFB and the Network. Because the locations of these meetings have not yet been determined, the highest rates for in-state travel and hotel have been budgeted.												
	# of Events Attending	Position #'s of Staff Attending	Total # of Days	Total Per Diem (\$40 max/day/person)	Airfare	Hotel @ \$84 per night	Transportation to/from airport	Total for Network-Sponsored Travel				
	2	5,6	8	\$320	4 flights at \$250 ea. = \$1000	4 nights x 2 x \$84 = \$672	\$80	\$2,072.00			\$ 691	\$ 691
SUBTOTAL:											\$ 4,398	\$ 4,398

SUBCONTRACTOR BUDGET JUSTIFICATION
Food Bank of Contra Costa and Solano Counties
October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks
 Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.										
A PERSONNEL SALARIES:										
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery	6. Federal Share Total Dollars	7. Total Dollars			
FEDERAL SHARE POSITIONS										
1.	Name: LINDSAY JOHNSON Title: PROGRAM DIRECTOR	\$ 79,405	0.0433	4.33%		\$ 3,438	\$ 3,438			
2.	Name: WILLIAM SYLVESTER Title: AGENCY RELATIONS COORD.	\$ 43,824	0.0433		4.33%	\$ 1,898	\$ 1,898			
3.	Name: JULIE REDMOND Title: CAP/FFC PROGRAM COORD.	\$ 58,740	0.0100		1.00%	\$ 587	\$ 587			
4.	Name: CHARLENE BURNS Title: SENIOR BROWN BAG COORD.	\$ 49,589	0.0100		1.00%	\$ 496	\$ 496			
5.	Name: CAITLIN SLY Title: FARM TO KIDS COORD.	\$ 41,118	0.0500		5.00%	\$ 2,056	\$ 2,056			
SUBTOTAL		\$ 272,676	0.1566	4.33%	11.33%	\$ 8,475	\$ 8,475			
POSITION DESCRIPTIONS:										
1 Program Director-Supervises the development, implementation, and evaluation of four Food Bank programs including Nutrition Education.										
2 Agency Relations Coordinator-Key Agency contact, conduct nutrition education site visits to sites conducting nutrition, coordinated agency nutrition education meetings, & oversees Food Safety Training.										
3 FAP/FFC Program Coordinator-Oversees Food Assistance Program and Food For Children Program -distributes nutrition education materials to children and families.										
4 Senior Brown Bag Coordinator-Oversees Senior Brown Bag Program-distributes nutrition education to seniors										
5 Farm to Kids Coordinator-Coordinates nutrition education with after school programs in low income schools distributing fresh produce.										
						Federal Share Total Dollars	Total Dollars			
B. FRINGE BENEFITS:										
Federal Share:		28.7% x \$8,475= \$2,432								
Includes payroll taxes and medical/dental benefits at		28.70%	salaries (in percent)							
						SUBTOTAL:	\$ 2,432	\$ 2,432		

SUBCONTRACTOR BUDGET JUSTIFICATION
Food Bank of Nevada County
October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks
 Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.							
PERSONNEL SALARIES:							
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery	6. Federal Share Total Dollars	7. Total Dollars
FEDERAL SHARE POSITIONS							
1.	Name: Toni Thompson Title: Executive Director	\$ 32,500	0.1333	13.33%		\$ 4,332	\$ 4,332
2.	Name: Makayla Confer Title: Nutrition Coordinator	\$ 18,720	0.3333		33.33%	\$ 6,239	\$ 6,239
3.	Name: Kathryn Hempel Title: Nutrition Education Assistant	\$ 18,720	0.1667		16.67%	\$ 3,121	\$ 3,121
SUBTOTAL		\$ 69,940	0.6333	13.33%	50.00%	\$ 13,692	\$ 13,692
1 Executive Director: Oversees the Nutritional Education program							
2 Nutrition Coordinator: Implements the Nutritional Education program							
3 Nutrition Education Assistant: Distributes materials and conducts Nutrition Education activities							
						Federal Share Total Dollars	Total Dollars
B. FRINGE BENEFITS:							
Federal Share:							
TOTAL						SUBTOTAL:	
C. OPERATING EXPENSES: <i>Operating Costs prorated based on historical % FTE working on SNAP-Ed. Actual prorating percentages will be recalculated quarterly.</i>							
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)							
Rent: \$67,500a year x .20 FTE = \$13000						\$ 4,500	\$ 4,500
Phone: \$5000 a year x.20FTE = \$1000						\$ 334	\$ 334
Printing/Copying \$12,000 x .20 FTE = \$2400						\$ 800	\$ 800
Postage/Mailings \$6,000 x .20 FTE = \$1200						\$ 400	\$ 400
Utilities \$26,000 x .20 FTE = \$5200						\$ 1,733	\$ 1,733
Liability Insurance \$15,000 x .20 FTE = \$3000						\$ 1,000	\$ 1,000
						SUBTOTAL:	\$ 8,766
D. EQUIPMENT EXPENSES:							
Federal Share:							
						SUBTOTAL:	

SUBCONTRACTOR BUDGET JUSTIFICATION
Food Bank of Nevada County
October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks
 Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.											Federal Share Total Dollars	Total Dollars	
E. TRAVEL AND PER DIEM:													
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)													
Costs for travel necessary to complete NE activities in approved SOW (e.g., dropping off NE materials at partner CBOs, providing NE at various sites).													
Mileage to deliver SNAP-Ed activities at eligible sites: 8,786.49 miles x 2 staff x .555 = \$9,753											\$ 3,251	\$ 3,251	
Travel for staff to attend one or more of the following in-state Network-sponsored events pertaining to Nutrition Education (SNAP-Ed): Network Statewide Conf. in N. California, Regional Collaborative Trainings or meetings, Network sponsored Skill-Based Training, CAFB sponsored SNAP-Ed Training or any relative SNAP-Ed training or meeting approved by CAFB and the Network. Because the locations of these meetings have not yet been determined, the highest rates for in-state travel and hotel have been budgeted.													
	# of Events Attending	Position #s of Staff Attending	Total # of Days	Total Per Diem (\$40 max/day/person)	Mileage .555 per mile	Hotel @ \$84 per night	Parking	Total for Network-Sponsored Travel					
	2	1, 2	8	\$320	2 x 270.27 miles per .555 = \$300	4 nights x 2 x \$84 = \$672	4 days x \$18 = \$72	\$1,364.00			\$ 455	\$ 455	
SUBTOTAL:											\$ 3,706	\$ 3,706	
F. SUBCONTRACTORS:													
Federal Share:													
SUBTOTAL:													
G. OTHER COSTS:													
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)													
CAN-ACT Membership = \$75											\$ 25	\$ 25	
Food for nutrition education food demos targeting 2000 people (2000x\$2.50) = \$5000											\$ 1,666	\$ 1,666	
Cooking supplies for food demos: mixing bowls, spoons, measuring cups = \$850											\$ 283	\$ 283	
SUBTOTAL:											\$ 1,974	\$ 1,974	
H. INDIRECT COSTS:													
Federal Share:													
TOTAL											\$ 69,940	\$ 28,138	
											0.6333	13.33%	
											50.00%	\$ 28,138	

*Expenditures on nutrition education reinforcement items or promotional items must have prior CDPH approval and must comply with all State and Federal safety requirements with respect to production, including Prop 65 requirements for lead content.

SUBCONTRACTOR BUDGET JUSTIFICATION

Food Bank of Yolo County

October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks

Contract #: 10-10042

** This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.*

A PERSONNEL SALARIES:									
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery	6. Federal Share Total Dollars	7. Total Dollars	
FEDERAL SHARE POSITIONS									
1.	Name:	Arturo Vargas							
	Title:	Moveable Market Coordinator	\$ 29,120	0.3333		33.33%	\$ 9,706	\$ 9,706	
2.	Name:	Frances Johnson							
	Title:	Director of Programs	\$ 40,000	0.0667		6.67%	\$ 2,668	\$ 2,668	
3.	Name:	Stephanie Sanchez							
	Title:	Nutrition Assistant	\$ 18,720	0.3333		33.33%	\$ 6,239	\$ 6,239	
SUBTOTAL			\$ 87,840	0.7333		73.33%	\$ 18,613	\$ 18,613	
POSITION DESCRIPTIONS:									
1 Moveable Market Coordinator- implement comprehensive nutrition program including Moveable Market, cooking classes, and nutrition education.									
2 Director of Programs- oversees programs and supervises Moveable Market Coordinator.									
3 Nutrition Assistant- assists with implementation of comprehensive nutrition program including nutrition education.									
							Federal Share Total Dollars	Total Dollars	
B. FRINGE BENEFITS:									
Federal Share:			12% x \$18,613=\$2,234						
Includes payroll taxes and medical/dental benefits at			12.00% salaries (in percent)						
TOTAL							\$ 2,234	\$ 2,234	
C. OPERATING EXPENSES; based on historical direct costs associated with SNAP-Ed contract. Actual costs will be used for quarterly invoicing.									
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)									
Offices Supplies (copy paper, folders, pens, markers, whiteboards @ \$8,415 annually x .167 FTE) = \$1405									
							\$ 468	\$ 468	
Utilities (electricity, phone @ \$21,673 annually x .167 FTE) = \$3,619									
							\$ 1,206	\$ 1,206	
Printing and Duplicating (signs, flyers, posters, nutritional info handouts @ \$1,500 annually x .167 FTE) = \$250									
							\$ 83	\$ 83	
SUBTOTAL:							\$ 1,757	\$ 1,757	

SUBCONTRACTOR BUDGET JUSTIFICATION

Food Bank of Yolo County

October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks

Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.											Federal Share Total Dollars	Total Dollars	
D. EQUIPMENT EXPENSES:													
Federal Share:													
SUBTOTAL:													
E. TRAVEL AND PER DIEM:													
Federal Share:	(Budget constructed to reflect 1/3 of total program costs.)												
	Costs for travel necessary to complete NE activities in approved SOW (e.g., dropping off NE materials at partner CBOs, providing NE at various sites).												
	3923.53- 3632 miles for mileage to SNAP-Ed sites (3923.53-3632 x .54 x 0.555= \$2016.53)										\$ 667	\$ 667	
SUBTOTAL:											\$ 667	\$ 667	
F. SUBCONTRACTORS:													
Federal Share:													
SUBTOTAL:													
G. OTHER COSTS:													
Federal Share:	(Budget constructed to reflect 1/3 of total program costs.)												
CANAct dues	\$75										\$ 25	\$ 25	
SUBTOTAL:											\$ 25	\$ 25	
H. INDIRECT COSTS:													
Federal Share:	(in percent) of Total Direct Costs												
	25%										\$ 23,295.56 x .25	\$ 5,824	\$ 5,824
SUBTOTAL:											\$ 5,824	\$ 5,824	
TOTAL							\$ 87,840	0.7333		73.33%	\$ 29,120	\$ 29,120	

SUBCONTRACTOR BUDGET JUSTIFICATION

Food for People, Inc.

October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks

Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.									
A PERSONNEL SALARIES:									
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery	6. Federal Share Total Dollars	7. Total Dollars		
FEDERAL SHARE POSITIONS									
1.	Name: TBD Title: Outreach Nutrition Educator	\$ 21,840	0.3333		33.33%	\$ 7,279	\$ 7,279		
2.	Name: Deborah Waxman Title: Comm. Outreach /Ed. Coord.	\$ 28,851	0.0333		3.33%	\$ 961	\$ 961		
3.	Name: Anne Holcomb Title: Executive Director	\$ 55,386	0.0133	1.33%		\$ 737	\$ 737		
SUBTOTAL		\$ 106,077	0.3799	1.33%	36.66%	\$ 8,977	\$ 8,977		
1	Outreach Nutrition Educator: Coordinates and executes specific SNAP-Ed activities								
2	Community Outreach / Education Coordinator: Coordinates SNAP-Ed programs								
3	Executive Director: Oversees development, implementation, evaluation and finances of SNAP-Ed programs								
B. FRINGE BENEFITS:									
Federal Share:						31.18% x \$8,977			
Includes payroll taxes and medical/dental benefits at		31.18%		salaries (in percent)		\$ 2,799	\$ 2,799		
TOTAL						\$ 2,799	\$ 2,799		
C. OPERATING EXPENSES: based on historical direct costs associated with SNAP-Ed contract. Actual costs will be used for quarterly invoicing.									
Federal Share:		(Budget constructed to reflect 1/3 of total program costs.)							
Postage: 100 stamps @ \$.44 = \$44						\$ 15	\$ 15		
Program Expenses: Demonstration & presentation materials, fees & dues		\$200				\$ 67	\$ 67		
Accountant: Financial elements of budget devt & required fiscal reporting @ \$40.00 / hour for 18 hours / year = \$720						\$ 240	\$ 240		
Printing & Copying: 1,250 @ \$.20 = \$250						\$ 83	\$ 83		
SUBTOTAL:						\$ 405	\$ 405		
D. EQUIPMENT EXPENSES:									
Federal Share:									
SUBTOTAL:									

SUBCONTRACTOR BUDGET JUSTIFICATION

Food for People, Inc.

October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks

Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.														
											Federal Share Total Dollars	Total Dollars		
E.	TRAVEL AND PER DIEM:													
	Federal Share: (Budget constructed to reflect 1/3 of total program costs.)													
	Costs for travel necessary to complete NE activities in approved SOW (e.g., dropping off NE materials at partner CBOs, providing NE at various sites).													
	*	Mileage: 1961 1801.8 miles to SNAP Ed sites @ \$.51-\$0.55										\$ 333	\$ 333	
	*	Travel for staff to attend one or more of the following in-state Network-sponsored events pertaining to Nutrition Education (SNAP-Ed): Network Statewide Conf. in N. California, Regional Collaborative Trainings or meetings, Network sponsored Skill-Based Training, CAFB sponsored SNAP-Ed Training or any relative SNAP-Ed training or meeting approved by CAFB and the Network. Because the locations of these meetings have not yet been determined, the highest rates for in-state travel and hotel have been budgeted.												
		# of Events Attending	Position #'s of Staff Attending	Total # of Days	Total Per Diem (\$40 max/day/person)	Airfare	Hotel @ \$84 per night	Mileage (@ .50- 0.555 per mile)	Parking	Total for Network-Sponsored Travel				
		3	1,3	12	\$480	2 flights at \$400 ea. = \$800	3 nights x 2 x \$84 = \$504	735 676 miles = \$375	\$15 per day for 3 days = \$45	\$2,204.00	\$ 735	\$ 735		
											SUBTOTAL:	\$ 1,068	\$ 1,068	
F.	SUBCONTRACTORS:													
	Federal Share:													
												SUBTOTAL:		
G.	OTHER COSTS:													
	Federal Share: (Budget constructed to reflect 1/3 of total program costs.)													
	SNAP ED Reinforcement materials (plastic folders, keychains, tags @ 75 per \$4.00 each) = \$300													
	CAN ACT Membership \$75											\$ 25	\$ 25	
												\$ 25	\$ 25	
H.	INDIRECT COSTS:													
	Federal Share:													
	19.60% (in percent) of Total Direct Costs											\$ 2,602	\$ 2,602	
												SUBTOTAL:	\$ 2,602	\$ 2,602
	TOTAL					\$ 106,077	0.3799	1.33%	36.66%	\$ 15,876	\$ 15,876			

*Expenditures on nutrition education reinforcement items or promotional items must have prior CDPH approval and must comply with all State and Federal safety requirements with respect to production, including Prop 65 requirements for lead content.

SUBCONTRACTOR BUDGET JUSTIFICATION

Contractor: California Association of Food Banks

Food Share

Contract #: 10-10042

October 1, 2011 - September 30, 2012

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.										
A. PERSONNEL SALARIES:										
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery	6. Federal Share Total Dollars	7. Total Dollars		
FEDERAL SHARE POSITIONS										
1.	Name:	Fran McNeill								
	Title:	Program Director	\$ 73,534	0.0333		3.33%	\$ 2,449	\$ 2,449		
2.	Name:	Bonnie Weigel	\$ 116,588	0.0108		1.08%	\$ 1,259	\$ 1,259		
	Title:	CEO								
3.	Name:	Kristin Rupprecht	\$ 85,000	0.0067	0.67%		\$ 570	\$ 570		
	Title:	CFO								
4.	Name:	Kristy Pollard	\$ 52,347	0.0067	0.67%		\$ 351	\$ 351		
	Title:	Grants Manager								
SUBTOTAL			\$ 327,469	0.0575	1.34%	4.41%	\$ 4,629	\$ 4,629		
<p>1 Program Director - Supervisor of all programs including SNAP-Ed - monitors outcomes, procedures, staff.</p> <p>2 CEO - Overall supervision of agency including SNAP-Ed and Program Director.</p> <p>3 CFO - Accounting, payroll, Accounts Payable, grant reporting, budgeting for all programs including SNAP-Ed</p> <p>4 Grants Manager - Grant tracking and program reporting for all programs including SNAP-Ed</p>										
							Federal Share Total Dollars	Total Dollars		
B. FRINGE BENEFITS:										
Federal Share:			20% x \$4,629							
			Includes payroll taxes and medical/dental benefits at	20.00%	salaries (in percent)		\$ 926	\$ 926		
TOTAL							SUBTOTAL:	\$ 926	\$ 926	
C. OPERATING EXPENSES: <i>Operating Costs based on historical direct costs associated with SNAP-Ed contract. Actual costs will be used for quarterly invoicing.</i>										
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)										
	Utilities	\$3510 annually x .20 FTE = \$702					\$ 234	\$ 234		
	Telephone	\$1425 annually x .20 FTE = \$285					\$ 95	\$ 95		
	Office Supplies	\$750 annually x .20 FTE = \$150					\$ 50	\$ 50		
							SUBTOTAL:	\$ 379	\$ 379	
D. EQUIPMENT EXPENSES:										
Federal Share:										
							SUBTOTAL:			

SUBCONTRACTOR BUDGET JUSTIFICATION

Contractor: California Association of Food Banks

Food Share

Contract #: 10-10042

October 1, 2011 - September 30, 2012

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.															
											Federal Share Total Dollars	Total Dollars			
E.	TRAVEL AND PER DIEM:														
	Federal Share: (Budget constructed to reflect 1/3 of total program costs.)														
	Costs for travel necessary to complete NE activities in approved SOW (e.g., dropping off NE materials at partner CBOs, providing NE at various sites).														
*	Mileage for nutritionist, 1369 miles x 0.555 per mile=\$750														
	Travel for staff to attend one or more of the following in-state Network-sponsored events pertaining to Nutrition Education (SNAP-Ed): Network Statewide Conf. in N. California, Regional Collaborative Trainings or meetings, Network sponsored Skill-Based Training, CAFB sponsored SNAP-Ed Training or any relative SNAP-Ed training or meeting approved by CAFB and the Network. Because the locations of these meetings have not yet been determined, the highest rates for in-state travel and hotel have been budgeted.														
	# of Events Attending	Position #'s of Staff Attending	Total # of Days	Total Per Diem (\$40 max/day/perso n)	Airfare	Hotel @ \$84 per night	Transport to/from airport	Total for Network- Sponsored Travel							
	2	1	5	\$200	2 flights @ \$250 = \$500	2 nights @ \$84 + 1 night @ \$110 = \$278	\$25 each way, 4 trips = \$100	\$1,078.00			\$ 359	\$ 359			
	SUBTOTAL:										\$ 609	\$ 609			
F.	SUBCONTRACTORS:														
	Federal Share: (Budget constructed to reflect 1/3 of total program costs.)														
	Nutritionist - Nutritionist - \$35/hr, 375 hours = \$13,125														
	<i>Contract Nutritionist will be responsible for all programmatic aspects of the SOW including developing SNAP-Ed materials, delivering nutrition education at qualified sites and distributing SNAP-Ed materials at qualifying sites.</i>														
	SUBTOTAL:										\$ 4,375	\$ 4,375			
G.	OTHER COSTS:														
	Federal Share: (Budget constructed to reflect 1/3 of total program costs.)														
	Printing, copying for nutrition education binders, materials, recipes (.10 per copy @ 30,000)														
	Supplies for cooking demos														
	Pots: 10 @ \$12 ea. = \$120														
	Pans: 10 @ \$10 ea. = \$100														
	Miscellaneous Utensils (tongs, spatulas, spoons, strainers, etc.) = \$29														
	Food costs for cooking demos for 100 x 2.50 per person														
	Safe-Serv and other SNAP-Ed related certifications for Nutritionist														
	CANACT Membership														
	SUBTOTAL:										\$ 1,358	\$ 1,358			
H.	INDIRECT COSTS:														
	Federal Share:														
	9.29% (in percent) of Total Direct Costs														
	SUBTOTAL:										\$ 1,140	\$ 1,140			
TOTAL										\$ 327,469	0.0575	1.34%	4.41%	\$ 13,416	\$ 13,416

SUBCONTRACTOR BUDGET JUSTIFICATION

Fresh Approach

October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks
Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.									
A. PERSONNEL SALARIES:									
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery	6. Federal Share Total Dollars	7. Total Dollars		
FEDERAL SHARE POSITIONS									
1.	Name: Sarah Nelson Title: Executive Director	\$ 45,760	0.0833	8.33%		\$ 3,812	\$ 3,812		
2.	Name: Liza Ruzer Title: Community Outreach Coordinator	\$ 31,200	0.1667		16.67%	\$ 5,201	\$ 5,201		
SUBTOTAL		\$ 76,960	0.2500	8.33%	16.67%	\$ 9,013	\$ 9,013		
1 Executive Director: Will manage all Network documentation and oversee program operations and evaluation for SNAP-Ed program.									
2 Community Outreach Coordinator: Will oversee nutrition education sessions and volunteer recruitment.									
B. FRINGE BENEFITS:									
Federal Share:		25% x \$9,013							
Includes payroll taxes and medical/dental benefits at 25.00% salaries (in percent)						\$ 2,253	\$ 2,253		
SUBTOTAL:						\$ 2,253	\$ 2,253		
C. OPERATING EXPENSE Based on historical direct costs associated with SNAP-Ed contract. Actual costs will be used for quarterly invoices.									
Federal Share:		(Budget constructed to reflect 1/3 of total program costs.)							
10% of annual rent of \$95,592 x .25 FTE			= \$2,389			\$ 2,389	\$ 2,389		
10% of annual Xerox lease of \$28,800 x .25 FTE			= \$720			\$ 720	\$ 720		
10% of annual PG&E of \$3,000 x .25 FTE			= \$75			\$ 75	\$ 75		
10% of annual AT&T phone and internet costs of \$3,600 x .25 FTE			= \$90			\$ 90	\$ 90		
SUBTOTAL:						\$ 3,274	\$ 3,274		
D. EQUIPMENT EXPENSES:									
Federal Share:									
SUBTOTAL:									
E. TRAVEL AND PER DIEM:									
Federal Share:		(Budget constructed to reflect 1/3 of total program costs.)							
Costs for travel necessary to complete SNAP-Ed activities in approved SOW (e.g., dropping off SNAP-Ed materials at partner CBOs, providing SNAP-Ed at various sites, and providing SNAP-Ed workshops/clinics).									
Mileage to class sited: 4901 miles x .51 = \$2,500						\$ 833	\$ 833		
SUBTOTAL:						\$ 833	\$ 833		
F. SUBCONTRACTORS:									
Federal Share:									
SUBTOTAL:									
G. OTHER COSTS:									
Federal Share:		(Budget constructed to reflect 1/3 of total program costs.)							
Food sample costs for classes: \$2.50 per person x 15 people per class x 150 classes			= \$5,625			\$ 1,875	\$ 1,875		
SUBTOTAL:						\$ 1,875	\$ 1,875		
H. INDIRECT COSTS:									
Federal Share:		1.652% x \$17,248							
1.652% (in percent) of Total Direct Costs			\$ 17,248			\$ 285	\$ 285		
SUBTOTAL:						\$ 285	\$ 285		
TOTAL		\$ 76,960	0.25	8.33%	16.67%	\$ 17,533	\$ 17,533		

SUBCONTRACTOR BUDGET JUSTIFICATION

Fresno Metro Ministry

October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks

Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.							
A PERSONNEL SALARIES:							
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery	6. Federal Share Total Dollars	7. Total Dollars
FEDERAL SHARE POSITIONS							
1.	Name: Karen Clifton Title: Director, Hunger & Nutrition Project	\$ 54,000	0.1000		10.00%	\$ 5,400	\$ 5,400
2.	Name: Reyna Villalobos Title: Director, CCROPP Fresno Co	\$ 57,200	0.1000		10.00%	\$ 5,720	\$ 5,720
3.	Name: Bee Lee Title: Asst. Hunger & Nutrition	\$ 38,000	0.0778		7.78%	\$ 2,956	\$ 2,956
4.	Name: Deborah Boyd Title: Bookkeeper	\$ 40,000	0.0556	5.56%		\$ 2,224	\$ 2,224
5.	Name: Devoya Mayo Title: Office Manager	\$ 32,000	0.0556	5.56%		\$ 1,779	\$ 1,779
6.	Name: Tamera Pullin-Sanders Title: Asst. Office Manager	\$ 25,000	0.0556	5.56%		\$ 1,390	\$ 1,390
7.	Name: Richard P. Yanes Title: Executive Director	\$ 65,000	0.0444		4.44%	\$ 2,886	\$ 2,886
8.	Name: Socorro Gaeta Title: Outreach Specialist	\$ 17,500	0.0778		7.78%	\$ 1,362	\$ 1,362
9.	Name: Tom Mattot Title: Community Garden Manager	\$ 35,000	0.1000		10.00%	\$ 3,500	\$ 3,500
SUBTOTAL		\$ 363,700	0.6668	16.68%	50.00%	\$ 27,217	\$ 27,217
1 Director, Hunger & Nutrition Program and staff, implements programs, evaluation							
2 Director, Central CA Regional Obesity Prevention Project (CCROPP) - directs SNAP-Ed activities, partnerships at local level.							
3 Assistant Hunger & Nutrition Program - conducts community outreach and health fairs at SNAP-Ed eligible sites, maintains logs, reports.							
4 Bookkeeper - prepares SNAP-Ed Fiscal reports and time logs							
5 Office Manager - assists in preparation and distribution of SNAP-Ed approved nutrition education materials.							
6 Assistant Office Manager - prepares mailings, flyers for SNAP-Ed activities, events.							
7 Executive Director - oversees SNAP-Ed contract, participates in Network approved meetings, monitors reports.							
8 Outreach Specialist - distributes SNAP-Ed approved materials at health fairs at SNAP-Ed eligible sites, conducts community outreach.							
9 Community Garden Coordinator - Conducts SNAP-Ed activities, distributes materials at eligible Farmers Market sites and garden sites.							
						Federal Share Total Dollars	Total Dollars
B. FRINGE BENEFITS:							
Federal Share:		32% x \$27,217					
Includes payroll taxes and medical/dental benefits at		32.00%		salaries (in percent)		\$ 8,709	\$ 8,709
TOTAL						SUBTOTAL:	\$ 8,709
C. OPERATING EXPENSES:							
<i>Operating Costs prorated based on historical % FTE working on SNAP-Ed. Actual prorating percentages will be recalculated quarterly.</i>							
Federal Share:		<i>(Budget constructed to reflect 1/3 of total program costs.)</i>					
Office Rental (\$16,560 per year x .30 FTE)						\$ 1,656	\$ 1,656
Phone, ISP prorated by % FTE for positions 1-9 (\$13,500 per year x .30 FTE)						\$ 1,350	\$ 1,350
Office Supplies (6,000 per year x 30 fte)						\$ 600	\$ 600
Copying/Printing SNAP-Ed approved materials 16,000 copies @ .10 per copy						\$ 533	\$ 533
						SUBTOTAL:	\$ 4,139
D. EQUIPMENT EXPENSES:							

SUBCONTRACTOR BUDGET JUSTIFICATION

Fresno Metro Ministry

October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks

Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.															
Federal Share:										SUBTOTAL:					
E. TRAVEL AND PER DIEM:															
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)															
Costs for travel necessary to complete NE activities in approved SOW (e.g., dropping off NE materials at partner CBOs, providing NE at various sites).															
* Mileage to SNAP-Ed eligible sites @ \$0.555 cents x 4,504.5 miles = \$2,500											\$	833	\$	833	
Travel for staff to attend one or more of the following in-state Network-sponsored events pertaining to Nutrition Education (SNAP-Ed): Regional Collaborative Trainings or meetings, Network sponsored Skill-Based Training, CAFB sponsored SNAP-Ed Training or any relative SNAP-Ed training or meeting approved by CAFB and the Network.															
* Because the locations of these meetings have not yet been determined, the highest rates for in-state travel and hotel have been budgeted.															
	# of Events Attending	Position #'s of Staff Attending	Total # of Days	Total Per Diem (\$40 max/day/person)	Mileage (\$0.555/mile)	Conference Registration	Hotel	Hotel Parking	Total for Network-Sponsored Travel						
	10 (see below)*	1,2,4,6,8,9	40	\$40 x 40 = \$1,600	315.3 miles for 8 trips = \$1,400	0	10 x \$110 per night = \$1,100	10 x \$20 = \$200	\$4,300.00		\$	1,433	\$	1,433	
*4 Regional Network Meetings; 2 Network Steering Committee Meetings; 2 Network Steering Committee Executive Committee Meetings, 1 Network Local Food and Nutrition Channel Meeting.															
SUBTOTAL:										\$	2,266	\$	2,266		
										Federal Share	Total Dollars				
F. SUBCONTRACTORS:															
Federal Share:															
SUBTOTAL:															
G. OTHER COSTS:															
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)															
Interpretation equipment/translation during SNAP-Ed meetings/forums (76 SNAP-Ed forums/task groups @ \$27 per meeting)											\$2,052	\$	684	\$	684
Food tasting, demo targeting 960 SNAP-Ed eligibles at \$2.50 per person											\$2,400	\$	800	\$	800
4 press conferences to announce Nutrition Education Activities											\$2,000	\$	667	\$	667
SNAP-Ed approved nutrition education curriculum, nutrition ed resource directory targeting 2840 SNAP-Ed eligibles @ \$10/copy											\$28,400	\$	9,466	\$	9,466
Press packets detailing SNAP-Ed activities 4 press conference x 25 packets x \$10											\$1,000	\$	333	\$	333
Newsletter: quarterly prorated fro SNAP-Ed (3,000 copies x 4 x \$2.00) x 25% prorated = \$6,000 Monthly SNAP-Ed Newsletter (12 x 800 x .50 per copy=\$4,800)											\$4,800	\$	3,600	\$	3,600
Translation and Interpretation of NE materials and presentations											\$5,500	\$	1,833	\$	1,833
Transcription of SNAP-Ed meetings/forums for summary in newsletter/website 12 months x 6hrs x \$75 per hour											\$5,400	\$	1,800	\$	1,800
Website, Making Connections Resource Directory, NE Materials for 800# Food Phone line											\$3,300	\$	1,100	\$	1,100
Focus Groups: low income/key information for project and evaluation											\$2,500	\$	833	\$	833
Project evaluation (surveys and partnerships with agencies to evaluate practices and nutrition ed.											\$5,001	\$	1,667	\$	1,667
Regional Collaboration with Network and CCROPP partners in NE (attendance at both Regional Network Collaboratives)											\$2,001	\$	667	\$	667
Meeting space rental for 4 SNAP-Ed community forums per year (4 per year targeting 800 SNAP-Ed eligibles @ \$4.37625 per person											\$3,501	\$	1,167	\$	1,167
CAN-Act Membership dues											\$75	\$	25	\$	25
Meeting supplies for SNAP-Ed activities (4 SNAP-Ed community forums @ \$200/mtg + 72 SNAP-Ed task group meeting @ \$44/mtg											\$4,000	\$	1,333	\$	1,333
California Association of Food Banks Annual Member Dues											\$300	\$	100	\$	100
SUBTOTAL:										\$	26,075	\$	26,075		
H. INDIRECT COSTS:															
Federal Share:															
SUBTOTAL:															
TOTAL							\$	363,700	0.6668	16.68%	50.00%	\$	68,406	\$	68,406

SUBCONTRACTOR BUDGET JUSTIFICATION

Fresno Metro Ministry

October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks

Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.

*Expenditures on nutrition education reinforcement items or promotional items must have prior CDPH approval and must comply with all State and Federal safety requirements with respect to production, including Prop 65 requirements for lead content.

SUBCONTRACTOR BUDGET JUSTIFICATION
Imperial Valley Food Bank
October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks
 Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.											
A PERSONNEL SALARIES:											
1. Name and Position Title			2. Annual Salary	3. Total FTE a decimal	(as	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery	6. Federal Share Total Dollars	7. Total Dollars		
FEDERAL SHARE POSITIONS											
1.	Name:	Trish Ribail									
	Title:	Executive Director	\$ 36,774	0.0333		3.33%		\$ 1,225	\$ 1,225		
2.	Name:	Lucia Sanchez									
	Title:	Nut Ed. Coordinator	\$ 30,118	0.0667			6.67%	\$ 2,009	\$ 2,009		
3.	Name:	TBD									
	Title:	Nut Ed. Assistant	\$ 20,238	0.0667			6.67%	\$ 1,350	\$ 1,350		
SUBTOTAL			\$ 87,130	0.1667		3.33%	13.34%	\$ 4,584	\$ 4,584		
POSITION DESCRIPTIONS:											
1	Executive Director: Oversee the development and evaluation of all programs, and advocacy for our nutrition education work in our valley.										
2	Nut Ed Coordinator: Coordination and planning of events to provide awareness of the benefit of fruit, vegetables and physical activities to senior, elementary school students and the public in general										
3	Nutrition Ed Assistant: Provide assistance at nutritional events like health fairs, senior fairs, and presentations to organizations and USDA agencies										
								Federal Share Total Dollars	Total Dollars		
B. FRINGE BENEFITS:											
Federal Share:			10% x \$4,584								
Includes payroll taxes and medical/dental benefits at			10.00% salaries (in percent)							\$ 458	\$ 458
TOTAL								\$ 458	\$ 458		
C. OPERATING EXPENSES:											
Federal Share:			(Budget constructed to reflect 1/3 of total program costs.)								
Operating Costs prorated based on historical % FTE working on SNAP-Ed. Actual prorating percentages will be recalculated quarterly.											
Telephone (\$1840 annually x 0.125 prorating percentage based on %FTE of positions 1-3)			= \$ 230							\$ 77	\$ 77
Internet (\$1300 annually x 0.125)			= \$162							\$ 54	\$ 54
Postage (\$850 annually x 0.125)			= \$106							\$ 35	\$ 35
Office Supplies (\$7009 annually x 0.125)			= \$876							\$ 292	\$ 292
Copier Printer Ink (\$100 each x 3 per year)			= \$300							\$ 100	\$ 100
Copy Paper \$35.99 per ream x 10 per year			= \$360							\$ 120	\$ 120
SUBTOTAL:								\$ 678	\$ 678		

SUBCONTRACTOR BUDGET JUSTIFICATION
Imperial Valley Food Bank
October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks
 Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.											
										Federal Share Total Dollars	Total Dollars
D. EQUIPMENT EXPENSES:											
Federal Share:											
SUBTOTAL:											
E. TRAVEL AND PER DIEM:											
Federal Share:										(Budget constructed to reflect 1/3 of total program costs.)	
#2,3 Costs for travel necessary to complete NE activities in approved SOW (e.g., dropping off NE materials at partner CBOs, providing NE at various sites).											
615.6 miles @ 0.555 x 12 = \$4100										\$ 1,367	\$ 1,367
SUBTOTAL:										\$ 1,367	\$ 1,367
F. SUBCONTRACTORS:											
Federal Share:											
SUBTOTAL:											
G. OTHER COSTS:											
Federal Share:										(Budget constructed to reflect 1/3 of total program costs.)	
CAN-Act Membership dues											
										\$ 25	\$ 25
SUBTOTAL:										\$ 25	\$ 25
H. INDIRECT COSTS:											
Federal Share:											
12.00% (in percent) of Total Salaries and Fringe										\$ 605	\$ 605
\$5,042 x 12%										\$ 605	\$ 605
SUBTOTAL:										\$ 605	\$ 605
TOTAL										\$ 87,130	\$ 7,717
										0.1667	3.33%
										13.34%	\$ 7,717

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.

A

PERSONNEL SALARIES:

1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery	6. State Share Total Dollars	6. Federal Share Total Dollars	7. Total Dollars
STATE SHARE POSITIONS								
1.	Name: Maricelle Ranola Title: Nutrition Director	\$ 58,417	0.3333	0.00%	33.33%	\$ 19,470		\$ 19,470
2.	Name: Yesenia Vasquez Title: Child & Nutrition Programs Specialist	\$ 38,938	0.0333	0.00%	3.33%	\$ 1,297		\$ 1,297
3.	Name: Tamanna Majed Title: Child & Nutrition Programs Specialist	\$ 34,611	0.0337	0.00%	3.37%	\$ 1,166		\$ 1,166
FEDERAL SHARE POSITIONS								
1.	Name: Maricelle Ranola Title: Nutrition Director	\$ 58,417	0.1667	0.00%	16.67%		\$ 9,738	\$ 9,738
2.	Name: Yesenia Vasquez Title: Child & Nutrition Programs Specialist	\$ 38,938	0.0167	0.00%	1.67%		\$ 650	\$ 650
3.	Name: Tamanna Majed Title: Child & Nutrition Programs Specialist	\$ 34,611	0.0167	0.00%	1.67%		\$ 578	\$ 578
SUBTOTAL		\$ 131,966	0.2000	0.00%	20.01%	\$ 21,933	\$ 10,966	\$ 10,966

1 Nutrition Director: Oversight of Foodbank's Nutrition Education program including Nutrition Education to agencies and the Foodbank team

2 Child & Nutrition Programs Specialist: Technical and program maintenance for the Nutrition Education program.

3 Child & Nutrition Programs Specialist: Technical and program maintenance for the Nutrition Education program.

State Share Total Dollars	Federal Share Total Dollars	Total Dollars
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B. FRINGE BENEFITS:

State Share: Includes payroll taxes and medical/dental benefits at 23.00% salaries (in percent)
Federal Share: Includes payroll taxes and medical/dental benefits at 23.00% salaries (in percent)
TOTAL

\$ 5,045		\$ 5,045
	\$ 2,522	\$ 2,522
SUBTOTAL:	\$ 5,045	\$ 2,522

C. OPERATING EXPENSES:

State Share:
Federal Share:

\$ -		\$ -
SUBTOTAL:	\$ -	

D. EQUIPMENT EXPENSES:

State Share:
Federal Share:

\$ -		\$ -
SUBTOTAL:	\$ -	

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E. TRAVEL AND PER DIEM:

Costs for travel necessary to complete NE activities in approved SOW (e.g., dropping off NE materials at partner CBOs, providing NE at various sites).

State Share:

* Mileage for all nutrition education related events, meetings, and site visits (4800 miles x .50 per mile) = \$2400 x 0.6666 \$ 1,600 \$ 1,600
 * Travel for staff to attend one or more of the following in-state Network-sponsored events pertaining to Nutrition Education (SNAP-Ed):

# of Events Attending	Position #'s of Staff Attending	Total # of Days	Total Per Diem (\$40 max/day/person)	Airfare	Hotel @ \$84 per night	Total for Network-Sponsored Travel
2	1,2 and 3	12	\$480	6 flights @ \$200 = \$1200	4 nights x 3 staff x \$84 = \$1008	\$2,688.00

x 0.6666 \$ 1,792 \$ 1,792

* All State Share figures are calculated at 66.66% of total expenses; all Federal Share figures at 33.33% of total expenses

- * Travel to Feeding America Nutrition Conf. included pending Network review of allowability and agenda for prorating.
- Flight to Feeding America Nutrition Conference 2 staff x \$350 per flight = \$700
- Hotel for Feeding America Nutrition Conference 2 staff x \$110 per night x 3 nights = \$660
- Per Diem for Feeding America Nutrition Conference - 3 days x 2 staff @ \$40 per day

Federal Share: (Budget constructed to reflect 1/3 of total program costs.)

- * Mileage for all nutrition education related events, meetings and site visits: 4324 x 0.555 x .3333

- * Travel for staff to attend one or more of the following in-state Network-sponsored events pertaining to Nutrition Education (SNAP-Ed):

# of Events Attending	Position #'s of Staff Attending	Total # of Days	Total Per Diem (\$40 max/day/person)	Airfare	Hotel @ \$84 per night	Total for Network-Sponsored Travel
4	1,2 and 3	24	\$960	12 flights @ \$193.25 ea = \$2319	4 nights x 3 staff x \$84 = \$1008	\$4,287

State Share Total Dollars	Federal Share Total Dollars	Total Dollars
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		\$ -
x 0.6666	\$ 467	\$ 467
x 0.6666	\$ 440	\$ 440
x 0.6666	\$ 160	\$ 160
	\$ 800	\$ 800

	\$ 1,429	\$ 1,429
	\$ -	\$ -
SUBTOTAL:	\$ 4,459	\$ 2,229

F. SUBCONTRACTORS:

State Share:

Federal Share:

	\$ -	\$ -
SUBTOTAL:	\$ -	\$ -

G. OTHER COSTS:

State Share:

Nutrition Olympics For a Kids Café Site (materials for games with a nutrition education message)	= \$300	x 0.6666	\$	200	\$	200
ServSafe food safety classes for agencies providing SNAP-Ed related food tastings (3 classes per year, 11 people per class x apprx \$103 per person)	= \$3400	x 0.6666	\$	2,266	\$	2,266
Agency Relations Conference Nutrition Track Materials (annual agency conference held by LARFB)	= \$249	x 0.6666	\$	166	\$	166
LARFB Food Bank Staff Health Fair (80 staff x approx \$2.50 per person for materials, tas = \$201)	= \$201	x 0.6666	\$	134	\$	134
Quarterly Nutrition Education Newsletter to agency network (4 a year x \$3 per newsletter x 30 = \$3600)	= \$3600	x 0.6666	\$	2,400	\$	2,400
CAN ACT Membership	= \$75	x 0.6666	\$	50	\$	50

Federal Share: (Budget constructed to reflect 1/3 of total program costs.)

Nutrition Olympics For a Kids Café Site (materials for games with a nutrition education message)	= \$300		\$	100	\$	100
ServSafe food safety classes for agencies providing SNAP-Ed related food tastings (3 classes per year, 11 people per class x apprx \$103 per person)	= \$3,400		\$	1,133	\$	1,133
Agency Relations Conference Nutrition Track Materials (annual agency conference held by LARFB)	= \$249		\$	83	\$	83
LARFB Food Bank Staff Health Fair (80 staff x approx \$2.50 per person for materials, tas = \$201)	= \$201		\$	67	\$	67
Quarterly Nutrition Education Newsletter to agency network (4 a year x \$3 per newsletter x 30 = \$3,600)	= \$3,600		\$	1,200	\$	1,200
CAN ACT Membership	= \$75		\$	25	\$	25

SUBTOTAL:

\$ 5,216	\$ 2,608	\$ 2,608
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H. INDIRECT COSTS:

State Share:

\$ -

Federal Share:

TOTAL

SUBTOTAL:

\$ 131,966	0.2000	0.00%	20.01%	\$ 36,653	\$ 18,325	\$ 18,325
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SUBCONTRACTOR BUDGET JUSTIFICATION
Neighborhood Parks Council (Urban Sprouts)
October 1, 2011 to September 30, 2012

Contractor: California Association of Food Banks
 Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.

A	PERSONNEL SALARIES:							
	1. Name and Position Title	2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery	6. Federal Share Total Dollars	7. Total Dollars	
	FEDERAL SHARE POSITIONS							
1.	Name: Maggie Guerra Title: Operations Manager	\$ 52,000	0.0833	8.33%		\$ 4,332	\$ 4,332	
2.	Name: Abby Jaramillo Title: Project Director	\$ 52,000	0.0833		8.33%	\$ 4,332	\$ 4,332	
3.	Name: Adriani Leon Title: Nutrition Educator	\$ 40,913	0.1667		16.67%	\$ 6,820	\$ 6,820	
4.	Name: Wendy Landerholm Title: Nutrition Educator	\$ 25,000	0.2667		26.67%	\$ 6,668	\$ 6,668	
5.	Name: Audrey Roderick Title: Program Manager	\$ 49,920	0.0833		8.33%	\$ 4,158	\$ 4,158	
	SUBTOTAL	\$ 219,833	0.6833	8.33%	60.00%	\$ 26,310	\$ 26,310	
1	Operations Manager: Performs administrative duties including processing reimbursements, payroll, invoices, and payments related to nutrition education programs							
2	Project Director: Adminstrates and directs nutrition education programs and supervises all staff.							
3	Nutrition Educator: Provides garden-based nutrition education at school sites.							
4	Nutrition Educator: Provides garden-based nutrition education at school sites.							
5	Program Manager: Coordinates outreach, supplies, and donations for nutrition education workshops.							
						Federal Share Total Dollars	Total Dollars	
B.	FRINGE BENEFITS:							
	Federal Share:						15% x \$26,310	
	Includes payroll taxes and medical/dental benefits at					salaries (in percent)	\$ 3,947	\$ 3,947
	TOTAL						SUBTOTAL:	\$ 3,947
C.	OPERATING EXPENSES:							
	Federal Share: (Budget constructed to reflect 1/3 of total program costs.)							
	Operating Costs prorated based on historical % FTE working on SNAP-Ed Actual prorating percentages will be recalculated quarterly.							
	Office Supplies (\$550 per year x 61.18%)	= \$336				\$ 112	\$ 112	
	Internet (\$642 per year x 61.18%)	= \$393				\$ 131	\$ 131	
	Telephone (\$480 per year x 61.18%)	= \$294				\$ 98	\$ 98	
	Printing & Copying (\$500 per year x 61.18%)	= \$306				\$ 102	\$ 102	
	Postage (\$500 per year x 61.18%)	= \$306				\$ 102	\$ 102	
	Rent (\$6,000 per year x 61.18%)	= \$3,671				\$ 1,224	\$ 1,224	
	Website posting of SNAP-ED Materials (\$225 per year x 61.18%)	= \$138				\$ 46	\$ 46	
	Recruitment & Hiring (\$199 for the hiring of a .8 FTE dedicated to SNAP-Ed work.) = \$199 x 0.8					\$ 53	\$ 53	
						SUBTOTAL:	\$ 1,868	
D.	EQUIPMENT EXPENSES:							
	Federal Share:							
						SUBTOTAL:		

SUBCONTRACTOR BUDGET JUSTIFICATION
Neighborhood Parks Council (Urban Sprouts)
October 1, 2011 to September 30, 2012

Contractor: California Association of Food Banks
 Contract #: 10-10042

** This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.*

										Federal Share Total Dollars	Total Dollars		
E. TRAVEL AND PER DIEM:													
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)													
Costs for travel necessary to complete NE activities in approved SOW (e.g., dropping off NE materials at partner CBOs, providing NE at various sites).													
Local Mileage													
* Nutrition Educators - 20 hauling trips per site per year (80 total), 9 miles round trip @ \$0.555/mile										\$ 133	\$ 133		
* Program Director - 1 administrative or supervisory meeting per week, 40 wks: 7.16 miles round trip @ \$0.555/mile x 40 = \$159										\$ 53	\$ 53		
Travel for staff to attend one or more of the following in-state Network-sponsored events pertaining to Nutrition Education (SNAP-Ed): Network Statewide Conf. in N. California, Regional Collaborative Trainings or meetings, Network sponsored Skill-Based Training, CAFB sponsored SNAP-Ed Training or any relative SNAP-Ed training or meeting approved by CAFB and the Network. Because the locations of these meetings have not yet been determined, the highest rates for in-state travel and hotel have been budgeted.													
	# of Events Attending	Position #'s of Staff Attending	Total # of Days	Total Per Diem (\$40 max/day/person)	Mileage \$0.555 per mile	Conference reg	Total for Network-Sponsored Travel						
	1,2,3 and 4		6	\$240	2 vehicles x 177 miles per \$.51 = \$180.54	\$0	\$756.00					\$ 252	\$ 252
										SUBTOTAL:	\$ 438	\$ 438	
F. SUBCONTRACTORS:													
Federal Share:													
										SUBTOTAL:			
G. OTHER COSTS:													
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)													
Food and supplies for tastings: 30 classes, 15 tastings per class per year @ \$10 per class. (not to exceed \$2.50/person/class)										\$4,500	\$ 1,500	\$ 1,500	
Cooking stations and equipment - gas cooking burners (2 @ \$30), butane gas canisters (2 @ \$11), woks (2 @ \$13), stirring spoons (3 @ \$2.50), salad spinners (2 @ \$10), harvest bowls (3 @ \$13), knives (12 @ \$5), cutting boards (5 @ \$5) plus tax = \$285											\$ 95	\$ 95	
CAN- ACT Membership = \$75											\$ 25	\$ 25	
California Associate of Food Banks Annual Member Fee = \$300											\$ 100	\$ 100	
										SUBTOTAL:	\$ 1,720	\$ 1,720	
H. INDIRECT COSTS:													
Federal Share:													
11.11% (in percent) of Total Direct Costs										\$ 34,283	x .1111	\$ 3,809	\$ 3,809
										SUBTOTAL:	\$ 3,809	\$ 3,809	
TOTAL				\$ 219,833	0.6833	8.33%	60.00%	\$ 38,092	\$ 38,092				

SUBCONTRACTOR BUDGET JUSTIFICATION

Contractor: California Association of Food Banks

Next Course

Contract #:10-10042

October 1, 2011 - September 30, 2012

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.

A PERSONNEL SALARIES:							
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery	6. Federal Share Total Dollars	7. Total Dollars
FEDERAL SHARE POSITIONS							
1.	Name: Michelle McKenzie Title: Project Coordinator	\$ 54,080	0.1633		16.33%	\$ 8,831	\$ 8,831
4 2.	Name: Su-Wun Harris Title: Project Assistant	\$ 52,000	0.0321		3.21%	\$ 1,669	\$ 1,669
3.	Name: Kimberly Cuddy Title: Project Assistant	\$ 47,840	0.0333		3.33%	\$ 1,593	\$ 1,593
4.	Name: To be filled Title: Project Assistant	\$ 20,800	0.0517		5.17%	\$ 1,076	\$ 1,076
5.	Name: Susie White Title: Administrator	\$ 68,250	0.0817	8.17%		\$ 5,576	\$ 5,576
SUBTOTAL		\$ 242,970	0.3621	8.17%	28.04%	\$ 18,745	\$ 18,745
1	Project Coordinator - Coordinates project staff and nutrition education activities, plans and implements nutrition education and events						
2	Project Assistant - Provides nutrition education for individuals and groups under direction of the Project Coordinator						
3	Administrator - Administers nutrition education contract, budget, reporting, implements evaluation and supervises project staff						
						Federal Share Total Dollars	Total Dollars
B. FRINGE BENEFITS:							
Federal Share:		9.75% x \$18,745					
Includes payroll taxes and medical/dental benefits at		9.75% salaries (in percent)					
						SUBTOTAL:	\$ 1,828
						\$ 1,828	\$ 1,828
C. OPERATING EXPENSES:							
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)							
<i>Direct annual program expenses include:</i>							
General Office Supplies		\$399				\$ 133	\$ 133
Copies (7500 x .05 per copy)		\$375				\$ 125	\$ 125
Phone prorated by % FTE for positions 1-5 (\$40 x 12 months = \$480)		\$480				\$ 160	\$ 160
Per written agreement with fiscal sponsor, Trust for Conservation Innovation: 12% charged on Nextcourse revenues: \$70,866.10 (calculated on all other direct costs) = \$8,504						\$ 2,834	\$ 2,834
						SUBTOTAL:	\$ 3,252
						\$ 3,252	\$ 3,252

SUBCONTRACTOR BUDGET JUSTIFICATION

Contractor: California Association of Food Banks

Next Course

Contract #:10-10042

October 1, 2011 - September 30, 2012

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.										Federal Share Total Dollars	Total Dollars				
D. EQUIPMENT EXPENSES:															
Federal Share:															
										SUBTOTAL:					
E. TRAVEL AND PER DIEM:															
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)															
Costs for travel necessary to complete NE activities in approved SOW (i.e. dropping off NE materials at partner CBOs, providing NE at various sites).															
Travel for staff to attend one or more of the following in-state Network-sponsored events pertaining to Nutrition Education (SNAP-Ed): Network Statewide Conf. in N. California, Regional Collaborative Trainings or meetings, Network sponsored Skill-Based Training, CAFB sponsored SNAP-Ed Training or any relative SNAP-Ed training or meeting approved by CAFB and the Network. Because the locations of these meetings have not yet been determined, the highest rates for in-state travel and hotel have been budgeted.															
	# of Events Attending	Position #s of Staff Attending	Total # of Days	Total Per Diem (\$40 max/day/person)	Mileage	Hotel @ \$110 per night	Total for Network-Sponsored Travel								
	1	1	4	\$160	180 miles @ \$0.55= \$100	3 nights @ \$110 = \$330	\$590.00				\$ 197	\$ 197			
										SUBTOTAL:	\$ 197	\$ 197			
F. SUBCONTRACTORS:															
Federal Share:															
										SUBTOTAL:					
G. OTHER COSTS:															
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)															
Tasting/demo food costs for 1600 x \$2.50 per person, per tasting -										\$4,000	\$ 1,333	\$ 1,333			
Peer Leader Nutrition Education Training/activity fees (\$25 x 40 weeks)										\$1,000	\$ 333	\$ 333			
Farm/Farmers Market based Nutrition Education events (84 students x \$20 activity fee)										\$1,680	\$ 560	\$ 560			
Cooking Supplies and Utensils -										\$750	\$ 250	\$ 250			
Pots: 12 @ \$15 = \$180															
Pans: 12 @ \$15 = \$180															
Bowls for mixing (multiple sizes) 18 @ \$5 = \$90															
Portable Electric Burners: 4 @ \$40 = \$160															
Napkins: 3200 @ \$0.02 each = \$64															
Miscellaneous Utensils (tongs, spatulas, spoons, strainers, etc.) = \$76															
CAN ACT Membership										\$75	\$ 25	\$ 25			
California Association of Food Banks Annual Member Dues										\$300	\$ 100	\$ 100			
										SUBTOTAL:	\$ 2,601	\$ 2,601			
H. INDIRECT COSTS:															
Federal Share:										11.7% x \$26,623					
11.70% (in percent) of Total Direct Costs										\$ 26,623	\$ 3,115	\$ 3,115			
										SUBTOTAL:	\$ 3,115	\$ 3,115			
TOTAL										\$ 242,970	0.3621	8.17%	28.04%	\$ 29,738	\$ 29,738

SUBCONTRACTOR BUDGET JUSTIFICATION
People's Grocery
October 1, 2011 to September 30, 2012

Contractor: California Association of Food Banks
 Contract #:10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.

A PERSONNEL SALARIES:										
		1. Name and Position Title	2. Annual Salary	3. Total FTE (as decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery	6. Federal Share Total Dollars	7. Total Dollars		
FEDERAL SHARE POSITIONS										
1.	Name:	Diana Abellera								
	Title:	Education Director	\$ 45,000	0.1000	0.00%	10.00%	\$ 4,500	\$ 4,500		
2.	Name:	Erica Torrence								
	Title:	Outreach Coordinator	\$ 37,000	0.1000	0.00%	10.00%	\$ 3,700	\$ 3,700		
3.	Name:	Vigi Molfino								
	Title:	Cooking Instructor	\$ 35,000	0.1000	0.00%	10.00%	\$ 3,500	\$ 3,500		
4.	Name:	Geralina Fortier								
	Title:	Grub Box Manager	\$ 32,000	0.1667	0.00%	16.67%	\$ 5,334	\$ 5,334		
5.	Name:	Dannae Washington								
	Title:	Program Assistant	\$ 24,960	0.1667	0.00%	16.67%	\$ 4,161	\$ 4,161		
6.	Name:	To be filled								
	Title:	Program Assistant	\$ 24,960	0.0833	0.00%	8.33%	\$ 2,079	\$ 2,079		
SUBTOTAL			\$ 198,920	0.7167	0.00%	71.67%	\$ 23,274	\$ 23,274		
1	Education Director oversees nutrition education programs development and implementation, and ,maintains and manages contracts.									
2	Outreach Coordinator recruits program participants, delivers and promotes nutrition education.									
3	Cooking Instructor delivers nutrition education classes to SNAP-Ed eligible children, youth, and adults.									
4	Grub Box Manager delivers nutrition education, conducts outreach, and handles administrative work of grub box program.									
5-6	Program Assistants support the delivery and promotion of nutrition education to SNAP-Ed eligible children, youth, and adults.									
							Federal Share Total Dollars	Total Dollars		
B. FRINGE BENEFITS:										
Federal Share:										
			16% x \$23,274							
Includes payroll taxes and medical/dental benefits at			16.00% salaries (in percent)							
							\$ 3,724	\$ 3,724		
TOTAL							SUBTOTAL:	\$ 3,724	\$ 3,724	

SUBCONTRACTOR BUDGET JUSTIFICATION
People's Grocery
October 1, 2011 to September 30, 2012

Contractor: California Association of Food Banks
 Contract #:10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.														
C.	OPERATING EXPENSES:													
	Federal Share: (Budget constructed to reflect 1/3 of total program costs.)													
	Rent - Cooking Class Kitchen x \$30 a hour x (2 hrs prep/clean up + 3 hrs class) x 4 classes a month x 12 months = \$7,200							\$	2,400	\$ 2,400				
	Prorated 19.23% of \$29,983.07 for all shared operating costs based on previous year expenditures = \$5766 (includes printing, postage, utilities, liability expenses, etc.)							\$	1,922	\$ 1,922				
	SUBTOTAL:							\$	4,322	\$ 4,322				
D.	EQUIPMENT EXPENSES:													
	Federal Share:													
	SUBTOTAL:													
E.	TRAVEL AND PER DIEM:													
	<i>Costs for travel necessary to complete SNAP-Ed activities in approved SOW (e.g., dropping off SNAP-Ed materials at partner CBOs, providing SNAP-Ed at various sites, and providing SNAP-Ed workshops/clinics).</i>													
	Federal Share: (Budget constructed to reflect 1/3 of total program costs.)													
	Outreach coordinator's mileage (135 miles) at \$.555/mi = \$75							\$	25	\$ 25				
	Travel to attend CAFB meetings- Assuming meeting is in Sacramento, 146 miles RT at \$0.555/mile = \$81.03							\$	27	\$ 27				
	Cooking Instructor Mileage- \$.555/mi. for 9.04mi/wk for 52 weeks							\$	87	\$ 87				
	SUBTOTAL:							\$	139	\$ 139				
F.	SUBCONTRACTORS:													
	Federal Share: (Budget constructed to reflect 1/3 of total program costs.)													
	Written and Oral Translation (\$30/hr for 50 hours) = \$1,500							\$	500	\$ 500				
	Community HAND extra pay (120 demos @ \$100 each) = \$12,000							\$	4,000	\$ 4,000				
	SUBTOTAL:							\$	4,500	\$ 4,500				
G.	OTHER COSTS:													
	Federal Share: (Budget constructed to reflect 1/3 of total program costs.)													
	Cooking Classes food (72 cooking classes at 8 people each, \$2.50 per person) = \$1,440							\$	480	\$ 480				
	"Community HANDS" promotional events food demos (120 demos at 15 people each, \$2.50 per person) = \$4,500							\$	1,500	\$ 1,500				
	"Grub Party" promotional events food demos (3 events at 50 people each, \$2.50) = \$375							\$	125	\$ 125				
	Festival promotional events food demos (300 people at \$2.50 each) = \$750							\$	250	\$ 250				
	SUBTOTAL:							\$	2,355	\$ 2,355				
H.	INDIRECT COSTS:													
	Federal Share:													
	23% (in percent) of Total Direct Costs							\$	8,812	\$ 8,812				
	SUBTOTAL:							\$	8,812	\$ 8,812				
TOTAL							\$	198,920	0.7167	0.00%	71.67%	\$	47,126	\$ 47,126

SUBCONTRACTOR BUDGET JUSTIFICATION

Contractor: California Association of Food Banks

Redwood Empire Food Banks

Contract #:10-10042

October 1, 2011 - September 30, 2012

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.										
A PERSONNEL SALARIES:										
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery	6. Federal Share Total Dollars	7. Total Dollars		
FEDERAL SHARE POSITIONS										
1.	Name:	Gail Atkins								
	Title:	Director of Programs	\$ 70,000	0.0167		1.67%	\$ 1,169	\$ 1,169		
2.	Name:	TBD								
	Title:	Programs Manager	\$ 50,000	0.0500		5.00%	\$ 2,500	\$ 2,500		
3.	Name:	Itzul Gutierrez								
	Title:	Programs Coordinator	\$ 33,696	0.0500		5.00%	\$ 1,685	\$ 1,685		
4.	Name:	Juana Renovato								
	Title:	Programs Coordinator	\$ 34,135	0.0500		5.00%	\$ 1,707	\$ 1,707		
5.	Name:	Jill Barron								
	Title:	Programs Coordinator	\$ 45,614	0.0167		1.67%	\$ 762	\$ 762		
6.	Name:	Jackie Klamt								
	Title:	Agency Relations Coordinator	\$ 40,098	0.0167		1.67%	\$ 670	\$ 670		
7.	Name:	Alfonso Alarcon								
	Title:	Harvest Pantry Coordinator	\$ 35,456	0.1667		16.67%	\$ 5,911	\$ 5,911		
8.	Name:	Paul Robinson								
	Title:	Business Manager	\$ 60,000	0.0100	1.00%		\$ 600	\$ 600		
SUBTOTAL			\$ 368,999	0.3768	1.00%	36.68%	\$ 15,004	\$ 15,004		
Position Descriptions										
1	Director of Programs: Oversees all aspects of nutrition activities; interacts with community,									
2	Programs Manager: Helps design, develop and oversee delivery of nutrition activities.									
3-5	Programs Coordinators: Assist with development and delivery of bilingual nutrition education classes and other educational activities; organizes nutrition activities at summer feeding sites.									
7	Harvest Pantry Coordinator: Researches, develops and delivers bilingual education classes daily.									
6	Agency Relations Coordinator: Organizes nutrition education, food safety classes and activities with member agencies.									
8	Business Manager: Ensures the fiscal accountability of food bank programs including reporting.									
							Federal Share Total Dollars	Total Dollars		
B. FRINGE BENEFITS:										
	Federal Share:									
	Includes payroll taxes and medical/dental benefits at		19.48%	salaries (in percent)			\$ 2,923	\$ 2,923		
TOTAL							SUBTOTAL:	\$ 2,923	\$ 2,923	

SUBCONTRACTOR BUDGET JUSTIFICATION

Contractor: California Association of Food Banks

Redwood Empire Food Banks

Contract #:10-10042

October 1, 2011 - September 30, 2012

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.										
									Federal Share	Total Dollars
									Total Dollars	Total Dollars
C. OPERATING COSTS										
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)										
Printing of existing nutrition education materials (40,000 copies x \$.09) = \$3600									\$ 1,200	\$ 1,200
Office supplies (supplies, telephone, internet, programs misc. calculated at \$66,038 x .0053% of functional allocation) = \$350									\$ 117	\$ 117
SUBTOTAL:									\$ 1,317	\$ 1,317
D. EQUIPMENT EXPENSES:										
Federal Share:										
SUBTOTAL:										
E. TRAVEL AND PER DIEM:										
<i>Costs for travel necessary to complete NE activities in approved SOW (i.e. dropping off NE materials at partner CBOs, providing NE at various sites)</i>										
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)										
Mileage to nutrition education sites @.555 x 8,919 miles = \$4,950									\$ 1,650	\$ 1,650
SUBTOTAL:									\$ 1,650	\$ 1,650
F. SUBCONTRACTORS:										
Federal Share:										
SUBTOTAL:										
G. OTHER COSTS:										
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)										
Food Safety Certification for 3 staff members = \$150 x 3 = \$450									\$ 150	\$ 150
Fruit & Vegetable Tastings not to exceed \$2.50/person including supplies like napkins, plates, utensils x 1000									\$2,500	\$ 833
CAN Act membership									\$75	\$ 25
SUBTOTAL:									#REF!	#REF!
H. INDIRECT COSTS:										
Federal Share:										
7.25% (in percent) of Total Salaries and Fringe									\$ 17,927	\$ 1,300
									x .0725	\$ 1,300
SUBTOTAL:									\$ 1,300	\$ 1,300
TOTAL									\$ 368,999	0.3768
									1.00%	36.68%
									#REF!	#REF!

*Expenditures on nutrition education material must have prior CDPH approval and must comply with all State and Federal safety requirements with respect to production, including Prop 65 requirements for lead content.

SUBCONTRACTOR BUDGET JUSTIFICATION
San Francisco Food Bank
October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks
 Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.									
A PERSONNEL SALARIES:									
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery	6. Federal Share Total Dollars	7. Total Dollars		
FEDERAL SHARE POSITIONS									
1.	Name: to be filled Title: Program Manager	\$ 52,500	0.0133	0.00%	1.33%	\$ 698	\$	698	
2.	Name: to be filled Title: Program Manager	\$ 59,000	0.0200	0.00%	2.00%	\$ 1,180	\$	1,180	
3.	Name: to be filled Title: Senior Program Coordinator	\$ 43,000	0.0200	0.00%	2.00%	\$ 860	\$	860	
SUBTOTAL		\$ 154,500	0.0533	0.00%	5.33%	\$ 2,738	\$	2,738	
1	Program Manager 1 leads pantry tech and outreach, is responsible for developing workgroups to define best practices, and manages programming in one neighborhood. This staff member will be responsible for coordinating the Leah's Pantry Seminars, as well as for developing and implementing the Shop Floor CHOP Education.								
2	Programs Manager 2 manages nutrition programming and evaluation efforts. This staff member will provide oversight to the cooking cart promotional events and will work with the Nutrition Educator on the 3 different trainings and additional consultation needs.								
3	Senior Program Coordinator manages programming in six neighborhoods and oversees Agency Relations and Food Safety. This staff member will be in charge of the Food Safety Trainings and the cooking cart promotional events.								
						Federal Share Total Dollars	Total Dollars		
B. FRINGE BENEFITS:									
Federal Share:		24% x \$2,738							
Includes payroll taxes and medical/dental benefits at		24.00%	salaries (in percent)			\$ 657	\$	657	
TOTAL						SUBTOTAL:	\$ 657	\$	657
C. OPERATING EXPENSES:									
Federal Share:									
						SUBTOTAL:			
D. EQUIPMENT EXPENSES:									
Federal Share:									
						SUBTOTAL:			
E. TRAVEL AND PER DIEM:									
Federal Share:									
						SUBTOTAL:			

SUBCONTRACTOR BUDGET JUSTIFICATION
San Francisco Food Bank
October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks
 Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.														
										Federal Share Total Dollars	Total Dollars			
F. SUBCONTRACTORS:														
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)														
SNAP-Ed nutrition education instructors providing activities to SNAP-Ed students @ \$25.011 per hour x 142 hours= approx \$3552										\$ 1,184	\$ 1,184			
Accounting and bookkeeping subcontractors for SNAP-Ed activities @ \$50 per hour x 70 hours = \$3500										\$ 1,167	\$ 1,167			
SNAP-Ed approved nutrition education training toolkit developed for food bank pantries and volunteers (workbook, resource guide) \$75 per hour x 33 hours = \$2,475										\$ 825	\$ 825			
Registered Dietitian consultant @ \$50 per hour x 51 hours = \$2,550										\$ 850	\$ 850			
Translations services for pantry meetings, seminars for SNAP-Ed training @ \$25.11 per hour x 32.5 hours = \$816										\$ 272	\$ 272			
SUBTOTAL:										\$ 4,298	\$ 4,298			
G. OTHER COSTS:														
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)														
Cooking Cart- Replacement Supplies = \$249										\$ 83	\$ 83			
Food Demos at SNAP-ED approved sites @ \$2.50 each x 1,120 = \$2,800										\$ 933	\$ 933			
Staff training in food safety @ \$100 per person x 15 staff = \$1,500										\$ 500	\$ 500			
SNAP-Ed training visuals for training (charts, nutrition resources) \$300										\$ 100	\$ 100			
										\$ 1,616	\$ 1,616			
H. INDIRECT COSTS:														
Federal Share:														
										SUBTOTAL:				
TOTAL										\$ 154,500	0.0533	0.00%	\$ 9,309	\$ 9,309

*Expenditures on nutrition education reinforcement items or promotional items must have prior CDPH approval and must comply with all State and Federal safety requirements with respect to production, including Prop 65 requirements for lead content.

SUBCONTRACTOR BUDGET JUSTIFICATION
2nd Harvest Food Bank of Santa Clara - SMC
October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks
 Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.

PERSONNEL SALARIES:														
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery	6. Federal Share Total Dollars	7. Total Dollars						
FEDERAL SHARE POSITIONS														
1.	Name:	Alan Roth												
	Title:	Nutrition Program Manager	\$ 70,805	0.3333		33.33%	\$ 23,599	\$ 23,599						
2.	Name:	Madoka Gaspar												
	Title:	Community Nutritionist	\$ 53,045	0.3333		33.33%	\$ 17,680	\$ 17,680						
3.	Name:	Janet Leader												
	Title:	Director of Program Planning & Eval	\$ 82,400	0.0667		6.67%	\$ 5,496	\$ 5,496						
4.	Name:	Mark Kokoletsos												
	Title:	Agency Relations Manager	\$ 63,860	0.1167		11.67%	\$ 7,452	\$ 7,452						
5.	Name:	Shirley Chang												
	Title:	Agency Relations Manager	\$ 63,860	0.1167		11.67%	\$ 7,452	\$ 7,452						
6.	Name:	Christine Iverson												
	Title:	Agency Relations Manager	\$ 55,723	0.1000		10.00%	\$ 5,572	\$ 5,572						
7.	Name:	Oswaldo Maldonado												
	Title:	Community Programs Manager	\$ 62,830	0.0033		0.33%	\$ 207	\$ 207						
8.	Name:	Tracy Huynh												
	Title:	Community Programs Coordinator	\$ 48,867	0.0033		0.33%	\$ 161	\$ 161						
9.	Name:	Class A Driver												
	Title:	Produce Mobile Driver	\$ 38,114	0.2167		21.67%	\$ 8,259	\$ 8,259						
10.	Name:	Tina Andrews												
	Title:	Staff Accountant	\$ 60,047	0.0167	1.67%		\$ 1,003	\$ 1,003						
SUBTOTAL			\$ 599,551	1.3067	1.67%	129.00%	\$ 76,881	\$ 76,881						
	1 Nutrition Program Manager: Oversee all nutrition education and food safety		activities and monitors delivery sites and oversees SNAP-ED activities at sites											
	2 Community Nutritionist: Oversee nutrition education classes and one-on-one consultations for partner agencies													
	3 Director of Program Planning & Evaluation: Oversee all nutrition education activities, attend community planning sessions		develop new programs and interventions and ensure appropriate tracking and evaluation.											
	4-6 Agency Relations Managers: Work one-on-one with food bank member agency staff and volunteers educating them about food		safety and nutrition education. Coordinate Produce Mobile Nutrition Education program. Trains volunteers at SNAP-ED activities sites and agencies for SNAP-ED messaging and food safety											
	7 Community Program Manager: Translates newsletters and other nutrition education materials into Spanish and Vietnamese.													
	8 Community Program Coordinator: Translates newsletters and other nutrition education materials into Vietnamese													
	9 Produce Mobile Driver: Coordinate distribution of fresh fruits and vegetables and reinforcement materials to low-income clients													
	10 Staff Accountant: Track actual expenses spent on nutrition education and report on a quarterly basis. Prepare for and facilitate desk review or fiscal visit, as requested.													
							Federal Share Total Dollars	Total Dollars						
B. FRINGE BENEFITS:														
	Federal Share:		28% x \$76,881											
	Includes payroll taxes and medical/dental benefits at		28.00% salaries (in percent)											
	TOTAL						\$ 21,527	\$ 21,527						
C. OPERATING EXPENSES:														
	Federal Share:		(Budget constructed to reflect 1/3 of total program costs.)											
	Copying SNAP-ED approved newsletter for Senior Brown Bag (128,017 copies x 0.06 = approx \$7,681)				\$7,681		\$ 2,560	\$ 2,560						
	Copying SNAP-ED approved newsletter for Family Harvest newsletter for emergency food				\$3,840		\$ 1,280	\$ 1,280						
	distributions (64,000 copies x 0.06 = \$3,840)													
	Copying SNAP-ED approved nutrition education materials for SNAP-ED classes (10,000 copies x 0.06 = \$600)				\$600		\$ 200	\$ 200						
	Copying approved SNAP-ED Nutrition Quick Tip Cards for produce distributions (70,570 color copies x 0.10 = \$7,057)				\$7,057		\$ 2,352	\$ 2,352						
	Phone Costs (office phone for 3 SNAP-ED staff (#1 Nutrition Program Manager 100% FTE)													
	#4 Agency Relations Manager (11.67%) and #9 Produce Mobile Driver (21.67%) = \$900				\$900		\$ 300	\$ 300						
SUBTOTAL:							\$ 6,692	\$ 6,692						

SUBCONTRACTOR BUDGET JUSTIFICATION
2nd Harvest Food Bank of Santa Clara - SMC
October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks
 Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.

										Federal Share Total Dollars	Total Dollars	
D. EQUIPMENT EXPENSES:												
Federal Share:												
SUBTOTAL:												
E. TRAVEL AND PER DIEM:												
Federal Share:										(Budget constructed to reflect 1/3 of total program costs.)		
Mileage (\$0.555 mile) for travel to nutrition education intervention sites; 8559 x .555 miles											\$ 1,583	\$ 1,583
Travel for staff to attend one or more of the following in-state Network-sponsored events pertaining to Nutrition Education (SNAP-Ed): Network Statewide Conf. in N. California, Regional Collaborative Trainings or meetings, Network sponsored Skill-Based Training, CAFB sponsored SNAP-Ed Training or any relative SNAP-Ed training or meeting approved by CAFB and the Network. Because the locations of these meetings have not yet been determined, the highest rates for in-state travel and hotel have been budgeted.												
	# of Events Attending	Position #'s of Staff Attending	Total # of Days	Total Per Diem (\$40 max/day/person)	Mileage @.555 per mile	Hotel @ \$84 per night	Parking	Total for Network-Sponsored Travel				
	1	4, 5, 6	6	\$240	245.225 miles round trip x 3 = 735.675 miles x .555 = \$375	3 nights @ \$84 = \$252	6 days @ \$12 = \$72	\$939.00				
SUBTOTAL:											\$ 313	\$ 313
SUBTOTAL:											\$ 1,896	\$ 1,896
F. SUBCONTRACTORS:												
Federal Share:										(Budget constructed to reflect 1/3 of total program costs.)		
SUBTOTAL:												
G. OTHER COSTS:												
Federal Share:										(Budget constructed to reflect 1/3 of total program costs.)		
	Taste Tests (not to exceed \$2.50/person)											
	Paper souffle cups for taste test (10,000 @ \$0.016 each)										\$ 160	\$ 53
	Small Spoons for taste tests (10,000 @ \$0.01 each)										\$ 100	\$ 33
	Napkins (10,000 @ \$0.005 each)										\$ 50	\$ 17
	Food for taste tests										\$1,000	\$ 333
	Trash bags										\$20	\$ 7
	Miscellaneous cleaning supplies										\$40	\$ 13
	Miscellaneous education supplies (poster board, markers, etc.)										\$200	\$ 67
	Agency Relations Nutrition Education Material for Nutrition Education Conference approved for SNAP-Ed activities (folders, name tags, brochures & agendas) 300 attendees x \$3.33 per packet = approx. \$1,000										\$ 333	\$ 333
	Photocopying of Agency Relations Nutrition materials on DVDs for 300 x 0.25 cents = \$75										\$ 75	\$ 75
	CAN-Act membership dues \$150										\$ 50	\$ 50
SUBTOTAL:											\$ 931	\$ 931
H. INDIRECT COSTS:												
	7.59% approx (in percent) of Total Direct Costs										\$107,927 x 7.59%	\$ 8,192
SUBTOTAL:											\$ 8,192	\$ 8,192
TOTAL											\$ 599,551	\$ 1,306,719
											1.67%	129.00%
											\$ 116,119	\$ 116,119

*Expenditures on nutrition education reinforcement items or promotional items must have prior CDPH approval and must comply with all State and Federal safety requirements with respect to production, including Prop 65 requirements for lead content.

SUBCONTRACTOR BUDGET JUSTIFICATION
Second Harvest Food Bank of Santa Cruz
October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks
 Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.								
A PERSONNEL SALARIES:								
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery	6. Federal Share Total Dollars	7. Total Dollars
FEDERAL SHARE POSITIONS								
1.	Name:	Joel Campos						
	Title:	Programs Manager	\$ 44,150	0.2833	28.33%	0.00%	\$ 12,508	\$ 12,508
2.	Name:	Teresa Moran						
	Title:	Nutrition Programs Manager	\$ 42,850	0.1667	0.00%	16.67%	\$ 7,143	\$ 7,143
3.	Name:	Erika Flores						
	Title:	Hotline Outreach Coordinator	\$ 31,800	0.03334	0.00%	3.334%	\$ 1,060	\$ 1,060
4.	Name:	Rebecca Henderson						
	Title:	Agency Relations Manager	\$ 35,700	0.06667	0.00%	6.667%	\$ 2,380	\$ 2,380
5.	Name:	Danny Robles						
	Title:	Volunteer Services Manager	\$ 43,750	0.03333	0.00%	3.333%	\$ 1,458	\$ 1,458
6.	Name:	Luisa Hudspeth						
	Title:	Outreach Worker	\$ 32,360	0.0667	0.00%	6.67%	\$ 2,158	\$ 2,158
7.	Name:	Brooke Johnson						
	Title:	Chief Operations & Programs Officer	\$ 70,700	0.1000	10.00%	0.00%	\$ 7,070	\$ 7,070
8.	Name:	Rosario Valerio						
	Title:	Nutrition Programs Specialist	\$ 33,150	0.1667	0.00%	16.67%	\$ 5,526	\$ 5,526
SUBTOTAL			\$ 334,460	0.9167	38.33%	53.344%	\$ 39,303	\$ 39,303
1	Programs Manager: Oversees the nutrition programs							
2	Nutrition Programs Manager: Develops curriculum, trains and supervises Food For Children staff, Passion For Produce volunteers							
3	Hotline Outreach Coordinator: Provides nutrition education materials at tabling events, referrals for Nutrition Ed classes to Hotline callers.							
4	Agency Relations Manager: Performs agency audits and ensures that members are educated about food safety.							
5	Volunteer Services Manager: Coordinates volunteers who are involved in nutrition education efforts, refers some to volunteer nutrition education opportunities.							
6	Outreach Worker: Provides nutrition education materials at tabling events, teaches some classes, supports Program Coordinator.							
7	Chief Operations and Programs Officer: Oversees Agency Relations, Volunteer Services, Hotline Outreach, Advocacy, and Passion For Produce							
8	Nutrition Programs Specialist: Performs nutrition education under supervision of programs coordinator. This year, salary is provided by CDBG.							

SUBCONTRACTOR BUDGET JUSTIFICATION
SHFB of Orange County
October 1, 2011- September 30, 2012

Contractor: California Association of Food Banks
 Contract #:10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.									
A PERSONNEL SALARIES:									
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery	6. Federal Share Total Dollars	7. Total Dollars		
FEDERAL SHARE POSITIONS									
1.	Name: Bob Wright Title: Agency Relations Manager	\$ 45,500	0.0533	5.33%		\$ 2,425	\$ 2,425		
2.	Name: Kelly King Title: Agency Relations Supervisor	\$ 33,280	0.0833		8.33%	\$ 2,772	\$ 2,772		
3.	Name: Starlite Speicher Title: Agency Outreach Coordinator	\$ 28,080	0.0333		3.33%	\$ 935	\$ 935		
4.	Name: Veronica Dominguez Title: Program Outreach Coordinator	\$ 24,960	0.0100		1.00%	\$ 250	\$ 250		
5.	Name: Daria Willia Title: Program Services Administrator	\$ 22,880	0.1667		16.67%	\$ 3,814	\$ 3,814		
SUBTOTAL		\$ 154,700	0.3466	5.33%	29.33%	\$ 10,196	\$ 10,196		
Posistion Descriptions:									
1	AR Manager - Overall SNAP-ED Coordinator, including budget								
2	AR Supervisor- Overall SNAP-ED Coordinator, including budget								
3	Agency Outreach Coordinator - Off site SNAP-ED and agency outreach								
4	Program Outreach Coordinator - Off site SNAP-ED activities and outreach								
5	Program Services Administrator - On site SNAP-ED activities and materials distribution								
						Federal Share Total Dollars	Total Dollars		
B. FRINGE BENEFITS:									
Federal Share:		26% x \$10,196							
Includes payroll taxes and medical/dental benefits at		26.00%	salaries (in percent)						
TOTAL						SUBTOTAL:	\$ 2,651	\$ 2,651	
C. OPERATING EXPENSES:									
Federal Share:		(Budget constructed to reflect 1/3 of total program costs.)							
Photocopies (70,000 x \$.05)		= \$3,500							
						SUBTOTAL:	\$ 1,167	\$ 1,167	
D. EQUIPMENT EXPENSES:									
Federal Share:									
						SUBTOTAL:			

SUBCONTRACTOR BUDGET JUSTIFICATION
SHFB of Orange County
October 1, 2011- September 30, 2012

Contractor: California Association of Food Banks
 Contract #:10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.											Federal Share Total Dollars	Total Dollars				
E. TRAVEL AND PER DIEM:																
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)																
Costs for travel necessary to complete NE activities in approved SOW (e.g., dropping off NE materials at partner CBOs, providing NE at various sites, and providing NE workshops/clinics).																
Mileage to SNAP-Ed eligible sites to deliver nutrition education / materials (9,009 miles annually x \$.555 = \$5,000)																
* Travel for staff to attend one or more of the following in-state Network-sponsored events pertaining to Nutrition Education (SNAP-Ed): Network Statewide Conf. in N. California, Regional Collaborative Trainings or meetings, Network sponsored Skill-Based Training, CAFB sponsored SNAP-Ed Training or any relative SNAP-Ed training or meeting approved by CAFB and the Network. Because the locations of these meetings have not yet been determined, the highest rates for in-state travel and hotel have been budgeted.																
	# of Events Attending	Position #'s of Staff Attending	Total # of Days	Total Per Diem (\$40 max/day/person)	Airfare	Hotel @ \$110 per night	Transportation to/from airport	Total for Network-Sponsored Travel								
	4	1,2	16	\$640	8 flights @ \$250 = \$2,000	8 nights = \$880	16 one way trips @ \$20 ea. = \$320	\$3,840.00				\$ 1,280	\$ 1,280			
SUBTOTAL:											\$ 1,280	\$ 1,280				
F. SUBCONTRACTORS:																
Federal Share:																
SUBTOTAL:																
G. OTHER COSTS:																
Federal Share:																
CAN-Act Membership = \$75											\$ 25	\$ 25				
SUBTOTAL:											\$ 25	\$ 25				
H. INDIRECT COSTS:																
Federal Share:																
26% (in percent) of Total Direct Costs											\$ 4,416	\$ 4,416				
SUBTOTAL:											\$ 4,416	\$ 4,416				
TOTAL											\$ 154,700	0.3466	5.33%	29.33%	\$ 21,402	\$ 21,402

*Expenditures on nutrition education reinforcement items or promotional items must have prior CDPH approval and must comply with all State and Federal safety requirements with respect to production, including Prop 65 requirements for lead content.

SUBCONTRACTOR BUDGET JUSTIFICATION

SOS Mentors

October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks
Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.

A PERSONNEL SALARIES:									
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery	6. Federal Share Total Dollars	7. Total Dollars	
FEDERAL SHARE POSITIONS									
1.	Name:	Dr. Robert Donahue							
	Title:	Executive Director	\$ 55,000	0.3167		31.67%	\$ 17,418	\$ 17,418	
2.	Name:	Vacant							
	Title:	Program Director	\$ 45,000	0.3333		33.33%	\$ 14,998	\$ 14,998	
3.	Name:	Vacant							
	Title:	Program Instructor/ Coordinator	\$ 40,000	0.3333		33.33%	\$ 13,332	\$ 13,332	
4.	Name:	Vacant							
	Title:	Administrative Assistant	\$ 35,000	0.3333	33.33%		\$ 11,666	\$ 11,666	
5.	Name:	Vacant							
	Title:	Evaluator	\$ 35,000	0.3333		33.33%	\$ 11,666	\$ 11,666	
6.	Name:	Vacant							
	Title:	Trainer & Mentor Recruiter	\$ 25,000	0.3333		33.33%	\$ 8,332	\$ 8,332	
SUBTOTAL			\$ 235,000	1.9832	33.33%	164.99%	\$ 77,412	\$ 77,412	
Position Descriptions									
1	The Executive Director is responsible for supervision, management, and staff training in all aspects of SNAP-Ed contract.								
2	The Coordinator is responsible for planning and coordinating activities and program operations of SNAP-Ed contract.								
3	The Program Instructor is responsible for delivering SNAP-Ed activities to SNAP-Ed eligible students and parents and screening / training volunteers.								
4	The Administrative Assistant is responsible for data collection, reporting, and other program and SNAP-Ed clerical duties.								
5	The Evaluator is responsible for all aspects of program evaluation including designing a plan and researching best practices								
6	The Trainer is responsible for designing and implementing training programs for mentors, parents, students, and teachers								
								Federal Share Total Dollars	Total Dollars
B. FRINGE BENEFITS:									
Federal Share:									
Includes payroll taxes and medical/dental benefits at 23% of \$77,412								\$ 17,805	\$ 17,805
SUBTOTAL:							\$	17,805	\$ 17,805

SUBCONTRACTOR BUDGET JUSTIFICATION

SOS Mentors

October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks

Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.												
											Federal Share Total Dollars	Total Dollars
C. OPERATING EXPENSES:												
Federal Share:	(Budget constructed to reflect 1/3 of total program costs.)											
	Rent (\$2.50 sq ft X 700 sq ft X 12 months X 100%)										\$ 6,999	\$ 6,999
	Utilities (\$250 month X 12 months X 100%)										\$ 1,000	\$ 1,000
	Phone, fax, Internet costs (\$360 month based on % FTE for positions 1-6 x 12 months)										\$ 1,440	\$ 1,440
	Office supplies (\$600 month X 12 months X 100%)										\$ 2,400	\$ 2,400
	Graphics, printing, copying (\$600 month X 12 months X 100%)										\$ 2,400	\$ 2,400
	Bank and payroll service charges (\$200 month X 12 months X 100%)										\$ 800	\$ 800
	Liability insurance charges (\$700 month X 12 X 100%)										\$ 2,800	\$ 2,800
	SUBTOTAL:										\$ 17,839	\$ 17,839
D. EQUIPMENT EXPENSES:												
Federal Share:	(Budget constructed to reflect 1/3 of total program costs.)											
	SUBTOTAL:											
E. TRAVEL AND PER DIEM:												
Federal Share:	(Budget constructed to reflect 1/3 of total program costs.)											
	Cost for travel necessary to complete nutrition education activities in approved SOW (e.g., dropping off nutrition education materials at partner CBO's providing nutrition education at various sites.											
*	54.05 miles per day x 225 days round trip to visit schools = 12,161.25 miles x .555 for program director = \$6,749.49										\$ 2,250	\$ 2,250
*	54.05 miles per day x 225 days round trip to visit schools = 12,161.25 miles x .555 for instructors = \$6,749.49										\$ 2,250	\$ 2,250
*	Travel for staff to attend one or more of the following in-state Network-sponsored events pertaining to Nutrition Education (SNAP-Ed): Network Statewide Conf. in N. California, Regional Collaborative Trainings or meetings, Network sponsored Skill-Based Training, CAFB sponsored SNAP-Ed Training or any relative SNAP-Ed training or meeting approved by CAFB and the Network. Because the locations of these meetings have not yet been determined, the highest rates for in-state travel and hotel have been budgeted.											
	# of Events Attending	Position #'s of Staff Attending	Total # of Days	Total Per Diem (\$40 max/day/person)	Airfare	Hotel @ \$110 per night	Transportation to/from airport	Total for Network-Sponsored Travel				
	1	1,2,3,5 or 6	3	\$120	\$400	4 nights = \$440	4 one way trips @ \$20 ea. = \$80	\$1,040.00			\$ 347	\$ 347
	SUBTOTAL:										\$ 4,847	\$ 4,847

SUBCONTRACTOR BUDGET JUSTIFICATION
Sustainable Economic Enterprises Los Angeles
October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks
 Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.							
A PERSONNEL SALARIES:							
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery	6. Federal Share Total Dollars	7. Total Dollars
FEDERAL SHARE POSITIONS							
1.	Name: Pompea Smith Title: CEO/Manager	\$ 75,350	0.0167	1.67%		\$ 1,258	\$ 1,258
2.	Name: Laura Gonzalez Title: GC Instructor/Administrator	\$ 38,500	0.0833		8.33%	\$ 3,207	\$ 3,207
3.	Name: Angela Choi Title: GC Assistant Instructor/Admin	\$ 36,750	0.1333		13.33%	\$ 4,899	\$ 4,899
4.	Name: New Hire Title: GC Program Coordinator	\$ 43,250	0.1333		13.33%	\$ 5,765	\$ 5,765
5.	Name: TBD Title: GC Assistant	\$ 18,720	0.1667		16.67%	\$ 3,121	\$ 3,121
6.	Name: Jared Call Title: Operations Assistant	\$ 38,500	0.0333	3.33%		\$ 1,282	\$ 1,282
SUBTOTAL		\$ 251,070	0.5666	5.00%	51.66%	\$ 19,532	\$ 19,532
Position Descriptions:							
1	CEO/Manager - Oversees the operation of the program. Final Executive decisions on budget and all program expenses						
2-3	GC Instructor/Administrator - Conduct classes using Good Cooking curriculum. Assist in the preparation of handouts and recipes. Recruit, hire and train local residents to participate as Team Teachers. Conduct outreach and promotion for the classes and develop community partnerships. Maintain files, records and required reports per SEE-LA's guidelines.						
4	GC Program Coordinator: Maintain records for each site. Supervise GC Instructors, Assistants. Conduct GC classes with the assistance of GC Instructors and Assistants. Recruit Team Teachers, conduct outreach and promotion for the classes.						
5	GC Assistant - Trained in "Good Cooking" curriculum and teaching methods, Assist GC Instructor with classes. Prepare materials for class use and outreach. Assist in reporting.						
6	Operations Assistant - The Operations Assistant provides administrative support to the CEO and to the operational staff in their management of a full range of programs including SNAP-Ed.						
						Federal Share Total Dollars	Total Dollars
B. FRINGE BENEFITS:							
Federal Share:			15% x \$19,532				
Includes payroll taxes and medical/dental benefits at		15.00%				\$ 2,930	\$ 2,930
TOTAL					SUBTOTAL:	\$ 2,930	\$ 2,930

SUBCONTRACTOR BUDGET JUSTIFICATION
Sustainable Economic Enterprises Los Angeles
October 1, 2011 - September 30, 2012

Contractor: California Association of Food Banks
Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.										
C. OPERATING EXPENSES:										
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)										
All prorating calculations based on historical % FTEs of 10.25%										
Phone: \$8200/yr X 10.25% = \$840										
								\$ 280	\$ 280	
Copy machine rental for duplicating nutrition education flyers, recipies and other SNAP-Ed materials (5,000 /yr x 10.25%)= \$513										
								\$ 171	\$ 171	
Office Supplies (copy paper, folders, binders, pens, markers, whiteboards for SNAP-Ed activities) 10,000/yr x 10.25% = \$1025										
								\$ 342	\$ 342	
Compensation for two Team Teachers (90 classes each @ \$30.00 per class) = \$5,400										
								\$ 1,800	\$ 1,800	
Website Promotion (flyers, postcards, brochures) for farmers markets, nutrition ed classes and partner agencies (12,000 yr x 10.25% = \$1,230										
								\$ 410	\$ 410	
								SUBTOTAL:	\$ 3,003	\$ 3,003
D. EQUIPMENT EXPENSES:										
Federal Share:										
								SUBTOTAL:		
E. TRAVEL AND PER DIEM:										
Costs for travel necessary to complete SNAP-Ed activities in approved SOW (e.g., dropping off SNAP-Ed materials at partner CBOs, providing SNAP-Ed at various sites, and providing SNAP-Ed workshops/clinics).										
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)										
3,921 miles for travel to class sites, farmers markets @ .51 per mile = \$2000										
								\$ 667	\$ 667	
								SUBTOTAL:	\$ 667	\$ 667
F. SUBCONTRACTORS:										
Federal Share:										
								SUBTOTAL:		
G. OTHER COSTS:										
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)										
Kitchen supplies (pots, pans, utensils) \$2001										
					\$2,001			\$ 667	\$ 667	
SNAP-Ed Instructor visuals for SNAP-Ed classes (nutrition info charts, recipes, food puzzles, nutritic										
					\$3,000			\$ 1,000	\$ 1,000	
Food Supplies (for cooking demonstrations for 1600 x 2.50 per person)										
					\$4,000			\$ 1,332	\$ 1,332	
CAN-Act Membershi annual dues										
					\$75			\$ 25	\$ 25	
Printing CalFresh promotion materials (500 x \$.05 ea.)										
					\$25			\$ 8		
CAFB Member Annual Member Dues (required by Network)										
					\$300			\$ 100	\$ 100	
								SUBTOTAL:	\$ 3,132	\$ 3,132
H. INDIRECT COSTS:										
Federal Share:										
18% (in percent) of Total Direct Costs										
					18% x \$29,264			\$ 5,268	\$ 5,268	
					\$ 29,264			\$ 5,268	\$ 5,268	
								SUBTOTAL:	\$ 5,268	\$ 5,268
TOTAL										
					\$ 251,070	0.5666	5.00%	51.66%	\$ 34,532	\$ 34,532

*Expenditures on nutrition education reinforcement items or promotional items must have prior CDPH approval and must comply with all State and Federal safety requirements with respect to production, including Prop 65 requirements for lead content.

SUBCONTRACTOR BUDGET JUSTIFICATION
The Resource Connection
October 1, 2011 to September 30, 2012

Contractor: California Association of Food Banks
 Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.									
A PERSONNEL SALARIES:									
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery	6. Federal Share Total Dollars	7. Total Dollars		
FEDERAL SHARE POSITIONS									
1.	Name: Jeannie Hayward Title: Program Director	\$ 49,670	0.11671		11.671%	\$ 5,797	\$ 5,796		
2.	Name: Bonnie Acosta Title: Food Bank Outreach Coordinator	\$ 22,127	0.2833		28.33%	\$ 6,269	\$ 6,269		
3.	Name: Amber Hawthorne Title: Food Bank Coordinator	\$ 29,058	0.0500		5.00%	\$ 1,453	\$ 1,453		
4.	Name: Alicia Garcia Title: Playgroup Coordinator	\$ 15,526	0.2233		22.33%	\$ 3,467	\$ 3,467		
5.	Name: Connie Gagnebin Title: Resource Coordinator	\$ 8,282	0.1233		12.33%	\$ 1,021	\$ 1,021		
6.	Name: Sarah Vickerman Title: Food Bank Assistant	\$ 20,895	0.0667		6.67%	\$ 1,394	\$ 1,394		
SUBTOTAL		\$ 145,558	0.8633		86.33%	\$ 19,401	\$ 19,401		
Position Description									
1 Program Director: Oversees and develops all nutrition education programs and finances.									
2 Food Bank Outreach Coordinator: Coordinates nutrition education outreach program/promotions.									
3 Food Bank Coordinator: Assists with nutrition education programs/promotions.									
4 Playgroup Coordinator: Coordinates nutrition education activities at playgroups.									
5 Resource Coordinator: Assists with coordination and materials of nutrition education activities at playgroups.									
6 Food Bank Assistant: Assists with Nutrition Education activities.									
						Federal Share Total Dollars	Total Dollars		
B. FRINGE BENEFITS:									
Federal Share:									
Includes payroll taxes and medical/dental benefits at		41.50%	salaries (in percent)						
						\$ 8,051	\$ 8,051		
TOTAL						\$ 8,051	\$ 8,051		

SUBCONTRACTOR BUDGET JUSTIFICATION
The Resource Connection
October 1, 2011 to September 30, 2012

Contractor: California Association of Food Banks
 Contract #: 10-10042

* This budget has been constructed based on overall annual SNAP-Ed program costs. Federal Share amounts reflect 1/3 of the annual, eligible program costs.												
C. OPERATING EXPENSES:												
(Budget constructed to reflect 1/3 of total program costs.)								Federal Share Total Dollars	Total Dollars			
Federal Share: <i>Costs are split in to two categories based on the operating costs at each of the food banks two facilities. These costs are calculated based on square footage occupied at each facility by the SNAP-Ed staff.</i>												
Facility:												
Amador	Communication costs (3% of \$4600 in overall communication costs based on sq ft and activities devoted to NE)								\$138	\$ 46	\$ 46	
Calaveras	Communication costs (7.5% of \$4600 in overall communication costs)								\$345	\$ 115	\$ 115	
Amador	Office Supplies (3% of \$5500 in overall supplies costs)								\$165	\$ 55	\$ 55	
Calaveras	Office Supplies (7.5% of \$5500 in overall supplies costs)								\$412	\$ 137	\$ 137	
Amador	Food Bank direct cost utilities/services (3% of \$22,750 in utilities costs)								\$682	\$ 227	\$ 227	
Calaveras	Food Bank direct cost utilities/services (7.5% of \$22,750 in utilities costs)								\$1,706	\$ 569	\$ 569	
Amador	Liability Insurance (3% of \$3100 in insurance costs)								\$93	\$ 31	\$ 31	
Calaveras	Liability Insurance (7.5% of \$3100 in insurance costs)								\$232	\$ 77	\$ 77	
Amador	Volunteer Insurance (3% of \$740 in insurance costs)								\$22	\$ 7	\$ 7	
Calaveras	Volunteer Insurance (7.5% of \$740 in insurance costs)								\$55	\$ 18	\$ 18	
Calaveras	Postage: total of 600 stamps @ .44								\$264	\$ 88	\$ 88	
								SUBTOTAL:	\$ 1,370	\$ 1,370		
D. EQUIPMENT EXPENSES:												
Federal Share:												
								SUBTOTAL:				
E. TRAVEL AND PER DIEM:												
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)												
183.78 miles per week x 40 weeks x .555=\$4,080/3 elements at each event = \$1,360												
								\$ 453	\$ 453			
								SUBTOTAL:	\$ 453	\$ 453		
F. SUBCONTRACTORS:												
Federal Share:												
								SUBTOTAL:				
G. OTHER COSTS:												
Federal Share: (Budget constructed to reflect 1/3 of total program costs.)												
	Internal printing of local nutrition education brochure 9367 @ .03 per copy								\$281 x 0.3333	\$ 94	\$ 94	
	CAN-Act Membership dues								\$75 x 0.3333	\$ 25	\$ 25	
								SUBTOTAL:	\$ 119	\$ 119		
H. INDIRECT COSTS:												
Federal Share:												
	11.00% (in percent) of Total Direct Costs								\$29,395 x 11%	\$ 3,233	\$ 3,233	
								SUBTOTAL:	\$ 3,233	\$ 3,233		
TOTAL								\$ 145,558	0.8633	86.33%	\$ 32,628	\$ 32,628
*Expenditures on nutrition education reinforcement items or promotional items must have prior CDPH approval and must comply with all State and Federal safety requirements with respect to production, including Prop 65 requirements for lead content.												

Attachment 2

**Network for a Healthy California
QUARTERLY TIME STUDY REQUEST FORM**

Return this form to your *Network* Contract Manager by fax or mail

Date: 8/9/2011 Contract #: 10-10042

Contractor Name: California Association of Food Banks

Contract Term: 10/1/10 – 9/30/11

Project Coordinator: Stephanie Nishio Phone: (510) 350 - 9905

- 1) Fill in the chart below. Indicate the month of each quarter you plan to sample for each year of your contract term. Please use the following guidelines when selecting the sampling months:
- The same month cannot be used each quarter. For example, the first month of each quarter cannot be used. Instead, the sample month should vary each quarter (e.g., the 1st month of 1st Qtr, 2nd month of 2nd Qtr, 3rd month of 3rd Qtr and 1st month of 4th Qtr would be acceptable if the months represent the quarters in which they fall.)
 - The sampling months should vary from year to year.
 - The month used for each quarter must be a valid representation of the entire quarter. Where this is not possible, you may opt to use a weekly time log for that quarter. In this case, write "weekly time log" in the box for that quarter.

Quarter	Year 1 (20XX - 20XX)	Year 2 (2011 - 2012)	Year 3 (20XX - 20XX)
Qtr1 (Oct-Dec)		October	
Qtr2 (Jan-Mar)		March	
Qtr3 (Apr-June)		May	
Qtr4 (July-Sept)		August	

- 2) Please attach a list of the names and titles of staff members who will use the time study. Personnel listed should have fairly evenly distributed activities across the quarters you will sample. (Note: these names and titles should correspond with your budget justification.)



 Signature of Project Coordinator

8-9-11

 Date

Approved by:

Signature of Authorized <i>Network</i> Staff	Date



1624 Franklin Street, Suite 722
Oakland, CA 94612
Telephone: 510.272.4435 ■ Fax: 510.272.9171
www.cafoodbanks.org

July 28, 2011

Theresa McGinnis
Program Compliance Manager
Network for a Healthy California
California Department of Public Health
1616 Capitol Ave, Ste 74.516, MS 7204
Sacramento, CA 95814

RE: Network Program Letter 11-03

Dear Miss McGinnis:

In order to fulfill the new bi-weekly time tracking requirement dictated in PL 11-03, the California Association of Food Banks will implement both options 2 and 3 detailed in PL 11-03. We will distribute the attached Time Tracking Sheet to our subcontractors on a monthly or quarterly basis as appropriate to the current time tracking method of the subcontractor.

The attached form will replace the form currently being used by our subcontractors who are completing weekly time logs. This satisfies the bi-weekly requirement by tracking all hours spent on FSNE activities by relevant personnel on a daily basis making all time clearly detailed and visible for every day of the contract year.

Our current quarterly time study practice will remain in place for subcontractors where this method has continued to provide an accurate accounting of quarterly hours but the revised form will be used to comply with the new bi-weekly time tracking requirement.

Please note that Physical Activity time is not part of any of our programs and has therefore been omitted from the attached time tracking form.

Also attached is our completed PL 11-03 Attachment 2 form.

Sincerely,

A handwritten signature in black ink, appearing to read "Josh Hoobler". The signature is fluid and cursive, with a long horizontal flourish extending to the right.

Josh Hoobler
Contract Analyst

(2) Enclosures

**Network for a Healthy California
QUARTERLY TIME STUDY REQUEST FORM**

Return this form to your *Network* Contract Manager by fax or mail

Date: 8/1/2011 Contract #: 10-10042

Contractor Name: California Association of Food Banks

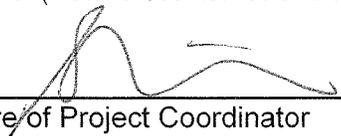
Contract Term: 10/1/10 – 9/30/11

Project Coordinator: Stephanie Nishio Phone: (510) 350 - 9905

- 1) Fill in the chart below. Indicate the month of each quarter you plan to sample for each year of your contract term. Please use the following guidelines when selecting the sampling months:
- The same month cannot be used each quarter. For example, the first month of each quarter cannot be used. Instead, the sample month should vary each quarter (e.g., the 1st month of 1st Qtr, 2nd month of 2nd Qtr, 3rd month of 3rd Qtr and 1st month of 4th Qtr would be acceptable if the months represent the quarters in which they fall.)
 - The sampling months should vary from year to year.
 - The month used for each quarter must be a valid representation of the entire quarter. Where this is not possible, you may opt to use a weekly time log for that quarter. In this case, write "weekly time log" in the box for that quarter.

Quarter	Year 1 (20XX - 20XX)	Year 2 (2011 - 2012)	Year 3 (20XX - 20XX)
Qtr1 (Oct-Dec)		October	
Qtr2 (Jan-Mar)		February	
Qtr3 (Apr-June)		June	
Qtr4 (July-Sept)		July	

- 2) Please attach a list of the names and titles of staff members who will use the time study. Personnel listed should have fairly evenly distributed activities across the quarters you will sample. (Note: these names and titles should correspond with your budget justification.)



Signature of Project Coordinator

08/02/11

Date

Approved by:

Signature of Authorized <i>Network</i> Staff	Date

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: CSU Chico Research Foundation - SCNAC
Program Area: Local Incentive Awardee: Non-Profit
Contract Number: 10-10044

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 49% Female 51%

Ethnicity:

- African American 2%
- Asian 5%
- Caucasian 53%
- Latino 29%
- Native American 4%
- Pacific Islander 1%
- Other (specify) multiple responses: 6%

Languages:

- | | |
|---|--|
| <input type="checkbox"/> English <u>85%</u> | <input type="checkbox"/> Khmer (Cambodian) _____% |
| <input type="checkbox"/> Spanish <u>10%</u> | <input type="checkbox"/> Korean _____% |
| <input type="checkbox"/> Arabic _____% | <input type="checkbox"/> Lao _____% |
| <input type="checkbox"/> Armenian _____% | <input type="checkbox"/> Tagalog _____% |
| <input type="checkbox"/> Russian _____% | <input type="checkbox"/> Vietnamese _____% |
| <input type="checkbox"/> Bosnian _____% | <input type="checkbox"/> Other (specify) _____: _____% |
| <input type="checkbox"/> Cantonese _____% | <input type="checkbox"/> Other (specify) _____: _____% |
| <input type="checkbox"/> Farsi _____% | <input type="checkbox"/> Mandarin _____% |
| <input type="checkbox"/> Hmong <u>5%</u> | |

Ages:

- Under 5 years old 8%
- 5 to 8 16%
- 9 to 11 16%
- 12 to 17 17%
- 18 to 59 37%
- 60 years old and over 6%

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

- See attached Census Tract data sheet
- See attached Free/Reduced Price Meal % data sheet
- Other (Specify): Colusa Indian Community Council, FDPIR (50% equal to or less than 185% FPL)

- Other (Specify): Enterprise Rancheria, FDPIR (50% equal to or less than 185% FPL)
- Other (Specify): Mooretown Rancheria, FDPIR (50% equal to or less than 185% FPL)
- Other (Specify): Northern Valley Indian Health -Grindstone, FDPIR (50% equal to or less than 185% FPL)
- Other (Specify): Feather River Breast Feeding Support Center – Community Site, WIC eligibility data (94% equal to or less than 185% FPL)
- Other (Specify): Family Solutions, Chico – Community Site, CalFresh eligibility data (53.85% equal to or less than 185% FPL)
- Other (Specify): Paradise Family Resource Center – Community Site, WIC eligibility data (60% equal to or less than 185% FPL)
- Other (Specify): Remi Vista – Community Site, CalFresh eligibility data (70% equal to or less than 185% FPL)
- Other (Specify): Happy Hamp Family Resource Center – Community Site, WIC eligibility data (50% equal to or less than 185% FPL)
- Other (Specify): McCloud Community Resource Center – Community Site, WIC eligibility data (50% equal to or less than 185% FPL)
- Other (Specify): Mt.Shasta Community Resource Center – Community Site, WIC eligibility data (50% equal to or less than 185% FPL)
- Other (Specify): Scott Valley Family Resource Center – Community Site, WIC eligibility data (50% equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | |
|---|---|
| <input type="checkbox"/> CalFresh Offices _____% | <input checked="" type="checkbox"/> Shelters/Temporary Housing 1% |
| <input checked="" type="checkbox"/> Food Banks 1% | <input type="checkbox"/> Soup Kitchens _____% |
| <input type="checkbox"/> Food Pantries _____% | <input type="checkbox"/> TANF Job Readiness Program _____% |
| <input type="checkbox"/> Public Housing _____% | <input checked="" type="checkbox"/> WIC Offices 1% |
| <input checked="" type="checkbox"/> HeadStart 1% | |

d. Project Description.

Key Methods:

- Advisory Council/Task Force (specify): _____
- Internet/Web Sites-website address: www.scnac.org. www.optforhealthyliving.org. www.fitthru5.org
- Print Media
- Radio: Hmong Language Podcasts to be aired at no cost
- TV:
- Nutrition Education Classes: (800 occurrences at .5hour(s) each)
- Community Education Events: (20 occurrences at 1hour(s) each)
- Training/Workshop/Conference: (30 occurrences at .75hour(s) each)
- Point of Purchase: (_____ occurrences at _____hour(s) each)
- Other (specify)School-wide events: (150 occurrences at .75hour(s) each)

Key Educational Messages:

- | | |
|---|--|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input checked="" type="checkbox"/> Fiber-Rich Foods |
| <input checked="" type="checkbox"/> Physical Activity | <input checked="" type="checkbox"/> Food Safety |
| <input checked="" type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input checked="" type="checkbox"/> Food Shopping/Preparation |
| <input checked="" type="checkbox"/> Fats and Oils | <input checked="" type="checkbox"/> Lean Meat and Beans |
| | <input checked="" type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |

- MyPyramid – Healthy Eating Plan
- Promote Healthy Weight

- Sodium and Potassium
- Whole Grains
- Other (Specify): Breastfeeding

SNAP-Ed Delivery Sites by Type of Setting:

- _____ Adult Education & Job Training Sites
- 1 Adult Rehabilitation Centers
- _____ CalFresh Offices
- _____ Churches
- 18 Community Centers
- 1 Elderly Service Centers
- 6 Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens)
- _____ Extension Offices
- _____ Farmers Markets
- _____ Food Stores
- 12 Head Start Programs
- _____ Individual Homes
- _____ Libraries

- 2 Other Youth Education Sites (includes Parks and Recreation)
- 10 Public/Community Health Centers (includes Public Health Departments)
- _____ Public Housing
- 43 Schools – students (Preschool)
- 103 Schools – students (K-12)
- _____ Schools – students (Afterschool Program)
- 138 Schools – Parents
- 1 Shelters/Temporary Housing
- 1 WIC Programs
- _____ Worksites
- Other (specify): 6 Indian Tribal Organizations
- Other (specify): _____
- Other (specify): _____

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 75,000

Narrative (max. 200 words)

CSU, Chico's Sierra Cascade Nutrition and Activity Consortium (SCNAC) is comprised of approximately 50 community and school district partners in 8 north state counties: Butte, Colusa, Glenn, Lassen, Modoc, Siskiyou, Tehama, and Yuba. SCNAC's programs implement strategies for preventing child and adult obesity by increasing consumption of fruit, vegetables, whole grains, and low fat dairy products; reducing sweetened beverage consumption; increasing daily physical activity; and providing resources and training for rural communities to better meet the dietary needs of their residents. Examples of SCNAC activities include: community based nutrition education and activity promotion by county departments of public health, Harvest of the Month tastings and associated materials, book programs, garden enhanced nutrition education, cooking and physical activity demonstrations, 'Lunch Leagues' nutrition education in the cafeteria and physical activity promotion on the playground, 'Treats for Troops' holiday candy exchange for healthy classroom nutrition activities, nutrition education for County Office of Education program preschoolers, culturally appropriate nutrition education and activity promotion services for Hispanic, Native American and Hmong families, and CX3 data collection and snapshot recreation for three Butte County neighborhoods. SCNAC activities at adult and Native American intervention sites include HOTM tastings and food preparation demonstrations to promote healthy eating patterns.

e. Summary of Research.

See Section A, pages 2-5.

f. Modification of Project Methods/Strategies.

- We have not modified our methods/strategies
- Changing audience participation

- | | |
|--|---|
| <input checked="" type="checkbox"/> Improving cultural relevancy | <input checked="" type="checkbox"/> Adding new partners |
| <input checked="" type="checkbox"/> Enhancing/updating existing strategies | <input type="checkbox"/> Other (specify): _____ |
| <input checked="" type="checkbox"/> Utilizing research/program tool | <input type="checkbox"/> Other (specify): _____ |

All modifications are approved by the Network.

g. Use of Existing Educational Materials.

See attached Existing Educational Materials/Curricula data sheet.

h. Development of New Educational Materials.

All new educational materials must be listed on the attached New Materials Development data sheet.

i. Key Performance Measures/Indicators. (max. 100 words)

SCNAC will collect process data on all SOW objectives. SCNAC’s ‘student’ impact evaluation (IE) will include the measurement of middle school students' pre/post self-reported fruit and vegetable preferences, fruit and vegetable and sweetened beverage consumption patterns, and physical activity behaviors; direct observations of students’ school cafeteria food selections; and examination of school foodservice production records to assess differences in quantities of cafeteria food selections among IE schools. Additionally, our ‘teacher’ IE will measure changes in school staff attitudes and practices regarding nutrition education in the classroom and teachers’ perception of SCNAC program impact on student attitudes and behaviors.

3. EVALUATION PLANS

All contractors participate in process evaluation per their Scope of Work activities. Contractors who receive Federal Share >\$350,000 must participate in impact evaluation. Impact evaluation measures the effectiveness of an intervention by assessing behavior change or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.

4. COORDINATION EFFORTS (MAX. 100 WORDS)

SCNAC previously initiated and continues to participate in the Butte and Tehama/Glenn County Interagency Nutrition Councils (INC) comprised of UCCE, SCNAC, Butte County Fit thru 5 Collaborative, Children's Power Play! Campaign and Network for a Healthy California-Sierra Cascade Region staff. SCNAC partners with these agencies on myriad projects each year. In addition, SCNAC itself is a coordinating entity comprised of organizations from 8 counties including county departments of public health, county offices of education, county First 5 commissions, tribal organizations, Women, Infants, and Children (WIC) Programs, child care referral organizations, and school districts.

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Adult Rehabilitation Centers	Remi Vista - Butte Region	2550 Floral Avenue	Chico	95973	06007000102	All Races	36.70%	Other: 70.00% per CalFresh eligibility data
Community Center	Butte Valley Community Resource Center	232 South Oregon Street	Dorris	96023	06093000200	American Indian	--%	59.50% at 100.00% FPL
Community Center	Cleveland House	1010 Cleveland	Chico	95928	06007001300	All Races	65.00%	
Community Center	Dorothy F Johnson Center	775 E. 16th Street	Chico	95928	06007001300	All Races	65.00%	
Community Center	Family Solutions	130 Yellowstone Drive	Chico	95973	06007000400	All Races	29.10%	Other: 53.85% per CalFresh eligibility data
Community Center	Family Solutions	1720 Daryl Porter Way	Oroville	95966	06007002800	All Races	54.90%	
Community Center	Four Winds of Indian Education	2345 Fair Street	Chico	95928	06007001300	All Races	65.00%	
Community Center	Gridley Guardian Building	300 E. Spruce Street	Gridley	95948	06007003400	All Races	57.50%	
Community Center	Happy Camp Family Resource Center	38 Park Way	Happy Camp	96039	06093000500	All Races	43.60%	Other: 50.00% per WIC eligibility data
Community Center	HUB Communities Family Resource Center	310 S. 13th Street	Montague	96064	06093000300	Other Races	--%	61.70% at 100.00% FPL
Community Center	Kids' Factory Family Resource Center	4103 Pine Street	Dunsmuir	96025	06093001100	American Indian, Asian		55.60% at 100.00% FPL 57.10% at 100.00% FPL
Community	McCloud Community	304 W. Minnesota	McCloud	96057	06093001200	All Races	38.30%	Other: 50.00%

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Center	Resource Center	Ave						per WIC eligibility data
Community Center	Mount Shasta Community Resource Center	109 E. Lake Street	Mount Shasta	96067	06093001000	All Races	26.10%	Other: 50.00% per WIC eligibility data
Community Center	OPT for Healthy Living	1311 Mangrove Ave Suite B	Chico	95926	06007000700	American Indian	--%	54.10% at 100.00% FPL
Community Center	Paradise Family Resource Center	6249 Skyway Rd	Paradise	95969	06007002100	All Races	29.20%	Other: 60.00% per WIC eligibility data
Community Center	Scott Valley Family Resource Center	11920 Main Street	Scott Valley	96032	06093000600	All Races	27.90%	Other: 50.00% per WIC eligibility data
Community Center	Tulelake/Newell Family Resource Center	810 Main Street	Tulelake	96134	06093000100	American Indian	--%	83.30% at 100.00% FPL
Community Center	Weed Community Resource Center	720 A S. Davis Ave	Weed	96094	06093000900	American Indian	--%	50.30% at 100.00% FPL
Community Center	Yreka Community Resource Center	201 South Broadway St	Yreka	96097	06093000702	All Races	54.20%	
Elderly Service Center	Feather River Tribal Health, Inc.	2145 5th Avenue	Oroville	95965	06007002800	All Races	54.90%	
Emergency Food Assistance Sites (includes Food Banks)	Christian Life Center	1492 East Avenue	Chico	95926	06007000101	--	--%	Proxy Site
Emergency Food Assistance Sites (includes Food Banks)	Jesus Center	1297 Park Avenue	Chico	95928	06007001300	--	--%	Proxy Site

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Emergency Food Assistance Sites (includes Food Banks)	Northern Valley Indian Health, Inc.	207 N. Butte Street	Willows	95988	06021010400	--	--%	Proxy Site
Emergency Food Assistance Sites (includes Food Banks)	OPT for Healthy Living	1311 Mangrove Ave Suite B	Chico	95926	06007000700	--	--%	Proxy Site
Emergency Food Assistance Sites (includes Food Banks)	Seventh Day Adventist Church	5720 Academy Drive	Paradise	95969	06007002100	--	--%	Proxy Site
Emergency Food Assistance Sites (includes Food Banks)	The Hope Center	1950 Kitrick Avenue	Oroville	95966	06007002800	--	--%	Proxy Site
Head Start Program	Alturas Early Head Start	901 North East A Street	Alturas	96101	06049000100	--	--%	Proxy Site
Head Start Program	Alturas Head Start	802 North East Street	Alturas	96101	06021010100	--	--%	Proxy Site
Head Start Program	Chapman Street Head Start- Site A	124 E Chapman Street	Orland	95963	06021010100	--	--%	Proxy Site
Head Start Program	Chapman Street Head Start- Site B	124 E Chapman Street	Orland	95963	06021010100	--	--%	Proxy Site
Head Start Program	Chapman Street Head Start- Site C	124 E Chapman Street	Orland	95963	06021010100	--	--%	Proxy Site
Head Start Program	Hamilton City Early Head Start	Hwy 32 & Los Robles St	Hamilton City	95951	06021010501	--	--%	Proxy Site
Head Start	Mariposa	2603 Mariposa Ave	Chico	95973	06007000101	--	--%	Proxy Site

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Program								
Head Start Program	Orland Head Start Extended Day	221 East Yolo Street	Orland	95963	06021010100	--	--%	Proxy Site
Head Start Program	Pacific Avenue Head Start	408 Pacific Avenue	Willows	95988	06021010400	--	--%	Proxy Site
Head Start Program	South Oroville	2959 Lower Wyandotte Ave	Oroville	95966	06007002900	--	--%	Proxy Site
Head Start Program	Villa Head Start	451 South Villa Avenue	Willows	95988	06021010100	--	--%	Proxy Site
Head Start Program	Williams Head Start	1404 E Street #116	Williams	95987	06021010501	--	--%	Proxy Site
Other Youth Education Site	Boys & Girls Club North Valley - Chico Teen Center (grades 7-12)	628 Wall Street	Chico	95928	06007001000	All Races	71.80%	
Other Youth Education Site	Boys & Girls Club North Valley - Ostrandr Club House (grades 1-6)	601 Wall Street	Chico	95928	06007001000	All Races	71.80%	
Public/Community Health Center	Butte County Public Health, Chico Clinic	695 Oleander Avenue	Chico	95926	06007000700	American Indian	--%	54.10% at 100.00% FPL
Public/Community Health Center	Butte County Public Health, Oroville Clinic	78 Table Mountain Blvd.	Oroville	95965	06007002500	All Races	51.60%	
Public/Community Health Center	Feather River Health Center – Breastfeeding Support Center	5125 Skyway Rd	Paradise	95969	06007002200	All Races	20.50%	Other: 94.00% per WIC eligibility data
Public/Community Health Center	Feather River Tribal Health, Inc.	2145 5th Avenue	Oroville	95965	06007002800	All Races	54.90%	
Public/Community Health Center	Glenn County Public Health Department	240 North Villa Avenue	Willows	95988	06021010400	Non-Hispanic Black,	--%	80.50% at 100.00% FPL 61.40%

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
						Asian		at 100.00% FPL
Public/Community Health Center	Lassen County Public Health	1445 Paul Bunyan Road	Susanville	96130	06035040301	Non-Hispanic Black	--%	62.50% at 100.00% FPL
Public/Community Health Center	Modoc County Department of Public Health	441 North Main Street	Alturas	96101	06049000100	Non-Hispanic Black	--%	100.00% at 100.00% FPL
Public/Community Health Center	Northern Valley Indian Health, Inc.	845 W. East Avenue	Chico	95926	--	--	--%	Location Based Proxy Site, WIC office
Public/Community Health Center	Siskiyou County Public Health Services	806 South Main Street	Yreka	96097	06093000702	All Races	54.20%	
Public/Community Health Center	Tehama County Health Services Agency (Department of Public Health)	1860 Walnut Street	Red Bluff	96080	06103000500	Other Races	--%	58.00% at 100.00% FPL
Schools – students (Preschool)	Adin St. Preschool	205 Ash Valley Rd.	Adin	96006	06049000200	All Races	53.30%	
Schools – students (Preschool)	Alturas State Preschool	307 East 1st Street	Alturas	96101	06049000100	Non-Hispanic Black	--%	100.00% at 100.00% FPL
Schools – students (Preschool)	Bald Rock Children's Center	286 Rockerfeller Rd	Berry Creek	95916	06007002400	Non-Hispanic Black	--%	54.40% at 100.00% FPL
Schools – students (Preschool)	Circles Children's Center	2345 Fair Street	Chico	95928	06007001300	All Races	65.00%	
Schools – students (Preschool)	Eastside Children's Center	2775 Yard St.	Oroville	95966	06007002800	All Races	54.90%	
Schools – students	Gridley State Preschool	1567 Booth Road	Gridley	95948	06007003400	All Races	57.50%	

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
(Preschool)								
Schools – students (Preschool)	Oak Street Children's Center	115 Oak Street	Chico	95928	06007001000	All Races	71.80%	
Schools – students (Preschool)	Oakdale Heights Children's Center	2255 Las Plumas Ave	Oroville	95966	06007003000	All Races	66.10%	
Schools – students (Preschool)	Poplar Children's Center	2075 20th Street	Oroville	95965	06007002900	Hispanic, Asian	--%	57.20% at 100.00% FPL 77.60% at 100.00% FPL
Schools – students (Preschool)	Table Mountain Preschool	1650 Robinson Street	Oroville	95965	06007002800	All Races	54.90%	
Schools – students (Preschool)	Colusa AM & PM	728 5th Street	Colusa	95932	06011000500	Asian	--%	58.70% at 100.00% FPL
Schools – students (Preschool)	Colusa Children's Center	706 6th Street	Colusa	95932	06011000500	Asian	--%	58.70% at 100.00% FPL
Schools – students (Preschool)	Pre-K/ Family Literacy	723 6th Street	Colusa	95932	06011000500	Asian	--%	58.70% at 100.00% FPL
Schools – students (Preschool)	Colusa Indian Community Council - Hand in Hand	3730 Highway 45	Colusa	95932	06011000200	All Races	35.70%	Other: 50.00% per FDPIR
Schools – students (Preschool)	California State University, Chico Child Development Lab	Aymer J. Hamilton Building, Room 120	Chico	95929-0395	06007000603	All Races	64.10%	
Schools – students (Preschool)	April Bailey - Home Daycare Provider	407 Woodward Ave.	Orland	95963	06021010100	Asian	--%	75.40% at 100.00% FPL
Schools – students (Preschool)	Becky Smith - Home Daycare Provider	1235 Walters Street	Orland	95963	06021010100	Asian	--%	75.40% at 100.00% FPL
Schools – students (Preschool)	My School	911 East Street	Alturas	96101	06049000100	Non-Hispanic	--%	100.00% at 100.00% FPL

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
						Black		
Schools – students (Preschool)	Surprise Valley State Preschool	790 High St.	Cedarville	96104	06049000400	Hispanic, Other	--%	57.90%, at 100.00% FPL 100.00% at 100.00% FPL
Schools – students (Preschool)	The Budding Tree	311 West 1st Street	Alturas	96101	06049000100	Non-Hispanic Black	--%	100.00% at 100.00% FPL
Schools – students (Preschool)	Helen M. Wilcox Elementary Peschool	5737 Autrey Lane	Oroville	95966	06007003000	All Races	66.10%	
Schools – students (Preschool)	Palermo School Preschool	7350 Bulldog Way	Palermo	95968	06007003200	Non-Hispanic Black	--%	100.00% at 100.00% FPL
Schools – students (Preschool)	Butte Valley Montessori Childern's House	610 W. Third Street	Dorris	96023	06093000200	American Indian	--%	59.50% at 100.00% FPL
Schools – students (Preschool)	Poplar Avenue Elementary Preschoool	2070 Poplar Ave	Oroville	95965	06007002900	Hispanic, Asian	--%	57.20% at 100.00% FPL 77.60% at 100.00% FPL
Schools – students (Preschool)	Sierra Avenue Elementary Preschool	1050 Sierra Ave	Oroville	95965	06007002900	Hispanic, Asian	--%	57.20%, at 100.00% FPL 77.60% at 100.00% FPL
Schools – students (K-12)	Chico Country Day School	102 W 11 th Street	Chico	95928	06007001200	All Races	62.90%	
Schools- students (K-12)	Chico High School	901 Esplanade	Chico	95926	06007000603	All Races	61.40%	
Schools- students (K-12)	Shasta Elementary	169 Leora Ct.	Chico	95973	06007000300	Other Races	--%	59.10% at 100.00% FPL

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Schools- students (K-12)	Modoc Middle	906 West 4th Street	Alturas	96101	06049000100	Non-Hispanic Black	--%	100.00% at 100.00% FPL
Shelters/ Temporary Housing	Esplanade House	181 E. Shasta Avenue	Chico	95973	06007000300	--	--%	Proxy Site
WIC Program	California WIC Agency - Butte Co	1311 Mangrove Avenue, Suite D	Chico	95926	06007000700	--	--%	Proxy Site
Other: Indian Tribal Organization	Colusa Indian Community Council	3730 Highway 45	Colusa	95932	06011000200	All Races	35.70%	Other: 50.00% per FDPIR
Other: Indian Tribal Organization	Enterprise Rancheria	2133 Monte Vista Ave	Oroville	95966	06007003000	All Races	66.10%	
Other: Indian Tribal Organization	Feather River Tribal Health, Inc.	2145 5th Avenue	Oroville	95965	06007002800	All Races	54.90%	
Other: Indian Tribal Organization	Grindstone	3600 County Road 305 # 13a	Elk Creek	95939	06021010300	All Races	19.50%	Other: 50.00% per FDPIR
Other: Indian Tribal Organization	Mechoopda Indian Tribe	2099 Sunrise Court	Chico	95928	06007001300	All Races	65.00%	
Other: Indian Tribal Organization	Mooretown Rancheria	1 Alverda Drive	Oroville	95966	06007003300	All Races	29.60%	Other: 50.00% per FDPIR

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Free/Reduced Price Meal Percentage Data Sheet

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Big Valley Community Day (S,P)	Big Valley Joint Unified School District	18-64089-1830116	100.00%	0.00%	100.00%
Big Valley Jr. Sr. High (S,P)	Big Valley Joint Unified School District	18-64089-1831601	48.74%	5.88%	54.62%
Big Valley Elementary (S,P)	Big Valley Joint Unified School District	18-64089-6010698	58.72%	11.93%	70.64%
Cedarwood Preschool (PS,P)	Butte County Office of Education	(CACFP Site, April 2010)	66.70%	18.80%	85.50%
Vista Preschool (PS,P)	Butte County Office of Education	(CACFP Site, April 2010)	55.00%	17.50%	72.50%
Learning Community Charter/ Four Winds School (S, P)	Butte County Office of Education	04-10041-0430090	52.74%	15.82%	68.57%
Learning Community Charter/ Hearthstone School (S, P)	Butte County Office of Education	04-10041-0430090	52.74%	15.82%	68.57%
Biggs Elementary School (S,P)	Biggs Unified School District	04-61408-6002943	73.53%	5.88%	79.41%
Biggs Middle (S,P)	Biggs Unified School District	04-61408-6113435	65.00%	6.67%	71.67%
Academy for Change (S,P)	Chico Unified School District	04-61424-0111039	73.45%	3.54%	76.99%
Chapman Elementary (S,P)	Chico Unified School District	04-61424-6002968	82.35%	5.04%	87.39%
Chico Country Day School (S,P) (06007001200)	Chico Unified School District	04-61424-6113773	--%	--%	--%
Chico High School (S,P) (06007000603)	Chico Unified School District	04-61424-0431676	--%	--%	--%
Chico Junior (S,P)	Chico Unified School District	04-61424-6057137	46.80%	7.74%	54.55%
Citrus Avenue Elementary (S,P)	Chico Unified School District	04-61424-6002976	73.95%	8.60%	82.56%
Fair View High School (S,P)	Chico Unified School District	04-61424-0431502	72.64%	9.46%	82.09%
McManus Elementary (S,P)	Chico Unified School District	04-61424-6003024	61.40%	11.70%	73.10%
Parkview Elementary (S,P)	Chico Unified School District	04-61424-6003073	62.11%	11.89%	74.01%
Rosedale Elementary (S,P)	Chico Unified School District	04-61424-6003081	53.15%	6.30%	59.45%

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Shasta Elementary (S,P) (06007000300)	Chico Unified School District	04-61424-6003099	--%	--%	--%
Arbuckle Children's Center (PS,P)	Colusa County Office of Education	(CACFP Site, May 2011)	86.10%	5.50%	91.60%
Arbuckle Preschool (PS,P)	Colusa County Office of Education	(CACFP Site, May 2011)	40.00%	45.00%	85.00%
George E Cain Children's Center (Maxwell State Preschool) (PS,P)	Colusa County Office of Education	(CACFP Site, May 2011)	75.00%	15.00%	90.00%
Williams Children's Center (PS,P)	Colusa County Office of Education	(CACFP Site, May 2011)	96.00%	3.90%	99.90%
George T. Egling Middle School (S,P)	Colusa Unified School District	06-61598-6057152	50.78%	12.69%	63.47%
James M. Burchfield Elementary (S,P)	Colusa Unified School District	06-61598-6003495	47.76%	13.90%	61.66%
Columbia Academy (Discovery) (S,P)	Corning Union Elementary School District	52-71498-6114466	100.00%	0.00%	100.00%
Maywood Middle (S,P)	Corning Union Elementary School District	52-71498-6093546	69.95%	12.08%	82.03%
Olive View Elementary (S,P)	Corning Union Elementary School District	52-71498-6053490	73.06%	12.90%	85.96%
Rancho Tehama Elementary (S,P)	Corning Union Elementary School District	52-71498-6112486	84.21%	5.26%	89.47%
West Street Elementary (S,P)	Corning Union Elementary School District	52-71498-6053482	73.39%	11.29%	84.68%
Woodson Elementary (S,P)	Corning Union Elementary School District	52-71498-0102301	68.46%	10.51%	78.97%
Forks of Salmon Elementary (S,P)	Forks of Salmon Elementary School District	47-70292-6050744	100.00%	0.00%	100.00%

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Hamilton City State Preschool (PS,P)	Glenn County Office of Education	(CACFP Site, May 2011)	77.50%	10.00%	87.50%
Tehama Street Childrens Center-Infant/ Toddler (PS,P)	Glenn County Office of Education	(CACFP Site, May 2011)	100.00%	0.00%	100.00%
Tehama Street Children's center-Extended Day (PS,P)	Glenn County Office of Education	(CACFP Site, May 2011)	100.00%	0.00%	100.00%
Esperanza Continuation High (S,P)	Gridley Unified School District	04-75507-0433946	76.92%	7.69%	84.62%
McKinley Elementary (S,P)	Gridley Unified School District	04-75507-6003156	66.47%	10.79%	77.26%
Sycamore Middle (S,P)	Gridley Unified School District	04-75507-6003164	60.00%	12.00%	72.00%
Wilson Elementary (S,P)	Gridley Unified School District	04-75507-6003172	67.73%	10.28%	78.01%
Hamilton Elementary (S,P)	Hamilton Unified School District	11-76562-6007447	66.53%	16.03%	82.57%
Hamilton High (S,P)	Hamilton Unified School District	11-76562-1133701	46.91%	12.04%	58.95%
Los Molinos Elementary (S,P)	Los Molinos Unified School District	52-71571-6053565	83.39%	8.14%	91.53%
Vina Elementary (S,P)	Los Molinos Unified School District	52-71571-6053581	53.52%	12.68%	66.20%
Cedar Lane Elementary (PS,S,P)	Marysville Joint Unified School District	58-72736-6056659	83.85%	4.90%	88.75%
Covillaud Elementary (PS, S,P)	Marysville Joint Unified School District	58-72736-6056733	65.85%	10.84%	76.69%
Edgewater Elementary School (S,P)	Marysville Joint Unified School District	58-72736-0119362	54.48%	16.42%	70.90%
Ella Elementary (PS, S,P)	Marysville Joint Unified School District	58-72736-6056683	84.34%	8.38%	92.71%

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Johnson Park Elementary (S,P)	Marysville Joint Unified School District	58-72736-6056709	72.05%	10.36%	82.41%
Kynoch Elementary (PS, S,P)	Marysville Joint Unified School District	58-72736-6056774	61.43%	12.86%	74.29%
Linda Elementary (PS, S,P)	Marysville Joint Unified School District	58-72736-6056717	83.29%	7.00%	90.29%
Olivehurst Elementary (PS, S,P)	Marysville Joint Unified School District	58-72736-6056741	54.91%	16.23%	71.14%
Alturas Elementary (S,P)	Modoc Joint Unified School District	25-73585-6025845	46.90%	7.82%	54.72%
South Fork Elementary (S,P)	Modoc Joint Unified School District	25-73585-6025878	75.76%	0.00%	75.76%
Fairview Elementary (S,P)	Orland Joint Unified School District	11-75481-6007470	64.40%	12.14%	76.54%
Mill Street Elementary (S,P)	Orland Joint Unified School District	11-75481-6007488	71.40%	7.42%	78.81%
Orland High (S,P)	Orland Joint Unified School District	11-75481-1135656	54.17%	10.62%	64.80%
Bird Street Elementary (S,P)	Oroville City Elementary School District	04-61507-6003214	83.89%	7.78%	91.67%
Central Middle (S,P)	Oroville City Elementary School District	04-61507-6003230	57.98%	8.40%	66.39%
Ishi Hills Middle School (S,P)	Oroville City Elementary School District	04-61507-0110072	52.37%	12.11%	64.47%
Oakdale Heights Elementary (S,P)	Oroville City Elementary School District	04-61507-6003255	78.20%	12.53%	90.74%
Ophir Elementary (S,P)	Oroville City Elementary School District	04-61507-6003263	39.53%	11.99%	51.52%
Stanford Avenue Elementary (S,P)	Oroville City Elementary School District	04-61507-6003271	61.32%	15.83%	77.15%

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Wyandotte Avenue Elementary (S,P)	Oroville City Elementary School District	04-61507-6094957	82.53%	6.93%	89.46%
Las Plumas High School (S,P)	Oroville Union High School District	04-61515-0434803	52.88%	12.32%	65.20%
Oroville High School (S,P)	Oroville Union High School District	04-61515-0435602	57.26%	8.15%	65.40%
Prospect High School (S,P)	Oroville Union High School District	04-61515-0437566	79.17%	5.36%	84.52%
Golden Hills Elementary (S,P)	Palermo Union Elementary School District	04-61523-0110510	67.86%	10.00%	77.86%
Helen M. Wilcox Elementary (S,P)	Palermo Union Elementary School District	04-61523-6003289	65.86%	12.46%	78.32%
Honcut Elementary (S,P)	Palermo Union Elementary School District	04-61523-6089080	71.43%	14.29%	85.71%
Palermo School (S,P)	Palermo Union Elementary School District	04-61523-6003297	69.82%	9.68%	79.50%
Cedarwood Elementary (S,P)	Paradise Unified School District	04-61531-6113526	63.22%	9.96%	73.18%
Paradise Elementary (S,P)	Paradise Unified School District	04-61531-6003313	46.76%	11.09%	57.85%
Paradise Intermediate (S,P)	Paradise Unified School District	04-61531-6003321	47.36%	10.75%	58.11%
Pine Ridge (S,P)	Paradise Unified School District	04-61531-6105522	59.12%	13.69%	72.81%
Ponderosa Elementary (S,P)	Paradise Unified School District	04-61531-6003339	47.65%	10.02%	57.67%
Ridgeview Continuation High (S,P)	Paradise Unified School District	04-61531-0432856	68.93%	5.83%	74.76%
Educational Outreach Academy (S)	Red Bluff Joint Union High School District	52-71639-0118026	63.83%	12.77%	76.60%

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Rebound (S)	Red Bluff Joint Union High School District	52-71639-5230040	70.00%	10.00%	80.00%
Red Bluff High School (S)	Red Bluff Joint Union High School District	52-71639-5237201 (School Food Service, May 2011)	46.54%	11.39%	57.93%
Salisbury High (S)	Red Bluff Joint Union High School District	52-71639-5237151	61.70%	10.64%	72.34%
Bidwell Elementary (S,P)	Red Bluff Union Elementary School District	52-71621-6053623	59.19%	7.60%	66.78%
Jackson Heights Elementary (S,P)	Red Bluff Union Elementary School District	52-71621-6053631	73.99%	8.30%	82.29%
Vista Middle (S,P)	Red Bluff Union Elementary School District	52-71621-6053656	53.69%	5.53%	59.22%
William M. Metteer Elementary (S,P)	Red Bluff Union Elementary School District	52-71621-6106686	67.10%	7.00%	74.10%
Scott River High (S,P)	Scott Valley Unified School District	47-76455-4730107	75.00%	12.50%	87.50%
Scott Valley Community Day (S,P)	Scott Valley Unified School District	47-76455-4730206	50.00%	25.00%	75.00%
Etna Elementary (PS, S,P)	Scott Valley Unified School District	47-76455-6050728	42.05%	15.38%	57.44%
Etna Union High School (S,P)	Scott Valley Unified School District	47-76455-4733309	52.24%	13.93%	66.17%
Fort Jones Elementary (PS, S,P)	Scott Valley Unified School District	47-76455-6050751	57.64%	14.58%	72.22%
Scott Valley Junior High School (S,P)	Scott Valley Unified School District	47-76455-6105480	52.38%	14.29%	66.67%
Elk Creek Elementary (S)	Stony Creek Joint Unified	11-62653-6007546	74.42%	0.00%	74.42%
Elk Creek Junior-Senior High (S)	Stony Creek Joint Unified	11-62653-1132109	63.27%	6.12%	69.39%
Indian Valley Elementary (S)	Stony Creek Joint Unified	11-62653-6007553	72.73%	0.00%	72.73%

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Stony Creek Community Day (S)	Stony Creek Joint Unified	11-62653-1130137	100.00%	0.00%	100.00%
Stony Creek Elementary Community Day (S)	Stony Creek Joint Unified	11-62653-6119200	100.00%	0.00%	100.00%
Surprise Valley Elementary (S,P)	Surprise Valley Joint Unified School District	25-65896-6025902	50.00%	12.50%	62.50%
Diamond View Middle (S,P)	Susanville Elementary School District	18-64196-6010813	37.25%	16.91%	54.17%
McKinley Elementary (S,P)	Susanville Elementary School District	18-64196-6010821	44.32%	14.96%	59.28%
Meadow View (S,P)	Susanville Elementary School District	18-64196-6109748	37.65%	12.94%	50.59%
Paiute Creek Community Day (S,P)	Susanville Elementary School District	18-64196-6116503	100.00%	0.00%	100.00%
Susan River Community Day (S,P)	Susanville Elementary School District	18-64196-6116511	83.33%	0.00%	83.33%
Heritage Community Day (S,P)	Thermalito Union Elementary School District	04-61549-6121016	100.00%	0.00%	100.00%
Nelson Avenue Middle (S,P)	Thermalito Union Elementary School District	04-61549-6003354	79.33%	11.69%	91.02%
Pioneer Community Day (S,P)	Thermalito Union Elementary School District	04-61549-0101485	100.00%	0.00%	100.00%
Plumas Avenue Elementary (S,P)	Thermalito Union Elementary School District	04-61549-0102327	72.70%	12.17%	84.87%
Poplar Avenue Elementary (S,P)	Thermalito Union Elementary School District	04-61549-6003362	71.77%	10.08%	81.85%
Sierra Avenue Elementary (S,P)	Thermalito Union Elementary School District	04-61549-6003370	76.45%	13.65%	90.10%
Newell Elementary (S,P)	Tulelake Basin Joint Unified School District	25-73593-6025860	76.69%	6.77%	83.46%

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Murdock Elementary (S,P)	Willows Unified School District	11-62661-6007603	59.12%	7.29%	66.41%
Willows Intermediate (S,P)	Willows Unified School District	11-62661-6007611	57.20%	8.68%	65.88%
Mooretown Rancheria Preschool (PS,P)	--	(CACFP Site, May 2011)	67.57%	5.41%	72.97%

*After each school name indicate all that apply with the following abbreviations: K-12 School (S), Preschool (PS), After School (A) & Parents (P)

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Alice Waters	Edible Schoolyard	Provides gardening and nutrition lessons and recipes for instructors to incorporate into classroom curriculum.	English
Amy L.S. Gifford	Steps to a Bountiful Kids' Garden	A how to guide that features detailed information on how to launch and sustain a school or community kids' gardening program.	English
CA School Garden Network	Farm to Table	Fruits and Vegetables for health, component is a fourth through sixth grade unit, introduces students to the production, distribution, and nutritional value of California fresh produce.	English
California Department of Education	A Child's Garden of Standards	Related to the California Department of Education (CDE) program, "A Garden in Every School." This guide is designed to show how garden-based education strongly supports the state's academic content standards.	English/Spanish
California Department of Education	How Does Your Garden Grow?	Nutrition education publications and links to information and activities for educators and children. www.cde.ca.gov/ls/nu/he/nutredres.asp	English

Source	Title	Description	Languages
California Department of Education	Kids Cook Farm Fresh Foods	245 page activities guide and recipes for students in grades 2-7 that links academic content standards to the real world through gardens, nutrition, cooking, recycling, and the environment. Please check with your PM prior to use of the recipes.	English/Spanish
California Department of Education	Nutrition to Grow On	An innovative curriculum for grades four through six that offers teachers a direct link between the garden and nutrition education.	English/Spanish
California Healthy Kids Resource Center	Healthy Food From Healthy Soils	45 lesson resource. Organized into four themes: origins of food, choosing food, putting garbage to work, and simple gardening. Activities keep students engaged as they make models, taste new foods, keep journals, and chart the results of their investigation.	English
California Project LEAN	Jump Start Teens, Captive Kids, Food on the Run Intervention Materials, Slide Guides, and Simple Solutions Intervention Materials, Parent Engagement Toolkit	Cross-curricular lesson encourage students to eat healthy, keep moving and become smart consumers.	English/Spanish
Channing Bete Company	Dining Tips For A Healthier Heart; A Pocket Minder(R) Card	Keep heart-healthy eating on the menu wherever people go! From Chinese to Italian to Mexican -- and more -- this handy credit-card-sized reminder provides specific guidelines for making healthful choices no matter what the cuisine, plus tips on controlling portions, avoiding common pitfalls, and handling cravings.	English/Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Channing Bete Company	Fitness, Food And A Healthy Weight For Your Child; A Parent's Handbook	When parents are aware of the health issues associated with an unhealthy weight, they're better prepared to help their children develop a lifelong plan for weight management. This handbook helps families create such a plan, with accurate information and hands-on features such as a chart for assessing family attitudes about food, a schedule for ensuring a balance of physical and sedentary activities, and a page for setting nutrition and exercise goals. An interactive resource that guides families step by step to improve their eating and exercise habits. Includes the USDA's MyPyramid criteria for healthy eating.	English/Spanish
Channing Bete Company	Food Labels And Pregnancy; A Pocket Minder(R) Card	Along with your message that "good nutrition is extra important when you're pregnant," this durable, go-everywhere reminder offers helpful good-nutrition how-tos. Women who are expecting can quickly refer to MyPyramid recommended servings from each food group, get guidance on selecting healthy foods based on nutrition-label information, learn which foods to avoid, and more. Includes a chart for noting daily calories recommended by their health-care provider for each trimester.	English/Spanish

Source	Title	Description	Languages
Channing Bete Company	Good Nutrition -- Every BODY Needs It	What is good nutrition? Why do we need it? How should we eat to ensure good health? These and other questions about nutrition are answered in this bright, take-anywhere pamphlet, illustrated with multicultural photographic images that preteens and young teens will find appealing. Simple, bulleted text makes healthy-eating tips easy to read and remember. Reflects current recommendations for healthy nutrition based on the latest Dietary Guidelines for Americans and MyPyramid for Teens.	English
Channing Bete Company	Healthy Dining Tips; A Pocket Minder(R) Card	Helps people make healthy eating choices by keeping useful nutrition tips right in their pocket. Credit-card-sized guide has general tips on nutrition and overeating, and a handy chart describing what kinds of restaurant foods are generally healthful -- as well as which ones people ought to avoid eating too frequently.	English
Channing Bete Company	Healthy Grocery Shopping Tips; A Pocket Minder(R) Card	Healthy shopping is the key to healthy eating -- and this credit-card-sized guide will help people navigate the aisles with ease! Explains how to interpret nutrition information, as well as what to look for when shopping for healthy foods, and includes lots of quick, practical tips for healthy shopping. Encourages people to plan a healthy weekly menu, and offers a detailed overview of the Nutrition Facts label.	English/Spanish
Channing Bete Company	Healthy Weight for Teens	Presentation package gives teenagers the facts about what obesity is -- and isn't.	English

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Channing Bete Company	Portion Control -- For A Healthy Weight	A great tool for teaching people why portion control is important for a healthy lifestyle. Readers learn the difference between a serving and a portion, and how many servings from each food group they should eat daily for optimum health. Also provides practical tips for controlling portions wherever one is eating, and spotlights the fact that portion sizes have become much larger in restaurants and in packaged foods.	English/Spanish
Channing Bete Company	Your Family Guide To MyPyramid -- Creating Personal Eating And Exercise Plans; A Self-Care Handbook	This photo-illustrated handbook helps teach adults how to understand the U.S. Department of Agriculture's MyPyramid and its updated dietary guidelines. Through easy-to-understand text, illustrations, and interactive activities, it explains calories, carbohydrates, fats, and proteins, as well as the pyramids and recommended diets for various life stages. It encourages readers to make healthier nutritional choices, to become physically active, and to set measurable goals. Practical meal-planning advice and fitness tips make this an indispensable family reference guide.	English/Spanish
ChooseMyPlate.gov	10 Tips Nutrition Education Series	The Ten Tips Nutrition Education Series provides consumers and professionals with high quality, easy-to-follow tips in a convenient, printable format. These are perfect for posting on a refrigerator.	English
ChooseMyPlate.gov	Let's eat for the health of it	Consumer brochure explaining the dietary guidelines using the ChooseMyPlate model	English
ChooseMyPlate.gov	My1stPlate	Educational materials for preschoolers and children. These materials are yet to be released.	Unknown

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Cindy Krezel	101 Kid Friendly Plants – Fun Plants and Family Garden Projects	Comprehensive guide to indoor and outdoor gardening using nontoxic flowers, vegetables, trees, and houseplants.	English
Columbia University Teachers College	Choice, Control and Change	Students learn science through studying diet and activity choices. They learn about how the human body works, and how food and activity play a role in its well-being. Students engage in hands-on investigations of food preference, our food environment.	English
Columbia University Teachers College	Linking Food with the Environment	Science education curriculum inquiry-based investigations in the domain of food. Teacher manuals with complete lesson plans and student packets with activity sheets and readings. Includes Food and Health for grades 5-6.	English
Contractor Developed – Downey and Hawthorne Unified School Districts	Harvest of the Month student workbooks	Ready to use Harvest of the Month (HOTM) nutrition education workbooks based around the HTOM monthly produce item. Workbook nutrition education materials linked with grade level California Education Standards. Teachers can use to the workbook books to enhance their HOTM classroom taste tests & activities.	English
Contractor Developed – CSUC	LEAP for Preschoolers	Nutrition education curriculum for preschool aged children.	English
Contractor Developed – CSUC	LEAP into Action	A physical activity movement and nutrition education curriculum for preschool aged children.	English
Contractor Developed – Regional Networks, Bay Area, Orange County, Gold Coast, Sierra Cascade	Re Think Your Drink Be Sugar Savvy Lesson & Instructor Resource	Offers practical advice for cutting calories by making healthier drink choices.	English/Spanish

Source	Title	Description	Languages
Contractor Developed – CSU Chico - SCNAC	Farmer of the Month newsletter & video	Educational newsletter and video promoting local farmers who grow featured HOTM produce items. The FOTM newsletter and videos provide an opportunity for teachers and youth leaders to expand the <i>Harvest of the Month</i> learning and tasting experience. Nutrition education information is pulled from the Network HOTM newsletters. The FOTM Video is designed to expand on the FOTM educational newsletter by providing a virtual field trip experience for students. The FOTM videos can help to bring the farm and the farmer into the classroom to help mitigate the loss of field trip opportunities which provide the vital experiences that help students understand the connection between fresh food and lifelong healthy eating habits.	English
Contractor Developed – CSU Chico - SCNAC	Pod-cast scripts	Scripts containing nutrition information and facts that are culturally relevant for the Hmong communities which will be aired on KZFR and available on the SCNAC website. The scripts will both be in English and Hmong.	English/Hmong
Contractor Developed – CSUC	LEAP for Families	Nutrition education curriculum to be used by adults and children designed to educate about nutrition and importance of physical activity.	English
Contractor Developed – Los Angeles Collaborative Website	Harvest of the Month complementary educational materials	Contractors can share examples of presentations and nutrition education materials they have created or revised.	English/Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Dairy Council of California	Deal Me In...Food and Fitness (Afterschool)	This extended day nutrition education and physical activity program introduces and reinforces healthy eating and physical activity in a fun and engaging way. The program is designed for Grades K – 6 and can be ordered by After School Directors.	English
Dairy Council of California	Exercise Your Options (Middle School)	This eight lesson unit helps students assess their current food and activity choices and plan for improvement. The lessons focus on improvement rather than perfection.	English
Dairy Council of California	Nutrition Pathfinders (4th and 5th grade)	This five lesson unit reinforces language arts and math while teaching health in a fun way.	English/Spanish
Dorling Kindersley	Grow It, Cook It	Teaches how to grow, harvest, and cook delicious food	English
Emily Scott and Catherine Duffy	Dinner From Dirt	Perennial kid favorites with complete instructions, garden plots, and recipes to show them how to grow and cook those foods themselves. Safety tips, growing tips, diagrams, fun facts, easy to follow directions, and lots of full color illustrations.	English
Eve Pranis, Allison Watt	GrowLab- Activities for Growing Minds	Curriculum to spark curiosity about plants and to think like a scientist. Uses fun illustrated activities to explore plant life cycles, examine plant diversity, interdependence of plants, humans. Grades K-8.	English
Eve Pranis, Amy Gifford	School Mosaics- Designing Gardens and Habitats	The book offers advice on involving students in the planning and design process, building community support, and integrating the project with curriculum and learning goals.	English

Source	Title	Description	Languages
Eve Pranis, Jack Hale	GrowLab – A Complete Guide to Gardening in the Classroom (Revised Edition)	Topics discussed: setting up an indoor garden, planning and planting, choosing vegetables, herbs, flowers to grow indoors, maintaining healthy growing environment, tackling pests, conducting special gardening projects.	English
Felder Rushing	New Junior Garden Book	The reader learns how things grow and how to make garden projects.	English
Joanne Dennee	In The Three Sisters Garden	Collection of hands on, hearts on seasonal stories, projects, and activities for the curious child.	English
Karrie Kalich, PhD, Dottie Bauer, EdD, Deirdre McPartlin, Med	Early Sprouts	A research-based early childhood curriculum with a seed-to-table approach to encourage young children to eat more vegetables by planting, harvesting, and preparing their own organically grown produce.	English
Katharine D. Barrett, Jennifer M. White and Christine Manoux	Botany on Your Plate- Investigating the Plants We Eat	Grades K-4. Explore edible roots, stems, leaves, flowers, fruits, and seeds through observation, dissection, journaling, discussion of findings, and tasting.	English
Kathy Henderson	And the Good Brown Earth	Seasonal description of gardening: planning, planting, watering, weeding, and waiting with an emphasis on vegetables.	English
Kendall Hunt Publishing	In the Three Sisters Garden	Invite your students to explore activities related to Native American corn, bean, and squash gardens. <i>In the Three Sisters Garden</i> includes gardening methods; cooking; and native arts, stories, and traditions.	English
Koch, Barton, Contento	Growing Food	Students learn about the cycling of matter in nature, flow of energy, and food systems. Includes lesson plans with helpful background information, practical teaching tips, and tools for assessment.	English

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
L. Patricia Kite	Gardening Wizardry for Kids	A collection of more than 300 experiments and projects with apple seeds, beans, potatoes, fruit pits, vegetables, herbs, etc.	English
Learning Zone Express	Breakfast Basics Tablet	Breakfast is the most important meal of the day! This tablet provides ideas for creating a healthy breakfast. Full-color back includes a checklist to record protein, whole grains, fruit and veggies, and healthy fats.	English
Learning Zone Express	Fast Food Nutrition DVD	Fast food often gets a bad rap. High amounts of saturated fat, trans fat, sugar, sodium, and calories, and a lack of fruits and vegetables make most fast food choices not the best in terms of nutrition. Join Rickey and Genevieve as they explore the world of fast food with fun and humor as they help viewers learn how to make the healthiest choices when eating on the go at fast food restaurants.	English
Learning Zone Express	Fat Facts Tablet	How about some fat facts? This tablet describes and defines four types of fats: Mono, Poly, Saturated and Trans Fats. See examples of each kind of fat and how they stack up next to each other. Learn healthy eating tips as well. Black and white worksheet on back.	English
Learning Zone Express	Healthy Choices Tables	Both sides depict stunning photographs of fat content in foods. See how the fat content of grapes and chocolate chips compare, or mayonnaise and mustard.	English

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Learning Zone Express	Healthy Food Train Tablet	“Start children out on the right track” with the Healthy Food Train tablet. Using colorful photographs, this tablet shows dozens of foods in suggested portion sizes for kids ages 3-5. Caregivers and parents will be drawn into the tablet with the creative Foodscapes™ train and learn healthy food choices in proper serving sizes within each food group. Great for hospitals, childcare centers, preschools, daycares, etc.	English
Learning Zone Express	Obesity in a Bottle DVD	What type of beverage do you reach for when you're with friends? The choices you make have the potential to greatly affect your health. This educational video uses a fast-paced, teen-friendly format to address the growing national obesity problem and how beverages factor in. Topics include the effect of beverages on weight gain, beverage size, the dangers of both regular and diet sodas, a comparison of sports and energy drinks, a nutritional breakdown of other popular beverages, and the benefits of drinking water.	English

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Learning Zone Express	Portion & Distortion Tablets	With obesity a national health concern, this handout offers a quick look at healthy portions. With simple visual images, this 2-sided handout illustrates clearly the difference between recommended portion sizes and what more likely appears on our plate. The back shows the easiest ways to measure portions and more! Ideal for the classroom, kitchen, weight room, trade show, or snack bar. Appropriate for grades 9-adult.	English/Spanish
Learning Zone Express	USDA MyPlate Poster	The bright and colorful USDA MyPlate Poster highlights how to build a healthy plate with tips for selecting the best choices within each food group. Additional tips include foods to cut back on, eating the right amount for you, and being physically active your way.	English
Learning Zone Express	USDA MyPlate Tablet	The bright and colorful USDA MyPlate Tablet highlights how to build a healthy plate with tips for selecting the best choices within each food group. Additional tips include foods to cut back on, eating the right amount for you, and being physically active your way. Tablet backside features a variety of tips to make a great plate.	English
Learning Zone Express	Whole Grains Tablet	MyPyramid recommends we make half the grains we eat whole grains. Discover why whole grains are important, the differences between whole grains and refined grains, and good sources of whole grains with this colorful tablet.	English

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Michigan Fitness Foundation/Michigan Nutrition Network	Fit Bits and Healthy Classrooms, Schools (one unit)	Nutrition education lessons for teachers to facilitate activities in the classroom for school age children.	English
Nancy Allen Jurenka and Rosanne J. Blass	Beyond the Bean Seed – Gardening Activities for Grades K-6	Book: Lessons integrate gardening, children’s literature, and language arts through creative activities that have poetry, word play, and recipes. Literature based projects lead to learning in a variety of subjects from ecology, history, and geography to career exploration in the sciences	English
Nasco	50 Ways/Physical activity tablet	Get motivated with tips and ideas that encourage eating healthier and increasing physical activity. This tablet offers 50 creative ways to help individuals lead healthier lives.	English
Nasco	How Much Fat? - Special Edition: Appetizers	This dramatic visual aid will help you demonstrate how much fat people are consuming in their daily lives. Displays the amount of fat, in grams, in the following foods: cheese fries, fried onions, fried mozzarella sticks, Jalapeño Bites, chicken Caesar salad, Chicken Quesadilla, stuffed potato skins, chicken strips, buffalo wings, nachos. Includes a leaflet that includes a special section on artery clogging fat and ideas for use	English

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Nasco	How Much Salt?	This dramatic visual aid will help you demonstrate how much salt people are consuming in their daily lives. Displays the amount of salt our body needs daily, the average amount Americans eat, the amount listed in the Dietary Goals, as well as the amount of salt, in milligrams, in the following foods: potato, potato chips or tortilla chips, canned chicken noodle soup, homemade soup, pork chop, ham, fast food deluxe quarter pound cheeseburger, a typical picnic meal, and canned chow mein. Because consumers are familiar with salt, sodium values have been converted to salt for display in the test tubes. Set comes with a short guide containing background information and ideas for use.	English
Nasco	Myth Busters: Carbohydrates and Proteins Tablet Set	Know the real facts about carbohydrates and proteins. States popular myths and then explains why they are false. Covers simple carbohydrates, complex carbohydrates, protein, and vegetable proteins. Features eye-catching photos and dietary tips. Includes two double-sided tablets, one featuring carbohydrates and one featuring protein.	English

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Nasco	Myth Busters: Fats Tablet Set	Get the truth about fats with information that is concise and easy to understand. These tablets dispel popular myths about the four types of fat: monounsaturated fat, polyunsaturated fat, saturated fat, and trans fat. Tablets cover what fats are good for you, cooking oils, meats, which fats affect cholesterol level, and how to avoid certain fats. One double-sided tablet features monounsaturated and polyunsaturated fats and the other double-sided tablet features trans and saturated fats.	English
Nasco- Life/form	How Much Sugar/Fat?	This dramatic visual aid will help you demonstrate the amount of sugar and fat that people are consuming in their daily lives.	English
National Gardening Association	Garden Adventures	Hands-on approach to garden activities that are centered around four key questions: What is a plant? Where do plants come from? How do we take care of plants? Why are plants important?	English
National Gardening Association	Sowing the Seeds of Wonder	Hands-on activities for preschool-age children to engage all their senses as they discover gardening. Students will develop a lifelong connection to the outdoors as they dig into the soil; observe birds, insects, and other garden critters; and enjoy the tastes of fresh fruits and vegetables that they have helped plant and harvest	English
National Institute of Child Health and Human Development	Media Smart Youth	Interactive after-school education program for young people ages 11 to 13 designed to help teach them about media and how it can affect their health--especially in the areas of nutrition and physical activity.	English/Spanish
National Institute of Health	WeCAN!	Ways to enhance PA and nutrition in children.	English

Source	Title	Description	Languages
<i>Network for a Healthy California</i>	Harvest of the Month Educator Newsletter, Family Newsletter, Community Newsletter, Menu Slicks, Toolkit	Assists health education experts in offering the latest science-based nutrition and physical activity recommendations.	English/Spanish
<i>Network for a Healthy California</i>	Shape of Yoga	Offers simple ideas to teach others how to perform basic yoga and learn about healthy food choices.	English/Spanish
Northcoast Nutrition Collaborative – <i>Network for a Healthy California</i>	Harvesting Health	A compilation of lessons and resources that foster nutrition education through gardening concepts highlighting seasonal produce specific to the Northcoast Region.	English
Nutrition Services Division – CDE	School Garden Resource	Links garden based education activities selected from several published educational materials to specific academic content standards for grades 2-6 in science, history/social sciences, mathematics, and English language arts.	English
Raymond Bial	A Handful of Dirt	For grades 3-5: the importance of soil, what is in it and why it is important to the environment, life and planet.	English
Roberta Jaffe and Gary Appel	The Growing Classroom Garden-Based Science (resource book)	For educators, contains 480 pages of science, mathc, & language arts activities that you can do with students in the garden. Only those sections related to SNAP-Ed allowable nut ed can be used.	English
Russ Invision	Smart & Tasty 1: Good Food Tunes for Kids (CD)	These tunes teach children how to have fun with food while they learn about healthy eating and physical activity.	English
Russ Invision	Smart & Tasty 2: Good Food Tunes for Kids (CD)	These tunes teach children how to have fun with food while they learn about healthy eating and physical activity.	English

Source	Title	Description	Languages
Share our Strength, ConAgra Foods Foundation	Operation Frontline	Cooking based nutrition education program that teaches how to prepare healthy, tasty meals on a limited budget. Please check with your PM prior to use of the recipes.	English
SPARK (Sports, Play and Active Recreation for Kids) Pre K-9	SPARK Curriculum	This series is designed to provide physical education activities during class time, develop skills to promote ongoing regular physical activity, and involve students in physical activity after school and at recreational facilities.	English
Texas Cooperative Extension	Health and Nutrition from the Garden	Basic gardening information that includes growing techniques, food safety, healthy eating tips, and nutritious snack preparation. Tool for educators who use garden programs to teach students about health, nutrition, food safety, and wise decision making skills.	English
Texas Cooperative Extension	Junior Master Gardener teacher/Leader Guide Level 1	Curriculum for grades 3 to 12 correlated to the California Dept of Ed subject based standards. Includes: independent and group learning experiences related to a unique gardening education.	English
Texas Cooperative Extension	Literature in the Garden	Junior Master Gardener Literature in the Garden curriculum engages children through garden and ecology themed children’s books. For grades 3-5.	English
UC Botanical Gardens	Math in the Garden	Lessons for grades 5-8 using concepts in gardens for math problems. Promotes good nutrition while improving math skills.	English

Source	Title	Description	Languages
University of California Cooperative Extension	CATCH – Coordinated Approach to Child Health Series	After-school education and summer enrichment program teaches children the nutrition knowledge, skills and self-reliance that empowers them to make healthy dietary and physical activity choices.	English/Spanish
University of California Cooperative Extension	Reading Across MyPyramid	A literacy curriculum promoting nutrition & health education.	English/Spanish
University of California Cooperative Extension	Sacramento Area Growing Guide and Calendar	Written specifically for the Sacramento area with suggestions on what to do in the garden each month.	English
University of California Cooperative Extension (EFNEP, FSNEP)	Eat Fit	Youth FSNEP provides curriculum, training and lesson materials to conduct nutrition education and physical activity programs in preschools, K-12 classrooms, community youth organizations and after school programs. The goal is to increase nutrition education and physical activity programs in programs serving low income students in an effort to improve the health of school-aged children. Nutrition educators train teachers/extenders who deliver the programs.	English
University of California Cooperative Extension, ANR	Farm to Fork (also called Healthy Eating Farm to Fork)	Curriculum that makes the connection between local food systems, gardening-based learning, school food service and the establishment of healthy habits in children.	English/Spanish
University of North Carolina – Chapel Hill	Nutrition and Physical Activity Self Assessment for Child Care Providers (NAP-SACC)	To promote healthy eating and physical activity in young children in child care and preschool settings.	English
US Dept of Health and Human Services	Games from the Garden	Handout: 10 ideas to help you follow the dietary guidelines and get lots of exercise.	English

Source	Title	Description	Languages
USDA Food and Nutrition Services	Nutrition Essentials and Power of Choice	There are six sequential lesson plans—each one is based on a poster or other visual image that serves as the focus for class discussions and activities.	English
USDA Food Stamp Nutrition Connection	Eat Smart, Play Hard	This site is specifically designed for parents and caregivers to provide information to help you eat better, be more physically active and be a role model for your kids.	English
USDA materials	Agriculture in the Classroom	Website: Interactive Kid's Zone.	English
USDA materials	Dietary Guidelines for Americans	Assists health education experts in offering the latest science-based nutrition and physical activity recommendations.	English
USDA materials	Eat Right When Money is Tight	Video: Community Hunger Champions: Eat Right When Money is Tight, helps eligibility workers and community partners understand how they can work together and utilize the outreach materials developed by FNS.	English/Spanish
USDA materials	Loving Your Family Feeding Their Future	Provides educational and promotional materials and techniques to help nutrition educators in their work with SNAP participants and eligibles.	English/Spanish
USDA materials	MyPyramid for Kids, MyPyramid for Adults, MyPyramid for Preschoolers	MyPyramid materials designed specifically for children aged Pre-K to 11, and adults.	English/Spanish
USDA materials	Nibbles for Health	Nutrition Newsletters for Parents of Young Children.	English/Spanish
USDA materials Texas Cooperative Extension	Junior Master Gardener – Health and Nutrition – From the Garden	Curriculum for grades 3-12 correlated to the California Dept of Ed subject based standards. Includes: independent and group learning experiences related to a unique gardening education.	English

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
USDA, Team Nutrition	Empowering Youth with Nutrition & Physical Activity	A manual for use in after school programs and classrooms with youth 11-18 years old. It contains current nutrition and physical activity information to enhance leader knowledge and fun, hands-on activities that teach nutrition concepts.	English
Watershed project (lessons from the curriculum are used to support allowable FSNE activities)	Kids in Gardens	Workshop with 500 pages of background info, resources and activities that links your school garden to classroom curricula that supports CA state standards.	English
WIC	WIC materials: handouts, posters	Materials to use in instructing CalFresh population.	English/Spanish

New Materials Development Data Sheet

<i>Title</i>	<i>Description</i>	<i>Justification</i>
Native American Educational handouts	Parent and student handouts with nutritional information and facts that are culturally relevant for Native Americans. The handouts will increase nutrition and physical activity awareness, while being culturally sensitive to the Native American communities in northern California.	We provide services to Native American partners and there are very few educational resources that exist that are culturally sensitive to the specific communities in our area.

BUDGET COVER SHEET
FFY 2012

Organization: CSU, Chico Research Foundation (SCNAC)				
Contract Number: 10-10044				
Federal Share Budget	FFY 2011	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 1,097,336	\$ 1,217,054	\$ 119,718.00	10.91%
Fringe Benefits	\$ 285,307	\$ 316,434	\$ 31,126.64	10.91%
Operating	\$ 57,444	\$ 59,369	\$ 1,925.00	3.35%
Equipment & Other Capitol	\$ 24,699	\$ 16,360	\$ (8,339.00)	-33.76%
Travel	\$ 47,824	\$ 56,644	\$ 8,820.00	18.44%
SubContracts	\$ 212,389	\$ 215,045	\$ 2,656.00	1.25%
Other Costs	\$ 317,403	\$ 274,887	\$ (42,515.55)	-13.39%
Indirect Costs	\$ 290,047	\$ 293,279	\$ 3,231.66	1.11%
Total Federal Share	\$ 2,332,449	\$ 2,449,072	\$ 116,622.75	5.00%
Justifications:				
Personnel Salaries	Personnel increase due to salary increase			
Fringe Benefits	Fringe increase due to Salary increase			
Equipment & Other Capitol	Equipment decrease due to purchasing less equipment			
Travel	Added Annual Network Conference			
Other Costs	Other costs increase due to added programs			
Total Federal Share	Contractor was approved for growth in FFY 12			

BUDGET JUSTIFICATION
October 1 , 2011 - September 30, 2012

Contractor: California State University, Chico
 Research Foundation (SCNAC)
 Contract #: 10-10044

PERSONNEL SALARIES:									
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars		
FEDERAL SHARE POSITIONS									
1	Name: Altier, Karen Title: Teacher/Student Aide/Assistant (Nutrition Education Activity Assistant)	\$ 31,200	0.1200		12.00%	\$ 3,744	\$ 3,744		
2	Name: Antosik, Megan Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 21,840	0.2900		29.00%	\$ 6,334	\$ 6,334		
3	Name: Ballintine, Jennifer Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 21,840	0.1900		19.00%	\$ 4,150	\$ 4,150		
4	Name: Betty, Breanna Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 22,880	0.4800	48.00%		\$ 10,982	\$ 10,982		
5	Name: Bianco-Simeral, Stephanie ²⁵ Title: Dietician (Nutrition Education Specialist III)	\$ 57,396	0.6000	60.00%		\$ 34,438	\$ 34,438		
6	Name: Birk, Beth Title: Teacher/Student Aide/Assistant (Site Administrator I)	\$ 54,080	0.0500		5.00%	\$ 2,704	\$ 2,704		
7	Name: Boek, Stacey Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 21,840	0.4000		40.00%	\$ 8,736	\$ 8,736		
8	Name: Bransford-Smith, Nicole Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 20,800	0.2000		20.00%	\$ 4,160	\$ 4,160		
9	Name: Buckley, Mike Title: Teacher/Student Aide/Assistant (Site Administrator I)	\$ 56,160	0.1200		12.00%	\$ 6,739	\$ 6,739		
10	Name: Buran, Michele Title: Recreation Leader (Physical Activity Specialist III)	\$ 51,667	0.4500		45.00%	\$ 23,250	\$ 23,250		
11	Name: Cokely, Johntay Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 20,800	0.1700		17.00%	\$ 3,536	\$ 3,536		
12	Name: Cook, Danielle Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 22,880	0.4900	49.00%		\$ 11,211	\$ 11,211		
13	Name: Cooke, Bradley Title: Teacher/Student Aide/Assistant (Nutrition Education Activity Assistant)	\$ 43,680	0.2000		20.00%	\$ 8,736	\$ 8,736		
14	Name: Coyle, James Title: Accountant/Finance Analyst (Program Analyst)	\$ 48,880	0.5500	55.00%		\$ 26,884	\$ 26,884		
15	Name: DeBerdt, Jennifer Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 20,800	0.2000		20.00%	\$ 4,160	\$ 4,160		
16	Name: Doty, Kelly Title: Health Educator (Health Education Specialist I)	\$ 39,520	1.0000		100.00%	\$ 39,520	\$ 39,520		
Page 1 Subtotal		\$ 556,263	5.5100	212.00%	339.00%	\$ 199,284	\$ 199,284		

BUDGET JUSTIFICATION
October 1 , 2011 - September 30, 2012

Contractor: California State University, Chico
 Research Foundation (SCNAC)
 Contract #: 10-10044

1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars
17	Name: Dye, Jennifer Title: Dietician (Nutrition Education Specialist II)	\$ 50,752	0.8000		80.00%	\$ 40,602	\$ 40,602
18	Name: Eastman, Ashleigh Title: Teacher/Student Aide/Assistant (Community Nutrition Assistant III)	\$ 31,200	0.4500		45.00%	\$ 14,040	\$ 14,040
19	Name: Evans, Kristen Title: Teacher/Student Aide/Assistant (Community Nutrition Assistant II)	\$ 27,040	0.4000		40.00%	\$ 10,816	\$ 10,816
20	Name: Ferran, Kathleen Title: Teacher/Student Aide/Asst. (Site Administrator II)	\$ 56,160	0.2120		21.20%	\$ 11,906	\$ 11,906
21	Name: Figone, Christina Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 20,800	0.4500	45.00%		\$ 9,360	\$ 9,360
22	Name: Frigaard, Martin Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 20,800	0.4100	41.00%		\$ 8,528	\$ 8,528
23	Name: Gilmore, Laura Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 26,000	0.4000		40.00%	\$ 10,400	\$ 10,400
24	Name: Godinez, Mary Title: Health Educator (Health Education Specialist II)	\$ 46,592	1.0000		100.00%	\$ 46,592	\$ 46,592
25	Name: Goodwin, Karen Title: Nutritionist/Nutrition Educator/Nutrition Aide (Nutrition Education)	\$ 51,771	0.8000		80.00%	\$ 41,417	\$ 41,417
26	Name: Gonzales, Amy Title: Dietician (Nutrition Education Specialist II)	\$ 48,797	0.8000		80.00%	\$ 39,038	\$ 39,038
27	Name: Goto, Keiko ^{2,6} Title: Dietician (Faculty Consultant)	\$ 61,308	0.6000		60.00%	\$ 36,785	\$ 36,785
28	Name: Gruneisen, Kristin Title: Project Coordinator (Nutrition Education Specialist III)	\$ 61,214	0.8000		80.00%	\$ 48,971	\$ 48,971
29	Name: Haag, Terry Title: Teacher/Student Aide/Assistant (Nutrition Education Activity Assistant)	\$ 31,200	0.1000		10.00%	\$ 3,120	\$ 3,120
30	Name: Haberl, Britney Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 20,800	0.2000		20.00%	\$ 4,160	\$ 4,160
31	Name: Harris, Michelle Title: Dietician (Nutrition Education Specialist III)	\$ 52,000	0.6000		60.00%	\$ 31,200	\$ 31,200
32	Name: Hart, Vivian Title: Teacher/Student Aide/Assistant (Nutrition Education Activity Assistant)	\$ 31,200	0.1300		13.00%	\$ 4,056	\$ 4,056
33	Name: Her, Billy Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 21,840	0.1500		15.00%	\$ 3,276	\$ 3,276
Page 2 Subtotal		\$ 659,474	8.3020	86.00%	744.20%	\$ 364,267	\$ 364,267

BUDGET JUSTIFICATION
October 1 , 2011 - September 30, 2012

Contractor: California State University, Chico
 Research Foundation (SCNAC)
 Contract #: 10-10044

1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars
34	Name: Higgins, Carly Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 20,800	0.2000		20.00%	\$ 4,160	\$ 4,160
35	Name: Holmes, Marcie Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 20,800	0.2000		20.00%	\$ 4,160	\$ 4,160
36	Name: Jacobson, Kim Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 21,840	0.4500	45.00%		\$ 9,828	\$ 9,828
37	Name: Kaplan, Wendy Title: Health Educator (Health Education Specialist II)	\$ 51,106	0.3000		30.00%	\$ 15,332	\$ 15,332
38	Name: Kolstad, Christa Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 20,800	0.4500		45.00%	\$ 9,360	\$ 9,360
39	Name: La Mora, Julie Title: Teacher/Student Aide/Assistant (Nutrition Education Activity Assistant)	\$ 31,200	0.4500		45.00%	\$ 14,040	\$ 14,040
40	Name: Lawrence, Kathy Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 20,800	0.2500		25.00%	\$ 5,200	\$ 5,200
41	Name: Lee, Bow Title: Health Educator (Health Education Specialist II)	\$ 43,077	1.0000		100.00%	\$ 43,077	\$ 43,077
42	Name: Lee, Ka Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 20,800	0.4000		40.00%	\$ 8,320	\$ 8,320
43	Name: Leung, Melissa Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 20,800	0.4500	45.00%		\$ 9,360	\$ 9,360
44	Name: Lime, Rheanna Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 20,800	0.4000		40.00%	\$ 8,320	\$ 8,320
45	Name: Lor, Yo Sae Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 21,840	0.2500		25.00%	\$ 5,460	\$ 5,460
46	Name: Lukan, Kristin Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 20,800	0.4000		40.00%	\$ 8,320	\$ 8,320
47	Name: Mastracco, Ben Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 20,800	0.4500		45.00%	\$ 9,360	\$ 9,360
48	Name: Matthews, Julie Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 20,800	0.2000		20.00%	\$ 4,160	\$ 4,160
Page 3 Subtotal		\$ 377,062	5.8500	90.00%	495.00%	\$ 158,457	\$ 158,457

BUDGET JUSTIFICATION
October 1 , 2011 - September 30, 2012

Contractor: California State University, Chico
 Research Foundation (SCNAC)
 Contract #: 10-10044

1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars
49	Name: McBroom, Melanie Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 20,800	0.2000		20.00%	\$ 4,160	\$ 4,160
50	Name: Miller, Ariel Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 20,800	0.2000		20.00%	\$ 4,160	\$ 4,160
51	Name: Ortiz-Luna, Joselyn Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 21,840	0.4000		40.00%	\$ 8,736	\$ 8,736
52	Name: Palmer, Christina Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 20,800	0.2500		25.00%	\$ 5,200	\$ 5,200
53	Name: Paoa, Te Iwi Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 20,800	0.2500		25.00%	\$ 5,200	\$ 5,200
54	Name: Parks, Tracy Title: Teacher/Student Aide/Assistant (Site Administrator II)	\$ 57,200	0.0500	5.00%		\$ 2,860	\$ 2,860
55	Name: Parry, Wynona Title: Teacher/Student Aide/Assistant (Nutrition Education Activity Assistant)	\$ 31,200	0.1500		15.00%	\$ 4,680	\$ 4,680
56	Name: Phillips, Jenny Title: Teacher/Student Aide/Assistant (Community Nutrition Assistant I)	\$ 20,800	0.3500		35.00%	\$ 7,280	\$ 7,280
57	Name: Presleigh, Amber Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 20,800	0.4000		40.00%	\$ 8,320	\$ 8,320
58	Name: Reyes, Eileen Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 22,880	0.4000		40.00%	\$ 9,152	\$ 9,152
59	Name: Riesen, Amie Title: Health Educator (Health Education Specialist II)	\$ 44,242	0.9000	90.00%		\$ 39,818	\$ 39,818
60	Name: Rigg, Brittany Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 20,800	0.2500		25.00%	\$ 5,200	\$ 5,200
61	Name: Schievelbein, Sara Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 20,800	0.2000		20.00%	\$ 4,160	\$ 4,160
62	Name: Sims, Gina Title: Health Educator (Health Education Specialist III)	\$ 53,955	0.8000		80.00%	\$ 43,164	\$ 43,164
63	Name: Smith, Lisa Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 20,800	0.3000		30.00%	\$ 6,240	\$ 6,240
64	Name: Smith, Sareena Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 21,840	0.3000		30.00%	\$ 6,552	\$ 6,552
Page 4 Subtotal		\$ 440,357	5.4000	95.00%	445.00%	\$ 164,882	\$ 164,882

BUDGET JUSTIFICATION
October 1 , 2011 - September 30, 2012

Contractor: California State University, Chico
 Research Foundation (SCNAC)
 Contract #: 10-10044

1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars
65	Name: St. Cin, Sheila Title: Health Educator (Project Coordinator Assistant)	\$ 31,200	0.3500	35.00%		\$ 10,920	\$ 10,920
66	Name: Trivedi, Priya Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 20,800	0.2500	25.00%		\$ 5,200	\$ 5,200
67	Name: Timmons, Terry Title: Teacher/Student Aide/Assistant (Site Administrator II)	\$ 52,000	0.1000	10.00%		\$ 5,200	\$ 5,200
68	Name: Van de Maele, Corrine Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 20,800	0.2000		20.00%	\$ 4,160	\$ 4,160
69	Name: VanHorn, Susan Title: Office Manager/Secretary/Admin Asst (Administrative Assistant)	\$ 42,370	0.9000	90.00%		\$ 38,133	\$ 38,133
70	Name: Marsha Vernoga Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 20,800	0.3500		35.00%	\$ 7,280	\$ 7,280
71	Name: Watje, Kathy Title: Office Manager/Secretary/Admin Asst (Office Assistant)	\$ 28,600	0.3500	35.00%		\$ 10,010	\$ 10,010
72	Name: Wehrman, Patricia Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 20,800	0.2000		20.00%	\$ 4,160	\$ 4,160
73	Name: Welty, Carol Title: Dietician (Nutrition Education Specialist III)	\$ 63,378	1.0000		100.00%	\$ 63,378	\$ 63,378
74	Name: Wolff, Cindy (CSUC NFSC) ² Title: Chief Executive Officer (Project Director)	\$ 120,876	0.1500	15.00%		\$ 18,131	\$ 18,131
75	Name: Xiong, Berlinda Title: Nutritionist/Nutrition Educator/Nutrition Aide (Community Nutrition)	\$ 21,840	0.3800		38.00%	\$ 8,299	\$ 8,299
76	Name: Xiong, Tong Title: Translator (Community Nutrition Assistant II)	\$ 24,960	0.3800		38.00%	\$ 9,485	\$ 9,485
77	Name: TBD=3 6 Title: Teacher/Student Aide/Assistant (Nutrition Education Activity Assistant)	\$ 218,400	0.9000		90.00%	\$ 32,760	\$ 32,760
78	Name: TBD Title: Accountant/Finance Analyst (Program Analyst Assistant)	\$ 27,040	1.0000	100.00%		\$ 27,040	\$ 27,040
79	Name: TBD Title: Dietician (Nutrition Education Specialist I)	\$ 53,560	1.0000		100.00%	\$ 53,560	\$ 53,560
80	Name: Murphy, Jennifer Title: Dietician (Nutrition Education Specialist I)	\$ 49,920	0.6500		65.00%	\$ 32,448	\$ 32,448
SUBTOTAL:		\$ 817,344	8.1600	310.00%	506.00%	\$ 330,164	\$ 330,164
TOTAL		\$ 2,850,500	33.2220	793.00%	2529.20%	\$ 1,217,054	\$ 1,217,054
¹ Conducts nutrition education during lunch period, nutrition education with Nutrition Action Clubs & other students (such as Associated Student Body and other student leaders), provides nutrition education & healthy tastings at special school events, provider trainings for foodservice staff by SCNAC staff, participating with wellness committee.							
² Conducts nutrition education with Home Economics Regional Occupational Program students at high schools, provides nutrition education during lunch period, nutrition education with Nutrition Action Clubs & other students (such as Associated Student Body and other student leaders), provides nutrition education & healthy tastings at special school events, provider trainings for foodservice staff by SCNAC staff, participating with wellness committee.							
³ These faculty supervise California State University Chico unpaid student interns and paid community nutrition assistant (CNA) students in a variety of low-income school/community sites as well as assist with reporting and impact evaluations.							

BUDGET JUSTIFICATION
October 1 , 2011 - September 30, 2012

Contractor: California State University, Chico
Research Foundation (SCNAC)
Contract #: 10-10044

Federal Share Positions:									
Accountant/Finance Analyst #: 14, 78	Serves as internal auditor and controller. Assists with processing purchase orders, invoices, preparation of vouchers for payment as related to the Network program, as well as monitoring the budgets.								
Chief Executive Officer #74	Provides overall guidance for the operations, personnel, and fiscal responsibilities required by the nutrition project.								
Dietitian #5, 17, 26-27, 31, 73, 79-80	Oversees and supervises the nutrition education program including project administration, project coordination, the development of the nutrition education component and materials and other nutrition and physical activity promotion programs.								
Health Educator (including Health Aide, Health Promotion Instructor, etc.) #16, 24, 37, 41, 59, 62, 65	Develop materials and facilitate health education in both group and individual settings. Teaches general nutrition, the importance of fruits and vegetables, and health benefits of proper nutrition and physical activity.								
Nutritionist/Nutrition Educator/Nutrition Aide #2-4, 7-8, 11-12, 15, 21-23, 25, 30, 33-35, 38, 40, 42-53, 27-58, 60-61, 63-64, 66, 68, 70, 72, 75	Provides nutrition education to the SNAP-Ed eligible population. Specific duties include: one-on-one general nutrition education, delivery of general nutrition education in a classroom or group setting, staffing health fairs and other community or promotional events where nutrition education messages are delivered, distribution of linguistically and culturally appropriate nutrition education materials, documentation of educational and other encounters, assisting with writing project reports and preparation of quarterly reports, maintaining program reporting and tracking system.								
Office Manager/Secretary/Admin Asst #69, 71	Provides general clerical support to the Program. Assists in development and maintenance of a data collection system with emphasis on fiscal information. Arranges meetings and trainings, orders supplies and materials, creates correspondence, photocopies, etc.								
Project Coordinator #28	Coordinate program staff and nutritionist education activities; plan and follow through on outreach and educational events at health fairs, schools, and other promotional activities; work with schools, churches, farm worker organizations, and community organizations in planning and promoting good health through dissemination of nutrition education materials; actively acquire and develop culturally and linguistically competent nutrition curriculum and educational materials; to promote existing and/or to develop new physical activity promotional components of nutrition education; and expand our existing community outreach program to encompass nutritional components to increase community awareness and knowledge of good nutrition and healthy active lifestyles.								
Recreation Leader #10	Mentors and trains staff on integration of physical activity into nutrition education interventions. Coordinates one-time physical activity demonstrations. Chooses nutrition and physical activity resources to distribute with nutrition education interventions.								
Teacher/Student Aide/Assistant #1, 6, 9, 13, 18-20, 29, 32, 39, 54-56, 67, 77	Assists the Nutritionists, Health Educators, and Project Coordinator with nutrition education activities and community events that promote healthy eating and physical activity for low-income families, the target population, Food Stamp recipients and other similar households. 100% direct delivery of educational services.								
Translator #76	Translates approved curriculum and materials into Spanish or other languages. Reviews translation for cultural appropriateness. Interprets nutrition education interventions (one-on-one and group) in the community for dietitians, health educators and others.								

BUDGET JUSTIFICATION
October 1 , 2011 - September 30, 2012

Contractor: California State University, Chico
 Research Foundation (SCNAC)
 Contract #: 10-10044

											Federal Share Total Dollars	Total Dollars	
B. FRINGE BENEFITS:											\$ 316,434	\$ 316,434	
Federal Share:													
Fringe benefits rates vary by position from a low of 10% for CSUC student employees to a high of 38% for California State University, Chico employees. An average of 26% x \$1,217,054 was used for the calculations.													
											SUBTOTAL:	\$ 316,434	\$ 316,434
C. OPERATING EXPENSES:													
Federal Share:													
Building space rental Ste. B (\$16,912), 252 E. 1st. (\$6,195), kitchen facility (\$630), storage (\$5,390), and utilities (\$4,030). No proration since it will be used 100% SCNAC											\$ 33,157	\$ 33,157	
Phones for staff use (22 lines @ \$30 per month avg. based on FY 08-09) and \$660 x 12 = \$7,920 computer internet connection (25 lines @ \$5.30 per month) annual charges \$132.5 x 12 = \$1,590											\$ 9,510	\$ 9,510	
Copying for administrative use (forms for office use, i.e. documentation, personnel, etc.) \$500/mo. Average											\$ 6,000	\$ 6,000	
Livescans for new employees - Finger printing system for all staff required by the school districts.											\$ 1,000	\$ 1,000	
Office Supplies													
Pens, pencils, paper, printer cartridges, binder clips, day planners, blank CDs, blank DVDs, envelopes, flash drives, post its, file folders, binders, binder tabs & inserts, pads of paper, postage, etc.. Amount based on current FY expenditures (Office Max - \$6,100/yr., Cartridges - \$3,000/yr., Postage - \$602/yr.)											\$ 9,702	\$ 9,702	
											SUBTOTAL:	\$ 59,369	\$ 59,369
D. EQUIPMENT EXPENSES:													
Federal Share:													
One (1) replacement Dell Latitude laptop @ \$1,650 for Carol Welty 1.0 FTE (FS position #73). This computer will be a replacement of an existing laptop DHS #C9001329 which is older than 5 years. It will be used for nutrition education presentations and to conduct business from the field 90% of the time.											\$ 1,650	\$ 1,650	
HP Color Laseer Jet CP2025dn to provide color copies and duplex printing of NE handouts and administrative documents. This printer will be a replacement for the existing printer currently in use for the same purpose.											\$ 600	\$ 600	
4 Dell Optiplex desktop computers @ \$1,600 each, as replacements for computers with DHS tag #C9000158, #C9000159, #C9000156, #C9001327 which are older than 5 years. One computer will be shared by part- time Community Nutrition Assistants Breanna Betty (FS position #4 @ 0.48 FTE), Marcie Holmes (FS position #35 @ 0.20 FTE), and Melissa Leung (FS position #43 @ 0.45FTE) . One computer will be shared by part time Community Nutrition Assistants Laura Gilmore (FS position #23 @ 0.40 FTE), Billy Her (FS position #33 @ 0.15 FTE) and Berlinda Xiong (FS position #75 @ 0.38 FTE) . One computer will be shared by part-time Community Nutrition Assistants Megan Antosik (FS position #2 @ 0.29 FTE), Stacey Boek (FS position #7 @ 0.40 FTE), and Melanie McBroom (FS position #49 @ 0.20 FTE). One computer will be shared by part-time Community Nutrition Assistants Jennifer De Berdt (FS postion #15 @ 0.20 FTE), Ka Lee (FS position #42 @ 0.40 FTE), and Tong Xiong (FS position #76 @ 0.38 FTE). Computers will be used only for SNAP-ED work.*											\$ 6,400	\$ 6,400	

BUDGET JUSTIFICATION
October 1 , 2011 - September 30, 2012

Contractor: California State University, Chico
 Research Foundation (SCNAC)
 Contract #: 10-10044

										Federal Share Total Dollars	Total Dollars
			1 Dell Optiplex desktop computer @ \$1,600 each, as replacement for computer with DHS tag #C9001328 which is older than 5 years. This computer will be shared by part-time Community Nutrition Assistants Julie Matthews (FS position #48 @ 0.20 FTE), Rheanna Lime (FS position #44 @ 0.40 FTE), and Priya Trivedi (FS position # 66 @ FTE 0.25) Computers will be used only for SNAP-ED work.*							\$ 1,600	\$ 1,600
			One (1) file cabinet and one (1) bookshelf to accommodate growth of program records (\$500 each).							\$ 1,000	\$ 1,000
			Two 2 desks and two 2 chairs for new staff positions (FS positions #78 and #79) at \$600 per desk and \$175 per chair. In addition, 3 bookshelves @ \$120 each for each new staff.							\$ 1,910	\$ 1,910
			2 Dell Optiplex desktop computers @ \$1,600 each for new staff positions #78 (1.00 FTE) and #79 (1.0 FTE)							\$ 3,200	\$ 3,200
SUBTOTAL:										\$ 16,360	\$ 16,360
*The Network will not reimburse for laptops until Contractors can verify that they have adequate data encryption software on their laptops and have submitted a signed 'Contractor Mobile Device Policies, Procedures, and Guidelines' Agreement"											
E. TRAVEL AND PER DIEM:											
<i>Purpose of all Network Sponsored travel is to meet the SOW infrastructure objective.</i>											
Federal Share:											
			Conference Travel Codes	Code	Milage	Conference Travel Codes	Code	Milage			
			Annual Nutrition Network Conference 2012	ANC	184 miles	Joint Steering Committee Meetings	JSC	184 miles			
			Shape Meeting (SHP)	SHP	155 miles	Network Operations Subcommittee # 1	NOS1	184 miles			
			Impact Evaluation Training	IET	186 miles	Network Operations Subcommittee # 2	NOS2	184 miles			
			CPNS Sponsored Training (Media etc.)	CST	186 miles	Network Operations Subcommittee # 3	NOS3	184 miles			
			Regional Nutrition Network Training #1	RN1	155 miles	Network Sponsored Skill-Based Training #1	NSST1	184 miles			
			Regional Nutrition Network Training #2	RN2	1.9 miles	Network Sponsored Skill-Based Training #2	NSST2	184 miles			
			Regional Nutrition Network Training #3	RN3	155 miles	Network Sponsored Skill-Based Training #3	NSST3	184 miles			
			Youth Engagement Training	YET	184 miles						

BUDGET JUSTIFICATION
October 1 , 2011 - September 30, 2012

Contractor: California State University, Chico
 Research Foundation (SCNAC)
 Contract #: 10-10044

	Staff Name	Travel Code	# Days	Reg. Fee	Airfare	Total Per Diem	Total Lodging	RT Mileage	Total FS	
	26. Amy Gonzales	ANC	2		\$ -	\$ 56	\$ 91	carpool	\$ 147	\$ 147
	10. Michelle Buran	ANC	2		\$ -	\$ 56	\$ 91	carpool	\$ 147	\$ 147
	17. Jenni Dye	ANC	2		\$ -	\$ 56	\$ 91	carpool	\$ 147	\$ 147
	59. Amie Riesen	ANC	2		\$ -	\$ 56	\$ 91	carpool	\$ 147	\$ 147
	24. Mary Godinez	ANC	2		\$ -	\$ 56	\$ 91	carpool	\$ 147	\$ 147
	25. Karen Goodwin	ANC	2		\$ -	\$ 56	\$ 91	carpool	\$ 147	\$ 147
	28. Kristin Gruneisen	ANC	2		\$ -	\$ 56	\$ 91	carpool	\$ 147	\$ 147
	62. Gina Sims	ANC	2		\$ -	\$ 56	\$ 91	carpool	\$ 147	\$ 147
	16. Kelly Doty	ANC	2		\$ -	\$ 56	\$ 91	carpool	\$ 147	\$ 147
	41. Bow Lee	ANC	2		\$ -	\$ 56	\$ 91	\$ 94	\$ 241	\$ 241
	31. Michelle Harris (coming from Siskiyou County @ 545 miles)	ANC	2		\$ -	\$ 56	\$ 91	\$ 278	\$ 425	\$ 425
	37. Wendy Kaplan	ANC	2		\$ -	\$ 56	\$ 91	\$ 94	\$ 241	\$ 241
	70. Marsha Vernoga	ANC	2		\$ -	\$ 56	\$ 91	\$ 94	\$ 241	\$ 241
	19. Kristen Evans	ANC	2		\$ -	\$ 56	\$ 91	\$ 94	\$ 241	\$ 241
	73. Carol Welty	ANC	2		\$ -	\$ 56	\$ 91	\$ 94	\$ 241	\$ 241
	79. TBD	ANC	2		\$ -	\$ 56	\$ 91	\$ 94	\$ 241	\$ 241
	18. Ashleigh Eastman	ANC	2		\$ -	\$ 56	\$ 91	\$ 94	\$ 241	\$ 241
	74. Cindy Wolff	ANC	2		\$ -	\$ 56	\$ 91	\$ 94	\$ 241	\$ 241

BUDGET JUSTIFICATION
October 1 , 2011 - September 30, 2012

Contractor: California State University, Chico
 Research Foundation (SCNAC)
 Contract #: 10-10044

											Federal Share Total Dollars	Total Dollars
	Staff Name	Travel Code	# Days	Reg. Fee	Airfare	Total Per Diem	Total Lodging	RT Mileage	Total FS			
	24. Mary Godinez	NSST1	2	\$ 55		\$ 56	\$ 91	\$ 94	\$ 296		\$ 296	\$ 296
	37. Wendy Kaplan	NSST1	2	\$ 55		\$ 56	\$ 91	carpool	\$ 202		\$ 202	\$ 202
	26. Amy Gonzales	NSST1	2	\$ 55		\$ 56	\$ 91	carpool	\$ 202		\$ 202	\$ 202
	28. Kristin Gruneisen	NSST2	2	\$ 55		\$ 56	\$ 91	\$ 94	\$ 296		\$ 296	\$ 296
	62. Gina Sims	NSST2	2	\$ 55		\$ 56	\$ 91	carpool	\$ 202		\$ 202	\$ 202
	73. Carol Welty	NSST2	2	\$ 55		\$ 56	\$ 91	carpool	\$ 202		\$ 202	\$ 202
	10. Michelle Buran	NSST3	2	\$ 55		\$ 56	\$ 91	\$ 94	\$ 296		\$ 296	\$ 296
	41. Bow Lee	NSST3	2	\$ 55		\$ 56	\$ 91	carpool	\$ 202		\$ 202	\$ 202
	25. Karen Goodwin	NSST3	2	\$ 55		\$ 56	\$ 91	carpool	\$ 202		\$ 202	\$ 202
	62/10/41. Gina Sims/ Michele Buran/ Bow Lee will carpool	CST	1					\$ 95	\$ 95		\$ 95	\$ 95
	14. Jim Coyle (Network Fiscal Training)	CST	1					\$ 95	\$ 95		\$ 95	\$ 95
	59/16. Amie Riesen/ Kelly Doty (Network Programmatic Training)	CST	1					\$ 95	\$ 95		\$ 95	\$ 95
	74/22. Cindy Wolff/ Martin Frigaard/ Alex Waite will carpool	IET	1					\$ 95	\$ 95		\$ 95	\$ 95
	17. Jenni Dye	RN1	1					\$ 79	\$ 79		\$ 79	\$ 79
	59/62. Amy Riesen/Gina Sims will carpool.	RN1	1					\$ 79	\$ 79		\$ 79	\$ 79
	37/24. Wendy Kaplan/ Mary Godinez will carpool.	RN1	1					\$ 79	\$ 79		\$ 79	\$ 79
	73/10. Carol Welty/ Michele Buran will carpool.	RN1	1					\$ 79	\$ 79		\$ 79	\$ 79
	41/26. Bow Lee / Amy Gonzales will carpool, one to claim 4 miles.	RN2	1					\$ 2	\$ 2		\$ 2	\$ 2
	28/17. Kristin Gruneisen/ Jenni Dye will carpool, one to claim 4 miles.	RN2	1					\$ 2	\$ 2		\$ 2	\$ 2
	25/59. Karen Goodwin/ Amie Riesen will carpool, one to claim 4 miles.	RN2	1					\$ 2	\$ 2		\$ 2	\$ 2

BUDGET JUSTIFICATION
October 1 , 2011 - September 30, 2012

Contractor: California State University, Chico
 Research Foundation (SCNAC)
 Contract #: 10-10044

											Federal Share Total Dollars	Total Dollars
	62/25. Gina Sims/ Karen Goodwin will carpool	RN3	1							\$ 79	\$ 79	\$ 79
	17/28. Jenni Dye/ Kristin Gruneisen will carpool	RN3	1							\$ 79	\$ 79	\$ 79
	73/10. Carol Welty/ Michele Buran will carpool	RN3	1							\$ 79	\$ 79	\$ 79
	74/26. Cindy Wolff/ Amy Gonzales will carpool	SHP	1	\$ 30						\$ 79	\$ 109	\$ 109
	28/17. Kristin Gruneisen/ Jenni Dye will carpool	SHP	1	\$ 30						\$ 79	\$ 109	\$ 109
	X/59. OUHSD Foodservice Director/ Amie Riesen will carpool	SHP	1	\$ 30						\$ 79	\$ 109	\$ 109
	5/24. Stephanie Bianco-Simeral/ Mary Godinez will carpool	SHP	1	\$ 30						\$ 79	\$ 109	\$ 109
	37/25. Wendy Kaplan/ Karen Goodwin will carpool	SHP	1	\$ 30						\$ 79	\$ 109	\$ 109
	70/4. Marsha Vernoga/Breanna Betty will carpool	SHP	1	\$ 30						\$ 79	\$ 109	\$ 109
	2. Megan Antosik	SHP	1	\$ 15						\$ 79	\$ 94	\$ 94
	73/10. Carol Welty/ Michele Buran will carpool	SHP	1	\$ 30						\$ 79	\$ 109	\$ 109
	18/16. Ashleigh Eastman/Kelly Doty will carpool	SHP	1	\$ 30						\$ 79	\$ 109	\$ 109
	74/59.Cindy Wolff/ Amie Riesen will	JSC	1							\$ 94	\$ 94	\$ 94
	62. Gina Sims	NOS1	1							\$ 94	\$ 94	\$ 94
	62. Gina Sims	NOS2	1							\$ 94	\$ 94	\$ 94
	62. Gina Sims	NOS3	1							\$ 94	\$ 94	\$ 94
	62. Gina Sims	NOS4	1							\$ 94	\$ 94	\$ 94
	62/73. Gina Sims/Carol Welty will car	YET	1							\$ 94	\$ 94	\$ 94

BUDGET JUSTIFICATION
October 1 , 2011 - September 30, 2012

Contractor: California State University, Chico
 Research Foundation (SCNAC)
 Contract #: 10-10044

Mileage to conduct Nutrition Education Activities								
BCOE (avg.108 mi RT* 24 trips per year *0.555) (2,592 mi x .555)							\$	1,439 \$ 1,439
Biggs Unified School District (60 mi RT*35 trips per year * 0.555) (2,100 mi x .555)							\$	1,166 \$ 1,166
Chico Country Day School (5 mi RT*86 trips per year *0.555) (430 mi x .555)							\$	239 \$ 239
Chico Unified School District (6 mi RT*200 trips per year *0.555) (1,200 mi x .555)							\$	666 \$ 666
Colusa Indian Community Council (84 mi RT*24 trips per year *0.555) (2,016 x .555)							\$	1,119 \$ 1,119
Colusa Unified School District (100 mi RT *90 trips per year *0.555) (9,000 x .555)							\$	4,995 \$ 4,995
Corning Union Elementary School District (60 mi RT*50 trips per year * 0.555) (3,000 x .555)							\$	1,665 \$ 1,665
Feather River Breast Feeding Support Center (30mi RT* 25 trips per year * 0.555) (750 x .555)							\$	416 \$ 416
Feather River Tribal Health (50 mi RT*24 trips per year * 0.555) (1,200 x .555)							\$	666 \$ 666
Four Winds Center - Grindstone (150 mi RT*8 trips per year * 0.555) (1,200 x .555)							\$	666 \$ 666
Gridley Unified School District (65 mi RT*35 trips per year * 0.555) (2,275 x .555)							\$	1,263 \$ 1,263
Hamilton City Unified School District (20 mi* 74 trips per year * 0.555) (1,480 x .555)							\$	821 \$ 821
Hearthstone School (Chico) (6 mi RT *72 trips per year * 0.555) (432 x .555)							\$	240 \$ 240
Hearthstone School (Oroville) (48 mi RT *24 trips per year * 0.555) (1,152 x .555)							\$	639 \$ 639
Marysville Unified School District (100 mi RT* 1 trips per year *0.555) (100 x .555)							\$	56 \$ 56
Mechoopda (4 mi RT*24 trips per year * 0.55) (96 x .555) (96 x .555)							\$	53 \$ 53
Modoc County Public Health (avg 26 mi RT * 12 trips per year * 0.555) (312 x .555)							\$	173 \$ 173
Mooretown Rancheria (60 mi RT*24 trips per year * 0.555) (1,440 x .555)							\$	799 \$ 799
Northern Valley Indian Health- Chico Site (6 mi RT*24 trips per year * 0.555) (144 x .555)							\$	80 \$ 80
Northern Valley Indian Health- Willows Site (66 mi RT*96 trips per year * 0.555) (6,336 x .555)							\$	3,516 \$ 3,516
Northern Valley Indian Health- Grindstone Site (150 mi RT*8 trips per year * 0.555) (1,200 x .555)							\$	666 \$ 666
OPT for Fit Kids (2 mi RT*128 trips per year * 0.555) (256 x .555)							\$	142 \$ 142
Orland Unified School District (40 mi RT*35 trips per year * 0.555) (1,400 x .555)							\$	777 \$ 777
Oroville City Elementary School District (53 mi RT*128 trips per year * 0.555) (6,784 x .555)							\$	3,765 \$ 3,765
Oroville Union High School District (55 mi RT*32 trips per year * 0.555) (1,760 x .555)							\$	977 \$ 977
Palermo Union School District (62 mi RT* 55 trips per year * 0.555) (3,410 x .555)							\$	1,893 \$ 1,893
Paradise Unified School District (39 mi RT* 74 trips per year * 0.555) (2,886 x .555)							\$	1,602 \$ 1,602
Red Bluff High School (80 mi RT*3.6 trips per year *0.555) (288 x .555)							\$	160 \$ 160
Thermalito Union School District (50 mi RT*55 trips per year * 0.555) (2,750 x .555)							\$	1,526 \$ 1,526
Willows Unified School District (72 mi RT* 25 trips per year * 0.555) (1,800 x .555)							\$	999 \$ 999
Siskiyou First Five (60 mi RT* 36 trips per year * 0.555) (2,160 x .555)							\$	1,199 \$ 1,199
Miscellaneous travel - Consortium Building, meetings, etc. (50 mi RT* 12 trips per year * 0.555) (600 x .555)							\$	333 \$ 333
Los Molinos Unified School District (50 mi RT* 50 trips per year *0.555) (2,500 x .555)							\$	1,388 \$ 1,388

BUDGET JUSTIFICATION
October 1 , 2011 - September 30, 2012

Contractor: California State University, Chico
 Research Foundation (SCNAC)
 Contract #: 10-10044

											Federal Share Total Dollars	Total Dollars
											\$ 1,166	\$ 1,166
											\$ 1,199	\$ 1,199
											\$ 2,358	\$ 2,358
											\$ 555	\$ 555
											\$ 2,154	\$ 2,154
											\$ 1,976	\$ 1,976
											\$ 1,399	\$ 1,399
											\$ 1,488	\$ 1,488
SUBTOTAL:											\$ 56,644	\$ 56,644
<p>F. SUBCONTRACTORS: All Subcontract personnel are current employees of the partnering organization with which we subcontract and hence are familiar with the personnel, communication patterns, SCNAC nutrition education activities, and the needs of the program participants. The essential functions they perform clearly demonstrate that no other subcontract personnel can provide comparable services that meet the functional needs of the SCNAC program.</p>												
Federal Share:												
											\$ 2,000	\$ 2,000
											\$ 81,291	\$ 81,291
											\$ 5,464	\$ 5,464
											\$ 6,656	\$ 6,656
											\$ 37,045	\$ 37,045
											\$ 57,917	\$ 57,917
											\$ 24,672	\$ 24,672
SUBTOTAL:											\$ 215,045	\$ 215,045

BUDGET JUSTIFICATION
October 1 , 2011 - September 30, 2012

Contractor: California State University, Chico
Research Foundation (SCNAC)
Contract #: 10-10044

Acronym Listing with Partner Name									
Partner Acronym	Partner Name			Partner Acronym	Partner Name				
Biggs	Biggs Unified School District			Lassen View UESD	Lassen View Union Elementary School District				
BCOE	Butte County Office of Education			Mooretown	Mooretown Rancheria				
Capay JUESD	Capay Joint Union Elem. School Dist.			NA	Native American partners as a group (includes CICC, ER, RFTH, FW School, FW Center, Mechoopda, Mooretown)				
CCDS	Chico Country Day School								
CUSD	Chico Unified School District			NVIH	Northern Valley Indian Health				
Chico Boys & Girls	Chico Boys and Girls Club			CSUC NFSC	CSUC Nutrition and Food Science Program				
CICC	Colusa Indian Community Council			CSUC NURS	CSUC School of Nursing				
Colusa USD	Colusa Unified School District			Orland	Orland Unified School District				
Colusa COE	Colusa County Office of Education			OCESD	Oroville City Elementary School District				
Corning	Corning Union Elementary School District			OUHSD	Oroville Union High School District				
ECC	Enloe Children's Center			OPT NN	OPT For Fit Kids				
ER	Enterprise Rancheria			Palermo	Palermo Union School District				
FR BFSC	Feather River Breastfeeding Support Center			Paradise	Paradise Unified School District				
FRTH	Feather River Tribal Health			CSUC RECR	CSUC Recreation and Parks Management Program				
FW Center	Four Winds Center			RBUESD	Red Bluff Union Elementary School District				
FW School	Four Winds School			RBHSD	Red Bluff High School				
GCOE	Glenn County Office of Education			SCOE	Siskiyou County Office of Education				
Gridley	Gridley Unified School District			Siskiyou	Siskiyou First Five				
HC	Hamilton City Union Elementary School District			SVUSD	Scott Valley Unified School District				
CSUC HCSV	CSUC Health and Community Services Department			TCDE	Tehama County Department Of Education				
Hearthstone	Hearthstone Schools (Chico/Oroville)			CSUC SOCI	CSUC Sociology Department				
Kirkwood ESD	Kirkwood Elementary School District			Thermalito	Thermalito Unified School District				
LMUSD	Los Molinos Unified School District			Willows	Willows Unified School District				
MUSD	Marysville Joint Unified School District			YCUSD	Yuba City Unified School District				
Mechoopda	Mechoopda								
Modoc	Modoc County Public Health Department								

*Expenditures on nutrition education reinforcement items or promotional items must have prior California Department of Public Health approval and must comply with all State and Federal safety requirements with respect to production including Prop 65 requirements for lead content.

SUBCONTRACTOR BUDGET JUSTIFICATION
Iris Software, Inc.
October 1, 2011 to September 31, 2012

California State University,
Chico Research Foundation (SCNAC)
10-10044

A PERSONNEL SALARIES:									
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars	
FEDERAL SHARE POSITIONS									
1.	Name:	Chuck Lundgren		\$ 105,263	0.0190	1.9%	\$ 2,000	\$ 2,000	
	Title:	Web Consultant							
SUBTOTAL				\$ 105,263	0.0190	1.90%	\$ 2,000	\$ 2,000	
SAMPLE POSITION DESCRIPTIONS:									
Web Consultant			Monitors and maintains website containing nutrition education resources, nutrition aspects of gardening and nutrition/health related topics and issues.						
B. FRINGE BENEFITS:									
Federal Share:									
							SUBTOTAL:		
C. OPERATING EXPENSES:									
Federal Share:									
							SUBTOTAL:		
D. EQUIPMENT EXPENSES:									
Federal Share:									
							SUBTOTAL:		
E. TRAVEL AND PER DIEM:									
Federal Share:									
							SUBTOTAL:		
F. SUBCONTRACTORS:									
Federal Share:									
							SUBTOTAL:		
G. OTHER COSTS:									
Federal Share:									
							SUBTOTAL:		
H. INDIRECT COSTS:									
Federal Share:									
							SUBTOTAL:		
TOTAL				\$ 105,263	0.0190	1.90%	\$ 2,000	\$ 2,000	

SUBCONTRACTOR BUDGET JUSTIFICATION
Butte County Office of Education
October 1, 2011 to September 31, 2012

California State University,
 Chico Research Foundation (SCNAC)
 10-10044

A PERSONNEL SALARIES:									
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars	
FEDERAL SHARE POSITIONS									
1.	Name:	TBD							
	Title:	Project Coordinator (Program Manager)	\$ 41,180	0.2000	0.00%	20.00%	\$ 8,236	\$ 8,236	
2.	Name:	Moran, Graciella							
	Title:	Nutritionist/Nutrition Educator/Nutrition Aide	\$ 25,165	0.2000	0.00%	20.00%	\$ 5,033	\$ 5,033	
3.	Name:	Mantle, JoJo							
	Title:	Nutritionist/Nutrition Educator/Nutrition Aide	\$ 48,152	0.4183	0.00%	41.83%	\$ 20,142	\$ 20,142	
4.	Name:	TBD							
	Title:	Administrative Coordinator (Program Manager)	\$ 36,566	0.2091	0.00%	20.91%	\$ 7,646	\$ 7,646	
5.	Name:	Rizzo, Susan							
	Title:	Office Manager/Secretary/Admin Asst (Administration)	\$ 37,018	0.1875	0.00%	18.75%	\$ 6,941	\$ 6,941	
SUBTOTAL			\$ 188,081	1.2149	0.00%	121.49%	\$ 47,998	\$ 47,998	
SAMPLE POSITION DESCRIPTIONS:									
Project Coordinator #1			Coordinate program staff and nutrition education activities; plan and follow through on outreach and educational events at health fairs, schools, and other promotional activities; work with schools, churches, farm worker organizations, and community organizations in planning and promoting good health through dissemination of nutrition education materials; actively acquire and develop culturally and linguistically competent administrative or educational materials that are required for delivery of critical program services; to promote existing and/or to develop new physical activity integrated into nutrition education; and expand our existing community outreach program to encompass nutritional components to increase community awareness and knowledge of good nutrition and healthy active lifestyles.						
Nutritionist/Nutrition Educator/Nutrition Aide #2, 3			Provides nutrition education to the SNAP-Ed eligible population. Specific duties include: one-on-one general nutrition education, delivery of general nutrition education in a classroom or group setting, staffing health fairs and other community or promotional events where nutrition education messages are delivered, distribution of linguistically and culturally appropriate administrative or educational materials that are required for delivery of critical program services, documentation of educational and other encounters, assisting with writing project reports and preparation of quarterly reports, maintaining program reports and tracking system.						

SUBCONTRACTOR BUDGET JUSTIFICATION
Butte County Office of Education
October 1, 2011 to September 31, 2012

California State University,
Chico Research Foundation (SCNAC)
10-10044

Administrative Coordinator #4	Supervises, coordinates, facilitates nutrition education activities, workshops, special events related to the recreation and community center planning and working together with other community center groups. Supervises staff implementing the nutrition education contract, prepares invoices, prepares and collects documentation, prepares progress reports.														
Office Manager/Secretary/Admin Asst #5	Provides general clerical support to the Program. Assists in development and maintenance of a data collection system with emphasis on fiscal information. Arranges meetings and trainings, orders supplies and materials, creates correspondence, photocopies, and other duties as required to support the nutrition education contract.														
											Federal Share Total Dollars	Total Dollars			
B. FRINGE BENEFITS:															
Federal Share:															
	Aporox. 51% - 62% of personnel (\$47,998 x 57.665%)										\$ 27,678	\$ 27,678			
											SUBTOTAL:	\$ 27,678			
C. OPERATING EXPENSES:															
Federal Share:															
											SUBTOTAL:				
D. EQUIPMENT EXPENSES:															
Federal Share:															
											SUBTOTAL:				
E. TRAVEL AND PER DIEM:															
Federal Share:															
											SUBTOTAL:				
F. SUBCONTRACTORS:															
Federal Share:															
											SUBTOTAL:				
G. OTHER COSTS:															
Federal Share:															
											SUBTOTAL:				
H. INDIRECT COSTS:															
Federal Share:															
	7.42% of Direct Cost (\$75,676 x 7.42%)										\$ 5,615	\$ 5,615			
											SUBTOTAL:	\$ 5,615			
TOTAL										\$ 188,081	1.2149	0.00%	121.49%	\$ 81,291	\$ 81,291

SUBCONTRACTOR BUDGET JUSTIFICATION
Feather River Hospital (BSC)
October 1, 2011 to September 31, 2012

California State University,
 Chico Research Foundation (SCNAC)
 10-10044

A PERSONNEL SALARIES:										
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars			
FEDERAL SHARE POSITIONS										
1.	Name: Cheryl Mautz Title: Nurse/Nurse Supervisor/Nurse Aide RN (Public Health)	\$ 86,549	0.0072	0.00%	0.72%	\$ 623	\$ 623			
2.	Name: Paula Edgar Title: Nurse/Nurse Supervisor/Nurse Aide RN (Public Health)	\$ 81,203	0.0048	0.00%	0.48%	\$ 390	\$ 390			
3.	Name: Dena Cissna Title: Nurse/Nurse Supervisor/Nurse Aide RN (Public Health)	\$ 32,510	0.0625	0.00%	6.25%	\$ 2,032	\$ 2,032			
4.	Name: Jean DeLapp Title: Nurse/Nurse Supervisor/Nurse Aide RN (Public Health)	\$ 75,296	0.0048	0.00%	0.48%	\$ 361	\$ 361			
5.	Name: Kristina Roach Title: Nurse/Nurse Supervisor/Nurse Aide RN (Public Health)	\$ 87,443	0.0024	0.00%	0.24%	\$ 210	\$ 210			
SUBTOTAL		\$ 363,001	0.0817	0.00%	8.17%	\$ 3,616	\$ 3,616			
SAMPLE POSITION DESCRIPTIONS:										
Nurse/Nurse Supervisor/ Nurse Aide RN		Provides nutrition and physical activity promotion to students enrolled in nutrition education programs and their families. Supports nutrition education goals through interventions; local, regional, and statewide collaboration and interventions. (This does not include any medical nutrition therapy).								
						Federal Share Total Dollars	Total Dollars			
B. FRINGE BENEFITS:										
Federal Share:										
Aporox. 37.35% of personnel (\$3,616 x 37.35%)						\$ 1,351	\$ 1,351			
						SUBTOTAL:	\$ 1,351	\$ 1,351		
C. OPERATING EXPENSES:										
Federal Share:										
						SUBTOTAL:				

SUBCONTRACTOR BUDGET JUSTIFICATION
Feather River Hospital (BSC)
October 1, 2011 to September 31, 2012

California State University,
 Chico Research Foundation (SCNAC)
 10-10044

										Federal Share Total Dollars	Total Dollars
D. EQUIPMENT EXPENSES:											
Federal Share:											
SUBTOTAL:											
E. TRAVEL AND PER DIEM:											
Federal Share:											
SUBTOTAL:											
F. SUBCONTRACTORS:											
Federal Share:											
SUBTOTAL:											
G. OTHER COSTS:											
Federal Share:											
SUBTOTAL:											
H. INDIRECT COSTS:											
Federal Share:											
	10% of Direct Cost (Personnel + Fringet) (\$4,967 x 10%)									\$ 497	\$ 497
SUBTOTAL:										\$ 497	\$ 497
TOTAL					\$ 363,001	0.0817	0.00%	8.17%	\$ 5,464	\$ 5,464	

SUBCONTRACTOR BUDGET JUSTIFICATION
Four Winds of Indian Education
October 1, 2011 to September 31, 2012

California State University,
 Chico Research Foundation (SCNAC)
 10-10044

A PERSONNEL SALARIES:									
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars	
FEDERAL SHARE POSITIONS									
1.	Name:	TBD							
	Title:	Community Outreach Worker/Community Liaison	\$ 31,200	0.1442	0.00%	14.42%	\$ 4,499	\$ 4,499	
SUBTOTAL			\$ 31,200	0.1442	0.00%	14.42%	\$ 4,499	\$ 4,499	
SAMPLE POSITION DESCRIPTIONS:									
Community Outreach Worker/Community Liaison		Conducts nutrition education, physical activity promotion interventions in the community setting. Works with CBOs to increase the reach of nutrition education interventions to SNAP-Ed participants.							
							Federal Share Total Dollars	Total Dollars	
B. FRINGE BENEFITS:									
Federal Share:									
Aporox. 45.03% of personnel (\$4,499 x 45.03%)							\$ 2,026	\$ 2,026	
							SUBTOTAL:	\$ 2,026	\$ 2,026
C. OPERATING EXPENSES:									
Federal Share:									
							SUBTOTAL:		
D. EQUIPMENT EXPENSES:									
Federal Share:									
							SUBTOTAL:		
E. TRAVEL AND PER DIEM:									
Federal Share:									
							SUBTOTAL:		
F. SUBCONTRACTORS:									
Federal Share:									
							SUBTOTAL:		
G. OTHER COSTS:									
Federal Share:									
							SUBTOTAL:		

SUBCONTRACTOR BUDGET JUSTIFICATION
Four Winds of Indian Education
October 1, 2011 to September 31, 2012

California State University,
 Chico Research Foundation (SCNAC)
 10-10044

											Federal Share Total Dollars	Total Dollars				
H.	INDIRECT COSTS:															
	Federal Share:															
	2% of Direct Cost (Personnel + Fringet) (\$6,525 x 2%)										\$ 131	\$ 131				
											SUBTOTAL:	\$ 131	\$ 131			
TOTAL											\$ 31,200	0.1442	0.00%	14.42%	\$ 6,656	\$ 6,656

SUBCONTRACTOR BUDGET JUSTIFICATION
Northern Valley Indian Health
October 1, 2011 to September 31, 2012

California State University,
 Chico Research Foundation (SCNAC)
 10-10044

A PERSONNEL SALARIES:									
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars	
FEDERAL SHARE POSITIONS									
1.	Name:	Tanisha Gammell							
	Title:	Community Outreach Worker/Community Liaison (Community Health Worker)	\$ 30,368	0.3000	0.00%	30.00%	\$ 9,110	\$ 9,110	
2.	Name:	Sandra Burrows							
	Title:	Community Outreach Worker/Community Liaison (Community Health Worker)	\$ 26,000	0.3000	0.00%	30.00%	\$ 7,800	\$ 7,800	
3.	Name:	Marge Wilson							
	Title:	Community Outreach Worker/Community Liaison (Community Health Worker)	\$ 26,000	0.3000	0.00%	30.00%	\$ 7,800	\$ 7,800	
SUBTOTAL			\$ 82,368	0.9000	0.00%	90.00%	\$ 24,710	\$ 24,710	
SAMPLE POSITION DESCRIPTIONS:									
Community Outreach Worker/Community Liaison		Conducts nutrition education, physical activity promotion interventions in the community setting. Works with CBOs to increase the reach of nutrition education interventions to SNAP-Ed eligibles.							
							Federal Share Total Dollars	Total Dollars	
B. FRINGE BENEFITS:									
Federal Share:									
Aporox. 21% of personnel (\$24,710 x 21%)								\$ 5,189	\$ 5,189
SUBTOTAL:								\$ 5,189	\$ 5,189
C. OPERATING EXPENSES:									
Federal Share:									
SUBTOTAL:									
D. EQUIPMENT EXPENSES:									
Federal Share:									
SUBTOTAL:									
E. TRAVEL AND PER DIEM:									
Federal Share:									
SUBTOTAL:									

SUBCONTRACTOR BUDGET JUSTIFICATION
Chico Unified School District
October 1, 2011 to September 31, 2012

California State University,
Chico Research Foundation (SCNAC)
10-10044

A PERSONNEL SALARIES:							
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars
FEDERAL SHARE POSITIONS							
1.	Name:	Baber, Sue					
	Title:	Health Educator	\$ 22,192	0.5590	0.00%	55.90%	\$ 12,405
2.	Name:	Geerlings, Jennifer					
	Title:	Health Educator	\$ 21,664	0.1118	0.00%	11.18%	\$ 2,422
3.	Name:	Stallman, Frances					
	Title:	Health Educator	\$ 23,881	0.1118	0.00%	11.18%	\$ 2,670
4.	Name:	Lopez, Sarah					
	Title:	Health Educator	\$ 21,136	0.1118	0.00%	11.18%	\$ 2,363
5.	Name:	Newton, Martha					
	Title:	Health Educator	\$ 22,746	0.3625	0.00%	36.25%	\$ 8,245
6.	Name:	Abrego, Norma					
	Title:	Health Educator	\$ 21,664	0.1118	0.00%	11.18%	\$ 2,422
7.	Name:	Johnson, Christine					
	Title:	Health Educator	\$ 23,004	0.1118	0.00%	11.18%	\$ 2,572
8.	Name:	Zeno, Sheri					
	Title:	Health Educator	\$ 57,960	0.1118	0.00%	11.18%	\$ 6,480
9.	Name:	Medina, Nancy					
	Title:	Health Educator	\$ 21,136	0.1118	0.00%	11.18%	\$ 2,363
SUBTOTAL			\$ 235,383	1.7041	0.00%	170.41%	\$ 41,942
Health Educator (including Health Aide, Health Promotion Instructor, etc.)		Develop materials and facilitate health education in both group and individual settings. Teaches general nutrition, the importance of fruits and health benefits of proper nutrition and physical activity.					Federal Share Total Dollars
B. FRINGE BENEFITS:							
Federal Share:							
Aporox. 28% to 45% of personnel (\$41,942 x 32.4328%)							
SUBTOTAL:						\$ 13,603	

SUBCONTRACTOR BUDGET JUSTIFICATION
Chico Unified School District
October 1, 2011 to September 31, 2012

California State University,
 Chico Research Foundation (SCNAC)
 10-10044

7. Total Dollars
\$ 12,405
\$ 2,422
\$ 2,670
\$ 2,363
\$ 8,245
\$ 2,422
\$ 2,572
\$ 6,480
\$ 2,363
\$ 41,942
and vegetables,
Total Dollars
\$ 13,603
\$ 13,603

SUBCONTRACTOR BUDGET JUSTIFICATION
Chico Unified School District
October 1, 2011 to September 31, 2012

California State University,
Chico Research Foundation (SCNAC)
10-10044

Total Dollars	
\$	-
\$	2,372
\$	2,372
\$	57,917

SUBCONTRACTOR BUDGET JUSTIFICATION
Marysville Joint Unified School District
October 1, 2011 to September 31, 2012

California State University,
Chico Research Foundation (SCNAC)
10-10044

A PERSONNEL SALARIES:									
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars	
FEDERAL SHARE POSITIONS									
1.	Name:	Lori Rainwater							
	Title:	Health Educator	\$ 100,848	0.20835	0.00%	20.835%	\$ 21,012	\$ 21,012	
SUBTOTAL			\$ 100,848	0.20835	0.00%	20.835%	\$ 21,012	\$ 21,012	
Health Educator		Develop materials and facilitate health education in both group and individual settings. Teaches general nutrition, the importance of fruits and vegetables, and health benefits of proper nutrition and physical activity.							
							Federal Share Total Dollars	Total Dollars	
B. FRINGE BENEFITS:									
Federal Share:									
							SUBTOTAL:		
C. OPERATING EXPENSES:									
Federal Share:									
Approx. 12% of personnel (\$21,012 x 12%)							\$ 2,521	\$ 2,521	
							SUBTOTAL:	\$ 2,521	
D. EQUIPMENT EXPENSES:									
Federal Share:									
							SUBTOTAL:		
E. TRAVEL AND PER DIEM:									
Federal Share:									
							SUBTOTAL:		
F. SUBCONTRACTORS:									
Federal Share:									
							SUBTOTAL:		
G. OTHER COSTS:									
Federal Share:									
							SUBTOTAL:		
H. INDIRECT COSTS:									
Federal Share:									
4.84% of Direct Cost (Personnel and Fringe) (\$23,533 x 4.84%)							\$ 1,139	\$ 1,139	
							SUBTOTAL:	\$ 1,139	
TOTAL			\$ 100,848	0.2084	0.00%	20.84%	\$ 24,672	\$ 24,672	

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: Central Valley Health Network
Program Area: Local Incentive Awardee: Non-Profit, Community Health Centers
Contract Number: 10-10037

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 40.87% Female 59.13%

Ethnicity:

- African American 4.50%
- Asian 2.74%
- Caucasian 22.10%
- Latino 63.03%
- Native American .58%
- Pacific Islander .44%
- Other (specify) : refused to report/unknown 6.61%

Languages:

- | | |
|--|--|
| <input checked="" type="checkbox"/> English <u>40%</u> | <input type="checkbox"/> Khmer (Cambodian) _____% |
| <input checked="" type="checkbox"/> Spanish <u>60%</u> | <input type="checkbox"/> Korean _____% |
| <input type="checkbox"/> Arabic _____% | <input type="checkbox"/> Lao _____% |
| <input type="checkbox"/> Armenian _____% | <input type="checkbox"/> Tagalog _____% |
| <input type="checkbox"/> Russian _____% | <input type="checkbox"/> Vietnamese _____% |
| <input type="checkbox"/> Bosnian _____% | <input type="checkbox"/> Other (specify) _____: _____% |
| <input type="checkbox"/> Cantonese _____% | <input type="checkbox"/> Other (specify) _____: _____% |
| <input type="checkbox"/> Farsi _____% | <input type="checkbox"/> Mandarin _____% |
| <input type="checkbox"/> Hmong _____% | |

Ages:

- Under 5 years old 13.71%
- 5 to 8 8.19%
- 9 to 11 4.85%
- 12 to 17 10.39%
- 18 to 59 54.05%
- 60 years old and over 8.81%

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

- See attached Census Tract data sheet
- See attached Free/Reduced Price Meal % data sheet

Other (Specify): UDS (82% equal to or less than 150% FPL) (see attached spreadsheet for specifics)

Other (Specify): _____ (_____% equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | | | |
|--|--------|--|--------|
| <input checked="" type="checkbox"/> CalFresh Offices | 2.4% | <input checked="" type="checkbox"/> Shelters/Temporary Housing | 4.3% |
| <input type="checkbox"/> Food Banks | _____% | <input checked="" type="checkbox"/> Soup Kitchens | 2.9% |
| <input checked="" type="checkbox"/> Food Pantries | 2.9% | <input type="checkbox"/> TANF Job Readiness Program | _____% |
| <input checked="" type="checkbox"/> Public Housing | 3.3 | <input type="checkbox"/> WIC Offices | _____% |
| <input checked="" type="checkbox"/> HeadStart | 8.73% | | |

d. Project Description.

Key Methods:

Advisory Council/Task Force (specify): _____

Internet/Web Sites-website address: _____

Print Media

Radio: _____

TV: _____

Nutrition Education Classes: (Monthly occurrences at 1.5 hour(s) each)

Community Education Events: (Monthly occurrences at 3 hour(s) each)

Training/Workshop/Conference: (Quarterly occurrences at 4 hour(s) each)

Point of Purchase: (_____ occurrences at _____ hour(s) each)

Other (specify) Individual education: (Daily occurrences at .25 hour(s) each)

Key Educational Messages:

Fruits & Vegetables

Physical Activity

Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources)

Fats and Oils

Fiber-Rich Foods

Food Safety

Food Shopping/Preparation

Lean Meat and Beans

Limit Added Sugars or Caloric Sweeteners

MyPyramid – Healthy Eating Plan

Promote Healthy Weight

Sodium and Potassium

Whole Grains

Other (Specify): CalFresh

SNAP-Ed Delivery Sites by Type of Setting:

1 Adult Education & Job Training Sites

_____ Adult Rehabilitation Centers

5 CalFresh Offices

6 Churches

6 Community Centers

2 Elderly Service Centers

25 Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens)

_____ Extension Offices

3 Farmers Markets

_____ Food Stores

18 Head Start Programs

_____ Individual Homes

1 Libraries

7 Other Youth Education Sites (includes Parks and Recreation)

80 Public/Community Health Centers (includes Public Health Departments)

7 Public Housing

_____ Schools – students (Preschool)

26 Schools – students (K-12)

_____ Schools – students (Afterschool Program)

_____ Schools – Parents

9 Shelters/Temporary Housing

_____ WIC Programs

____ Worksites

Other (specify): _____

4Other (specify): CBO

Other (specify): _____

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 49,319

Narrative (max. 200 words)

The Central Valley Health Network's (CVHN) goal is to provide nutrition education that promotes the recommended intake of F/V, 30 minutes for adults and 60 minutes for children/day of PA, as well as improved food access for food stamp eligibles. To accomplish this, CVHN will distribute English/Spanish newsletters bi-monthly to health center clientele and community members highlighting the above. CVHN will collaborate with community organizations to conduct nutrition education and PA promotion activities at qualifying community sites. We will provide health center based individual and/or classroom-setting nutrition education and PA promotion. The SNAP will be promoted in conjunction with nutrition education. Coordinators will participate in a *Network* impact evaluation training. Health centers will be able to measure the adoption of the F/V and/or PA recommendations and related factors either through pre and post-measures or annual surveillance with a representative sample of health center clients. Coordinators will communicate the *Network* program activities and its benefits regarding disease prevention to healthcare providers through presentations or newsletters at health centers twice per year. CVHN will acquire and apply basic media communication knowledge/skills by attending *Network* media webinars/trainings. Staff will communicate with their target audience through local media at least once per year.

e. Summary of Research.

See Section A, pages 2-5.

f. Modification of Project Methods/Strategies.

- | | |
|---|--|
| <input checked="" type="checkbox"/> We have not modified our methods/strategies | <input type="checkbox"/> Changing audience participation |
| <input type="checkbox"/> Improving cultural relevancy | <input type="checkbox"/> Adding new partners |
| <input type="checkbox"/> Enhancing/updating existing strategies | <input type="checkbox"/> Other (specify): _____ |
| <input type="checkbox"/> Utilizing research/program tool | <input type="checkbox"/> Other (specify): _____ |

All modifications are approved by the Network.

g. Use of Existing Educational Materials.

See attached Existing Educational Materials/Curricula data sheet.

h. Development of New Educational Materials.

All new educational materials must be listed on the attached New Materials Development data sheet.

i. Key Performance Measures/Indicators. (max. 100 words)

Process evaluation: # of News Bulletins, # of CalFresh Promotion Materials, # of media communications delivered to target audience. # of food demos, # of community events, # of group and # of individual education sessions, # of participants (adult and children) in above SNAP-Ed activities. # of staff/healthcare

providers updated on nutrition education and SNAP-Ed activities through presentations/newsletters.

Impact evaluation: the measurement of the adoption of F/V and/or PA recommendations, and related factors, through pre and post measures or annual surveillance with representative sample of clients.

3. EVALUATION PLANS

All contractors participate in process evaluation per their Scope of Work activities.

Contractors who receive Federal Share >\$350,000 must participate in impact evaluation.

Impact evaluation measures the effectiveness of an intervention by assessing behavior change or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.

4. COORDINATION EFFORTS (MAX. 100 WORDS)

Participating health centers collaborate with 6 *Network* Regional Collaboratives (Central Coast, Central Valley, Desert Sierra, Gold Coast, Gold Country, Sierra Cascade). All participating health centers complement community health fairs directed at our target audience by providing nutrition education and PA promotion. Several health centers are connecting with local farmers to bring farmers' markets to their communities.

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Adult Education Site & Job Training Sites	Employment Development Department – (Livingston Medical Group)	1205 W 18th St	Merced	95340	6047001301	All Races	56.9	
Churches	Our Lady of Fatima Church – (Inland Behavioral Health Services)	1000 Valencia Ave	San Bernardino	92410	6071006302	ALL RACES	57.30%	
Emergency Food Assistance sites	Set Free Christian Fellowship – (Inland Behavioral Health Services)	473 W Base Line St	San Bernardino	92411	6071005500	All Races	--%	Proxy
Emergency Food Assistance sites	St. John's Episcopal Church – (Inland Behavioral Health Services)	1407 N Arrowhead Ave	San Bernardino	92405	6071005700	All Races	--%	Proxy
Emergency Food Assistance sites	The Way World Outreach – (Inland Behavioral Health Services)	310 W 4th St	San Bernardino	92401	6071004900	All Races	--%	Proxy
Churches	Planada Sacred Heart Church – (Livingston Medical Group)	9317 Amistad Ave.	Planada	95365	6047001901	All Races	53.40%	

LOCAL PROJECT SYNOPSIS

Churches	Iglesias de Dios Pentecostal (National Health Services)	800 Monterey St	Bakersfield	93305	6029001300	All Races	79.40%	
Churches	Our Lady of the Assumption – (Salud Para la Gente)	100 Salinas Rd	Watsonville	95076	6053010101	All Races	60.60%	
Churches	United Presbyterian Church – (Salud Para la Gente)	112 E. Beach St	Watsonville	95076	6087110400	All Races	57.70%	
Churches	Saint Mary of the Nativity Parish (Salud para la Gente)	424 Towt St	Salinas	93905	6053000600	All Races	69.90%	
Community Centers	Consulate of Mexico-Fresno Office (United Health Centers)	2409 Merced St	Fresno	93721	6019000600	Hispanic	75.40%	
Community Centers	City of Rialto Recreation Community Service (Inland Behavioral Health Services)	214 N Palm Ave	Rialto	92376	6071003700	All Races	61.6% %	
Emergency Food Assistance sites	Delmann Height Community Center – (Inland Behavioral Health Services)	2969 Flores St	San Bernardino	92405	6071004100	All Races	--%	Proxy
Community Centers	Johnson's Hall Community Center – (Inland Behavioral Health Services)	906 Wilson St	San Bernardino	92410	6071004202	All Races	61.80%	

LOCAL PROJECT SYNOPSIS

Community Centers	LittleCreek Community Center – (Inland Behavioral Health Services)	380 S K St	San Bernardino	92410	6071004300	All Races	55.30%	
Emergency Food Assistance sites	Nicholson Community Center – (Inland Behavioral Health Services)	2750 W. 2nd St.	San Bernardino	92410	6071005700	All Races	--%	Proxy
Emergency Food Assistance sites	Park & Recreation Community Service – (Inland Behavioral Health Services)	201 N. St. Ste 301	San Bernardino	92411	6071002902	All Races	--%	Proxy
Emergency Food Assistance sites	Ruben's Campos Community Center – (Inland Behavioral Health Services)	1717 W 5th St	San Bernardino	92410	6071005800	All Races	__%	Proxy
Emergency Food Assistance sites	Ruby Hernandez Community Center – (Inland Behavioral Health Services)	222 N Lugo Ave	San Bernardino	92408	6071005700	All Races	--%	Proxy
Community Centers	Delano Family Resource Center – (National Health Services)	1842 Norwalk St	Delano	93215	6029004902	All Races	50.20%	

LOCAL PROJECT SYNOPSIS

Community Centers	Lost Hills Family Resource Center – (National Health Services)	14823 Office Ln	Lost Hills	93249	6029004500	All Races	72.60%	
Elderly Service Centers	Mancini Senior Center – (Golden Valley Health Centers)	718 Tuolumne Blvd	Modesto	95351	6099002200	All Races	70.4	
Emergency Food Assistance sites	Aging & Adult Services – (Inland Behavioral Health Services)	455 N D St	San Bernardino	92415	6071005700	All Races	--	Proxy
Emergency Food Assistance sites	Fifth Street Senior Center – (Inland Behavioral Health Services)	600 W 5th St	San Bernardino	92410	6071005700	All Races	--%	Proxy
Emergency Food Assistance sites	Larry Hutton Senior Center(Inland Behavioral Health Services)	660 Colton Ave	Colton	92324	6071004900	All Races	--	Proxy
Emergency Food Assistance sites	Perris Hill Senior Street – (Inland Behavioral Health Services)	780 E 21st St	San Bernardino	92410	6071006202	All Races	--%	Proxy
Elderly Service Centers	Rasmussen Senior Adult Center- (National Health Services)	115 E Roberts Ln	Bakersfield	93308	6029000400	All Races	65.10%	Proxy
Emergency Food Assistance Sites	Catholic Charities – (Inland Behavioral Health Services)	1800 Western Ave Ste 107	San Bernardino	92411	6071004202	All Races	61.80%	Proxy
Emergency Food Assistance Sites	Ecclesia Christian Church – (Inland Behavioral Health Services)	1314 E Date St	San Bernardino	92404	6071006202	Black	--%	53.9% at 100FPL

LOCAL PROJECT SYNOPSIS

Emergency Food Assistance Sites	Family Services Association – (Inland Behavioral Health Services)	612 Lawton St	San Bernardino	92374	6071008002	All Races	55.30%	Proxy
Emergency Food Assistance Sites	Frazer Community Center – (Inland Behavioral Health Services)	1140 W Mill St	San Bernardino	92410	6071005800	All Races	--%	Proxy
Emergency Food Assistance Sites	Goodwill Southern California – (Inland Behavioral Health Services)	444 S Waterman Ave Ste H	San Bernardino	92408	6071005800	White	--%	Proxy
Emergency Food Assistance Sites	Hotline for Food – (Inland Behavioral Health Services)	351 N Mountain Ave	San Bernardino	92410	6071006900	Black	--%	Proxy
Emergency Food Assistance Sites	Mary's Mercy Center – (Inland Behavioral Health Services)	641 Roberds Ave	San Bernardino	92411	6071004300	All Races	55.30%	Proxy
Emergency Food Assistance Sites	Mary's Table – (Inland Behavioral Health Services)	641 Roberds Ave	San Bernardino	92411	6071008100	white	--%	Proxy
Emergency Food Assistance Sites	Our lady of Hope – (Inland Behavioral Health Services)	6885 Del Rosa Ave	San Bernardino	92410	6071005700	Black	--%	Proxy
Emergency Food Assistance Sites	Peace in the Valley Christine Center – (Inland Behavioral Health Services)	17487 Arrow Blvd	San Bernardino	92408	6071006301	All Races	60.00%	Proxy
Emergency Food Assistance Sites	Bakersfield Food Bank –(National Health Services)	1825 Feliz Dr	Bakersfield	93307	6029002500	All Races	69.10%	Proxy

LOCAL PROJECT SYNOPSIS

Emergency Food Assistance Sites	Salvation Army – (Inland Behavioral Health Services)	746 W 5th St	San Bernardino		6071005700	Black	--%	45.2% at 100 FPL
Farmers Markets	Fairgrounds (Golden Valley Health Centers)	900 Martin Luther King Jr Way	Merced	95341	6047001601	All Races	86.4	
Farmers Markets	Modesto Centre Plaza (Golden Valley Health Centers)	1000 L St	Modesto	95354	6099001800	All Races	54.8	
Farmers Markets	Merced County Farmers Market (Golden Valley Health Centers)	400 G Street	Merced	95340	6047001601	All Races	86.40%	
Head Start Programs	Head Start Preschool- (Livingston Medical Group)	1001 B Street	Livingston	95334	6047000304	All Races	39.80%	Proxy
Head Start Programs	Walnut Child Development Center-(Livingston Medical Group)	2600 Walnut Street	Livingston	95334	6047000301	All Races	37.70%	Proxy
Head Start Programs	Fresno Co Migrant Head Start-Huron Center-(Livingston Medical Group)	16901 Tornado	Huron	93234	6019007800	All Races	82.00%	Proxy
Head Start Programs	Fresno Co Migrant Head Start-Mendota Center-(United health Centers)	435 Sorenson Ave	Mendota	93640	6019008302	All Races	69.40%	Proxy

LOCAL PROJECT SYNOPSIS

Head Start Programs	Fresno Co Migrant Head Start-Parlier Center(United Health Centers)	900 S Newmark Ave	Parlier	93648	6019006801	All Races	57.40%	Proxy
Head Start Programs	Head Start Home Base Program – United Health Centers	507 Market St	Earlimart	93219	6107004400	All Races	--%	Proxy
Head Start Programs	Head Start Home Base Program – (United Health Centers)	577 E Spencer Rd	Tipton	93272	6107003200	All Races	--%	Proxy
Head Start Programs	Head Start Grandview (Golden Valley Health Centers)	1317 Grandview Ave	Ceres	95307	6099002604	All Races	58.2	Proxy
Head Start Programs	Pearson Head Start (Golden Valley Health Centers)	500 Locust St	Modesto	95351	6099001601	All Races	59.6	Proxy
Head Start Programs	Boys & Girls Club - Head Start – (Inland Behavioral Health Services)	1180 W 9th St	San Bernardino	92411	6071004700	All Races	--%	Proxy
Head Start Programs	Head Start - San Bernardino Parks & Recreation – (Inland Behavioral Health Services)	2969 Flores St	San Bernardino	92411	6071004100	All Races	--%	Proxy
Head Start Programs	Head Start-250 S Lena Road – (Inland Behavioral Health Services)	250 S Lena Rd	San Bernardino	92408	6071006500	All Races	--%	Proxy

LOCAL PROJECT SYNOPSIS

Head Start Programs	San Bernardino Head Start – (Inland Behavioral Health Services)	901 Wilson St	San Bernardino	92411	6071004201	All Races	--%	Proxy
Head Start Programs	Community Action Partnership of Kern – (National Health Services)	127 E Minner Ave	Oildale	93308	6029000200	All Races	52.80%	Proxy
Head Start Programs	Community Action Partnership of Kern – (National Health Services)	1600 Poplar Ave	Wasco	93280	6029004301	All Races	53%	Proxy
Head Start Programs	Community Action Partnership of Kern – (National Health Services)	1980 Norwalk St	Delano	93215	6029004902	All Races	50.20%	Proxy
Head Start Programs	Community Action Partnership of Kern – (National Health Services)	21109 Paso Robles Hwy	Lost Hills	93249	6029004500	All Races	72.60%	Proxy
Head Start Programs	Community Action Partnership of Kern – (National Health Services)	455 E Euclid Ave	Shafter	93263	6029004102	All Races	77.80%	Proxy
Libraries	Friends of the Library – (Inland Behavioral Health Services)	104 W 4th St	San Bernardino	92415	6071005900	All Races	55.00%	
Other-Community Based Organization	Catholic Charities – (Inland Behavioral Health Services)	1800 Western Ave Ste 107	San Bernardino	92411	6071004202	All Races	61.80%	
Emergency Food Assistance sites	Community Action – (Inland Behavioral Health Services)	696 S Tippecanoe Ave	San Bernardino	92415	6071007200	Hispanic	--%	Proxy

LOCAL PROJECT SYNOPSIS

Other-Community Based Organization	Knott's – (Inland Behavioral Health Services)	1505 W Highland Ave # 19	San Bernardino	92411	6071007000	All Races	56.20%	
Other-Community Based Organization	Priscilla Helping Hands Project Reach – (Inland Behavioral Health Services)	1314 E Date St	San Bernardino	92404	6071003700	All Races	61.60%	
Other-Community Based Organization	Westside Brighter Vision Foundation – (Inland Behavioral Health Services)	411 W 16th St	San Bernardino	92405	6071004300	All Races	55.30%	
Other Youth Education Sites (includes Parks and Recreation)	YMCA of the East Valley – (Inland Behavioral Health Services)	808 E 21st St	San Bernardino	92404	6071006301	All Races	60.00%	
Other Youth Education Sites (includes Parks and Recreation)	Apple Gate Park (Golden Valley Health Centers)	25th & O St	Merced	95340	6047001301	All Races	56.9	
Other Youth Education Sites (includes Parks and Recreation)	Cesar Chaves Park (Golden Valley Health Centers)	619 Sierra Dr	Modesto	95351	6099002200	All Races	70.4	
Other Youth Education Sites (includes Parks and Recreation)	Columbia Park (Golden Valley Health Centers)	600 Columbia St	Turlock	95380	6099003802	All Races	52.9	
Other Youth Education Sites (includes Parks and Recreation)	Oregon Park (Golden Valley Health Centers)	1650 Oregon Dr	Modesto	95354	6099002100	All Races	75	

LOCAL PROJECT SYNOPSIS

Other Youth Education Sites (includes Parks and Recreation)	Planada Park - (Golden Valley Health Centers)	9200 E Broadway	Planada	95365	6047001901	All Races	53.4	
Other Youth Education Sites (includes Parks and Recreation)	Arroyo Viejo Recreation Center – (La Clinica de la Raza)	7701 Krause Ave	Oakland	94605-3247	6001408500	All Races	54.40%	
Public Housing	Bear Creek Housing Migrant Camp (Golden Valley Health Centers)	1509 N Plainsburg Rd	Planada	95365	6047001901	All Races	53.4	Proxy
Public Housing	RedlandsHou-Authority – (Inland Behavioral Health Services)	131 E Longonia Ave	San Bernardino	92374	6071006401	All Races	--%	Proxy
Public Housing	Housing Authority - Colton	772 Pine St	Colton	92324	6071004201	All Races	59.80%	Proxy
Public Housing	Housing Authority - Medical Center – (Inland Behavioral Health Services)	1738 W 9th St	San Bernardino	92411	6071008002	All Races	55.30%	Proxy
Public Housing	Housing Authority - Waterman Gardens – (Inland Behavioral Health Services)	402 Alder St	San Bernardino	92410	6071005400	Hispanic	--%	Proxy
Public Housing	Self-Help Enterprises-Biola Village –(United Health Centers)	4692 Third St	Biola	93606	6019005302	All Races	%	Proxy

LOCAL PROJECT SYNOPSIS

Public Housing	Quail Ridge Apartments – (United Health Centers)	13600 E. Parlier Ave	Parlier	93648	6019006801	All Races	%	Proxy
Public/Community Health Centers	Story Road Clinic – (San Jose Foothill Family Health Centers)	2880 Story Road, Suite 10	San Jose	95127	6085504001	All Races	32.50%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data
Public/Community Health Centers	School Based Health Center - San Juan Bautista Child Development Services – (San Jose Foothill Family Health Centers)	1400 Parkmoor Ave, Suite 220	San Jose	95126	6085501900	All Races	34.40%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data
Public/Community Health Centers	Inland Behavior. – (Inland Behavioral Health Services)	1963 N E St	San Bernardino	92405	6071005700	Black	--%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data
Public/Community Health Centers	School Based Health Center - Hawthorne Elementary(La Clinica de la Raza)	1700 28th Avenue	Oakland	94601	6001406202	All Races	61.10%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data
Public/Community Health Centers	School Based Health Center - Fremont - Tiger Health Clinic – (La Clinica de la Raza)	4610 Foothill Blvd	Oakland	94601	6001407400	All Races	53%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data

LOCAL PROJECT SYNOPSIS

Public/Community Health Centers	School Based Health Center - Oakland Tech – (La Clinica de la Raza)	4351 Broadway	Oakland	94611	6001401200	All Races	20.60%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	School Based Health Center - San Lorenzo – (La Clinica de la Raza)	50 E. Lewelling	Oakland	94580	6001433700	All Races	26.90%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	La Clínica Vallejo Medical – (La Clinica de la Raza)	243 Georgia St Ste B	Vallejo	94590-5905	6095250900	All Races	59.60%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Chico Family Health Center – (Ampla Health)	680 Cohasset Rd	Chico	95926	6007000300	All Races	47.20%	FQHC
Public/Community Health Centers	Colusa Family Health Center – (Ampla Health)	555 Fremont St	Colusa	95932	6011000500	All Races	34.40%	FQHC
Public/Community Health Centers	Del Norte Children's Medical Center – (Ampla Health)	931 Market St	Yuba City	95991	6101050101	All Races	--%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Del Norte Family Health Center – (Ampla Health)	935 Market St Ste A	Yuba City	95991	6101050101	All Races	--%	FQHC (See Central Valley Health Network Uniform Data System 2010)

LOCAL PROJECT SYNOPSIS

								Poverty and Ethnicity Data)
Public/Community Health Centers	Hamilton City Medical Clinic – (Ampla Health	231 Main Street	Hamilton City	95951	6021010501	All Races	44.80%	FQHC
Public/Community Health Centers	Lindhurst Family Health Center – (Ampla Health)	4941 Olivehurst Ave	Olivehurst	95961	6115040500	All Races	58.50%	FQHC
Public/Community Health Centers	Orland Family Health Center(Ampla Health)	1211 Cortina Dr	Orland	95963	6021010100	All Races	48.20%	FQHC
Public/Community Health Centers	Oroville Family Health Center – (Ampla Health)	2800 Lincoln St	Oroville	95966	6007003000	All Races	66.10%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Richland Family Health Center – (Ampla Health)	334 Samuel Dr	Yuba City	95991	6101050302	All Races	53.30%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Family HealthCare Network	329 W 8th St	Hanford	93230	6031000900	All Races	50.50%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)

LOCAL PROJECT SYNOPSIS

Public/Community Health Centers	Ivanhoe Family HealthCare Network	33025 Road 159	Ivanhoe	93235	6107000800	All Races	45.90%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Orosi Family HealthCare Network	12586 Avenue 408	Orosi	93647	6107000201	All Races	67.30%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Porterville Family HealthCare Network	1107 W Poplar Ave	Porterville	93257	6107003400	All Races	53.90%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Springville Family HealthCare Network	35800 Highway 190	Springville	93265	6107002700	All Races	24.70%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Three Rivers Family HealthCare Network	41651 Sierra Dr	Three Rivers	93271	6107000100	All Races	28.80%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Visalia (N. Bridge St.) Family HealthCare Network	501 N Bridge St	Visalia	93291	6107001100	All Races	71.20%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)

LOCAL PROJECT SYNOPSIS

Public/Community Health Centers	Visalia (Road 67) Family HealthCare Network	30979 Road 67	Visalia	93291	6107000900	All Races	47.90%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Visalia(East Oak) Family HealthCare Network	400 E Oak Ave	Visalia	93291	6107001200	All Races	33.40%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Woodlake Family HealthCare Network	101 N Palm St	Woodlake	93286	6107000702	All Races	64.00%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Golden Valley Health Centers- 301 Howard Road - (PO Box 68)	301 Howard Road	Westley	95387	6099003300	All Races	44.5	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Golden Valley Health Centers- 1114 "6th" Street	1114 6th St	Modesto	95354	6099001700	All Races	80.1	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Golden Valley Health Centers- 1121 Hammond St.	1121 Hammond St	Modesto	95351	6099001604	All Races	75.4	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and

LOCAL PROJECT SYNOPSIS

								Ethnicity Data)
Public/Community Health Centers	Golden Valley Health Centers-1130 6th Street	1130 6th St	Modesto	95354	6099001700	All Races	80.1	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Golden Valley Health Centers-1141 N. Olive Ave.	1141 N Olive Ave	Turlock	95380	6099003906	All Races	58.1	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)C
Public/Community Health Centers	Golden Valley Health Centers-127 W. El Portal,SteB – (Livingston Medical Group)	127 W El Portal Dr	Merced	95348	6047001002	All Races	30.7	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Golden Valley Health Centers-13161 Jefferson St.	13161 Jefferson St	Le Grand	95333	6047001902	All Races	50.7	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Golden Valley Health Centers-1405 California Ave	1405 California Ave	Dos Palos	93620	6047002400	All Races	52.4	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)

LOCAL PROJECT SYNOPSIS

Public/Community Health Centers	Golden Valley Health Centers-1510 Florida Ste B	1510 Florida Ave Ste B	Modesto	95350	6099001300	All Races	17.1	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Golden Valley Health Centers-1510 Florida Ste F	1510 Florida Ave Ste F	Modesto	95350	6099001300	All Races	17.1	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Golden Valley Health Centers-1510 Florida Ste H	1510 Florida Ave Ste H	Modesto	95350	6099001300	All Races	17.1	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Golden Valley Health Centers-1717 Las Vegas St.	1717 Las Vegas St	Modesto	95358	6099002400	All Races	52.4	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Golden Valley Health Centers-200 "C" Street	200 C St	Patterson	95363	6099003202	All Races	23.6	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Golden Valley Health Centers-2101 Tenaya Drive	2101 Tenaya Dr	Ceres	95354	6099002100	All Races	75	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)

LOCAL PROJECT SYNOPSIS

Public/Community Health Centers	Golden Valley Health Centers-2101 Tenaya Drive	2101 Tenaya Dr	Ceres	95354	6099002100	All Races	75	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Golden Valley Health Centers-2760 3rd Street	2760 3rd St	Ceres	95307	6099002602	All Races	48.2	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Golden Valley Health Centers-401 Leshner Dr.	401 Leshner Dr	Merced	95341	6047001503	All Races	74	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Golden Valley Health Centers-637 Merced Street	637 Merced St	Newman	95360	6099003500	All Races	37.2	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Golden Valley Health Centers-737 West Childs Ave – Livingston Medical Group	737 W Childs Ave	Merced	95341	6047001503	All Races	74	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Golden Valley Health Centers-821 Texas Ave.	821 Texas Ave	Los Banos	93635	6047002201	All Races	64.8	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)

LOCAL PROJECT SYNOPSIS

Public/Community Health Centers	Golden Valley Health Centers- 9235 E. Broadway (PO Box 573) – Livingston Medical Group	9235 E Broadway St	Planada	95365	6047001901	All Races	53.4	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Golden Valley Health Centers- 1200 West Main Street	1200 West Main Street	Turlock	95380	6099003801	All Races	42.6	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Golden Valley Health Center-4150 Patterson Rd	4150 Patterson Rd.	Riverbank	95367	6099000301	All Races	31.1	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Whitney Young Family Health Center – (Inland Behavioral Health Services)	1755 Maple St	San Bernardino	92411	6071005700	ALL RACES	--%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Clínica Atla Vista - La Clinica de la Raza	1515 Fruitvale Ave	Oakland	94601	6001406202	All Races	61.10%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Community Health Education - La Clinica de la Raza	1531 Fruitvale Ave	Oakland	94601	6001406202	All Races	61.10%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)

LOCAL PROJECT SYNOPSIS

Public/Community Health Centers	La Clínica Fruitvale Village – (La Clinica de la Raza)	3451 E 12th St	Oakland	94601	6001406100	All Races	34.80%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	La Clínica Vallejo Medical - La Clinica de la Raza	243 Georgia St Ste B	Vallejo	94590	6095250900	All Races	59.70%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	School Based Health Center - Roosevelt Middle School – (La Clinica de la Raza)	1926 E 19th St	Oakland	94606	6001405900	All Races	49.10%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Livingston Medical Group	1140 Main Street	Livingston	95334	6047000304	All Races	--%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Buttonwillow Health Center – (National Health Services)	277 E. Front Street	Buttonwillow	93206	6029003700	All Races	41.50%	FQHC
Public/Community Health Centers	Delano Family Dental & Women's Health Center – (National Health Services)	1215 Jefferson St	Delano	93215	6029005000	All Races	55.50%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)

LOCAL PROJECT SYNOPSIS

Public/Community Health Centers	Joy Carino Kimpo Family Medical Center – (National Health Services)	1001 Main St	Delano	93215	6029005000	All Races	55.50%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Joy Carino Kimpo Women's Health Center – (National Health Services)	1001 Main St	Delano	93215	6029004101	All Races	33.90%	FQHC
Public/Community Health Centers	Lost Hills Community Health Center – (National Health Services)	21138 Paso Robles Hwy	Lost Hills	93249	6029004500	All Races	72.60%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Oildale Community Health Center – (National Health Services)	525 Roberts Ln	Bakersfield	93308	6029000400	All Races	65.10%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Ridgecrest Community Health Center – (National Health Services)	1133 N. Chelsea Street	Ridgecrest	93555	6029005300	All Races	58.30%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Rosedale Community Health Center – (National Health Services)	3409 Calloway Dr	Bakersfield	93312	6029003807	All Races	17.40%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)

LOCAL PROJECT SYNOPSIS

Public/Community Health Centers	Shafter Community Medical & Dental Center – (National Health Services)	655 S Central Valley Hwy	Shafter	93263	6029004102	All Races	77.80%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Taft Community Medical & Dental Center – (National Health Services)	1100 4th St	Taft	93268	6029003500	All Races	33.20%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Tehachapi Community Health Center – (National Health Services)	161 Mill Street	Tehachapi	93561	6029006100	All Races	37.20%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Wasco Medical & Dental Center (National Health Services)	2101 7th St	Wasco	93280	6029004401	All Races	46%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Clinica Del Valle Del Pajaro	45 Nielson St	Watsonville	95076	6087110600	All Races	40.10%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	United Health Centers-Earlimart	476 E Washington Ave	Earlimart	93219	6107004400	All Races	77.50%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)

LOCAL PROJECT SYNOPSIS

Public/Community Health Centers	United Health Centers-Huron	16928 11th St	Huron	93234	6019007800	All Races	82.00%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	United Health Centers-Kerman	517 S Madera Ave	Kerman	93630	6019004000	All Races	--%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	United Health Centers-Mendota	121 Barboza St	Mendota	93640	6019008301	All Races	67.50%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	United Health Centers-Orange Cove	445 11th St	Orange Cove	93646	6019006500	All Races	76.80%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	United Health Centers-Parlier	650 S Zediker Ave	Parlier	93648	6019006802	All Races	52.90%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	United Health Centers-Sanger	2502 E Jensen Ave	Sanger	93657	6019006000	All Races	18.50%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)

LOCAL PROJECT SYNOPSIS

Public/Community Health Centers	Merced County Public Health Department – (Livingston Medical Group)	260 E 15th St	Merced	95341	6047001601	All Races	86.4	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Inland Family Community Health Center – (Inland Behavioral Health Services)	665 N D St	San Bernardino	92405	6071004201	All Races	59.80%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Public/Community Health Centers	Salud Para La Gente	204 E. Beach St.	Watsonville	95076	6087110300	All Races	64.80%	FQHC (See Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data)
Shelters	Atwater Migrant Camp	9200 Westside Blvd	Atwater	95301	6047000505	All Races	--%	Proxy
Shelters	Los Banos Migrant Camp	18926 Henry Miller Rd	Los Banos	93635	6047002100	All Races	--%	Proxy
Shelters	Merced Migrant Camp – (Livingston Medical Group)	2753 N Santa Fe Ave	Merced	95340	6047001002	All Races	--%	Proxy
Shelters	Planada Migrant Camp – (Livingston Medical Group)	551 Plainsburg Rd.	Planada	95365	6047001901	All Races	--%	Proxy

LOCAL PROJECT SYNOPSIS

Shelters	Central City Lutheran Mission – (Inland Behavioral Health Services)	1354 N G St	San Bernardino	92405	6071005500	Black	--%	Proxy
Shelters	Easter Seals – (Inland Behavioral Health Services)	241 E 9th St	San Bernardino	92410	6071005800	White	--%	Proxy
Shelters	Miracles in Recovery – (Inland Behavioral Health Services)	1064 N D St	San Bernardino	92410	6071004900	Black	----%	Proxy
Shelters	Operation Grace – (Inland Behavioral Health Services)	1595 E Townsend Way	San Bernardino	92408	6071006401	Black	--%	Proxy
Shelters	Salvation Army – (Inland Behavioral Health Services)	746 W 5th St	San Bernardino	92410	6071005600	Black,	--%	Proxy
SNAP Offices	Food Stamp Offices-2040 W Woodpine Ave – (Inland Behavioral Health Services)	2040 W Woodpine Ave	San Bernardino	92415	6071003601	All Races	--%	Proxy
SNAP Offices	Food Stamp Offices-2050 N Massachusetts – (Inland Behavioral Health Services)	2050 N Massachusetts	San Bernardino	92415	6071004602	All Races	--%	Proxy
SNAP Offices	Food Stamp Offices-265 E 4th Street – (Inland Behavioral Health Services)	265 E 4th St	San Bernardino	92415	6071005800	All Races	--	Proxy

LOCAL PROJECT SYNOPSIS

SNAP Offices	Food Stamp Offices-7977 Sierra Ave(Inland Behavioral Health Services)	7977 Sierra Ave	Colton	92324	6071007108	All Races	--%	Proxy
SNAP Offices	Food Stamp Offices-881 W Redlands Blvd (Inland Behavioral Health Services)	881 W Redlands Blvd	Redlands	92373	6071004900	All Races	--%	Proxy

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Free/Reduced Price Meal Percentage Data Sheet

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Campus Park Elementary	Livingston Union School District	6025506	81.14 %	11.65%	92.80 %
Selma Herndon Elementary	Livingston Union School District	6025022	71.83 %	16.37 %	88.20 %
Yamato Colony Elementary School	Livingston Union School District	6109649	63.80%	19.71 %	83.51 %
Livingston High School	Merced Union High School District	2433605	71.33 %	14.59 %	85.92 %
Pajaro Valley High School	Pajaro Valley Unified	44697990105858	68.10%	13.81%	81.90%
Cesar Chavez Middle School	Pajaro Valley Unified	44697990109595	74.25%	11.87%	86.12%
Pajaro Middle School	Pajaro Valley Unified	44697996049753	78.28%	15.84%	94.12%
Anrew Hill High School	East Side Union High	43 – 69427 - 4332995	42.39%	9.65%	52.05%
Yerba Buena High School	East Side Union High	43 – 69427 - 4330015	51.19%	10.75%	61.95%
James Lick High School	East Side Union High	43 – 69427 - 4333639	45.01%	10.07%	55.07%
Amesti Elementary	Pajaro Valley Unified School District	44697996049639	77.4%	12%	89.4%
Ann Soldo Elementary	Pajaro Valley Unified School District	44697996117253	76.2%	10.4%	86.6%
Calabas Elementary	Pajaro Valley Unified School District	44697996049670	81.3%	10.3%	91.6%

LOCAL PROJECT SYNOPSIS

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Freedom Elementary	Pajaro Valley Unified School District	44697996049696	79.4%	12.6%	92%
Hall District Elementary	Pajaro Valley Unified School District	44697996049712	75.3%	12.3%	87.6%
Hyde H.A. Elementary	Pajaro Valley Unified School District	44697996049704	80.6%	8.4%	89%
Landmark Elementary	Pajaro Valley Unified School District	44697990102673	68.7%	14.1%	82.8%
Mintie White Elementary	Pajaro Valley Unified School District	44697996049746	75.8%	11.4%	87.2%
Ohlone Elementary	Pajaro Valley Unified School District	44697996108138	82.8%	8.8%	91.6%
Radcliff Elementary	Pajaro Valley Unified School District	44697990102665	84.4%	6.8%	91.2%
Starlight Elementary	Pajaro Valley Unified School District	44697996108146	71.1%	16.1%	87.2%
TS Macquiddy Elementary	Pajaro Valley Unified School District	44697996049803	71.8%	11.3%	83.1%
Pajaro Middle School	Pajaro Valley Unified School District	44697996049753	78.28%	15.84%	94.12%
Pajaro Valley High School	Pajaro Valley Unified School District	44697990105858	68.10%	13.81%	81.90%
Watsonville High School	Pajaro Valley Unified School District	44697994437901	61.55%	13.67%	75.21%
Citrus Middle School	Kings Canyon Unified	106222656006746	82.76%	8.45%	91.21%
			%	%	%
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			%	%	%
			%	%	%
			%	%	%
			%	%	%
			%	%	%

*After each school name indicate all that apply with the following abbreviations: K-12 School (S), Preschool (PS), After School (A) & Parents (P)

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Adopted from Overweight Prevention & Treatment for Fit Kids	Color Foods	Flyer depicting green, yellow and red light foods.	English/Spanish
Adopted from Overweight Prevention & Treatment for Fit Kids	Plate Proportion	A flyer that includes a colorful depiction of the recommended plate proportions of fruit,veg, protein and grains	English/Spanish
Adopted from Overweight Prevention & Treatment for Fit Kids	Snack Ideas for Kids	Flyer for parents that contains a list of great snacks for children 5-12.	English/Spanish
American Dietetic Association	25 Healthy snack for Kids	Flyer that lists great snack ideas for children ages 3-12.	English/Spanish
American Dietetic Assoc	Eating Right Tips for Older Adults	Health eating for those individuals 50 and older. Includes key nutrients that we need to pay special attention to.	English/Spanish
American Dietetic Association	Healthy Eating on the Run	Tips for adults on eating healthy on the go. Includes tips on how to order healthy food when eating out.	English/Spanish
Arizona Nutrition Network	David Eats Dinner with his Family Coloring Page	Coloring sheet that promotes family meals.	English/Spanish
Arizona Nutrition Network	Fruit and Veggie Activity Book	Great coloring sheets fro children ages 5-7 of fruits and vegetables.	English/Spanish
Arizona Nutrition Network	Fruit/Vegetables Coloring Pages	Coloring sheet that contains items from the fruits and veg group	English/Spanish
Arizona Nutrition Network	Grains Coloring Page	Coloring sheet that contains items from the grain group.	English/Spanish
Arizona Nutrition Network	Meat/Dairy Coloring Pages	Coloring sheet that contains items from the meat and dairy group	English/Spanish
Arizona Nutrition Network	Vegetable Stand Coloring Pages	Coloring sheet that contains items from the veg group	English/Spanish
CA Department of Health	Be Active Your Way		English/Spanish
California Project Lean	Shop Smart, Shop Lean	Brochure on tips for cooking healthy	English/Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Center for Disease Control	Healthy Kids, Healthy Families		English/Spanish
County of Orange Health Services	Make Healthy Choices that Fit your Life Style	Brochure for adults on making healthier choices for an improved lifestyle. Includes new ways to be active.	English/Spanish
Dairy Council of CA	Certificate	Certificate that identifies that a particular individual makes healthy choices everyday.	English/Spanish
Dairy Council of CA	Eat Well, Be Active!	Flyer that is geared to teens that instructs on body image, dispels myths relative to fat and calories and promotes healthy eating habits.	English/Spanish
Dairy Council of CA	Healthy Eating for Your Preschooler	Booklet for parents on tips for getting your preschooler to eat health foods.	English/Spanish
Dairy Council of CA	Healthy Snacks for Home School	Flyer with snacking tips for parents of children ages 3-16.	English/Spanish
Dairy Council of CA	Making Meals Matter for your School-Age Child	Booklet that helps parents of school-age children, ages 6-12, understand the basics of preparing healthy meals and snacks.	English/Spanish
Dairy Council of CA	Parents: Be Your Child's Partner in Healthy Bones	Flyer that outlines for parents how to encourage their child from elementary school through high school to get enough calcium for bone growth	English/Spanish
Dairy Council of CA	Pregnancy – A special time for nutrition	Booklet that highlights good nutrition and sensible exercise for pregnant women	English/Spanish
Dairy Council of CA	Protect your Child from Lead Poisoning	Food tips to help protect children for 1-6 from lead poisoning.	English/Spanish
Dairy Council of CA	Start Your Preschooler on the Path to Healthy Eating	Booklet for parents of preschoolers. Identifies how to offer healthy foods.	English/Spanish
Dairy Council of California	The Calcium Connection	Booklet that discusses the importance of Calcium for all ages.	English/Spanish
Extension en Espanol	Protecting your Baby's Teeth	Flyer that instructs parents on how to prevent "Baby Bottle Tooth Decay"	English/Spanish
Extension en Espanol	Busy Families and Mealtime	Flyer that promotes family meals. Includes strategies for parents	English/Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Extension En Espanol	Good Eating Habits	A flyer that encourages good eating habits, including eating a variety foods high in ntrients.	English/Spanish
Extension en Espanol	Keeping Food Safe	Flyer for adults that identifies food safety techniques relative to purchasing, storage etc.	English/Spanish
Extension en Espanol	Meal Planning Stretching Your Dollar	Tips for adults on how to stretch your food dollar.	Spanish
Extension en Espanol	Nutrition and the Elderly	Flyer for the elderly or those that care for the elderly. Highlights important nutrients for this population.	English/Spanish
Food and Drug Administration	Eating Well As We Age	Booklet for the elderly or those that care for the elderly. Highlights how to eat healthy if barriers like difficulty chewing exist.	English/Spanish
Food Safety and Inspection Service	Basics for Handling Food Safely	Flyer for adults identifying food handling techniques relative to shopping, storage etc.	English/Spanish
Foodwise CA Dept. Health Serv.	Exercise Excuses & Fitness Facts	Flyer for adults that provides paractical solutions to many popular reasons why adults don't exercise.	English/Spanish
Fresno Dept. of Community Health	My Child's Weight... What Can I Do?	A brochure that helps parents of school age children ages 5-12, understand the importance of a healthy weight and healthy snacking.	English/Spanish
Fresno Dept. of Community Health	My Child's Weight... What Can I Do?	A brochure that helps parents of school age children ages 5-12 understand the importance of a healthy weight and healthy fast food options.	English/Spanish
Fruits and Veggies More Matters	Three Simple Steps to Eating More	Instructs adults on how to eat a variety of fruits and vegetables daily. Includes recommended amounts for children 2-18 as well.	English/Spanish
Mealmatter.org	Get Packin' Tips for a Healthy Lunch Box	Flyer that offers a colorful display of healthy foods that they can include in a packed lunch	English/Spanish
National Cancer Institute	Eat Less Fat: You can Lower Your Risk For...	Flyer that teaches how to selelct foods that contain less fat	English/Spanish
National Institute of Health	Cut Down on Salt	Booklet on tips for families in how to limit salt intake.	English/Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
National Institute of Health	Watch Your Weight!	Tips for adults on weight management	English/Spanish
<i>Network for a Healthy California</i>	AA Campaign: Soulful Recipes	Recipes for families that are culturally appealing to the AA audience.	English
<i>Network for a Healthy California</i>	AA Toolbox for Community Educators	A set of classes that educates on increasing the intake of fruits and vegetables as well as encourages physical activity to the AA population	English
<i>Network for a Healthy California</i>	Champions for Change materials: How Many Cups of Fruit and Vegetables Do I need?; Fruits and Vegetables: for Your Health, Your Neighborhood, and Your Life; Physical Activity: for Your Neighborhood, and Your Life;	Encourages fruit and vegetable intake along with an increase in physical activity for all ages.	English/Spanish
<i>Network for a Healthy California</i>	Eat Right When Money's Tight	Flyer that highlights ways to stretch your food dollars	English
<i>Network for a Healthy California</i>	F/V PA Toolbox for Community Educators	A set of classes that educates on increasing the intake of fruits and vegetables as well as encourages physical activity. Includes lessons that are geared to the Latino population.	English/Spanish
<i>Network for a Healthy California</i>	Latino Campaign: Healthy Latino Recipes Made with Love, Everyday Healthy Meals, Kids get Cookin; Recipe card etc.	Cookbooks that highlight healthy, easy recipes. Many were developed to appeal to the Latino population.	English/Spanish
<i>Network for a Healthy California</i>	Power Play Campaign materials (I.e. Kids get Cookin)	A Cookbook that contains great, easy recipes that kids 5-12 would love!	English/Spanish
<i>Network for a Healthy California</i>	Retail Campaign: Discover the Secret	Cookbook with easy, healthy recipes that promote fruits and vegetables.	English/Spanish
Oregon State University	Breakfast is Important	Flyer that highlights the importance of breakfast for all ages.	English/Spanish
Oregon State University	Calcium is Important	Flyer that discusses the benefits of high calcium foods for everyone..	English/Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Oregon State University	Celebrate Traditions!	Flyer that instructs on how to alter traditional foods to achieve a healthier product.	English/Spanish
Oregon State University	Cooking With Beans	Flyer that instructs on the healthy aspects of dried beans.	English/Spanish
Oregon State University	Cooking With Dried Fruits and Vegetables	Flyer for adults that instructs on the healthy aspects of dried fruits and vegetables and offers cooking tips	English/Spanish
Oregon State University	Cooking With Eggplant	Flyer for adults that instructs on the healthy aspects of eggplants and offers cooking tips.	English/Spanish
Oregon State University	Cooking With Raisins	Flyer for adults that instructs on the healthy aspects of raisin.	English/Spanish
Oregon State University	Cooking With Rice	Flyer for adults that instructs on the healthy aspects of rice and offers cooking tips.	English/Spanish
Oregon State University	Drink water	Flyer that encourages water intake, especially whne active on a hot day.	English/Spanish
Oregon State University	Eat Better, Eat Together!	Flyer that encourges family meal time and alloweing children to help prepare meals.	English/Spanish
Oregon State University	Eat Fruits and Vegetables	Flyer for adults that encourages fruits and vegeatble intake and encourages “gleaning”	English/Spanish
Oregon State University	Eat More Fruits and Vegetables	Flyer for adults and children that encourages fruits and vegetables.	English/Spanish
Oregon State University	Eat Well for Good Health	Flyer that promotes MyPyramid for all ages	English/Spanish
Oregon State University	Focus on Fruits	Flyer for families on how to encorporate nutrient rich fruits into the daily diet.	English/Spanish
Oregon State University	Go Lean on Protein	Flyer for families on how to encorporate nutrient rich proteins into the daily diet	English/Spanish
Oregon State University	Got Dairy?	Flyer that highlights the benefits of calcium and physical activity on bone health for everyone.	English/Spanish
Oregon State University	Grains	Fyler for families that promotes whole grains.	English/Spanish
Oregon State University	Know Your Fats	Flyer for adults that defines fats and encourages limiting saturated and trans fats. Lists healthier fats.	English/Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Oregon State University	Sugar and Your Health	Flyer for adults that teaches about the disadvantages of consuming high sugar foods.	English/Spanish
Oregon State University	Take Care of your Heart	Flyer that highlights heart health foods for everyone.	English/Spanish
Oregon State University	Vary your Vegetables	Flyer that gives tips to adults on how to incorporate vegetables into meals.	English/Spanish
Team Nutrition/USDA	My Pyramid, Eat Right, exercise		English/Spanish
Texas Department of Agriculture	10 Easy Ways to Improve Your Family's Eating Habits	A flyer on healthy snacking for students ages 5-16	English/Spanish
Texas Department of Agriculture	Suggestions for Nutritious Snacks		English/Spanish
Texas Dept. Food and Agriculture	Taking the Mystery out of the Food Label	Geared towards parents. Identifies how to read the food label.	English/Spanish
Tufts University	MyPyramid for Older Adults		English/Spanish
UC Cooperative Extension	Giving Your Baby New Foods: 8-12 Months	A flyer that includes information on the appropriate foods to feed a baby from birth to 8 months.	English/Spanish
University of Florida, IFAS Ext	My Pyramid, Food Groups		English/Spanish
University of Florida, IFAS Ext	My Pyramid, Steps to Healthier You	Coloring sheet for children ages 5-7. Assists with identifying the colors of the different food groups as identified on MyPyramid.	English/Spanish
University of Florida, IFAS Ext.	MyPyramid Food Groups (6)	Each sheet (one for each food group) explains how many servings are recommended from that group according to age	English/Spanish
US Dept of Health & Human Services	Games from the Garden	Activity book for 8-12 year olds that promotes the importance of fruits and vegetables.	English/Spanish
US Dept of Health & Human Services	Milk Matters Coloring Book	A booklet that focusing on the importance of milk (calcium) for strong bones and teeth. Appropriate for ages 5-8	English/Spanish
US Dept. of Health & Human Srv	Young Teens Need Calcium	Mini-poster highlighting the fact that teens need calcium.	English/Spanish
USDA Eat Smart. Play Hard	Activity and Sticker Book	Booklet that contains sticker activities on healthy eating and physical activity.	English/Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
USDA Eat Smart. Play Hard	Enter the Fun Zone	Activity sheet that highlights healthy eating and physical activity for children 6-8.	English/Spanish
USDA Eat Smart. Play Hard	Let's Go on a Snack Hunt	Activity sheet for children ages 6-8 identify health snacks	English/Spanish
USDA Eat Smart. Play Hard	Power Panther's Picnic	Activity sheet that helps children 6-8 identify healthy snacks.	English/Spanish
USDA Eat Smart. Play Hard	Power Up with Breakfast	Activity sheet that gives children ages 6-8 examples of healthy breakfast items.	English/Spanish
USDA Eat Smart, Play Hard	Grab Quick & Easy Snacks	Activity sheet that gives children ages 6-8 examples of healthy snack items.	English/Spanish
USDA Food Safety and Insp. Serv	Washing Hands Coloring Page	Coloring page for children ages 4-6 that promotes handwashing before eating.	English/Spanish
USDA/Eat Smart, Play Hard	Move More, Sit Less	Activity sheet for children ages 6-8 that promotes physical activity.	English/Spanish
USDA/Purdue University	Anatomy of MyPyramid	Flyer that highlights the different components of MyPyramid.	English/Spanish
USDA/Purdue University	MyPryamid	Flyer that identifies foods of each food groups and the recommended amounts for all ages.	English/Spanish
Wisconsin Nutrition Education	Eat Breakfast	Importance of breakfast for the whole family.	English/Spanish
Wisconsin Nutrition Education	Food Safety Alert	A flyer that targets high risk populations on the prevention of Listeria	English/Spanish
Wisconsin Nutrition Education	Keeping Your Food Safe	Tips for adults on keeping foods safe for consumption.	English/Spanish
Wisconsin Nutrition Education	Let's Get Our Kids Moving	Information for parents on how to get children ages 5-12 to increase their physical activity.	English/Spanish
Wisconsin Nutrition Education	Let's Make Meatless Meals	A flyer that identifies healthy meat alternative for families.	English/Spanish
Wisconsin Nutrition Education	Making Snacks With Children	A Flyer on tips for adults on how to involve children ages 6-12 in snack making	English/Spanish
Wisconsin Nutrition Education	Nutrition Facts in Spanish	Educates Spanish speaking adults on how to read the food label.	Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
Wisconsin Nutrition Education	Nutrition Labels	Educates English speaking adults on how to read the food label.	English
Wisconsin Nutrition Education	Tips for Baking and Serving Food with Less Fat	Flyer that teaches how to select foods that contain less fat	English/Spanish
Wisconsin Nutrition Education	Your Baby: Bottle Feeding And Tooth Decay	Flyer that instructs parents on how to prevent "Baby Bottle Tooth Decay"	English/Spanish
USDA	Loving Your Family Feeding Your Future	An interactive curriculum that educates on healthy eating .	English/Spanish
Cathy and Mark Dubowski	Picky Nicky	Ages 4-8. A picture reader that speaks to adding not so favorite foods to favorite foods to increase consumption of foods like peas and carrots	English/Spanish
Bruce McMillian	Growing Colors	Ages 3 and up. A picture book that highlights a garden of color	English/Spanish
Nancy Maria Grande Tabor	A Taste of the Mexican Market	Ages 4-8. A picture book that highlights a trip through the Mexican Market.	English/Spanish
J. Stevens	Carlos and the Cornfield	Ages 4-8. A picture book that highlights the meaning of reaping what you sow.	English/Spanish
Lois Ehlert	Eating the Alphabet	Ages 4-8 A picture book on fruits and vegetables relative to the alphabet	English/Spanish
Dianne Warren	The Fruit Bowl/Vegetable Soup	Ages 4-8 A picture book that highlights the health benefits of fruits and vegetable.	English/Spanish
Pat Mora	Let's eat a Comer	Ages 4-8 A picture book about eating healthy food together.	English/Spanish

New Materials Development Data Sheet

<i>Title</i>	<i>Description</i>	<i>Justification</i>

BUDGET COVER SHEET
FFY 2012

Organization: Central Valley Health Network				
Contract Number: 10-10037				
Federal Share Budget	FFY 2011	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 101,075	\$ 109,294	\$ 8,219	8.13%
Fringe Benefits	\$ 22,105	\$ 23,903	\$ 1,798	8.13%
Operating	\$ 14,451	\$ 15,080	\$ 629	4.35%
Travel	\$ 8,675	\$ 8,962	\$ 287	3.31%
Equipment & Other Capital	\$ -	\$ -	\$ -	
Subcontractors	\$ 919,718	\$ 919,718	\$ -	0.00%
Other Costs	\$ 2,606	\$ 2,606	\$ -	0.00%
Indirect Costs	\$ 37,228	\$ 26,295	\$ (10,933)	-29.37%
Total Federal Share	\$ 1,105,858	\$ 1,105,858	\$ -	0.00%
Note: If the Total Federal Share Percentage difference is greater than 5%, please provide an explanation.				
<i>If the total percentage difference is greater than 5% consult your Contract Manager.</i>				
<i>Justification of greater than 5% change</i>				
Personnel Salaries	<i>Increased due to an adjustment of FTEs</i>			
Fringe Benefits	<i>Increased due to an adjustment of FTEs</i>			
Indirect Costs	<i>Decreased as a result of a decrease in CVHN's indirect cost's percentage</i>			

BUDGET JUSTIFICATION
October 1, 2011 to September 30, 2012

Contractor: Central Valley Health Network
 Contract #:10-10037

A PERSONNEL SALARIES:							
	1. Name and Position Title	2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars
FEDERAL SHARE POSITIONS							
1.	Name: Cynthia Peshek Title: Administrator (Nutrition and Wellness Director)						
		\$ 88,725	0.7500		75.00%	\$ 66,544	\$ 66,544
2.	Name: TBD Title: Project Coordinator						
		\$ 45,000	0.6500		65.00%	\$ 29,250	\$ 29,250
3.	Name: Lisa Kares Title: Accountant/Finance Analyst (Grants and						
		\$ 45,000	0.3000	30.00%		\$ 13,500	\$ 13,500
SUBTOTAL		\$ 178,725	1.7000	0.00%	140.00%	\$ 109,294	\$ 109,294
Administrator (Nutrition and Wellness Director) (F1)		Administers the nutrition education contract and budget, supervises nutrition education staff, attend nutrition education and scope of work related meetings, develops program plan and participates in the Regional collaborative. Coordinate contract reporting requirements.					
Project Coordinator (F2)		Coordinate program staff and nutrition education activities; plan and follow through on outreach and educational events at health fairs, schools, and other promotional activities; work with schools, churches, farm worker organizations, and community organizations in planning and promoting good health through dissemination of nutrition education materials; actively acquire and develop culturally and linguistically competent nutrition curriculum and education materials; to promote existing and/or to develop new physical activity promotional components of nutrition education; and expand our existing community outreach program to encompass nutritional components to increase community awareness and knowledge of good nutrition and healthy active lifestyles.					
Accountant/Finance Analyst (F3)		Serves as internal auditor and controller. Assists with processing purchase orders, invoices, preparation of vouchers for payment as related to the Network program, as well as monitoring the budgets.					

BUDGET JUSTIFICATION
October 1, 2011 to September 30, 2012

Contractor: Central Valley Health Network
 Contract #:10-10037

						Federal Share Total Dollars	Total Dollars
B. FRINGE BENEFITS:							
Federal Share: Includes payroll taxes and medical/dental benefits at 21.87% of salaries x \$109,294							
(Med 8.63% , Dental .97%, 401K 3%, W/C .684%, FUTA.10% SUI .76% FICA/SS/Med 7.65%, Life insurance .07%)						\$ 23,903	\$ 23,903
TOTAL:						\$ 23,903	\$ 23,903
C. OPERATING EXPENSES:							
Federal Share: note:							
Rent prorated based on usage and FTE allocated to SNAP-Ed (NIA) is -11.84% of 8,268/mo = 482.29 sq ft x \$2.03 per sq ft = \$979/mo X 12 = \$11,748. (see organizational proration spreadsheet)						\$ 11,748	\$ 11,748
Postage & Delivery for mailing out health center checks						\$ 500	\$ 500
Communications - (Telephone, Fax, Conference Calls, Internet Connections) 11.84% of \$800/ Month = 9.72/ Month x 12 = \$1,137/yr						\$ 1,140	\$ 1,140
Office supplies (sticky notes, pens, paper binders, copier ink) actual expenses prorated by FTE prior to invoicing						\$ 1,000	\$ 1,000
Shredding of prior contract year documents (9/04-9/07)						\$ 692	\$ 692
TOTAL:						\$ 15,080	\$ 15,080
D. EQUIPMENT EXPENSES:							
Federal Share:							
TOTAL:							
E. TRAVEL AND PER DIEM:							
Federal Share:							
Program Coordinator							
Quarterly Meetings (Fresno): <u>2</u> trips/2days each : Per Diem \$40x <u>2</u> trips x 2/days = <u>\$160</u> , Lodging \$95 x <u>2</u> /days = <u>\$190</u> , 322 miles/RT x 0-. <u>555</u> mile <u>x 2</u> = <u>\$357</u>						\$ 707	\$ 707
Network Basic Skills Training: 2 trips/1day each: Registration \$60 x 2						\$ 120	\$ 120
Other Trainings : 1 tip/1day Per Diem \$ 40, Lodging \$95, Milage 669 miles x . <u>555</u> mile = <u>\$371</u>						\$ 506	\$ 506

BUDGET JUSTIFICATION
October 1, 2011 to September 30, 2012

Contractor: Central Valley Health Network
 Contract #:10-10037

				Federal Share Total Dollars	Total Dollars
Nutrition & Wellness Director					
Quarterly Meetings (Fresno): 4 trips/2days each : Per Diem \$40x 4 trips x 2/days =\$320, Lodging \$85 x 4/days =\$380, 350 321.5 miles/RT x .54 <u>.555</u> mile x 4 = <u>\$350714</u>				\$ 1,414	\$ 1,414
Network Basic Skills Training: 2 trips/1day each: Registration \$60 x 2				\$ 120	\$ 120
Other Trainings : 1 tip/1day Per Diem \$ 40, Loding \$95, Milage 730 670 miles x .54 <u>.555</u> /mile = <u>\$365372</u>				\$ 507	\$ 507
Collaborative mtgs: 4 trips/4days each: Per Diem \$40x4 days x 4 trips =\$640, Lodging \$95 x 4/days =\$380, 360 331 miles/RT x .54 <u>.555</u> mile =\$184				\$ 1,204	\$ 1,204
Grants and Contracts Analyst					
Quarterly Meetings (Fresno): Trips/2days each : Per Diem \$40x 2 trips x 1/days =\$80 , Lodging \$95 x 2/days =\$190, 90 83 miles/RT x .55 <u>.555</u> /mile =\$46				\$ 316	\$ 316
2 site visits for Director of Programs, Finance Analyst or Administrator of Program					
[One = 368 miles roundtrip@ <u>.555</u> /mile + lodging@\$84 +tax = \$95 + per diem of \$40=\$339 total per visit x12]				\$ 4,068	\$ 4,068
TOTAL				\$ 8,962	\$ 8,962

BUDGET JUSTIFICATION
October 1, 2011 to September 30, 2012

Contractor: Central Valley Health Network
 Contract #:10-10037

							Federal Share Total Dollars	Total Dollars
F. SUBCONTRACTORS:								
<i>Federal Share:</i>								
		Del Norte Clinics, Inc.					\$ 32,757	\$ 32,757
		Family HealthCare Network					\$ 121,056	\$ 121,056
		Golden Valley Health Centers					\$ 36,186	\$ 36,186
		Hill Country Health & Wellness Center					\$ 90,593	\$ 90,593
		Inland Behavioral & Health Services, Inc.					\$ 55,708	\$ 55,708
		La Clinica de la Raza, Inc.					\$ 112,475	\$ 112,475
		Livingston Medical Group					\$ 73,519	\$ 73,519
		National Health Services, Inc.					\$ 177,998	\$ 177,998
		Salud Para La Gente					\$ 57,460	\$ 57,460
		San Jose Family Foothill Clinic					\$ 107,978	\$ 107,978
		United Health Centers, Inc.					\$ 53,988	\$ 53,988
						TOTAL	\$ 919,718	\$ 919,718
G. OTHER COSTS:								
<i>Federal Share:</i>								
		ServSafe Training for Director \$150					\$ 150	\$ 150
		ServSafe Training materials for trainer: Instructor Toolkit (5th Edition) \$230; Food Safety DVD \$162 = \$392					\$ 392	\$ 392
		Serve Safe Materials for class attendees: Coursebooks (12 per case/\$1032) 2 cases= \$2,064					\$ 2,064	\$ 2,064
		<i>(above is necessary for subcontractor staff that conduct food demonstrations in CVHN's SOW)</i>				SUBTOTAL:	\$ 2,606	\$ 2,606
H. INDIRECT COSTS:								
		Federal Share: 16.45% x \$ 159,845 Cost for (A, B, C, E and G)				SUBTOTAL:	\$ 26,295	\$ 26,295
		TOTAL:	\$ 178,725	1.7000	0.00%	140.00%	\$ 1,105,858	\$ 1,105,858

SUBCONTRACTOR BUDGET JUSTIFICATION
Del Norte Clinics, Inc.
October 1, 2011 to September 30, 2012

Contractor: Central Valley Health Network
 Contract #: 10-10037

A PERSONNEL SALARIES:										
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars			
FEDERAL SHARE POSITIONS										
1.	Name:	Kristen Bradley								
	Title:	Registered Dietitian		\$ 63,795	0.3240	32.40%	\$ 20,670	\$ 20,670		
SUBTOTAL				\$ 63,795	0.3240	0.00%	\$ 20,670	\$ 20,670		
<i>Please order descriptions to align with personnel salaries and delete any unnecessary descriptions.</i>										
SAMPLE POSITION DESCRIPTIONS:										
Dietician		Oversees and supervises the nutrition education program including project administration, project coordination, the development of the nutrition education component and materials and other nutrition and physical activity promotion programs.								
							Federal Share Total Dollars	Total Dollars		
B. FRINGE BENEFITS:										
Federal Share:										
Includes payroll taxes and medical/dental benefits at 25.6% of salaries						\$ 5,292	\$ 5,292			
25.6% to employees distributed as follows: SDI/SUI: 3%, FUDA: 6%, FDI: 1%, Social Security: 7.6%, FU tax: 3%, personal insurance: 5%										
SUBTOTAL:						\$ 5,292	\$ 5,292			
C. OPERATING EXPENSES:										
Federal Share:										
SUBTOTAL:										

SUBCONTRACTOR BUDGET JUSTIFICATION
Family Healthcare Network
October 1, 2011 to September 30, 2012

Contractor: Central Valley Health Network
 Contract #: 10-10037

A PERSONNEL SALARIES:											
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars				
FEDERAL SHARE POSITIONS											
1.	Name: Sandra Solis Title: Health Educator	\$ 30,681	0.3000		30.00%	\$ 9,204	\$ 9,204				
3.	Name: Denise Puder Title: Project Coordinator (Director of Health Education)	\$ 55,162	0.2500		25.00%	\$ 13,791	\$ 13,791				
4.	Name: Angela, Duran Issacs Title: Nutritionist	\$ 55,000	0.5500		55.00%	\$ 30,250	\$ 30,250				
5.	Name: Garrett, Sylvia M. Title: Health Educator	\$ 35,942	0.4000		40.00%	\$ 14,377	\$ 14,377				
6.	Name: Janet Pain Title: Administrator (Director of Integrated Services)	\$ 111,630	0.1000	5.00%	5.00%	\$ 5,582	\$ 5,582				
SUBTOTAL		\$ 288,415	1.6000	5.00%	155.00%	\$ 53,245	\$ 53,245				
						\$ 73,204	\$ 73,204				
<i>Please order descriptions to align with personnel salaries and delete any unnecessary descriptions.</i>											
Health Educator (including Health Aide, Health Promotion Instructor, etc.) 1 & 4		Develop materials and facilitate health education in both group and individual settings. Teaches general nutrition, the importance of fruits and vegetables, and health benefits of proper nutrition and physical activity.									
Nutritionist/Nutrition Educator/Nutrition Aide: 3		Provides nutrition education to the SNAP-Ed eligible population. Specific duties include: one-on-one general nutrition education, delivery of general nutrition education in a classroom or group setting, staffing health fairs and other community or promotional events where nutrition education messages are delivered, distribution of linguistically and culturally appropriate nutrition education materials, documentation of educational and other encounters, assisting with writing project reports and preparation of quarterly reports, maintaining program reports and tracking system.									
Project Coordinator: 2		Coordinate program staff and nutrition education activities; plan and follow through on outreach and educational events at health fairs, schools, and other promotional activities; work with schools, churches, farm worker organizations, and community organizations in planning and promoting good health through dissemination of nutrition education materials; actively acquire and develop culturally and linguistically competent nutrition curriculum and education materials; to promote existing and/or to develop new physical activity promotional components of nutrition education; and expand our existing community outreach program to encompass nutritional components to increase community awareness and knowledge of good nutrition and healthy active lifestyles.									
Administrator (e.g., Director of Programs): 5		Administer the nutrition education contract and budget, supervising nutrition education staff, attend nutrition education and scope of work related meetings, program planning and participating in the Regional collaborative. Coordinate contract reporting requirements.									
						Federal Share Total Dollars	Total Dollars				
B. FRINGE BENEFITS:											
Federal Share:											
26% of Salaries (6.2% SSI, 1.45% Medicare, 1.2% SU1, 4% Pension, 1.35% Deferred, 7.8% Health Ins., 1.09% Dental Ins., 0.11% Life Ins., 0.30% LTD, 2/5% WC)											
26% x \$73,204											
						\$ 19,033	\$ 19,033				
SUBTOTAL:						\$ 19,033	\$ 19,033				

SUBCONTRACTOR BUDGET JUSTIFICATION
Family Healthcare Network
October 1, 2011 to September 30, 2012

Contractor: Central Valley Health Network
 Contract #: 10-10037

F. SUBCONTRACTORS:																		
Federal Share:																		
SUBTOTAL:																		
G. OTHER COSTS:																		
Federal Share:																		
Three Blenders @ 50/each = 150.00 (for use at Health Fairs)										\$	450	\$	450					
Three Cook Topers @ 100/Each = 300.00 (for use at Health Fairs)																		
Food Demos / Taste Testings																		
For 33 Community Health Fairs x \$100 per fair to promote healthy eating, food/material expenses which include costs not to exceed \$2.50/each including supplies (forks, plates, etc.) = \$3,300										\$	3,300	\$	3,300					
Education Materials																		
Nutrition Newsletter: 5,135 printed @ \$.50 each = \$2,567										\$	2,567	\$	2,567					
SUBTOTAL:										SUBTOTAL:	\$	6,317	\$	6,317				
H. INDIRECT COSTS:																		
Federal Share:																		
25% x \$73,204																		
Family HealthCare Network's actual indirect cost is 68%. Therefore, we request 25% of Total Salaries be recognized as our indirect rate for this program										\$	18,301	\$	18,301					
SUBTOTAL:										SUBTOTAL:	\$	18,301	\$	18,301				
TOTAL										\$	288,415	1.6000	5.0%	155.0%	\$	121,056	\$	121,056

SUBCONTRACTOR BUDGET JUSTIFICATION
Golden Valley Health Centers
October 1, 2011 to September 30, 2012

Contractor: Central Valley Health Network
 Contract #: 10-10037

A PERSONNEL SALARIES:													
1. Name and Position Title								2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars
FEDERAL SHARE POSITIONS													
1.	Name:	Kennoris Bates, RD											
	Title:	Director of Programs/ RD						\$ 81,070	0.0500	0.00%	5.00%	\$ 4,054	\$ 4,054
2.	Name:	Raquel D. Ortega											
	Title:	Health Educator III						\$ 26,916	0.1000	0.00%	10.00%	\$ 2,692	\$ 2,692
3.	Name:	Gloria Obando											
	Title:	Health Educator III						\$ 44,859	0.2000	0.00%	20.00%	\$ 8,972	\$ 8,972
4.	Name:	Saida Sanchez											
	Title:	Health Educator III						\$ 49,446	0.1500	0.00%	15.00%	\$ 7,417	\$ 7,417
SUBTOTAL								\$ 202,291	0.5000	0.00%	50.00%	\$ 23,134	\$ 23,134
<i>Please order descriptions to align with personnel salaries and delete any unnecessary descriptions.</i>													
SAMPLE POSITION DESCRIPTIONS:													
Administrator (e.g., Director of Programs) - 1		Administers the nutrition education contract and budget, supervises nutrition education staff, attend nutrition education and scope of work related meetings, develops program plan and participates in the Regional collaborative. Coordinate contract reporting requirements.											
Health Educator (including Health Aide, Health Promotion Instructor, etc.) - 2-4		Develop materials and facilitate health education in both group and individual settings. Teaches general nutrition, the importance of fruits and vegetables, and health benefits of proper nutrition and physical activity.											

SUBCONTRACTOR BUDGET JUSTIFICATION
Golden Valley Health Centers
October 1, 2011 to September 30, 2012

Contractor: Central Valley Health Network
 Contract #: 10-10037

											Federal Share Total Dollars	Total Dollars
B. FRINGE BENEFITS:												
Federal Share:												
Includes payroll taxes and medical/dental benefits at <u>33.651%</u> x \$23,134 of total salaries.												
<i>Golden Valley benefits are based on actual staff working in the program, therefore, the benefits for the staff working in the federal share are higher than State share staff.</i>											\$ 7,785	\$ 7,785
SUBTOTAL:											\$ 7,785	\$ 7,785
C. OPERATING EXPENSES:												
Federal Share:												
SUBTOTAL:												
E. TRAVEL AND PER DIEM:												
Federal Share:												
Staff	# Trips	# Days	Per Diem	Lodging	Round Trip	Total						
Meeting												
Staff	# Trips	# Days	Per Diem	Lodging	Round Trip	Total					\$ 249	\$ 249
Meeting	4	4	0	0	449-X .555=249	249						
<i>Director of Projects Travel as follows:</i>												
CVHN Nutrition Workshops (3 trips) in Fresno (58 miles x 3 trips x .555) = 96											138.195	
Fiscal Training - Sacramento (1) , Sacramento 218 miles x .555 = 121												
Promising Practices Forum - Fresno 58 miles x .555 = 32												
SUBTOTAL:											\$ 249	\$ 249
F. SUBCONTRACTORS:												
Federal Share:												
SUBTOTAL:												
G. OTHER COSTS:												
Federal Share:												
SUBTOTAL:												

SUBCONTRACTOR BUDGET JUSTIFICATION
Hill Country Health and Wellness
October 1, 2011 to September 30, 2012

Contractor: Central Valley Health Network
 Contract #: 10-10037

A PERSONNEL SALARIES:											
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars			
FEDERAL SHARE POSITIONS											
1	Name:	Glenda York									
	Title:	Project Coordinator	\$ 31,200	0.4000		40.00%	\$ 12,480	\$ 12,480			
2	Name:	Linda Tucker									
	Title:	Registered Dental Hygienist	\$ 53,352	0.2000		20.00%	\$ 10,670	\$ 10,670			
3	Name:	Natalie Jacobs									
	Title:	Teen Outreach Coordinator	\$ 21,632	0.2000		20.00%	\$ 4,326	\$ 4,326			
4	Name:	Barragan, Maggie									
	Title:	Registered Dental Hygienist	\$ 48,438	0.2000		20.00%	\$ 9,688	\$ 9,688			
5	Name:	Grote, Xzandria									
	Title:	Data Entry Clerk	\$ 16,640	0.1500		15.00%	\$ 2,496	\$ 2,496			
6	Name:	Louise Pico									
	Title:	Medical Assistant	\$ 26,208	0.3500		35.00%	\$ 9,173	\$ 9,173			
7	Name:	Bobbi Jo Bronsert									
	Title:	Registered Dental Assistant	\$ 22,464	0.4000		40.00%	\$ 8,986	\$ 8,986			
SUBTOTAL			\$ 219,934	1.9000	0.00%	190.00%	\$ 57,819	\$ 57,819			
<i>Please order descriptions to align with personnel salaries and delete any unnecessary descriptions.</i>											
SAMPLE POSITION DESCRIPTIONS:											
Dental Hygienist/Medical Assistant 2, 4, 6, 7		Conducts one-on-one nutrition education interventions prior to primary care visit.									

**SUBCONTRACTOR BUDGET JUSTIFICATION
Inland Behavioral Health Services
October 1, 2011 to September 30, 2012**

Contractor: Central Valley Health Network
Contract #: 10-10037

A PERSONNEL SALARIES:									
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	9. Total Dollars	
FEDERAL SHARE POSITIONS									
1.	Name:	Sheila White							
	Title:	Project Coordinator	\$ 35,360	0.8000		80.00%	\$ 28,288	\$ 28,288	
2.	Name:	Christina Sarabin							
	Title:	Accountant	\$ 41,600	0.0500	5.00%	5.00%	\$ 2,080	\$ 2,080	
SUBTOTAL			\$ 76,960	0.9000	5.00%	85.00%	\$ 30,368	\$ 30,368	
<i>Please order descriptions to align with personnel salaries and delete any unnecessary descriptions.</i>									
SAMPLE POSITION DESCRIPTIONS:									
Accountant/Finance Analyst - 2		Serves as internal auditor and controller. Assists with processing purchase orders, invoices, preparation of vouchers for payment as related to the Network program, as well as monitoring the budgets.							
Project Coordinator - 1		Coordinate program staff and nutrition education activities; plan and follow through on outreach and educational events at health fairs, schools, and other promotional activities; work with schools, churches, farm worker organizations, and community organizations in planning and promoting good health through dissemination of nutrition education materials; actively acquire and develop culturally and linguistically competent nutrition curriculum and education materials; to promote existing and/or to develop new physical activity promotional components of nutrition education; and expand our existing community outreach program to encompass nutritional components to increase community awareness and knowledge of good nutrition and healthy active lifestyles.							
B. FRINGE BENEFITS:									
Federal Share:									
Payroll Taxes @7.75% Workers Comp, Unemployment Ins @3.35% & Health, Dental, Vision, 401K @10.75%							\$ 6,635	\$ 6,635	
Includes payroll taxes and medical/dental benefits at 21.85% x \$30,368									
SUBTOTAL:							\$ 6,635	\$ 6,635	
C. OPERATING EXPENSES:									
Federal Share:									
We have 40 employees at 665 North "D" Street Address									
The Federal Share % is 2% (0.85+.05 =0.85/40*100=2%).									
Office & Printing Supplies from Staples (\$1000 per month @2%)			x 12 months				\$ 240	\$ 240	
Building Maintenance Supplies from Waxi Supplies (\$809 per month @ 2%)			x 12 months				\$ 194	\$ 194	
Telephone Services with Verizon (\$1,852 per month @ 2%)			x 12 months				\$ 444	\$ 444	
Postage (\$346 per month @ 2%)			x 12 months				\$ 83	\$ 83	
Utilities with SCE,SCG,SB Water (\$4,050 per month @ 2%)			x 12 months				\$ 972	\$ 972	
Building Site Lease (\$ 4,180 per month @ 2%)			x 12 months				\$ 1,003	\$ 1,003	
SUBTOTAL:							\$ 2,936	\$ 2,936	

SUBCONTRACTOR BUDGET JUSTIFICATION
Inland Behavioral Health Services
October 1, 2011 to September 30, 2012

Contractor: Central Valley Health Network
 Contract #: 10-10037

D. EQUIPMENT EXPENSES:										Federal Share	Total Dollars
Federal Share:											
SUBTOTAL:										\$ -	\$ -
E. TRAVEL AND PER DIEM:											
Federal Share:											
Staff Meeting	# Trips	# Days	Per Diem	Round Trip flight	Total	Lodging	Per Diem	Reg			
					NA	NA	NA				
					18mi x .555						
					\$ 275	\$ 97	\$40 x 2= \$80				
					\$ 275	\$ 97	\$40 x 2= \$80				
					46mi x.555x4	\$ 289					
					\$ 550	\$ 112	\$ 483	\$ 160		\$ 1,305	
										\$ 1,305	
SUBTOTAL:										\$ 1,305	\$ 1,305
F. SUBCONTRACTORS:											
Federal Share:											
SUBTOTAL:										\$ -	\$ -
G. OTHER COSTS:											
Federal Share:											
Taste testing at nutrition presentations for approx 1661 people at \$4,153 (not to exceed \$2.50 per person-including supplies)										\$ 4,153	\$ 4,153
SUBTOTAL:										\$ 4,153	\$ 4,153
H. INDIRECT COSTS:											
Federal Share:											
25% of Modified Directs (A+B+C+E)										25% x \$41,244	\$ 10,311
SUBTOTAL:										\$ 10,311	\$ 10,311
TOTAL										\$ 76,960	\$ 55,708
										0.9000	5.0%
										85.0%	

SUBCONTRACTOR BUDGET JUSTIFICATION
La Clinica De La Raza, Inc.
October 1, 2011 to September 30, 2012

Contractor: Central Valley Health Network
 Contract #: 10-10037

A PERSONNEL SALARIES:										
		1. Name and Position Title	2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars		
FEDERAL SHARE POSITIONS										
1.	Name:	Josefina Rodriguez								
	Title:	Health Educator	\$ 42,621	0.2000		20.00%	\$ 8,524	\$ 8,524		
2.	Name:	Myra Betencourt- Hawthorne SBHC								
	Title:	Health Educator	\$ 39,848	0.2600		26.00%	\$ 10,360	\$ 10,360		
3.	Name:	Carlos Flores								
	Title:	Health/Educator/Project Coordinator	\$ 46,639	0.3000		30.00%	\$ 13,992	\$ 13,992		
4.	Name:	Wing Wu								
	Title:	Medical Assistant	\$ 37,842	0.4000		40.00%	\$ 15,137	\$ 15,137		
5.	Name:	Anna Dorman								
	Title:	Project Coordinator	\$ 78,758	0.0400	4.00%		\$ 3,150	\$ 3,150		
6.	Name:	Evelyn Williams- Solano - Vallejo Medical								
	Title:	Health Educator	\$ 39,931	0.3000		30.00%	\$ 11,979	\$ 11,979		
7.	Name:	Gildardo Duran								
	Title:	Health Educator	\$ 39,848	0.3500		35.00%	\$ 13,947	\$ 13,947		
SUBTOTAL			\$ 325,487	1.8500	4.00%	181.00%	\$ 73,939	\$ 73,939		

Central Valley Health Network Uniform Data System 2010 Poverty and Ethnicity Data *

Income Data					Gender/Age								
Health Center	Health Center Population	100% of Poverty & Below	% of Total	101-150%	% of Total	Male	Female	<5yrs	5-8 yrs	9-11 yrs	12-17 yrs	18-59 yrs	60+ yrs
San Jose Foothills Family Community C	3,682	2,313	63%	212	6%	41%	59%	8%	5%	3%	13%	59%	10%
Del Norte Clinics, Inc.	61,683	37,554	61%	9,945	16%	43%	57%	13%	8%	5%	9%	54%	11%
Family Health Care Network	108,931	89,210	82%	11,388	10%	41%	59%	15%	8%	5%	10%	55%	7%
Golden Valley Health Centers	93,878	79,634	85%	2,644	3%	39%	61%	18%	9%	5%	10%	51%	7%
Inland Behavioral & Health Services	11,268	9,445	84%	1,144	10%	38%	62%	12%	7%	5%	11%	61%	4%
La Clinica de La Raza	68,140	46,452	68%	13,574	20%	41%	59%	14%	11%	6%	11%	51%	7%
Livingston Medical Group	13,191	9,570	73%	2,523	19%	39%	61%	15%	6%	4%	9%	56%	10%
National Health Services	60,038	45,912	76%	6,520	11%	40%	60%	17%	10%	6%	12%	50%	6%
United Health Centers	43,150	30,096	70%	2,922	7%	42%	58%	14%	8%	5%	9%	54%	8%
Hill Country Health&Wellness cntr	3,378	1,709	51%	596	18%	45%	55%	6%	5%	3%	9%	57%	20%
Salud para La Gente	21,736	13840	64%	1912	9%	40%	60%	19%	12%	6%	11%	47%	5%
Total Averages			70.50%		11.67%	40.87%	59.13%	13.71%	8.19%	4.85%	10.39%	54.05%	8.81%

Ethnicity Data/ Target Audience								
Health Center	Health Center Population	Hispanic/Latinc	Caucasian	Refused to Report	African American	Asian	Pacific Islande	A. Indiar
San Jose Foothills Family Community C	3,682	63.63%	11.19%	1.71%	3.31%	9.42%	2.93%	0.65%
Del Norte Clinics, Inc	61,683	40.31%	47.00%	3.37%	2.17%	5.98%	0.04%	1.15%
Family Health Care Network	108,931	75.56%	16.92%	1.88%	1.21%	2.00%	0.17%	0.25%
Golden Valley Health Centers	93,878	72.69%	19.63%	0.97%	3.13%	2.07%	0.16%	0.25%
Inland Behavioral & Health Services	11,268	47.50%	19.60%	2.01%	26.14%	1.43%	0.21%	0.39%
La Clinica de La Raza	68,140	68.27%	7.13%	6.94%	9.78%	6.27%	0.65%	0.35%
Livingston Medical Group	13,191	84.26%	8.06%	0.02%	0.49%	0.49%	0.02%	0.02%
National Health Services	60,038	62.73%	28.00%	5.01%	2.51%	1.31%	0.05%	0.39%
United Health Centers	43,150	80.98%	4.95%	0.00%	0.07%	0.21%	0.04%	0.02%
Hill Counry Health&Wellness Cntr	3,378	6.93%	75.22%	0.24%	0.57%	0.79%	0.60%	2.91%
Salud Para La Gente	21,736	90.47%	5.36%	0.84%	0.08%	0.13%	0.01%	0.01%
Total Averages		63.03%	22.10%	2.09%	4.50%	2.74%	0.44%	0.58%

*CVHN Health Centers serve individuals of all ages.
 Data Obtained from Uniform Data System Report

SUBCONTRACTOR BUDGET JUSTIFICATION
Livingston Medical Group
October 1, 2011 to September 30, 2012

Contractor: Central Valley Health Network
 Contract #: 10-10037

A PERSONNEL SALARIES:										
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars		
FEDERAL SHARE POSITIONS										
1.	Name:	Leslie McGowan								
	Title:	Director of Planning and Development/Administrator								
			\$ 77,423	0.1000		10.00%	\$ 7,742	\$ 7,742		
2.	Name:	Carolyn Rodriguez								
	Title:	Nurse Supervisor								
			\$ 52,503	0.1000		10.00%	\$ 5,250	\$ 5,250		
3.	Name:	Mariela Baeza								
	Title:	Staff Accountant								
			\$ 53,377	0.1000	10.00%		\$ 5,338	\$ 5,338		
4.	Name:	Stephanie Garcia								
	Title:	Project Coordinator	\$ 48,245	0.2500		25.00%	\$ 12,061	\$ 12,061		
5.	Name:	Margarita Martinez								
	Title:	Health Educator -CPHW	\$ 35,206	0.2000		20.00%	\$ 7,041	\$ 7,041		
6.	Name:	Erika Arredondo								
	Title:	Health Educator - LVN	\$ 42,632	0.1000		10.00%	\$ 4,263	\$ 4,263		
7.	Name:	Yaneth Granados								
	Title:	Registered Nurse	\$ 39,203	0.1000		10.00%	\$ 3,920	\$ 3,920		
SUBTOTAL			\$ 348,589	0.9500	10.00%	85.00%	\$ 45,615	\$ 45,615		

SUBCONTRACTOR BUDGET JUSTIFICATION
Livingston Medical Group
October 1, 2011 to September 30, 2012

Contractor: Central Valley Health Network
 Contract #: 10-10037

<i>Please order descriptions to align with personnel salaries and delete any unnecessary descriptions.</i>												
SAMPLE POSITION DESCRIPTIONS:												
Accountant/Finance Analyst - 3	Serves as internal auditor and controller. Assists with processing purchase orders, invoices, preparation of vouchers for payment as related to the Network program, as well as monitoring the budgets.											
Administrator (e.g., Director of Programs) - 1	Administers the nutrition education contract and budget, supervises nutrition education staff, attend nutrition education and scope of work related meetings, develops program plan and participates in the Regional collaborative. Coordinate contract reporting requirements.											
Health Educator (including Health Aide, Health Promotion Instructor, etc.) - 5-6	Develop materials and facilitate health education in both group and individual settings. Teaches general nutrition, the importance of fruits and vegetables, and health benefits of proper nutrition and physical activity.											
Nurse/Nurse Supervisor/Nurse Aide RN - 2, 6, 7	Provides nutrition and physical activity promotion to students enrolled in nutrition education programs and their families. Supports nutrition education goals through interventions; local, regional, and statewide collaboration and interventions. (This does not include any medical nutrition therapy).											
Project Coordinator - 4	Coordinate program staff and nutrition education activities; plan and follow through on outreach and educational events at health fairs, schools, and other promotional activities; work with schools, churches, farm worker organizations, and community organizations in planning and promoting good health through dissemination of nutrition education materials; actively acquire and develop culturally and linguistically competent nutrition curriculum and education materials; to promote existing and/or to develop new physical activity promotional components of nutrition education; and expand our existing community outreach program to encompass nutritional components to increase community awareness and knowledge of good nutrition and healthy active lifestyles.											
										Federal Share Total Dollars	Total Dollars	
B. FRINGE BENEFITS:												
Federal Share:												
Includes payroll taxes and medical/dental benefits at 32% of salaries X \$45,615												
The 32% is made up of the following percentages:												
Health Ins.	15.31%	FICA	7.65%	Dental Ins.	2.33%	SUI	0.81%			\$ 14,597	\$ 14,597	
H.S.A.	5.09%	Workers Co	0.68%	FUTA	0.13%	TOTAL	32.00%			SUBTOTAL: \$ 14,597	\$ 14,597	
C. OPERATING EXPENSES:												
Federal Share:												
SUBTOTAL:												
D. EQUIPMENT EXPENSES:												
Federal Share:												
SUBTOTAL:												

SUBCONTRACTOR BUDGET JUSTIFICATION
Livingston Medical Group
October 1, 2011 to September 30, 2012

Contractor: Central Valley Health Network
 Contract #: 10-10037

E. TRAVEL AND PER DIEM:								Federal Share Total Dollars	Total Dollars	
Federal Share:										
Staff	# Trips	# Days	Per Diem	Lodging	Mileage	Round Trip	Total			
CVHN Quarterly										
Leslie McGowan	4	1	\$ -	\$ -	368	(368 mi x \$.555) x 4	\$ 816	\$ 816	\$ 816	
Media Train, Sac	1									
Leslie McGowan	1	2		\$ 95.00	368	(368 mi x .555)	\$ 299	\$ 299	\$ 299	
Fiscal Training										
Mariela Baeza	1	2		\$ 95.00	368	(368 mi x .555)	\$ 299	\$ 299	\$ 299	
Leslie McGowan	1	2		\$ 95.00	368	(368 mi x .555)	\$ 299	\$ 299	\$ 299	
	Registration Fee \$100 x 2 people							\$ 200	\$ 200	\$ 200
Comm. Travel										
Stephanie Garcia	24				276	(276 mi x \$.555)	\$ 153	\$ 153	\$ 153	
Leslie McGowan	24				276	(276 mi x \$.555)	\$ 153	\$ 153	\$ 153	
SUBTOTAL:								\$ 2,219	\$ 2,219	
F. SUBCONTRACTORS:										
Federal Share:										
SUBTOTAL:										
G. OTHER COSTS:										
Federal Share:										
Food Demonstration items for 1,144.5 eligibles (at no more than \$2.50 per person). Items include groceries, and serving utensils, copies of recipe and harvest of the month materials.								\$ 2,861	\$ 2,861	
4,348 flyers @ \$0.25 each for nutrition education classes and health fairs								\$ 1,087	\$ 1,087	
SUBTOTAL:								\$ 3,948	\$ 3,948	
H. INDIRECT COSTS:										
Federal Share:	11% Total Direct Costs x \$64,912 (A, B, C, E, G)							\$ 7,140	\$ 7,140	
SUBTOTAL:								\$ 7,140	\$ 7,140	
					\$ 348,589	0.9500	10.0%	85.0%	\$ 73,519	
								\$ 73,519	\$ 73,519	

SUBCONTRACTOR BUDGET JUSTIFICATION
National Health Services, Inc.
October 1, 2011 - September 30, 2012

Contractor: Central Valley Health Network
 Contract #: 10-10037

A PERSONNEL SALARIES:								
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars	
FEDERAL SHARE POSITIONS								
1.	Name: Melanie Dawar Title: Project Coordinator	\$ 64,843	0.1373	0.00%	13.73%	\$ 8,903	\$ 8,903	
2.	Name: Hollie Ellington Title: Medical Assistant	\$ 29,113	0.1148	0.00%	11.48%	\$ 3,342	\$ 3,342	
3.	Name: Karla Trejo Title: Medical Assistant	\$ 24,417	0.1139	0.00%	11.39%	\$ 2,781	\$ 2,781	
4.	Name: Ruth Galvan Title: Medical Assistant	\$ 24,417	0.0693	0.00%	6.93%	\$ 1,692	\$ 1,692	
5.	Name: Adrianna Mojarro Title: Medical Assistant	\$ 26,885	0.0736	0.00%	7.36%	\$ 1,979	\$ 1,979	
6.	Name: Adriana Perez Title: Medical Assistant	\$ 24,417	0.1294	0.00%	12.94%	\$ 3,160	\$ 3,160	
7.	Name: Susan Garcia Title: Medical Assistant	\$ 24,417	0.0356	0.00%	3.56%	\$ 869	\$ 869	
8.	Name: Carmen Yolanda Figueroa Title: Medical Assistant	\$ 38,242	0.0330	0.00%	3.30%	\$ 1,262	\$ 1,262	
9.	Name: Teresa Saldana Title: Medical Assistant	\$ 30,663	0.0482	0.00%	4.82%	\$ 1,478	\$ 1,478	
SUBTOTAL		\$ 287,414	0.7551	0.00%	75.51%	\$ 25,466	\$ 25,466	

SUBCONTRACTOR BUDGET JUSTIFICATION
National Health Services, Inc.
October 1, 2011 - September 30, 2012

Contractor: Central Valley Health Network
Contract #: 10-10037

	1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars
10	Name:	Cynthia Vargas						
	Title:	Medical Assistant	\$ 25,662	0.0997	0.00%	9.97%	\$ 2,559	\$ 2,559
11	Name:	Elizabeth Huerta						
	Title:	Medical Assistant	\$ 24,417	0.0792	0.00%	7.92%	\$ 1,934	\$ 1,934
12	Name:	Marisela Ramos						
	Title:	Medical Assistant	\$ 25,662	0.0389	0.00%	3.89%	\$ 998	\$ 998
13	Name:	Marcela Rincon						
	Title:	Medical Assistant	\$ 27,584	0.0215	0.00%	2.15%	\$ 593	\$ 593
14	Name:	Vanessa Lopez						
	Title:	Medical Assistant	\$ 23,216	0.0729	0.00%	7.29%	\$ 1,692	\$ 1,692
15	Name:	Herenia Cortez						
	Title:	Medical Assistant	\$ 28,676	0.0607	0.00%	6.07%	\$ 1,741	\$ 1,741
16	Name:	Diana Cruz						
	Title:	Medical Assistant	\$ 25,662	0.1320	0.00%	13.20%	\$ 3,387	\$ 3,387
17	Name:	Marialexis Constatino						
	Title:	Medical Assistant	\$ 25,662	0.0538	0.00%	5.38%	\$ 1,381	\$ 1,381
18	Name:	Marisela Trujillo						
	Title:	Medical Assistant	\$ 27,584	0.0363	0.00%	3.63%	\$ 1,001	\$ 1,001
19	Name:	Jessica Ballesteros						
	Title:	Medical Assistant	\$ 33,350	0.0630	0.00%	6.30%	\$ 2,101	\$ 2,101
20	Name:	Beatriz Almaraz						
	Title:	Medical Assistant	\$ 25,662	0.0716	0.00%	7.16%	\$ 1,837	\$ 1,837
	SUBTOTAL		\$ 293,137	0.7296	0.00%	72.96%	\$ 19,224	\$ 19,224

SUBCONTRACTOR BUDGET JUSTIFICATION
National Health Services, Inc.
October 1, 2011 - September 30, 2012

Contractor: Central Valley Health Network
Contract #: 10-10037

	1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars
21	Name:	Lorena De La Torre						
	Title:	Medical Assistant	\$ 25,902	0.0653	0.00%	6.53%	\$ 1,691	\$ 1,691
22	Name:	Martha Perez						
	Title:	Medical Assistant	\$ 26,011	0.0640	0.00%	6.40%	\$ 1,665	\$ 1,665
23	Name:	Lucy Ana Cortes						
	Title:	Health Education Assistant I	\$ 23,937	0.0383	0.00%	3.83%	\$ 917	\$ 917
24	Name:	Rebecca Figueroa						
	Title:	Health Education Assistant I	\$ 23,238	0.0182	0.00%	1.82%	\$ 423	\$ 423
25	Name:	Ana N Aldaco						
	Title:	Health Education Assistant II	\$ 27,584	0.0482	0.00%	4.82%	\$ 1,330	\$ 1,330
26	Name:	Bradley Johnson						
	Title:	Health Promotions Assistant III	\$ 37,412	0.1165	0.00%	11.65%	\$ 4,358	\$ 4,358
27	Name:	Florencia Thompson						
	Title:	Medical Assistant	\$ 54,600	0.0228	0.00%	2.28%	\$ 1,245	\$ 1,245
28	Name:	Loreina Ruiz						
	Title:	Medical Assistant	\$ 24,046	0.1082	0.00%	10.82%	\$ 2,602	\$ 2,602
29	Name:	Analilia Gonzalez						
	Title:	Medical Assistant	\$ 27,715	0.1264	0.00%	12.64%	\$ 3,503	\$ 3,503
30	Name:	Leticia Jimenez						
	Title:	Medical Assistant	\$ 24,046	0.0878	0.00%	8.78%	\$ 2,111	\$ 2,111
31	Name:	Leonella Valadez						
	Title:	Medical Assistant	\$ 23,216	0.0779	0.00%	7.79%	\$ 1,809	\$ 1,809
32	Name:	Ruth Rivas						
	Title:	Medical Assistant	\$ 24,417	0.0838	0.00%	8.38%	\$ 2,046	\$ 2,046
33	Name:	Kathy Sepulveda						
	Title:	Medical Assistant	\$ 23,937	0.0521	0.00%	5.21%	\$ 1,247	\$ 1,247
34	Name:	Terisa Taaga						
	Title:	Medical Assistant	\$ 24,417	0.0297	0.00%	2.97%	\$ 725	\$ 725
35	Name:	Tameka Deyounks						
	Title:	Medical Assistant	\$ 23,937	0.0535	0.00%	5.35%	\$ 1,281	\$ 1,281
	SUBTOTAL		\$ 414,415	0.9927	0.00%	99.27%	\$ 26,953	\$ 26,953

SUBCONTRACTOR BUDGET JUSTIFICATION
National Health Services, Inc.
October 1, 2011 - September 30, 2012

Contractor: Central Valley Health Network
Contract #: 10-10037

	1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars
36	Name:	Lauren Crapia						
	Title:	Medical Assistant	\$ 23,216	0.0941	0.00%	9.41%	\$ 2,185	\$ 2,185
37	Name:	Gina Sanchez						
	Title:	Medical Assistant	\$ 25,662	0.1277	0.00%	12.77%	\$ 3,277	\$ 3,277
38	Name:	Mayra Barajas						
	Title:	Medical Assistant	\$ 25,880	0.0729	0.00%	7.29%	\$ 1,887	\$ 1,887
39	Name:	Monserrat Zamora						
	Title:	Medical Assistant	\$ 24,046	0.1244	0.00%	12.44%	\$ 2,991	\$ 2,991
40	Name:	Julio Martinez						
	Title:	Medical Assistant	\$ 25,269	0.0858	0.00%	8.58%	\$ 2,168	\$ 2,168
41	Name:	Jasmine Coffey						
	Title:	Medical Assistant	\$ 24,417	0.0528	0.00%	5.28%	\$ 1,289	\$ 1,289
42	Name:	Alma Heredia						
	Title:	Medical Assistant	\$ 24,417	0.0785	0.00%	7.85%	\$ 1,917	\$ 1,917
43	Name:	Marisol Garcia						
	Title:	Medical Assistant	\$ 25,662	0.1063	0.00%	10.63%	\$ 2,728	\$ 2,728
44	Name:	Alina Hernandez						
	Title:	Medical Assistant	\$ 23,937	0.1129	0.00%	11.29%	\$ 2,702	\$ 2,702
45	Name:	Richard Ramirez						
	Title:	Medical Assistant	\$ 23,216	0.1086	0.00%	10.86%	\$ 2,521	\$ 2,521
46	Name:	Cristina Martinez						
	Title:	Medical Assistant	\$ 23,937	0.0568	0.00%	5.68%	\$ 1,360	\$ 1,360
47	Name:	Yadira Alvizura						
	Title:	Medical Assistant	\$ 24,417	0.0683	0.00%	6.83%	\$ 1,668	\$ 1,668
48	Name:	Jacqueline Ledezma						
	Title:	Medical Assistant	\$ 23,216	0.0538	0.00%	5.38%	\$ 1,249	\$ 1,249
49	Name:	Paola Mariscal						
	Title:	Medical Assistant	\$ 23,216	0.0614	0.00%	6.14%	\$ 1,425	\$ 1,425
50	Name:	Maria Rojo Lopez						
	Title:	Medical Assistant	\$ 23,238	0.1115	0.00%	11.15%	\$ 2,591	\$ 2,591
	SUBTOTAL		\$ 363,746	1.3158	0.00%	131.58%	\$ 31,958	\$ 31,958

SUBCONTRACTOR BUDGET JUSTIFICATION
National Health Services, Inc.
October 1, 2011 - September 30, 2012

Contractor: Central Valley Health Network
Contract #: 10-10037

1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars
51	Name: Marissa Saucedo Title: Medical Assistant	\$ 23,216	0.0891	0.00%	8.91%	\$ 2,069	\$ 2,069
52	Name: Marylou Ayon Title: Medical Assistant	\$ 23,216	0.0743	0.00%	7.43%	\$ 1,725	\$ 1,725
53	Name: Leah Leal Title: Medical Assistant	\$ 25,662	0.0287	0.00%	2.87%	\$ 736	\$ 736
54	Name: Jeanette Guterrez Title: Medical Assistant	\$ 23,238	0.0162	0.00%	1.62%	\$ 376	\$ 376
55	Name: Monica Fernandez Title: Medical Assistant	\$ 23,238	0.0805	0.00%	8.05%	\$ 1,871	\$ 1,871
56	Name: Beatriz Quinones Title: Medical Assistant	\$ 23,238	0.0967	0.00%	9.67%	\$ 2,247	\$ 2,247
57	Name: Maribel Zambrano Title: Medical Assistant	\$ 23,238	0.0805	0.00%	8.05%	\$ 1,871	\$ 1,871
58	Name: Daisy Juarez Title: Medical Assistant	\$ 23,238	0.0805	0.00%	8.05%	\$ 1,871	\$ 1,871
59	Name: Melissa Ortega Title: Medical Assistant	\$ 23,238	0.0805	0.00%	8.05%	\$ 1,871	\$ 1,871
60	Name: Teresa Parkhurst Title: Senior Medical Assistant	\$ 52,001	0.1558	0.00%	15.58%	\$ 8,102	\$ 8,102
61	Name: Jelita Macanas Title: Nutritionist	\$ 104,000	0.0165	0.00%	1.65%	\$ 1,716	\$ 1,716
SUBTOTAL		\$ 367,523	0.7993	0.00%	79.93%	\$ 24,455	\$ 24,455
TOTAL		\$ 1,726,235	4.5925	0.00%	459.25%	\$ 128,056	\$ 128,056

SUBCONTRACTOR BUDGET JUSTIFICATION
National Health Services, Inc.
October 1, 2011 - September 30, 2012

Contractor: Central Valley Health Network
 Contract #: 10-10037

<i>Please order descriptions to align with personnel salaries and delete any unnecessary descriptions.</i>											
SAMPLE POSITION DESCRIPTIONS:											
Health Educator (including Health Aide, Health Promotion Instructor, etc.) 23 - 26	Develop materials and facilitate health education in both group and individual settings. Teaches general nutrition, the importance of fruits and vegetables, and health benefits of proper nutrition and physical activity.										
Medical Assistant/Senior Medical Assistant 2 - 22, 27 - 59, 60	Provides nutrition-related services to patients, staff, parents, and students and promotes physical activity within the context of nutrition education. (This does not include any medical nutrition therapy).										
Nutritionist/Nutrition Educator/Nutrition Aide 61	Provides nutrition education to the SNAP-Ed eligible population. Specific duties include: one-on-one general nutrition education, delivery of general nutrition education in a classroom or group setting, staffing health fairs and other community or promotional events where nutrition education messages are delivered, distribution of linguistically and culturally appropriate nutrition education materials, documentation of educational and other encounters, assisting with writing project reports and preparation of quarterly reports, maintaining program reports and tracking system.										
Project Coordinator 1	Coordinate program staff and nutrition education activities; plan and follow through on outreach and educational events at health fairs, schools, and other promotional activities; work with schools, churches, farm worker organizations, and community organizations in planning and promoting good health through dissemination of nutrition education materials; actively acquire and develop culturally and linguistically competent nutrition curriculum and education materials; to promote existing and/or to develop new physical activity promotional components of nutrition education; and expand our existing community outreach program to encompass nutritional components to increase community awareness and knowledge of good nutrition and healthy active lifestyles.										
										Federal Share Total Dollars	Total Dollars
B. FRINGE BENEFITS:											
Federal Share:											
									\$128,056 x 29% = 37,136	\$ 37,136	\$ 37,136
	At approximately 29% of total salary										
	Fringe Benefits includes the following: FICA (8%), State Unemployment and Workers Comp (5%),										
	Health and Disability Insurance (12%), Retirement (4%) and Incentives paid (6%)										
									SUBTOTAL:	\$ 37,136	\$ 37,136

SUBCONTRACTOR BUDGET JUSTIFICATION
National Health Services, Inc.
October 1, 2011 - September 30, 2012

Contractor: Central Valley Health Network
 Contract #: 10-10037

										Federal Share Total Dollars	Total Dollars
F. SUBCONTRACTORS:											
Federal Share:											
SUBTOTAL:										\$ -	\$ -
G. OTHER COSTS:											
Federal Share:											
SUBTOTAL:										\$0	\$0
H. INDIRECT COSTS:											
Federal Share:											
			10% of Total Salaries			10% x \$128,056				\$ 12,806	\$ 12,806
SUBTOTAL:										\$ 12,806	\$ 12,806
TOTAL										\$ 1,726,235	\$ 177,998
				0.7993			0.00%	459.25%		\$ 177,998	\$ 177,998

SUBCONTRACTOR BUDGET JUSTIFICATION
Salud Para La Gente
October 1, 2011 - September 30, 2012

Contractor: Central Valley Health Network
 Contract #: 10-10037

									Federal Share Total Dollars	Total Dollars
SUBTOTAL:										
D. EQUIPMENT EXPENSES:										
Federal Share:										
									SUBTOTAL:	
E. TRAVEL AND PER DIEM:										
Federal Share:										
Local Travel 1,000 miles @ .501 for Program Coordinator and Health Educator to conduct Nutrition Education									\$ 510	\$ 510
Staff	# Trips	# Days	Per Diem	Lodging	Round Trip	Reg.	Total			
Meeting										
CVHN Workshops - Fresno	4	1	NA	NA	NA		NA			
Fiscal Training-Sac	1	1	1		290 x \$.555		\$161			
Network Media - Sac	1	1	0	0	290 x \$.555		\$161			
Network Meetings - Fresno										
Basic Skills Training	1	1			306 x .555= \$166.5		\$170			
Promising Practices Forum	1	1			306 x .555= \$166.5		\$170			
						Total	\$662	\$ 662	\$ 662	
SUBTOTAL:									\$ 1,172	\$ 1,172
F. SUBCONTRACTORS:										
Federal Share:										
									SUBTOTAL:	
G. OTHER COSTS:										
Federal Share:										
Food Demonstrations approximate \$893(serving no more than 357 people at no more than \$2.50 @ including supplies)									\$ 893	\$ 893
SUBTOTAL:									\$ 893	\$ 893
H. INDIRECT COSTS:										
Federal Share:										
25% x \$44,316									\$ 11,079	\$ 11,079
SUBTOTAL:									\$ 11,079	\$ 11,079
TOTAL									\$ 93,008	#REF!
									0.00%	#REF!
									\$ 57,460	\$ 57,460

SUBCONTRACTOR BUDGET JUSTIFICATION
San Jose Foothill Family Community Clinic
October 1, 2011 - September 30, 2012

Contractor: Central Valley Health Network
 Contract #: 10-10037

A PERSONNEL SALARIES:										
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars			
FEDERAL SHARE POSITIONS										
1.	Name: TBH Title: Dietician	\$ 66,560	0.4000		40.00%	\$ 26,624	\$ 26,624			
2.	Name: Roy Jimenez Title: Outreach Coordinator	\$ 83,200	0.1000		10.00%	\$ 8,320	\$ 8,320			
3.	Name: Employee #3 Title: Outreach Coordinator	\$ 33,280	0.2000		20.00%	\$ 6,656	\$ 6,656			
4.	Name: Kristal Arimboanga Title: Outreach Coordinator	\$ 33,280	0.8000		80.00%	\$ 26,624	\$ 26,624			
SUBTOTAL		\$ 216,320	1.5000	0.00%	150.00%	\$ 68,224	\$ 68,224			
<i>Please order descriptions to align with personnel salaries and delete any unnecessary descriptions.</i>										
SAMPLE POSITION DESCRIPTIONS:										
Community Outreach Worker/Community Liaison 2-4		Conducts nutrition education, physical activity promotion interventions in the community setting. Works with community based organizations (CBOs) to increase the reach of nutrition education interventions to SNAP-Ed eligibles.								
Dietician 1		Oversees and supervises the nutrition education program including project administration, project coordination, the development of the nutrition education component and materials and other nutrition and physical activity promotion programs.								
						Federal Share Total Dollars	Total Dollars			
B. FRINGE BENEFITS:										
Federal Share:										
Includes payroll taxes and medical/dental benefits at 23.24% of salaries (FICA 7.65%, SUI .7479%, 401k 5% Health 7.3665%, Dental 1.0457%, Workers Comp. .684%, FUTA.0760%, Cont Ed .6677%).						\$ 15,855	\$ 15,855			
(\$68,224 x 23.24%)										
						SUBTOTAL:	\$ 15,855	\$ 15,855		

SUBCONTRACTOR BUDGET JUSTIFICATION
San Jose Foothill Family Community Clinic
October 1, 2011 - September 30, 2012

Contractor: Central Valley Health Network
 Contract #: 10-10037

								Federal Share Total Dollars	Total Dollars
C. OPERATING EXPENSES:									
Federal Share:									
Office Supplies (pens, paper, sticky, notes, binders, tabs etc.)								\$ 100	\$ 100
SUBTOTAL:								\$ 100	\$ 100
D. EQUIPMENT EXPENSES:									
Federal Share:									
SUBTOTAL:									
E. TRAVEL AND PER DIEM:									
Federal Share:									
Staff Education/Collaboration (F1-3) 50 trips average round trip 20 miles x \$0.51= \$510								\$ 510	\$ 510
Staff Meeting (FS 2) : Roy Jumenz									
Administrator		#Trips	hotel	Per Diem	Registration	R/T Mil \$.555			
CVHN Program Coordinator Meetings		NA	NA	NA	0	NA			
Network Media Training (Sac)		1	0	0	0		231 x \$.555= 128	\$ 128	\$ 128
Network Meetings (Sac) Basic Skills Training		1	95	28	0		231 x \$.555= 128	\$ 251	\$ 251
Fiscal Training (Sac) (1 finance sand 1 program staff)		1	\$95 X2 = \$190	\$18 X2=\$36	0		231 x \$.555= 128	\$ 354	\$ 354
SUBTOTAL:								\$ 1,243	\$ 1,243
F. SUBCONTRACTORS:									
Federal Share:									
SUBTOTAL:									
G. OTHER COSTS:									
Federal Share:									
6 Food Demos serving approx 157 people at no more than 2.50 per person (includes supplies)								\$ 2,365	\$ 2,365
157.65 x \$2.50= \$394.125 x 6= \$2,365									
SUBTOTAL:								\$ 2,365	\$ 2,365
H. INDIRECT COSTS:									
Federal Share:									
23% x \$87,787								\$ 20,191	\$ 20,191
SUBTOTAL:								\$ 20,191	\$ 20,191
TOTAL								\$ 216,320	\$ 216,320
								1.5000	0.0%
								150.0%	\$ 107,978
								\$ 107,978	\$ 107,978

SUBCONTRACTOR BUDGET JUSTIFICATION
United Health Centers, Inc.
October 1, 2011 - September 30, 2012

Contractor: Central Valley Health Network
 Contract #:10-10037

<i>Please order descriptions to align with personnel salaries and delete any unnecessary descriptions.</i>			
SAMPLE POSITION DESCRIPTIONS:			
Accountant/Finance Analyst 4	Serves as internal auditor and controller. Assists with processing purchase orders, invoices, preparation of vouchers for payment as related to the Network program, as well as monitoring the budgets.		
Health Educator (including Health Aide, Health Promotion Instructor, etc.) 1,2	Develop materials and facilitate health education in both group and individual settings. Teaches general nutrition, the importance of fruits and vegetables, and health benefits of proper nutrition and physical activity.		
Project Coordinator 5	Coordinate program staff and nutrition education activities; plan and follow through on outreach and educational events at health fairs, schools, and other promotional activities; work with schools, churches, farm worker organizations, and community organizations in planning and promoting good health through dissemination of nutrition education materials; actively acquire and develop culturally and linguistically competent nutrition curriculum and education materials; to promote existing and/or to develop new physical activity promotional components of nutrition education; and expand		
Nutritionist/Nutrition Educator/Nutrition Aide 3	Provides nutrition education to the SNAP-Ed eligible population. Specific duties include: one-on-one general nutrition education, delivery of general nutrition education in a classroom or group setting, staffing health fairs and other community or promotional events where nutrition education messages are delivered, distribution of linguistically and culturally appropriate nutrition education materials, documentation of educational and other encounters, assisting with writing project reports and preparation of quarterly reports, maintaining program reports and tracking system.		

SUBCONTRACTOR BUDGET JUSTIFICATION
United Health Centers, Inc.
October 1, 2011 - September 30, 2012

Contractor: Central Valley Health Network
 Contract #:10-10037

										Federal Share Total Dollars	Total Dollars	
B. FRINGE BENEFITS:												
Federal Share:												
Includes payroll taxes and medical/dental benefits at 25% x \$30,939												
Federal Taxes 7.65%; Health Insurance 11%; Workers Comp 2.91%; Unemployment 0.44%; Pension 3%											\$ -	\$ -
										SUBTOTAL:	\$ 7,736	\$ 7,736
C. OPERATING EXPENSES:												
Federal Share:												
										SUBTOTAL:		
D. EQUIPMENT EXPENSES:												
Federal Share:												
										SUBTOTAL:		
E. TRAVEL AND PER DIEM:												
Meeting												
Federal Share:												
A. Martinez - Noemi Flores												
			#Trip	# Days	Per Diem	Reg	Lodging	Rd Trip	M. Rate	Total		
CVHN Prog Coordinator Mt			4	4	-	-	-	92	0.555	\$ 204	\$ 204	
Fiscal Training			1	1	\$ 29	-	\$ 100	224	0.555	\$ 253	\$ 253	
Network Media Training Spc			1	1	-	-	\$ 100	224	0.555	\$ 224	\$ 224	
Network Meetings			2	1		-						
Basic Skills Training							\$ 95	180	0.555	\$ 195	\$ 195	
Promising Practices Forum							\$ 95	182	0.555	\$ 196	\$ 196	
										SUBTOTAL:	\$ 1,324	\$ 1,324
Lorena Valdez												
Fiscal Training			1	1	\$ 28	-	\$ 100	224	0.555	\$ 252	\$ 252	
										SUBTOTAL:	\$ 1,324	\$ 1,324

SUBCONTRACTOR BUDGET JUSTIFICATION
United Health Centers, Inc.
October 1, 2011 - September 30, 2012

Contractor: Central Valley Health Network
 Contract #:10-10037

							Federal Share Total Dollars	Total Dollars
Local travel to UHC clinics to conduct nutrition education								
			FTE	Total Miles	FTE x Total Miles x \$			
					.555			
1	Name: Quirino Moran							
	Title:							
		Nutrition Educator (Health Educator)	20%	6757(563 miles per month x 12 mos.)	\$750	3750	\$ 750	
2	Name: -Noemi Flores							
	Title:							
		Nutrition Educator (Health Educator)		10,810(901 miles per month x 12 mos.)	\$600	6000	\$ 600	
3	Name: Ana Pimentel							
	Title:							
		Nutritionist	10%	810 (901 miles per month x 12 mos.)	\$600		\$ 600	
4	Name: Lorena Ayala-Lawless							
	Title:							
		Project Coordinator (7807 (651 miles per month x 12 mos.)	\$650		\$ 650	
							\$ 2,600	\$ 2,600
SUBTOTAL:							\$ 3,924	\$ 3,924
F. SUBCONTRACTORS:								
Federal Share:								
SUBTOTAL:								

SUBCONTRACTOR BUDGET JUSTIFICATION
United Health Centers, Inc.
October 1, 2011 - September 30, 2012

Contractor: Central Valley Health Network
 Contract #:10-10037

											Federal Share Total Dollars	Total Dollars				
G. OTHER COSTS:																
Federal Share:																
1)	Department Supplies: Teaching Aids (i.e. food models, measuring cups, etc)-\$2,054										\$ 2,054	\$ 2,054				
2)	Food samples for 4 demo(@ no more than \$2.50 per person -- (including supplies) with approx 160 people attending each one										\$ 1,600	\$ 1,600				
SUBTOTAL:											\$ 3,654	\$ 3,654				
H. INDIRECT COSTS:																
Federal Share:																
25% x \$30,939 total costs																
SUBTOTAL:											\$ 7,735	\$ 7,735				
\$ 7,735											\$ 7,735	\$ 7,735				
TOTAL																
											240,152	0.6500	10.00%	55.00%	\$ 53,988	\$ 53,988

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: San Francisco General Hospital Foundation
Program Area: Nonprofit Incentive Awardee: Government - Local Public Health
Contract Number: 09-11429

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 35% Female 65%

Ethnicity:

- African American 1%
- Asian 93%
- Caucasian 4%
- Latino 1%
- Native American _____ %
- Pacific Islander _____ %
- Other (specify) Unknown: 1%

Languages:

- | | |
|--|---|
| <input checked="" type="checkbox"/> English <u>20%</u> | <input type="checkbox"/> Khmer (Cambodian) _____ % |
| <input type="checkbox"/> Spanish _____ % | <input type="checkbox"/> Korean _____ % |
| <input type="checkbox"/> Arabic _____ % | <input type="checkbox"/> Lao _____ % |
| <input type="checkbox"/> Armenian _____ % | <input type="checkbox"/> Tagalog _____ % |
| <input type="checkbox"/> Russian _____ % | <input type="checkbox"/> Vietnamese _____ % |
| <input type="checkbox"/> Bosnian _____ % | <input type="checkbox"/> Other (specify): _____ % |
| <input checked="" type="checkbox"/> Cantonese <u>80%</u> | <input type="checkbox"/> Other (specify) _____: _____ % |
| <input type="checkbox"/> Farsi _____ % | <input type="checkbox"/> Mandarin _____ % |
| <input type="checkbox"/> Hmong _____ % | |

Ages:

- Under 5 years old 4%
- 5 to 8 5%
- 9 to 11 4%
- 12 to 17 9%
- 18 to 59 52%
- 60 years old and over 26%

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

- See attached Census Tract data sheet
- See attached Free/Reduced Price Meal % data sheet
- Other (Specify): _____
- Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | | | |
|---|------------|---|---------|
| <input type="checkbox"/> CalFresh Offices | _____ % | <input type="checkbox"/> Shelters/Temporary Housing | _____ % |
| <input type="checkbox"/> Food Banks | _____ % | <input type="checkbox"/> Soup Kitchens | _____ % |
| <input type="checkbox"/> Food Pantries | _____ % | <input type="checkbox"/> TANF Job Readiness Program | _____ % |
| <input type="checkbox"/> Public Housing | _____ % | <input type="checkbox"/> WIC Offices | _____ % |
| <input checked="" type="checkbox"/> HeadStart | <u>5</u> % | | |

d. Project Description.

Key Methods:

Advisory Council/Task Force (specify): Chinese Project Partners' Coalition, Chinese Project Leadership Council, CHDP Childhood Obesity Prevention Work Group, RYD/SFS Steering Committee, Network Steering Committee, Network Health Disparity Task Force

Internet/Web Sites-website address: _____

Print Media

Radio:

TV:

Nutrition Education Classes: (6 occurrences at 1.5hour(s) each)

Community Education Events: (4 occurrences at 4 hour(s) each)

Training/Workshop/Conference: (1 occurrences at 1.5hour(s) each)

Point of Purchase: (_____ occurrences at _____hour(s) each)

Other (specify)_____: (_____ occurrences at _____hour(s) each)

Key Educational Messages:

Fruits & Vegetables

Physical Activity

Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources)

Fats and Oils

Fiber-Rich Foods

Food Safety

Food Shopping/Preparation

Lean Meat and Beans

Limit Added Sugars or Caloric Sweeteners

MyPyramid – Healthy Eating Plan

Promote Healthy Weight

Sodium and Potassium

Whole Grains

Other (Specify):

SNAP-Ed Delivery Sites by Type of Setting:

_____ Adult Education & Job

_____ Training Sites

_____ Adult Rehabilitation Centers

_____ CalFresh Offices

_____ Churches

3 Community Centers

_____ Elderly Service Centers

_____ Emergency Food Assistance

Sites (includes Food Banks, Food Pantries, and Soup Kitchens)

_____ Extension Offices

1 Farmers Markets

_____ Food Stores

1 Head Start Programs

_____ Individual Homes

_____ Libraries

1 Other Youth Education Sites (includes Parks and Recreation)

1 Public/Community Health Centers (includes Public Health Departments)

_____ Public Housing

_____ Schools – students (Preschool)

_____ Schools – students (K-12)

_____ Schools – students (Afterschool Program)

1 Schools – Parents

_____ Shelters/Temporary Housing

_____ WIC Programs

_____ Worksites

Other (specify): _____

Other (specify): _____

Other (specify): _____

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 3000

Narrative (max. 200 words)

The *Network for a Healthy California-Chinese Project* is the first and sole project funded to serve primarily the SNAP-Ed eligible Chinese population in San Francisco; most of them are immigrant families. To outreach to these primarily mono-lingual Chinese speaking households, the *Network for a Healthy California-Chinese Project* empowers the low-income Chinese community in San Francisco to improve their nutritional and physical well-being in order to reduce the risk of obesity and other chronic diseases.

Using the spectrum of prevention model, the project reaches out to the Chinese community via the following 5 components: 1) empower individual consumers via culturally and linguistically appropriate workshops, nutrition education materials and exhibits; 2) educate providers and community partners to support network messages; 3) build strong coalitions (via the *Network* leadership council including key agency directors and leaders, and local partner coalitions) to develop culturally appropriate community strategic plans; 4) outreach to the community via cultural and community events to create awareness and promote an increase in daily physical activity and intake of fruits and vegetables; 5) provide partner agencies with Nutrition Education technical assistance.

e. Summary of Research.

See Section A, pages 2-5.

f. Modification of Project Methods/Strategies.

We have not modified our methods/strategies

Changing audience participation

Improving cultural relevancy

Adding new partners

Enhancing/updating existing strategies

Other (specify): _____

Utilizing research/program tool

Other (specify): _____

All modifications are approved by the Network.

g. Use of Existing Educational Materials.

See attached Existing Educational Materials/Curricula data sheet.

h. Development of New Educational Materials.

All new educational materials must be listed on the attached New Materials Development data sheet.

i. Key Performance Measures/Indicators. (max. 100 words)

Participant knowledge, behavior change and satisfactory survey (or pre & post questionnaires) will be used as a major tool to evaluate various nutrition and physical activity promotion classes targeting specific groups of the SNAP eligible Chinese population. Project outreach activities will be traced accordingly from inquires via phone calls, letters and walk-ins.

3. EVALUATION PLANS

All contractors participate in process evaluation per their Scope of Work activities.

Contractors who receive Federal Share >\$350,000 must participate in impact evaluation.

Impact evaluation measures the effectiveness of an intervention by assessing behavior change or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.

4. COORDINATION EFFORTS (MAX. 100 WORDS)

Network messages will always be promoted in all activities coordinated by the Network for a Healthy California-Chinese Project such as community workshops, nutrition and physical activity promotion classes, promotional flyers, posters, press releases, and other educational materials. Project will work with local community coalition such as BANPAC and Chinese Project Partners' Coalition and Chinese Project Advisory Committee to carry out Project's objectives to address the nutritional needs of the SNAP-ed population

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Community Centers	Wu Yee Children's Services	888 Clay Street	San Francisco	94108	6075011300	All Races	57.4%	
Community Centers	Asian Women's Resource Center	940 Washington Street	San Francisco	94108	6075011300	All Races	57.4%	
Community Centers	Donaldina Cameron House	920 Sacramento Street	San Francisco	94108	6075011300	All Races	57.4%	
Farmers' Markets	United Nations Plaza/Civic Center	1150 Market Street	San Francisco	94102	6075012400	All Races	58.2%	
Head Start Programs	Kai Ming Head Start	950 Powell Street	San Francisco	94108				Proxy
Other Youth Education Sites	Chinatown YMCA	855 Sacramento Street	San Francisco	94108	6075011800	All Races	64.9%	
Public/Community Health Centers	Chinatown Public Health Center	1490 Mason Street	San Francisco	94133	6075010700	All Races	61.6%	
Schools – Parents	Chinese Education Center	657 Merchant Street	San Francisco	94111	06075011500	All Races	73.2%	

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Free/Reduced Price Meal Percentage Data Sheet

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
NA			%	%	%

*After each school name indicate all that apply with the following abbreviations: K-12 School (S), Preschool (PS), After School (A) & Parents (P)

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Alameda County Public Health Department	Be Sugar Savvy Curriculum	Curriculum: posters, handouts, lesson plan, etc @ http://www.acphd.org/nutritionservices/resources.htm (for adults)	English
California Project LEAN	Rethink Your Drink Poster	Offers practical advice to cutting calories by making healthier drink choices (for adults)	English
Contractor developed: SFGHF	Eat Right! Get Fit! Get Healthy! Brochure	Bilingual brochure to promote healthy eating, physical activity and screen time reduction (for adults).	English and Chinese
Contractor developed: SFGHF	Guidelines and Menu for Healthy Meetings	Used as guidelines by staff in healthy food selection for staff meetings and community workshops (for adults).	English
Contractor developed: SFGHF	Healthy Chinese Cuisine Using Fruits and Vegetables (cookbook)	Bilingual cookbook featuring fruits and vegetables consumption, physical activity recommendations and recipes (for adults).	Bilingual (English and Chinese)
Contractor developed: SFGHF	Network for a Healthy California-- Chinese Project Brochure --"Eat Fruits & Vegetables and Walk 10,000 Steps a Day, Be Healthy All the Way!"	Bilingual brochure featuring MyPyramid, fruits and vegetables, and physical activity (for adults).	English and Chinese
Contractor developed: SFGHF	Network for a Healthy California-- Chinese Project Fact Sheet	Fact sheet highlighting the activities conducted by the <i>Chinese Project</i> (for staff/providers).	English
Contractor developed: SFGHF	Project Poster: Food Pyramid	Bilingual poster on MyPyramid and healthy choices for community outreach (for adults).	Bilingual (English and Chinese)
Contractor developed: SFGHF	Project Poster: Promoting Fruits & Vegetables	Bilingual poster on the recommendations for the consumption of fruits and vegetables for community outreach (for adults).	Bilingual (English and Chinese)
Contractor developed: SFGHF	Project Poster: Promoting Physical Activity	Bilingual poster on the recommendations for the physical activity for community outreach (for adults).	Bilingual (English and Chinese)
Contractor developed: SFGHF	Sing Tao Gourmet Guide (articles on various nutrition topics)	Nutrition articles on various nutrition topics (for adults)	Chinese and English

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Contractor developed: SFGHF	Healthy Eating and Physical activity Nutrition Resource Toolkit	Compilation of existing nutrition education materials (curricula, handouts, posters etc) for various age groups (for staff/providers).	English/Chinese
Harvest of the Month	Various fruits and vegetable (family newsletter)	Quarterly bilingual Harvest of the Month newsletters featuring 3 seasonal fruits and/or vegetables (for adolescents and adults).	Chinese and English
National Institute of Health	WE CAN Brochure	Trifold brochure with information on healthy eating, physical activity and screen time reduction (for adults).	English
National Institute of Health	WE CAN Parents Handbook	Parent handbook with information on healthy eating, physical activity and screen time reduction (for adults).	English and Chinese
San Francisco Department of Public Health	Feeling Good Healthy Tips 9 -Build Your Strength (pamphlet)	Trilingual pamphlet on physical activity (for adults).	Trilingual (English, Chinese, Spanish)
Chinatown Public Health Center and California Pacific Medical Center	<i>We Can!</i> TM for Chinese Families Parent Handbook	Contractor enhanced and translated NIH's "We Can Parents Handbook" into a bilingual handbook on healthy eating, physical activity and screen time reduction. (for adults)	Bilingual (English and Chinese)
Contractor developed	Herald newspaper (articles on various nutrition topics)	Nutrition articles on topics including Dietary Guidelines for Americans 2010, healthy holiday eating (for adults).	Chinese

New Materials Development Data Sheet

<i>Title</i>	<i>Description</i>	<i>Justification</i>
None		

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

San Francisco General Hospital Foundation
09-11429

A PERSONNEL SALARIES:								
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	7. Total Dollars	
FEDERAL SHARE POSITIONS								
Chinatown Public Health Center								
1.	Name: Katy Leung Title: Program Assistant (Assistant Project Coordinator)	\$ 54,080	0.14375	0.000%	14.375%	7,774	7,774	
2.	Name: TBD Title: Program Assistant	\$ 41,600	0.6000	0.000%	60.000%	24,960	24,960	
3.	Name: Wei Jiang Huang Title: Program Assistant	\$ 41,600	0.2000	20.000%	0.000%	8,320	8,320	
4.	Name: Lindsay Kwong Title: Program Assistant	\$ 31,200	0.4000	30.000%	10.000%	12,480	12,480	
5.	Name: Amanda Chu Title: Program Assistant	\$ 31,200	0.2500	20.000%	5.000%	7,800	7,800	
San Francisco General Hospital Foundation								
6.	Name: Babak Motie Title: Accountant (Controller)	\$ 100,848	0.03125	3.125%	0.000%	3,152	3,152	
7.	Name: Ting Ting Alice He Title: Accountant	\$ 47,133	0.075	7.500%	0.000%	3,535	3,535	
SUBTOTAL		\$ 347,661	1.7000	80.625%	89.375%	\$ 68,021	\$ 68,021	
FEDERAL SHARE POSITIONS:								
1. Program Assistant FS #1, #2, #3, #4 & #5		Assists the Project Coordinator with nutrition education program planning and development. Under the direction of Project Coordinator, works directly with individuals and small groups providing curriculum-based, prevention-oriented general nutrition education and physical activity targeted to SNAP-ED eligible.						
5. Accountant/Finance Analyst FS #6 & 7		Serves as internal auditor and controller. Assists with processing purchase orders, invoices, preparation of vouchers for payment as related to the Network program, as well as monitoring the budgets.						
						Federal Share Total Dollars	Total Dollars	

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

San Francisco General Hospital Foundation
09-11429

B. FRINGE BENEFITS:											
Federal Share:											
	Includes payroll taxes and medical/dental benefits at 14.59% to 26.77% of salaries										
	Name	Total Salaries	Fringe Benefits Rate	Total:							
	Katy Leung	\$7,774	N/A	N/A							
	Program Asst.	\$24,960	N/A	N/A							
	Program Asst.	\$8,320	N/A	N/A							
	Lindsay Kwong	\$12,480	N/A	N/A							
	Amanda Chu	\$7,800	N/A	N/A							
	Babak Motie	\$3,152	14.59%	\$ 460							
	Ting Ting Alice He	\$3,535	26.77%	\$ 946							
	*Note: Positions 1-5 are contracted staff through the foundation so no benefits are paid.								\$ 1,406	\$ 1,406	
	Position 6-7 are staff employed with the foundation.								SUBTOTAL:	\$ 1,406	\$ 1,406
C. OPERATING EXPENSES:											
Federal Share:											
	Office Supplies: Stationary, pens, pencil, paper supplies, cartridge ink, toner, and postage										
									\$ 965	\$ 965	
									SUBTOTAL:	\$ 965	\$ 965

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

San Francisco General Hospital Foundation
09-11429

											Federal Share	Total Dollars				
											Total Dollars					
F. SUBCONTRACTORS:											\$0	\$0				
Federal Share:																
											SUBTOTAL:	\$0	\$0			
G. OTHER COSTS:																
Federal Share:																
1. Food Demonstration and supplies: purchase of food and supplies for food demonstrations/food tasting.											\$ 1,071	\$ 1,071				
Food demonstrations/food tasting (estimated reach of 430 people at \$2.49 per person)												\$ -				
2. Printing and Duplication: printing of the existing and newly developed network approved brochures and materials.											\$ 5,240	\$ 5,240				
<i>Printing of the revision Healthy Chinese Cuisine Using Fruits and Vegetable Bilingual Cookbook (Approximately 3000 copies@\$1.75 each)</i>																
3. Nutrition Education Materials Required for the Delivery of Critical Program Services to include brochures, cookbooks, etc., not to exceed \$4 per item. (Approximately 150 items @ \$4/each)											\$ 600	\$ 600				
4. Purchase of nutrition education brochures, posters, music CDs, food models, coloring books, teaching aides, or other educational materials for use in community nutrition education classes and fairs. (Approximately 33 teaching tools@\$15 each)											\$ 495	\$ 495				
<i>* Expenditures on nutrition education materials critical for program delivery must have prior CDPH approval and must comply with all State and Federal safety requirements with respect to production, including Prop. 65 requirements for lead content.</i>																
											SUBTOTAL:	\$ 7,406	\$ 7,406			
H. INDIRECT COSTS:																
Federal Share:																
											SUBTOTAL:	\$0	\$0			
TOTAL											\$ 347,661.00	1.7000	80.625%	89.375%	\$ 81,661	\$ 81,661

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: Alameda Point Collaborative
Program Area: Local Food and Nutrition Education: Non-Profit
Contract Number: 09-11458

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 40% Female 60%

Ethnicity:

- African American 61%
- Asian 2%
- Caucasian 8%
- Latino 20%
- Native American 6%
- Pacific Islander 2%
- Other (specify) MultiRace: 1%

Languages:

- | | |
|---|--|
| <input checked="" type="checkbox"/> English <u>100%</u> | <input type="checkbox"/> Khmer (Cambodian) _____% |
| <input type="checkbox"/> Spanish _____% | <input type="checkbox"/> Korean _____% |
| <input type="checkbox"/> Arabic _____% | <input type="checkbox"/> Lao _____% |
| <input type="checkbox"/> Armenian _____% | <input type="checkbox"/> Tagalog _____% |
| <input type="checkbox"/> Russian _____% | <input type="checkbox"/> Vietnamese _____% |
| <input type="checkbox"/> Bosnian _____% | <input type="checkbox"/> Other (specify) _____: _____% |
| <input type="checkbox"/> Cantonese _____% | <input type="checkbox"/> Other (specify) _____: _____% |
| <input type="checkbox"/> Farsi _____% | <input type="checkbox"/> Mandarin _____% |
| <input type="checkbox"/> Hmong _____% | |

Ages:

- Under 5 years old 11%
- 5 to 8 9%
- 9 to 11 12%
- 12 to 17 16%
- 18 to 59 48%
- 60 years old and over 4%

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

- See attached Census Tract data sheet
- See attached Free/Reduced Price Meal % data sheet
- Other (Specify): _____ (_____% equal to or less than 185% FPL)
- Other (Specify): _____ (_____% equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | |
|---|---|
| <input type="checkbox"/> CalFresh Offices _____% | <input checked="" type="checkbox"/> Shelters/Temporary Housing <u>25%</u> |
| <input checked="" type="checkbox"/> Food Banks <u>5%</u> | <input type="checkbox"/> Soup Kitchens _____% |
| <input type="checkbox"/> Food Pantries _____% | <input type="checkbox"/> TANF Job Readiness Program _____% |
| <input checked="" type="checkbox"/> Public Housing <u>65%</u> | <input checked="" type="checkbox"/> WIC Offices <u>5%</u> |
| <input type="checkbox"/> HeadStart _____% | |

d. Project Description.

Key Methods:

- Advisory Council/Task Force (specify): _____
- Internet/Web Sites-website address: _____
- Print Media
- Radio: _____
- TV: _____
- Nutrition Education Classes: (50 occurrences at 1.5hour(s) each)
- Community Education Events: (12 occurrences at 2hour(s) each)
- Training/Workshop/Conference: (50 occurrences at 4hour(s) each)
- Point of Purchase: (_____ occurrences at _____hour(s) each)
- Other (specify) _____: (_____ occurrences at _____hour(s) each)

Key Educational Messages:

- | | |
|--|--|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input type="checkbox"/> Lean Meat and Beans |
| <input checked="" type="checkbox"/> Physical Activity | <input checked="" type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |
| <input type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input checked="" type="checkbox"/> MyPyramid – Healthy Eating Plan |
| <input type="checkbox"/> Fats and Oils | <input type="checkbox"/> Promote Healthy Weight |
| <input type="checkbox"/> Fiber-Rich Foods | <input type="checkbox"/> Sodium and Potassium |
| <input type="checkbox"/> Food Safety | <input checked="" type="checkbox"/> Whole Grains |
| <input checked="" type="checkbox"/> Food Shopping/Preparation | <input type="checkbox"/> Other (Specify): _____ |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|---|--|
| _____ Adult Education & Job Training Sites | _____ Other Youth Education Sites (includes Parks and Recreation) |
| _____ Adult Rehabilitation Centers | _____ Public/Community Health Centers (includes Public Health Departments) |
| _____ CalFresh Offices | <u>1</u> Public Housing |
| _____ Churches | _____ Schools – students (Preschool) |
| <u>1</u> Community Centers | _____ Schools – students (K-12) |
| _____ Elderly Service Centers | _____ Schools – students (Afterschool Program) |
| _____ Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens) | _____ Schools – Parents |
| _____ Extension Offices | <u>1</u> Shelters/Temporary Housing |
| _____ Farmers Markets | <u>1</u> WIC Programs |
| _____ Food Stores | _____ Worksites |
| _____ Head Start Programs | Other (specify): _____ |
| _____ Individual Homes | Other (specify): _____ |
| _____ Libraries | Other (specify): _____ |

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 500

Narrative (max. 200 words)

This project will implement the Nutrition and Wellness Program (NWP) at the Alameda Point Collaborative (APC) supportive housing for formerly homeless individuals located in Alameda, CA. The NWP will expand the nutrition-education activities of APC's existing Growing Youth Project (GYP) which employ residents through a successful community-based youth engagement model. NWP nutrition-education activities will be developed and implemented by staff and adult and teen Community Educators who will receive training and skill development to become Champions for Change. The NWP target audience will be CalFresh eligible APC residents and clients of our co-located partner agencies. The goal of the NWP will be to increase the likelihood that these individuals will make healthy food choices with a limited budget and choose active lifestyles.

The NWP will dedicate staff time and resources to focus on three core strategies:

- Recruit and train 20 Community Educators to implement the NWP and become Champions for Change in their community;
- Develop and implement direct nutrition education workshops, classes, and events that promote nutrition education, physical activities and CalFresh promotion to 200 Network-eligible participants.
- Distribute materials promoting nutrition education, physical fitness, and CalFresh promotion to 500 Network-eligible participants.

e. Summary of Research.

See Section A, pages 2-5.

f. Modification of Project Methods/Strategies.

- | | |
|--|--|
| <input type="checkbox"/> We have not modified our methods/strategies | <input type="checkbox"/> Changing audience participation |
| <input type="checkbox"/> Improving cultural relevancy | <input checked="" type="checkbox"/> Adding new partners |
| <input checked="" type="checkbox"/> Enhancing/updating existing strategies | <input type="checkbox"/> Other (specify): _____ |
| <input type="checkbox"/> Utilizing research/program tool | <input type="checkbox"/> Other (specify): _____ |

All modifications are approved by the Network.

g. Use of Existing Educational Materials.

See attached Existing Educational Materials/Curricula data sheet.

h. Development of New Educational Materials.

All new educational materials must be listed on the attached New Materials Development data sheet.

i. Key Performance Measures/Indicators. (max. 100 words)

The evaluation will employ mixed-methods to collect qualitative and quantitative data on the project's impact on individuals' behavior and knowledge of healthy eating practices. Process evaluation: Logs, sign-in sheets, activities records, and summaries of trainings/conferences.

Impact evaluation: Pre and posttests with children and youth participating in Nutrition Education Classes; focus groups with parents of children and youth participating in classes to assess changes in knowledge of nutrition and healthy food preparation. Pre and post tests and pre and post focus groups with Community Educators measuring change in knowledge of nutrition, healthy eating, and physical activity.

3. EVALUATION PLANS

All contractors participate in process evaluation per their Scope of Work activities. Contractors who receive Federal Share >\$350,000 must participate in impact evaluation. Impact evaluation measures the effectiveness of an intervention by assessing behavior change or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.

4. Coordination Efforts (max. 100 words)

Will participate in Regional Collaborative of the Regional Networks for a Healthy California, will attend Local Food and Nutrition Education Action Committee meetings. The project will continue to work with other organizations (some Network-funded) in developing and delivering trainings and attending conferences for Community Educators to build on their skills and on all of our capacity's to operate our programs. These partnerships also expand the food security and food production work of APC's related projects under a separate funding stream, particularly by adding a stronger nutrition education focus on our farm. Participation and outreach with other Network-funded organizations through attendance at meetings and sharing resources will continue.

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Community Center	Alameda Point Collaborative	677 West Ranger Ave.	Alameda	94501	06001427500	All Races	56.3%	
Public Housing	Alameda Point Collaborative	677 West Ranger Ave.	Alameda	94501	06001427500	All Races	%	Proxy Site
Shelter/Temporary Housing	Alameda Point Collaborative	677 West Ranger Ave.	Alameda	94501	06001427500	All Races	%	Proxy Site
WIC Offices	Alameda Point Collaborative	677 West Ranger Ave.	Alameda	94501	06001427500	All Races	%	Proxy Site
Community Garden/Farm	Alameda Point Collaborative Farm	2500 Barbers Point Rd.	Alameda	94501	06001427500	All Races	56.3%	
						All Races	%	
						All Races	%	

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Free/Reduced Price Meal Percentage Data Sheet

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
			%	%	%
			%	%	%
			%	%	%
			%	%	%
			%	%	%

*After each school name indicate all that apply with the following abbreviations: K-12 School (S), Preschool (PS), After School (A) & Parents (P)

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
California Department of Education	Kids Cook Farm Fresh	Activities engage teachers and students in grades two through seven in exploring fresh, seasonal, locally grown produce through direct experience. Using tested recipes and farm profiles, <i>Kids Cook Farm-Fresh Food</i> links agriculture and the culinary arts to reading, mathematics, social sciences, and geography.	English Only
California Power Play!	Community Youth Organization idea & resource kit	Designed for use in out-of-school settings, this Kit includes educational activities and physically active games focused on fruits and vegetables and physical activity.	English Only
Glencoe/McGraw Hill	Teen Health Course Series	<i>Teen Health</i> is the integrated, activities-based health program written especially for middle school students. This sequential, three-course program provides the perfect combination of course material and interactive multimedia resources. <i>Teen Health</i> helps students understand that good health affects their school performance, their friendships, their looks, and their lives.	English Only
Harvest of the Month	Harvest of the Month	Nutrition education resource that utilizes in-season California fruits and vegetables.	English + Spanish
National Institute of Child Health and Human Development/National Institutes of Health	Media-Smart Youth	An interactive after-school education program for young people ages 11 to 13. It is designed to help teach them about the complex media world around them, and how it can affect their health--especially in the areas of nutrition and physical activity.	English Only
Santa Fe Partners in Education	Cooking with Kids	Cooking with Kids is a hands-on food and nutrition education program. The program includes "tasting classes," in which classroom teachers invite youngsters to use their senses to explore a variety of fruits and vegetables.	English Only

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Teachers College Columbia University	Linking Food and the Environment (LiFE) Choice, Control, and Change	Students learn how an understanding of biology, the built environment, and personal behaviors impacts weight and health. The module's driving question — How can we use scientific evidence to help us make healthful food and activity choices? — frames students' investigations of how the human body works and how food and activity play a crucial role in its well-being. Students engage in hands-on investigations of “dynamic equilibrium” — energy intake and expenditure. They explore food preference, their food environment, lifestyle-related diseases, and more. Students examine their personal food choices and use scientific reasoning to analyze what they find out. Finally, they apply what they have learned by making personal decisions related to their diet, physical activity, and overall health.	English Only
USDA materials	Power of Choice	A guide created for leaders of afterschool programs to help young adolescents understand how their decisions about eating and physical activity can affect their health now and for years to come.	English Only
USDA materials	Empowering Youth	Interactive modules include: user-friendly information about the Dietary Guidelines for Americans, MyPyramid, and the Nutrition Facts Label, strategies for positive role modeling, innovative learning activities including a MyPyramid Challenge, and a road map of and links to the EY manual. The modules are designed to motivate teachers and caregivers to become informed, positive role models.	English Only
Operation Frontline	Kids Up Front	Teaches kids aged 8 to 12 about healthy eating, how healthy eating affects their performance and how to make easy, nutritious foods at home.	English + Spanish
Operation Frontline	The Power of Eating Right	Teaches teens how to make healthy food choices and prepare healthy meals and snacks.	English + Spanish

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>

New Materials Development Data Sheet

<i>Title</i>	<i>Description</i>	<i>Justification</i>

**BUDGET COVER SHEET
FFY 2012**

Organization: Alameda Point Collaborative				
Contract Number: 09-11458				
Federal Share Budget	FFY 2011	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 56,573	\$ 56,573	\$ -	0.00%
Fringe Benefits	\$ 10,537	\$ 10,537	\$ -	0.00%
Operating	\$ -	\$ -		0.00%
Equipment & Other Capital	\$ -	\$ -		0.00%
Travel	\$ 1,184	\$ 1,064	\$ (120)	-10.14%
SubContracts	\$ 4,400	\$ 4,875	\$ 475	10.80%
Other Costs	\$ 3,000	\$ 2,800	\$ (200)	-6.67%
Indirect Costs	\$ 9,083	\$ 9,102	\$ 19	0.21%
Total Federal Share	\$ 84,777	\$ 84,951	\$ 174	0.21%
If the total federal share percentage difference is greater than 5%, please provide an explanation. If the total percentage difference is greater than 5%, consult your Contract Manager.				
Subcontracts increased related to Scope of Work activities.				
Travel reduced due to budget constraints.				
Other Costs reduced due to purchasing few taste testing items.				
Subcontract costs increased due to related Scope of Work activities and the retrospective study.				

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Alameda Point Collaborative
 #09-11458

A PERSONNEL SALARIES:						
1. Name and Position Title	2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	
FEDERAL SHARE POSITIONS						
1. Name: Kate Casale Title: Administrator/Director (GYP Coordinator)	\$ 39,500	0.175	0%	17.50%	\$ 6,913	
2. Name: Vacant Title: Food Service Worker (Kitchen Coordinator)	\$ 31,200	0.100	0%	10.00%	\$ 3,120	
3 Name: Multiple staff 10 @ \$8.50/hr x .175 FTE (\$17,680=2080 hr/yr) Title: Program Assistant (GYP Community Educators)	\$ 17,680	1.750	0%	175.00%	\$ 30,940	
4 Name: Tia Ukiye Title: Project Coordinator (GYP Program Specialist)	\$ 31,200	0.500	0%	50.00%	\$ 15,600	
SUBTOTAL		\$ 119,580	2.525	0%	252.50%	\$ 56,573
POSITION DESCRIPTIONS:						
Administrator/Director of Programs (1)	Administer the nutrition education contract and budget, supervising nutrition education staff, attend nutrition education and scope of work related meetings, program planning and participating in the Regional collaborative. Coordinate contract reporting requirements.					
Food Service Worker (2)	Assists with planning and preparing healthy food taste tests in the school setting in conjunction with classroom based nutrition education intervention. Works with teachers to increase student, teacher and parent knowledge of the importance of consuming more servings of fruits and vegetables and being active daily. Compiles documentation on taste testing activities and all reporting required for nutrition grants. In some cases, supervises staff that carry out activities.					
Program Assistant (3)	Assists the Project Coordinator with nutrition education program planning and development. Under the direction of Project Coordinator, works directly with individuals and small groups providing curriculum-based, prevention-oriented general nutrition education and physical activity targeted to SNAP eligibles.					
Project Coordinator (4)	Coordinate program staff and nutrition education activities; plan and follow through on community and educational events at health fairs, schools, and other promotional activities; work with schools, churches, farm worker organizations, and community organizations in planning and promoting good health through dissemination of nutrition education materials; actively acquire and develop culturally and linguistically competent nutrition curriculum and educational materials; to promote existing and/or to develop new physical activity promotional components of nutrition education; and expand our existing community program to encompass nutritional components to increase community awareness and knowledge of good nutrition and healthy active lifestyles.					
					Federal Share Total Dollars	
					\$ 10,537	
					SUBTOTAL: \$ 10,537	
B. FRINGE BENEFITS:						
Federal Share: Includes payroll taxes, workers comp, and medical/dental benefits at 23% of salaries except for Program Assistants @ 15% ($\$25,633 \times 23\% = \$5,896$) + ($\$30,940 \times 15\% = \$4,641$) = \$10,537						

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Alameda Point Collaborative
 #09-11458

		Federal Share Total Dollars
C. OPERATING EXPENSES:	Federal Share:	\$ -
	SUBTOTAL:	\$ -
D. EQUIPMENT EXPENSES:	Federal Share:	\$ -
	SUBTOTAL:	\$ -
E. TRAVEL AND PER DIEM:	Annual Network Conference	
	Kate Casale, Administrator. \$403 (Per Diem \$40x2 days = \$80; Lodging \$117 x 2 days = \$234; Mileage 160 x .555 cents per mile = \$89)	\$ 403
Regional Training (San Francisco)	Kate Casale, Administrator. \$40 (50 miles x .555 cents per mile = \$28; parking \$12)	\$ 40
	Skill Based Training	
	Kate Casale, Administrator. \$165 (Per Diem \$40x2 days = \$80; Lodging = \$85)	\$ 165
(3) LFNEAC Meeting	Kate Casale, Administrator, Staff (TBD). \$250 (400 miles x .555 cents per mile = \$222; parking \$12/day x 3 days = \$36)	\$ 258
	(4) Mileage for Local Nutrition Education Activities, training, etc. \$198 (357 miles \$.555 = \$198)	\$ 198
	SUBTOTAL:	\$ 1,064
F. SUBCONTRACTORS:	Federal Share:	
	Evluation: Sarah Barengo to administer and compile results from process and impact evaluation measures to contribute to required reports; prepare comprehensive data reports for the retrospective 3-year study and final reports 65 hours @ \$75/hour	\$ 4,875
	SUBTOTAL:	\$ 4,875
OTHER COSTS:	Federal Share:	
	samples and taste-testing recipes for 50 weekly nutrition classes x 10 participants x \$2.50 per sample = \$1250	\$ 1,250
	12 monthly nutrition events x 25 participants x \$2.50 = \$750	\$ 750
	non-food nutrition education supplies (e.g. disposable utensils & food safety supplies, poster/display board, aprons, etc)	\$ 800
	SUBTOTAL:	\$ 2,800

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Alameda Point Collaborative
 #09-11458

						Federal Share Total Dollars
DIRECT TOTALS						\$ 75,849
H.	INDIRECT COSTS:					
	Federal Share:	12% Total Direct Costs	(\$75,849 X 12% = \$9,102)			\$ 9,102
SUBTOTAL:						\$ 9,102
TOTAL		\$ 119,580	2.525	0%	252.5%	\$ 84,951

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: Asian Health Services
Program Area: Local Food and Nutrition Education: Non-Profit
Contract Number: 11-10156

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 32% Female 68%

Ethnicity:

<input type="checkbox"/> African American	%
<input checked="" type="checkbox"/> Asian	<u>100%</u>
<input type="checkbox"/> Caucasian	%
<input type="checkbox"/> Latino	%
<input type="checkbox"/> Native American	%
<input type="checkbox"/> Pacific Islander	%
<input type="checkbox"/> Other (specify) :	%

Languages:

<input type="checkbox"/> English	%	<input type="checkbox"/> Khmer (Cambodian)	%
<input type="checkbox"/> Spanish	%	<input type="checkbox"/> Korean	%
<input type="checkbox"/> Arabic	%	<input type="checkbox"/> Lao	%
<input type="checkbox"/> Armenian	%	<input type="checkbox"/> Tagalog	%
<input type="checkbox"/> Russian	%	<input checked="" type="checkbox"/> Vietnamese	<u>30%</u>
<input type="checkbox"/> Bosnian	%	<input type="checkbox"/> Other (specify) :	%
<input checked="" type="checkbox"/> Cantonese	<u>50%</u>	<input type="checkbox"/> Other (specify) :	%
<input type="checkbox"/> Farsi	%		%
<input type="checkbox"/> Hmong	%	<input checked="" type="checkbox"/> Mandarin	<u>20%</u>

Ages:

<input type="checkbox"/> Under 5 years old	_____ %
<input type="checkbox"/> 5 to 8	%
<input type="checkbox"/> 9 to 11	%
<input type="checkbox"/> 12 to 17	%
<input checked="" type="checkbox"/> 18 to 59	<u>25%</u>
<input checked="" type="checkbox"/> 60 years old and over	<u>75%</u>

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

See attached Census Tract data sheet
 See attached Free/Reduced Price Meal % data sheet

- Other (Specify): _____ (_____ % equal to or less than 185% FPL)
 Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | | | |
|---|---|---|---|
| <input type="checkbox"/> CalFresh Offices | % | <input type="checkbox"/> Shelters/Temporary Housing | % |
| <input type="checkbox"/> Food Banks | % | <input type="checkbox"/> Soup Kitchens | % |
| <input type="checkbox"/> Food Pantries | % | <input type="checkbox"/> TANF Job Readiness Program | % |
| <input type="checkbox"/> Public Housing | % | <input type="checkbox"/> WIC Offices | % |
| <input type="checkbox"/> HeadStart | % | | |

d. Project Description.

Key Methods:

- Advisory Council/Task Force (specify):
 Internet/Web Sites-website address:
 Print Media
 Radio:
 TV:
 Nutrition Education Classes: (31 occurrences at 2hour(s) each)
 Community Education Events: (1 occurrences at _____ hour(s) each)
 Training/Workshop/Conference: (1 occurrences at 2hour(s) each)
 Point of Purchase: (_____ occurrences at _____ hour(s) each)
 Other (specify) _____ : (_____ occurrences at _____ hour(s) each)

Key Educational Messages:

- | | |
|--|--|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input type="checkbox"/> Lean Meat and Beans |
| <input checked="" type="checkbox"/> Physical Activity | <input checked="" type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |
| <input type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input type="checkbox"/> MyPyramid – Healthy Eating Plan |
| <input checked="" type="checkbox"/> Fats and Oils | <input checked="" type="checkbox"/> Promote Healthy Weight |
| <input checked="" type="checkbox"/> Fiber-Rich Foods | <input checked="" type="checkbox"/> Sodium and Potassium |
| <input type="checkbox"/> Food Safety | <input checked="" type="checkbox"/> Whole Grains |
| <input checked="" type="checkbox"/> Food Shopping/Preparation | <input checked="" type="checkbox"/> Other (Specify): <u>Calfresh promotion</u> |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|---|---|
| Adult Education & Job Training Sites | Farmers Markets |
| Adult Rehabilitation Centers | Food Stores |
| CalFresh Offices | Head Start Programs |
| 1 Churches | IndividualHomes |
| 2Community Centers | Libraries |
| 1Elderly Service Centers | Other Youth Education Sites (includes Parks and Recreation) |
| Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens) | 2Public/Community Health Centers (includes Public Health Departments) |
| Extension Offices | 1Public Housing |
| | Schools – students (Preschool) |
| | Schools – students (K-12) |

Schools – students (Afterschool Program)
1 Schools – Parents
Shelters/Temporary Housing
WIC Programs

Worksites
Other (specify): Park & Rec Adults
Other (specify): Senior Housing
Other (specify): Senior Low-income Housing

***Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 254

Narrative(max. 200 words)

AHS will provide linguistically/culturally competent nutrition, physical activity, and SNAP education at AHS' main clinic site and at community sites in Chinatown and other qualifying census tracts. Workshops will be conducted with a) AHS patients, b) Patient Leadership Council members, and c) community members. Members of the Patient Leadership Councils will be trained to co-present segments of the nutrition workshops to be presented to the broader community. Curriculum and educational materials will be refined for the Chinese community and culturally adapted and translated for the Vietnamese community. The first year will focus on the Healthy Heart curriculum, Shopping Matters, and Cooking Matters for Adults.

e. Summary of Research.

See Section A, pages 2-5.

f. Modification of Project Methods/Strategies.

- | | |
|--|--|
| <input type="checkbox"/> We have not modified our methods/strategies | <input type="checkbox"/> Changing audience participation |
| <input checked="" type="checkbox"/> Improving cultural relevancy | <input type="checkbox"/> Adding new partners |
| <input checked="" type="checkbox"/> Enhancing/updating existing strategies | <input type="checkbox"/> Other (specify): |
| <input type="checkbox"/> Utilizing research/program tool | <input type="checkbox"/> Other (specify): |

All modifications are approved by the Network.

g. Use of Existing Educational Materials.

See attached Existing Educational Materials/Curricula data sheet.

h. Development of New Educational Materials.

All new educational materials must be listed on the attached New Materials Development data sheet.

i. Key Performance Measures/Indicators. (max. 100 words)

Participants in the workshops will demonstrate an increase in pre- to post-workshop measures for a) the link between diet and heart disease, b) daily fruit and vegetable consumption and/or in one or more factors related to fruit and vegetable consumption, and c) examples of good and bad fats. Participants will also identify one change they are willing to try to improve their nutrition.

3. EVALUATION PLANS

All contractors participate in process evaluation per their Scope of Work activities. Contractors who receive Federal Share >\$350,000 must participate in impact evaluation. Impact evaluation measures the effectiveness of an intervention by assessing behavior change or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.

4. COORDINATION EFFORTS (MAX. 100 WORDS)

AHS will conduct outreach and education efforts with 5-10 organizations in the Chinese and Vietnamese communities of San Francisco's East Bay. Efforts will be made to introduce nutrition activities into other organizations' activities as well launch our own initiatives. While much of our effort will be to coordinate efforts with already existing partners in the community, we intend to also reach out to new partners. In particular, we look forward to linking with existing LFNE grantees and potential urban gardening resources.

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Community Health Center	Asian Health Services	818 Webster St	Oakland	94607	06001403000	All Races	60.0%	
Community Health Center	Asian Health Services	338 8th St	Oakland	94607	06001403000	All Races	60.0%	
Community Center	Catholic Charities	707 Jefferson St	Oakland	94607	06001403100	All Races	63.7%	
Churches	Chinese Community United Methodist Church	321 8 th St.	Oakland	94607	06001403000	All Races	60.0%	
Schools - Parents	Lincoln School	225 11 th St.	Oakland	94607	06001403000	All Races	60.0%	
Other – Parks & Rec Adults	Lincoln Recreation Ctr	250 10 th St	Oakland	94607	06001403000	All Races	60.0%	
Elderly Service Centers	Hong Fook Senior Center	275 7 th St.	Oakland	94607	06001403000	All Races	60.0%	
Community Center	Asian Resource Center	310 8 th St.	Oakland	94607	06001403000	All Races	60.0%	
Public Housing	St Mary's Garden	801 10 th St.	Oakland	94607	06001402600	All Races	54.4%	
Other – Senior Low-Income Housing	St Marks Apartments	394 12 th St.	Oakland	94607	06001403000	All Races	60.0%	
Other – Senior Housing	Oak Grove Plaza North-South	620 17 th St.	Oakland	94607	06001402800	All Races	%	Proxy Site

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Free/Reduced Price Meal Percentage Data Sheet

LOCAL PROJECT SYNOPSIS

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
			%	%	%
			%	%	%
			%	%	%
			%	%	%
			%	%	%
			%	%	%
			%	%	%
			%	%	%
			%	%	%
			%	%	%

*After each school name indicate all that apply with the following abbreviations: K-12 School (S), Preschool (PS), After School (A)& Parents (P)

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Contractor Developed	Healthy Heart	<ol style="list-style-type: none"> 1. Learn about heart disease 2. Risk factors of heart disease 3. Learn about high lipids – health risks and normal level 4. Learn about high blood pressure – health risks and normal level 5. How to prevent heart disease <ul style="list-style-type: none"> • Increase fiber and antioxidants • Increase good fats • Increase physical activities, deep breathing and social activities • Reduce bad fats • Reduce processed foods and fast foods 5. Healthy Menu: Exercise daily, balance every meal and cheer every moment. 	Chinese
Cooking Matters	Cooking Matters for Adults	<i>Cooking Matters for Adults</i> teaches low-income adults (primarily adults with children) how to prepare and shop sensibly for healthy meals on a limited budget.	Chinese
Cooking Matters	Shopping Matters	<i>Shopping Matters</i> is an interactive guided grocery store tour that helps low-income adults make healthy and affordable choices at the supermarket. During a <i>Shopping Matters</i> tour, participants learn information and practice skills that help them understand how to economically purchase fruits and vegetables, save money by comparing unit prices, and make healthier choices by reading food labels and ingredient lists. Participants also receive handouts and recipes so they can continue practicing what they learn at home and on future trips to the store.	Chinese

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>

New Materials Development Data Sheet

<i>Title</i>	<i>Description</i>	<i>Justification</i>

BUDGET COVER SHEET
FFY 2012

Organization: Asian Health Services			
Contract Number: 11-10156			
Federal Share Budget	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 53,449	N/A	N/A
Fringe Benefits	\$ 14,645	N/A	N/A
Operating	\$ -	N/A	N/A
Equipment & Other Capital	\$ 710	N/A	N/A
Travel	\$ 1,517	N/A	N/A
SubContracts	\$ -	N/A	N/A
Other Costs	\$ 2,898	N/A	N/A
Indirect Costs	\$ 11,781	N/A	N/A
Total Federal Share	\$ 85,000	N/A	N/A
<p>If the total federal share percentage difference is greater than 5%, please provide an explanation. If the total percentage is greater than 5%, consult your contract manager.</p>			

BUDGET JUSTIFICATION
October 1, 2011-September 30, 2012

Asian Health Services
11-10156

A PERSONNEL SALARIES:					
1. Name and Position Title	2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars
FEDERAL SHARE POSITIONS					
1. Name: My-Chi Nguyen, Susan Lo and Onna Lo, aggregate Title: Physicians (Ave Salary \$149,525 FTE .004266 pp)	\$ 448,575	0.01280	0.000%	1.280%	\$ 1,914
2. Name: Kim Dung Nguyen Title: Community Liaison Unit (CLU) Manager	\$ 69,482	0.05308	5.308%	0.000%	\$ 3,688
3. Name: Jing Liu and Eliza Chan, aggregate Title: Registered Dietitian (RD) Nutritionist (Ave Salary \$72,921 FTE .10 FTE)	\$ 145,842	0.20000	0.000%	20.000%	\$ 14,584
4. Name: Alisha Tran and Tina Diep, aggregate Title: Community Health Advocate (CHA) (Ave Salary \$44,351 FTE .375 pp)	\$ 88,702	0.75000	0.000%	75.000%	\$ 33,263
SUBTOTAL	\$ 752,601	1.01588	5.308%	96.280%	\$ 53,449
POSITION DESCRIPTIONS					
Physicians (1)	Physicians will be guest speakers in patient, community, and Patient Leadership Council workshops, including SNAP eligible populations. The purpose is to educate and promote healthy eating and shopping for nutritious foods. This line item allows for 24 hours of physician time or .0123 FTE spread amongst three MDs.				
CLU Manager, Program Admin (2)	Administer the nutrition education contract and budget, attend nutrition education and scope of work related meetings, program planning and participating in the regional collaborative. Conduct process and outcome measure evaluation and coordinate contract reporting requirements. Supervises Community Health Advocates (CHAs) and coordinates community workshops with community-based partners. Provides day-to-day coordination of project activities.				
Nutritionist/Nutrition Educator/Nutrition Aide (3)	Provides nutrition education to the SNAP eligible population. Specific duties include: delivery of group Healthy Heart nutrition and physical activity education at AHS clinic, training CHAs on Healthy Heart curriculum, conducting Q&A session at community Health Heart workshops, distribution of linguistically and culturally appropriate nutrition education materials, documentation of educational and other encounters, maintaining program reporting and tracking systems. This line item is an aggregate of two nutritionist positions.				
Community Health Advocate (CHA) (4)	Conducts nutrition education, physical activity promotion interventions in the community setting. Works with CBOs to increase the reach of nutrition education interventions to SNAP eligible. Trains Patient Leadership Council members on Champions of Change role and activities. This line item is an aggregate of two Community Health Advocates positions.				
B. FRINGE BENEFITS:					\$ 14,645
Federal Share:					
Includes payroll taxes and medical/dental benefits at 26.9%-27.4% of salaries \$53,449 x 27.4% = \$14,645					
SUBTOTAL:					\$ 14,645

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: Get Cookin'
Program Area: Local Food and Nutrition Education: Non-Profit
Contract Number: 11-10155

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 22% Female 78%

Ethnicity:

African American 3%
 Asian 28%
 Caucasian 38%
 Latino 25
 Native American 3%
 Pacific Islander 1%
 Other (specify) Multiple: 2%

Languages:

<input checked="" type="checkbox"/> English <u>44%</u>	<input type="checkbox"/> Khmer (Cambodian) _____%
<input checked="" type="checkbox"/> Spanish <u>19%</u>	<input type="checkbox"/> Korean _____%
<input type="checkbox"/> Arabic _____%	<input type="checkbox"/> Lao _____%
<input type="checkbox"/> Armenian _____%	<input type="checkbox"/> Tagalog _____%
<input type="checkbox"/> Russian _____%	<input type="checkbox"/> Vietnamese _____%
<input type="checkbox"/> Bosnian _____%	<input type="checkbox"/> Other (specify) _____: %
<input type="checkbox"/> Cantonese _____%	<input type="checkbox"/> Other (specify) _____: _____%
<input type="checkbox"/> Farsi _____%	<input type="checkbox"/> Mandarin _____%
<input checked="" type="checkbox"/> Hmong <u>37%</u>	

Ages:

Under 5 years old _____%
 5 to 8 17%
 9 to 11 17%
 12 to 17 7%
 18 to 59 48%
 60 years old and over 11%

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

See attached Census Tract data sheet
 See attached Free/Reduced Price Meal % data sheet
 Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | |
|--|--|
| <input type="checkbox"/> CalFresh Offices _____% | <input type="checkbox"/> Shelters/Temporary Housing _____% |
| <input type="checkbox"/> Food Banks _____% | <input type="checkbox"/> Soup Kitchens _____% |
| <input type="checkbox"/> Food Pantries _____% | <input type="checkbox"/> TANF Job Readiness Program _____% |
| <input type="checkbox"/> Public Housing _____% | <input type="checkbox"/> WIC Offices _____% |
| <input type="checkbox"/> HeadStart _____% | |

d. Project Description.

Key Methods:

- Advisory Council/Task Force (specify): _____
- Internet/Web Sites-website address: _____
- Print Media
- Radio: _____
- TV: _____
- Nutrition Education Classes: (96 occurrences at 2hour(s) each)
- Community Education Events: (_____ occurrences at _____hour(s) each)
- Training/Workshop/Conference: (96 occurrences at 2hour(s) each)
- Point of Purchase: (_____ occurrences at _____hour(s) each)
- Other (specify)_____: (_____ occurrences at _____hour(s) each)

Key Educational Messages:

- | | |
|---|---|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input checked="" type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |
| <input checked="" type="checkbox"/> Physical Activity | <input checked="" type="checkbox"/> MyPyramid – Healthy Eating Plan |
| <input checked="" type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input type="checkbox"/> Promote Healthy Weight |
| <input checked="" type="checkbox"/> Fats and Oils | <input type="checkbox"/> Sodium and Potassium |
| <input checked="" type="checkbox"/> Fiber-Rich Foods | <input checked="" type="checkbox"/> Whole Grains |
| <input checked="" type="checkbox"/> Food Safety | <input checked="" type="checkbox"/> Other (Specify): <u>Promotion of local Farmers' Markets and community gardens</u> |
| <input checked="" type="checkbox"/> Food Shopping/Preparation | |
| <input checked="" type="checkbox"/> Lean Meat and Beans | |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|---|--|
| <u>1</u> Adult Education & Job Training Sites | _____ Individual Homes |
| _____ Adult Rehabilitation Centers | _____ Libraries |
| _____ CalFresh Offices | _____ Other Youth Education Sites (includes Parks and Recreation) |
| _____ Churches | _____ Public/Community Health Centers (includes Public Health Departments) |
| <u>2</u> Community Centers | _____ Public Housing |
| _____ Elderly Service Centers | _____ Schools – students (Preschool) |
| _____ Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens) | _____ Schools – students (K-12) |
| _____ Extension Offices | _____ Schools – students (Afterschool Program) |
| _____ Farmers Markets | _____ Schools – Parents |
| _____ Food Stores | _____ Shelters/Temporary Housing |
| _____ Head Start Programs | _____ WIC Programs |

_____ Worksites

Other (specify): _____

Other (specify): _____

Other (specify): _____

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 448

Narrative (max. 200 words)

Center for Nutrition and Activity Promotion proposes to increase preference for and consumption of healthy food through cooking enhanced nutrition education for approximately 256 adults in our three Butte County CX3 neighborhoods. During each Get Cookin' class (two-hour sessions), participants will prepare a healthful recipe and engage in at least one tasting and other related nutrition education activities. The Get Cookin' series (set of six, two hour classes) will be held in each of our three CX3 neighborhoods in English, Hmong and Spanish using the Cooking Matters curriculum. Annually, we will provide a total of 16 series of Get Cookin': 8 series in Chico (3 in English, 2 in Hmong and 3 in Spanish), 4 series in Thermalito (2 each in both English and Hmong), and 4 series in Oroville (2 each in both English and Hmong). We anticipate 16 attendees session based on attendance rates for our Eat Right When Money is Tight classes. While the class in progress, approximately 192 children of the participants will participate in Harvest of the Month activities separately. All three implementation sites are in qualifying census tracks. During years one and two, we will recruit and train at least two Get Cookin' participants in each neighborhood to serve as a community leaders in at least one existing session in years two and three.

e. **Summary of Research.**

See Section A, pages 2-5.

f. **Modification of Project Methods/Strategies.**

We have not modified our methods/strategies

Changing audience participation

Improving cultural relevancy

Adding new partners

Enhancing/updating existing strategies

Other (specify): _____

Utilizing research/program tool

Other (specify): _____

All modifications are approved by the Network.

g. **Use of Existing Educational Materials.**

See attached Existing Educational Materials/Curricula data sheet.

h. **Development of New Educational Materials.**

All new educational materials must be listed on the attached New Materials Development data sheet.

i. **Key Performance Measures/Indicators.** (max. 100 words)

Get Cookin' participant improvement in knowledge, food preferences, and practices related to healthy eating patterns will be measured. Self-reported participation rates for farmers' markets and community gardens will be monitored. Food security improvements for residents will be measured via improved access to participation in the CalFresh assistance program, food bank groceries, and the use of neighborhood farmers' markets. A Get Cookin' 'snapshot', including a three minute dissemination video, developed by

our interns from the Center for Nutrition and Activity Promotion (CNAP), will assist with sustaining the Get Cookin' program in other locations via conference presentations as well as existing CNAP, the Sierra Cascade-Collaborative for Health and Movement Promotion (SC-CHAMP), CSUC, and Network channels.

3. EVALUATION PLANS

*All contractors participate in process evaluation per their Scope of Work activities.
Contractors who receive Federal Share >\$350,000 must participate in impact evaluation.
Impact evaluation measures the effectiveness of an intervention by assessing behavior change or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.*

4. COORDINATION EFFORTS (MAX. 100 WORDS)

CSUC Research Foundation has worked with the Network under CNAP's Sierra Cascade Nutrition and Activity Consortium (SCNAC) program since 2001. CalFresh Outreach is under the CNAP umbrella and, as such, will be an effective partner in collaborative efforts to promote project participation. Community partners, including Chapman Neighborhood Association, WIC, Butte County Grange, Fit thru Five Collaborative, cChaos, and Oroville Hmong Cultural Center will assist in neighborhood resident participation recruitment. These same partners, particularly the Thermalito Grange, Chapman Neighborhood Association, Collaboratively Creating Health Access (cChaos), OPT for Healthy Living, North Valley Community Foundation, Community Action Agency food bank, and the Hmong Cultural Center will assist with sustainability efforts beyond Network funding.

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Community Center	Thermalito Grange Hall	479 Plumas Avenue	Oroville	95965	06007002900	All Races	53.24%	
Community Center	Chapman House	1010 Cleveland	Chico	95928	06007001300	All Races	55.96%	
Adult Education & Job Training Site	Central Middle School	2565 Mesa Avenue	Oroville	95966	06007003000	All Races	67.47%	
						All Races	%	
						All Races	%	
						All Races	%	
						All Races	%	
						All Races	%	
						All Races	%	
						All Races	%	

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Free/Reduced Price Meal Percentage Data Sheet

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
			%	%	%
			%	%	%

*After each school name indicate all that apply with the following abbreviations: K-12 School (S), Preschool (PS), After School (A) & Parents (P)

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Share Our Strength - Cooking Matters	Cooking Matters for Adults	Adult curriculum for food preparation and nutrition education - teaches low-income adults (primarily adults with children) how to prepare and shop sensibly for healthy meals on a limited budget.	English/Spanish
Network for a Healthy California	Harvest of the Month Educator Newsletters	The monthly educator newsletters are scientifically accurate and provide hands-on activities, tools, and ideas for open-ended study by students, including taste testing and school gardening; sample physical activities to support developmental skills such as listening, reflexes, and hand-eye coordination; and resources for further exploration tied to the core curricular areas.	English
Network for a Healthy California	Harvest of the Month Family Newsletters	These monthly newsletters reinforces what kids learn in the classroom and provides parents with nutrition information healthy eating tips, recipes, ideas for being physically active, and tips for selecting, storing, and serving the featured produce.	English/Spanish/Hmong
SNAP-Ed	Eat Right When Money is Tight	Teaches participants food budgeting and preparation of healthy food.	English

New Materials Development Data Sheet

<i>Title</i>	<i>Description</i>	<i>Justification</i>

BUDGET COVER SHEET
FFY 2012

Organization: CSU, Chico Research Foundation			
Contract Number: 11-10155			
Federal Share Budget	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 43,670	N/A	N/A
Fringe Benefits	\$ 13,623	N/A	N/A
Operating	\$ 2,404	N/A	N/A
Equipment & Other Capital	\$ 1,119	N/A	N/A
Travel	\$ 3,384	N/A	N/A
SubContracts	\$ -	N/A	N/A
Other Costs	\$ 7,834	N/A	N/A
Indirect Costs	\$ 12,966	N/A	N/A
Total Federal Share	\$ 85,000	N/A	N/A
<p>If the total federal share percentage difference is greater than 5%, please provide an explanation. If the total percentage is greater than 5%, consult your contract manager.</p>			

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

CSU, Chico Research Foundation-CNAP
 11-10155

A PERSONNEL SALARIES:					
1. Name and Position Title	2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars
FEDERAL SHARE POSITIONS					
1. Name: Karen Goodwin Title: Project Coordinator	\$ 53,851	0.50	20%	30%	\$ 26,926
2. Name: Tong Xiong Title: Teacher/Student Aide/Assistant	\$ 24,960	0.35	5%	30%	\$ 8,736
3. Name: TBD Title: Teacher/Student Aide/Assistant	\$ 22,880	0.35	5%	30%	\$ 8,008
SUBTOTAL	\$ 101,691	1.20	30%	90%	\$ 43,670

POSITION DESCRIPTIONS:	
Project Coordinator (1)	Coordinate program staff and nutrition education activities; plan and follow through on outreach events (i.e. health fairs, schools, community events); work with schools, churches, farm worker and community organizations to recruit participants for Get Cookin' classes; actively acquire and develop culturally and linguistically competent nutrition curriculum and education materials; promote knowledge of farmers' markets and community garden opportunities; recruit chefs, nutrition educators and community leaders to lead classes; facility management; collect and report participant data and oversee evaluation process.
Teacher/Student Aide/Assistant (2,3)	Assists the nutrition educators, chefs, and Project Coordinator with promotion, recruitment, nutrition education activities, class coordination, and data collection among low income families.

B. FRINGE BENEFITS:		Federal Share Total Dollars
Federal Share: Includes payroll taxes and medical/dental benefits at 31.1967% of salaries on average. \$43,670 x 31.1967% = \$13,623		\$ 13,623
SUBTOTAL:		\$ 13,623

C. OPERATING EXPENSES:		Federal Share
Federal Share: Home Economics classroom use fee (<i>Get Cookin'</i> classes) (6 classes per series x 4 series/yr. = 24 classes x \$50/class)		\$ 1,200
Thermalito Grange kitchen use fee (<i>Get Cookin'</i> classes) (6 classes/ series x 4 series/yr = 24 classes/yr. x \$25/class)		\$ 600
Telephones for staff use (line @ \$30 per month avg. and computer internet connection (line @ \$5.30 per month x 12 months) annual charges \$360 + \$64 =		\$ 424
Office supplies pens, pencils, paper, printer cartridges, binder clips, envelopes, flash drives, post its, file folders, binders, binder tabs & inserts, pads of paper, postage, etc. (\$15 per month for 12 months = \$180)		\$ 180
SUBTOTAL:		\$ 2,404

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

CSU, Chico Research Foundation-CNAP
 11-10155

	Federal Share Total Dollars
D. EQUIPMENT EXPENSES: To be used exclusively for allowable <i>Network</i> activities	
Federal Share:	
One Desktop Computer and monitor for nutrition education activity planning - (CSUC minimum specifications for Windows PC including 3 yr. warranty and CSUC IT service = Processor: Pentium 4 - 3.0GHz Memory: 2GB RAM, Operating System: Windows XP Pro SP3, Typical Minimum Model: Optiplex GX280/SX280 (2005 & newer) Optiplex GX520/GX620 (2005 & newer))	\$ 1,119
SUBTOTAL:	\$ 1,119

E. TRAVEL AND PER DIEM:

Federal Share:

Conferences. CNAP staff will participate in all required meetings and conferences, as detailed below.

Staff person attending meeting: Project Coordinator

<u>Meeting</u>	<u># Trips</u>	<u># Days</u>	<u>Per Diem</u>	<u>Lodging</u>	<u>Mileage (\$0.555/mile)</u>	<u>Airfare/ Registration</u>	<u>Total</u>	
Annual Network Conference/ LFNEAC Meeting (Sacramento)	1	2	\$40 x 2 = \$80	\$84 x 2 = 168 + tax	180 miles x.555=\$100	\$0	\$348	\$ 348
LFNE Trainings (S.F. Bay Area)	1	1	\$40 x 1 = \$40	\$140 x 1 = 140 + tax	350 x.555=\$194	\$0	\$374	\$ 374
LFNE Trainings (So. Cal.)	1	1	\$40 x 1 = \$40	\$110 x 1 = 110 + tax	17 miles x.555=\$94	\$437	\$681	\$ 681
Network Skill based training	1	1			350 x.555=\$194		\$194	\$ 194
Cooking Matters Volunteer Training	1	1			350 x.555=\$194		\$194	\$ 194

Local Travel: CNAP estimates that local travel by the Project Coordinator, for trainings, conducting of cooking classes, Food Bank pick-ups, and monitoring will be as follows:

	<u># Trips</u>	<u>Mileage (\$0.555/mile)</u>	
Chico	40	236 miles x\$.555=\$131	\$ 131
Oroville	36	1317 miles x \$.555=\$731	\$ 731
Thermalito	36	1317 miles x \$.555=\$731	\$ 731

SUBTOTAL:	\$ 3,384
------------------	----------

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: Child Development Resources of Ventura County, Inc

Program Area: Local Incentive Awardee: Non Profit

Contract Number: 09-11431

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 51% Female 49%

Ethnicity:

- African American 2%
- Asian 1%
- Caucasian 4%
- Latino 91%
- Native American _____%
- Pacific Islander _____%
- Other (specify) Multi: 2%

Languages:

- | | |
|--|--|
| <input checked="" type="checkbox"/> English <u>30%</u> | <input type="checkbox"/> Khmer (Cambodian) _____% |
| <input checked="" type="checkbox"/> Spanish <u>70%</u> | <input type="checkbox"/> Korean _____% |
| <input type="checkbox"/> Arabic _____% | <input type="checkbox"/> Lao _____% |
| <input type="checkbox"/> Armenian _____% | <input type="checkbox"/> Tagalog _____% |
| <input type="checkbox"/> Russian _____% | <input type="checkbox"/> Vietnamese _____% |
| <input type="checkbox"/> Bosnian _____% | <input type="checkbox"/> Other (specify) _____: _____% |
| <input type="checkbox"/> Cantonese _____% | <input type="checkbox"/> Other (specify) _____: _____% |
| <input type="checkbox"/> Farsi _____% | <input type="checkbox"/> Mandarin _____% |
| <input type="checkbox"/> Hmong _____% | |

Ages:

- Under 5 years old 16%
- 5 to 8 12%
- 9 to 11 _____%
- 12 to 17 _____%
- 18 to 59 79%
- 60 years old and over 1%

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

- See attached Census Tract data sheet
- See attached Free/Reduced Price Meal % data sheet
- Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | |
|---|--|
| <input type="checkbox"/> CalFresh Offices _____% | <input type="checkbox"/> Shelters/Temporary Housing _____% |
| <input type="checkbox"/> Food Banks _____% | <input type="checkbox"/> Soup Kitchens _____% |
| <input type="checkbox"/> Food Pantries _____% | <input type="checkbox"/> TANF Job Readiness Program _____% |
| <input type="checkbox"/> Public Housing _____% | <input type="checkbox"/> WIC Offices _____% |
| <input checked="" type="checkbox"/> HeadStart <u>100%</u> | |

d. Project Description.

Key Methods:

- Advisory Council/Task Force (specify): _____
- Internet/Web Sites-website address: _____
- Print Media
- Radio: _____
- TV: _____
- Nutrition Education Classes: (150 occurrences at 0.5 hour(s) each)
- Community Education Events: (_____ occurrences at _____ hour(s) each)
- Training/Workshop/Conference: (3 occurrences at 1.5 hour(s) each)
- Point of Purchase: (_____ occurrences at _____ hour(s) each)
- Other (specify) _____: (_____ occurrences at _____ hour(s) each)

Key Educational Messages:

- | | |
|--|--|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |
| <input checked="" type="checkbox"/> Physical Activity | <input type="checkbox"/> MyPyramid – Healthy Eating Plan |
| <input type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input type="checkbox"/> Promote Healthy Weight |
| <input type="checkbox"/> Fats and Oils | <input type="checkbox"/> Sodium and Potassium |
| <input type="checkbox"/> Fiber-Rich Foods | <input type="checkbox"/> Whole Grains |
| <input type="checkbox"/> Food Safety | <input checked="" type="checkbox"/> Other (Specify): <u>100% Fruit Juice</u> |
| <input type="checkbox"/> Food Shopping/Preparation | |
| <input type="checkbox"/> Lean Meat and Beans | |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|---|--|
| _____ Adult Education & Job Training Sites | _____ Individual Homes |
| _____ Adult Rehabilitation Centers | _____ Libraries |
| _____ CalFresh Offices | _____ Other Youth Education Sites (includes Parks and Recreation) |
| _____ Churches | _____ Public/Community Health Centers (includes Public Health Departments) |
| _____ Community Centers | _____ Public Housing |
| _____ Elderly Service Centers | _____ Schools – students (Preschool) |
| _____ Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens) | _____ Schools – students (K-12) |
| _____ Extension Offices | _____ Schools – students (Afterschool Program) |
| _____ Farmers Markets | _____ Schools – Parents |
| _____ Food Stores | _____ Shelters/Temporary Housing |
| <u>25</u> Head Start Programs | _____ WIC Programs |

_____ Worksites

Other (specify): _____

Other (specify): _____

Other (specify): _____

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 1800

Narrative (max. 200 words)

CDR's Gold Coast LFNE Program will train Head Start (HS) and Early Head Start (EHS) Teachers and Family Child Care Education Providers to deliver a Network-approved nutrition curriculum: instead of "I Am Moving, I Am Learning" CDR will use USDA approved Healthy Beginnings. Nutrition education provided to parents and children will result in children's increased offerings of fruits and vegetables while also increasing the frequency of physical activity at school, child care, and home. Parents will be recruited to be Gold Coast Champions for Change, who will self-select strategies for promoting Network objectives – including peer education and special projects. Up to four "lead" paid Champion peer educators will attend Regional Trainings with project staff. A contracted nutritionist Health/Nutrition Head Start staff will coordinate parent, peer, and provider training; develop newsletter resources; and consult with Network partners to coordinate activities. For FFY12 Local "Heros and Stars will not be available to speak about how important fruits and vegetables are to their success. Continuous multi-media nutrition education will be displayed in the CDR receptio area, visited by thousands of SNAP-eligible people annually. Monthly newsletter will reinforce learning and promote SNAP. Evaluation will be integrated with and follow HS meticulous evaluation protocols.

Supplantation will be avoided by ensuring that Network funding augments existing Head Start and Early Head Start nutrition education efforts and requirements.

Head Start/Early Head Start regulations regarding child nutrition are very clear. CDR budgets for meals through the CACFP nutrition program and the basic Head Start/Early Head Start budget pays for cooks, assistant cooks as well as limited nutrition education and menus for the parents.

SNAP-Ed funding will serve to enhance and augment this existing nutrition program, especially in addressing childhood obesity. Existing Head Start/Early Head Start funding does not cover the cost of fully implementing the "Healthy Beginnings" curriculum in all classrooms, so Network funds will be used to cover the cost of SNAP-Ed allowable components of training and materials to implement this exciting curriculum.

Through its partnership with the Network, CDR will provide Head Start/Early Head Start staff, children, and families with additional resources and services not currently offered in their programs.

e. **Summary of Research.**

See Section A, pages 2-5.

f. **Modification of Project Methods/Strategies.**

- | | |
|--|--|
| <input type="checkbox"/> We have not modified our methods/strategies | <input type="checkbox"/> Changing audience participation |
| <input type="checkbox"/> Improving cultural relevancy | <input type="checkbox"/> Adding new partners |
| <input checked="" type="checkbox"/> Enhancing/updating existing strategies | <input type="checkbox"/> Other (specify): _____ |
| <input type="checkbox"/> Utilizing research/program tool | <input type="checkbox"/> Other (specify): _____ |

All modifications are approved by the Network.

g. **Use of Existing Educational Materials.**

See attached Existing Educational Materials/Curricula data sheet.

h. **Development of New Educational Materials.**

All new educational materials must be listed on the attached New Materials Development data sheet.

i. **Key Performance Measures/Indicators.** (max. 100 words)

3. EVALUATION PLANS

All contractors participate in process evaluation per their Scope of Work activities. Contractors who receive Federal Share >\$350,000 must participate in impact evaluation. Impact evaluation measures the effectiveness of an intervention by assessing behavior change or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.

4. COORDINATION EFFORTS (MAX. 100 WORDS)

Complementary nutrition education provided by Ventura County Public Health Department's Women, Infants and Children (WIC) program, and Obesity Prevention Program for children and adults will be coordinated into the program. Regional Network opportunities for collaboration will also be accessed as the project is implemented. Cooperative events with school site food service staff providing USDA-funded subsidized meals for 17 Head Start Sites, participation in Ventura County's Obesity Prevention Task Force events, and First 5 Ventura County's Neighborhoods for Learning nutrition and health education programs will supplement nutrition education and community engagement activities.

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
HEAD START	Barbara Webster	1111 E Santa Paula St	Santa Paula	93060	06111000600			Proxy
HEAD START	Benita Wallick	2717 N Ventura Ave	Ventura	93001	06111002200			Proxy
HEAD START	Colonia	1500 Camino Del Sol	Oxnard	93030	06111003100			Proxy
HEAD START	El Descanso	1099 Bedford Dr	Camarillo	93010	06111005504			Proxy
HEAD START	Elm	450 E Elm St	Oxnard	93030	0611103900			Proxy
HEAD START	Fillmore	615 Shiells Dr	Fillmore	93015	06111000302			Proxy
HEAD START	Hathaway	401 E Dollie St	Oxnard	93033	06111004504			Proxy
HEAD START	Haydock	601 Hill St	Oxnard	93033	06111003800			Proxy
HEAD START	Hueneme	500 W Clara St	Oxnard	93033	06111004503			Proxy
HEAD START	Jeff Davis	700 E Esplanade Dr	Oxnard	93036	06111003002			Proxy
HEAD START	Julie Irving	231 E Ventura Blvd	Oxnard	93036	06111005001			Proxy

HEAD START	Larsen	550 Thomas Ave	Oxnard	93033	06111004000			Proxy
HEAD START	Little Viking	500 E Bard Rd.	Oxnard	93033	06111004504			Proxy
HEAD START	Marina West	2551 Carob St	Oxnard	93035	06111003607			Proxy
HEAD START	Mary Crawford	2400 S J St	Oxnard	93033	06111003800			Proxy
HEAD START	Meliss Wade	2950 E Telegraph Rd	Fillmore	93015	06111000200			Proxy
HEAD START	Ojai	930 Grand Ave	Ojai	93023	06111000903			Proxy
HEAD START	Parkview	1416 N 6th Pl	Port Hueneme	93041	06111004200			Proxy
HEAD START	Rio Plaza	600 Simon Way	Oxnard	93036	06111005001			Proxy
HEAD START	Rio Rosales	1001 Kohala St.	Oxnard	93030	06111004900			Proxy
HEAD START	Santa Paula	1400 E Harvard Blvd	Santa Paula	93060	06111000600			Proxy
HEAD START	Simi	3208 E Los Angeles Ave Ste 36	Simi	93065	06111008002			Proxy

HEAD START	Squires	5200 Squires Dr	Oxnard	93033	06111004503			Proxy
HEAD START	Thousand Oaks	243 E Wilbur Rd Apt 103	Thousand Oaks	91360	0611100680			Proxy

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Network for a Healthy California	Harvest of the Month Educator Newsletters, Family Newsletters, Menu Slicks		Eng/Span
USDA materials	MyPyramid Nutrition, MyPyramid Activity for preschoolers		Eng/Span
Network for a Healthy California	Healthy Beginnings Preschool Curriculum	The Healthy Beginnings (HB) curriculum is a nutrition and physical activity curriculum for children ages 3-5. This curriculum is designed to teach children healthy habits right from the start. There are 13 nutrition lessons designed to teach children about foods that are healthy for their bodies. There are 9 physical activity lessons and 12 animal yoga poses to provide opportunities for structured physical activity that helps promote social/emotional development and gross motor skills.	Eng/Span

**BUDGET COVER SHEET
FFY 2012**

Organization: Child Development Resources of Ventura County				
Contract Number: 09-11431				
Federal Share Budget	FFY 2011	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 21,189	\$ 21,372	\$ 183	0.86%
Fringe Benefits	\$ 5,721	\$ 5,770	\$ 49	0.86%
Operating	\$ 60	\$ 60	\$ -	0.00%
Equipment	\$ -	\$ -	\$ -	0.00%
Travel	\$ 8,350	\$ 8,467	\$ 117	1.40%
Subcontractors	\$ 35,568	\$ 35,568	\$ -	0.00%
Other Costs	\$ 7,584	\$ 7,467	\$ (117)	-1.54%
Indirect Costs	\$ 6,278	\$ 6,296	\$ 18	0.29%
Total Federal Share	\$ 84,750	\$ 85,000	\$ 250	1.87%
<p>If the total federal share percentage difference is greater than 5%, please provide an explanation. If the total percentage difference is greater than 5%, consult your Contract Manager.</p>				

**Budget Justification
October 1, 2011 - September 30, 2012**

Child Development Resources of Ventura County, Inc.
#09-11431

A PERSONNEL SALARIES:						
1. Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Total Dollars
POSITIONS						
1.	Title: Administrative Assistant/Program Resources Manager	\$ 62,763	0.0500	0.00%	5.00%	\$ 3,138
2.	Title: CEO/Associate Executive Director	\$ 130,624	0.0100	1.00%	0.00%	\$ 1,306
3.	Title: Administrative Coordinator/Program Administrator	\$ 85,992	0.0100	1.00%	0.00%	\$ 860
4.	Title: Administratiave Assistant/Program Support Specialist	\$ 30,140	0.0500	0.00%	5.00%	\$ 1,507
5.	Title: Accountant/Program Analyst	\$ 70,148	0.0100	1.00%	0.00%	\$ 701
6.	Title: Multiple Staff 4 x \$4,680 ea=\$18,720 @ .185 FTE pp) Family Advocate/Parent Educators	\$ 18,720	0.7404	0.00%	74.04%	\$ 13,860
SUBTOTAL		\$ 398,387	0.8704	3.00%	84.04%	\$ 21,372
POSITION DESCRIPTIONS:						
Administrative Assistant (Program Resources Manager) (1)		Coordinates program activities; provides supplemental training to Head Start teachers, providers, and parent participants in Champions for Change; collects data reports for preparation of project progress and outcome reporting; encourages the engagement of parent educators.				
Chief Executive Officer (Associate Executive Director) (2)		Provides overall guidance for the operations, personnel, and fiscal responsibilities required by the nutrition project. Supervises Program Administrator by reviewing monthly reports and oversees program budget.				
Administrative Coordinator (Program Administrator) (3)		Supervises Program Resource Manager to ensure that the program activities are aligned with the scope of work and within program budget.				
Administrative Assistant (Program Support Specialist) (4)		Provides general clerical support to the Program. Assists in development and maintenance of a data collection systems.				
Accountant (Program Analyst) (5)		Analyzes program expenditures compared to actual budget. Makes recommendations for budgetary adjustments. Assigns cost of labor allocations and tracks actual time worked per program.				
Family Advocate (Parent Educators) (6)		Act as Parent Educators to provide training to deliver nutrition education presentations and food tastings to other parents, providers, and community members.				

**Budget Justification
October 1, 2011 - September 30, 2012**

Child Development Resources of Ventura County, Inc.
#09-11431

							Total Dollars
B. FRINGE BENEFITS:							\$ 5,770
Fringe benefits are 27% of total salaries: \$21,372 x 27% = \$5,770, and include the following:							
Medical, Dental, Vision, Long-Term Disability, Life, Retirement, Long-Term Care, FICA, SUI, Worker's Comp ins.							
SUBTOTAL:							\$ 5,770
C. OPERATING EXPENSES:							
Space Costs (Rent, Utilities, Telephone) Based on 204.38 sq ft per FTE x .13 FTE's housed at central facilities = approximately 27 sq ft allocated to this Program. Rate per sq ft is \$2.22 x 27 sq ft = \$60							\$ 60
SUBTOTAL:							\$ 60
D. EQUIPMENT EXPENSES:							
SUBTOTAL:							\$ -
E. TRAVEL AND PER DIEM:							
	# Trips	# Days	Per Diem	Lodging	Transportation	Total	
Statewide Conference (3 days) LFNEAC (1 day)				Registration			
2 People - 1 staff and 1 Champion for	1	3	\$240 = \$40/day x 3 days x 2 people	\$726 = \$120/night x 3 nights x 2 people	\$500 = Airfare \$250 x 2 people	\$ 1,466	\$ 1,466
Regional Trainings							
2 Staff	2	2	\$480 = \$40/day x 3 days x 2 trips x 2 people	\$784 = \$98/night x 2 night x 2 trips x 2 people (\$84 =+ tax)	\$444 = \$.555/mile x 200 miles (RT) x 2 trips x 2 people	\$ 1,708	\$ 1,708
Network Sponsored Skill-Based Training							
2 People - 1 staff and 1 Champion for	1	1.5	\$120 = \$40/day x 1.5 days x 2 people	\$392 = \$98/night x 2 night x 2 people (\$84 =+ tax)	\$500 = Airfare \$250 x 2 people	\$ 1,012	\$ 1,012
Network Fiscal Training							
2 People - 1 staff and 1 Champion for Change	1	2	\$160 = \$40/day x 2 days x 2 people	\$392 = \$98/night x 2 night x 2 people (\$84 =+ tax)	\$600 = Airfare \$300 x 2 people	\$ 1,152	\$ 1,152

**Budget Justification
October 1, 2011 - September 30, 2012**

Child Development Resources of Ventura County, Inc.
#09-11431

								Total Dollars
	# Trips	# Days	Per Diem	Lodging	Transportation	Total		
Network Media Training								
2 People - 1 staff and 1 Champion for Change	1	2	\$160 = \$40/day x 2 days x 2 people	\$392 = \$98/night x 2 night x 2 people (\$84 += tax)	\$600 = Airfare \$300 x 2 people	\$ 1,152	\$ 1,152	
Local Food and Nutrition Education Action Committee Meetings (LFNEAC)								
2 People - 1 staff and 1 Champion for	2	1.5	\$120 = \$40/day x 1.5 days x 2 people	\$392 = \$98/night x 2 night x 2 people (\$84 += tax)	\$4453= \$.555/mile x 204 miles (RT) x 2 trips x 2 people	\$ 965	\$ 965	
Network Steering Committee Meetings								
2 People - 1 staff and 1 Champion for	1	1.5	\$120 = \$40/day x 1.5 days x 2 people	\$392 = \$98/night x 2 night x 2 people (\$84 += tax)	\$500 = Airfare \$250 x 2 people	\$ 1,012	\$ 1,012	
SUBTOTAL:							\$ 8,467	
F. SUBCONTRACTORS:								
Nutritionist - Nutrition Educator - (.30 FTE, 12 hours per week x 52 weeks x \$57.00/hour: To provide nutrition education coaching to staff and Champions for Change, integrate Network materials with success stories, recipes, Harvest of the Month, tips for monthly newsletters and informational materials provided to the public; counsel Family Child Care Network providers, Head Start Teachers, School Food Service Personnel, train Head Start staff to provide food sample demonstrations for children and parents, work with Network staff to refine pre-/post-tests, surveys and other evaluation data.							\$ 35,568	
SUBTOTAL:							\$ 35,568	
G. OTHER COSTS:								
I Am Learning/I Am Moving Curricula Kits			\$100 per kit x 19 Head Start Centers to be used as Masters, for training of new staff, and as demonstration materials to be used during peer education and community outreach plus tax and estimated shipping charges \$100 x 19 kits + \$95 shipping = \$1,995			\$ 1,995		
Photocopying Costs			Family Newsletters: Head Start 12 x 1,200 families x 2 pages x .15/copy = \$4,320; Early Head Start 12 x 160 families x 2 pages x .15 = \$576; Family Childcare Network 12 x 160 x 2 pages x .15 = \$576			\$ 5,472		
SUBTOTAL:							\$ 7,467	

Budget Justification
October 1, 2011 - September 30, 2012

Child Development Resources of Ventura County, Inc.
 #09-11431

										Total Dollars				
H. INDIRECT COSTS:														
8% Total Direct Costs \$78,704 x 8% = \$6,296														
includes audit expenses														
										SUBTOTAL:	\$ 6,296			
TOTAL										\$ 398,387	0.8704	3.00%	84.04%	\$ 85,000

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: Collective Roots
Program Area: Local Food and Nutrition Education: Non Profit
Contract Number: 09-11432

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 50 % Female 50 %

Ethnicity:

- African American 10%
- Asian 1%
- Caucasian 1%
- Latino 86%
- Native American _____%
- Pacific Islander 2%
- Other (specify) _____: _____%

Languages:

- | | |
|---|--|
| <input checked="" type="checkbox"/> English <u>75</u> % | <input type="checkbox"/> Khmer (Cambodian) _____% |
| <input checked="" type="checkbox"/> Spanish <u>25</u> % | <input type="checkbox"/> Korean _____% |
| <input type="checkbox"/> Arabic _____% | <input type="checkbox"/> Lao _____% |
| <input type="checkbox"/> Armenian _____% | <input type="checkbox"/> Tagalog _____% |
| <input type="checkbox"/> Russian _____% | <input type="checkbox"/> Vietnamese _____% |
| <input type="checkbox"/> Bosnian _____% | <input type="checkbox"/> Other (specify) _____% |
| <input type="checkbox"/> Cantonese _____% | <input type="checkbox"/> Other (specify) _____: _____% |
| <input type="checkbox"/> Farsi _____% | <input type="checkbox"/> Mandarin _____% |
| <input type="checkbox"/> Hmong _____% | |

Ages:

- Under 5 years old
- 5 to 8 5%
- 9 to 11 35%
- 12 to 17 10%
- 18 to 59 40%
- 60 years old and over 10%

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

- See attached Census Tract data sheet*
- See attached Free/Reduced Price Meal % data sheet*
- Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

<input type="checkbox"/> CalFresh Offices _____%	<input type="checkbox"/> Shelters/Temporary Housing _____%
<input type="checkbox"/> Food Banks _____%	<input type="checkbox"/> Soup Kitchens _____%
<input checked="" type="checkbox"/> Food Pantries <u>30%</u>	<input type="checkbox"/> TANF Job Readiness Program _____%
<input type="checkbox"/> Public Housing _____%	<input type="checkbox"/> WIC Offices _____%

d. Project Description.

Key Methods:

Advisory Council/Task Force (specify): _____

Internet/Web Sites-website address: www.collectiveroots.org

Print Media

Radio: _____

TV: _____

Nutrition Education Classes: (64 occurrences at 1 hour(s) each)

Community Education Events: (_____ occurrences at _____ hour(s) each)

Training/Workshop/Conference: (_____ occurrences at _____ hour(s) each)

Point of Purchase: (_____ occurrences at _____ hour(s) each)

Other (specify) Cooking Matters: (42 occurrences at 2 hour(s) each)

Key Educational Messages:

<input checked="" type="checkbox"/> Fruits & Vegetables	<input checked="" type="checkbox"/> Lean Meat and Beans
<input checked="" type="checkbox"/> Physical Activity	<input checked="" type="checkbox"/> Limit Added Sugars or Caloric Sweeteners
<input checked="" type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources)	<input checked="" type="checkbox"/> MyPyramid – Healthy Eating Plan
<input checked="" type="checkbox"/> Fats and Oils	<input checked="" type="checkbox"/> Promote Healthy Weight
<input checked="" type="checkbox"/> Fiber-Rich Foods	<input checked="" type="checkbox"/> Sodium and Potassium
<input checked="" type="checkbox"/> Food Safety	<input checked="" type="checkbox"/> Whole Grains
<input checked="" type="checkbox"/> Food Shopping/Preparation	<input type="checkbox"/> Other (Specify): _____

SNAP-Ed Delivery Sites by Type of

Setting:

_____ Adult Education & Job Training Sites

_____ Adult Rehabilitation Centers

_____ CalFresh Offices

_____ Churches

_____ Community Centers

_____ Elderly Service Centers

7 Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens)

_____ Extension Offices

_____ Farmers Markets

_____ Food Stores

_____ Head Start Programs

_____ Individual Homes

_____ Libraries

_____ Other Youth Education Sites (includes Parks and Recreation)

_____ Public/Community Health Centers (includes Public Health Departments)

_____ Public Housing

4 (of the 13) Schools – students (Preschool)

13 Schools – students (K-12)

13 Schools – students (Afterschool Program)

13 Schools – Parents

_____ Shelters/Temporary Housing

_____ WIC Programs

_____ Worksites

Other (specify): _____

Other (specify): _____

Other (specify): _____

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 450

Narrative (max. 200 words)

Collective Roots is working to fill the gap in nutrition education in our community by providing "Fresh Fest" a series of cooking classes and nutrition education as well as "Cooking Matters" six-week series of cooking classes for parents and students. Fresh Fest is a five week series that get students excited about healthy eating and engages them with interactive lessons. At the end of the series, students have learned basic cooking skills, have tried a variety of new fruits and vegetables and it is our hope that they will go on to make healthier choices because of it. We are also offering a six week series of cooking classes to parents. The idea behind this was to offer the parents a similar opportunity to learn about nutrition, basic cooking skills and how to cook healthy on a budget so that the ideas that the students are learning are then reinforced at home.

e. Summary of Research.

See Section A, pages 2-5.

f. Modification of Project Methods/Strategies.

- | | |
|--|--|
| <input type="checkbox"/> We have not modified our methods/strategies | <input type="checkbox"/> Changing audience participation |
| <input type="checkbox"/> Improving cultural relevancy | <input checked="" type="checkbox"/> Adding new partners |
| <input checked="" type="checkbox"/> Enhancing/updating existing strategies | <input type="checkbox"/> Other (specify): _____ |
| <input checked="" type="checkbox"/> Utilizing research/program tool | <input type="checkbox"/> Other (specify): _____ |

All modifications are approved by the Network.

g. Use of Existing Educational Materials.

See attached Existing Educational Materials/Curricula data sheet.

h. Development of New Educational Materials.

All new educational materials must be listed on the attached New Materials Development data sheet.

i. Key Performance Measures/Indicators. (max. 100 words)

By September 30, 2012 a minimum of 500 parents and students will participate in Fresh Fest as tracked by sign-in sheets. The Impact Objective: By September 30, 2012, 50% of student's participating in the Collective Roots Fresh Fest program will report increased knowledge about healthy food choices as measured by pre and post tests, and will report a 10% increase in consumption of fruits and vegetables as measure by personal, family, and school based surveys.

3. EVALUATION PLANS

All contractors participate in process evaluation per their Scope of Work activities. Contractors who receive Federal Share >\$350,000 must participate in impact evaluation. Impact evaluation measures the effectiveness of an intervention by assessing behavior change or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.

4. COORDINATION EFFORTS (MAX. 100 WORDS) FRESH FEST CURRICULUM WAS BUILT FROM CDPH RECOMMENDED CURRICULA AND APPROVED BY OUR PROGRAM MANAGER. COLLECTIVE ROOTS IS

WORKING CLOSELY WITH PARTNERS IN OUR COMMUNITY INCLUDING RAVENSWOOD CITY SCHOOL DISTRICT, FRESH APPROACH, JOB TRAIN AND RAVENSWOOD FAMILY HEALTH CLINIC.

**Census Tract Data Sheet (include public schools that serve parents/caregivers) In delivery sites
you list food pantries as well as food banks – which sites listed below are the food pantries?**

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Food Pantry	Job Train	1200 Obrien Drive	Menlo Park	94025-1413	06081611800			Proxy
Food Pantry	Nuestra Casa	1798 Bay Road,	East Palo Alto	94303	06081611900			Proxy
Food Pantry	El Concilio	1798 Bay Road,	East Palo Alto	94303	06081611900			Proxy
Food Pantry	Ecumenical Hunger Program	2411 Pulgas Avenue	East Palo Alto	94303	06081611900			Proxy
Food Pantry	One East Palo Alto	1798 Bay Road	East Palo Alto	94303	06081611900			Proxy
Food Pantry	Job Train 1200 Obrien Drive Menlo Park, CA 94025-1413	1200 Obrien Drive	Menlo Park	94025	06081611800			Proxy
Food Pantry	Nuestra Casa 1798 Bay Road, East Palo Alto, CA 94303	1798 Bay Road,	East Palo Alto	94303	06081611900			Proxy

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Free/Reduced Price Meal Percentage Data Sheet (for Preschool and K-12 grade audience)

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code*</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Fair Oaks Elementary School PS	Redwood City Elementary	41690056044457	76.70	15.88	92.58

LOCAL PROJECT SYNOPSIS

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code*</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Fair Oaks Elementary School A	Redwood City Elementary	41690056044457	76.70	15.88	92.58
Fair Oaks Elementary School P	Redwood City Elementary	41690056044457	76.70	15.88	92.58
Fair Oaks Elementary School S	Redwood City Elementary	41690056044457	76.70	15.88	92.58
East Palo Alto Phoenix Academy P	Ravenswood City Elementary	41690620118232	76.00	14.00	90.00
East Palo Alto Phoenix Academy S	Ravenswood City Elementary	41690620118232	76.00	14.00	90.00
East Palo Alto Phoenix Academy A	Ravenswood City Elementary	41690620118232	76.00	14.00	90.00
Stanford New School S	Ravenswood City Elementary	41689990109561	87.40	4.10	91.50
Stanford New School A	Ravenswood City Elementary	41689990109561	87.40	4.10	91.50
Stanford New School P	Ravenswood City Elementary	41689990109561	87.40	4.10	91.50
Cesar Chavez S	Ravenswood City Elementary	41689996044366	82.00	10.00	92.00
Cesar Chavez A	Ravenswood City Elementary	41689996044366	82.00	10.00	92.00
Cesar Chavez P	Ravenswood City Elementary	41689996044366	82.00	10.00	92.00

LOCAL PROJECT SYNOPSIS

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code*</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Edison/ Brentwood Academy S	Edison/ Brentwood Academy	41689996044333	86.00	11.00	97.00
Edison/ Brentwood Academy A	Edison/ Brentwood Academy	41689996044333	86.00	11.00	97.00
Edison/ Brentwood Academy P	Edison/ Brentwood Academy	41689996044333	86.00	11.00	97.00
Green Oaks S	Ravenswood City Elementary	41689996044341	86.00	7.00	93.00
Green Oaks A	Ravenswood City Elementary	41689996044341	86.00	7.00	93.00
Green Oaks P	Ravenswood City Elementary	41689996044341	86.00	7.00	93.00
Belle Haven Elementary S	Ravenswood City Elementary	41689996044309	83.00	8.00	91.00
Belle Haven Elementary PS	Ravenswood City Elementary	41689996044309	83.00	8.00	91.00
Belle Haven Elementary A	Ravenswood City Elementary	41689996044309	83.00	8.00	91.00
Belle Haven Elementary P	Ravenswood City Elementary	41689996044309	83.00	8.00	91.00
James Flood Magnet School S	Ravenswood City Elementary	41689996044358	70.00	15.00	85.00
James Flood Magnet School PS	Ravenswood City Elementary	41689996044358	70.00	15.00	85.00
James Flood Magnet School A	Ravenswood City Elementary	41689996044358	70.00	15.00	85.00
James Flood Magnet School P	Ravenswood City Elementary	41689996044358	70.00	15.00	85.00
Ronald McNair Academy S	Ravenswood City Elementary	41689996044317	79.00	7.85	86.85

LOCAL PROJECT SYNOPSIS

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code*</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Ronald McNair Academy A	Ravenswood City Elementary	41689996044317	79.00	7.85	86.85
Ronald McNair Academy P	Ravenswood City Elementary	41689996044317	79.00	7.85	86.85
Willow Oaks S	Ravenswood City Elementary	41689996044416	83.00	7.00	90.00
Willow Oaks PS	Ravenswood City Elementary	41689996044416	83.00	7.00	90.00
Willow Oaks A	Ravenswood City Elementary	41689996044416	83.00	7.00	90.00
Willow Oaks P	Ravenswood City Elementary	41689996044416	83.00	7.00	90.00
East Palo Alto Charter School S	Ravenswood City Elementary	41689996114953	80.95	12.38	93.33
East Palo Alto Charter School A	Ravenswood City Elementary	41689996114953	80.95	12.38	93.33
East Palo Alto Charter School P	Ravenswood City Elementary	41689996114953	80.95	12.38	93.33
Forty-Niners Academy S	Ravenswood City Elementary	41689996114045	65.00	6.00	71.00
Forty-Niners Academy A	Ravenswood City Elementary	41689996114045	65.00	6.00	71.00
Forty-Niners Academy P	Ravenswood City Elementary	41689996114045	65.00	6.00	71.00
Costano Elementary School S	Ravenswood City Elementary	41689996044325	83.62	10.06	92.68
Costano Elementary School A	Ravenswood City Elementary	41689996044325	83.62	10.06	92.68
Costano Elementary School P	Ravenswood City Elementary	41689996044325	83.62	10.06	92.68

* List K-12 School, Preschool and After School separately even if it is the same site.

*After each school name indicate all that apply with the following abbreviations: K-12 School (S), Preschool (PS), After School (A) & Parents (P)

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
<i>Network</i>	Fruit, Vegetable, and Physical Activity Toolbox	<p>The Toolbox Kit and this companion Web site were created so that you and other community educators can easily teach low-income adults about eating the recommended amount of fruits and vegetables and enjoying physical activity every day. Each item in the Toolbox was tested with the target community to make sure it is culturally appropriate.</p> <p>The Toolbox Web site contains lessons with supporting handouts, resources, and evaluation tools while the Toolbox Kit provides all information available from the Web site as well as two educational videos, five decks of fruit, vegetable, and physical activity playing cards, a music CD, poster, and produce guide. Nutrition Education Curriculum</p>	English/Spanish
<i>Network</i>	Harvest of the Month Guide, monthly elements, produce lists	<p>Harvest of the Month provides materials and resources to support healthy food choices through increased access and consumption of fruits and vegetables as well as encourage daily physical activity. It uniquely supports core curricular areas through exploration and study. Harvest of the Month presents a strategic opportunity to bring together the classroom, cafeteria, home and community to promote a common goal and healthier habits for students, especially those in low resource schools</p>	English/Spanish

LOCAL PROJECT SYNOPSIS

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Share Our Strength (Formerly Operation Frontline)	Cooking Matters	With the help of volunteer culinary and nutrition experts, Cooking Matters course participants learn how to select nutritious and low-cost ingredients and prepare them in ways that provide the best nourishment possible to their families.	English
Network for a Healthy California	Discover the Secret to Healthy Living	The California 5 a Day—For Better Health! Campaign is administered in part by the Public Health Institute. It is led by the California Department of Health Services in cooperation with the National 5 A Day Partnership Discover The Secret To Healthy Living Did you know that eating 5 to 9 servings of fruits and vegetables and enjoying physical activity every day are the most important lifestyle choices you can make? A few simple changes can fuel your body and help you maintain better health for years to come. Nutrition Education Curriculum	English/Spanish

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
USDA	Eat Smart, Play Hard: activity sheets, stickers and sticker books	The Eat Smart. Play Hard.™ Campaign was launched by USDA's Food and Nutrition Service (FNS) to encourage and teach children, parents, and caregivers to eat healthy and be physically active every day. Eat Smart. Play Hard.™ offers resources and tools to convey and reinforce healthy eating and lifestyle behaviors that are consistent with the Dietary Guidelines for Americans and the MyPyramid Food Guidance System. Eat Smart. Play Hard.™ is about making America's children healthier. It's about practical suggestions that will help you motivate children and their caregivers to eat healthy and be active. Eat Smart. Play Hard.™ Campaign messages and materials are fun for children and informative for caregivers. Nutrition Education Curriculum	English/Spanish
The Growing Classroom	Processed or Not?, Campaign for better breakfast, Burn out, On your mark, get set, breakfast! , I Eat the Sun, Your are what you eat, This little lettuce went to market, Stem Root Leaf or Fruit	A wonderful collection of classic garden activities, The Growing Classroom is a teacher's manual featuring step-by-step instructions and strategies for setting up a garden-based science program and outdoor classroom activities. Topics include planning a garden laboratory, facilitating investigative lessons on ecology and nutrition, and involving the community. Includes an expanded gardening resource section. This curriculum is a teacher and NGA staff favorite! 464 pages; gr 2-6.	English

LOCAL PROJECT SYNOPSIS

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Nutrition to Grow On	Fresh Fruit or Vegetable Ad Campaign, Finding Your Pulse	An innovative curriculum for grades four through six that offers teachers a direct link between the garden and nutrition education. Nine lessons are designed to teach children and their families about nutrition by relating each lesson to a garden activity. The curriculum uses the garden to integrate disciplines, including science, mathematics, language arts, history, environmental studies, nutrition, and health, while reinforcing some of the California academic content standards. School gardens are wonderful sources of food and beauty and outlets for physical activity; they can also help students discover fresh food and learn to make healthier food choices. Nutrition to Grow On taps into these instructional gardens to cultivate the students' talents and skills while enriching their capacities for observation and thinking.	English
USDA	MyPyramid	One size doesn't fit all. Try out our interactive tools to get a personalized eating plan, or to plan and assess your food and physical activity choices based on the Dietary Guidelines for Americans.	English

**BUDGET COVER SHEET
FFY 2012**

Organization: Collective Roots				
Contract Number: 09-11432				
Federal Share Budget	FFY 2011	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 49,300	\$ 49,300	\$ -	0.00%
Fringe Benefits	\$ 12,325	\$ 12,325	\$ -	0.00%
Operating Expenses	\$ 1,225	\$ 1,400	\$ 175	14.28%
Equipment	\$ 1,351	\$ 480	\$ (871)	26.00%
Travel and Per Diem	\$ 3,159	\$ 2,853	\$ (306)	6.11%
Subcontractors	\$ 12,920	\$ 12,920	\$ -	0.00%
Other Expenses	\$ 1,045	\$ 1,623	\$ 578	-61.72%
Indirect Cost Rate	\$ 3,451	\$ 3,451	\$ -	0.00%
			\$ -	
Total Federal Share	\$ 84,776	\$ 84,352	\$ (424)	-15.33%
<p>If the total federal share percentage difference is greater than 5%, please provide an explanation. If the total percentage difference is greater than 5%, consult your Contract Manager.</p>				
<p>Operating Expenses: Office and internet expenses increased.</p>				
<p>Equipment costs reduced - small appliances were placed under Other Costs.</p>				
<p>Travel increased due to increase of miles to sites. Travel reduced-adjusted based on FTE of staff.</p>				
<p>Other Expenses increased due to small appliances being placed under this line item.</p>				

**BUDGET JUSTIFICATION FFY 2012
October 1, 2011 - September 30, 2012**

Collective Roots
#09-11432

A PERSONNEL SALARIES:													
1. Name and Position Title							2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars		
FEDERAL SHARE POSITIONS													
1.	Name:	Kris Jensen											
	Title:	Chief Executive Officer (Executive Director)					\$ 80,000	0.035	3.50%	0%	\$ 2,800		
2.	Name:	Anne Evans de Leon											
	Title:	Nutritionist (2a) / Project Coordinator (2b) (Project Coordinator / Nutrition Educator)					\$ 50,000	0.500	0%	50%	\$ 25,000		
3.	Name:	Eron Sandler											
	Title:	Health Educator (Garden Educator & Manager)					\$ 50,000	0.200	0%	20%	\$ 10,000		
4.	Name:	Nicole Wires											
	Title:	Health Educator (Food System Change Coordinator)					\$ 50,000	0.200	0%	20%	\$ 10,000		
5.	Name:	Sheila Vreeburg											
	Title:	Contract Manager (Bookkeeper-Office Manager)					\$ 30,000	0.050	5%	0%	\$ 1,500		
SUBTOTAL:						\$ 260,000	0.985	8.50%	90%	\$ 49,300			
1	Chief Executive Officer	Provides overall guidance for the operations, personnel, and fiscal responsibilities required by the nutrition project.											
2a	Project Coordinator	Coordinate program staff and nutrition education activities; plan and follow through on outreach and educational events at health fairs, schools, and other promotional activities; work with schools, churches, farm worker organizations, and community organizations in planning and promoting good health through dissemination of nutrition education materials; actively acquire and develop culturally and linguistically competent nutrition curriculum and educational materials; to promote existing and/or to develop new physical activity promotional components of nutrition education; and expand our existing community outreach program to encompass nutritional components to increase community awareness and knowledge of good nutrition and healthy active lifestyles.											
2b	Nutritionist	Provides nutrition education to the SNAP eligible population. Specific duties include: one-on-one general nutrition education delivery of general nutrition education in a classroom or group setting, staffing health fairs and other community or promotional events where nutrition education messages are delivered, distribution of linguistically and culturally appropriate nutrition education materials, documentation of educational and other encounters, assisting with writing project reports and preparation of quarterly reports, maintaining program reporting and tracking systems.											
3	Health Educator Position & #4	Develop materials and facilitate health education in both group and individual settings. Teaches general nutrition, the importance of fruits and vegetables, and health benefits of proper nutrition and physical activity.											
5	Contract Manager	Manages the nutrition education contract including budgets, invoices, local share documentation reports, time studies, fiscal reporting and adherence to funding requirements. Prepares Budget Adjustment Requests (BAR) as necessary.											
											Federal Share Total Dollars		
B. Fringe Benefits													
Federal Share:												\$ 12,325	
Includes payroll taxes and medical/dental benefits at 25% of salaries (\$49,300)													
SUBTOTAL:											\$	12,325	

**BUDGET JUSTIFICATION FFY 2012
October 1, 2011 - September 30, 2012**

**Collective Roots
#09-11432**

											Federal Share Total Dollars
C. OPERATING EXPENSES:											
Federal Share:											
	Office Related Expenses			Pro-Rated 20% or less	(Percentage of Staff FTE associated with this project)						
		Telecommunications		\$525	Telephone (office) and Internet Access approx 19.44% of \$3600						\$ 700
		Printing & Copying		\$ 400	8,000 copies @ .05 cents per page						\$ 400
		Memberships		\$ 200	School Nutrition Association, American Public Health Association (20% of \$1,000 Total membership)						\$ 200
		Rent		\$ 100	Most of our rent is in-kind / this is space use fee						\$ 100
										SUBTOTAL:	\$ 1,400
D. EQUIPMENT EXPENSES:											
Federal Share:											
				<u>Staff assigned to:</u>	<u>Description</u>						
		Mobile Food Demonstration Cart		Anne Evans de Leon	Mobile nutrition education display for nutrition education activities						\$ 480
										SUBTOTAL:	\$ 480
E. TRAVEL AND PER DIEM:											
Federal Share:											
Prior to attending any non-Network sponsored trainings, including those in the budget justification, contractor will submit a Non-Network Sponsored Travel Request form to the Contract and Program Managers for approval.											
	Type:	# of Staff	Total Miles	Mileage cost @ \$.555 mile	Per Diem	Reg. Fees	Lodging				
	Annual Network Conference (2 days)										
		3		\$173	\$240		\$365				\$ 759
	Staff Member: Project Coordinator:										
			Miles: 302 (SHARED)								
			Per Diem 2 x \$40 = \$80								
	-Staff Member: Administrator:										
			Miles: 302 (SHARED)								
			Per Diem 2 x \$40 = \$80								
	-Staff Member: Health Educator:										
			Miles: 302 (SHARED)								
			Per Diem 2 x \$40 = \$80								

BUDGET JUSTIFICATION FFY 2012
October 1, 2011 - September 30, 2012

Collective Roots
#09-11432

Type	# of Staff	Total Miles	Mileage cost @ \$555 mile	Per Diem	Reg. Fees	Lodging	Federal Share Total Dollars
Mandatory LFNEAC Meetings (meeting is in conjunction with the Annual Conference)							
	3	102	\$170	\$120			\$ 690
Staff Member: Project Coordinator:							
	Miles:	102	(Shared)			1 meeting in conjunction with Annual Network Conference - driving together	
						1 meeting in Northern CA - driving together	
	Per Diem	1 x \$40 = \$40				1 meeting in Southern CA - 2 flying	
Staff Member: Administrator:							
	Miles:	102	(Shared)				
	Per Diem	1 x \$40 = \$40					
Staff Member: Health Educator:							
	Miles:	102	(Shared)				
	Reg Fee						
	Per Diem	1 x \$40 = \$40					
Regional Collaborative Meetings							
	1		\$ 209				\$ 209
Staff Member: Project Coordinator: ~47 Miles x 8 trips = 376							
Mileage for SOW Activities Travel to sites where ROOTSNFRUITS and EAT FRESH programs are conducted.							
	2	1159	\$643				\$ 643
	Project Coordinator	~670 miles					
	Health Educators	~489 miles					
Three Network Sponsored Skill Trainings (1 day each)							
	2	305	\$169		\$160	\$40 carpool	\$ 369
-Staff Member: Project Coordinator							
	Miles:	305	*carpool				
	Reg Fee	\$60	*3 x \$20				
-Staff Member: Health Educator							
	Reg Fee	\$60	*3 x \$20				
School Wellness Conference (not yet scheduled)							
	2	92	\$51	\$120	\$170		
-Staff Member: Project Coordinator \$341 x 50% FTE = \$171							
	Miles:	92					
	Reg Fee	\$170					
	Per Diem	\$120	*3days x \$40				
-Staff Member: Administrator: \$341 x 3.5% FTE = \$12							
	Reg Fee	\$170	Miles 92				
	Per Diem	\$120	*3days x \$40				
SUBTOTAL:							\$ 2,853

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: Healthy Playgroup Healthy You
Program Area: Local Food and Nutrition Education: Non-Profit
Contract Number: 11-10157

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 49.5% Female 50.5%

Ethnicity:

African American 2%
 Asian 2%
 Caucasian 56.5%
 Latino 18.6%
 Native American 16.1%
 Multiracial 3.3%
 Other: 1.5%

Languages:

<input checked="" type="checkbox"/> English	<u>100%</u>	<input type="checkbox"/> Korean	%
<input type="checkbox"/> Spanish	%	<input type="checkbox"/> Lao	%
<input type="checkbox"/> Arabic	%	<input type="checkbox"/> Tagalog	%
<input type="checkbox"/> Armenian	%	<input type="checkbox"/> Vietnamese	%
<input type="checkbox"/> Russian	%	<input type="checkbox"/> Other (specify)	
<input type="checkbox"/> Bosnian	%	<input type="checkbox"/> Other (specify)	:
<input type="checkbox"/> Cantonese	%		%
<input type="checkbox"/> Farsi	%	<input type="checkbox"/> Mandarin	%
<input type="checkbox"/> Hmong	%		
<input type="checkbox"/> Khmer (Cambodian)	%		

Ages:

Under 5 years old 57%
 5 to 8 %
 9 to 11 %
 12 to 17 %
 18 to 59 43%
 60 years old and over %

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

See attached Census Tract data sheet

- See attached Free/Reduced Price Meal % data sheet
- Other (Specify): (% equal to or less than 185% FPL)
- Other (Specify): (% equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | | | |
|---|------------|---|---|
| <input type="checkbox"/> CalFresh Offices | % | <input type="checkbox"/> Shelters/Temporary Housing | % |
| <input type="checkbox"/> Food Banks | % | <input type="checkbox"/> Soup Kitchens | % |
| <input type="checkbox"/> Food Pantries | % | <input type="checkbox"/> TANF Job Readiness Program | % |
| <input type="checkbox"/> Public Housing | % | <input type="checkbox"/> WIC Offices | % |
| <input checked="" type="checkbox"/> HeadStart | <u>25%</u> | | |

d. Project Description.

Key Methods:

- Advisory Council/Task Force (specify):
- Internet/Web Sites-website address:
- Print Media
- Radio:
- TV:
- Nutrition Education Classes: (80 occurrences at .30 minute(s) each)
- Community Education Events: (occurrences at hour(s) each)
- Training/Workshop/Conference: (5 occurrences at 1hour(s) each)
- Point of Purchase: (occurrences at hour(s) each)
- Other (specify) educational tours of farms, farmers' markets, and grocery stores:
(9 occurrences at 1.5hour(s) each)

Key Educational Messages:

- | | |
|--|---|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input checked="" type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |
| <input checked="" type="checkbox"/> Physical Activity | <input checked="" type="checkbox"/> MyPyramid – Healthy Eating Plan |
| <input type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input checked="" type="checkbox"/> Promote Healthy Weight |
| <input type="checkbox"/> Fats and Oils | <input type="checkbox"/> Sodium and Potassium |
| <input type="checkbox"/> Fiber-Rich Foods | <input type="checkbox"/> Whole Grains |
| <input type="checkbox"/> Food Safety | <input checked="" type="checkbox"/> Other (Specify): <u>produce storage/selection</u> |
| <input checked="" type="checkbox"/> Food Shopping/Preparation | |
| <input type="checkbox"/> Lean Meat and Beans | |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|--|---|
| Adult Education & Job Training Sites | Banks, Food Pantries, and Soup Kitchens) |
| Adult Rehabilitation Centers | Extension Offices |
| CalFresh Offices | Farmers Markets |
| 1 Churches | Food Stores |
| 3 Community Centers | 2 Head Start Programs |
| Elderly Service Centers | Individual Homes |
| Emergency Food Assistance Sites (includes Food | Libraries |
| | Other Youth Education Sites (includes Parks and Recreation) |

Public/Community Health Centers
(includes Public Health Departments)

Shelters/Temporary Housing
WIC Programs

Public Housing

___ Worksites

Schools – students (Preschool)

Other (specify):

2 Schools – students (K-12)

Other (specify):

Schools – students (Afterschool
Program)

Other (specify):

Schools – Parents

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 1,350

Narrative (max. 200 words)

CAFF will conduct nutrition education with SNAP-Ed parents, children age zero to five, and staff at eight qualifying playgroup sites throughout Humboldt county. The program will operate within the existing First 5 playgroup structure and will utilize a key partnership with Humboldt County Office of Education’s (HCOE) Harvest of the Month to reach our goal of increased fruit and vegetable consumption among SNAP-Ed young children and their parents attending First 5 playgroups. Since children’s eating patterns become established during early childhood, educating parents about good nutrition can help establish healthy eating behaviors and prevent diet related disease later in life. Our intervention will include initial pre-surveys with staff and parents and build from there. We will conduct the Harvest of the Month program with children and their parents monthly at the playgroups and will disseminate accompanying nutrition resources. We will conduct biannual trainings with playgroup staff to increase their knowledge and capacity to positively influence families. Lastly, we will offer additional hands-on nutrition education opportunities through annual tours of farms, farmers' markets, and grocery stores. We foresee potential and probable program replication in other First 5 programs throughout the state.

e. Summary of Research.

See Section A, pages 2-5.

f. Modification of Project Methods/Strategies.

- | | |
|---|--|
| <input checked="" type="checkbox"/> We have not modified our methods/strategies | <input type="checkbox"/> Changing audience participation |
| <input type="checkbox"/> Improving cultural relevancy | <input type="checkbox"/> Adding new partners |
| <input type="checkbox"/> Enhancing/updating existing strategies | <input type="checkbox"/> Other (specify): |
| <input type="checkbox"/> Utilizing research/program tool | <input type="checkbox"/> Other (specify): |

All modifications are approved by the Network.

g. Use of Existing Educational Materials.

See attached Existing Educational Materials/Curricula data sheet.

h. Development of New Educational Materials.

All new educational materials must be listed on the attached New Materials Development data sheet.

i. **Key Performance Measures/Indicators.** (*max. 100 words*)

Pre/post surveys will identify base line information and steer the intervention showing a statistically significant increase in family fruit and vegetable consumption and/or in one or more factors related to fruit and vegetable consumption including knowledge, preference, awareness, self-efficacy, and skills.

Staff will attend biannual trainings demonstrating an increase in knowledge, self - efficacy, and social networks.

Children have increased knowledge, exposure, and consumption of fruits and vegetables through participation the Harvest of the Month program.

Ongoing Process Measures include: sign-in sheets, agendas, photos, material disseminaton, and verbal testimonials.

3. Evaluation Plans

All contractors participate in process evaluation per their Scope of Work activities.

Contractors who receive Federal Share >\$350,000 must participate in impact evaluation.

Impact evaluation measures the effectiveness of an intervention by assessing behavior change or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.

4. Coordination Efforts (max. 100 words)

CAFF will work collaboratively to implement our project building on past relationship with Humboldt's Office of Education and new partnership with First 5. Utilizing existing programs to implement our intervention, we will extend multi-organizational reach and help increase capacity by working together. Additionally, we will implement First 5's strategic plan and best practices. Combined evaluation will measure larger impact. Finally, we will be contributing to county efforts to combat obesity in the snap-ed population.

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Community Center	D Street Neighborhood Center	1301 D Street	Arcata	95521	06023001000	All Races	55%	
Church	Arcata United Methodist Church Tiny Tots Playgroup	1761 11th Street	Arcata	95521	06023001100	All Races	50.1%	
Community Center	Adorni Center	1011 Waterfront Drive	Eureka	95501	06023000500	All Races	50.7%	
Head Start	Fortuna Head Start	2142 Smith Lane	Fortuna	95540	06023010900	All Races	40%	proxy
School	Hoopa High Child Development Center	11400 State Hwy 96	Hoopa	95546	06023010101	All Races	53.3%	
School	Orleans Elementary	5 Loop Rd	Hoopa	95556	06023010101	All Races	53.3%	
Community Center	Manila Community Center	1629 Peninsula Drive	Manila	95521	06023001100	All Races	50.1%	
Head Start	Humboldt Rio Dell Head Start	95 Center Street,	Rio Dell	95562	06023011100	All Races	50.1%	proxy

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Free/Reduced Price Meal Percentage Data Sheet

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
			%	%	%
			%	%	%
			%	%	%
			%	%	%
			%	%	%
			%	%	%
			%	%	%

*After each school name indicate all that apply with the following abbreviations: K-12 School (S), Preschool (PS), After School (A) & Parents (P)

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Harvest of the Month	Monthly Parent and Educator Newsletters	Materials designed to motivate and empower students to increase consumption and enjoyment of a variety of colorful fruits and vegetables and to engage in physical activity every day.	English
Harvest of the Month	Monthly Parent and Educator Newsletters	Materials designed to motivate and empower students to increase consumption and enjoyment of a variety of colorful fruits and vegetables and to engage in physical activity every day.	Spanish
CDPH - Network	PowerPlay!	Materials designed to motivate and empower California's 9- to 11-year-old children to eat 3 to 5 cups of fruits and vegetables and get at least 60 minutes of physical activity every day.	English
CDPH – Network	Latino Campaign	Materials designed to empower low-income Latino adults and their families to consume the recommended amount of fruits and vegetables and enjoy physical activity every day.	Spanish
USDA	MyPyramid	Materials designed to improve the nutrition and well-being of Americans.	English
USDA	Dietary guidelines	Provides evidence-based nutrition information and advice for people age 2 and older.	English

New Materials Development Data Sheet

<i>Title</i>	<i>Description</i>	<i>Justification</i>

**BUDGET COVER SHEET
FFY 2012**

Organization: Community Alliance with Family Farmers (CAFF)			
Contract Number: 11-10157			
Federal Share Budget	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 46,656	N/A	N/A
Fringe Benefits	\$ 11,664	N/A	N/A
Operating Expenses	\$ 5,480	N/A	N/A
Equipment	\$ 740	N/A	N/A
Travel and Per Diem	\$ 5,993	N/A	N/A
Subcontractors	\$ 3,629	N/A	N/A
Other Expenses	\$ 3,840	N/A	N/A
Indirect Cost Rate	\$ 6,998	N/A	N/A
Total Federal Share	\$ 85,000		
If the total federal share percentage difference is greater than 5%, please provide an explanation. If the total percentage is greater than 5%, consult your contract manager.			

BUDGET JUSTIFICATION
October 1, 2011 through September 30, 2012

Community Alliance with Family Farmers
#11-10157

A PERSONNEL SALARIES:							
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery	6. Federal Share Total Dollars	
FEDERAL SHARE POSITIONS							
1.	Name: Michelle Wyler Title: Project Coordinator (Regional Manager)	\$ 41,600	0.8000	19.00%	61.00%	\$ 33,280	
2.	Name: Diane Del Signore Title: Chief Executive Officer (Executive Director)	\$ 72,000	0.0200	2.00%	0.00%	\$ 1,440	
3.	Name: Megan Sabato Title: Contract Manager (Development and Communications Coordinator)	\$ 40,000	0.0475	4.75%	0.00%	\$ 1,900	
4.	Name: Joan Quinlan Title: Finance Analyst (Chief Financial Officer)	\$ 65,000	0.0300	3.00%	0.00%	\$ 1,950	
5.	Name: Erin Derden Little Title: Nutrition Educator (Farm to School Coordinator)	\$ 36,920	0.0500	1.00%	4.00%	\$ 1,846	
6.	Name: To be filled Title: Administrative Coordinator	\$ 6,240	1.0000	80.00%	20.00%	\$ 6,240	
SUBTOTAL:		\$ 261,760	1.9475	109.75%	85.00%	\$ 46,656	
POSITION DESCRIPTIONS:							
Accountant/Finance Analyst		Serves as internal auditor and controller. Assists with processing purchase orders, invoices, preparation of vouchers for payment as related to the Network program, as well as monitoring the budgets.					
Administrative Coordinator		Provides administrative and office support for the project staff and is responsible for the reporting requirements.					
Chief Executive Officer		Provides overall guidance for the operations, personnel, and fiscal responsibilities required by the nutrition project.					
Contract Manager		Manages the nutrition education contract including budgets, invoices, local share documentation reports, time studies, fiscal reporting and adherence to funding requirements. Prepares Budget Adjustment Requests (BAR) as necessary.					
Nutritionist/Nutrition Educator/Nutrition Aide		Provides nutrition education to the SNAP-Ed eligible population. Specific duties include: one-on-one general nutrition education, delivery of general nutrition education in a classroom or group setting, staffing health fairs and other community or promotional events where nutrition education messages are delivered, distribution of linguistically and culturally appropriate nutrition education materials, documentation of educational and other encounters, assisting with writing project reports and preparation of quarterly reports, maintaining program reporting and tracking systems.					
Project Coordinator		Coordinate program staff and nutrition education activities; plan and follow through on outreach and educational events at health fairs, schools, and other promotional activities; work with schools, churches, farm worker organizations, and community organizations in planning and promoting good health through dissemination of nutrition education materials; actively acquire and develop culturally and linguistically competent nutrition curriculum and educational materials; to promote existing and/or to develop new physical activity promotional components of nutrition education; and expand our existing community outreach program to encompass nutritional components to increase community awareness and knowledge of good nutrition and healthy active lifestyles.					
						Federal Share Total Dollars	
B. FRINGE BENEFITS:							
Federal Share:							\$ 11,664
Includes payroll taxes and medical/dental/vision benefits at 25% of salaries (\$46,656 x approx 25%)							

BUDGET JUSTIFICATION
October 1, 2011 through September 30, 2012

Community Alliance with Family Farmers
 #11-10157

							Federal Share Total Dollars
C. OPERATING EXPENSES:							
Federal Share:							
	Office supplies and postage \$400/year (based on historic use for projects of similar size and scope). Copies and printing \$200. Annual field rent space for 300 sq ft space \$3,600. (\$3,600/12=\$300/300 sq. ft. = \$1.00 per sq. ft.) Communication materials/tools to advance nutrition education awareness among target population \$500. Phone at \$65/month for landline/internet for 12 months = \$780.						\$ 5,480
SUBTOTAL:							\$ 5,480
D. EQUIPMENT EXPENSES:							
Federal Share:							
	Desktop computer: Dell Optiplex 780 Minitower – Intel Dual Core \$750 prorated at 80%=\$600 (Project Coordinator)						600
	Digital camera for program documentation: Canon Powershot \$140 will be used by project coordinator to record events and activities.						140
SUBTOTAL:							\$ 740
E. TRAVEL AND PER DIEM:							
Federal Share:							
Staff: Project Coordinator	# Trips	# Days	Per Diem	Lodging	Airfare	Mileage	
Meeting							
Network Conference / LFNEAC Meeting	3	6	\$40x 6=\$240	\$84 + \$20 Tax x 3=\$312; \$84 +\$20=\$208	\$357x 3= \$1071		\$ 1,831
Regional Collaborative Trainings or meetings							
Out of town Regional meeting Northern CA	2	4	\$40 x 2 days x 2 trips= \$160	\$84 + \$10 tax x 2 trips= \$188	\$350 x 2= \$700	270 miles/-\$.555 x 2 trips=\$300	\$ 1,348
Local Regional meeting	2	2	\$40x 2=\$80			90 miles/ \$.555 x 2 trips=\$100	\$ 180
2 Network Sponsored Skill-Based Training	2	4	\$40 x 4 days=\$1 60	\$110 +\$10 tax x 2 trips=\$240	\$350 x 2 trips=\$700	shuttle/taxi \$40 x 2= \$80	\$ 1,180
Annual local mileage to various nutrition education sites and related program meetings approximately 2,620 miles x \$.555=\$1,454.							\$ 1,454
SUBTOTAL:							\$ 5,993
F. SUBCONTRACTORS:							
Federal Share:							
First 5							
	Evaluator: Kim Puckett (First 5 requires in house evaluator to be involved in evaluations. Evaluator will conduct an analysis of in-house evaluations on behalf of contractor. 3 hour month X \$53 per hour x 12 months = \$1,908						\$ 1,908

BUDGET JUSTIFICATION
October 1, 2011 through September 30, 2012

Community Alliance with Family Farmers
#11-10157

										Federal Share Total Dollars
FIRST 5 - 4 playgroup lead coordinators at four focus sites (0.50 hours per month/\$15 hour x 10 months x 4 staff= \$300.) They will be recipients of extensive technical assistance, and will implement various nutrition education activities and communicate with the larger playgroup network.										\$ 300
Humboldt County Office of Education (HCOE)										
<u>Registered Dietician Nancy Kisinger</u> : 2 target population trainings for a total of 10 hours/year. Rate of \$27.11/hr plus 24% benefits package = \$33.61/hr x 7.5% admin fee = \$36.13 x 10 hours= \$361										\$ 361
<u>Nutrition Education Technician: Robin Johnson</u> Oversees HCOE Harvest of the Month program. Will be compiling and distributing HOTM packets for playgroup sites through existing channels at 5 hours/month (10 months total). Rate of \$14.40/hr plus 24% benefits package = \$17.86/hr x 7.5% admin fee = \$19.20/hr x 5 hours x 10 months = \$960										\$ 960
Community Health Educator										
<u>Jonna Kitchen R.D.</u> , Nutrition based grocery store tours (approximately 10 people per tour) with taste testing and cooking; Compensation at \$100 (for 1.5 hour tour plus prep time) x 1 tour = \$100										\$ 100
SUBTOTAL:										\$ 3,629
G. OTHER COSTS:										
Federal Share:										
CAFF will purchase food for taste-testing and demonstrations for nutrition education classes and presentations: \$1/sample x 40 participants (20 children + 20 parents) x 8 sites x 10 lessons/month=\$3,200.										\$ 3,200
CAFF will purchase approved, age appropriate nutrition education materials for playgroup sites at \$50 per site x 8 sites = \$400. These will include nutrition based books and games to coincide with Harvest of the Month activities.										\$ 400
Materials needed for Harvest of the Month taste testing at 8 playgroup sites (knives, cutting boards, serving containers, utensils, napkins at \$30 per site x 8 sites = \$240										\$ 240
SUBTOTAL:										\$ 3,840
H. INDIRECT COSTS:										
Federal Share: 15% of Total Salaries (\$46,656 x approx 15%)										\$ 6,998
SUBTOTAL:										\$ 6,998
TOTAL:										\$ 261,760
										194.75%
										109.75%
										85%
										\$ 85,000

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: Education and Leadership Foundation
Program Area: Local Food and Nutrition Education: Non-Profit
Contract Number: 11-10153

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 57% Female 43%

Ethnicity:

African American 1.2%
 Asian 0.4%
 Caucasian 17%
 Latino 77.2%
 Native American _____ %
 Pacific Islander _____ %
 Other (specify) Mixed: 4.2%

Languages:

<input checked="" type="checkbox"/> English <u>40%</u>	<input type="checkbox"/> Khmer (Cambodian) _____ %
<input checked="" type="checkbox"/> Spanish <u>60%</u>	<input type="checkbox"/> Korean _____ %
<input type="checkbox"/> Arabic _____ %	<input type="checkbox"/> Lao _____ %
<input type="checkbox"/> Armenian _____ %	<input type="checkbox"/> Tagalog _____ %
<input type="checkbox"/> Russian _____ %	<input type="checkbox"/> Vietnamese _____ %
<input type="checkbox"/> Bosnian _____ %	<input type="checkbox"/> Other (specify) _____: _____ %
<input type="checkbox"/> Cantonese _____ %	<input type="checkbox"/> Other (specify) _____: _____ %
<input type="checkbox"/> Farsi _____ %	<input type="checkbox"/> Mandarin _____ %
<input type="checkbox"/> Hmong _____ %	

Ages:

Under 5 years old _____ %
 5 to 8 _____ %
 9 to 11 _____ %
 12 to 17 _____ %
 18 to 59 85%
 60 years old and over 15%

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

See attached Census Tract data sheet
 See attached Free/Reduced Price Meal % data sheet
 Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | |
|--|--|
| <input type="checkbox"/> CalFresh Offices _____% | <input type="checkbox"/> Shelters/Temporary Housing _____% |
| <input type="checkbox"/> Food Banks _____% | <input type="checkbox"/> Soup Kitchens _____% |
| <input type="checkbox"/> Food Pantries _____% | <input type="checkbox"/> TANF Job Readiness Program _____% |
| <input type="checkbox"/> Public Housing _____% | <input type="checkbox"/> WIC Offices _____% |
| <input type="checkbox"/> HeadStart _____% | |

d. Project Description.

Key Methods:

- Advisory Council/Task Force (specify): _____
- Internet/Web Sites-website address: _____
- Print Media
- Radio: _____
- TV: _____
- Nutrition Education Classes: (80 occurrences at 1hour(s) each)
- Community Education Events: (10 occurrences at 3hour(s) each)
- Training/Workshop/Conference: (4 occurrences at 3hour(s) each)
- Point of Purchase: (_____ occurrences at _____hour(s) each)
- Other (specify)_____: (_____ occurrences at _____hour(s) each)

Key Educational Messages:

- | | |
|--|--|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input type="checkbox"/> Lean Meat and Beans |
| <input checked="" type="checkbox"/> Physical Activity | <input checked="" type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |
| <input type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input checked="" type="checkbox"/> MyPyramid – Healthy Eating Plan |
| <input type="checkbox"/> Fats and Oils | <input checked="" type="checkbox"/> Promote Healthy Weight |
| <input type="checkbox"/> Fiber-Rich Foods | <input type="checkbox"/> Sodium and Potassium |
| <input type="checkbox"/> Food Safety | <input type="checkbox"/> Whole Grains |
| <input checked="" type="checkbox"/> Food Shopping/Preparation | <input type="checkbox"/> Other (Specify): _____ |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|---|--|
| _____ Adult Education & Job Training Sites | _____ Libraries |
| _____ Adult Rehabilitation Centers | 5 _____ Other Youth Education Sites (includes Parks and Recreation) |
| _____ CalFresh Offices | _____ Public/Community Health Centers (includes Public Health Departments) |
| _____ Churches | _____ Public Housing |
| 5 _____ Community Centers | _____ Schools – students (Preschool) |
| _____ Elderly Service Centers | _____ Schools – students (K-12) |
| _____ Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens) | _____ Schools – students (Afterschool Program) |
| _____ Extension Offices | _____ Schools – Parents |
| 4 _____ Farmers Markets | _____ Shelters/Temporary Housing |
| _____ Food Stores | _____ WIC Programs |
| _____ Head Start Programs | _____ Worksites |
| _____ Individual Homes | Other (specify): _____ |

Other (specify): _____

Other (specify): _____

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 1,000

Narrative (max. 200 words)

The Education and Leadership Foundation is partnering with the Fresno County Office of Education Migrant Education Program, Central Valley Health Network, and Univision Channel 21 to implement Choose Health: Nutrition and Physical Education for a Healthy Lifestyle. The Choose Health Project will promote increased fruit and vegetable consumption, healthy beverages consumption, daily physical activity, and increased participation in the SNAP. The project's target population will be six communities in rural Fresno County: Coalinga, Firebaugh, Kerman, Mendota, San Joaquin, and Tranquillity.

The Choose Health Project will present a series of four Nutrition lessons and a series of four physical activity lessons to a total of 1,000 participants over three years. Nutrition lessons will be conducted within the context of hands-on activities and demonstrations. Physical activity lessons will emphasize the importance of active at home and work, and include physical activity demonstrations. Information about SNAP will be disseminated at two sessions held at the conclusion of the health series. Four Champions of Change from each community will be trained as health advocates to support project goals and sustain benefits of the program after the funding period.

e. Summary of Research.

See Section A, pages 2-5.

f. Modification of Project Methods/Strategies.

- | | |
|--|--|
| <input type="checkbox"/> We have not modified our methods/strategies | <input type="checkbox"/> Changing audience participation |
| <input type="checkbox"/> Improving cultural relevancy | <input type="checkbox"/> Adding new partners |
| <input type="checkbox"/> Enhancing/updating existing strategies | <input type="checkbox"/> Other (specify): _____ |
| <input type="checkbox"/> Utilizing research/program tool | <input type="checkbox"/> Other (specify): _____ |

All modifications are approved by the Network.

g. Use of Existing Educational Materials.

See attached Existing Educational Materials/Curricula data sheet.

h. Development of New Educational Materials.

All new educational materials must be listed on the attached New Materials Development data sheet.

i. Key Performance Measures/Indicators. (max. 100 words)

Key performance measures/indicators will consist of both outcome and process measures. The process indicators will focus on determining the fidelity of program implementation, ensuring that each activity or strategy is carried out according to the timeline as detailed in Scope of Work. The outcome indicators will determine the impact of the program by comparing data collected from multiple measures against measurable benchmarks related to performance goals over the three-year project period.

3. EVALUATION PLANS

*All contractors participate in process evaluation per their Scope of Work activities.
Contractors who receive Federal Share >\$350,000 must participate in impact evaluation.
Impact evaluation measures the effectiveness of an intervention by assessing behavior change
or the factors that directly influence behavior change primarily focusing on consumption of
fruit and vegetables intake.*

4. COORDINATION EFFORTS (MAX. 100 WORDS)

The Education and Leadership Foundation, Fresno County Office of Education, and Central Valley Health Network are members of FCOE Migrant Education's Choose Health Collaborative. Additional partners include FCOE Safe and Healthy Kids, Health Net Community Solutions, CSU, Fresno's Department of Public Health, Valley Health Team, and UCSF's Latino Center. Partners working to improve the health of children and families through the promotion of healthy lifestyles. In addition, ELF will promote the proposed project as a "promising practice" through the Migrant Education Management Board, which represents 26 districts in Central California.

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Community Center	TBD	-	Kerman	93630	06019003900	All Races	61.2%	Delivery sites are to be determined (TBD)
Park	TBD	-	Kerman	93630	06019003900	All Races	61.2%	Delivery sites are to be determined (TBD)
Farmers Market	TBD	-	Kerman	93630	06019003900	All Races	61.2%	Delivery sites are to be determined (TBD)
Community Center	TBD	-	San Joaquin/Tranquility	93660	06019008200	All Races	77.7%	Delivery sites are to be determined (TBD)
Park	TBD	-	San Joaquin/Tranquility	93660	06019008200	All Races	77.7%	Delivery sites are to be determined (TBD)
Farmers Market	TBD	-	San Joaquin/Tranquility	93660	06019008200	All Races	77.7%	Delivery sites are to be determined (TBD)
Community Center	TBD	-	Mendota	93640	06019008302	All Races	69.4%	Delivery sites are to be determined (TBD)
Park	TBD	-	Mendota	93640	06019008302	All Races	69.4%	Delivery sites are to be determined (TBD)
Farmers Market	TBD	-	Mendota	93640	06019008302	All Races	69.4%	Delivery sites are to be determined (TBD)
Community Center	TBD	-	Firebaugh	93622	06019008401	All Races	68%	Delivery sites are to be determined (TBD)
Park	TBD	-	Firebaugh	93622	06019008401	All Races	68%	Delivery sites are to be determined (TBD)
Farmers Market	TBD	-	Firebaugh	93622	06019008401	All Races	68%	Delivery sites are to be determined (TBD)
Community Center	TBD	-	Coalinga	93210	06019008100	All Races	52.8%	Delivery sites are to be determined (TBD)

Park	TBD	-	Coalinga	93210	06019008100	All Races	52.8%	Delivery sites are to be determined (TBD)
						All Races	%	
						All Races	%	

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Free/Reduced Price Meal Percentage Data Sheet

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
			%	%	%
			%	%	%
			%	%	%
			%	%	%
			%	%	%
			%	%	%
			%	%	%
			%	%	%
			%	%	%

*After each school name indicate all that apply with the following abbreviations: K-12 School (S), Preschool (PS), After School (A) & Parents (P)

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
California Latino	Toolbox for Community Educators	Toolbox Kit that teaches low-income adults about eating the recommended amount of fruits and vegetables and enjoying physical activity every day.	Spanish
California Latino	ReThink Your Drink Campaign	Campaign teaches the public to recognize the amount of sugar in sodas, sports drinks and other sweetened beverages and encourages them to make healthy drink choices.	Spanish

New Materials Development Data Sheet

<i>Title</i>	<i>Description</i>	<i>Justification</i>

BUDGET COVER SHEET
FFY 2012

Organization: Education and Leadership Foundation (ELF)			
Contract Number: 11-10153			
Federal Share Budget	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 58,080	N/A	N/A
Fringe Benefits	\$ 4,536	N/A	N/A
Operating	\$ 2,800	N/A	N/A
Equipment & Other Capital	\$ -	N/A	N/A
Travel	\$ 5,430	N/A	N/A
SubContracts	\$ 3,500	N/A	N/A
Other Costs	\$ 4,357	N/A	N/A
Indirect Costs	\$ 6,297	N/A	N/A
Total Federal Share	\$ 85,000	N/A	N/A
If the total federal share percentage difference is greater than 5%, please provide an explanation. If the total percentage is greater than 5%, consult your contract manager.			

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Education and Leadership Foundation
#11-10153

A PERSONNEL SALARIES:

1. Name and Position Title	2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars
FEDERAL SHARE POSITIONS					
1. Name: Raul Moreno Title: Administrator (Program Director) - (0.10 FTE, In-kind) \$60,000 x 10% = \$6,000 In-Kind	\$ 60,000	0.10	10%	0%	\$ -
2. Name: Maria Lemus Title: Associate Program Director - (0.50 FTE total - 0.25 FTE In-kind) \$48,000 x 50% = \$24,000 /50% = \$12,000 In-Kind	\$ 48,000	0.50	25%	25%	\$ 12,000
3. Name: Yunuen Garcia Title: Project Coordinator (Program Coordinator) - (0.50 FTE total - 0.25 FTE In-kind) \$48,000 x 50% = \$24,000 /50% = \$12,000 In-Kind	\$ 48,000	0.50	25%	25%	\$ 12,000
4. Name: Luiz Dominguez Title: Health Educator (Cred PE Instructor)	\$ 32,000	0.30	0%	30%	\$ 9,600
5. Name: Vacant Title: Community Outreach Worker (Community Health Advocates)	\$ 20,400	0.30	0%	30%	\$ 6,120
6. Name: Vacant Title: Community Outreach Worker (Community Health Advocates)	\$ 20,400	0.30	0%	30%	\$ 6,120
7. Name: Vacant Title: Community Outreach Worker (Community Health Advocates)	\$ 20,400	0.30	0%	30%	\$ 6,120
8. Name: Vacant Title: Community Outreach Worker (Community Health Advocates)	\$ 20,400	0.30	0%	30%	\$ 6,120
SUBTOTAL	\$ 269,600	2.60	60%	200%	\$ 58,080

POSITION DESCRIPTIONS:

Administrator (1)	The Administrator (Program Director) will administer the Nutrition education contract and budget, supervise staff, coordinate contract reporting requirements; will be responsible for the overall administration of the Choose Health project, ensuring the successful implementation of the project, monitoring progress, maintaining contact with the Network, and promoting the program to the community.
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BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Education and Leadership Foundation
#11-10153

Associate Program Director (2)	The Associate Program Director will assist in hiring, supervising, and evaluating staff; developing community partners and promoting the Choose Health program; administering the Choose Health budget; assisting the Program Coordinator in writing policies and procedures for program implementation; and coordinating meetings of the Project Leadership Team.
Project Coordinator (3)	The Project Coordinator (Program Coordinator) will work in consultation with other staff to develop plans and policies for program delivery; implement and facilitate the Nutrition education series; help coordinate the Physical Activity series; help disseminate information about SNAP at Choose Health events; coordinate training of Community Health Educators and Champions of Change; supervise and support other staff and volunteers; maintain appropriate records and statistics related to program implementation and evaluation; coordinate other day-to-day operations, such as supplies inventory and purchasing; and report on a regular basis to program supervisors regarding issues of need or concern.
Health Educator (4)	The Health Educator (Credentialed Physical Education Instructor) will play a lead role in designing, implementing, and facilitating the Physical Activity lessons, and will help design Nutrition education lessons, disseminate information about the Supplemental Nutrition Assistance Program, and assist in training Community Health Educators and Champions of Change.
Community Outreach Worker (5-8)	The Community Outreach Workers (Community Health Advocates) will perform community outreach in the target communities and recruit participants, assess the health needs of participants, conduct pre- and post-surveys with participants, and help lead structured trainings/workshops on nutrition, health, physical activity, and SNAP.

B. FRINGE BENEFITS:

Federal Share:

Includes payroll taxes and medical/dental benefits at 13.5% of salaries charged to grant. See Budget Cover sheet for In-Kind Fringe Benefits
 $\$84,080 \times 13.5\% = \$11,351$ $\$11,351 - \$4,536 = \$6,815$ In Kind Fringe Benefits

SUBTOTAL: \$ 4,536

C. OPERATING EXPENSES:

Federal Share:

Facilities use in communities related to Nutrition education lessons, Physical Activity lessons, SNAP community events, and closing celebration
 Nutrition Education lesson & Physical Activity lesson facilities use fees, Toolbox for Community Educators (5 classes x 2/yr x \$100/class) \$1,000
 SNAP-Ed Community Events & closing celebration facilities use fees (10 events x \$100/event) \$1,000
 Printing costs related to recruitment, lessons, evaluation, reporting, and dissemination
 (10,000 copies @ .04/copy and 2000 color copies @ .20/copy) \$ 800

SUBTOTAL: \$ 2,800

D. EQUIPMENT EXPENSES:

Federal Share:

SUBTOTAL: \$ -

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Education and Leadership Foundation
 #11-10153

	Federal Share Total Dollars
E. TRAVEL AND PER DIEM:	
Federal Share:	
Local Travel: Project Coordinator (1.0 FTE)	
Local travel by the Program Director, Certified Physical Education Instructor, and Community Health Educators related to training and monitoring, will average approximately 245.25 mi/month collectively.. 225.22 mi x 12mo x \$0.555 = \$1,500	
	\$ 1,500

Meeting	Staff	# Trips	# Days	Per Diem	Lodging	Round Trip	Registration	Total	
Conferences/Meetings: Project Coordinator									
Annual Network Conference		1	2	\$40/day @ 2 days = \$80	\$84/day @ 2 days = \$168	304 mi @ \$.555/mi = \$169		\$417	
Regional Collaborative Trainings		4	2	\$40/day @ 2 days = \$80	\$84/day @ 2 days = \$168	200 mi @ \$.555/mi = \$109		\$1,428	
Network Skill-based Trainings		1	2	\$40/day @ 2 days = \$80	\$84/day @ 2 days = \$168	304 mi @ \$.555/mi = \$169		\$417	
Youth Empowerment Training		1	2	\$40/day @ 2 days = \$80	\$84/day @ 2 days = \$168	304 mi @ \$.555/mi = \$169		\$417	
Conferences/Meetings: Associate Program									
Network Fiscal Training		1	2	\$40/day @ 2 days = \$80	\$84/day @ 2 days = \$168	304 mi @ \$.555/mi = \$169		\$417	
Network Media Training		1	2	\$40/day @ 2 days = \$80	\$84/day @ 2 days = \$168	304 mi @ \$.555/mi = \$169		\$417	
Network Steering Committee Mtg		1	2	\$40/day @ 2 days = \$80	\$84/day @ 2 days = \$168	304 mi @ \$.555/mi = \$169		\$417	
								\$3,930	\$ 3,930

	SUBTOTAL:	\$ 5,430
F. Federal Share:		
Educational Resource Consultants - Program evaluation (7 days @ \$500/day)		
Staff training, feedback and consultation including evaluation process (6 hours)		
Data collection and analysis (20 hours)		
Report preparation and writing (24 hours)		
Leadership team meetings (6 hours; 3 per year)		
Total hours per year 56 x \$62.50 = \$3,500		
	SUBTOTAL:	\$ 3,500

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Education and Leadership Foundation
#11-10153

					Federal Share Total Dollars
G. OTHER COSTS:					
Federal Share:					
*Instructional Materials related to Nutrition Education lessons, Physical Activity lessons, and promotion of SNAP-Ed. Materials include but are not limited to stopwatches, a dry-erase board or large sheets of paper, markers, masking tape, pencils or pens, jump ropes, gardening supplies, cooking supplies, etc.					
Dry-Erase Boards or large sheets of paper, masking tape, pencils, or pens (\$25 per month x 12 = \$300)					\$ 300
Kitchen equipment for food preparation (cook ware, cooking utensils, cutting boards, cleaning supplies, table covers, tarps) (\$25 per month x 12 = \$300)					\$ 300
Nutrition Education and Physical Activities lesson, stopwatches, jump ropes, (\$25 per month x 12 = \$300)					\$ 300
Nutrition Education materials (printing, copying, pamphlets) (\$0.07/copy at 3,385 = \$237)					\$ 237
Food demonstrations including food and materials for classes and events (1,288 classroom participants x \$2.50 = \$3,220)					\$ 3,220
SUBTOTAL:					\$ 4,357
H. INDIRECT COSTS:					
Federal Share: 8% Total Direct Costs x \$78,703 = \$6,297					\$ 6,297
SUBTOTAL:					\$ 6,297
TOTAL				\$ 269,600	2.60
			60%		200%
					\$ 85,000

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: FAME Assistance Corporation's Champion Empowerment Program

Program Area: Local Incentive Awardee: Non Profit

Contract Number: 11-10159

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 25% Female 75%

Ethnicity:

- African American 60%
- Asian _____%
- Caucasian _____%
- Latino 40%
- Native American _____%
- Pacific Islander _____%
- Other (specify) _____: _____%

Languages:

- | | |
|--|--|
| <input checked="" type="checkbox"/> English 100% | <input type="checkbox"/> Khmer (Cambodian) _____% |
| <input type="checkbox"/> Spanish _____% | <input type="checkbox"/> Korean _____% |
| <input type="checkbox"/> Arabic _____% | <input type="checkbox"/> Lao _____% |
| <input type="checkbox"/> Armenian _____% | <input type="checkbox"/> Tagalog _____% |
| <input type="checkbox"/> Russian _____% | <input type="checkbox"/> Vietnamese _____% |
| <input type="checkbox"/> Bosnian _____% | <input type="checkbox"/> Other (specify) _____: _____% |
| <input type="checkbox"/> Cantonese _____% | <input type="checkbox"/> Other (specify) _____: _____% |
| <input type="checkbox"/> Farsi _____% | <input type="checkbox"/> Mandarin _____% |
| <input type="checkbox"/> Hmong _____% | |

Ages:

- Under 5 years old _____%
- 5 to 8 _____%
- 9 to 11 _____%
- 12 to 17 _____%
- 18 to 59 100%
- 60 years old and over _____%

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

- See attached Census Tract data sheet
- See attached Free/Reduced Price Meal % data sheet

- Other (Specify): _____ (_____ % equal to or less than 185% FPL)
- Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | |
|--|--|
| <input type="checkbox"/> CalFresh Offices _____% | <input type="checkbox"/> Shelters/Temporary Housing _____% |
| <input type="checkbox"/> Food Banks _____% | <input type="checkbox"/> Soup Kitchens _____% |
| <input type="checkbox"/> Food Pantries _____% | <input type="checkbox"/> TANF Job Readiness Program _____% |
| <input checked="" type="checkbox"/> Public Housing <u>100%</u> | <input type="checkbox"/> WIC Offices _____% |
| <input type="checkbox"/> HeadStart _____% | |

d. Project Description.

Key Methods:

- Advisory Council/Task Force (specify): _____
- Internet/Web Sites-website address: _____
- Print Media
- Radio: _____
- TV: _____
- Nutrition Education Classes: (240 occurrences at 1.5 hour(s) each)
- Community Education Events: (_____ occurrences at _____ hour(s) each)
- Training/Workshop/Conference: (9 occurrences at 32 hour(s) each)
- Point of Purchase: (_____ occurrences at _____ hour(s) each)
- Other (specify) _____: (_____ occurrences at _____ hour(s) each)

Key Educational Messages:

- | | |
|--|---|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input type="checkbox"/> Lean Meat and Beans |
| <input checked="" type="checkbox"/> Physical Activity | <input type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |
| <input type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input checked="" type="checkbox"/> MyPyramid – Healthy Eating Plan |
| <input type="checkbox"/> Fats and Oils | <input checked="" type="checkbox"/> Promote Healthy Weight |
| <input type="checkbox"/> Fiber-Rich Foods | <input type="checkbox"/> Sodium and Potassium |
| <input type="checkbox"/> Food Safety | <input type="checkbox"/> Whole Grains |
| <input type="checkbox"/> Food Shopping/Preparation | <input type="checkbox"/> Other (Specify): _____ |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|---|--|
| _____ Adult Education & Job Training Sites | _____ Individual Homes |
| _____ Adult Rehabilitation Centers | _____ Libraries |
| _____ CalFresh Offices | _____ Other Youth Education Sites (includes Parks and Recreation) |
| _____ Churches | _____ Public/Community Health Centers (includes Public Health Departments) |
| _____ Community Centers | <u>1</u> Public Housing |
| _____ Elderly Service Centers | _____ Schools – students (Preschool) |
| _____ Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens) | _____ Schools – students (K-12) |
| _____ Extension Offices | _____ Schools – students (Afterschool Program) |
| _____ Farmers Markets | _____ Schools – Parents |
| _____ Food Stores | _____ Shelters/Temporary Housing |
| _____ Head Start Programs | _____ WIC Programs |

_____ Worksites

Other (specify): _____

Other (specify): _____

Other (specify): _____

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 440

Narrative (max. 200 words)

The FAME Assistance Corporation's (FAC) *Champion Empowerment Program* is an eight-week "Train the Trainer" program located in Jordan Downs, a public housing project in Watts, one of the most distressed and disadvantaged residential neighborhoods of South Los Angeles. Our "Train the Trainer" program will reach 40 participants annually, and 120 over three years. These students will then be mentored and monitored as they each teach 1.5 hour nutrition education classes to 10 students. The *Champion Empowerment Program* will directly train 120 community nutrition educators, and indirectly teach a total of 1,320 participants over 3 years, or 440 annual participants, in the area of nutrition education and access to healthy and affordable foods. Community residents of Jordan Downs will play a fundamental role in implementing this project because they will be both trained champions serving as peer educators as well as participants attending the education programs offered by our trained champions. Their input will be crucial in implementing and evaluating the LFNE program. In partnership with the expertise of *Cooking Matters*, the graduates of our "Train the Trainer" program will be equipped to return to their peers and teach them improved nutrition practices, eating habits and food budgeting skills.

e. **Summary of Research.**

See Section A, pages 2-5.

f. **Modification of Project Methods/Strategies.**

- We have not modified our methods/strategies
- Improving cultural relevancy
- Enhancing/updating existing strategies
- Utilizing research/program tool

- Changing audience participation
- Adding new partners
- Other (specify): _____
- Other (specify): _____

All modifications are approved by the Network.

g. **Use of Existing Educational Materials.**

See attached Existing Educational Materials/Curricula data sheet.

h. **Development of New Educational Materials.**

All new educational materials must be listed on the attached New Materials Development data sheet.

i. **Key Performance Measures/Indicators.** (max. 100 words)

Surveys; Focus Groups; Written & verbal evaluations pre & post intervention.

3. EVALUATION PLANS

*All contractors participate in process evaluation per their Scope of Work activities.
Contractors who receive Federal Share >\$350,000 must participate in impact evaluation.
Impact evaluation measures the effectiveness of an intervention by assessing behavior change or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.*

4. COORDINATION EFFORTS (MAX. 100 WORDS)

Coordination efforts will be made with Jordan Downs, the public housing project in South Los Angeles, Network for a Healthy California Regional Networks and LFNE projects thru LFNEAC

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Public Housing	Jordon Downs	9800 Grape Street	Los Angeles	90002	06037535200	All Races	50.1%	Proxy

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Share our Strength, ConAgra Foods Foundation	Cooking Matters	Cooking based nutrition education program that teaches how to prepare healthy, tasty meals on a limited budget. Please check with your PM prior to use of the recipes.	English

**BUDGET COVER SHEET
FFY 2012**

Organization: FAME Assistance Corporation			
Contract Number: 11-10159			
Federal Share Budget	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 57,000	N/A	N/A
Fringe Benefits	\$ 8,550	N/A	N/A
Operating	\$ 8,193	N/A	N/A
Equipment	\$ -	N/A	N/A
Travel	\$ 1,832	N/A	N/A
Subcontractors	\$ 4,000	N/A	N/A
Other Costs	\$ 5,425	N/A	N/A
Indirect Costs	\$ -		
Total Federal Share	\$ 85,000		
<p>If the total federal share percentage difference is greater than 5%, please provide an explanation. If the total percentage is greater than 5%, consult your contract manager.</p>			

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

FAME Assistance Corporation
 11-10159

A. PERSONNEL SALARIES:						
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars
FEDERAL SHARE POSITIONS						
1.	Name: Antonio Le Mons Title: Administrator (Director of Programs)	\$ -	0.000	0.00%	0.00%	\$ -
2.	Name: Armando Alvarado Title: Project Coordinator	\$ 42,000	1.000	50.00%	50.00%	\$ 42,000
3.	Name: Sandra Hernandez Title: Administrative Coordinator	\$ 30,000	0.500	35.00%	15.00%	\$ 15,000
SUBTOTAL:		\$ 72,000	1.500	85.00%	65.00%	\$ 57,000
POSITION DESCRIPTIONS:						
Administrators (Director of Programs) (1)		Administer the nutrition education contract and budget, supervising nutrition education staff, attend nutrition education and scope of work related meetings, program planning and participating in the Regional collaborative. Coordinate contract reporting requirements.				
Project Coordinator (2)		Coordinate program staff and nutrition education activities; plan and follow through on "1ææ°1E&# and educational events at health fairs, schools, and other promotional activities; work with schools, churches, farm worker organizations, and community organizations in planning and promoting good health through dissemination of nutrition education materials; actively acquire and develop culturally and linguistically competent nutrition curriculum and educational materials; to promote existing and/or to develop new physical activity promotional components of nutrition education; and expand our existing community- program to encompass nutritional components to increase community awareness and knowledge of good nutrition and healthy active lifestyles.				
Administrative Coordinator (3)		Provides administrative and office support for the project staff and is responsible for the reporting requirements.				
						Federal Share Total Dollars
B. FRINGE BENEFITS:						
Includes payroll taxes and medical/dental benefits at 15% of salaries (\$57,000 x 15% = \$8,550)						\$ 8,550
SUBTOTAL:						\$ 8,550

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

FAME Assistance Corporation
11-10159

							Federal Share Total Dollars
C. OPERATING EXPENSES:							
All items indicated below will be used exclusively to conduct nutrition education activities listed in the SOW with the cost prorated accordingly as appropriate.							
1)	<u>Rent for office space allocated to nutrition education program:</u> 160 sq. ft. @ \$1.25/sq. ft. (flat rate) x 12 months. Space rent costs incurred is only for Nutrition Education Staff indicated under Personnel.						\$ 2,400
2)	<u>Printing:</u> Routine printing for nutrition educational trainings and events, including promotional flyers, handouts, sign-in sheets, etc.						\$ 1,493
3)	<u>Communications:</u> Telephone, fax & Internet @ approximately \$225 x 12 = \$2,700 p/month (Total cost of \$30,000 annually prorated @ 9% for nutrition education staff usage)						\$ 2,700
4)	<u>General Office supplies:</u> Paper, pens, ink cartridges, file folders, etc. (\$133.33/month x 12 = \$1,600)						\$ 1,600
						SUBTOTAL:	\$ 8,193
D. EQUIPMENT EXPENSES:							
						SUBTOTAL:	\$ -
E. TRAVEL AND PER DIEM:							Federal Share Total Dollars
<u>Network Required Meetings and Trainings</u>							
Local Travel: estimated local travel for program staff attend trainings, conduct nutrition education classes and events, and monitor progress will average approximately 118 miles/month. 118 x 12 months x \$.555/mile = \$786/year.							\$786
Conferences. Program staff will participate in all required meetings and trainings, as detailed below.							
Staff person attending meeting: Community Worker							
Meeting	Attend	# Days	Per Diem	Lodging	Ground Transportation	Airfare/ Registration	
Regional Network Events	2	1	0	0	25 miles x 2pp x 3 events @ .555/mile = \$83		\$ 83
LFNEAC Meeting- So. CA:	2	1	\$40 x 2 x .5 day = \$40	0	91 miles x 2 @ .555/mile = \$101	\$ -	\$ 141

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

FAME Assistance Corporation
11-10159

							Federal Share Total Dollars
LFNEAC Meeting - Central CA:	1	1.5	\$40 x 1.5 days = \$60	\$100/night x 1 = \$100	200 miles @ .555/mile = \$111	\$ -	\$ 271
LFNEAC Meeting - No. CA:	1	1.5	\$40 x 1.5 days = \$60	\$100/night x 1 nights = \$100	Parking - \$50; Taxi - \$50; Mileage - 75 miles @ \$.555/miles=\$41	\$ 250	\$ 551
* Mileage, per diem, and lodging will be billed @ current DPA rates.							
						SUBTOTAL:	\$ 1,832
F. SUBCONTRACTORS:							
(Consultant agreements will be completed and signed as appropriate and submitted for file upon execution of agreements.)							
1)	Consultant/Nutritionist: Provides curriculum developmment and nutrition education consultation for the training program.					\$ 1,000	
2)	Nutrition Education Trainers: Delivers direct nutrition education to individuals or small groups onsite at Jordan Downs or in local community grocery stores.					\$ 3,000	
						SUBTOTAL:	\$ 4,000
G. OTHER COSTS:							
1)	Food Samples: FAC will purchase food for taste-testing and cooking demonstrations for nutrition education classes, community events and training programs: \$2/sample x 1200 community members = \$2400.						\$ 2,400
2)	Disposable Cooking and Food Demonstration Supplies: plates, cups, utensils, paper towels, plastic wrap, gloves, etc.						\$ 750
3)	Purchase of reusable cooking equipment for nutrition education classes and cooking demonstrations, such as professional blenders, induction burners, cookware, utensils, knives, mixing bowls, storage containers, etc.						\$ 1,775.00
4)	Purchase of reusable promotional materials for community events, including banners and signage, branded tablecloths, display containers, etc.						\$ 500.00
						SUBTOTAL:	\$ 5,425
TOTAL			\$ 72,000	1.50	85%	65%	\$ 85,000

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: Camino a la Buena Salud - The Road to Good Health
Program Area: Local Food and Nutrition Education: Non-Profit
Contract Number: 11-10160

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 38% Female 62%

Ethnicity:

- African American %
- Asian 1%
- Caucasian 7%
- Latino 92%
- Native American %
- Pacific Islander %
- Other (specify) : %

Languages:

- | | |
|---|---|
| <input type="checkbox"/> English % | <input type="checkbox"/> Khmer (Cambodian) _____% |
| <input checked="" type="checkbox"/> Spanish <u>100%</u> | <input type="checkbox"/> Korean _____% |
| <input type="checkbox"/> Arabic % | <input type="checkbox"/> Lao _____% |
| <input type="checkbox"/> Armenian % | <input type="checkbox"/> Tagalog _____% |
| <input type="checkbox"/> Russian % | <input type="checkbox"/> Vietnamese _____% |
| <input type="checkbox"/> Bosnian % | <input type="checkbox"/> Other (specify) _____: % |
| <input type="checkbox"/> Cantonese % | <input type="checkbox"/> Other (specify) : % |
| <input type="checkbox"/> Farsi % | <input type="checkbox"/> Mandarin % |
| <input type="checkbox"/> Hmong % | |

Ages:

- Under 5 years old _____%
- 5 to 8 %
- 9 to 11 %
- 12 to 17 %
- 18 to 59 91%
- 60 years old and over 9%

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

- See attached Census Tract data sheet
- See attached Free/Reduced Price Meal % data sheet
- Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Other (Specify): (% equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | | | |
|--|------------|---|---|
| <input type="checkbox"/> CalFresh Offices | % | <input type="checkbox"/> Shelters/Temporary Housing | % |
| <input type="checkbox"/> Food Banks | % | <input type="checkbox"/> Soup Kitchens | % |
| <input checked="" type="checkbox"/> Food Pantries | <u>75%</u> | <input type="checkbox"/> TANF Job Readiness Program | % |
| <input checked="" type="checkbox"/> Public Housing | <u>15%</u> | <input type="checkbox"/> WIC Offices | % |
| <input type="checkbox"/> HeadStart | % | | |

d. Project Description.

Key Methods:

- Advisory Council/Task Force (specify):
- Internet/Web Sites-website address:
- Print Media
- Radio:
- TV:
- Nutrition Education Classes: (22 occurrences at 1.5hour(s) each)
- Community Education Events: (1 occurrences at 4hour(s) each)
- Training/Workshop/Conference: (12 occurrences at 2hour(s) each)
- Point of Purchase: (_____ occurrences at _____ hour(s) each)
- Other (specify) : (_____ occurrences at _____ hour(s) each)

Key Educational Messages:

- | | |
|--|--|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |
| <input checked="" type="checkbox"/> Physical Activity | <input checked="" type="checkbox"/> MyPyramid – Healthy Eating Plan |
| <input type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input type="checkbox"/> Promote Healthy Weight |
| <input checked="" type="checkbox"/> Fats and Oils | <input type="checkbox"/> Sodium and Potassium |
| <input type="checkbox"/> Fiber-Rich Foods | <input type="checkbox"/> Whole Grains |
| <input type="checkbox"/> Food Safety | <input checked="" type="checkbox"/> Other (Specify): <u>CalFresh promotion</u> |
| <input checked="" type="checkbox"/> Food Shopping/Preparation | |
| <input type="checkbox"/> Lean Meat and Beans | |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|--|--|
| Adult Education & Job Training Sites | Head Start Programs |
| Adult Rehabilitation Centers | Individual Homes |
| CalFresh Offices | Libraries |
| Churches | Other Youth Education Sites (includes Parks and Recreation) |
| <u>1</u> Community Centers | ____Public/Community Health Centers (includes Public Health Departments) |
| Elderly Service Centers | <u>3</u> Public Housing |
| <u>1</u> Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens) | Schools – students (Preschool) |
| Extension Offices | Schools – students (K-12) |
| Farmers Markets | Schools – students (Afterschool Program) |
| Food Stores | Schools – Parents |

Shelters/Temporary Housing	Other (specify):
WIC Programs	Other (specify):
Worksites	Other (specify):

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 670

Narrative (max. 200 words)

Promote a healthy lifestyle through interactive nutrition education, physical activity and CalFresh at Familia Center pantry and affordable housing sites in the city of Santa Cruz. Familia Center proposes to expand the pantry program at our site to include nutrition education for 80 plus household participants accessing the twice-monthly food distributions. Included in the expansion plan are 3 public housing complexes totaling 190 households and one community center located in a low-income census tract. The plan includes recruiting and developing a core group of volunteers/health promoters, from among the participants of the pantry program, to assist with the project. The major goals of the project are to: 1) familiarize Latino immigrant households with variety of the vegetables grown in the Central Coast area and with their nutritional value 2) participants will make healthier food choice, and 3) engage participants of the pantry program as promotores/community nutrition advocates, 4) introduce and promote alternative types of physical activity such as yoga and 5) encourage enrollment in the CalFresh program.

e. Summary of Research.

See Section A, pages 2-5.

f. Modification of Project Methods/Strategies.

- | | |
|---|--|
| <input checked="" type="checkbox"/> We have not modified our methods/strategies | <input type="checkbox"/> Changing audience participation |
| <input type="checkbox"/> Improving cultural relevancy | <input type="checkbox"/> Adding new partners |
| <input type="checkbox"/> Enhancing/updating existing strategies | <input type="checkbox"/> Other (specify): |
| <input type="checkbox"/> Utilizing research/program tool | <input type="checkbox"/> Other (specify): |

All modifications are approved by the Network.

g. Use of Existing Educational Materials.

See attached Existing Educational Materials/Curricula data sheet.

h. Development of New Educational Materials.

All new educational materials must be listed on the attached New Materials Development data sheet.

i. Key Performance Measures/Indicators. (max. 100 words)

In post surveys participants will report; increased knowledge of benefits of unfamiliar fruits and vegetables and will report increased use of said vegetables in everyday meals; Increased knowledge and use of alternative forms of physical activity.

3. EVALUATION PLANS

All contractors participate in process evaluation per their Scope of Work activities.

Contractors who receive Federal Share >\$350,000 must participate in impact evaluation.

Impact evaluation measures the effectiveness of an intervention by assessing behavior change

or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.

4. Coordination Efforts (MAX. 100 WORDS)

Familia Center is an active member of the Nutrition and Fitness Collaborative of the Central Coast and have utilized and borrowed materials to bring nutrition and fitness awareness to Familia participants.

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Community Center	Beach Flats Community Center	133 Leibrandt Street	Santa Cruz CA	95060	06087101000	Hispanic	58%	
Public Housing	Sycamore Commons	125 Sycamore Street	Santa Cruz CA	95060	06087101000	All Races	%	Proxy
Public Housing	Neary Lagoon Coop	81 Chestnut Street	Santa Cruz CA	95060	06087101000	All Races	%	Proxy
Public Housing	Nueva Vista	136 Liebrant Street	Santa Cruz CA	95060	06087101000	All Races	%	Proxy
Food Pantry	Familia Center	711 E. Cliff Drive	Santa Cruz CA	95060	06087100800	All Races	%	Proxy
						All Races	%	
						All Races	%	
						All Races	%	

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Free/Reduced Price Meal Percentage Data Sheet

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
			%	%	%
			%	%	%
			%	%	%
			%	%	%

*After each school name indicate all that apply with the following abbreviations: K-12 School (S), Preschool (PS), After School (A) & Parents (P)

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
CDC and Prevention-Fruits and Veggies More Matter	Fruits and Vegetables Can Protect Your Health	Provides information on the vitamins, minerals, and fiber that may help protect from chronic diseases.	Spanish
CDC and Prevention-Fruits and Veggies more matters	Analyze My Plate and Recipe Remix	Interactive tool that analyzes nutrition and calories of meal patterns	Spanish
USDA	Loving your Family Feeding their future	Provides educational and promotional materials and techniques to help nutrition educators in their work with SNAP participants and eligibles	Spanish
CDC and Prevention-Fruits and Veggies more matters	How many fruits and veggies do I need	Specifies fruits and vegetables needed at various ages, sex, and level of physical activity and simple ways to eat the right amounts.	Spanish
USDA	SNAP brochure	Trifold brochures featuring benefits of food stamps and how to apply	English/Spanish
Network for a Healthy California	The Food Stamp Office Resource Kit	Focuses on educating food stamp recipients and applicants about the choices that lead to good nutrition and healthy behavior	Spanish
Latino Nutrition Coalition	Camino Magico	Supermarket shopping Guide includes Latin American Diet Pyramid, Calorie management and portion sizes and how to read a label and sample shopping list	Spanish
USDA-MyPyramid	Food Groups	Info about food groups, healthy eating tips, and more	Spanish/English
CA Dept of Education	Nutrition: The power to learn	Display cards with a photo of each fruit and vegetable with nutritional facts of each including origin.	English
CA Dept of Public Health	Let's Cook/Vamos a Cocinar	Booklet of recipes that includes locally grown vegetables and nutritional content of each recipe.	Spanish/English
Diary Council of California	Actividad Fisica y Alimentacion-Physical activity and Food	Outlines benefits of exercise maintaining a healthy weight and encourages alternatives to yoga, dancing, and gardening	Spanish

LOCAL PROJECT SYNOPSIS

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Network for Healthy California	Shape of Yoga	Offers simple ideas to teach others how to perform basic yoga and learn about healthy food choices.	English
California Dept of Public Health	Recetas Latinas Saludables	Recipe booklet in Spanish with healthy alternatives and low-fat cooking tips for traditional Mexican recipes.	Spanish
California Dept of Education	Nutrition: The Power to Learn	Offers simple graph with nutrition content and origin of vegetable with large photos of more than 100 fruits and vegetable, suitable for children and low-literacy adults.	English/Spanish

New Materials Development Data Sheet

<i>Title</i>	<i>Description</i>	<i>Justification</i>

**BUDGET COVER SHEET
FFY 2012**

Organization: Familia Center			
Contract Number: 11-10160			
Federal Share Budget	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 58,000	N/A	N/A
Fringe Benefits	\$ 11,600	N/A	N/A
Operating Expenses	\$ 2,240	N/A	N/A
Equipment	\$ -	N/A	N/A
Travel and Per Diem	\$ 2,251	N/A	N/A
Subcontractors	\$ 1,400	N/A	N/A
Other Expenses	\$ 1,389	N/A	N/A
Indirect Cost Rate	\$ 8,120	N/A	N/A
Total Federal Share	\$ 85,000	N/A	N/A
If the total federal share percentage difference is greater than 5%, please provide an explanation. If the total percentage is greater than 5%, consult your contract manager.			

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Familia Center
 #11-10160

A PERSONNEL SALARIES:							
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	
FEDERAL SHARE POSITIONS							
1.	Name: Narciso Deleon Title: Project Coordinator/Nutrition Educator	\$ 33,000	1.0000	10.00%	90.00%	\$ 33,000	
2.	Name: Yolanda Henry Title: CEO/Administrator	\$ 58,000	0.2000	10.00%	10.00%	\$ 11,600	
3.	Name: Edgar Landeros Title: Program Assistant/Pantry Coordinator	\$ 14,196	0.6030	10.15%	50.15%	\$ 8,560	
4.	Name: Mayra Melendrez Title: Administrative Asst.	\$ 24,200	0.2000	20.00%	0.00%	\$ 4,840	
SUBTOTAL:		\$ 129,396	2.0030	50.15%	150.15%	\$ 58,000	
POSITION DESCRIPTIONS:							
Project Coordinator/ Nutritionist/Nutrition Educator/Nutrition Aide (1)		Provides nutrition education to the SNAP eligible population. Specific duties include: one-on-one general nutrition education, delivery of general nutrition education in a classroom or group setting, staffing health fairs and other community or promotional events where nutrition education messages are delivered, distribution of linguistically and culturally appropriate nutrition education materials, documentation of educational and other encounters, assisting with writing project reports and preparation of quarterly reports, maintaining program reporting and tracking systems. Supervises and trains volunteers.					
Chief Executive Officer (2)		Provides overall guidance for the operations, personnel, and fiscal responsibilities required by the nutrition project. Serves as the program administrator as well.					
Program Assistant (Pantry Coordinator) (3)		Assists the Project Coordinator with nutrition education program planning and development. Under the direction of Project Coordinator, works directly with individuals and small groups providing curriculum-based, prevention-oriented general nutrition education and physical activity targeted to SNAP eligibles.					
Office Manager/Secretary/ Admin Assistant. (4)		Provides general clerical support to the Program. Assists in development and maintenance of a data collection system with emphasis on fiscal information. Arranges meetings and trainings, orders supplies and materials, creates correspondence, photocopies, etc.					
						Federal Share Total Dollars	
B. FRINGE BENEFITS:							
Federal Share:							
Includes payroll taxes and medical/dental benefits at approximately 20% of total salaries. (\$58,000 x 20%)						\$ 11,600	
SUBTOTAL:						\$ 11,600	

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Familia Center
 #11-10160

										Federal Share Total Dollars	
C. OPERATING EXPENSES:											
Federal Share:											
		Telephone/internet-related project calls, searches and email - approximately \$3,600 annual cost. (\$14.977/mo x 2.0030 FTE x 12 months = \$360.)									\$ 360
		Printing- Copying of nutrition educational materials related to project - flyers for participants and trainees - approximate \$2,000 annual cost (approximately 250 flyers x approximately \$.80) \$200									\$ 200
		Office supplies - flip charts, markers, pens, paper, folders - approximate \$5,800 annual cost. (\$24.13 x 12 months x 2.0030 FTE = \$580.)									\$ 580
		Utilities-electricity, gas, water - approximate \$7,000 annual cost. (\$29.12 x 12 months x 2.0030 FTE = \$700.)									\$ 700
		Office rent/depreciation (6.666 divided by total 303.21 sq ft = 2.198% x 2.0030 FTE = 4.40% x \$758/monthly x 12 months (annual rent \$9,096) = \$400									\$ 400
											-
										SUBTOTAL:	\$ 2,240
D. EQUIPMENT EXPENSES:											
Federal Share:											
											-
										SUBTOTAL:	\$ -
E. TRAVEL AND PER DIEM:											
Federal Share:											
	Staff:		# Trips	# Days	Per Diem	Lodging	Round Trip	Airfare			
	Meeting							Registration Fee			
	Regional Network meetings	2	2	\$40x2days= \$80			252 mi x2 x \$.555 p/m= \$280			\$ 360	
	Network-Sponsored Skill Trainings	2	2	\$40 x2day= \$80	\$100x2nights= \$200		275 mi x2 x \$.555 p/m= \$305			\$ 585	
	LFNEAC Meetings	3	3	\$40x3 days= \$120	\$100x2nights= \$200		275 mi x2 x \$.555 p/m= \$305	\$200		\$ 825	
	Local travel: Familia Center estimates local travel by all staff associated with the project for all trainings, classes and meetings will average approximately ~72.25 miles a month x 12 months = 867 miles x \$.555 mile = \$481									\$ 481	
										SUBTOTAL:	\$ 2,251
F. SUBCONTRACTORS:											
Federal Share:											
	Yoga instructors will be compensated \$50/hour x 8 presentations to demonstrate physical activity during food promotion events and/or distributions at nutrition education classes held at low income housing sites.									\$ 400	

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Familia Center
 #11-10160

											Federal Share Total Dollars
Up to 10 Promotores de salud/ CHE's will be recruited to conduct nutrition education classes and demonstrations at emergency food sites and low income housing sites. Those who conduct 4 or more classes or demonstrations will receive a maximum \$100 dollar compensation. (\$100 x 10 promotores)											\$ 1,000
SUBTOTAL:											\$ 1,400
G. OTHER COSTS:											
Federal Share:											
Food Samples: Food tastings and demonstrations during nutrition education classes for a minimum of 10 attendees x \$2.50 x 22 demos p/yr = \$550											\$ 550
<u>Small appliances:</u>											
			<u>per Unit</u>		<u>Qty</u>		<u>Price</u>				
		Electric skillets	\$40		2		\$80				\$ 80
		Griddle	\$41		2		\$82				\$ 84
		Blender	\$50		2		\$100				\$ 100
Disposable products: paper plates (\$191), cups (\$94), plastic utensils (\$100), napkins (\$25), gloves (\$75), paper towels (\$50) & cutting boards (\$40)											\$ 575
SUBTOTAL:											\$ 1,389
H. INDIRECT COSTS:											
Federal Share:											
approximately 14% of Total Salaries (\$58,000 x 14%)											\$ 8,120
SUBTOTAL:											\$ 8,120
TOTAL:											\$ 129,396
											2.0030
											50.30%
											150.00%
											\$ 85,000

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: Family HealthCare Network
Program Area: Local Incentive Awardee: Non Profit
Contract Number: 11-10154

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 48% Female 52%

Ethnicity:

African American 2%
 Asian 2%
 Caucasian 21%
 Latino 73%
 Native American _____ %
 Pacific Islander _____ %
 Other (specify) 2%

Languages:

<input checked="" type="checkbox"/> English <u>30%</u>	<input type="checkbox"/> Khmer (Cambodian) _____ %
<input checked="" type="checkbox"/> Spanish <u>70%</u>	<input type="checkbox"/> Korean _____ %
<input type="checkbox"/> Arabic _____ %	<input type="checkbox"/> Lao _____ %
<input type="checkbox"/> Armenian _____ %	<input type="checkbox"/> Tagalog _____ %
<input type="checkbox"/> Russian _____ %	<input type="checkbox"/> Vietnamese _____ %
<input type="checkbox"/> Bosnian _____ %	<input type="checkbox"/> Other (specify) _____: _____ %
<input type="checkbox"/> Cantonese _____ %	<input type="checkbox"/> Other (specify) _____: _____ %
<input type="checkbox"/> Farsi _____ %	<input type="checkbox"/> Mandarin _____ %
<input type="checkbox"/> Hmong _____ %	

Ages:

Under 5 years old _____ %
 5 to 8 15%
 9 to 11 30%
 12 to 17 45%
 18 to 59 10%
 60 years old and over _____ %

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

See attached Census Tract data sheet
 See attached Free/Reduced Price Meal % data sheet
 Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | |
|--|--|
| <input type="checkbox"/> CalFresh Offices _____% | <input type="checkbox"/> Shelters/Temporary Housing _____% |
| <input type="checkbox"/> Food Banks _____% | <input type="checkbox"/> Soup Kitchens _____% |
| <input type="checkbox"/> Food Pantries _____% | <input checked="" type="checkbox"/> TANF Job Readiness Program 50% |
| <input checked="" type="checkbox"/> Public Housing 50% | WIC Offices _____% |
| <input type="checkbox"/> HeadStart _____% | |

d. Project Description.

Key Methods:

- Advisory Council/Task Force (specify): _____
- Internet/Web Sites-website address: www.fhcn.org
- Print Media
- Radio:
- TV: _____
- Nutrition Education Classes: (49 occurrences at 1 hour(s) each)
- Community Education Events: (2 occurrences at 3 hour(s) each)
- Training/Workshop/Conference: (3 occurrences at 8 hour(s) each)
- Point of Purchase: (_____ occurrences at _____ hour(s) each)
- Other (specify):

Key Educational Messages:

- | | |
|--|---|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input type="checkbox"/> Lean Meat and Beans |
| <input checked="" type="checkbox"/> Physical Activity | <input type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |
| <input type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input checked="" type="checkbox"/> MyPyramid – Healthy Eating Plan |
| <input type="checkbox"/> Fats and Oils | <input type="checkbox"/> Promote Healthy Weight |
| <input type="checkbox"/> Fiber-Rich Foods | <input type="checkbox"/> Sodium and Potassium |
| <input type="checkbox"/> Food Safety | <input type="checkbox"/> Whole Grains |
| <input checked="" type="checkbox"/> Food Shopping/Preparation | <input checked="" type="checkbox"/> Other (Specify): <u>SNAP Ed</u> |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|---|--|
| <u>1</u> Adult Education & Job Training Sites | _____ Libraries |
| _____ Adult Rehabilitation Centers | _____ Other Youth Education Sites (includes Parks and Recreation) |
| _____ CalFresh Offices | Public/Community Health Centers (includes Public Health Departments) |
| _____ Churches | <u>1</u> Public Housing |
| _____ Community Centers | _____ Schools – students (Preschool) |
| _____ Elderly Service Centers | _____ Schools – students (K-12) |
| _____ Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens) | _____ Schools – students (Afterschool Program) |
| _____ Extension Offices | _____ Schools – Parents |
| _____ Farmers Markets | _____ Shelters/Temporary Housing |
| _____ Food Stores | _____ WIC Programs |
| _____ Head Start Programs | _____ Worksites |
| _____ Individual Homes | Other (specify): |

Other (specify): _____

Other (specify): _____

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 450 per year/1350 total 3 years

Narrative (max. 200 words)

Family HealthCare Network is proposing to provide 1,350 children and adults with nutrition education classes and increase physical activity in the isolated rural community of Goshen, California. With the support of the local community, this program will offer nutrition sessions one day a week through Family HealthCare Center Goshen site, CSET, Self-Help Enterprise (public housing). One Registered Dietitian and up to five trained community Promotoras will deliver the nutrition education message through cooking demonstrations, taste tests, outreach promotions, interactive handouts, flip charts, and other activities. This program will offer resources to a community that currently has limited access to any nutrition education or physical activity opportunities.

e. Summary of Research.

See Section A, pages 2-5.

f. Modification of Project Methods/Strategies.

- | | |
|--|--|
| <input type="checkbox"/> We have not modified our methods/strategies | <input type="checkbox"/> Changing audience participation |
| <input type="checkbox"/> Improving cultural relevancy | <input type="checkbox"/> Adding new partners |
| <input type="checkbox"/> Enhancing/updating existing strategies | <input type="checkbox"/> Other (specify): _____ |
| <input type="checkbox"/> Utilizing research/program tool | <input type="checkbox"/> Other (specify): _____ |

All modifications are approved by the Network.

g. Use of Existing Educational Materials.

See attached Existing Educational Materials/Curricula data sheet.

h. Development of New Educational Materials.

All new educational materials must be listed on the attached New Materials Development data sheet.

i. Key Performance Measures/Indicators. (max. 100 words)

Family HealthCare Network will use sign in sheets, pre and post-test and focus groups to measure and assess the project's impact and effectiveness. Key indicators include: able to identify serving sizes, able to prepare healthy fruits and vegetables, identify ways to increase access to fruits and vegetables, able to understand the Food Pyramid, identify ways to be physically active at home and school/work, able to apply exercise safety, and others.

3. EVALUATION PLANS

All contractors participate in process evaluation per their Scope of Work activities.

Contractors who receive Federal Share >\$350,000 must participate in impact evaluation.

Impact evaluation measures the effectiveness of an intervention by assessing behavior change

or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.

4. COORDINATION EFFORTS

Family HealthCare Network (FHCN) plans to participate in all Regional Network meetings and conferences sponsored by California Department of Public Health. The agency also plans to continue its participation with the following collaborative groups: Tulare County's Healthy Visalia collaborative, Tulare County Healthy for Life coalition, First 5's Health Advisory Group, Kaweah Delta Hospital's "Salud es Vida" and other groups. For this program, FHCN will have signed agreements in place with CSET (Community Services Education and Training) and Self Help Enterprises where educational classes will be held.

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Public Housing	Self Help Enterprises	30940 Rd. 72	Goshen, Ca	93291	06107000900	All Races	47.9	PROXY
Job Readiness	CSET – Community Services Employment and Training	30498 Diagonal 69	Goshen, Ca	93291	06107000900	All Races	47.9	PROXY

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Other California Health Kids Resource Materials	My Pyramid: My Pyramid, Eat Right, and Have Fun	Resources and tools to convey and reinforce healthy eating and lifestyle behaviors that are consistent with the Dietary Guidelines for Americans and the MyPyramid Food Guidance System.	Spanish/English
Other California Health Kids Resource Materials	Champions for Change: Recipe Cards	http://www.cachampionsforchange.net/en/index.php	Spanish/English
Other California Health Kids Resource Materials	Champions for Change: Quick low cost meal ideas and healthy tips	http://www.cachampionsforchange.net/en/index.php	Spanish/English
Other California Health Kids Resource Materials	Champions for Change: Healthy Latino Recipes	http://www.cachampionsforchange.net/en/index.php	Spanish
Other California Health Kids Resource Materials	Champions for Change: Physical Activitiy for Your Health, Your Neighbors, Your Life	http://www.cachampionsforchange.net/en/index.php	Spanish/English
Other California Health Kids Resource Materials	Champions for Change: Fruits and Vegetables for Your Health, Your Neighborhood, and Your Life	http://www.cachampionsforchange.net/en/index.php	Spanish/English

LOCAL PROJECT SYNOPSIS

Source	Title	Description	Languages
California Power Play	Champions for Change: Health Kids – Power Play	As title indicates: Developed by the Network	Spanish/English
California Power Play	How Many Fruits and Vegetables Are Necessary to Love for the Love of Your Family	As title indicates: Developed by the Network	Spanish/English
Other California HealthY Kids Resource Materials	Nutrition Network: Seasonal Guide to Fruits and Vegetables	http://www.cachampionsforchange.net/en/docs/Kitchen_Tips/HandSeasonGuide.pdf	Spanish
Other California Health Kids Resource Materials	Produce for Better Health Foundation: Munching Matters – The Secret to Smart Snacking	At home, at work and at school, find out why fruits and veggies are the best-kept snacking secret. Brochure includes quick and easy ideas for smart snacks as well as tips for busy families on the go. Brochures pairs well with MM-BALA-SP. 8 panels, 4" x 9" folded. 100/pack	Spanish
Other California Health Kids Resource Materials	Produce for Better Health Foundation: Finding your Balance with Fruits and Vegetables	forefront of the balancing act of weight management. Brochure includes helpful tips on portion control and healthy substitutions. 8 panels, 4" x 9" folded. 100/pack	Spanish
USDA Materials	USDA: Anatomy of MyPyramid	Handout: brings the messages of MyPyramid to elementary school children	Spanish
Other California Health Kids Resource Materials	NCES; Hot Healthy Facts for Cool Kids	This colorful handout is a great tool to teach children ages 6-12 about the importance of eating a variety of healthy foods and being physically active.	Spanish

**BUDGET COVER SHEET
FFY 2012**

Organization: Family HealthCare Network				
Contract Number: 11-10154				
Federal Share Budget		FFY 2012	Amount Difference	% Difference
Personnel Salaries		\$ 40,347	N/A	N/A
Fringe Benefits		\$ 11,176	N/A	N/A
Operating		\$ 1,450	N/A	N/A
Equipment		\$ -		
Travel		\$ 2,642	N/A	N/A
Subcontractors		\$ 4,160	N/A	N/A
Other Costs		\$ 15,138	N/A	N/A
Indirect Costs		\$ 10,087	N/A	N/A
Total Federal Share		\$ 85,000		
<p>If the total federal share percentage difference is greater than 5%, please provide an explanation. If the total percentage is greater than 5%, consult your contract manager.</p>				

BUDGET JUSTIFICATION
October, 1, 2011 - September 30, 2012

Family HealthCare Network
#11-10154

A PERSONNEL SALARIES:								
1. Name and Position Title			2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	
FEDERAL SHARE POSITIONS								
1.	Name:	Janet Paine						
	Title:	Administrator (Director of Marketing and Grants)	\$111,630	0.10	10%	0%	\$ 11,163	
2.	Name:	Janette Garcia						
	Title:	Dietician (Registered Dietician)	\$46,800	0.50	0%	50%	\$ 23,400	
3.	Name:	Isabel Olmos		0.10	10%		\$ 5,784	
	Title:	Community Worker (Community Relations Program Coordinator)	\$57,840			0%		
SUBTOTAL:			\$216,270	0.70	20%	50%	\$ 40,347	
POSITION DESCRIPTIONS:								
Administrator (Director of Marketing and Grants Management) (1)		Supervise health education activities, oversee evaluation activities; including reporting. Coordinate community groups with the help of Community Promotoras.						
Dietician (Registered Dietician)2		Plan and coordinate nutrition education lessons, train Promotora volunteers, coordinate physical activities, prepare cooking demonstrations and taste tests, conduct and other health-related activities.						
Community Worker (Community Relations Program Coordinator) (3)		Supervise Promotora volunteers and help with nutrition education activities; plan and follow through activities and educational events at health fairs, schools, and other promotional activities; work with schools, churches, farm worker organizations, and community organizations in planning and promoting good health through dissemination of nutrition education materials.						
							Federal Share Total Dollars	
B. FRINGE BENEFITS:								
Federal Share:								
Includes payroll taxes and medical/dental benefits at approximately 27.7 % of salaries				(\$40,437 x 27.7% = \$11,176)			\$ 11,176	
SUBTOTAL:							\$ 11,176	

BUDGET JUSTIFICATION
October, 1, 2011 - September 30, 2012

Family HealthCare Network
 #11-10154

								Federal Share Total Dollars
C. OPERATING EXPENSES:								
Federal Share:								
Health Education Flyers and Materials								
Printing and duplication: Costs of nutrition ed materials and physical activity related handouts for children, parents and community members. 10,000 flyers at .08 each total \$800								\$ 800
General Office Supplies: Routine items such as, paper, folders, Staples, Pens, Stamps, flip charts, markers. (total costs for Office Sup. \$1,000 x .65 FTE = \$650)								\$ 650
SUBTOTAL:								\$ 1,450
D. EQUIPMENT EXPENSES:								
Federal Share:								
SUBTOTAL:								\$ -
E. TRAVEL AND PER DIEM:								\$ -
Federal Share:								
Local Travel: FHCN Estimates that local travel by project staff to community events, health presentations, etc. will be approximately 90 miles/month X 12 months X \$.555 mile = \$653/year.								\$ 653
Conferences: FHCN staff will participate in all required meetings and conferences, as detailed below.								
Staff person attending meeting: Project Coordinator								
Meeting	# Trips	Per Diem	Mileage	# Days	Airfare	Lodging	Registration Fee	
Regional Network meetings	2	\$40 x 2 days = \$80	204 miles x 2 @ \$.555/mile = \$226	2		\$84 x 2 = \$16		\$ 474
LFNEAC meetings: (one in conjunction with the Annual Network Conference)	3	\$40 x 3 days = \$120	562 miles @ \$.555/mile = \$312	3	Airfare \$106 @ 3 trips = \$319	\$96/night x 2 nights = \$192		\$ 943

BUDGET JUSTIFICATION
October, 1, 2011 - September 30, 2012

Family HealthCare Network
 #11-10154

										Federal Share Total Dollars	
Network-Sponsored Skill-Based Trainings:	2	\$40 x 2 days = \$80	270 x 2 @ \$.555/mile = \$300	2				\$96/night x 2 nights = \$192		\$ 572	
SUBTOTAL:										\$ 2,642	
F. SUBCONTRACTORS:											
Federal Share:											
Compensation: FHCN will recruit 3-4 Promotora Volunteers to conduct food and taste testing demonstrations and promote nutrition education throughout the community at health fair events, Resource Centers, and other locations. Works with PC and RD to conduct nutrition education interventions and participate in local events. Reimbursements to be paid: 8 hr week/ \$ 10.00/ hr x 52 weeks per year:										\$ 4,160	
SUBTOTAL:										\$ 4,160	
G. OTHER COSTS:											
Federal Share:											
Food Samples: FHCN will purchase food for taste testing and demonstrations for Nutrition Ed classes and presentations: not to exceed \$2.50 per person, including supplies, X 30 lessons X 40 Students = \$ 3,000										\$ 3,000	
Paper serving containers will be purchased with individual food sample serving items:											
	Item	Unit	Quantity	Unit Price	Quantity	Total Price					
	Paper bowls and plates		1000	\$ 50	10	\$ 500				\$ 500	
	Plastic utensils		2000	\$ 60	4	\$ 240				\$ 240	
	Paper napkins		2000	\$ 50	3	\$ 150				\$ 150	
	Paper Cups		500	\$ 50	4	\$ 200				\$ 200	
	Disposable gloves		100	\$ 5	40	\$ 200				\$ 200	
Small appliances will be purchased, such as:											
	Kitchen-aide blender		1	\$ 120	1	\$ 120				\$ 120	
	Slow cooker		1	\$ 40	1	\$ 40				\$ 40	
	George Foreman Grill		1	\$ 60	1	\$ 60				\$ 60	
	Misc. individual kitchen utensils and bowls		N/A	\$ 100	N/A	\$ 100				\$ 100	
Nutrition Education Materials: The costs associated with nutritional educational materials for my plate handouts, recipes cards, and other health related materials: 2,236 items x \$4.00 = \$8,944										\$ 8,944	
Health Fair Materials: FHCN will purchase food and supplies for taste testing and demonstrations at Health Fairs: not to exceed \$2.50 per person x 633.5 participants = \$ 1,584										\$ 1,584	
SUBTOTAL:										\$ 15,138	
H. INDIRECT COSTS:											
Federal Share: 25% of Total Salaries-(\$40,437 x 25% = 10,087)											\$ 10,087
Family HealthCare Network's actual indirect cost is 43%. For this program, we request 25% of Total Salaries be recognized as											
SUBTOTAL:										\$ 10,087	
TOTAL:										\$ 216,270	
										0.7	
										20%	
SUBTOTAL:										\$ 85,000	

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: Mandela MarketPlace
Program Area: Local Incentive Awardee: Non-Profit
Contract Number: 09-11433

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 30% Female 70%

Ethnicity:

African American 73%
 Asian 2%
 Caucasian 8%
 Latino 16%
 Native American 1%
 Pacific Islander _____ %
 Other (specify) _____: _____ %

Languages:

<input checked="" type="checkbox"/> English <u>84%</u>	<input type="checkbox"/> Khmer (Cambodian) _____ %
<input checked="" type="checkbox"/> Spanish <u>16%</u>	<input type="checkbox"/> Korean _____ %
<input type="checkbox"/> Arabic _____ %	<input type="checkbox"/> Lao _____ %
<input type="checkbox"/> Armenian _____ %	<input type="checkbox"/> Tagalog _____ %
<input type="checkbox"/> Russian _____ %	<input type="checkbox"/> Vietnamese _____ %
<input type="checkbox"/> Bosnian _____ %	<input type="checkbox"/> Other (specify) _____: _____ %
<input type="checkbox"/> Cantonese _____ %	<input type="checkbox"/> Other (specify) _____: _____ %
<input type="checkbox"/> Farsi _____ %	<input type="checkbox"/> Mandarin _____ %
<input type="checkbox"/> Hmong _____ %	

Ages:

Under 5 years old _____ %
 5 to 8 _____ %
 9 to 11 _____ %
 12 to 17 20%
 18 to 59 80%
 60 years old and over _____ %

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

See attached Census Tract data sheet
 See attached Free/Reduced Price Meal % data sheet
 Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | |
|---|--|
| <input type="checkbox"/> CalFresh Offices _____% | <input type="checkbox"/> Shelters/Temporary Housing _____% |
| <input type="checkbox"/> Food Banks _____% | <input type="checkbox"/> Soup Kitchens _____% |
| <input type="checkbox"/> Food Pantries _____% | <input type="checkbox"/> TANF Job Readiness Program _____% |
| <input checked="" type="checkbox"/> Public Housing <u>25%</u> | <input type="checkbox"/> WIC Offices _____% |
| <input type="checkbox"/> HeadStart _____% | |

d. Project Description.

Key Methods:

- Advisory Council/Task Force (specify): _____
- Internet/Web Sites-website address: _____
- Print Media
- Radio: _____
- TV: _____
- Nutrition Education Classes: (100 occurrences at 1.5hour(s) each)
- Community Education Events: (12 occurrences at .5hour(s) each)
- Training/Workshop/Conference: (100 occurrences at 2hour(s) each)
- Point of Purchase: (365 occurrences at 8hour(s) each)
- Other (specify) _____: (_____ occurrences at _____ hour(s) each)

Key Educational Messages:

- | | |
|--|--|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |
| <input checked="" type="checkbox"/> Physical Activity | <input type="checkbox"/> MyPyramid – Healthy Eating Plan |
| <input type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input type="checkbox"/> Promote Healthy Weight |
| <input type="checkbox"/> Fats and Oils | <input type="checkbox"/> Sodium and Potassium |
| <input type="checkbox"/> Fiber-Rich Foods | <input type="checkbox"/> Whole Grains |
| <input type="checkbox"/> Food Safety | <input checked="" type="checkbox"/> Other (Specify): <u>CalFresh Promotion</u> |
| <input type="checkbox"/> Food Shopping/Preparation | |
| <input type="checkbox"/> Lean Meat and Beans | |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|---|--|
| _____ Adult Education & Job Training Sites | _____ Individual Homes |
| _____ Adult Rehabilitation Centers | _____ Libraries |
| _____ CalFresh Offices | _____ Other Youth Education Sites (includes Parks and Recreation) |
| _____ Churches | _____ Public/Community Health Centers (includes Public Health Departments) |
| _____ Community Centers | <u>2</u> Public Housing |
| _____ Elderly Service Centers | _____ Schools – students (Preschool) |
| _____ Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens) | _____ Schools – students (K-12) |
| _____ Extension Offices | _____ Schools – students (Afterschool Program) |
| _____ Farmers Markets | _____ Schools – Parents |
| <u>2</u> Food Stores | _____ Shelters/Temporary Housing |
| _____ Head Start Programs | _____ WIC Programs |

_____ Worksites
Other (specify): _____

Other (specify): _____
Other (specify): _____

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 1500

Narrative (max. 200 words)

Mandela MarketPlace project will train eight Community Health Educators (CHE) to conduct nutrition education and promote physical activity to SNAP-Ed recipients and eligibles in West Oakland. In addition, the CHE will conduct meals demonstrations, taste testing of seasonal fruits and vegetables, integrate nutrition education into daily retail grocery operations, and CalFresh promotion. The project will also support the West Oakland Youth Standing Empowered team by training four to five youths between the ages 15-23. The youths will receive nutrition education training, learn to promote good nutrition, conduct taste testing, integrate nutrition education into their healthy stores program, and become Community Champions for Change as part of their Healthy Neighborhood Stores Alliance program.

e. **Summary of Research.**

See Section A, pages 2-5.

f. **Modification of Project Methods/Strategies.**

- | | |
|---|--|
| <input checked="" type="checkbox"/> We have not modified our methods/strategies | <input type="checkbox"/> Changing audience participation |
| <input type="checkbox"/> Improving cultural relevancy | <input type="checkbox"/> Adding new partners |
| <input type="checkbox"/> Enhancing/updating existing strategies | <input type="checkbox"/> Other (specify): _____ |
| <input type="checkbox"/> Utilizing research/program tool | <input type="checkbox"/> Other (specify): _____ |

All modifications are approved by the Network.

g. **Use of Existing Educational Materials.**

See attached Existing Educational Materials/Curricula data sheet.

h. **Development of New Educational Materials.**

All new educational materials must be listed on the attached New Materials Development data sheet.

i. **Key Performance Measures/Indicators.** (max. 100 words)

Eight Community Health Educators practicing in the community on a daily basis by 2012; four to five capable youth champions for change practicing in the community on a monthly basis by 2012; At least two hundred and fifty samplings of fresh fruits and vegetables in low-income neighborhood annually through 2012; A minimum of thirty nutrition and food stamp promotional events in collaboration with the Alameda County Community Food Bank.

3. EVALUATION PLANS

*All contractors participate in process evaluation per their Scope of Work activities.
Contractors who receive Federal Share >\$350,000 must participate in impact evaluation.
Impact evaluation measures the effectiveness of an intervention by assessing behavior change*

or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.

4. COORDINATION EFFORTS (MAX. 100 WORDS)

Mandela Marketplace plans to work directly with the variety of community and county programs funded by State, County and Federal agencies to provide nutrition education training to the community. The primary partner is Alameda County Community Food Bank (ACCFB). The ACCFB, a CalFresh Outreach subcontractor through the California Association of Food Banks, will provide monthly CalFresh promotion activities and pre-screening in Mandela Foods Cooperative grocery store and at Healthy Neighborhood Stores Alliance corner stores.

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Public Housing	Mandela Gateway Apartments	1400 7 TH Street	Oakland	94607	06001402200	All Races	%	Proxy Site
Public Housing	Acorn Town Center and Courtyards	1143 10th Street	Oakland	94607	06001402500	All Races	%	Proxy Site
Food Store	Bottles Liquor	1150 Market Street	Oakland	94607	06001402600	All Races	53.3%	
Food Store	Millenium Market	1741 Market Street	Oakland	94607	06001402700	All Races	54.5%	
			Oakland	94607	06001402400	All Races	63.7%	
			Oakland	94607	06001401800	All Races	70.1%	
			Oakland	94607	06001402100	All Races	71.1%	
						All Races	%	

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Free/Reduced Price Meal Percentage Data Sheet

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
			%	%	%
			%	%	%
			%	%	%
			%	%	%
			%	%	%

*After each school name indicate all that apply with the following abbreviations: K-12 School (S), Preschool (PS), After School (A) & Parents (P)

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
California African American Campaign	Soul Foods Cookbook, Get Your Calcium the Fruit and Vegetable Way	<i>Soulful Recipes</i> is full of delicious recipes and tips to help you make eating healthy and being active a part of your family habits. the “Get Your Calcium the Fruit and Vegetable Way” brochure educates people about foods that are good sources of calcium.	English/Spanish
USDA materials	Food Pyramid, Healthy Eating Index, Nutrient content of US Food Supply	MyPyramid print materials, Healthy Eating Index Fact Sheet, interactive version of the Nutrient Content of US Food Supply series allows users to query nutrient and pyramid servings information online.	English/Spanish
California Latino	Fruit, Vegetable, Physical Activity Toolbox, Latino Recipes	Teach low-income adults about eating the recommended amount of fruits and vegetables and enjoying physical activity every day. Latino Recipes includes the zesty flavors and enticing aromas of healthy Latino cooking.	English/Spanish
Harvest of the Month	Harvest of the Month posters	Nutrition education resource that utilizes in-season California fruits and vegetables.	English/Spanish
California Retail Program	Posters, Marketing Materials, Brochures, Retail toolkit, Food Stamp outreach	Brochures, Posters.	English/Spanish
Leroy Musgraves- Nutrition Educator (has a degree in Nutrition and Dietetics)	Prescription for Nutritional Healing	A reference book on Vitamins, Minerals, and Herbs. We use excerpts from this book to train our Community Health Educators	English

LOCAL PROJECT SYNOPSIS

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>

New Materials Development Data Sheet

<i>Title</i>	<i>Description</i>	<i>Justification</i>

**BUDGET COVER SHEET
FFY 2012**

Organization: Mandela MarketPlace, Inc.				
Contract Number: 09-11433				
Federal Share Budget	FFY 2011	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 63,212	\$ 63,690	\$ 478	0.76%
Fringe Benefits	\$ 11,378	\$ 10,827	\$ (551)	-4.84%
Operating	\$ 1,697	\$ 1,561	\$ (136)	-8.01%
Equipment & Other Capital	\$ -	\$ -	\$ -	0.00%
Travel	\$ 2,843	\$ 2,847	\$ 4	0.14%
SubContracts	\$ 3,920	\$ 3,675	\$ (245)	-6.25%
Other Costs	\$ -	\$ -	\$ -	0.00%
Indirect Costs	\$ 1,950	\$ 2,400	\$ 450	23.08%
Total Federal Share	\$ 85,000	\$ 85,000	\$ -	0.00%
If the total federal share percentage difference is greater than 5%, please provide an explanation. If the total percentage difference is greater than 5%, consult your Contract Manager.				
Fringe Benefits: reduced due to statutory and voluntary benefits.				
Operating Expenses: costs for outline printing has been reduced.				
Subcontracts: fewer budgeted hours have resulted in a decrease for this line item.				
Indirect Costs have been increased based on higher direct costs (e.g. accounting and evaluation fees) than in FFY2011.				

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Mandela MarketPlace Inc.
 #: 09-11433

A PERSONNEL SALARIES:								
1. Name and Position Title				2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars
FEDERAL SHARE POSITIONS								
1.	Name:	Dana Harvey		\$ 79,040	0.02	2%	0%	\$ 1,581
	Title:	Administrator/Project Administrator (Director)						
2.	Name:	Monica Monterroso		\$ 39,520	0.14	4%	10%	\$ 5,533
	Title:	Administrative Coordinator - WYSE Youth Program Director						
3.	Name:	Multiple staff (8) * \$35,360 annual salary for 8 staff @ .20 FTE each		\$ 282,880	1.60	0%	160%	\$ 56,576
	Title:	Community Health Educators (Worker Owners)						
SUBTOTAL				\$ 401,440	1.76	6%	170%	\$ 63,690
POSITION DESCRIPTIONS:								
Administrator (Project Administrator)(e.g., Director) (1)		Administer the nutrition education contract and budget, supervising nutrition education staff, attend nutrition education and scope of work related meetings, program planning and participating in the Regional collaborative. Coordinate contract reporting requirements.						
Administrative Coordinator (2)		Assists the Project Administrator with nutrition education program planning and development. Under the direction of Project Administrator works directly with individuals and small groups providing curriculum-based, prevention-oriented general nutrition education targeted to Community Health Educators. Attend Network trainings.						
Community Outreach Workers (Health Educators) (3)		Develop materials and facilitate health education in both group and individual settings. Coordinate educational activities, follow-through on nutrition education events and classes, teach general nutrition, the importance of fruits and vegetables, and health benefits of proper nutrition and physical activity targeted to SNAP eligibles. With support from Administrative Coordinator, works directly with individuals and small groups providing curriculum-based general nutrition education targeted at SNAP eligibles						
Federal Share Total Dollars								
B. FRINGE BENEFITS:								
Federal Share:								
Includes payroll taxes at 17% of salaries				(\$63,690 x 17% = \$10,827)				\$ 10,827
SUBTOTAL:								\$ 10,827
C. OPERATING EXPENSES:								
Federal Share:								
Office Supplies: Folders for nutrition education class materials 1 box @ \$19						\$19		
Routine printing for nutrition education classes: 4060 copies @ .05 each						\$203		
Communication expenses will be prorated by [1.76 Network FTE/4 organization staff = 44%]								
Communications: Phone @ \$130 per month x 12 months x 44% FTE =						\$686		
Internet usage @ \$30 per month x 12 months x 44% FTE =						\$158		
Rent expenses will be prorated by [1.76 Network FTE/8 organization staff = 22%]								
Rent: \$1,875/month * 10% (space allocated for nutrition education center) x 12 months = \$2,250 activities						\$495		
(\$1,875 x 10%=\$187.50 x 12 months=\$2,250 x22%= \$495.00)								
SUBTOTAL:								\$ 1,561

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Mandela MarketPlace Inc.
 #: 09-11433

										Federal Share Total Dollars
D. EQUIPMENT EXPENSES:										\$0
Federal Share:										
SUBTOTAL:										\$ -
E. TRAVEL AND PER DIEM:										
Federal Share:										
<u>Meeting: Staff attending</u>										
(1) Annual Network Conference: Staff attending - Project Administrator, Administrative Coordinator, Community Health Educator										
	<u># Staff</u>	<u># Trips</u>	<u># Days</u>	<u>Per Diem</u>	<u>Lodging</u>	<u>Transportation</u>	<u>Registration</u>	<u>Total</u>		
	3	1	2	\$40x3staff = \$120	\$84+\$12 tax/day = \$96	R/T trainfare \$75x4staff = \$300		\$756		
				\$16x3staff = \$48	x 3 staff = \$288	Oakland/Sacramento				
(3) Network LFNEAC meetings: STAFF: Community Health Educators (1 per meeting), Admin Coordinator										
	<u># Staff</u>	<u># Trips</u>	<u># Days</u>		<u>Transportation</u>			<u>Total</u>		
	2	1	1		R/T trainfare \$200x2staff = \$400	Oakland/Sacramento		\$400		
	<u># Staff</u>	<u># Trips</u>	<u># Days</u>		<u>Transportation</u>			<u>Total</u>		
	2	1	1		R/T Airfare \$300x2staff = \$600	Oakland/Los Angeles		\$600		
	<u># Staff</u>	<u># Trips</u>	<u># Days</u>		<u>Transportation</u>			<u>Total</u>		
	2	1	1		mileage 2staff x \$.555/mile x 52 miles = \$58	Oakland/San Francisco		\$58		
(2) Network Sponsored Trainings: STAFF: Administrative Coordinator, Community Health Educator										
	<u># Staff</u>	<u># Trips</u>	<u># Days</u>		<u>Transportation</u>			<u>Total</u>		
	2	1	1		mileage 2staff x \$.555/mile x 52 miles = \$58	Oakland/San Francisco		\$58		
(2) Regional Network Collaborative Meetings: STAFF: Administrative Coordinator, Community Health Educator										
	<u># Staff</u>	<u># Trips</u>	<u># Days</u>		<u>Transportation</u>			<u>Total</u>		
	2	1	1		mileage 2staff x \$.555/mile x 52 miles = \$58	Oakland/San Francisco		\$58		
	Mileage for Local travel for nutrition education activities, training, etc..								<u>Total</u>	
	1,652 miles x \$.555 per mile = \$917								\$917	
SUBTOTAL:										\$2,847
F. SUBCONTRACTORS:										
Federal Share:										
Nathan Cheng, Business Manager/MFC - Program Assistant										\$ 1,200
* Will be paid a rate of \$40/hour for 30 hours (to total \$1,200). Will provide administrative and programmatic support for the project staff and community health educators; is responsible for the reporting requirements.										
5 WYSE Youth team members										
* Each team member will be paid a rate of \$11/hour @ 45 hours each (5 members x \$11/hour x 45 hours = \$2,475). Will conduct nutrition education and food stamp promotion activities as part of the Healthy Neighborhood Stores Alliance; will conduct community outreach events and participate in trainings.										\$ 2,475
SUBTOTAL:										\$ 3,675

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: Neighborhood Parks Council
Program Area: Local Food and Nutrition Education: Non-Profit
Contract Number: 09-11436

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 55% Female 45%

Ethnicity:

- African American 19%
- Asian 29%
- Caucasian 6%
- Latino 31%
- Native American _____%
- Pacific Islander 6%
- Other (specify) Mult Racial: 9%

Languages:

- | | |
|---|--|
| <input checked="" type="checkbox"/> English <u>100%</u> | <input type="checkbox"/> Khmer (Cambodian) _____% |
| <input type="checkbox"/> Spanish _____% | <input type="checkbox"/> Korean _____% |
| <input type="checkbox"/> Arabic _____% | <input type="checkbox"/> Lao _____% |
| <input type="checkbox"/> Armenian _____% | <input type="checkbox"/> Tagalog _____% |
| <input type="checkbox"/> Russian _____% | <input type="checkbox"/> Vietnamese _____% |
| <input type="checkbox"/> Bosnian _____% | <input type="checkbox"/> Other (specify) _____: _____% |
| <input type="checkbox"/> Cantonese _____% | <input type="checkbox"/> Other (specify) _____: _____% |
| <input type="checkbox"/> Farsi _____% | <input type="checkbox"/> Mandarin _____% |
| <input type="checkbox"/> Hmong _____% | |

Ages:

- Under 5 years old _____%
- 5 to 8 _____%
- 9 to 11 _____%
- 12 to 17 10%
- 18 to 59 90%
- 60 years old and over _____%

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

- See attached Census Tract data sheet
- See attached Free/Reduced Price Meal % data sheet
- Other (Specify): _____ (_____ % equal to or less than 185% FPL)
- Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | |
|--|--|
| <input type="checkbox"/> CalFresh Offices _____% | <input type="checkbox"/> Shelters/Temporary Housing _____% |
| <input type="checkbox"/> Food Banks _____% | <input type="checkbox"/> Soup Kitchens _____% |
| <input type="checkbox"/> Food Pantries _____% | <input type="checkbox"/> TANF Job Readiness Program _____% |
| <input type="checkbox"/> Public Housing _____% | <input type="checkbox"/> WIC Offices _____% |
| <input type="checkbox"/> HeadStart _____% | |

d. Project Description.

Key Methods:

- Advisory Council/Task Force (specify): _____
- Internet/Web Sites-website address: _____
- Print Media
- Radio: _____
- TV: _____
- Nutrition Education Classes: (20 occurrences at 1hour(s) each)
- Community Education Events: (4 occurrences at 4hour(s) each)
- Training/Workshop/Conference: (2 occurrences at 6hour(s) each)
- Point of Purchase: (_____ occurrences at _____hour(s) each)
- Other (specify)_____: (_____ occurrences at _____hour(s) each)

Key Educational Messages:

- | | |
|--|--|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input type="checkbox"/> Lean Meat and Beans |
| <input type="checkbox"/> Physical Activity | <input checked="" type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |
| <input type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input type="checkbox"/> MyPyramid – Healthy Eating Plan |
| <input type="checkbox"/> Fats and Oils | <input type="checkbox"/> Promote Healthy Weight |
| <input type="checkbox"/> Fiber-Rich Foods | <input type="checkbox"/> Sodium and Potassium |
| <input type="checkbox"/> Food Safety | <input checked="" type="checkbox"/> Whole Grains |
| <input checked="" type="checkbox"/> Food Shopping/Preparation | <input type="checkbox"/> Other (Specify): _____ |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|---|--|
| _____ Adult Education & Job Training Sites | _____ Other Youth Education Sites (includes Parks and Recreation) |
| _____ Adult Rehabilitation Centers | _____ Public/Community Health Centers (includes Public Health Departments) |
| _____ CalFresh Offices | _____ Public Housing |
| _____ Churches | _____ Schools – students (Preschool) |
| _____ Community Centers | 4_____ Schools – students (K-12) |
| _____ Elderly Service Centers | _____ Schools – students (Afterschool Program) |
| _____ Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens) | _____ Schools – Parents |
| _____ Extension Offices | _____ Shelters/Temporary Housing |
| _____ Farmers Markets | _____ WIC Programs |
| _____ Food Stores | _____ Worksites |
| _____ Head Start Programs | Other (specify): _____ |
| _____ Individual Homes | Other (specify): _____ |
| _____ Libraries | Other (specify): _____ |

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: **225**

Narrative (max. 200 words)

The Urban Sprouts Family Garden-based Nutrition Education Project will train and support 50 parents of children who attend SNAP-eligible middle and high schools in San Francisco, over the three-year contract period. These parents will become peer-to-peer nutrition educators at their children’s schools. The Project will implement the Urban Sprouts program model for garden-based nutrition education, a model based on theories of health behavior change and tested by research.

Parent participants will participate in six hours of training on the garden-based nutrition education model, will be responsible for growing food for family consumption in a plot within the school garden, and will provide 10 hours of peer-to-peer garden-based nutrition education to other school families, reaching a total of 450 parents over the three years. This unique program combines best practices in using school gardens to increase fruit and vegetable consumption with an innovative parent involvement strategy, in which parents will empower their peers to increase healthy eating behaviors and physical activity both in their children’s schools and at home. The project will also provide training workshops for 18-25 practitioners per year to disseminate our program model and results in communities throughout California including Alameda, Fresno and Riverside counties.

e. Summary of Research.

See Section A, pages 2-5.

f. Modification of Project Methods/Strategies.

- | | |
|---|--|
| <input checked="" type="checkbox"/> We have not modified our methods/strategies | <input type="checkbox"/> Changing audience participation |
| <input type="checkbox"/> Improving cultural relevancy | <input type="checkbox"/> Adding new partners |
| <input type="checkbox"/> Enhancing/updating existing strategies | <input type="checkbox"/> Other (specify): _____ |
| <input type="checkbox"/> Utilizing research/program tool | <input type="checkbox"/> Other (specify): _____ |

All modifications are approved by the Network.

g. Use of Existing Educational Materials.

See attached Existing Educational Materials/Curricula data sheet.

h. Development of New Educational Materials.

All new educational materials must be listed on the attached New Materials Development data sheet.

i. Key Performance Measures/Indicators. (max. 100 words)

The project will document process indicators using weekly program reports and will conduct impact evaluation using surveys and focus groups to measure fruit and vegetable consumption, daily physical activity, and factors related to fruit and vegetable consumption such as knowledge, attitudes, and preferences expressed at school and at home.

3. EVALUATION PLANS

*All contractors participate in process evaluation per their Scope of Work activities.
Contractors who receive Federal Share >\$350,000 must participate in impact evaluation.
Impact evaluation measures the effectiveness of an intervention by assessing behavior change or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.*

4. COORDINATION EFFORTS (MAX. 100 WORDS)

Will participate in Regional Collaborative of the Regional Networks for a Healthy California, will attend Local Food and Nutrition Education Action Committee meetings. In order to provide trainings to practitioners; disseminate our program model and ensure the best results; we will partner with the following organizations: Botanical Garden at UC Berkeley, UC Cooperative Extension of Alameda County, Youth Leadership Institute, and the Center for Food & Justice.

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
						All Races	%	
						All Races	%	
						All Races	%	
						All Races	%	
						All Races	%	
						All Races	%	
						All Races	%	
						All Races	%	

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Free/Reduced Price Meal Percentage Data Sheet

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Martin Luther King, Jr. Academic Middle School (S)	San Francisco Unified School District	38-68478-6059885	54.40%	18.60%	73.00%
June Jordan School for Equity (S)	San Francisco Unified School District	38-68478-0102103	44.00%	9.33%	53.33%
Aptos Middle School (S)	San Francisco Unified School District	38-68478-6062020	34.64%	19.85%	54.49%
International Studies Academy (School Food Service, 1/5/09) (S)	San Francisco Unified School District	38-68478-3830353	48.60%	5.60%	54.20%
			%	%	%
			%	%	%
			%	%	%
			%	%	%

*After each school name indicate all that apply with the following abbreviations: K-12 School (S), Preschool (PS), After School (A) & Parents (P)

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
California Department of Education	Nutrition to Grow On	Garden-based nutrition education curriculum for grades 4-6 developed by UC Davis	English
Cooperative Extension (EFNEP, SNAPP)	Eat Fit (UC Cooperative Extension)	Nutrition education curriculum for middle and high school students	English
Network for a Healthy California (CDPH)	Harvest of the Month	Nutrition education resource that utilizes in-season California fruits and vegetables	English
National Gardening Association	The Growing Classroom	Garden-based education curriculum including nutrition education for grades K-12	English
Network for a Healthy California (CDPH)	Fruit, Vegetable, and Physical Activity Toolbox for Community Educators	Nutrition education resources for use with children and families.	English, Spanish

New Materials Development Data Sheet

<i>Title</i>	<i>Description</i>	<i>Justification</i>

**BUDGET COVER SHEET
FFY 2012**

Organization: Neighborhood Parks Council (Urban Sprouts)				
Contract Number: 09-11436				
Federal Share Budget	FFY 2011	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 54,497	\$ 55,230	\$ 733	1.35%
Fringe Benefits	\$ 7,630	\$ 7,732	\$ 102	2.91%
Operating	\$ 2,108	\$ 849	\$ (1,259)	-59.72%
Equipment	\$ -	\$ -	\$ -	0.00%
Travel	\$ 2,854	\$ 1,877	\$ (977)	-34.23%
Subcontractors	\$ 8,000	\$ 7,900	\$ (100)	-1.25%
Other Costs	\$ 978	\$ 2,910	\$ 1,932	197.55%
Indirect Costs	\$ 8,451	\$ 8,499	\$ 48	0.57%
Total Federal Share	\$ 84,518	\$ 84,997	\$ 479	107.16%
<p>If the total federal share percentage difference is greater than 5%, please provide an explanation. If the total percentage difference is greater than 5%, consult your Contract Manager.</p>				
<p>Operating Costs did not include rent for FFY2012; Other Costs were increased due to the preparation for the Scope of Work, Obj. 1, which includes creating and developing a 3 year retrospective study of the project.</p>				
<p>Travel was reduced due to budget constraints.</p>				

BUDGET JUSTIFICATION
October 1, 2011 through September 30, 2012

Neighborhood Parks Council
#09-11436

A PERSONNEL SALARIES:								
1. Name and Position Title				2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars
FEDERAL SHARE POSITIONS								
1.	Name:	Abby Jaramillo		\$ 55,120	0.45		45%	\$ 24,804
	Title:	Project Coordinator (Program Director)						
2.	Name:	Audrey Roderick		\$ 50,710	0.60		60%	\$ 30,426
	Title:	Family Advocate (Community Programs Manager)						
SUBTOTAL				\$ 105,830	1.05	0%	105%	\$ 55,230
POSITION DESCRIPTIONS:								
Family Advocate (2)				Provides nutrition education to students and their families, and recruits SNAP-Ed eligibles for group nutrition/cooking classes. Provides nutrition, physical activity and food stamp promotion resources to students and their parents, to the SNAP eligible population.				
Project Coordinator (1)				Coordinate program staff and nutrition education activities; plan and follow through on outreach educational events at health fairs, schools, and other promotional activities; work with schools, churches, farm worker organizations, and community organizations in planning and promoting good health through dissemination of nutrition education materials; actively acquire and develop culturally and linguistically competent nutrition curriculum and educational materials; to promote existing and/or to develop new physical activity promotional components of nutrition education; and expand our existing community outreach programs to encompass nutritional components to increase community awareness and knowledge of good nutrition and healthy active lifestyles to the SNAP eligible population.				
B. FRINGE BENEFITS:								
Federal Share:								
Includes payroll taxes and medical/dental benefits at 14% of salaries (\$55,230)								
SUBTOTAL:								
\$ 7,732								
C. OPERATING EXPENSES:								
Federal Share:								
* All operating expenses prorated approximately @ 29.17% [1.05 Network FTE/3.6 total organization FTE = 29.17%]								
		Office Supplies	Copy paper (15 @ \$5 = \$75; stapler/staples (\$15), hole punch (\$25), printer ink (10 @ \$15 = \$150); curriculum binders (10 @ \$4 = \$40); dividers (10 @ \$2 = \$20); file folders (2 boxes @ \$25 = \$50), envelopes (box of 250 @ \$35 = \$35), address labels (4 packs @ \$18 = \$72), card stock (1 pack @ \$20), pens/pencils (10 boxes @ \$5 = \$50) = \$552 x 29.17% = \$161					\$ 161
		Technology Costs	Web-based application service provider @ approximately \$106 per fiscal quarter = \$424 x 29.17% = \$127					\$ 124

BUDGET JUSTIFICATION
October 1, 2011 through September 30, 2012

Neighborhood Parks Council
#09-11436

										Federal Share Total Dollars
		Telephone	Phone calls by four staff @ \$10 each per month = \$480 x 29.17% = \$140							\$ 140
		Postage	1550 stamps @ \$0.44 for two nutrition newsletters per year to SNAP eligibles = 682 x 29.17% = \$199							\$ 199
		Printing & Copying	1550 copies of four nutrition newsletters per year to SNAP eligibles, @ \$0.10 = \$620 x 29.17% = \$181							\$ 181
		Web Hosting	Web hosting & email @ \$10 per month, Flickr site @ \$30/year = \$144 x 29.17% = \$44							\$ 44
SUBTOTAL:										\$ 849
D.	EQUIPMENT EXPENSES:									
	Federal Share:									
SUBTOTAL:										\$ -
E.	TRAVEL AND PER DIEM:									
	Federal Share:									
	Network Meetings									
		Staff	Purpose	# Trips	# Days	Per Diem*	Lodging	Airfare	Total mileage*	Total
		Project Coordinator	LFNEAC meeting, Los Angeles	1	1		\$117	170- \$199		287 \$316
		Project Coordinator and Family Advocate	3 Regional <i>Network</i> meetings, 2 LFNEAC meetings, Oakland or San Francisco	5	5				Approximately 182- 282 miles @ .51- \$.555/mile = \$93 \$157	\$ 157
		Family Advocate	2 <i>Network</i> sponsored trainings: Skill-based, Media, or Youth Empowerment, Bay	2	2				75- 205 miles x .51- \$.555 /mile = \$38 \$114	\$ 114
		Project Coordinator	1 <i>Network</i> sponsored trainings: Skill-based or Steering Committee Meeting, Sacramento	1	1				Approximately 220- 373 miles @ .51- \$.555/mile = \$112 \$373	\$ 373
		Project Coordinator and Family Advocate	<i>Network</i> Annual Conference, Sacramento; registration fee @ \$225/person x 2 people = \$450	1	2	2 days x \$24/day x 2 people = \$96	2 people x \$96/night = \$192		Approximately 210- 81 miles @ .51- \$.555/mile = \$107 \$45	\$ 333
	Program-related Travel:									
		Family Advocate	Visits to school sites for meetings, transporting materials, workshops - 3 per week for 40 weeks	126	126				Approximately 976.5- 1027- miles @ .51- \$.555/mile = \$498 \$570	\$ 570
	Tax on Lodging									
							\$14			\$ 14
	*Per diem and mileage to be charged @ current DPA rates.									
SUBTOTAL:										\$ 1,877

BUDGET JUSTIFICATION
October 1, 2011 through September 30, 2012

Neighborhood Parks Council
#09-11436

										Federal Share Total Dollars				
F.	SUBCONTRACTORS:													
	Federal Share:													
		Subcontractor - Ecotrust: Dr. Michelle Ratcliffe, Research Specialist will perform approximately 48 hours per year @ \$50/hour (not to exceed \$2,400 per year). Implements annual program evaluation including conducts surveys, focus groups, and interviews, transcribes focus groups, enters data, conducts qualitative and quantitative data analysis, and prepares final report of summarized findings.									\$ 2,400			
		Peer Nutrition Educators - 22 peer nutrition educations will be paid a maximum rate of \$250 each; each person will prepare for and implement a full day of nutrition education and cooking demonstrations while promoting physical education at a school-wide event (to be determined).									\$ 5,500			
										SUBTOTAL:	\$ 7,900			
G.	OTHER COSTS:									\$ 2,910				
	Federal Share:													
		Tasting Demonstrations	6 tastings per school site at 4 school sites, for 6 people @ \$2.50 per person							\$360				
		Tasting Demonstrations	8 tastings at school events attended by 50 people each @ \$0.50 per person							\$200				
		3-year LFNE retrospective project: Per SOW Goal 1:, Objective 1: Create a 3 year retrospective study of the project based on qualitative and quantitative data collected during the course of project implementation. Present study and presentation at LFNEAC meeting.									\$2,350			
										SUBTOTAL:	\$ 2,910			
H.	INDIRECT COSTS:													
	Federal Share:													
		11.11% Total Direct Costs (\$76,498)												
										SUBTOTAL:	\$ 8,499			
										\$ 105,830	1.05	0%	105%	\$ 84,997

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: North Coast Opportunities, Inc.
BEANS – Better Eating, Activity, and Nutrition for Students
Program Area: Local Food and Nutrition Education:
Contract Number: 09-11434

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 25% Female 75%

Ethnicity:

- African American _____%
- Asian _____%
- Caucasian 40%
- Latino 40%
- Native American 20%
- Pacific Islander _____%
- Other (specify) _____: _____%

Languages:

- | | |
|--|--|
| <input checked="" type="checkbox"/> English <u>70%</u> | <input type="checkbox"/> Khmer (Cambodian) _____% |
| <input checked="" type="checkbox"/> Spanish <u>30%</u> | <input type="checkbox"/> Korean _____% |
| <input type="checkbox"/> Arabic _____% | <input type="checkbox"/> Lao _____% |
| <input type="checkbox"/> Armenian _____% | <input type="checkbox"/> Tagalog _____% |
| <input type="checkbox"/> Russian _____% | <input type="checkbox"/> Vietnamese _____% |
| <input type="checkbox"/> Bosnian _____% | <input type="checkbox"/> Other (specify) _____: _____% |
| <input type="checkbox"/> Cantonese _____% | <input type="checkbox"/> Other (specify) _____: _____% |
| <input type="checkbox"/> Farsi _____% | <input type="checkbox"/> Mandarin _____% |
| <input type="checkbox"/> Hmong _____% | |

Ages:

- Under 5 years old 2%
- 5 to 8 30%
- 9 to 11 30%
- 12 to 17 10%
- 18 to 59 23%
- 60 years old and over 5%

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

- See attached Census Tract data sheet
- See attached Free/Reduced Price Meal % data sheet

- Other (Specify): _____ (_____ % equal to or less than 185% FPL)
- Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | |
|--|---|
| <input type="checkbox"/> CalFresh Offices _____% | <input checked="" type="checkbox"/> Shelters/Temporary Housing <u>5</u> % |
| <input checked="" type="checkbox"/> Food Banks <u>10</u> % | <input checked="" type="checkbox"/> Soup Kitchens <u>5</u> % |
| <input type="checkbox"/> Food Pantries _____% | <input type="checkbox"/> TANF Job Readiness Program _____% |
| <input type="checkbox"/> Public Housing _____% | <input type="checkbox"/> WIC Offices _____% |

d. Project Description.

Key Methods:

- Advisory Council/Task Force (specify): _____
- Internet/Web Sites-website address: _____
- Print Media
- Radio: _____
- TV: _____
- Nutrition Education Classes: (270 occurrences at 1.0hour(s) each)
- Community Education Events: (18 occurrences at 0.5hour(s) each)
- Training/Workshop/Conference: (9 occurrences at 0.5hour(s) each)
- Point of Purchase: (_____ occurrences at _____hour(s) each)
- Other (specify)_____: (_____ occurrences at _____hour(s) each)

Key Educational Messages:

- | | |
|--|---|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input checked="" type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |
| <input checked="" type="checkbox"/> Physical Activity | <input checked="" type="checkbox"/> MyPyramid – Healthy Eating Plan |
| <input type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input checked="" type="checkbox"/> Promote Healthy Weight |
| <input type="checkbox"/> Fats and Oils | <input type="checkbox"/> Sodium and Potassium |
| <input checked="" type="checkbox"/> Fiber-Rich Foods | <input checked="" type="checkbox"/> Whole Grains |
| <input type="checkbox"/> Food Safety | <input checked="" type="checkbox"/> Other (Specify): <u>Garden-Enhanced Nutrition Education</u> |
| <input checked="" type="checkbox"/> Food Shopping/Preparation | |
| <input checked="" type="checkbox"/> Lean Meat and Beans | |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|--|--|
| _____ Adult Education & Job Training Sites | _____ Individual Homes |
| _____ Adult Rehabilitation Centers | _____ Libraries |
| _____ CalFresh Offices | _____ Other Youth Education Sites (includes Parks and Recreation) |
| _____ Churches | _____ Public/Community Health Centers (includes Public Health Departments) |
| _____ Community Centers | _____ Public Housing |
| _____ Elderly Service Centers | _____ Schools – students (Preschool) |
| 4 _____ Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens) | _____ Schools – students (K-12) |
| _____ Extension Offices | 9 _____ Schools – students (Afterschool Program) |
| _____ Farmers Markets | _____ Schools – Parents |
| _____ Food Stores | _____ Shelters/Temporary Housing |
| _____ Head Start Programs | _____ WIC Programs |
| | _____ Worksites |

Other (specify): _____
Other (specify): _____

Other (specify): _____

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 690

Narrative (max. 200 words)

The Better Eating Activity, and Nutrition for Students (BEANS) project will use teen peer educators to bring interactive food demonstrations to after school programs, family resource centers and farmers markets. BEANS will focus its activities in Mendocino County's three largest communities (Fort Bragg, Ukiah and Willits). Because all of these communities have seen significant increases in their Hispanic populations, the project will conduct targeted promotion to reach and engage members of the Latino community. North Coast Opportunities (NCO) will work with a range of partners to create an innovative program that combines nutrition education with interactive food demonstrations, samples and recipes, garden produce and activity, and CalFresh promotion in after school settings. BEANS teen peer educators will form the core of the project, with at least 50% of the teens fluent in Spanish. In each community, NCO will use grant funds to hire a 0.25 FTE Site coordinator, with the Ukiah Site Coordinator working an additional 0.25 FTE as the Lead Site Coordinator to manage program monitoring, reporting, and evaluation. NCO will also assign volunteers to assist in each community, a significant in-kind contribution to the project.

e. Summary of Research.

See Section A, pages 2-5.

f. Modification of Project Methods/Strategies.

- | | |
|--|--|
| <input type="checkbox"/> We have not modified our methods/strategies | <input type="checkbox"/> Changing audience participation |
| <input type="checkbox"/> Improving cultural relevancy | <input type="checkbox"/> Adding new partners |
| <input checked="" type="checkbox"/> Enhancing/updating existing strategies | <input type="checkbox"/> Other (specify): _____ |
| <input type="checkbox"/> Utilizing research/program tool | <input type="checkbox"/> Other (specify): _____ |

All modifications are approved by the Network.

g. Use of Existing Educational Materials.

See attached Existing Educational Materials/Curricula data sheet.

h. Development of New Educational Materials.

All new educational materials must be listed on the attached New Materials Development data sheet.

i. Key Performance Measures/Indicators. (max. 100 words)

Process evaluation measures will indicate the participation levels in all activities performed, as recorded in sign-in sheets and on the Activity Tracking Form. Increased consumption of fresh produce will indicate successful impact of after school classes. Improved knowledge of food preparation and increased cooking skills will indicate successful implementation of Family Resource Center classes. Increased CalFresh purchases at farmers market will indicate effective promotion.

3. EVALUATION PLANS

*All contractors participate in process evaluation per their Scope of Work activities.
Contractors who receive Federal Share >\$350,000 must participate in impact evaluation.
Impact evaluation measures the effectiveness of an intervention by assessing behavior change
or the factors that directly influence behavior change primarily focusing on consumption of
fruit and vegetables intake.*

4. COORDINATION EFFORTS (MAX. 100 WORDS)

North Coast Opportunities will collaborate with Mendocino County UC Cooperative Extension 4-H Youth program; Mendocino County Garden-Enhanced Nutrition Education Project (Network LIA); Food For All Mendocino, three Family Resource Centers, and the Mendocino County CalFresh Office (all programs of the Mendocino County Health and Human Services Agency); Noyo Food Forest; and the Mendocino County Farmers' Market Association. To ensure effective coordination, BEANS partners will meet quarterly, hold monthly phone conferences, and communicate regularly through email.

Census Tract Data Sheet (include public schools that serve parents/caregivers)

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Emergency Food Assistance Sites	Fort Bragg Food Bank	910 N. Franklin Street	Fort Bragg	95437	6045010400	Caucasian and Latino	100%	Proxy site
Emergency Food Assistance Sites	Willits Community Food Bank	229 E San Francisco Ave	Willits	95490	6045010700	Caucasian and Latino	100%	Proxy site
Emergency Food Assistance Sites	Plowshares Soup Kitchen	1346 S. State Street	Ukiah	95482	6045011600	Caucasian and Latino	100%	Proxy site
Emergency Food Assistance Sites	Ford Street Project	139 Ford Street	Ukiah	95482	6045011600	Caucasian and Latino	100%	Proxy site

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Free/Reduced Price Meal Percentage Data Sheet (for Preschool and K-12 grade audience)

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code*</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Dana Gray Elementary AS	Fort Bragg Unified	23-65565-6025100	48.55%	19.69%	68.23%
Fort Bragg Middle AS	Fort Bragg Unified	23-65565-6061667	44.72%	16.46%	61.18%
Redwood Elementary AS	Fort Bragg Unified	23-65565-6025126	50.47%	13.68%	64.15%
Frank Zeek Elementary AS	Ukiah Unified	23-65615-6025191	50.78%	16.63%	67.41%
Grace Hudson Elementary AS	Ukiah Unified	23-65615-101147	74.69%	10.07%	84.77%
Pomolita Middle AS	Ukiah Unified	23-65615-6025233	58.18%	9.91%	68.08%
Baechtel Grove Middle AS	Willits Unified	23-65623-6025282	55.44%	16.98%	72.41%
Blosser Lane Elementary AS	Willits Unified	23-65623-6108369	60.27%	12.64%	72.91%
Brookside Elementary AS	Willits Unified	23-65623-6025290	66.76%	11.44%	78.20%

* List K-12 School, Preschool and After School separately even if it is the same site.

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Network for a Healthy California Latino Campaign	Fruit, Vegetable, and Physical Activity Toolbox	<p>The Toolbox Kit and this companion Web site were created so that you and other community educators can easily teach low-income adults about eating the recommended amount of fruits and vegetables and enjoying physical activity every day. Each item in the Toolbox was tested with the target community to make sure it is culturally appropriate.</p> <p>The Toolbox Web site contains lessons with supporting handouts, resources, and evaluation tools while the Toolbox Kit provides all information available from the Web site as well as two educational videos, five decks of fruit, vegetable, and physical activity playing cards, a music CD, poster, and produce guide.</p>	English/Spanish
Network for a Healthy California Power Play!	School Idea and Resource Kit	<p>School Idea & Resource Kits for 4th and 5th grades</p> <p>Each Kit includes 10 activities designed to encourage and motivate students to eat fruits and vegetables and be physically active every day. The activities link to the California Content Standards in English/Language Arts and Mathematics.</p>	English/Spanish
Cooperative Extension (EFNEP, FSNEP)	EatFit	A program to analyze and teach children good eating habits.	English/Spanish

LOCAL PROJECT SYNOPSIS

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Network for a Healthy California	Harvest of the Month	<p>The overall goal is to provide knowledge- and skill-based strategies that are:</p> <ul style="list-style-type: none"> • standardized • cost-effective • replicable • convenient <p>These strategies are designed to motivate and empower students to increase consumption and enjoyment of a variety of colorful fruits and vegetables and to engage in physical activity every day.</p>	English/Spanish
USDA materials	The Power of Choice	<p>The Power of Choice was developed by HHS' Food and Drug Administration and USDA's Food and Nutrition Service. It is intended for after-school program leaders working with young adolescents. Everything you need to know is in the Leaders' Guide, including most activity materials. It's full of quick, simple things to do with kids; many activities take little or no pre-planning. A CD containing 10 interactive sessions based on six posters. Included in the Leader's Guide are a recipe booklet, parent letter, and Nutrition Facts cards.</p>	English
USDA materials	MyPyramid	<p>One size doesn't fit all. Try out our interactive tools to get a personalized eating plan, or to plan and assess your food and physical activity choices based on the Dietary Guidelines for Americans.</p>	English/Spanish

BUDGET COVER SHEET
October 1, 2011 - September 30, 2012

Organization: NorthCoast Opportunities				
Contract Number: 09-11434				
Federal Share Budget	FFY 2011	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 18,334	\$ 18,884	\$ 550	3%
Fringe Benefits	\$ 6,417	\$ 6,609	\$ 192	3%
Operating Expenses	\$ 1,250	\$ 792	\$ (458)	-37%
Equipment	\$ 735	\$ -	\$ (735)	100%
Travel and Per Diem	\$ 3,541	\$ 3,541	\$ -	0%
Subcontractors	\$ 39,812	\$ 40,466	\$ 654	2%
Other Costs	\$ 8,615	\$ 8,412	\$ (203)	-2%
Indirect Costs	\$ 6,296	\$ 6,296	\$ -	0%
Total Federal Share	\$ 85,000	\$ 85,000	\$ -	0%
<p>If the total federal share percentage difference is greater than 5%, please provide an explanation. If the total percentage difference is greater than 5%, consult your Contract Manager.</p>				
Operating Expenses: reduced printing costs due to budget constraints				
Equipment not allocated. Small appliances were purchased in FFY 2011.				

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

NorthCoast Opportunities
 # 09-11434

A. PERSONNEL SALARIES:									
		1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	
FEDERAL SHARE POSITIONS									
1.	Name:	Miles Gordon		\$ 46,680	0.05	5.00%	0.00%	\$ 2,334	
	Title:	Administrator/Project Director							
2.	Name:	Vacant		\$ 33,100	0.50	25.00%	25.00%	\$ 16,550	
	Title:	Project Coordinator (Lead Site Coordinator)							
SUBTOTAL				\$ 79,780	\$ 0.55	30%	25%	\$ 18,884	
PERSONNEL POSITION DESCRIPTIONS:									
		Administrator (Project Director) (1)	Administer the nutrition education contract and budget, supervise nutrition education staff, attend work-related meetings, and monitor program implementation. Coordinate contract reporting requirements.						
		Project Coordinator (Lead Site Coordinator) (2)	Plan and facilitate nutrition education activities for programming in after school setting for different age groups of children, family resource center clients, and farmers market shoppers. Train teen peer educators. Prepare instructional plans for nutrition activities, collect data related to nutrition education programming, prepare documentation for nutrition education contract, and prepare interim and final progress report. Attend required meetings.						
B. FRINGE BENEFITS:									
Federal Share:									
Includes payroll taxes and medical/dental benefits at 35% of salaries x \$18,884.									
								\$ 6,609	
								SUBTOTAL:	
								\$ 6,609	
C. OPERATING EXPENSES:									
Federal Share:									
Printing and duplication: Print and duplication of nutrition and physical activity related flyers and other materials for participants, families, and teachers throughout the year - approximately 10,025 copies @ .04/copy									
								\$ 401	
General office supplies (pens, paper, markers, flip charts, folders) - based on historical costs.									
								\$ 391	
								SUBTOTAL:	
								\$ 792	
D. EQUIPMENT EXPENSES:									
Federal Share:									

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

NorthCoast Opportunities
 # 09-11434

											SUBTOTAL:	\$	-
													Federal Share Total Dollars
E. TRAVEL AND PER DIEM:													
Federal Share:													
	Local Travel. NCO estimates that local travel by the Lead Site Coordinator, for trainings and monitoring will average approximately 2,161 miles/month. At NCO's standard reimbursement rate of \$.555/mile, this totals \$1,200/year.											1,200	
	Staff person attending meeting: Lead Site Coordinator												
	<u>Meeting</u>		<u># Trips</u>	<u># Days</u>	<u>Per Diem</u>	<u>Lodging</u>	<u>Mileage</u>	<u>Airfare</u>	<u>Registration</u>				
	Regional Network meetings		2	2	\$40 x 2 days = \$80		171 miles x 2 @ .555/mile = \$190						270
	Annual Network Conference		1	2	\$40 x 2 days = \$80	\$96, inc tax	171 miles x 2 @ .555/mile = \$190						366
	LFNEAC meetings:		3	3	\$40 x 3 days = \$120	\$96 x 2 = \$192	655miles @ .555/mile = 364	\$250		\$160			1,086
	Trainings - Network sponsored		2	2	\$40 x 2 days = \$80	\$96/night x 2 nights = \$192	625 miles @ .555/mile = \$347						619
											SUBTOTAL:	\$	3,541
F. SUBCONTRACTORS:													
Federal Share:	NorthCoast Opportunities (NCO)												
	Noyo Food Forest. NCO will contract with Noyo Food Forest to provide a 0.25 FTE Site Coordinator for the Fort Bragg Program. At an annual salary rate of \$33,110 and fringe benefits of 35%, this cost totals \$11,173. The Site Coordinator will work with VISTA to train the peer educators and oversee the peer educators in their activities with the after school youth, food demonstrations, and the work they do at the family resource centers.											\$ 11,173	
	To Be Determined. NCO will contract with a Willits community organization to provide a 0.25 FTE Site Coordinator for the Willits Program. At an annual salary rate of \$33,100 and fringe benefits of 35%, this cost totals \$11,173. The Site Coordinator will work with VISTA to train the peer educators and oversee the peer educators in their activities with the after school youth, food demonstrations, and the work they do at the family resource centers.											\$ 11,173	
	Teen Peer Educators. NCO will recruit 18 teen peer educators to deliver food demonstrations and nutrition curricula and conduct food demonstrations in family resource centers and farmers markets at contracts of \$1,000.											\$ 18,000	
	Travel - Teen Peer Educators will be reimbursed for travel to after school sites either at approved mileage rate or through bus passes.											\$ 120	
											SUBTOTAL:	\$	40,466
G. OTHER COSTS:													
Federal Share:													

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: You're Gonna Wanna Eat Your Veggies

Program Area: Local Incentive Awardee: Non Profit

Contract Number: 11-10151

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 45% Female 55%

Ethnicity:

- African American 26%
- Asian 3%
- Caucasian .5%
- Latino 70
- Native American .25%
- Pacific Islander .25%
- Other (specify) _____: _____%

Languages:

- | | |
|---|--|
| <input checked="" type="checkbox"/> English <u>100%</u> | <input type="checkbox"/> Khmer (Cambodian) _____% |
| <input type="checkbox"/> Spanish _____% | <input type="checkbox"/> Korean _____% |
| <input type="checkbox"/> Arabic _____% | <input type="checkbox"/> Lao _____% |
| <input type="checkbox"/> Armenian _____% | <input type="checkbox"/> Tagalog _____% |
| <input type="checkbox"/> Russian _____% | <input type="checkbox"/> Vietnamese _____% |
| <input type="checkbox"/> Bosnian _____% | <input type="checkbox"/> Other (specify) _____: _____% |
| <input type="checkbox"/> Cantonese _____% | <input type="checkbox"/> Other (specify) _____: _____% |
| <input type="checkbox"/> Farsi _____% | <input type="checkbox"/> Mandarin _____% |
| <input type="checkbox"/> Hmong _____% | |

Ages:

- Under 5 years old _____%
- 5 to 8 2%
- 9 to 11 3%
- 12 to 17 60%
- 18 to 59 35%
- 60 years old and over _____%

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

- See attached Census Tract data sheet
- See attached Free/Reduced Price Meal % data sheet
- Other (Specify): _____ (_____% equal to or less than 185% FPL)

Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | | | |
|--|------------|---|---------|
| <input type="checkbox"/> CalFresh Offices | _____ % | <input type="checkbox"/> Shelters/Temporary Housing | _____ % |
| <input type="checkbox"/> Food Banks | _____ % | <input type="checkbox"/> Soup Kitchens | _____ % |
| <input type="checkbox"/> Food Pantries | _____ % | <input type="checkbox"/> TANF Job Readiness Program | _____ % |
| <input checked="" type="checkbox"/> Public Housing | <u>5</u> % | <input type="checkbox"/> WIC Offices | _____ % |
| <input type="checkbox"/> HeadStart | _____ % | | |

d. Project Description.

Key Methods:

- Advisory Council/Task Force (specify): _____
- Internet/Web Sites-website address: _____
- Print Media
- Radio: _____
- TV: _____
- Nutrition Education Classes: (186 occurrences at 1.5-2 hour(s) each)
- Community Education Events: (15 occurrences at 2-4 hour(s) each)
- Training/Workshop/Conference: (_____ occurrences at _____ hour(s) each)
- Point of Purchase: (_____ occurrences at _____ hour(s) each)
- Other (specify) _____: (_____ occurrences at _____ hour(s) each)

Key Educational Messages:

- | | |
|---|---|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input checked="" type="checkbox"/> Lean Meat and Beans |
| <input checked="" type="checkbox"/> Physical Activity | <input checked="" type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |
| <input checked="" type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input checked="" type="checkbox"/> MyPyramid – Healthy Eating Plan |
| <input checked="" type="checkbox"/> Fats and Oils | <input checked="" type="checkbox"/> Promote Healthy Weight |
| <input checked="" type="checkbox"/> Fiber-Rich Foods | <input checked="" type="checkbox"/> Sodium and Potassium |
| <input checked="" type="checkbox"/> Food Safety | <input checked="" type="checkbox"/> Whole Grains |
| <input checked="" type="checkbox"/> Food Shopping/Preparation | <input checked="" type="checkbox"/> Other (Specify): <u>Unhealthy additives</u> |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|---|--|
| _____ Adult Education & Job Training | <u>1</u> Other Youth Education Sites (includes Parks and Recreation) |
| _____ Adult Rehabilitation Centers | _____ Public/Community Health Centers (includes Public Health Departments) |
| _____ CalFresh Offices | <u>1</u> Public Housing |
| _____ Churches | _____ Schools – students (Preschool) |
| <u>2</u> Community Centers | <u>1</u> Schools – students (9-12) |
| _____ Elderly Service Centers | <u>1</u> Schools students (Afterschool Program) |
| _____ Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens) | <u>1</u> Schools – Parents |
| _____ Extension Offices | _____ Shelters/Temporary Housing |
| <u>1</u> Farmers Markets | _____ WIC Programs |
| _____ Food Stores | _____ Worksites |
| _____ Head Start Programs | Other (specify): _____ |
| <u>3</u> Individual Homes | |
| _____ Libraries | |

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: Annually: 495 Total 3 Years: 1485

Narrative (max. 200 words)

RootDown LA's (RDLA) mission is to confront obesity and related health issues in South Los Angeles by first revolutionizing youth attitudes towards eating veggies, then transforming them into advocates for healthy food changes in their communities.

This year, RootDown LA is launching its You're Gonna Wanna Eat Your Veggies campaign to demonstrate that we can do in minutes, what nutrition educators have been attempting for decades – we get people to eat their veggies! The campaign will run in three communities, two in South Los Angeles and the third in the adjacent city of Inglewood, and will be led by Youth Leaders who are now training in basic nutrition, cooking, horticulture and entrepreneurial programs focused on building demand for fresh produce, connecting consumers to affordable supplies of fresh produce, and encouraging overall healthier lifestyles.

We will focus our campaign in three communities where we already have working partnerships with other organizations focused on food justice, economic development, community-supported agriculture, and cooperative education models. These communities, all of which have total populations comprised of at least 50% at or below 185% of the FPL are as follows:

1. Neighborhoods in South Central Los Angeles surrounding RDLA's Ralph Bunche House
2. The neighborhood surrounding WECAN's Urban Food Forest & Literacy Center
3. The Inglewood neighborhoods surrounding the Social Justice Learning Institute's Empowerment Community Garden

e. **Summary of Research.**

See Section A, pages 2-5.

f. **Modification of Project Methods/Strategies.**

- | | |
|--|--|
| <input type="checkbox"/> We have not modified our methods/strategies | <input type="checkbox"/> Changing audience participation |
| <input type="checkbox"/> Improving cultural relevancy | <input type="checkbox"/> Adding new partners |
| <input type="checkbox"/> Enhancing/updating existing strategies | <input type="checkbox"/> Other (specify): _____ |
| <input type="checkbox"/> Utilizing research/program tool | <input type="checkbox"/> Other (specify): _____ |

All modifications are approved by the Network.

g. **Use of Existing Educational Materials.**

See attached Existing Educational Materials/Curricula data sheet.

h. **Development of New Educational Materials.**

All new educational materials must be listed on the attached New Materials Development data sheet.

i. **Key Performance Measures/Indicators.** (*max. 100 words*)

RDLA staff will maintain ATF and sign-in sheets to evaluate progress with Network programming commitments. Activity reports will be kept to qualitatively assess our activities. We will use Network approved pre and post surveys to assess how well we are meeting our goals: 1. Inspire and empower our target audience to increase their consumption of fruits and vegetables. 2. Assure that increased consumer demand is met with information about and access to fresh produce and food assistance programs in the community. 3. Encourage healthier lifestyles by modeling healthier food environments and promoting physical activity in conjunction with nutrition education.

3. EVALUATION PLANS

All contractors participate in process evaluation per their Scope of Work activities. Contractors who receive Federal Share >\$350,000 must participate in impact evaluation. Impact evaluation measures the effectiveness of an intervention by assessing behavior change or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.

4. COORDINATION EFFORTS (MAX. 100 WORDS)

ROOTDOWN LA IS FORTUNATE TO PARTNER WITH ORGANIZATIONS THAT SHARE OUR LARGER VISION AND HAVE COMPLEMENTARY STRENGTHS AND RESOURCES. PRIMARY PARTNERS INCLUDE THE COALITION FOR RESPONSIBLE COMMUNITY DEVELOPMENT, THE SOCIAL JUSTICE LEARNING INSTITUTE, THE WECAN FOUNDATION, AND JEFFERSON HIGH SCHOOL - ALL ORGANIZATIONS WHO SHARE A MISSION TO IMPROVE THE HEALTH OF INDIVIDUALS AND COMMUNITIES BY INCREASING CONSUMPTION AND AVAILABILITY OF FRESH FOODS IN OUR SOUTH LA NEIGHBORHOODS.

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Farmers Market	Jan Perry Constituent Center	4301 S. Central Ave.	LA	90011	06037228320	All Races	71.5%	Cooking and gardening demos/communicating w/ SEE-LAa to assure no overlap
Community Center	WE CAN	644 West 60th Street	LA	90044	06037237100	All Races	60.5%	Garden Based Nutrition Education
Other – Youth Education Site	SJLI Garden	10500 S. Yukon Avenue	LA	90303	06037600602	All Races	57.1%	Garden Based Nutrition Education
Individual Home	Near Jefferson High School	1290 E 40th Pl;	LA	90011	06037228310	All Races	73.7%	Garden Based Nutrition Education
Individual Home	Near Jefferson High School	1284 E 40th Pl	LA	90011	06037228310	All Races	73.7%	Garden Based Nutrition Education
Individual Home	Near Jefferson High School	1182 E 40th Pl	LA	90011	06037228310	All Races	73.7%	Garden Based Nutrition Education
Public Housing	Somerville Residences	4201 - 4263 S. Central Ave	LA	90011	06037228320	All Races	71.5%	Garden Based Nutrition Education
Community Center	Ralph Bunche	1221 E 40th Place	LA	90011	06037228310	All Races	73.7%	Garden Based Nutrition Education

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Free/Reduced Price Meal Percentage Data Sheet

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Jefferson High School (A) (P)	1319 E. 41 st Street, LA 90011	19 64733 1934371	83.46%	0.78%	84.24%

*After each school name indicate all that apply with the following abbreviations: K-12 School (S), Preschool (PS), After School (A) & Parents (P)

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Harvest of the Month	Rate the taste	Having kids taste new vegetables and fruits	English
Harvest of the Month	Community Newsletter	Provide tips for eating seasonal produce and increasing physical activity	English, Spanish
Harvest of the Month	Family Newsletter	Provide tips for eating seasonal produce and increasing physical activity	English, Spanish
Harvest of the Month	Menu Slicks	Highlighting various seasonal produce	English, Spanish
Nextcourse, Contractor Developed and approved	Why Should You Care About Your Food System	Explores differences between whole and processed foods; exposes audience to new healthier whole and processed foods	English, Spanish
Nextcourse, Contractor Developed and approved	Difference Between Whole & Processed Foods	Explores differences between whole and processed foods; exposes audience to new healthier whole and processed foods	English, Spanish
Nextcourse, Contractor Developed and approved	What's Up with All this Weight? & Alien Additives	How to choose healthier processed foods. Learn to read food labels. Understanding sugar.	English, Spanish
Nextcourse, Contractor Developed and approved	What are you eating?	Maintaining a healthy balance of calories and essential nutrients	English
USDA Materials	Power up with breakfast	Stressing the importance of a balanced breakfast	English
Network for a Healthy CA	LFNE Food Stamp Outreach	Provides an intial link for more information on food assistance in CA	English, Spanish
FNS	Walking, a Step in the Right Direction	Shares prep exercises for and benefits of walking	English, Spanish

**BUDGET COVER SHEET
FFY 2012**

Organization: Community Partners for RootDown LA			
Contract Number: 11-10151			
Federal Share Budget	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 52,156	N/A	N/A
Fringe Benefits	\$ 7,059	N/A	N/A
Operating	\$ 807	N/A	N/A
Equipment	\$ -	N/A	N/A
Travel	\$ 3,274	N/A	N/A
SubContracts	\$ -	N/A	N/A
Other Costs	\$ 11,295	N/A	N/A
Indirect Costs	\$ 10,141	N/A	N/A
Total Federal Share	\$ 84,732		
<p>If the total federal share percentage difference is greater than 5%, please provide an explanation. If the total percentage is greater than 5%, consult your contract manager.</p>			

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Community Partners for RootDown LA
 # 11-10151

A PERSONNEL SALARIES:								
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars		
FEDERAL SHARE POSITIONS								
1.	Name: Megan Hanson Title: Administrator (Executive Director/Certified Nutrition Educator)	\$ 56,160	0.3500	15.00%	20.00%	\$ 19,656		
2.	Name: Ledette Gambini Title: Coordinator of Youth Training Programs/Chef Educator	\$ 52,000	0.2500	5.00%	20.00%	\$ 13,000		
3.	Name: Ali Bhai Title: Coordinator of Growing Healthy Food (Program Manager)	\$ 52,000	0.1200	0.00%	12.00%	\$ 6,240		
4.	Name: Warren Calvo leon Title: Community Worker	\$ 47,840	0.1250	0.00%	12.50%	\$ 5,980		
5.	Name: Andres Chopin Title: Programs Assistant (Youth Intern)	\$ 29,120	0.2500	0.00%	25.00%	\$ 7,280		
SUBTOTAL		\$ 237,120	1.0950	20.00%	89.50%	\$ 52,156		
POSITION DESCRIPTIONS:								
Administrator (Executive and Program Director) (1)		Administer the nutrition education contract and budget, oversee coordination of culturally relevant educational materials and supervise nutrition education staff, attend nutrition education and scope of work related meetings, program planning and participating in the Regional collaborative. Coordinate contract reporting requirements.						
Coordinator of Youth Training Programs/Chef Educator (2)		Supervises Youth Leader trainings and the coordination and facilitation of nutrition education activities and workshops for all populations at the Ralph Bunche House and the broader community. Supervises staff and Youth Leaders implementing the nutrition education contract, prepares invoices, prepares and collects documentation, prepares progress reports.						
Coordinator of Growing Healthy Food Program (Programs Manager) (3)		Supervises, coordinates, facilitates nutrition focused garden activities, workshops and special events. Supervises staff implementing the nutrition education contract, prepares invoices, prepares and collects documentation, prepares progress reports.						
Community Worker (4)		Conducts nutrition education, physical activity promotion interventions in the community setting. Works with CBOs to increase the reach of nutrition education interventions to SNAP eligibles.						
Programs Assistant (Youth Intern) (5)		Assists the Program Coordinators and Community Worker with nutrition education and physical activity program planning and development to increase reach of nutrition and physical activity interventions targeted to SNAP eligibles.						
						Federal Share Total Dollars		
B. FRINGE BENEFITS:							\$ 7,059	
Federal Share:		(approximately 13.534%)	(\$52,156 x 13.534%)					
Includes FICA, SUI and Worker's Comp of salaries								
SUBTOTAL:						\$ 7,059		

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Community Partners for RootDown LA
 # 11-10151

										Federal Share Total Dollars
C. OPERATING EXPENSES:										\$ -
Federal Share:										
50% applied to \$100 monthly bill for phone service totaling \$600 annually (50% x \$100 = \$50 x 12 months)										\$ 600
Postage for 2 mailings containing nutrition education-oriented newsletters, program offerings and nutrition education and physical activity class schedules to 50 CPOs that reach SNAP eligibles. \$2.07 x 2 x 50 = \$207.										\$ 207
SUBTOTAL:										\$ 807
D. EQUIPMENT EXPENSES:										
Federal Share:										\$ -
SUBTOTAL:										\$ -
E. TRAVEL AND PER DIEM:										
Federal Share:										
Local Travel: RootDown LA estimates that local travel by the Project Coordinators and Community Worker, for trainings and monitoring will average approximately ~253 x 12 months x \$.555/mile										\$ 1,684
Conferences. RootDown LA staff will participate in all required meetings and conferences, as detailed below.										
Staff		# Trips	# Days	Per Diem	Lodging	Round Trip	Airfare	Total		
Meeting										
Regional Network meetings		1	2	\$40 x 2 days = \$80		20 miles x 2 @ \$.555 /mile = \$22				\$ 102
LFNEAC meetings: (one in conjunction with the Annual Network Conference)		1	3	\$40 x 3 days = \$120	\$96/night x 3 nights = \$288			\$200 x 2 = \$400		\$ 808
Network-Sponsored Skill -Based Trainings:		1	2	\$40 x 2 days = \$80	- \$100/night x 2 nights = \$200			\$200 x 2 = \$400		\$ 680
* Mileage, per diem, and lodging will be billed @ current DPA rates.										
SUBTOTAL:										\$ 3,274

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

Community Partners for RootDown LA
 # 11-10151

										Federal Share Total Dollars
F. SUBCONTRACTORS:										
Federal Share:										\$ -
SUBTOTAL:										\$ -
G. OTHER COSTS:										
Federal Share:										
Food Samples: RootDown LA will purchase food for taste-testing and food demonstrations for nutrition education classes and presentations: \$2/sample x 3 sites x 15 single sessions x avg. 25 people/lesson = <u>\$2,250</u> ; \$2/sample x 3 sites x 5 series x avg. 5 people/lesson = <u>\$150</u> ; \$2 sample X 3 sites X 3 comm. empowerment events X avg. 5 people/lesson= <u>\$90</u> ; \$2 sample X 3 sites X 3 train the trainer events X avg. 5 people/lesson = <u>\$90</u> ; total: \$2,580										\$ 2,580
Paper Serving Containers: RootDown LA will purchase food sample serving items, including:										
To be used for cooking classes and taste testings:										
			<u>Item</u>	<u>Unit Quantity</u>	<u>Unit Price</u>	<u>Quantity</u>	<u>Total Price</u>			
			Paper bowls and plates	1,000	\$ 50	5	\$250			\$ 250
			Plastic utensils	1,000	\$ 60	2	\$120			\$ 120
			Paper cups	500	\$ 50	2	\$100			\$ 100
			Disposable gloves	100	\$ 5	25	\$125			\$ 125
			Cutting Boards, pots and pans	90	\$ 23	14	\$322			\$ 320
			Butane portable stoves to be used at various sites	45	\$ 4		\$180			\$ 180
			Recycled Resin Folding Table to be used at various sites	60	\$ 2		\$120			\$ 120
Teen Peer Educators: RootDown LA will train 15 teen peer educators to deliver food for demonstrations and nutrition curricula, and who will conduct food demonstrations in the - Ralph Bunch House, the Community Gardens, at the Farmers' Markets, and at local recreation centers. Compensation will be a flat rate of \$500.00 for each teen peer educator (estimated at conducting 20 food demos/ rate of \$25 each x 15 educators) -- these will be pro-rated if the full year is not completed.										\$ 7,500
SUBTOTAL:										\$ 11,295
H. INDIRECT COSTS:										
Federal Share:										
approximately 13.6365% of expenses (A-G) (\$74,366 x 13.6365%)										\$ 10,141
SUBTOTAL:										\$ 10,141
TOTAL:										\$ 237,120
										1.0950
										20%
										89.5%
										\$ 84,732

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: San Ysidro Health Center (SYHC)
Program Area: Local Incentive Awardee: Non Profit
Contract Number: 11-10152

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 50% Female 50%

Ethnicity:

- African American 13%
- Asian 14%
- Caucasian 26%
- Latino 43%
- Native American _____%
- Pacific Islander _____%
- Other (specify) Unspecified: 4%

Languages:

- | | |
|--|--|
| <input checked="" type="checkbox"/> English <u>75%</u> | <input type="checkbox"/> Khmer (Cambodian) _____% |
| <input checked="" type="checkbox"/> Spanish <u>25%</u> | <input type="checkbox"/> Korean _____% |
| <input type="checkbox"/> Arabic _____% | <input type="checkbox"/> Lao _____% |
| <input type="checkbox"/> Armenian _____% | <input type="checkbox"/> Tagalog _____% |
| <input type="checkbox"/> Russian _____% | <input type="checkbox"/> Vietnamese _____% |
| <input type="checkbox"/> Bosnian _____% | <input type="checkbox"/> Other (specify) _____: _____% |
| <input type="checkbox"/> Cantonese _____% | <input type="checkbox"/> Other (specify) _____: _____% |
| <input type="checkbox"/> Farsi _____% | <input type="checkbox"/> Mandarin _____% |
| <input type="checkbox"/> Hmong _____% | |

Ages:

- Under 5 years old _____%
- 5 to 8 22.5%
- 9 to 11 22.5%
- 12 to 17 5%
- 18 to 59 48%
- 60 years old and over 2%

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

- See attached Census Tract data sheet*
- See attached Free/Reduced Price Meal % data sheet*
- Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Other (Specify): _____ (_____% equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | |
|---|--|
| <input type="checkbox"/> CalFresh Offices _____% | <input type="checkbox"/> Shelters/Temporary Housing _____% |
| <input type="checkbox"/> Food Banks _____% | <input type="checkbox"/> Soup Kitchens _____% |
| <input type="checkbox"/> Food Pantries _____% | <input type="checkbox"/> TANF Job Readiness Program _____% |
| <input type="checkbox"/> Public Housing _____% | <input checked="" type="checkbox"/> WIC Offices 8 _____% |
| <input checked="" type="checkbox"/> HeadStart 12 _____% | |

d. Project Description.

Key Methods:

- Advisory Council/Task Force (specify): _____
- Internet/Web Sites-website address: _____
- Print Media
- Radio: _____
- TV: _____
- Nutrition Education Classes: (4 occurrences at 1.5hour(s) each)
- Community Education Events: (1 occurrences at 1.5hour(s) each)
- Training/Workshop/Conference: (1 occurrences at 2 hour(s) each)
- Point of Purchase: (____ occurrences at _____hour(s) each)
- Other (specify) Focus Group/Key Informant Interviews: (1 occurrences at 1.5hour(s) each)

Key Educational Messages:

- | | |
|---|---|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input checked="" type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |
| <input checked="" type="checkbox"/> Physical Activity | <input checked="" type="checkbox"/> MyPyramid – Healthy Eating Plan |
| <input checked="" type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input checked="" type="checkbox"/> Promote Healthy Weight |
| <input checked="" type="checkbox"/> Fats and Oils | <input type="checkbox"/> Sodium and Potassium |
| <input checked="" type="checkbox"/> Fiber-Rich Foods | <input checked="" type="checkbox"/> Whole Grains |
| <input type="checkbox"/> Food Safety | <input checked="" type="checkbox"/> Other (Specify): <u>Obesity & Diabetes Risk Factors & Health Conditions</u> |
| <input checked="" type="checkbox"/> Food Shopping/Preparation | |
| <input checked="" type="checkbox"/> Lean Meat and Beans | |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|--|--|
| ____ Adult Education & Job Training Sites | ____ 3 Head Start Programs |
| ____ Adult Rehabilitation Centers | ____ Individual Homes |
| ____ CalFresh Offices | ____ Libraries |
| 1 Churches | ____ Other Youth Education Sites (includes Parks and Recreation) |
| 6 Community/Recreation Centers | 2 Public/Community Health Centers (includes Public Health Departments) |
| ____ Elderly Service Centers | ____ Public Housing |
| ____ Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens) | ____ Schools – students (Preschool) |
| ____ Extension Offices | 10 Schools – students (K-12) |
| ____ Farmers Markets | ____ Schools – students (Afterschool Program) |
| ____ Food Stores | ____ Schools – Parents |

_____ Shelters/Temporary Housing
2 _____ WIC Programs

_____ Worksites
Other (specify): _____

Projected Number of Unduplicated Participants: 425

Narrative (max. 200 words)

Community-based Multicultural Cooking project would enable SYHC to modify the health center’s *Salsita* nutrition education program to include culturally relevant curricula tailored to African-American and Asian Pacific community members living in Central and Southeast San Diego. *Salsita* is a four week nutrition education and cooking class series for overweight and obese school-aged children and their families that targets the prevention and intervention of childhood obesity and other diet-related chronic diseases in the Latino community. The project will enable SYHC to modify *Salsita*’s successful syllabi to include innovative and culturally competent health education curricula that promotes fruit and vegetable consumption and physical activity. The modified classes would feature a different cultural theme each week to represent and be inclusive of the diverse communities of Central and Southeast San Diego; the program’s eligibility criteria will also be expanded to all age-eligible children, irrespective of weight status. Year One consists of formative research activities to identify effective intervention components and pilot test the modified class curricula. Years Two and Three consists of expanding the implementation of the classes to reach a greater service area and engage community residents in the Central and Southeast San Diego communities. In addition, Year Three will focus on making the *Multicultural Cooking* curriculum a sustainable resource to be shared with other community-based organizations and adult participants who commit to be *Champions for Change*.

e. **Summary of Research.**

See Section A, pages 2-5.

f. **Modification of Project Methods/Strategies.**

- | | |
|--|--|
| <input type="checkbox"/> We have not modified our methods/strategies | <input type="checkbox"/> Changing audience participation |
| <input type="checkbox"/> Improving cultural relevancy | <input type="checkbox"/> Adding new partners |
| <input type="checkbox"/> Enhancing/updating existing strategies | <input type="checkbox"/> Other (specify): _____ |
| <input type="checkbox"/> Utilizing research/program tool | <input type="checkbox"/> Other (specify): _____ |

All modifications are approved by the Network.

g. **Use of Existing Educational Materials.**

See attached Existing Educational Materials/Curricula data sheet.

h. **Development of New Educational Materials.**

All new educational materials must be listed on the attached New Materials Development data sheet.

i. **Key Performance Measures/Indicators.** (max. 100 words)

Qualitative and quantitative data to assess changes as a result of cooking class .Fruit and vegetable consumption; knowledge; access; preferences, self-efficacy; behavior intention and participation in physical activity assessed with pre-post tool.

3. EVALUATION PLANS

*All contractors participate in process evaluation per their Scope of Work activities.
Contractors who receive Federal Share >\$350,000 must participate in impact evaluation.
Impact evaluation measures the effectiveness of an intervention by assessing behavior change or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.*

4. COORDINATION EFFORTS (MAX. 100 WORDS)

Community collaborations and partnerships with Southeast Farmers Market, Jackie Robinson YMCA, and Neighborhood House Association. Participation in Regional Collaborative of the Network for A Healthy California, San Diego Hunger Coalition, and San Diego Nutrition Network.

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Recreation Center	Jackie Robinson YMCA	151 YMCA Way	San Diego	92102	6073003301	All Races	61.4%	
Community Health Clinic	Comprehensive Health Center - Ocean View	3177 Ocean View Blvd	San Diego	92113	6073003901	All Races	78.9%	
Community Health Clinic	Comprehensive Health Center - Euclid	286 Euclid Avenue	San Diego	92114	6073003302	All Races	56.6%	
Community Center	Tubman Chavez Cultural Center	415 Euclid Avenue	San Diego	92114	06073003111	All Races	56.0%	
Recreation Center	Mountain View Community Center	641 South Boundary Street	San Diego	92113	06073003502	All Races	74.1%	
Community Center	Sherman Heights Community Center	2258 Island Avenue	San Diego	92102	6073004700	All Races	67.1%	
Recreation Center	Memorial Park Community Center	2902 Marcy Avenue	San Diego	92113	6073003403	All Races	68.3	
Church	St Rita' Catholic Church	5124 Churchward Street	San Diego	92114	6073003111	All Races	56.0%	
Community Center	Town & Country Village Apartments	4066 Messina Drive	San Diego	92113	6073003301	All Races	61.4	
Recreation Center	Encanto Recreation Center	6508 Wunderlin Avenue	San Diego	92114	06073003304	All Races	55.7%	

Head Start	Children of the Rainbow	3078 L Street	San Diego	92102				Proxy Site
Head Start	O'Farrell	6130 Skyline Drive	San Diego	92114				Proxy Site
Head Start	Valencia Park	5880 Skyline Drive	San Diego	92114				Proxy Site
WIC	SDSU Foundation	3177 Oceanview Blvd	San Diego	92113				Proxy Site
WIC	Euclid Health Center	292 Euclid Avenue	San Diego	92114				Proxy Site

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Free/Reduced Price Meal Percentage Data Sheet

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Baker Elementary (S)	San Diego Unified School District	37 68338 6039150	95.81	.25	96.06
Chollas/Mead Elementary(S)	San Diego Unified School District	37 68338 6039382	89.52	3.45	92.97
Encanto Elementary(S)	San Diego Unified School District	37 68338 6039515	82.95	4.06	87.01
Fulton Elementary(S)	San Diego Unified School District	37 68338 6039630	86.50	3.54	90.04
Horton Elementary(S)	San Diego Unified School District	37 68338 6039754	90.15	2.84	92.99
Johnson Elementary(S)	San Diego Unified School District	37 68338 6039788	88.74	3.30	92.04
Knox Elementary(S)	San Diego Unified School District	37 68338 6039838	95.78	1.16	96.95
Sherman Elementary(S)	San Diego Unified School District	37 68338 6040158	94.61	3.45	98.06

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
Valencia Park Elementary(S)	San Diego Unified School District	37 68338 6040257	76.62	11.33	87.95
Porter Elementary(S)	San Diego Unified School District	37 68338 0108274	93.43%	2.67	96.10

*After each school name indicate all that apply with the following abbreviations: K-12 School (S), Preschool (PS), After School (A) & Parents (P)

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
California African American Campaign	Soulful Recipes	Soulful Recipes is full of delicious recipes and tips to help you make eating healthy and being active a part of your family habits.	English
California Latino	Healthy Latino Recipes	This cookbook provides family favorites that use a variety of colorful fruits and vegetables, while keeping the amount of fat, added sugars, and sodium per serving within healthy guidelines.	English
California Chinese	Healthy Chinese Recipes	The San Francisco Chinese Network for a Healthy California Project would like to present to you a colorful and flavorful way of healthy eating incorporated into Chinese cooking.	English
USDA Materials	MyPyramid	Featuring information on the new food pyramid, its 12 models geared to different people. Also online tools, and dietary guidelines.	English

**BUDGET COVER SHEET
FFY 2012**

Organization: San Ysidro Health Center			
Contract Number: 11-10152			
Federal Share Budget	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 46,325	N/A	N/A
Fringe Benefits	\$ 8,802	N/A	N/A
Operating	\$ 7,111	N/A	N/A
Equipment	\$ -	N/A	N/A
Travel	\$ 1,925	N/A	N/A
Subcontractors	\$ 3,000	N/A	N/A
Other Costs	\$ 2,738	N/A	N/A
Indirect Costs	\$ 15,099	N/A	N/A
Total Federal Share	\$ 85,000		
If the total federal share percentage difference is greater than 5%, please provide an explanation. If the total percentage is greater than 5%, consult your contract manager.			

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

San Ysidro Health Center
 11-10152

A PERSONNEL SALARIES:							
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal Share Total Dollars	
FEDERAL SHARE POSITIONS							
1.	Name: Caryn Sumek Title: Administrator (Program Manager)	\$ 55,239	0.1985	19.85%	0%	\$ 10,965	
2.	Name: Vacant Title: Health Educator	\$ 35,360	1.0000	50.00%	50.00%	\$ 35,360	
SUBTOTAL		\$ 90,599	1.1985	69.85%	50.00%	\$ 46,325	
<p>In Year 1, the Program Manager is designated at 25% FTE, reflecting the expected workload in initiating and implementing the proposed project. Of this 25%, approximately twenty (20) percent of the salary (\$10,965) is included in the requested funds; ~5% of the Manager's salary will be provided in-kind by SYHC (\$2,845).</p>							
POSITION DESCRIPTIONS:							
Administrator (Program Manager) (1)		Administer the nutrition education contract and budget, supervising nutrition education staff, attend nutrition education and scope of work related meetings, program planning, monitoring program implementation, and participating in the Regional collaborative. Coordinate contract reporting requirements.					
Health Educator (2)		Conducts nutrition education, physical activity promotion interventions in the community setting. Works with CBOs to increase the reach of nutrition education interventions to SNAP eligibles.					
						Federal Share Total Dollars	
B. FRINGE BENEFITS:							
Federal Share:							
Includes payroll taxes and medical/dental benefits at approximately 19 % of salaries.							
This includes FICA (53.77%), medical insurance (26.75%), dental insurance (2.22%), workers compensation (7.53%), State Disability Insurance (2.94%), long-term disability insurance (4.59%), and life insurance (2.20%). \$46,325 x 19%=							
SUBTOTAL:						\$ 8,802	
C. OPERATING EXPENSES:							
Federal Share:							
Cooking Class Consumable Supplies: Certificates of completion for participants. Budgeted at \$1.00/participant; with a total budget reflecting 3 pilot test cooking class series X 10 participants/series X \$1.00/participant.						\$ 30	
Office Supplies: Includes items necessary to administer the program, such as pens, pencils, staplers, staples, paper clips, printer paper, printer toner, tape, writing pads, file folders, etc. Office Supplies are budgeted at \$25/month/1.0 FTE * 1.2 FTE x 12 = \$360.						\$ 360	
Rent: Rent for the project covers space for all project staff (to be housed in Administrative facilities, total 1.2 FTE) to perform project						\$ 4,878	

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

San Ysidro Health Center
 11-10152

	activities; \$382 provided in-kind by SYHC. The SYHC-approved Rental rate for 1.2 FTE is \$5,260. (\$5,260-\$382=\$4,878)							
							Federal Share Total Dollars	
	Utilities: Organization's accounting office provides set formulas for the various budgets. (The total FTE is 693.8 divided by 1.2 FTE = .0017% x annual \$49,803.56 (total for gas, electric and water for proposed project space) = \$1,016.04/12=\$84.67 month). SYHC is billing Network \$28/month x 12 months x 1.2 FTE = \$403.						\$	403
	Telephone service: Costs include monthly telephone utility charges for landline phones at \$45 mo x 12 months.						\$	540
	Printing and publication: Costs include the professional reproduction of promotional flyers for the cooking classes, class materials and handouts.						\$	450
	Cost of storage unit for items at Admin Bldg. \$450/year/12 months = approximately \$37.50 month						\$	450
	SUBTOTAL:						\$	7,111
D. EQUIPMENT EXPENSES:								
	Federal Share:						\$	-
	SUBTOTAL:						\$	-
E. TRAVEL AND PER DIEM:								
	Local Travel: Health Educator will be required to travel from the office/worksite to the Cooking Class space (they will not be able to be co-located) as well as travel by Program Management to meetings. Mileage is budgeted at the approved DPA reimbursement rate: \$.555/mile X 1423 miles/month X 12 months = \$790/year.						\$	790
	Federal Share:							
	Conferences: SYHC staff will participate in all required meetings and conferences, as detailed below.							
	Staff person attend meeting: Program Manager							
	Meeting	# Trips	# Days	Per Diem	Lodging	Mileage	Airfare/Registration	
	Regional Network Meetings	1	2	\$40 x 2days = \$80		98 miles x @ \$.555/mile = \$54		
	LFNEAC Meetings (One in conjunction with the Annual Network)	1	3	\$40 x 3days = \$120	\$84 /-night x 3 = \$252	147 miles @ \$.555/mile = \$82		
	Network-Sponsored Skill-Based Trainings	1	2	\$40 x 2days = \$80	\$84 /night x 2 = \$168	147 miles @ \$.555/mile = \$82		
	SUBTOTAL:						\$	1,925
F. SUBCONTRACTORS:								
	Federal Share:							
	Contract Evaluator, Sheila LaHousse, PhD. Dr. LaHousse will be responsible for overall guidance and the evaluation of the formative research data. Dr. LaHousse will also create and finalize the evaluation plan for Year 2 and Year 3. The Contract Evaluator salary is calculated at \$50.00 per hour X 40 hours, for an annual salary of \$2,000						\$	2,000

BUDGET JUSTIFICATION
October 1, 2011 - September 30, 2012

San Ysidro Health Center
 11-10152

						Federal Share Total Dollars
Contract Trainer, Julie LeBlanc. Ms. LeBlanc will be responsible for assisting with the pilot test series cooking classes and serving as a cooking instructor train-the-trainer for the Health Educator and the Champions of Change. The Contract Trainer salary is calculated at \$25.00 per hour X 40 hours, for an annual salary of \$1,000.						\$ 1,000
SUBTOTAL:						\$ 3,000
G. OTHER COSTS:						
Cooking Class Consumable Supplies: Food samples with a total budget reflecting 3 pilot test cooking class series X 4 classes/series X 10 participants/class X \$2.50/participant.						\$ 300
Cooking Class Consumable Supplies: Paper goods budgeted at \$2.50/class; with a total budget reflecting 3 pilot test cooking class series X 4 classes/series.						\$ 30
Cooking Class Consumable Supplies: Copies of class materials., Harvest of the Month, budgeted at approximately \$3.33/class; with a total budget reflecting 3 pilot test cooking class series X 4 classes/series.						\$ 40
Cooking Class Supplies: Pots, pans and small appliances: budgeted at \$15/ unit x 13 units.						\$ 195
Cooking Class Supplies: Mixing Bowl Sets budgeted at \$30/ unit x 3 units.						\$ 90
Cooking Class Supplies: Serving Utensils/Can opener/etc. budgeted at \$6/ unit x 20 units.						\$ 120
Formative Research Supplies: Copies, meeting materials, surveys, nutrition education and physical activity promotional materials.						\$ 800
Rent for Pilot Cooking Classes: Rent is budgeted at \$10/hour (amount determined by past experience in renting community sites). Total budget includes pilot test cooking class series – 3 series X 4 classes/series X 2 hours/class (includes set up time).						\$ 240
Cooking Class Equipment: Includes items necessary to conduct food preparation and demonstrations such as portable burners, blender, mixing and serving utensils, etc. Will also include the one time purchase of a storage cabinet for equipment to be stored in between classes.						
			Item	Unit Price	Quantity	Total Price
			Portable Double Burner	\$ 50	3	\$ 150
			Kitchen-Aide Blender	\$ 50	3	\$ 150
			Crock Pot	\$ 40	3	\$ 120
			George Foreman Grill	\$ 60	3	\$ 180
			Toaster Oven	\$ 61.50	2	\$ 123
			Safeco Dollie Cart (to carry items to class sites)	\$ 100	2	\$ 200
						\$ 923
SUBTOTAL:						\$ 2,738
H. INDIRECT COSTS:						
Federal Share: 21.6% Total Direct Costs (approx 21.6% x \$69,901)						
San Ysidro Health Center's federally approved indirect cost rate is 21.6 percent of total direct expenses. This rate covers indirect costs associated with the project such as human resources,						
SUBTOTAL:						\$ 15,099
TOTALS:						\$ 85,000
				\$ 90,599	1.1985	69.85%
				50%		\$ 85,000

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: Sustainable Economic Enterprises of Los Angeles
Program Area: Local Food and Nutrition Education: Non Profit
Contract Number: 09-11435

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 10% Female 90%

Ethnicity:

<input checked="" type="checkbox"/> African American	<u>23%</u>
<input checked="" type="checkbox"/> Asian	<u>2%</u>
<input checked="" type="checkbox"/> Caucasian	<u>3%</u>
<input checked="" type="checkbox"/> Latino	<u>70%</u>
<input type="checkbox"/> Native American	<u>%</u>
<input type="checkbox"/> Pacific Islander	<u>%</u>
<input checked="" type="checkbox"/> Other (specify) <u>Middle Eastern:</u>	<u>2%</u>

Languages:

<input checked="" type="checkbox"/> English	<u>30%</u>	<input type="checkbox"/> Khmer (Cambodian)	<u> %</u>
<input checked="" type="checkbox"/> Spanish	<u>70%</u>	<input type="checkbox"/> Korean	<u> %</u>
<input type="checkbox"/> Arabic	<u> %</u>	<input type="checkbox"/> Lao	<u> %</u>
<input type="checkbox"/> Armenian	<u> %</u>	<input type="checkbox"/> Tagalog	<u> %</u>
<input type="checkbox"/> Russian	<u> %</u>	<input type="checkbox"/> Vietnamese	<u> %</u>
<input type="checkbox"/> Bosnian	<u> %</u>	<input type="checkbox"/> Other (specify) <u> </u> :	<u> %</u>
<input type="checkbox"/> Cantonese	<u> %</u>	<input type="checkbox"/> Other (specify) <u> </u> :	<u> %</u>
<input type="checkbox"/> Farsi	<u> %</u>	<input type="checkbox"/> Mandarin	<u> %</u>
<input type="checkbox"/> Hmong	<u> %</u>		

Ages:

<input type="checkbox"/> Under 5 years old	<u> %</u>
<input type="checkbox"/> 5 to 8	<u> %</u>
<input type="checkbox"/> 9 to 11	<u> %</u>
<input checked="" type="checkbox"/> 12 to 17	<u>5%</u>
<input checked="" type="checkbox"/> 18 to 59	<u>80%</u>
<input checked="" type="checkbox"/> 60 years old and over	<u>15%</u>

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

See attached Census Tract data sheet
 See attached Free/Reduced Price Meal % data sheet
 Other (Specify): (% equal to or less than 185% FPL)

Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | |
|--|--|
| <input type="checkbox"/> CalFresh Offices _____% | <input type="checkbox"/> Shelters/Temporary Housing _____% |
| <input type="checkbox"/> Food Banks _____% | <input type="checkbox"/> Soup Kitchens _____% |
| <input type="checkbox"/> Food Pantries _____% | <input type="checkbox"/> TANF Job Readiness Program _____% |
| <input type="checkbox"/> Public Housing _____% | <input type="checkbox"/> WIC Offices _____% |

d. Project Description.

Key Methods:

- Advisory Council/Task Force (specify): _____
- Internet/Web Sites-website address: _____
- Print Media
- Radio: _____
- TV: _____
- Nutrition Education Classes: (80 occurrences at 1.5 to 2.0 hour(s) each)
- Community Education Events: (_____ occurrences at _____ hour(s) each)
- Training/Workshop/Conference: (_____ occurrences at _____ hour(s) each)
- Point of Purchase: (_____ occurrences at _____ hour(s) each)
- Other (specify) _____: (_____ occurrences at _____ hour(s) each)

Key Educational Messages:

- | | |
|---|--|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input checked="" type="checkbox"/> Lean Meat and Beans |
| <input checked="" type="checkbox"/> Physical Activity | <input checked="" type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |
| <input checked="" type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input checked="" type="checkbox"/> MyPyramid – Healthy Eating Plan |
| <input checked="" type="checkbox"/> Fats and Oils | <input type="checkbox"/> Promote Healthy Weight |
| <input checked="" type="checkbox"/> Fiber-Rich Foods | <input type="checkbox"/> Sodium and Potassium |
| <input checked="" type="checkbox"/> Food Safety | <input checked="" type="checkbox"/> Whole Grains |
| <input checked="" type="checkbox"/> Food Shopping/Preparation | <input type="checkbox"/> Other (Specify): _____ |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|---|--|
| _____ Adult Education & Job Training Sites | _____ Other Youth Education Sites (includes Parks and Recreation) |
| _____ Adult Rehabilitation Centers | _____ Public/Community Health Centers (includes Public Health Departments) |
| _____ CalFresh Offices | _____ Public Housing |
| _____ Churches | _____ Schools – students (Preschool) |
| 11 _____ Community Centers | _____ Schools – students (K-12) |
| _____ Elderly Service Centers | _____ Schools – students (Afterschool Program) |
| _____ Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens) | 20 _____ Schools – Parents |
| _____ Extension Offices | _____ Shelters/Temporary Housing |
| 4 _____ Farmers Markets | _____ WIC Programs |
| _____ Food Stores | _____ Worksites |
| _____ Head Start Programs | Other (specify): _____ |
| _____ Individual Homes | Other (specify): _____ |
| _____ Libraries | Other (specify): _____ |

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 1200

Narrative (max. 200 words)

The Good Cooking/Buena Cocina at the Farmers' Market program is to provide nutrition education to CalFresh-eligible parents and caregivers in four Los Angeles communities: Canoga Park, Crenshaw, South Central Los Angeles and Watts. Developed with the California Department of Health Services, the Good Cooking/Buena Cocina program goal is to increase program participants' daily consumption of fruits and vegetables. This six-week program covers the major MyPyramid Guide food groups, key health and nutrition topics, incorporation of daily physical activity and innovative cooking techniques. Evaluations are conducted after each class series.

Each class will restate the benefits of CalFresh, WIC Farmers' Market Nutrition Program checks and other federal programs to purchase farm fresh produce at SEE-LA Farmers' Markets. Class participants will receive age and culturally appropriate materials and other promotional items at each class session.

The four SEE-LA Farmers' Markets that will host the Good Cooking/Buena Cocina at the Farmers' Market program are the Watts Healthy Family Farmers' Market, Attwater Village Farmers' Market, Crenshaw Farmers' Market and Central Avenue Farmers' Market. SEE-LA continues to build partnerships with other farmers' markets and community-based organizations.

e. Summary of Research.

See Section A, pages 2-5.

f. Modification of Project Methods/Strategies.

- | | |
|---|--|
| <input checked="" type="checkbox"/> We have not modified our methods/strategies | <input type="checkbox"/> Changing audience participation |
| <input type="checkbox"/> Improving cultural relevancy | <input checked="" type="checkbox"/> Adding new partners |
| <input checked="" type="checkbox"/> Enhancing/updating existing strategies | <input type="checkbox"/> Other (specify): _____ |
| <input checked="" type="checkbox"/> Utilizing research/program tool | <input type="checkbox"/> Other (specify): _____ |

All modifications are approved by the Network.

g. Use of Existing Educational Materials.

See attached Existing Educational Materials/Curricula data sheet.

h. Development of New Educational Materials.

All new educational materials must be listed on the attached New Materials Development data sheet.

i. Key Performance Measures/Indicators. (max. 100 words)

To determine whether participants' needs are met for the Good Cooking/Buena Cocina program, a series of pre-test and post-test surveys, focus groups as well as participant data cards will help evaluate the progress of the Good Cooking/Buena Cocina programs. The non-Network funded market money distribution and redemption rate will serve as a proxy for calculating increased intake of farm fresh fruits and vegetables. Also, increases in the number of interested partners will be used to evaluate the popularity of the Good Cooking/Buena Cocina program.

3. EVALUATION PLANS

*All contractors participate in process evaluation per their Scope of Work activities.
Contractors who receive Federal Share >\$350,000 must participate in impact evaluation.
Impact evaluation measures the effectiveness of an intervention by assessing behavior change or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.*

4. COORDINATION EFFORTS (MAX. 100 WORDS)

SEE-LA has been involved in the Network for a Healthy California Regional Collaborative since its inception, and other agency collaborations with local Community-Based Organizations, California Food Bank Association, local W.I.C. clinics, Hunger Action LA and Northridge Hospital, furthering the education of CalFresh-eligible Los Angeles families.

Census Tract Data Sheet (include public schools that serve parents/caregivers)

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Farmers' Market	Main Street Canoga Park Farmers' Market	Owensmouth Ave. between Sherman Way and Wyandotte Street	Los Angeles	91303	6037134520	Mixed	58.8%	
Farmers' Market	Watts Healthy Farmers' Market	Ted Watkins Memorial Park, 1335 East 103rd Street.	Los Angeles	90002	6037242300	Mixed	65.6%	
Farmers' Market	Crenshaw Farmers' Market	3650 W Martin Luther King Jr	Los Angeles	90008	6037236100	Mixed	52.3%	
Farmers' Market	Central Avenue Farmers' Market	Central Avenue Constituent Services Center, 4301. S Central Ave	Los Angeles	90011	6037228220	Mixed	67.4%	
Community Center	Center for Inquiry - 4773 Hollywood Blvd	4773 Hollywood Boulevard	Los Angeles	90027	6037191201	Mixed	54.1%	
Community Center	Barnsdall Art Center	4800 Hollywood Boulevard	Los Angeles	90027	6037191201	Mixed	54.1%	
Community Center	Community Reading Center	5057 W Sunset Blvd	Los Angeles	90027	6037191201	Mixed	54.1%	
Community Center	Lemon Grove Recreation Center	4959 Lemon Grove Ave	Los Angeles	90029	6037191610	Mixed	50.8%	
Community Center	St. John's Well Child and Family Center	1910 Magnolia Ave	Los Angeles	90007	6037209520	Mixed	68.2%	
Community Center	South Central Family Health Ceneter	4425 South Central Avenue	Los Angeles	90011	6037228220	Mixed	67.4%	
Community Center	Central City Action Committee	534 East Edgeware Road	Los Angeles	90026	6037209520	Mixed	68.2%	
Community Center	El Centro Del Pueblo	1157 Lemoyne Street	Los Angeles	90026	6037209520	Mixed	68.2%	
Community Center	The Echo Center	1822 West Sunset Boulevard	Los Angeles	90026	6037209520	Mixed	68.2%	
Community Center	Watts Healthcare Corporation	10300 Compton Avenue	Los Angeles	90002	6037238310	Mixed	73.9%	
Community Center	LA County Department of Parks and Recreation, Ted Watkin's Memorial Park	1335 East 103rd Street	Los Angeles	90002	6037535200	Mixed	50.1%	

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Free/Reduced Price Meal Percentage Data Sheet (for Preschool and K-12 grade audience)

<i>School Name*</i>	<i>District Name</i>	<i>CDS Code*</i>	<i>Free Meal %</i>	<i>Reduced Meal %</i>	<i>Free and Reduced Meal %</i>
49th Street. Elementary (P)	LAUSD	19 64733 6017149	99%	1%	100%
Aurora Elementary (P)	LAUSD	19 64733 0109348	95%	1%	96%
Accelerated Elementary Charter School (P)	LAUSD	19 64733 0100743	68%	13%	81%
Jordon New Technology High School (P)	LAUSD	19 64733 0112854	68%	1%	70%
112th. Street Elementary (P)	LAUSD	19 64733 6018568	85%	3%	88%
Belmont Senior High (P)	LAUSD	19 64733 1930924	77%	2%	80%
Clifford Street Elementary (P)	LAUSD	19 64733 6016513	66%	13%	80%
Gabriella Charter (P)	LAUSD	19 64733 0108886	75%	16%	92%
Micheltorena Street Elementary (P)	LAUSD	19 64733 6018154	79%	7%	87%
Miguel Contreras Learning Complex (P)	LAUSD	19 64733 0112029	78%	5%	83%
Union Avenue Elementary (P)	LAUSD	19 64733 6019624	86%	3%	90%
Santa Monica Boulevard Community Charter (P)	LAUSD	19 64733 6019079	59%	9%	68%
Los Feliz Elementary (P)	LAUSD	19 64733 6017974	79%	10%	89%
Canoga Park Elementary (P)	LAUSD	19 64733 6016299	78%	9%	87%
Christopher Columbus Middle (P)	LAUSD	19 64733 6057947	70%	9%	79%
NEW Academy Canoga Park (P)	LAUSD	19 64733 0102483	94%	5%	100%
Lexington Avenue Primary Care (P)	LAUSD	19 64733 0109264	71%	11%	83%
Ramona Elementary (P)	LAUSD	19 64733 6018824	84%	9%	93%
Compton Ave Elementary (P)	LAUSD	19 64733 6016612	89%	3%	92%
Ninety Ninth Street Elementary (P)	LAUSD	19 64733 6018345	72%	4%	77%

* List K-12 School, Preschool and After School separately even if it is the same site.

*After each school name indicate all that apply with the following abbreviations: K-12 School (S), Preschool (PS), After School (A) & Parents (P)

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
American Heart Association	"Common Misconceptions about Cholesterol" "Cooking with Lower Cholesterol" "LDL and HDL Cholesterol: What's Bad and What's Good?"	Cholesterol can be both good and bad, so it's important to learn the facts about what cholesterol is, how it affects your health and how to manage your blood cholesterol levels. Here are some common misconceptions, along with the true story, about cholesterol.	English, Spanish
California African American Campaign	What's In a Cup" "Seasonality Guide"	<i>Network Material</i>	English, Spanish
Cooperative Extension (EFNEP, FSNEP)	Various Printed Materials	EFNEP is a federally-funded program that offers nutrition education to limited-resource families and children. California EFNEP is administered by the University of California Cooperative Extension and operates in 24 of California's 58 counties.	English, Spanish
USDA materials	"Inside the Pyramid"	One size doesn't fit all. Try out our interactive tools to get a personalized eating plan, or to plan and assess your food and physical activity choices based on the Dietary Guidelines for Americans.	English, Spanish
WIC Materials	"Moove to Lowfat or Fat Free Milk" "	Citizens (ages two years and older) are being encouraged to choose low-fat or fat free milk in an effort to promote healthy eating behaviors and reduce the incidence of overweight and obesity.	English, Spanish

LOCAL PROJECT SYNOPSIS

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Dairy Council of California	"Use MyPyramid to Make Healthy Choices" "Parents - Be Your Child's Partner in Healthy Bones!"	You see your kids growing taller and filling out, so you know their bones are growing. But did you know: <ul style="list-style-type: none"> • The pre-teen and teenage years are the critical years for bone development. • Over half of total lifetime bone calcium is formed between the ages of about 11 and 20. These years represent a brief window of opportunity to build peak bone mass . Relatively little calcium is added to the skeleton after age 20. Help them build the strongest, densest bones possible by providing lots of calciumrich, bone-building foods and encouraging plenty of bone-building exercise. 	English, Spanish
Contractor Developed Materials SEE LA	Good Cooking/Buena Cocina	The Original Good Cooking/Buena Cocina programs curriculum	English, Spanish
Contractor Developed Materials SEE LA	Good Cooking/Buena Cocina in the Farmers' Market	This curriculum is to be used solely for the Good Cooking/Buena Cocina in the Farmers' Market program.	English, Spanish
Contractor Developed Materials SEE LA	Good Cooking/Buena Cocina Handouts	Good Cooking/Buena Cocina handouts will be used as workshop nutrition and culinary education printed materials and be used for outreach classes	English, Spanish

**BUDGET COVER SHEET
FFY 2012**

Organization: Sustainable Economic Enterprises of Los Angeles (SEE-LA)				
Contract Number: 09-11435				
Federal Share Budget	FFY 2011	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 57,678	\$ 58,668	\$ 990	1.72%
Fringe Benefits	\$ 8,652	\$ 8,800	\$ 148	1.71%
Operating	\$ -	\$ -	\$ -	0.00%
Equipment	\$ -	\$ -	\$ -	0.00%
Travel	\$ 3,384	\$ 4,070	\$ 686	20.27%
Subcontractors	\$ 3,600	\$ 3,600	\$ -	0.00%
Other Costs	\$ 3,424	\$ 2,813	\$ (611)	1.87%
Indirect Costs	\$ 5,372	\$ 5,457	\$ 85	1.58%
Total Federal Share	\$ 82,110	\$ 83,408	\$ 1,298	5.63%
If the total federal share percentage difference is greater than 5%, please provide an explanation. If the total percentage difference is greater than 5%, consult your Contract Manager.				
Travel: Registration cost for the Annual conference was added.				

**BUDGET JUSTIFICATION FFY 2012
October 1, 20011-September 30, 2012**

Contractor:SEE-LA
Contract #:09-11435

A PERSONNEL SALARIES:						
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery	6. Federal Share Total Dollars
FEDERAL SHARE POSITIONS						
1.	Name: Pompea Smith Title: Chief Executive Officer	\$ 75,350	0.050	3.00%	2.00%	\$ 3,768
2.	Name: New Hire Title: Project Coordinator (GC/BC Program Coordinator)	\$ 43,250	0.600	20.00%	40.00%	\$ 25,950
3.	Name: Laura Gonzalez Title: Nutrition Educator, Translator (GC/BC Instructor)	\$ 38,500	0.370	7.00%	30.00%	\$ 14,251
4.	Name: Angela Choi Title: Nutrition Educator (GC/BC Instructor)	\$ 36,750	0.400	5.00%	35.00%	\$ 14,700
SUBTOTAL		\$ 193,850	1.420	35.00%	107.00%	\$ 58,668
SAMPLE POSITION DESCRIPTIONS:						
Chief Executive Officer (1)		Provides overall guidance for the operations, personnel, and fiscal responsibilities required by the nutrition project.				
Nutritionist/Nutrition (3) Educator/Nutrition Aide (4)		Provides nutrition education to the SNAP eligible population. Specific duties include: one-on-one general nutrition education, delivery of general nutrition education in a classroom or group setting, staffing health fairs and other community or promotional events where nutrition education messages are delivered, distribution of linguistically and culturally appropriate nutrition education materials, documentation of educational and other encounters, assisting with writing project reports and preparation of quarterly reports, maintaining program reporting and tracking systems.				
Project Coordinator (2)		Coordinate program staff and nutrition education activities; plan and follow through on outreach and educational events at health fairs, schools, and other promotional activities; work with schools, churches, farm worker organizations, and community organizations in planning and promoting good health through dissemination of nutrition education materials; actively acquire and develop culturally and linguistically competent nutrition curriculum and educational materials; to promote existing and/or to develop new physical activity promotional components of nutrition education; and expand our existing community outreach program to encompass nutritional components to increase community awareness and knowledge of good nutrition and healthy active lifestyles.				
Translator (3)		Translates approved curriculum and materials into Spanish or other languages. Reviews translation for cultural appropriateness. Interprets nutrition education interventions (one-on-one and group) in the community for dieticians, health educators and other .				

**BUDGET JUSTIFICATION FFY 2012
October 1, 20011-September 30, 2012**

Contractor:SEE-LA
Contract #:09-11435

										Federal Share Total Dollars	
B. FRINGE BENEFITS:										\$ 8,800	
Federal Share:											
	Includes payroll taxes and medical/dental benefits at 15% of salaries										
										SUBTOTAL:	
										\$ 8,800	
C. OPERATING EXPENSES:										\$ -	
Federal Share:											
										SUBTOTAL:	
D. EQUIPMENT EXPENSES:											
Federal Share:											
										SUBTOTAL:	
										\$ -	
E. TRAVEL AND PER DIEM:										\$ -	
Federal Share:											
Federal Share:											
Staff	# Trips	# Days	Per Diem	Lodging	Round Trip	Total					
	3	4	5	395	1230	780	2405				\$ 2,405
Meeting											
3 Staff at Network Annual Conference in Sacramento (2 days)			Staff Name	Title			FTE				
	Per Diem 240 (3 staff at 40 per day)		Pompea Smith	CEO			0.6				
	Lodging 840 (3 staff at 140 per day)		New Hire	Program Coordinator			0.36				
	Round Trip Airfare 450 (3 staff at 150 each)		Angela Choi	Instructor			0.4				
			Staff Name	Title			FTE				
LFNEAC Meeting at Annual Network Conference (1 day)			Pompea Smith	CEO			0.6				
	Per Diem 120 (3 staff at 40 per day)		New Hire	Program Coordinator			0.36				
	Lodging 390 (3 staff at 130 per day)		Angela Choi	Instructor			0.4				
			Staff Name	Title			FTE				
LFNEAC Meeting in Northern California (1 day)			New Hire	Program Coordinator			0.6				
	Per Diem 17 (3 staff at 5-6 per day)		Laura Gonzalez	Program Instructor			0.36				
	Round Trip Airfare 330 (3 staff at 110 each)		Angela Choi	Instructor			0.4				

**BUDGET JUSTIFICATION FFY 2012
October 1, 20011-September 30, 2012**

Contractor:SEE-LA
Contract #:09-11435

	Staff Name	Title	FTE		
LFNEAC Meeting in Southern California (1 day)	New Hire	Program Coordinator	0.6		
Per Diem 18 (3 staff at 6 per day)	Laura Gonzalez	Program Instructor	0.36		
	Angela Choi	Instructor	0.4		
Mileage for classes (2 staff 15 miles for 60 classes @ .55 per mile)				\$	990
SUBTOTAL:				\$	3,395
F. SUBCONTRACTORS:				\$	3,600
Federal Share:					
Parent Volunteer (Champions for Change) Name TBD (2 at \$30.00 each per class, 6 classes at 10 sites)				\$	3,600
Champions for Change will help facilitate the class, assist in preparation of the featured recipe, pass out materials and teach others in the surrounding community to increase their farm fresh fruit and vegetable intake.					
G. OTHER COSTS:					
Federal Share:					
GC/BC Class Graduation Certificates (\$3.40 each for 320 graduates)				\$	1,088
Food for Cooking Demonstrations (\$40 per class, 60 classes)				\$	2,400
16 students x 2.50 per class = \$40 per class. X 60 classes = \$2,400					
SUBTOTAL:				\$	3,488
*Expenditures on nutrition education reinforcement items or promotional items must have prior CDPH approval and must comply with all State and Federal safety requirements with respect to production including Prop 65 requirements for lead content.					
H. INDIRECT COSTS:				\$	5,457
Federal Share:	____% of Total Salaries or 7% Total Direct Costs				
	or ____% of Modified Directs				
SUBTOTAL:				\$	5,457
TOTAL			\$	193,850	1.41
			35%	107%	\$ 83,409

1. STATE LEVEL GOALS AND OBJECTIVES

See State-level objectives in introduction to Section B, pages 1-3.

2. DESCRIPTION OF PROJECTS/INTERVENTIONS FOR EACH PROJECT THE FOLLOWING INFORMATION SHOULD BE PROVIDED:

Project Title: Vista Community Clinic
Program Area: Local Incentive Awardee: Non Profit
Contract Number: 11-10158

a. Related State Objectives.

See State-level objectives 1, 2, 4, 8, and 9.

b. Audience.

Gender: Male 20% Female 80%

Ethnicity:

- African American 2%
- Asian _____%
- Caucasian 20%
- Latino 75%
- Native American _____%
- Pacific Islander 2%
- Other (specify) Mixed/Unreported: 1%

Languages:

- | | |
|--|--|
| <input checked="" type="checkbox"/> English <u>30%</u> | <input type="checkbox"/> Khmer (Cambodian) _____% |
| <input checked="" type="checkbox"/> Spanish <u>70%</u> | <input type="checkbox"/> Korean _____% |
| <input type="checkbox"/> Arabic _____% | <input type="checkbox"/> Lao _____% |
| <input type="checkbox"/> Armenian _____% | <input type="checkbox"/> Tagalog _____% |
| <input type="checkbox"/> Russian _____% | <input type="checkbox"/> Vietnamese _____% |
| <input type="checkbox"/> Bosnian _____% | <input type="checkbox"/> Other (specify) _____: _____% |
| <input type="checkbox"/> Cantonese _____% | <input type="checkbox"/> Other (specify) _____: _____% |
| <input type="checkbox"/> Farsi _____% | <input type="checkbox"/> Mandarin _____% |
| <input type="checkbox"/> Hmong _____% | |

Ages:

- Under 5 years old _____%
- 5 to 8 _____%
- 9 to 11 _____%
- 12 to 17 _____%
- 18 to 59 100%
- 60 years old and over _____%

c. Focus on SNAP Eligibles.

Income Targeting Data Source:

- See attached Census Tract data sheet*
- See attached Free/Reduced Price Meal % data sheet*
- Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Other (Specify): _____ (_____ % equal to or less than 185% FPL)

Location Based Proxy Sites:

Targeting data is not required for proxy sites. Please check all that apply and indicate the percentage of your target audience(s) at these locations.

- | | |
|---|--|
| <input type="checkbox"/> CalFresh Offices _____% | <input type="checkbox"/> Shelters/Temporary Housing _____% |
| <input type="checkbox"/> Food Banks _____% | <input type="checkbox"/> Soup Kitchens _____% |
| <input type="checkbox"/> Food Pantries _____% | <input type="checkbox"/> TANF Job Readiness Program _____% |
| <input checked="" type="checkbox"/> Public Housing <u>75%</u> | <input type="checkbox"/> WIC Offices _____% |
| <input checked="" type="checkbox"/> HeadStart <u>25%</u> | |

d. Project Description.

Key Methods:

- Advisory Council/Task Force (specify): _____
- Internet/Web Sites-website address: _____
- Print Media
- Radio: _____
- TV: _____
- Nutrition Education Classes: (252/yr occurrences at 1.5hour(s) each)
- Community Education Events: (_____ occurrences at _____ hour(s) each)
- Training/Workshop/Conference: (_____ occurrences at _____ hour(s) each)
- Point of Purchase: (_____ occurrences at _____ hour(s) each)
- Other (specify) _____: (_____ occurrences at _____ hour(s) each)

Key Educational Messages:

- | | |
|--|---|
| <input checked="" type="checkbox"/> Fruits & Vegetables | <input type="checkbox"/> Limit Added Sugars or Caloric Sweeteners |
| <input checked="" type="checkbox"/> Physical Activity | <input checked="" type="checkbox"/> MyPyramid – Healthy Eating Plan |
| <input type="checkbox"/> Fat Free & Low Fat Milk or Equivalent (and alternate calcium sources) | <input checked="" type="checkbox"/> Promote Healthy Weight |
| <input type="checkbox"/> Fats and Oils | <input type="checkbox"/> Sodium and Potassium |
| <input type="checkbox"/> Fiber-Rich Foods | <input checked="" type="checkbox"/> Whole Grains |
| <input type="checkbox"/> Food Safety | <input checked="" type="checkbox"/> Other (Specify): <u>SNAP Promotion, urban gardens</u> |
| <input checked="" type="checkbox"/> Food Shopping/Preparation | |
| <input type="checkbox"/> Lean Meat and Beans | |

SNAP-Ed Delivery Sites by Type of Setting:

- | | |
|---|---|
| _____ Adult Education & Job Training Sites | _____ Individual Homes |
| _____ Adult Rehabilitation Centers | _____ Libraries |
| _____ CalFresh Offices | _____ Other Youth Education Sites (includes Parks and Recreation) |
| _____ Churches | <u>3</u> Public/Community Health Centers (includes Public Health Departments) |
| Community Centers | <u>10</u> Public Housing |
| _____ Elderly Service Centers | _____ Schools – students (Preschool) |
| _____ Emergency Food Assistance Sites (includes Food Banks, Food Pantries, and Soup Kitchens) | _____ Schools – students (K-12) |
| _____ Extension Offices | _____ Schools – students (Afterschool Program) |
| _____ Farmers Markets | _____ Schools – Parents |
| _____ Food Stores | _____ Shelters/Temporary Housing |
| <u>1</u> Head Start Program | _____ WIC Programs |

_____ Worksites
Other (specify): _____

Other (specify): _____
Other (specify): _____

*** Reminder: Every non-school site noted above must be listed with address and census tract on the separate Census Tract Data Sheet.**

Projected Number of Unduplicated Participants: 425

Narrative (max. 200 words)

The proposed project is an intensive nutrition education intervention aimed at providing the information, tools and support necessary to change longstanding, entrenched eating habits, thereby improving overall health and reducing documented disparities in obesity and chronic disease. Targeted communities and community members share socioeconomic attributes correlated with overall higher rates of obesity, diabetes, heart disease and cancer than the general population. The intervention will consist of a nine session nutrition education series offered in twice monthly sessions over the course of six months. Lack of access to fresh fruits and vegetables will be actively addressed through field trips to local markets, local farmers markets, and community gardens; and introduction to and support for urban gardening activities. Plant to Plate will assist individuals interested in garden-based nutrition to assess the most viable method for their use, including backyard gardening involvement in community gardening, plant and container gardening on patios and in windowsills, and through transformation of small shared spaces into edible landscaping. Evaluation activities will assess changes in fruit, vegetable and water consumption; physical activity; and nutrition knowledge and will compare outcomes of participants of garden-based nutrition compared to general participants.

e. Summary of Research.

See Section A, pages 2-5.

f. Modification of Project Methods/Strategies.

- | | |
|--|--|
| <input type="checkbox"/> We have not modified our methods/strategies | <input type="checkbox"/> Changing audience participation |
| <input type="checkbox"/> Improving cultural relevancy | <input type="checkbox"/> Adding new partners |
| <input type="checkbox"/> Enhancing/updating existing strategies | <input type="checkbox"/> Other (specify): _____ |
| <input type="checkbox"/> Utilizing research/program tool | <input type="checkbox"/> Other (specify): _____ |

All modifications are approved by the Network.

g. Use of Existing Educational Materials.

See attached Existing Educational Materials/Curricula data sheet.

h. Development of New Educational Materials.

All new educational materials must be listed on the attached New Materials Development data sheet.

i. Key Performance Measures/Indicators. (max. 100 words)

Objective 1: The number of SNAP eligible individuals per year will participate in a nine session Plant to Plate nutrition education series by September 30, 2014.

Objective 2: The number of SNAP eligible individuals who participated in educational activities who will report a statistically significant increase in pre-to post-measures for fruit and vegetable consumption and/or in one or more factors related to fruit and vegetable consumption by September 30, 2014.

3. EVALUATION PLANS

*All contractors participate in process evaluation per their Scope of Work activities.
Contractors who receive Federal Share >\$350,000 must participate in impact evaluation.
Impact evaluation measures the effectiveness of an intervention by assessing behavior change or the factors that directly influence behavior change primarily focusing on consumption of fruit and vegetables intake.*

4. COORDINATION EFFORTS (MAX. 100 WORDS)

VCC will coordinate with the County of San Diego Regional Gardening Educational Centers (RGEC) to provide training to satisfy participants by incorporating nutrition education into urban gardening. on urban gardening to staff and participants. MAAC HeadStart in North County will provide access to the parents of SNAP-eligible families at multiple program locations. The San Diego Hunger Coalition subcontracts to VCC to provide CalFresh outreach, screening, and enrollment assistance. The LFNE Health/Nutrition Educator will promote CalFresh and refer participating families to VCC's application assistors for SNAP screening and enrollment. (Application assistors time will be billed to CalFresh Outreach contract)

Census Tract Data Sheet

<i>Type*</i>	<i>Site Name</i>	<i>Address</i>	<i>City</i>	<i>Zip</i>	<i>Census Tract</i>	<i>Ethnicity</i>	<i>185% FPL</i>	<i>Notes</i>
Community Health Center	Vista Community Clinic-Vale Terrace Dr.	1000 Vale Terrace	Vista	92084	06073019601	All Races	85%	Based on UDS report of income data collected from patients indicating 85% earn <FPL
Community Health Center	Vista Community Clinic-Oceanside	818 Pier View Way	Oceanside	92057	06073018400	All Races	85%	Based on UDS report of income data collected from patients indicating 85% earn <FPL
Community Health Center	Vista Community Clinic-NRR	4700 North River Road	Oceanside	92054	06073018609	All Races	85%	Based on UDS report of income data collected from patients indicating 85% earn < FPL
Preschool site	MAAC Head Start	2322 Catalina Circle	Oceanside	92056	06073019302			Proxy Site
Public Housing	Las Casitas	1203 Maple St.	Escondido	92025	06073020601			Proxy Site
Public Housing	Los Robles Apts.	1475 Oak Dr.	Vista	92084	06073019207			Proxy site
Public Housing	Solutions Family Center	722 W. California Ave.	Vista	92082	06073019501			Proxy site
Public Housing	Nettleton Apts.	160 Nettleton Rd.	Vista	92083	06073018519			Proxy site
Public Housing	Cedar Apts.	245 Cedar Rd.	Vista	92083	06073018519			Proxy site

Public Housing	Old Grove Apts.	235 Via Pelicano	Oceanside	92057	06073018514			
Public Housing	De Luz Apts.	420 Pico Ave.	Fallbrook	92028	06073018903			Proxy site
Public Housing	Pine View Apts.	1101 Alturas St.	Fallbrook	92028	06073018905			Proxy site
Public Housing	Turnagain Apts.	920 E. Mission Rd.	Fallbrook	92028	06073018903			Proxy site
Public Housing	Fallbrook View Apts.	901 Alturas Rd.	Fallbrook	92028	06073018905			Proxy site

* Refer to list from SNAP-Ed Delivery Sites by Type of Setting section.

Use of Existing Educational Materials/Curricula Data Sheet

<i>Source</i>	<i>Title</i>	<i>Description</i>	<i>Languages</i>
Network for a Healthy California Champions for Change	Fruit, Vegetable, and Physical Activity Online Toolbox for Community Educators	As indicated in title	English
Network for a Healthy California Champions for Change	Fruit, Vegetable, and Physical Activity Online Toolbox for Community Educators	As indicated in title	Spanish
USDA Materials	My Pyramid	One size doesn't fit all. Try out our interactive tools to get a personalized eating plan, or to plan and assess your food and physical activity choices based on the Dietary Guidelines for Americans.	English
USDA Materials	My Pyramid	One size doesn't fit all. Try out our interactive tools to get a personalized eating plan, or to plan and assess your food and physical activity choices based on the Dietary Guidelines for Americans.	Spanish

**BUDGET COVER SHEET
FFY 2012**

Organization: Vista Community Clinic			
Contract Number: 11-10158			
Federal Share Budget	FFY 2012	Amount Difference	% Difference
Personnel Salaries	\$ 47,130	N/A	N/A
Fringe Benefits	\$ 8,766	N/A	N/A
Operating	\$ 4,154	N/A	N/A
Equipment	\$ -	N/A	N/A
Travel	\$ 2,725	N/A	N/A
Subcontractors	\$ 10,000	N/A	N/A
Other Costs	\$ 2,275	N/A	N/A
Indirect Costs	\$ 9,950	N/A	N/A
Total Federal Share	\$ 85,000		
<p>If the total federal share percentage difference is greater than 5%, please provide an explanation. If the total percentage is greater than 5%, consult your contract manager.</p>			

BUDGET JUSTIFICATION
October 1, 2011-September 30, 2012

Vista Community Clinic
 #11-10158

A PERSONNEL SALARIES:								
1. Name and Position Title		2. Annual Salary	3. Total FTE (as a decimal)	4. Percentage FTE Time for Administrative Duties	5. Percentage FTE Time for Direct Delivery Duties	6. Federal ShareTotal Dollars		
FEDERAL SHARE POSITIONS								
1.	Name: Silvia Alcantar Title: Program Manager	\$ 59,700	0.23	13%	10%	\$ 13,850		
2.	Name: To be Hired/vacant Title: Health Educator	\$ 33,280	1.00	20%	80%	\$ 33,280		
SUBTOTAL		\$ 92,980	1.23	33%	90%	\$ 47,130		
POSITION DESCRIPTIONS:								
Program Manager (1)		Administer the nutrition education contract and budget, supervising nutrition education staff, attend nutrition education and scope of work related meetings, program planning and participating in the Regional collaborative. Coordinate contract reporting requirements.						
Health Educator (2)		Develop materials and facilitate health education in both group and individual settings. Teaches general nutrition, the importance of fruits and vegetables, and health benefits of proper nutrition and physical activity.						
B. FRINGE BENEFITS:								
Federal Share:						\$ 8,766		
Includes payroll taxes and medical/dental benefits at 18.6% of salaries (\$47,130 x 18.6% = \$8,766)								
Fringe Benefits include health, dental, life insurance, long-term disability, worker's compensation, unemployment compensation, payroll taxes and retirement. VCC benefits are calculated at 18.6% of total personnel.								
						SUBTOTAL: \$ 8,766		
C. OPERATING EXPENSES:								
Federal Share:								
Office Supplies for paper, file folders, pens, etc. (\$109.17 x 12 months = \$1310)								
Printing & Copying for the duplication of program forms, fliers and reports; calculated at \$50 x 12 months = \$600								
Utilities is calculated at \$54 X 12 months X 1.23 FTE's = \$797								
Telephone is calculated at \$26 x 12 month x 1.23 FTE's = \$384								
Building Costs is calculated at \$72 x 12 months x 1.23 FTE's = \$1,063								
						SUBTOTAL: \$ 4,154		

BUDGET JUSTIFICATION
October 1, 2011-September 30, 2012

Vista Community Clinic
 #11-10158

										Federal Share Total Dollars	
D. EQUIPMENT EXPENSES:											
Federal Share:											
										SUBTOTAL: \$	-
E. TRAVEL AND PER DIEM:											
Federal Share:											
Mileage to provide classes, network or attend meetings is calculated at 259 miles X 12 months X \$.555/mile rate = \$1,725										\$	1,725
Meeting: LFNE Annual Conference											\$1,000
Travel to attend LFNE Conference is estimated at \$500 for airfare X 1 person + Hotel for 2 days \$340 + \$160 meals for one = \$1,000											
1-Staff	1 Trip	2 Days	Per Diem	Lodging	Airfare	Registration	Total				
			\$40 x 1 =								
Network 1	1	1	\$40	\$84 x 1 = \$84+tax		\$210	\$334				
SF Bay 1	1	1	\$40	\$140 x 1 = \$140+tax		\$153	\$333				
So Cal 1	1	1	\$40	\$110 x 1 = \$110 + tax		\$183	\$333				
										SUBTOTAL: \$	2,725
F. SUBCONTRACTORS:											
Federal Share:											
Harder & Company will evaluate the nutrition education and physical activity education program.										\$	10,000
H+C will provide 60 hours of evaluation consultation at ~\$167/hr (fees includes benefits, travel, materials, data processing and indirect)											
										SUBTOTAL: \$	10,000
G. OTHER COSTS:											
Federal Share:											
Supplies / materials includes grocery items for the cooking demos and disposable plates/cups/napkins. (\$100)											
Cooking demos are calculated at 96 cooking demos X \$22.66 per demo = \$2,175 (Cost not to exceed \$2.50 per person)											\$2,275
										SUBTOTAL: \$	2,275
H. INDIRECT COSTS:											
Federal Share: 17.8% of Total Salaries and Fringe (\$47,130 + \$8,766= \$55,896)											
										\$	9,950
										SUBTOTAL: \$	9,950
TOTAL:					\$	92,980	1.23	33%	90%	\$	85,000