

1998-2012 California Teen Eating, Exercise, and Nutrition Survey

Trend Table 16: Mean Servings of Milk Products, Including Cheese and Yogurt, Reported Consumed on the Previous Day by California Adolescents

Yesterday, how many servings of milk did you drink, including chocolate milk, fast food milkshakes, milk on cereal, or large coffee drinks such as a mocha or latté?
 How many times did you have cheese yesterday, including cheese on a cheeseburger, pizza, sandwich, in a main dish, or as a snack?
 How many times did you have yogurt or dairy desserts yesterday, such as frozen yogurt, ice cream, soft serve ice cream, pudding, or frozen yogurt in a smoothie?

	Mean Servings of Milk Products Reported								Trend Analysis							
	1998	2000	2002	2004	2006	2008	2010	2012	98-00	00-02	02-04	04-06	06-08	08-10	10-12	98-12
Total	4.0	3.7	3.2	3.5	3.6	3.1	3.2	3.1	-0.3	-0.6	0.3	0.1	-0.5	0.0	0.0	-0.9
Gender																
Male	4.4	4.0	3.6	3.9	4.1	3.4	3.4	3.5	-0.4	-0.4	0.2	0.2	-0.6	0.0	0.1	-0.9
Female	3.6	3.4	2.7	3.1	3.1	2.8	2.9	2.7	-0.2	-0.8	0.5	0.0	-0.3	0.1	-0.2	-0.9
Ethnicity																
White	4.4	4.0	3.4	4.0	3.8	3.6	3.5	3.4	-0.4	-0.6	0.5	-0.2	-0.2	-0.1	-0.1	-1.0
African American	3.6	3.4	2.8	2.5	3.4	2.6	3.5	3.3	-0.2	-0.6	-0.3	0.9	-0.8	0.9	-0.1	-0.3
Latino	3.7	3.4	2.9	3.3	3.3	2.9	3.0	3.0	-0.3	-0.5	0.3	0.1	-0.4	0.0	0.1	-0.7
Asian/ Other	3.8	3.5	3.0	3.3	3.9	2.6	2.6	2.8	-0.3	-0.5	0.4	0.5	-1.3	0.0	0.2	-1.0
CalFresh Status, % FPL¹																
Participant,					3.7	3.2	2.9	3.2					-0.5	-0.3	0.3	
Likely Eligible, ≤ 130%					3.3	2.8	3.1	3.1					-0.5	0.3	0.0	
Not Eligible, >185%					3.6	3.3	3.4	3.1					-0.3	0.1	-0.3	
Overweight Status																
Not Overweight	4.2	3.9	3.2	3.7	3.6	3.1	3.2	2.9	-0.3	-0.7	0.5	-0.1	-0.5	0.1	-0.3	-1.3
Overweight/Obese	3.7	3.2	3.1	3.1	3.6	3.2	3.1	3.2	-0.4	-0.1	0.0	0.5	-0.4	-0.1	0.1	-0.4
Physical Activity																
Regular	4.2	3.8	3.4	3.7	3.9	3.2	3.4	3.3	-0.4	-0.4	0.3	0.2	-0.7	0.2	-0.1	-0.9
Irregular	3.3	3.2	2.3	3.0	2.8	3.0	2.9	2.5	-0.1	-0.8	0.7	-0.2	0.2	-0.2	-0.3	-0.8

¹ Survey respondents between 130-185% FPL omitted from analysis due to insufficient sample size.

* p<.05
 ** p<.01
 *** p<.001