

2012 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 73: Reported Availability of Healthy Foods on Campus During School Day

What foods and drinks can students at your school buy during school hours from a school vending machine or student store?

- Water
- Dairy (Milk or Yogurt/Cheese)
- 100% Juice
- Fruit or Vegetables
- Other

	Reported Available in School Vending Machine or Store, Percent of Adolescents				
	Water	Dairy	100% Juice	Fruit or Vegetables	Other <sup>1</sup>
<b>Total</b>	<b>54.8</b>	<b>13.4</b>	<b>6.5</b>	<b>4.4</b>	<b>3.7</b>
<b>Gender</b>					
Male	53.7	13.3	5.9	3.0*	3.7
Female	56.1	13.5	7.1	6.1	3.7
<b>Ethnicity</b>					
White	54.1	18.6***	5.0***	6.7	5.4
African American	57.9	12.4	3.4	0.7	0.0
Latino	56.0	8.7	9.7	4.1	3.5
Asian/Other	51.3	19.3	0.2	3.1	2.7
<b>Gender by Age</b>					
<b>Male</b>					
12-13	43.5**	14.9	6.4*	3.5	5.7*
14-15	56.2	13.6	2.5	3.7	1.0
16-17	61.1	11.5	9.0	1.7	4.5
<b>Female</b>					
12-13	47.8***	20.4**	6.7	8.3	3.3
14-15	50.0	12.6	9.0	3.9	4.0
16-17	72.4	7.7	5.3	6.5	3.9
<b>Income</b>					
<\$15,000	59.9	8.8**	12.0**	1.7**	2.9
\$15,000 - \$24,999	50.9	8.1	4.7	2.1	3.3
\$25,000 - \$34,999	59.1	11.2	11.0	2.0	3.0
\$35,000 - \$49,999	52.6	7.3	2.8	3.9	5.0
\$50,000 - \$74,999	63.0	20.4	8.5	9.7	3.0
> \$75,000	53.7	17.9	4.6	7.2	4.7
<b>CalFresh Status, % FPL<sup>2</sup></b>					
Participant	55.1	10.4***	6.1**	2.2***	2.9
Likely Eligible < 130%	56.9	9.5	10.8	1.8	4.5
Not Eligible > 185%	50.9	18.7	3.9	8.1	3.9
<b>Physical Activity Status</b>					
Regular	56.0	15.4***	7.0	4.5	3.1
Irregular	50.8	6.4	4.6	4.1	5.8
<b>Overweight Status</b>					
Not Overweight	55.5	13.5	6.7	4.7	3.4
Overweight/Obese	55.3	14.5	6.1	3.2	5.3

<sup>1</sup>Other includes Bagel, Beef Jerky, Chicken, Crackers, Nuts, Peanuts, Popcorn, Pretzels, Protein Bar, Rice, Smoothie, Sunflower Seeds

<sup>2</sup>Survey respondents between 130-185% FPL omitted from analysis due to insufficient sample size.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test: \* p<.05, \*\* p<.01, \*\*\* p<.001

2012 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

**Table 74: Percent of California Adolescents Reporting Open Campus for Lunch (N=1,093)**

Does the school have an open campus for lunch?

	Open Campus for Lunch, Percent of Teens
<b>Total</b>	<b>49.3</b>
<b>Gender</b>	
Male	50.6
Female	47.9
<b>Ethnicity</b>	
White	50.4 *
African American	45.5
Latino	45.9
Asian/Other	59.5
<b>Gender by Age</b>	
<b>Male</b>	
12-13	43.4 *
14-15	51.1
16-17	57.4
<b>Female</b>	
12-13	36.2 ***
14-15	51.9
16-17	54.8
<b>Income</b>	
<\$15,000	47.4 ***
\$15,000 - \$24,999	47.7
\$25,000 - \$34,999	41.2
\$35,000 - \$49,999	31.1
\$50,000 - \$74,999	55.6
> \$75,000	56.5
<b>CalFresh Status, % FPL<sup>1</sup></b>	
Participant	51.9 ***
Likely Eligible < 130%	42.2
Not Eligible > 185%	55.9
<b>Physical Activity Status</b>	
Regular	50.3
Irregular	45.7
<b>Overweight Status</b>	
Not Overweight	50.6
Overweight/Obese	48.6

<sup>1</sup>Survey respondents between 130-185% FPL omitted from analysis due to insufficient sample  
A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test: \* p<.05, \*\* p<.01, \*\*\* p<.001

2012 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

**Table 74a: Cross Tabulation of Adolescents with an Open Campus for Lunch by Reported Dietary Consumption on the Previous Day (N=1,143)**

Does the school have an open campus for lunch?

Yesterday, how many times did you eat a meal or snack from a fast food restaurant like McDonalds, Taco Bell, Jack-in-the-Box, Pizza Hut, KFC, or Subway?

Yesterday how many servings of regular soda (cola, lemon-lime) or sweetened beverage like Snapple, Kool-Aid, Arizona, Red Bull, Rockstar, or Sobe did you drink?

Yesterday did you eat any pastries, such as doughnuts, danishes, sweet rolls, muffins, croissants, or pop-tarts?

Yesterday did you eat any deep-fried foods, such as, fried chicken, chicken nuggets, fried fish, fried shrimp, egg rolls or onion rings? Do not include french fries.

Yesterday did you eat any potato chips, tortilla chips, cheese puffs, pork rinds, or other fried snacks?

Yesterday did you eat any sweet snacks like cake, pie, cookies, or brownies? Do not include ice cream or reduced fat or fat-free bakery items or lower fat dairy items like ice milk, light ice cream, frozen yogurt, or sherbet.

Yesterday did you eat any candy bars or packages of candy?

	Percent of All California Adolescents	School Has Open Campus for Lunch, Percent of Adolescents (N=1,093)
<b>Total</b>		<b>49.3</b>
<b>Ate 5 Servings of Fruits and Vegetables</b>		
Yes	40.2	35.2 ***
No	59.8	64.8
<b>Ate 3 Servings of Dairy Products</b>		
Yes	57.5	58.3
No	42.5	41.7
<b>Ate Any Fast Food</b>		
Yes	27.1	30.2 *
No	72.9	69.8
<b>Drank any Soda</b>		
Yes	46.3	43.2 *
No	53.7	56.8
<b>Ate 2+ Unhealthy Foods<sup>1</sup></b>		
Yes	50.3	49.0
No	49.7	51.0

A box around a group of numbers signifies that differences observed within this group are statistically significant.

<sup>1</sup>Defined as soda, candy, chips or other fried snacks, bakery desserts, deep fried foods and pastries.

Chi Square Test: \* p<.05, \*\* p<.01, \*\*\* p<.001

**2012 California Teen Eating, Exercise and Nutrition Survey (CaTEENS)**

**Table 75: Number of Minutes for Lunch at School among California Adolescents (N=1,074)**

How many minutes total do you have for lunch at school? If you eat the school lunch, include the time you spend in line.

	Length of Reported Lunch Period at School, Percent of Adolescents	
	0-25	26+
<b>Total</b>	<b>18.7</b>	<b>81.3</b>
<b>Gender</b>		
Male	17.5	82.5
Female	19.9	80.1
<b>Ethnicity</b>		
White	11.7	88.3
African American	17.6	82.4
Latino	21.0	79.0
Asian/Other	24.4	75.6
<b>Gender by Age</b>		
<b>Male</b>		
12-13	26.9	73.1
14-15	15.2	84.8
16-17	10.4	89.6
<b>Female</b>		
12-13	27.8	72.2
14-15	15.5	84.5
16-17	17.1	82.9
<b>Income</b>		
<\$15,000	18.9	81.1
\$15,000 - \$24,999	15.6	84.4
\$25,000 - \$34,999	29.6	70.4
\$35,000 - \$49,999	25.6	74.4
\$50,000 - \$74,999	14.1	85.9
> \$75,000	16.4	83.6
<b>CalFresh Status, % FPL<sup>1</sup></b>		
Participant	19.9	80.1
Likely Eligible < 130%	22.6	77.4
Not Eligible > 185%	16.2	83.8
<b>Physical Activity Status</b>		
Regular	18.1	81.9
Irregular	21.0	79.0
<b>Overweight Status</b>		
Not Overweight	16.4	83.6
Overweight/Obese	23.7	76.3

<sup>1</sup>Survey respondents between 130-185% FPL omitted from analysis due to insufficient sample size. A box around a group of numbers signifies that differences observed within this group are statistically significant.

Some numbers may not add to 100 percent due to rounding.

Chi Square Test: \* p<.05, \*\* p<.01, \*\*\* p<.001

2012 California Teen Eating, Exercise and Nutrition Survey (CaTEENS)

**Table 76: Water Availability at School Among California Adolescents (N=1,097)**

Is there a free source of drinking water in your school cafeteria at meal times?  
 Are you and your classmates allowed to have a water bottle with you during the school day?

	Percent of Adolescents	
	Free Drinking Water at School Cafeteria	Allowed Water Bottle at School
<b>Total</b>	<b>90.8</b>	<b>96.4</b>
<b>Gender</b>		
Male	91.2	96.3
Female	90.3	96.6
<b>Ethnicity</b>		
White	92.4 *	98.2 ***
African American	80.8	97.8
Latino	90.7	97.0
Asian/Other	92.0	91.0
<b>Gender by Age</b>		
<b>Male</b>		
12-13	93.3 ***	91.9 ***
14-15	85.2	97.1
16-17	95.7	99.9
<b>Female</b>		
12-13	92.2 **	95.7 *
14-15	94.5	99.2
16-17	83.9	94.5
<b>Income</b>		
<\$15,000	91.5 *	98.3
\$15,000 - \$24,999	90.9	96.4
\$25,000 - \$34,999	91.7	96.1
\$35,000 - \$49,999	81.8	96.6
\$50,000 - \$74,999	86.4	98.7
> \$75,000	91.9	93.5
<b>CalFresh Status, % FPL<sup>1</sup></b>		
Participant	87.3	96.2
Likely Eligible < 130%	91.2	97.6
Not Eligible > 185%	92.7	95.4
<b>Physical Activity Status</b>		
Regular	90.1	96.1
Irregular	93.1	97.7
<b>Overweight Status</b>		
Not Overweight	90.7	97.4 **
Overweight/Obese	90.1	93.1

<sup>1</sup>Survey respondents between 130-185% FPL omitted from analysis due to insufficient sample size. A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test: \* p<.05, \*\* p<.01, \*\*\* p<.001

2012 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

**Table 79: Marketing of Name Brand Foods at School Campuses Reported by California Adolescents (N=1,052)**

Are there ads or logos for name brand foods or beverages like posters, signs, or billboards on school walls, school buildings, school buses, scoreboards, vending machines, or other school property?

Are free samples of name brand food or beverage distributed during school hours or during a school-sponsored activity?

	Percent of Adolescents	
	Ads or Logos for Name Brand Foods or Beverages on School Property	Free Samples of Name Brand Foods or Beverages Distributed at School
<b>Total</b>	<b>25.8</b>	<b>18.3</b>
<b>Gender</b>		
Male	26.2	20.5
Female	25.4	16.0
<b>Ethnicity</b>		
White	31.3 *	12.1 ***
African American	19.1	36.3
Latino	22.9	20.5
Asian/Other	27.6	15.3
<b>Gender by Age</b>		
<b>Male</b>		
12-13	12.2 ***	28.2 **
14-15	38.0	16.9
16-17	27.3	16.8
<b>Female</b>		
12-13	15.5 ***	14.6
14-15	23.8	17.0
16-17	36.5	16.3
<b>Income</b>		
<\$15,000	20.4 *	14.9 *
\$15,000 - \$24,999	25.0	24.5
\$25,000 - \$34,999	36.6	25.5
\$35,000 - \$49,999	22.6	16.6
\$50,000 - \$74,999	21.5	18.5
> \$75,000	28.3	13.5
<b>CalFresh Status, % FPL<sup>1</sup></b>		
Participant	27.3	21.1
Likely Eligible < 130%	21.0	20.8
Not Eligible > 185%	27.9	15.6
<b>Physical Activity Status</b>		
Regular	26.2	20.4 ***
Irregular	24.2	11.0
<b>Overweight Status</b>		
Not Overweight	26.5	17.3
Overweight/Obese	26.3	18.5

<sup>1</sup>Survey respondents between 130-185% FPL omitted from analysis due to insufficient sample size.

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Chi Square Test: \* p<.05, \*\* p<.01, \*\*\* p<.001

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**Table 85: Cross Tabulation of Adolescents Physically Active for One or More Hours by Enrollment in Health or PE Class (N=1,100)**

In the last year, have you taken a class or course at school in which the health effects of physical activity are exercise were discussed?  
 Do you currently take physical education class in school?  
 How many times a week do you have physical education class in school?  
 Yesterday, did you participate in any physical activities, exercise, sports?  
 For how many minutes or hours did you do this activity?

Physically Active for 1 or More Hours Yesterday	Percent of Adolescents	Percent of Adolescents		
		Had Class on Benefits of Exercise <sup>1</sup>	Currently Enrolled in Physical Education <sup>1</sup>	Physical Education Classes Per Week <sup>2</sup> (N=823)
Yes	49.2	55.1 ***	51.8 *	4.4
No	50.8	44.9	48.2	4.3

<sup>1</sup>Chi Square Test

<sup>2</sup>ANOVA

\* p<.05, \*\* p<.01, \*\*\* p<.001

A box around a group of numbers signifies that differences observed within this group are statistically significant.  
 Some numbers may not add to 100 percent due to rounding.

2012 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

**Table 88: Active Transport to and from School among California Adolescents (N=1,099)**

How many days in a usual week do you walk, ride a bike, skateboard or rollerblade on the way TO school?  
 How many days in a usual week do you walk, ride a bike, skateboard or rollerblade on the way FROM school?

	Percent of Adolescents	
	4+ Days Using Active Transport to School in a Typical Week	4+ Days Using Active Transport from School in a Typical Week
<b>Total</b>	<b>34.0</b>	<b>36.8</b>
<b>Gender</b>		
Male	37.8 **	38.5
Female	30.1	35.1
<b>Ethnicity</b>		
White	27.1 ***	31.0 ***
African American	29.2	37.9
Latino	42.7	44.8
Asian/Other	21.1	21.8
<b>Gender by Age</b>		
<b>Male</b>		
12-13	34.8 **	33.0 **
14-15	31.4	34.3
16-17	48.0	48.7
<b>Female</b>		
12-13	29.7	31.7
14-15	29.1	39.5
16-17	31.7	33.7
<b>Income</b>		
<\$15,000	47.4 ***	50.4 ***
\$15,000 - \$24,999	37.7	41.3
\$25,000 - \$34,999	46.2	42.5
\$35,000 - \$49,999	39.7	41.7
\$50,000 - \$74,999	43.8	50.1
> \$75,000	17.6	21.6
<b>CalFresh Status, % FPL<sup>1</sup></b>		
Participant	49.9 ***	52.0 ***
Likely Eligible < 130%	38.2	41.2
Not Eligible > 185%	22.4	25.7
<b>Physical Activity Status</b>		
Regular	36.2 **	38.2
Irregular	26.1	31.9
<b>Overweight Status</b>		
Not Overweight	29.1 ***	31.7 ***
Overweight/Obese	45.3	49.3

<sup>1</sup>Survey respondents between 130-185% FPL omitted from analysis due to insufficient sample size.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test: \* p<.05, \*\* p<.01, \*\*\* p<.001

2012 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 88a: Reported Distance Between Home and School among California Adolescents (N=1,088)

How far is school from your house?

	Reported Distance Between Home and School, Percent of Adolescents				
	Less Than Half Mile	Half to One Mile	One to Two Miles	Two or More Miles	
<b>Total</b>	<b>18.0</b>	<b>19.8</b>	<b>21.1</b>	<b>41.0</b>	
<b>Gender</b>					
Male	20.1	13.9	22.3	43.7	***
Female	15.9	25.8	19.9	38.3	
<b>Ethnicity</b>					
White	13.8	12.1	20.6	53.5	***
African American	26.1	15.1	14.4	44.4	
Latino	24.1	22.4	21.4	32.0	
Asian/Other	3.5	27.7	23.4	45.4	
<b>Gender by Age</b>					
<b>Male</b>					
12-13	23.1	11.2	28.2	37.5	
14-15	15.6	17.3	19.7	47.3	
16-17	21.9	12.8	19.3	46.0	
<b>Female</b>					
12-13	17.9	28.4	21.9	31.8	
14-15	15.0	20.8	21.8	42.3	
16-17	15.1	29.0	15.8	40.1	
<b>Income</b>					
<\$15,000	24.4	16.4	21.1	38.1	***
\$15,000 - \$24,999	20.6	24.7	17.6	37.2	
\$25,000 - \$34,999	21.8	19.7	19.6	38.9	
\$35,000 - \$49,999	24.5	23.1	23.2	29.1	
\$50,000 - \$74,999	30.5	24.2	13.3	32.0	
> \$75,000	9.2	12.9	21.5	56.4	
<b>CalFresh Status, % FPL<sup>1</sup></b>					
Participant	23.3	15.4	20.3	41.1	***
Likely Eligible < 130%	20.3	25.0	17.8	36.9	
Not Eligible > 185%	12.2	18.3	24.5	45.0	
<b>Physical Activity Status</b>					
Regular	18.9	19.3	21.9	40.0	
Irregular	15.1	21.8	18.5	44.6	
<b>Overweight Status</b>					
Not Overweight	13.8	20.5	21.5	44.2	***
Overweight/Obese	26.5	20.5	19.7	33.3	

<sup>1</sup>Survey respondents between 130-185% FPL omitted from analysis due to insufficient sample size.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Some numbers may not add to 100 percent due to rounding.

Chi Square Test: \* p<.05, \*\* p<.01, \*\*\* p<.001