

**California Teen Eating, Exercise and Nutrition
Survey
(Cal-TEENS)**

**2012 Questionnaire
February 21, 2012**

2012 California Teens Exercise, Eating, Nutrition (CalTEENS) Instrument- ENGLISH

INTROQ1

Hello. My name is _____ (interviewer name) _____ and I am calling from the California Department of Public Health located in Sacramento.

SPEAK18 0.03

Am I speaking with a member of the household who is at least 18 years old?

- 1.No -----> (CONTINUE)
- 2.Yes -----> (GO TO RUADULT)

SPKMFHHH 0.04

May I speak with a member of the household who is at least 18 years old?

- 1.No/Not available -----> I'll try back again later. Thank you.
- 2.Yes -----> (GO TO RUADULT)

RUADULT 0.05

Hello. My name is _____ (interviewer name) _____ and I am calling from the California Department of Public Health located in Sacramento. We're doing a study of Californians ages 12-17 about their food and exercise habits to help in planning health, nutrition, and education programs for California teenagers. Your household has been randomly chosen by the computer from a large list of telephone numbers to be included in the study. That list of telephone numbers includes households in California receiving Food Stamps. Whether you choose to participate or not will have no effect on your family's receipt of public benefits like Food Stamps but the results will help improve these and other public programs. Are you a member of this household and at least 18 years old? (Note: Household members are people who think of the households as their primary place of residence, that is, where they keep most of their belongings and receive their calls.)

INTROQ2 0.07

First, I need to determine if your household is eligible to participate in this telephone survey. Are there any persons living in this household who are 12 to 17 years old? (Note: Household members are people who think of the households their primary place of residence, that is, where they keep most of their belongings and receive their calls.)

HSETEEN 0.08

How many people in your household are from 12 to 17 years old? [If answer is '0', press F6.] (Note: Household members are people who think of the households their primary place of residence, that is, where they keep most of their belongings and receive their calls.)

- ___ Enter Number of teens
- 77. Don't Know/Not Sure
- 99. Refused

IF HSETEEN = 0, 77 or 99, "Thank you for your time. There is no one in your household who is the right age to participate, else continue.

TEENAGE 0.15

How old are the teens?

- ___ Enter Number (can enter up to 9)
- 77. Don't Know/Not Sure
- 99. Refused

RU_PRNT 0.30

The selected person in your household is the {str(sample->age)}-year-old. Are you a parent or legal guardian of the (SELECTED) year-old?

- 1. No -----> (GO TO IS_PRNT)
- 2. Yes -----> (CONTINUE)

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IS_PRNT 0.32

[IF NOT PARENT OR GUARDIAN: May I speak with a parent or guardian of the (SELECTED)? Hello. I'm _____ (interviewer name) _____ calling for the California Department of Public Health located in Sacramento. We're doing a study of Californians ages 12-17 regarding their food and exercise habits to help in planning health, nutrition, and education programs for California teenagers. Your household has been randomly chosen by the computer from a large list of telephone numbers to be included in the study. That list of telephone numbers includes households in California receiving Food Stamps. Whether you choose to participate or not will have no effect on your family's receipt of public benefits like Food Stamps but the results will help improve these and other public programs.

RU_PRNT 0.30

We would like to interview the () year-old.

IS_PRNT2 0.35

The telephone survey will take about 30-35 minutes. Your teenager does not have to answer any question he or she prefers not to answer and may stop the survey at any time. An interviewer will ask your teenager a series of questions about eating and exercise habits and related health behaviors. Although this study is considered low risk, some teenagers may have personal feelings about questions, such as weight, smoking, or food being available at home.

IS_PRNT3 0.36

All answers to this survey will be kept confidential and will be used only for the purposes of this research. While participation is voluntary, your cooperation is very important. If you have any questions about the survey, I can provide you with a toll free number for you to call.

PERMIT 0.37

May I have your permission for the 0.0 year-old to participate in the survey?

- 1.No -----> Thank you for taking the time to talk with me. Goodbye.
- 2.Yes -----> (CONTINUE)

IS_PRNT4 0.38

Before we get started with the (SELECTED) year-old, I would like ask you a few questions about your household. Would you be willing to participate by answering the next few questions? [IF NEEDED SAY: The next 5 questions ask how many people live in your household and their ages, as well as about your household income. THEN IF NEEDED SAY: We ask about household income because studies have shown that a household's income has been shown to affect health outcomes.]

- 1.No -----> Thank you for taking the time to talk with me. Goodbye.
- 2.Yes -----> (CONTINUE)

HOUSE 0.39

How many adults age 18 or over live in your household?

- _____ Enter Number of adults
- 77. Don't Know/Not Sure
- 99. Refused

HSECHILD 0.40

How many people in your household are younger than age 12? [If answer is '0', press F6.] (Note: Household members are people who think of the households their primary place of residence, that is, where they keep most of their belongings and receive their calls.)

- _____ Enter Number of children
- 77. Don't Know/Not Sure
- 99. Refused

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HHSIZE (CA)*** Calculated variable do not ask *** (not formatted)

Household size. (HOUSE + HSECHILD + HSETEEN)

YEARINCO 0.42

Because a household's income has been shown to affect health outcomes, could you please tell me your best estimate of your household's total annual income from all sources before taxes? Your answers are confidential and we will never share this information.

_____ Enter amount

77. Don't know / Not sure

(Go to INCOM02)

99. Refused

(Go to INCOM02)

YRINCVER 0.43

I have entered that your annual household income is \$ _____. Is that correct?

1. Yes

(Go to INTROQ3)

2. No

(Re-ask YEARINCO)

77. Don't know / Not sure

99. Refused

INCOM02 0.50

Which of the following categories best describes your annual household income from all sources? Less than \$10,000; \$10,000 to less than \$15,000; \$15,000 to less than \$20,000; \$20,000 to less than \$25,000; \$25,000 to less than \$35,000; \$35,000 to less than \$50,000; \$50,000 to less than \$75,000; \$75,000 to less than \$100,000 or \$100,000 or more?

1. Less than \$10,000

2. \$10,000 to less than \$15,000

3. \$15,000 to less than \$20,000

4. \$20,000 to less than \$25,000

5. \$25,000 to less than \$35,000

6. \$35,000 to less than \$50,000

7. \$50,000 to less than \$75,000

8. \$75,000 to less than \$100,000

9. \$100,000 or more

77. Don't know / Not sure

99. Refused

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Find the point on the table where HHSIZE and INCOM02 intersect.

If there is a table value and the table value is LT the "less than" value of the response to INCOM02, go to THRESH03.

THRESH03 0.58

Is your annual household income above _____ (table look up for income and household size)? (This is an income threshold used for statistical purposes.)

- 1. Yes
- 2. No
-
- 7. Don't know / Not sure
- 9. Refused

INCOM02	=	1 <10K	2 10-15K	3 15-20K	4 20-25K	5 25-35K	6 35-50K	7 50-75K	8 75-100K	9 100K+
HHSIZE=	1		\$11,170/ \$14,521		\$20,665/ \$22,340	\$27,925				
(Household Size)	2			\$15,140/ \$19,669		\$27,991/ \$30,260	\$37,825			
	3			\$19,090	\$24,817		\$35,317/ \$38,180/ \$47,725			
	4				\$23,050	\$29,965	\$42,643/ \$46,100	\$57,625		
	5					\$27,010	\$35,113/ \$49,969	\$54,020/ \$67,525		
	6					\$30,970	\$40,261	\$57,295/ \$61,940	\$77,425	
	7					\$34,930	\$45,409	\$64,621	\$69,860/ \$87,325	
	8						\$38,890	\$50,557/ \$71,947	\$77,780/ \$97,225	
	9						\$42,850	\$55,705	\$79,273/ \$85,700	\$107,125
	10						\$46,810	\$60,853	\$86,599/ \$93,620	\$117,025
	11						\$50,770	\$66,001	\$93,925	\$101,540/ \$126,925
	12							\$54,730/ \$71,149		\$101,251/ \$109,460/ \$136,825
	13							\$58,690	\$76,297	\$108,577/ \$117,380/ \$146,725

(100%, 130%, 185%, 200%, and 250% of Federal Poverty Line; From: Federal Register, January 26, 2012.)

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INTROQ3 0.63

That concludes my questions for you. May the {str(sample->age)}year old now take part in this survey?

1. No -----> Thank you for taking the time to talk with me. Goodbye.
2. Yes -----> (CONTINUE)

RU_YTH 0.64

Am I speaking with the (SELECTED) year-old ?

1. Yes -----> Go to STRTYTH1
2. No -----> **May I speak with the (SELECTED) year-old?**

STRTYTH1-3

Hello, my name is (interviewer name) and I'm calling from the California Department of Public Health in Sacramento. We're doing a study of Californians ages 12-17 regarding their food and exercise habits to help in planning health, nutrition, and education programs for California teenagers. Your household's telephone number has been randomly chosen by the computer to be in the study. Whether you choose to participate or not is up to you.. This survey will take about 30-35 minutes. I will ask you questions about eating and exercise and other health behaviors. Although this study is considered low risk, some teenagers may have personal feelings about some questions, such as weight, smoking, or food being available at home.

We recently spoke to your parent or guardian to let them know we would be calling to ask for your help with our study. While your participation is voluntary, it is VERY IMPORTANT to the success of the project. Your answers will be kept confidential and will only be used for the purposes of this research. Your name will NEVER be associated with any information you give us. You do not have to answer any questions you do not wish to answer and may stop the survey at any time. Are you willing to participate in the survey?

1. No -----> Thank you for taking the time to talk with me. Goodbye.
2. Yes -----> (CONTINUE)

I would like to begin by verifying some general information about you.

AGE1

1. **First, I need to verify that your age is (age). Is that correct?**

1. Yes [Go to SEX]
2. No

-
77. Don't know
 99. Refused

AGE2

2. **What is your age, please?**

-- Enter response

-
77. Don't Know [TERMINATE INTERVIEW]
 99. Refused [TERMINATE INTERVIEW]

**If AGE < 12 or AGE > 18, terminate interview
If AGE = 18 go to YEAR17
If 12 <= AGE <= 17 go to SEX**

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YEAR17

3. **Were you 17 years old on [date screening interview took place]?**

- 1. Yes
- 2. No [TERMINATE INTERVIEW]
-
- 77. Don't know/Not sure [TERMINATE INTERVIEW]
- 99. Refused [TERMINATE INTERVIEW]

SEX

4. **And I also need to verify that you are (male/female)?**

- 1. Male
- 2. Female

HIGRADE

5. **Now I'm going to ask you some questions about school.**

What is the highest grade or year of school or college that you have *completed*?

(INTERVIEWER NOTE: This means years completed, not the year in which the respondent is currently enrolled.)

-- Enter response

- 12. High school graduate
- 00. No formal schooling
-
- 77. Don't know
- 99. Refused

If HIGRADE ge 12 go to SCHLTP1
If HIGRADE eq 00, go to BRKFST2

GOSCHL3 (NEW)

6. **Which one of the following applies to you? (*Select the best answer*)**

- 1. Currently enrolled in and going to school daily
- 2. On school vacation/break (returning to same school after break)
- 3. On school vacation/break (returning to different school after break)
- 4. Currently being home-schooled (Go to BRKFST2)
- 5. Not enrolled in school (Go to BRKFST2)
- 6. Other (specify____)
-
- 77. Don't know/Not sure (Go to BRKFST2)
- 99. Refused (Go to BRKFST2)

SCHLTP1

7. [If GOSCHL3 eq 1,2 ask:] **Do you go to public or private school?**

[If GOSCHL3 eq 3:] **Did you go to public or private school?**

[If HIGRADE eq 12:] **Did you go to public or private high school?**

1. Private

2. Public

77. Don't know/Not sure

99. Refused

If GOSCHL3 eq 2,3 then go to BRKSCHL

If HIGRADE ge 12 then go to BRKFST2.

Otherwise, continue.

SCHYDAY

8. **Were you in school yesterday?**

1. Yes

2. No

77. Don't know/Not sure

99. Refused

BRKSCHL

9. **A complete school breakfast is a meal that costs the same price every day. During the school year, approximately how many times a week do you usually get a complete school breakfast?**

_____ enter number, less than 1, or none

55. Less than 1

88. None

77. Don't know/Not sure

99. Refused

LCHSCHL

10. **A complete school lunch is a meal that costs the same price every day. During the school year, approximately how many times a week do you usually get a complete school lunch?**

_____ enter number, less than 1, or none

55. Less than 1

88. None

(Go to LCHFREQ)

77. Don't know/Not sure

(Go to BRKFST2)

99. Refused

(Go to BRKFST2)

LCHHOME (NEW)

11. **In an average week when you are in school, on how many days do you bring your own lunch to school from home?**

- _____ enter number
55. Less than 1
88. None
-
77. Don't know/Not sure
99. Refused

FOODLIKE

12. **In general, do you like the complete school lunches served at your school? Would you say usually, sometimes, seldom, or never?**

1. Usually
2. Sometimes
3. Seldom
4. Never
-
77. Don't know/Not sure
99. Refused

**if LCHSCHL < 5 ask LCHFREQ;
Else go to BRKFST2**

LCHFREQ (MODIFIED)

13. **Why don't you get a complete school lunch more often than you do?**
[Interviewer: Prompt only if they do not answer quickly]

1. Line too long
2. Time constraints
3. Don't like food choices; like other (school-offered) food choices better
4. I don't eat lunch; doing another activity at lunchtime
5. I bring a lunch from home
6. Stigma (only poor kids get school lunch)
7. Too expensive; I don't have money to buy lunch
8. I have a food allergy/allergies
9. I like off-campus food better
10. Friends prefer to eat somewhere else
11. Other _____
-
77. Don't know/not sure
99. Refused

LCHMORE

14. **What would encourage you to eat a complete school lunch more often?**
[Interviewer: Prompt only if they do not answer quickly]

1. Healthier options offered (more fruit/vegetables, salad bar, etc.)
2. More vegetarian options
3. Better tasting options
4. Less expensive
5. Shorter lines

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- 6. I had more time
- 7. I didn't have another activity to do at lunch
- 8. There was more food in the meal
- 9. There was less food in the meal
- 10. I received lunch money from parents/guardian
- 11. Other _____

-
- 77. Don't know/not sure
 - 99. Refused

LCHTIME (NEW)

15. **How many minutes total do you have for lunch at school? If you eat the school lunch, include the time you spend in line.**

_____ enter number

- 88. None
-
- 77. Don't know
 - 99. Refused

Now I am going to ask you some questions about the foods you ate and drank yesterday, that was (*INSERT DAY*).

BRKFST2

16. **Yesterday, did you eat or drink anything for breakfast?**

- 1. Yes
 - 2. No (Go to SNKAM)
-
- 77. Don't know/Not sure (Go to SNKAM)
 - 99. Refused (Go to SNKAM)

BRKFOOD1

17. **Did you eat any fruits or vegetables, or drink any 100% juice for breakfast yesterday? DO NOT INCLUDE POTATO CHIPS OR FRENCH FRIES.**

- 1. Yes
 - 2. No
-
- 77. Don't know/Not sure
 - 99. Refused

IF SCHYDAY=1 go to SCHLBRK3, else go to BRKFD2

SCHLBRK3

18. **Did you eat a complete school breakfast yesterday? Do not include student store, vending machine, or a la carte line or snack bar.**

- 1. Yes
 - 2. No
-
- 77. Don't know/Not sure
 - 99. Refused

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EATBRKFV1

19. **Did you eat the fruits, vegetables, or 100% juices served as part of your breakfast at school?**

- 1. Yes
- 2. No
-
- 77. Don't know/Not sure
- 99. Refused

IF BRKFOOD1=1 or EATBRKFV1=1 continue, else go to SNKAM

BRKFD2_A-BRKFD2_E

20. **Which fruits, vegetables, or 100% juice did you have for breakfast yesterday? Include all kinds of fresh, frozen, canned, or dried fruits or vegetables, salads, and salsa. DO NOT include potato chips or french fries. Include fruits and vegetables mixed with other foods, like fruit in cereal and vegetables in omelets. (List up to five types.)**

Insert brand list FOOD

- 96 Other _____(specify)
-
- 77. Don't Know (Go to SNKAM)
- 99. Refused (Go to SNKAM)

IF BRKFD2_A-BRKFD2_E="POTATO" continue, else go to BRKLETT

BRKPOTA2

21. **Were the potatoes you ate baked, boiled, mashed, fried, hash browns, tater tots or some other kind?**

- 1. Baked
- 2. Boiled
- 3. Mashed
- 4. Fried
- 5. Hashbrowns
- 6. Tater Tots
- 7. Some other kind
-
- 77. Don't know/Not sure
- 99. Refused

If BRKFD2_A-BRKFD2_E="LETTUCE" or "LETTUCE AND TOMATO" GO TO BRKLETT ELSE GO TO BRKTOM

BRKLETT

22. **Was the lettuce you ate in a salad, on a sandwich or burger, in a burrito or taco, part of something else, or just lettuce?**

- 1. In a salad
- 2. On a sandwich or burger
- 3. In a burrito or taco
- 4. Part of something else

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5. Just lettuce

77. Don't know/Not sure
99. Refused

If BRKFD2_A-BRKFD2_E="TOMATO" or "LETTUCE AND TOMATO" GO TO BRKTOM ELSE GO TO BRKMXFRT

BRKTOM

23. **Were the tomatoes you ate on a sandwich or burger, in a burrito or taco, part of something else or just tomatoes?**

1. On a sandwich or burger
2. In a burrito or taco
3. Part of something else
4. Just tomatoes

77. Don't know/Not sure
99. Refused

If ("BRKLETT"=2 or 3) or ("BRKTOM"=1 or 2) GO TO BRKSAND ELSE GO TO BRKMXFRT

BRKSAND

24. **How many sandwiches, burgers, burritos or tacos did you eat that included lettuce and/or tomatoes?**

- _____ enter number
88. None

77. Don't know/Not sure
99. Refused

If BRKFD2_A-BRKFD2_E="MIXED FRUIT or MIXED FRUIT SALAD" GO TO BRKMXFRT ELSE GO TO BRKMXVEG

BRKMXFRT

25. **What was the main fruit in your mixed fruits or mixed fruit salad?**

Insert brand list FOOD

96. Other _____(specify)

77. Don't know/Not sure
99. Refused

If BRKFD2_A-BRKFD2_E="MIXED VEGETABLES" or "STIR FRIED VEGETABLES" or "MIXED VEGETABLE SALAD" GO TO BRKMXVEG ELSE GO TO BRKSLDTP

BRKMXVEG

26. **What was the main vegetable in your "INSERT BRKFD2_A-BRKFD2_E"?**

Insert brand list FOOD

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96. Other _____(specify)

77. Don't know/Not sure

99. Refused

If BRKFD2_A-BRKFD2_E="SALAD" or "GREEN SALAD" or "MIXED GREEN SALAD" or (BRKFD2_A-BRKFD2_E= "LETTUCE" or "LETTUCE AND TOMATO" and BRKLETT=1) GO TO BRKSLDTP ELSE GO TO BRKSVG1

BRKSLDTP

27. **In the green salad you ate, were there any ingredients other than lettuce?**

1. Yes

2. No

(Go to BRKSVG1-BRKSVG5)

77. Don't know/Not sure

(Go to BRKSVG1-BRKSVG5)

99. Refused

(Go to BRKSVG1-BRKSVG5)

BRKSLD1-BRKSLD2

28. **Other than lettuce, what were the two main ingredients in the salad?**

Insert brand list FOOD

96. Other _____(specify)

77. Don't know/Not sure

99. Refused

BRKSVG1-BRKSVG5 (repeat for each type of food listed) (VARIABLE NAME CHANGE TO REFLECT PROGRAMMING)

29. (IF BRKFD2_A-BRKFD2_E=" fruit" then) : **How many servings of (BRKFD2_A-BRKFD2_E) did you eat for breakfast? A serving of fruit is about one medium piece of fruit, 1/2 a cup or a big scoop of cut up fruit, or a handful of dried fruit.**

(IF BRKFD2_A-BRKFD2_E=" vegetable" then) : **How many servings of (BRKFD2_A-BRKFD2_E) did you eat for breakfast? A serving is 1/2 cup or a big scoop of vegetables or a medium green salad or a small baked potato.**

(IF BRKFD2_A-BRKFD2_E=" juice" then) : **How many servings of (BRKFD2_A-BRKFD2_E) did you drink for breakfast? A serving of juice is 3/4 cup or a small glass.**

_____ enter number

88. None

77. Don't know/Not sure

99. Refused

SNKAM

30. **Yesterday, did you eat or drink anything between breakfast time and lunch time?**

1. Yes

2. No

(Go to LUNCH)

77. Don't know/Not sure

(Go to LUNCH)

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99. Refused

(Go to LUNCH)

SNAMFOOD

31. **What did you eat for your morning snack? [Interviewer: CHOOSE ALL THAT APPLY]**

1. Fruit
2. Fruit juice
3. Vegetable
4. Fries
5. Soda
6. Candy
7. Cookies/pastries
8. Chips
9. Pretzels
10. Popcorn
11. Pizza
12. Sandwich
13. _____ Other (specify)

77. Don't know/Not sure

99. Refused

SNAMFROM

32. **Where did you obtain that snack from? (Interviewer: Choose all that apply)**

1. Vending machine
2. Student store
3. School snack bar or A la carte line
4. School cafeteria
5. Fund-raising sale
6. Home
7. A friend
8. Fast food place
9. Convenience store
10. Club
11. Community center
12. Food cart at school
13. _____ Other (specify)

77. Don't know/Not sure

99. Refused

If SNAMFOOD=Fruit or juice or Vegetable, go to SNAFD2, else continue

SNAFOOD1

33. **Did you eat any fruits or vegetables, or drink any 100% juice for your morning snack yesterday? DO NOT INCLUDE POTATO CHIPS OR FRENCH FRIES.**

1. Yes

2. No

77. Don't know/Not sure

99. Refused

If SNAFOOD1=1 continue, else go to LUNCH

SNAFD2_A-SNAFD2_E

34. **Which fruits, vegetables, or 100% juice did you have for a morning snack yesterday? Include all kinds of fresh, frozen, canned, or dried fruits or vegetables, salads, and salsa. Include fruits and vegetables mixed with other foods, like fruit in smoothies or vegetables in burritos. DO NOT include potato chips or french fries. (List up to five types.)**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know

[Go to LUNCH]

99. Refused

[Go to LUNCH]

If SNAFD2_A-SNAFD2_E = "POTATO" continue, else go to SNALETT

SNAPOTA2

35. **Were the potatoes you ate baked, boiled, mashed, fried, hashbrowns, tater tots or some other kind?**

1. Baked
 2. Boiled
 3. Mashed
 4. Fried
 5. Hashbrowns
 6. Tater tots
 7. Some other kind
-

77. Don't Know

99. Refused

If SNAFD2_A-SNAFD2_E="LETTUCE" or "LETTUCE AND TOMATO" GO TO SNALETT ELSE GO TO SNATOM

SNALETT

36. **Was the lettuce you ate in a salad, on a sandwich or burger, in a burrito or taco, part of something else, or just lettuce?**

1. In a salad
 2. On a sandwich or burger
 3. In a burrito or taco
 4. Part of something else
 5. Just lettuce
-

77. Don't Know

99. Refused

If SNAFD2_A-SNAFD2_E="TOMATO" or "LETTUCE AND TOMATO" GO TO SNATOM ELSE GO TO SNAMXFRT

SNATOM

37. **Were the tomatoes you ate on a sandwich or burger, in a burrito or taco, part of something else or just tomatoes?**

- 1. On a sandwich or burger
- 2. In a burrito or taco
- 3. Part of something else
- 4. Just tomatoes

-
- 77. Don't Know
 - 99. Refused

If ("SNALETT"=2 or 3) or ("SNATOM"=1 or 2) GO TO SNASAND ELSE GO TO SNAMXTRT

SNASAND

38. **How many sandwiches, burgers, burritos or tacos did you eat that included lettuce and/or tomatoes?**

_____ enter number

- 88. None

-
- 77. Don't know
 - 99. Refused

If SNAFD2_A-SNAFD2_E="MIXED FRUIT or MIXED FRUIT SALAD" GO TO SNAMXFRT ELSE GO TO SNAMXVEG

SNAMXFRT

39. **What was the main fruit in your mixed fruits or mixed fruit salad?**

Insert brand list FOOD

- 96. Other _____(specify)

-
- 77. Don't Know
 - 99. Refused

If SNAFD2_A-SNAFD2_E="MIXED VEGETABLES" or "STIR FRIED VEGETABLES" or "MIXED VEGETABLE SALAD" GO TO SNAMXVEG ELSE GO TO SNASLDTP

SNAMXVEG

40. **What was the main vegetable in your "INSERT SNAFD2_A-SNAFD2_E"?**

Insert brand list FOOD

- 96. Other _____(specify)

-
- 77. Don't Know
 - 99. Refused

If SNAFD2_A-SNAFD2_E="SALAD" or "GREEN SALAD" or "MIXED GREEN SALAD" or (SNAFD2_A-SNAFD2_E="LETTUCE" or "LETTUCE AND TOMATO" and SNALETT=1) GO TO SNASLDTP ELSE GO TO SNASVG1

SNASLDTP

41. **In the green salad you ate, were there any ingredients other than lettuce?**

- 1. Yes
- 2. No (Go to SNASVG1-SNASVG5)
-
- 77. Don't know/Not sure (Go to SNASVG1-SNASVG5)
- 99. Refused (Go to SNASVG1-SNASVG5)

SNASLD1-SNASLD2

42. **Other than lettuce, what were the two main ingredients in the salad?**

Insert brand list FOOD

- 96. Other _____(specify)

- 77. Don't Know
- 99. Refused

SNASVG1-SNASVG5 (repeat for each type of food listed)

43. (IF SNAFD2_A-SNAFD2_E=" fruit" then) : **How many servings of (SNAFD2_A-SNAFD2_E) did you eat? (A serving of fruit is about one medium piece of fruit, 1/2 a cup or a big scoop of cut up fruit, or a handful of dried fruit.)**

(IF SNAFD2_A-SNAFD2_E=" vegetable" then) :**How many servings of (SNAFD2_A-SNAFD2_E) did you eat? (A serving is 1/2 cup or a big scoop of vegetables or a medium green salad or a small baked potato.)**

(IF SNAFD2_A-SNAFD2_E=" juice" then) :**How many servings of (SNAFD2_A-SNAFD2_E) did you drink? (A serving of juice is 3/4 cup or a small glass.)**

- _____ enter number
- 88. None
-
- 77. Don't know
- 99. Refused

LUNCH

44. **Did you eat or drink anything for lunch yesterday?**

- 1. Yes
- 2. No (Go to SNKPM)
-
- 77. Don't know/Not sure (Go to SNKPM)
- 99. Refused (Go to SNKPM)

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LCHPLAC

45. **Where did you obtain that lunch from? (Check all that apply)**

1. Vending machine
2. Student store
3. School snack bar or A la carte line
4. School cafeteria
5. Fund-raising sale
6. Home
7. A friend
8. Fast food place
9. Convenience store
10. Club
11. Community center
12. Food cart at school
13. _____ Other (specify)

-
77. Don't know/Not sure
 99. Refused

LCHFOOD1

46. **Did you eat any fruits or vegetables, or drink any 100% juice for lunch yesterday? DO NOT INCLUDE POTATO CHIPS OR FRENCH FRIES.**

1. Yes
2. No

-
77. Don't know/Not sure
 99. Refused

IF LCHPLAC = 3, 4, or 12 continue; else go to LCHFD2

SCHLLCH3

47. **Did you eat a complete school lunch yesterday? Do not include student store, vending machine, or a la carte line or snack bar.**

1. Yes
2. No

-
77. Don't know/Not sure
 99. Refused

IF LCHFOOD1=1 continue, else go to LCHFD2 (Q61)

EATCHFV3

48. **Did you eat the fruits, vegetables, or 100% juice served as part of your lunch at school?**

1. Yes
2. No

-
77. Don't know/Not sure
 99. Refused

IF LCHFOOD1=1 or EATCHFV2=1 continue, else go to SNKPM

LCHFD2_A-LCHFD2_E

49. **Which fruits, vegetables, or 100% juice did you have for lunch yesterday? Include all kinds of fresh, frozen, canned, or dried fruits or vegetables, salads and salsa. Include fruits and vegetables in mixed dishes like tacos, soup, wraps and sandwiches. DO NOT include potato chips or french fries. (List up to five types.)**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know

(Go to SNKPM)

99. Refused

(Go to SNKPM)

If LCHFD2_A-LCHFD2_E="POTATO" continue, else go to LCHLETT

LCHPOTA2 (MODIFIED)

50. **Were the potatoes you ate baked, boiled, mashed, fried, hashbrowns, tater tots, or some other kind?**

1. Baked

2. Boiled

3. Mashed

4. Fried

5. Hashbrowns

6. Tater tots

7. Some other kind

77. Don't Know

99. Refused

If LCHFD2_A-LCHFD2_E="LETTUCE" or "LETTUCE AND TOMATO" GO TO LCHLETT ELSE GO TO LCHTOM

LCHLETT

51. **Was the lettuce you ate in a salad, on a sandwich or burger, in a burrito or taco, part of something else, or just lettuce?**

1. In a salad

2. On a sandwich or burger

3. In a burrito or taco

4. Part of something else

5. Just lettuce

77. Don't Know

99. Refused

If LCHFD2_A-LCHFD2_E="TOMATO" or "LETTUCE AND TOMATO" GO TO LCHTOM ELSE GO TO LCHMXFRT

LCHTOM

52. **Were the tomatoes you ate on a sandwich or burger, in a burrito or taco, part of something else or just tomatoes?**

- 1. On a sandwich or burger
 - 2. In a burrito or taco
 - 3. Part of something else
 - 4. Just tomatoes
-
- 77. Don't Know
 - 99. Refused

If ("LCHLETT"=2 or 3) or ("LCHTOM"=1 or 2) GO TO LCHSAND ELSE GO TO LCHMXTRT

LCHSAND

53. **How many sandwiches, burgers, burritos or tacos did you eat that included lettuce and/or tomatoes?**

- _____ enter number
- 88. None
-
- 77. Don't know
 - 99. Refused

If LCHFD2_A-LCHFD2_E="MIXED FRUIT or MIXED FRUIT SALAD" GO TO LCHMXFRT ELSE GO TO LCHMXVEG

LCHMXFRT

54. **What was the main fruit in your mixed fruits or mixed fruit salad?**

Insert brand list FOOD

- 96. Other _____(specify)
-
- 77. Don't Know
 - 99. Refused

If LCHFD2_A-LCHFD2_E="MIXED VEGETABLES" or "STIR FRIED VEGETABLES" or "MIXED VEGETABLE SALAD" GO TO LCHMXVEG ELSE GO TO LCHSLDTP

LCHMXVEG

55. **What was the main vegetable in your "INSERT LCHFD2_A-LCHFD2_E"?**

Insert brand list FOOD

- 96. Other _____(specify)
-
- 77. Don't Know
 - 99. Refused

If LCHFD2_A-LCHFD2_E="SALAD" or "GREEN SALAD" or "MIXED GREEN SALAD" or (LCHFD2_A-LCHFD2_E ="LETTUCE" or "LETTUCE AND TOMATO" and LCHLETT=1) GO TO LCHSLDTP ELSE GO TO LCHSVG1

LCHSLDTP

56. **In the green salad you ate, were there any ingredients other than lettuce?**

1. Yes
2. No (Go to LCHSVG1)

77. Don't know/Not sure (Go to LCHSVG1)

99. Refused (Go to LCHSVG1)

LCHSLD1-LCHSLD2

57. **Other than lettuce, what were the two main ingredients in the salad?**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know

99. Refused

LCHSVG1-LCHSVG5 (repeat for each type of food listed) (PROGRAMMED NAME)

58. (IF LCHFD2_A-LCHFD2_E=" fruit" then) **How many servings of (LCHFD2_A-LCHFD2_E) did you eat for lunch? (A serving of fruit is about one medium piece of fruit, 1/2 a cup or a big scoop of cut up fruit, or a handful of dried fruit.)**

(IF LCHFD2_A-LCHFD2_E=" vegetable" then): **How many servings of (LCHFD2_A-LCHFD2_E) did you eat for lunch? (A serving is 1/2 cup or a big scoop of vegetables or a medium green salad or a small baked potato.)**

(IF LCHFD2_A-LCHFD2_E=" juice" then): **How many servings of (LCHFD2_A-LCHFD2_E) did you drink for lunch? (A serving of juice is 3/4 cup or a small glass.)**

_____ enter number
88. None

77. Don't know

99. Refused

SNKPM

59. **Yesterday, did you eat or drink anything between lunch time and dinner time?**

1. Yes
2. No (Go to DINNER)

77. Don't know/Not sure (Go to DINNER)

99. Refused (Go to DINNER)

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SNPMFOOD

60. **What did you eat for your afternoon snack? [Interviewer: CHOOSE ALL THAT APPLY]**

1. Fruit
2. Juice
3. Vegetable
4. French fries
5. Soda
6. Candy
7. Cookies/pastries
8. Chips
9. Pretzels
10. Popcorn
11. Pizza
12. Sandwich
13. _____ Other (specify)

77. Don't know/Not sure
99. Refused

SNPMFROM

61. **Where did you obtain that snack from? (Interviewer: Choose all that apply)**

1. Vending machine
2. Student store
3. School snack bar or a la carte line
4. School cafeteria
5. Fund-raising sale
6. Home
7. A friend
8. Fast food place
9. Convenience store
10. Club
11. Community center
12. Food cart at school
13. After school program
14. _____ Other (specify)

77. Don't know/Not sure
99. Refused

If SNPMFOOD=Fruit or Fruit juice or Vegetable, go to SNPFD2, else continue

SNPFOOD1

62. **Did you eat any fruits or vegetables, or drink any 100% juice for your afternoon snack yesterday? DO NOT INCLUDE POTATO CHIPS OR FRENCH FRIES.**

1. Yes
2. No (Go to DINNER)

77. Don't know/Not sure (Go to DINNER)
99. Refused (Go to DINNER)

If SNPFOOD1=1 continue, else go to DINNER

SNPFD2_A-SNPFD2_E

63. **Which fruits, vegetables, or 100% juice did you have for an afternoon snack yesterday? Include all kinds of fresh, frozen, canned, or dried fruits or vegetables, salads, and salsa. Include 100% fruit juice bars and fruits and vegetables mixed with other foods, like vegetables on pizza. DO NOT include potato chips or french fries. (List up to five types.)**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know

99. Refused

If SNPFD2_A-SNPFD2_E="POTATO" continue, else go to SNPLETT

SNPPOTA2 (MODIFIED)

64. **Were the potatoes you ate baked, boiled, mashed, fried, hashbrowns, tater tots, or some other kind?**

1. Baked
2. Boiled
3. Mashed
4. Fried
5. Hashbrowns
6. Tater tots
7. Some other kind

77. Don't Know

99. Refused

If SNPFD2_A-SNPFD2_E="LETTUCE" or "LETTUCE AND TOMATO" GO TO SNPLETT ELSE GO TO SNPTOM

SNPLETT

65. **Was the lettuce you ate in a salad, on a sandwich or burger, in a burrito or taco, part of something else, or just lettuce?**

1. In a salad
2. On a sandwich or burger
3. In a burrito or taco
4. Part of something else
5. Just lettuce

77. Don't Know

99. Refused

If SNPFD2_A-SNPFD2_E="TOMATO" or "LETTUCE AND TOMATO" GO TO SNPTOM ELSE GO TO SNPMXFRT

SNPTOM

66. **Were the tomatoes you ate on a sandwich or burger, in a burrito or taco, part of something else or just tomatoes?**

- 1. On a sandwich or burger
- 2. In a burrito or taco
- 3. Part of something else
- 4. Just tomatoes

-
- 77. Don't Know
 - 99. Refused

If ("SNPLETT"=2 or 3) or ("SNPTOM"=1 or 2) GO TO SNPSAND ELSE GO TO SNPMXTRT

SNPSAND

67. **How many sandwiches, burgers, burritos or tacos did you eat that included lettuce and/or tomatoes?**

_____ enter number

- 88. None

-
- 77. Don't know
 - 99. Refused

If SNPFD2_A-SNPFD2_E="MIXED FRUIT or MIXED FRUIT SALAD" GO TO SNPMXFRT ELSE GO TO SNPMXVEG

SNPMXFRT

68. **What was the main fruit in your mixed fruits or mixed fruit salad?**

Insert brand list FOOD

- 96. Other _____(specify)

-
- 77. Don't Know
 - 99. Refused

If SNPFD2_A-SNPFD2_E="MIXED VEGETABLES" or "STIR FRIED VEGETABLES" or "MIXED VEGETABLE SALAD" GO TO SNPMXVEG ELSE GO TO SNPSLDTP

SNPMXVEG

69. **What was the main vegetable in your "INSERT SNPFD2_A-SNPFD2_E"?**

Insert brand list FOOD

- 96. Other _____(specify)

-
- 77. Don't Know
 - 99. Refused

If SNPFD2_A-SNPFD2_E="SALAD" or "GREEN SALAD" or "MIXED GREEN SALAD" or (SNPFD2_A-SNPFD2_E="LETTUCE" or "LETTUCE AND TOMATO" and SNPLETT=1) GO TO SNPSLDTP ELSE GO TO SNPSVG1

SNPSLDTP

70. **In the green salad you ate, were there any ingredients other than lettuce?**

1. Yes
2. No (Go to SNPSVG1-SNPSVG5)

- 77. Don't know/Not sure (Go to SNPSVG1-SNPSVG5)
99. Refused (Go to SNPSVG1-SNPSVG5)

SNPSLD1-SNPSLD2

71. **Other than lettuce, what were the two main ingredients in the salad?**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know
99. Refused

SNPSVG1-SNPSVG5 (repeat for each type of food listed) (VARIABLE NAME CHANGED TO REFLECT PROGRAMMED NAME)

72. (IF SNPFD2_A-SNPFD2_E=" fruit" then): **How many servings of (SNPFD2_A-SNPFD2_E) did you eat? (A serving of fruit is about one medium piece of fruit, 1/2 a cup or a big scoop of cut up fruit, or a handful of dried fruit.)**

(IF SNPFD2_A-SNPFD2_E=" vegetable" then): **How many servings of (SNPFD2_A-SNPFD2_E) did you eat? (A serving is 1/2 cup or a big scoop of vegetables or a medium green salad or a small baked potato.)**

(IF SNPFD2_A-SNPFD2_E=" juice" then): **How many servings of (SNPFD2_A-SNPFD2_E) did you drink? (A serving of juice is 3/4 cup or a small glass.)**

- _____ enter number
88. None

77. Don't know
99. Refused

DINNER

73. **Did you eat or drink anything for dinner yesterday?**

1. Yes
2. No (Go to SNKNT)

- 77. Don't know/Not sure (Go to SNKNT)
99. Refused (Go to SNKNT)

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DNRFROM (NEW)

74. **Where did you obtain dinner from?**

1. Home
2. A friend's house
3. Fast food place
4. Other restaurant
5. Vending machine
6. Convenience store

-
77. Don't know/Not sure
 99. Refused

DNRFOOD1

75. **Did you eat any fruits or vegetables, or drink any 100% juice for dinner yesterday? DO NOT include potato chips or french fries.**

1. Yes
 2. No (Go to SNKNT)
-
77. Don't know/Not sure (Go to SNKNT)
 99. Refused (Go to SNKNT)

DNRFD2_A-DNRFD2-E

76. **Which fruits, vegetables, or 100% juice did you have for dinner yesterday? Include all kinds of fresh, frozen, canned, or dried fruits or vegetables, salads, and salsa. Include fruits and vegetables in mixed dishes like stew, chili, pasta, and stir-fried dishes. DO NOT include potato chips or french fries. (List up to five types.)**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know (Go to SNKNT)
99. Refused (Go to SNKNT)

If DNRFD2_A-DNRFD2-E="POTATO" continue, else go to DNRLETT

DNRPOTA2 (MODIFIED)

77. **Were the potatoes you ate baked, boiled, mashed, fried, hashbrowns, tater tots, or some other kind?**

1. Baked
2. Boiled
3. Mashed
4. Fried
5. Hashbrowns
6. Tater tots
7. Some other kind

-
77. Don't Know
 99. Refused

If DNRFD2_A-DNRFD2-E="LETTUCE" or "LETTUCE AND TOMATO" GO TO DNRLETT ELSE GO TO DNRTOM

DNRLETT

78. **Was the lettuce you ate in a salad, on a sandwich or burger, in a burrito or taco, part of something else, or just lettuce?**

1. In a salad
 2. On a sandwich or burger
 3. In a burrito or taco
 4. Part of something else
 5. Just lettuce
-
77. Don't Know
 99. Refused

If DNRFD2_A-DNRFD2-E="TOMATO" or "LETTUCE AND TOMATO" GO TO DNRTOM ELSE GO TO DNRMXFRT

DNRTOM

79. **Were the tomatoes you ate on a sandwich or burger, in a burrito or taco, part of something else or just tomatoes?**

1. On a sandwich or burger
 2. In a burrito or taco
 3. Part of something else
 4. Just tomatoes
-
77. Don't Know
 99. Refused

If ("DNRLETT"=2 or 3) or ("DNRTOM"=1 or 2) GO TO DNRSAND ELSE GO TO DNRMXTRT

DNRSAND

80. **How many sandwiches, burgers, burritos or tacos did you eat that included lettuce and/or tomatoes?**

- _____ enter number
88. None
-
77. Don't know
 99. Refused

If DNRFD2_A-DNRFD2-E="MIXED FRUIT or MIXED FRUIT SALAD" GO TO DNRMXFRT ELSE GO TO DNRMXVEG

DNRMXFRT

81. **What was the main fruit in your mixed fruits or mixed fruit salad?**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know

99. Refused

If DNRFD2_A-DNRFD2-E="MIXED VEGETABLES" or "STIR FRIED VEGETABLES" or "MIXED VEGETABLE SALAD" GO TO DNRMXVEG ELSE GO TO DNRSLDTP

DNRMXVEG

82. **What was the main vegetable in your "INSERT DNRFD2_A-DNRFD2-E"?**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know

99. Refused

If DNRFD2_A-DNRFD2-E="SALAD" or "GREEN SALAD" or "MIXED GREEN SALAD" or (DNRFD2_A-DNRFD2-E ="LETTUCE" or "LETTUCE AND TOMATO" and DNRLETT=1) GO TO DNRSLDTP ELSE GO TO DNRSVG1

DNRSLDTP

83. **In the green salad you ate, were there any ingredients other than lettuce?**

1. Yes

2. No

(Go to DNRSVG1)

77. Don't know/Not sure

(Go to DNRSVG1)

99. Refused

(Go to DNRSVG1)

DNRSLD1-DNRSLD2

84. **Other than lettuce, what were the two main ingredients in the salad?**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know

99. Refused

DNRSVG2-DNRSVG5 (repeat for each type of food listed)(PROGRAMMED NAME)

85. (IF DNRFD2_A-DNRFD2-E=" fruit" then): **How many servings of (DNRFD2_A-DNRFD2-E) did you eat for dinner? (A serving of fruit is about one medium piece of fruit, 1/2 a cup or a big scoop of cut up fruit, or a handful of dried fruit.)**

(IF DNRFD2_A-DNRFD2-E=" vegetable" then): **How many servings of (DNRFD2_A-DNRFD2-E) did you eat for dinner? (A serving is 1/2 cup or a big scoop of vegetables or a medium green salad or a small baked potato.)**

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(IF DNRFD2_A-DNRFD2-E="juice" then): **How many servings of (DNRFD2_A-DNRFD2-E) did you drink for dinner? (A serving of juice is 3/4 cup or a small glass.)**

_____ enter number
88. None

77. Don't know
99. Refused

SNKNT

86. **Yesterday, did you eat or drink anything between dinner time and the time you went to bed?**

1. Yes
2. No (Go to FRUITTOT2)

77. Don't know/Not sure (Go to FRUITTOT2)
99. Refused (Go to FRUITTOT2)

SNNFOOD1

87. **Did you eat any fruits or vegetables, or drink any 100% juice for you evening snack? DO NOT INCLUDE POTATO CHIPS OR FRENCH FRIES.**

1. Yes
2. No (Go to FRUITTOT2)

77. Don't know/Not sure (Go to FRUITTOT2)
99. Refused (Go to FRUITTOT2)

SNNFD2_A-SNNFD2-E

88. **Which fruits, vegetables, or 100% juice did you have? Include all kinds of fresh, frozen, canned, or dried fruits or vegetables, salads and salsa. Include fruits and vegetables mixed with other foods, like fruit in jello or vegetables on sandwiches. DO NOT include potato chips or french fries. (List up to five types.)**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know (Go to FRUITTOT2)
99. Refused (Go to FRUITTOT2)

If SNNFD2_A-SNNFD2-E="POTATO" continue, else go to SNNLETT

SNNPOTA2 (MODIFIED)

89. **Were the potatoes you ate baked, boiled, mashed, fried, hashbrowns, tater tots, or some other kind?**

1. Baked
2. Boiled
3. Mashed
4. Fried
5. Hashbrowns
6. Tater tots
7. Some other kind

-
77. Don't Know
 99. Refused

If SNNFD2_A-SNNFD2-E="LETTUCE" or "LETTUCE AND TOMATO" GO TO SNNLETT ELSE GO TO SNNTOM

SNNLETT

90. **Was the lettuce you ate in a salad, on a sandwich or burger, in a burrito or taco, part of something else, or just lettuce?**

1. In a salad
2. On a sandwich or burger
3. In a burrito or taco
4. Part of something else
5. Just lettuce

-
77. Don't Know
 99. Refused

If SNNFD2_A-SNNFD2-E="TOMATO" or "LETTUCE AND TOMATO" GO TO SNNTOM ELSE GO TO SNNMXFRT

SNNTOM

91. **Were the tomatoes you ate on a sandwich or burger, in a burrito or taco, part of something else or just tomatoes?**

1. On a sandwich or burger
2. In a burrito or taco
3. Part of something else
4. Just tomatoes

-
77. Don't Know
 99. Refused

If ("SNNLETT"=2 or 3) or ("SNNTOM"=1 or 2) GO TO SNNSAND ELSE GO TO SNNMXTRT

SNNSAND

92. **How many sandwiches, burgers, burritos or tacos did you eat that included lettuce and/or tomatoes?**

_____ enter number

88. None

77. Don't know

99. Refused

If SNNFD2_A-SNNFD2-E="MIXED FRUIT or MIXED FRUIT SALAD" GO TO SNNMXFRT ELSE GO TO SNNMXVEG

SNNMXFRT

93. **What was the main fruit in your mixed fruits or mixed fruit salad?**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know

99. Refused

If SNNFD2_A-SNNFD2-E="MIXED VEGETABLES" or "STIR FRIED VEGETABLES" or "MIXED VEGETABLE SALAD" GO TO SNNMXVEG ELSE GO TO SNNSLDTP

SNNMXVEG

94. **What was the main vegetable in your "INSERT SNNFD2_A-SNNFD2-E"?**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know

99. Refused

If SNNFD2_A-SNNFD2-E="SALAD" or "GREEN SALAD" or "MIXED GREEN SALAD" or (SNNFD2_A-SNNFD2-E ="LETTUCE" or "LETTUCE AND TOMATO" and SNNLETT=1) GO TO SNNSLDTP ELSE GO TO SNNSVG1

SNNSLDTP

95. **In the green salad you ate, were there any ingredients other than lettuce?**

1. Yes

2. No

(Go to SNNSVG1-SNNSVG5)

77. Don't know/Not sure

(Go to SNNSVG1-SNNSVG5)

99. Refused

(Go to SNNSVG1-SNNSVG5)

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SNNSLD1-SNNSLD2

96. **Other than lettuce, what were the two main ingredients in the salad?**

Insert brand list FOOD

96. Other _____(specify)

77. Don't Know

99. Refused

SNNSVG1-SNNSVG5 (repeat for each type of food listed)(PROGRAMMED NAME)

97. (IF SNNFD2_A-SNNFD2-E=" fruit" then): **How many servings of (SNNFD2_A-SNNFD2-E) did you eat? (A serving of fruit is about one medium piece of fruit, 1/2 a cup or a big scoop of cut up fruit, or a handful of dried fruit.)**

(IF SNNFD2_A-SNNFD2-E=" vegetable" then): **How many servings of (SNNFD2_A-SNNFD2-E) did you eat? (A serving is 1/2 cup or a big scoop of vegetables or a medium green salad or a small baked potato.)**

(IF SNNFD2_A-SNNFD2-E=" juice" then): **How many servings of (SNNFD2_A-SNNFD2-E) did you drink? (A serving of juice is 3/4 cup or a small glass.)**

_____ enter number

88. None

77. Don't know

99. Refused

FRUTTOT2

98. **Now, thinking about *everything* you ate and drank, how many servings of fruits and 100% juices did you have yesterday?**

_____ enter number

88. None

77. Don't know

99. Refused

(verify if greater than 9)
(go to VEGTOT2)

FRUTCUPS (NEW)

99. **How many cups of fruit do you think that was?**

_____ enter number

77. Don't know

99. Refused

VEGTOT2

100. **Now, thinking about *everything* you ate and drank, how many servings of vegetables and green salad did you eat yesterday?**

_____ enter number

88. None

77. Don't know

99. Refused

(verify if greater than 9)
(go to FRTVEGNR)

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VEGCUPS (NEW)

101. **How many cups of vegetables do you think that was?**

_____ enter number

- 77. Don't know
99. Refused

FRTVEGNR

102. **How many total cups of fruits and vegetables do you think you should eat every day to be healthy?**

_____ enter number

88. None

77. Don't know
99. Refused

MYPLATE (NEW)

103. **How much of your meals should be made up of fruits and vegetables?**

1. All
2. Most
3. Half
4. A Quarter
5. None

- 77. Don't know/Not sure
99. Refused

BARFV3 (MODIFIED)

104. **What is the main reason you don't eat more fruits and vegetables, or drink more 100% juice?**

1. Eat enough
2. Don't like taste
3. Not available (when/where they want to eat/drink it)
4. Don't think about it
5. Not important
6. Poor quality
7. Choose other foods
8. Allergic
9. No time
10. Not hungry
11. Don't want to gain weight
12. Too much sugar
13. Too much fiber
14. Don't want to get sick from eating too much
11. Other _____ (specify)
12. Too expensive

- 77. Don't know/not sure
99. Refused

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GRAIN (MODIFIED)

105. **Yesterday how many servings of whole-grain breads did you eat? This would include 100% whole wheat or bran bread and bagels, or whole wheat tortillas,. A serving would be one slice of bread, one tortilla, or 1/2 a bagel.**

- _____ enter number (verify if greater than 5)
88. None

77. Don't know
99. Refused

CEREAL2 (MODIFIED)

106. **Yesterday how many bowls of hot or cold cereal did you eat?**

- _____ enter number (verify if greater than 5)
88. None (Go to MILK)

77. Don't know (Go to MILK)
99. Refused (Go to MILK)

BOWLSIZE (MODIFIED)

107. **Was that a small, medium, or large bowl?** (Interviewer: if respondent reported eating more than 1 bowl yesterday, ask what the bowl size was for MOST servings.)

1. Small
2. Medium
3. Large

77. Don't know/Not sure
99. Refused

CERBRAND (MODIFIED)

108. **What cereal(s) did you eat the most of yesterday? (Interviewer: enter up to two cereals)**

Insert brand list CEREAL

96. Other _____ (specify)

77. Don't know
99. Refused

Now we are going to ask you a few more questions about what you ate and drank yesterday.

MILK

109. **Yesterday, how many servings of milk did you drink, including chocolate milk, fast food milkshakes, milk on cereal, or large coffee drinks such as a mocha or latté? (A serving of milk is one individual carton, 1 cup, 1 small glass, or 8 ounces.)**

- _____ enter number (verify if greater than 5)
0. None (Go to CHEESE)

77. Don't know (Go to CHEESE)
99. Refused (Go to CHEESE)

PERFAT

110. **What percent fat was most of the milk you drank yesterday? Would you say...**

[Interviewer: Read response choices]

- 1. Nonfat, skim, or fat-free
- 2. 1% fat
- 3. 2% fat
- 4. Whole milk (4%)
- 5. Other _____(specify)

- 6. Never drink milk
- 77. Don't know/Not sure
- 99. Refused

CHEESE

111. **How many times did you have cheese yesterday, including cheese on a cheeseburger, pizza, sandwich, in a main dish, or as a snack?**

- _____ enter number (verify if greater than 5)
- 88. None

- 77. Don't know
- 99. Refused

CALCIUM2 (PROGRAMMED NAME)

112. **How many times did you have yogurt or dairy desserts yesterday, such as frozen yogurt, ice cream, soft serve ice cream, pudding, or frozen yogurt in a smoothie?**

- _____ enter number (verify if greater than 5)
- 88. None

- 77. Don't know
- 99. Refused

VEGTRN2 (MODIFIED)

113. **Do you eat any kind of meat like beef, pork, chicken or fish?**

- 1. Yes (Go to BEANS2)
- 2. No (Go to VEGTRN)
-
- 77. Don't know/Not sure (Go to VEGTRN)
- 99. Refused (Go to BEANS2)

VEGTRN

114. **Are you a vegetarian?**

- 1. Yes
- 2. No
-
- 77. Don't know/Not sure
- 99. Refused

BEANS2

115. **Yesterday how many servings of beans did you eat? This would include kidney beans, refried beans, chilibeans, black beans, bean soup, bean salad, or lentils but does NOT include green beans. A serving would be about ½ cup, 2 serving spoons, or a small bowl.**

- _____ enter number (verify if greater than 5)
88. None

77. Don't know
99. Refused

PASTRY

116. **Yesterday did you eat any pastries, such as doughnuts, danishes, sweet rolls, muffins, croissants, or pop-tarts?**

1. Yes
2. No

77. Don't know/Not sure
99. Refused

TOTFRIES

117. **How many servings of french fries did you eat yesterday? A serving of french fries equals one small fast food order or 1.5 cups.** [Interviewer: ONE MEDIUM=1.5 SERVINGS; ONE LARGE=2 SERVINGS; ONE SUPER/KING=2.25 SERVINGS]

- _____ enter number
88. None

77. Don't know/Not sure
99. Refused

CHIPS2

118. **Yesterday did you eat any potato chips, tortilla chips, Cheetos, pork rinds, or other fried snacks?** *(Interviewer: do not include baked chips.)*

1. Yes
2. No

77. Don't know/Not sure
99. Refused

FRIED

119. **Yesterday did you eat any deep-fried foods, such as, fried chicken, chicken nuggets, fried fish, fried shrimp, egg rolls or onion rings? Do not include french fries.**

1. Yes
2. No

77. Don't know/Not sure
99. Refused

DESSERT2 (MODIFIED)

120. **Yesterday did you eat any sweet snacks like cake, pie, cookies, or brownies? Do not include reduced fat or fat-free bakery items or any dairy desserts like ice cream.**

- 1. Yes
- 2. No
-
- 77. Don't know/Not sure
- 99. Refused

CANDY2

121. **Yesterday did you eat any candy bars or packages of candy?**

- 1. Yes
- 2. No
-
- 77. Don't know/Not sure
- 99. Refused

SODA3

122. **Yesterday how many servings of regular soda (cola, lemon-lime) or sweetened beverage like Snapple, Kool-Aid, Arizona, or Sobe did you drink? [A 12 oz. Soda or small fast food cup is 1 serving. A medium fast food cup or Sobe bottle is 1.5 servings. A large fast food cup is 2 servings. A 7-11's BigGulp or McDonald's Supersize is 2.5 servings. Do not include diet drinks, energy drinks, sports drinks, or carbonated plain water]**

- _____ enter number
- 88. None
-
- 77. Don't know
- 99. Refused

JUICEWK (NEW)

123. **During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)**

- 1. I did not drink 100% fruit juice during the past 7 days
- 2. 1 to 3 times during the past 7 days
- 3. 4 to 6 times during the past 7 days
- 4. 1 time per day
- 5. 2 times per day
- 6. 3 times per day
- 7. 4 or more times per day

-
- 77. Don't know/Not sure
- 99. Refused

SODAWK (NEW)

124. **During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)**

- 1. I did not drink soda or pop during the past 7 days
- 2. 1 to 3 times during the past 7 days
- 3. 4 to 6 times during the past 7 days

- 4. 1 time per day
- 5. 2 times per day
- 6. 3 times per day
- 7. 4 or more times per day

-
- 77. Don't know/Not sure
 - 99. Refused

DSODAWK (NEW)

125. **During the past 7 days, how many times did you drink a can, bottle, or glass of diet soda or pop, such as Diet Coke, Diet Pepsi, or Sprite Zero?**

- 1. I did not drink diet soda or pop during the past 7 days
- 2. 1 to 3 times during the past 7 days
- 3. 4 to 6 times during the past 7 days
- 4. 1 time per day
- 5. 2 times per day
- 6. 3 times per day
- 7. 4 or more times per day

-
- 77. Don't know/Not sure
 - 99. Refused

SPRTDKWK (NEW)

126. **During the past 7 days, how many times did you drink a can, bottle, or glass of a sports drink such as Gatorade or PowerAde? (Do not count low-calorie sports drinks such as Propel or G2.)**

- 1. I did not drink sports drinks during the past 7 days
- 2. 1 to 3 times during the past 7 days
- 3. 4 to 6 times during the past 7 days
- 4. 1 time per day
- 5. 2 times per day
- 6. 3 times per day
- 7. 4 or more times per day

-
- 77. Don't know/Not sure
 - 99. Refused

ENRGYWK (NEW)

127. **During the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink, such as Red Bull or Jolt? (Do not count diet energy drinks or sports drinks such as Gatorade or PowerAde).**

- 1. I did not drink energy drinks during the past 7 days
- 2. 1 to 3 times during the past 7 days
- 3. 4 to 6 times during the past 7 days
- 4. 1 time per day
- 5. 2 times per day
- 6. 3 times per day
- 7. 4 or more times per day

-
- 77. Don't know/Not sure
 - 99. Refused

COFTEAWK (NEW)

128. **During the past 7 days, how many times did you drink a cup, can, or bottle of unsweetened coffee, coffee drinks, or tea?**

1. I did not drink coffee, coffee drinks, or tea during the past 7 days
2. 1 to 3 times during the past 7 days
3. 4 to 6 times during the past 7 days
4. 1 time per day
5. 2 times per day
6. 3 times per day
7. 4 or more times per day

-
77. Don't know/Not sure
99. Refused

SSBOTHWK (NEW)

129. **During the past 7 days, how many times did you drink a can, bottle, or glass of a sugar-sweetened beverage such as lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny Delight? (Do not count soda or pop, sports drinks, energy drinks, or 100% fruit juice.)**

1. I did not drink sugar-sweetened beverages during the past 7 days
2. 1 to 3 times during the past 7 days
3. 4 to 6 times during the past 7 days
4. 1 time per day
5. 2 times per day
6. 3 times per day
7. 4 or more times per day

-
77. Don't know/Not sure
99. Refused

WATERWK (NEW)

130. **During the past 7 days, how many times did you drink a bottle or glass of plain water? Count tap, bottled, and unflavored sparkling water.**

1. I did not drink water during the past 7 days
2. 1 to 3 times during the past 7 days
3. 4 to 6 times during the past 7 days
4. 1 time per day
5. 2 times per day
6. 3 times per day
7. 4 or more times per day

-
77. Don't know/Not sure
99. Refused

MILKWK (NEW)

131. **During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)**

1. I did not drink milk during the past 7 days
2. 1 to 3 glasses during the past 7 days
3. 4 to 6 glasses during the past 7 days
4. 1 glass per day
5. 2 glasses per day

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- 6. 3 glasses per day
- 7. 4 or more glasses per day

-
- 77. Don't know/Not sure
 - 99. Refused

FASTFOOD

132. **Yesterday, how many times did you eat a meal or snack from a fast food restaurant like McDonalds, Taco Bell, Jack-in-the-Box, Pizza Hut, KFC, or Subway?**

- _____ enter number of times (verify if >2)
- 88. None

-
- 77. Don't know
 - 99. Refused

FFWK

133. **In a typical week, how many times do you eat a meal or snack from a fast food restaurant?**

- _____ enter number
- 88. None

-
- 77. Don't know
 - 99. Refused

CALORIE4

134. **How often do you see calorie information when you buy food from a fast food restaurant or other restaurant?**

- 1. Always
- 2. Most of the time
- 3. Sometimes
- 4. Occasionally
- 5. Never

(Go to FFHOME)

-
- 77. Don't know/not sure
 - 99. Refused

CALORIE3

135. **When it is available, how often do you use calorie information available at a restaurant or fast food restaurant to decide what to order? Would you say...**

- 1. A lot
- 2. Some
- 3. A Little
- 4. Not at All

-
- 77. Don't know/Not sure
 - 99. Refused

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FFHOME (MODIFIED)

136. **How far is the nearest fast food restaurant from your home? Answer in blocks or miles, whichever is easiest. A mile is approximately 8 blocks.**

1. Within 1/8 mile/1 block
2. 1/8 to 1/2 mile/4 blocks
3. 1/2 mile to 1 mile/8 blocks
4. 1 mile to 2 miles/16 blocks
5. More than 2 miles

-
77. Don't know/Not sure
 99. Refused

If GOSCHL eq 1,2,3 continue, else go to X60YRBS

Now I'm going to ask you some questions about the types of foods available when you go to school.

If GOSCHL3 eq 3, say: When you answer these questions, think about the school you were at before your school vacation.

FFSCHL (MODIFIED)

137. **How far is the nearest fast food restaurant from your school? Answer in blocks or miles, whichever is easiest. A mile is approximately 8 blocks.**

1. Within 1/8 mile/1 block
2. 1/8 to 1/2 mile/4 blocks
3. 1/2 mile to 1 mile/8 blocks
4. 1 mile to 2 miles/16 blocks
5. More than 2 miles

-
77. Don't know/Not sure
 99. Refused

CSTRSCHL (NEW)

138. **How far is the nearest convenience store or corner store from your school? Answer in blocks or miles, whichever is easiest. A mile is approximately 8 blocks.**

1. Within 1/8 mile/1 block
2. 1/8 to 1/2 mile/4 blocks
3. 1/2 mile to 1 mile/8 blocks
4. 1 mile to 2 miles/16 blocks
5. More than 2 miles

-
77. Don't know/Not sure
 99. Refused

SCHLFAS2 (MODIFIED)

139. **How many days per week does your school offer food from fast food restaurants like Burger King, McDonald's, Taco Bell, or Pizza Hut?**

_____ enter number, less than 1, or none

55. Less than 1

88. None

77. Don't know/Not sure

99. Refused

VENDDAY (NEW)

140. **What foods and drinks can students at your school buy during school hours from a school vending machine or student store?**

[Interviewer: Prompt only if they do not answer quickly]

1. School has no vending or student store available during school hours (Go to VENDAFT)

2. Soda

3. Sports drinks

4. Energy drinks

5. Other sweetened drinks

6. 100% fruit juice

7. Water

8. Milk

9. Candy bars or other candy

10. Chips, Cheetos, or other fried snacks

11. Cookies, cakes, pastries, or other sweet snacks

12. Fresh or dried fruits

13. Vegetables

14. Yogurt or cheese

15. Other (specify _____)

77. Don't know/Not sure

99. Refused

VENDBYD (NEW)

141. **Yesterday [LAST DAY OF SCHOOL], what foods and drinks did you buy during school hours from a school vending machine or student store?**

[Interviewer: Prompt only if they do not answer quickly]

1. Soda

2. Sports drinks

3. Energy drinks

4. Other sweetened drinks

5. 100% fruit juice

6. Water

7. Milk

8. Candy bars or other candy

9. Chips, Cheetos, or other fried snacks

10. Cookies, cakes, pastries, or other sweet snacks

11. Fresh or dried fruits

12. Vegetables

13. Yogurt or cheese

14. Other (specify _____)

77. Don't know/Not sure
99. Refused

VENDAFT (NEW)

142. **What foods and drinks can students at your school buy before or after school from a school vending machine or student store?**

[Interviewer: Prompt only if they do not answer quickly]

1. School has no vending or student store available outside of school hours **(Go to OPNCAMP2)**
2. Soda
3. Sports drinks
4. Energy drinks
5. Other sweetened drinks
6. 100% fruit juice
7. Water
8. Milk
9. Candy bars or other candy
10. Chips, Cheetos, or other fried snacks
11. Cookies, cakes, pastries, or other sweet snacks
12. Fresh or dried fruits
13. Vegetables
14. Yogurt or cheese
15. Other (specify _____)

77. Don't know/Not sure
99. Refused

VENDBYA (NEW)

143. **Yesterday [LAST DAY OF SCHOOL], what foods and drinks did you buy before or after school from a school vending machine or student store?**

[Interviewer: Prompt only if they do not answer quickly]

1. Soda
2. Sports drinks
3. Energy drinks
4. Other sweetened drinks
5. 100% fruit juice
6. Water
7. Milk
8. Candy bars or other candy
9. Chips, Cheetos, or other fried snacks
10. Cookies, cakes, pastries, or other sweet snacks
11. Fresh or dried fruits
12. Vegetables
13. Yogurt or cheese
14. Other (specify _____)

77. Don't know/Not sure
99. Refused

OPNCAMP2

144. [If GOSCHL3 eq 1,2 ask:] **Does the school have an open campus for lunch?**

[If GOSCHL3 eq 3:] **Did the school have an open campus for lunch?**

[If HIGRADE eq 12:] **Did the high school have an open campus for lunch?**

[Interviewer: Define 'open campus' if needed]

1. Yes

2. No

77. Don't know/Not sure

99. Refused

FREEH2O (NEW)

145. **Is there a free source of drinking water in your school cafeteria at meal times?**

1. Yes

2. No

77. Don't know/Not sure

99. Refused

H2OBOTLE (NEW)

146. **Are you and your classmates allowed to have a water bottle with you during the school day?**

1. Yes

2. No

77. Don't know/Not sure

99. Refused

Now I am going to ask you some questions about physical activity, exercise, and sports. This would include anything you do at school, at home, or anywhere else.

If GOSCHL2=1 continue, else go to PESCHL

SCHLTRA2 (MODIFIED)

147. **How many days in a usual week do you walk, ride a bike, or skateboard on the way TO school?**

_____ enter number

(Go to SCHLTRN4)

88. None

77. Don't know

(Go to SCHLTRN4)

99. Refused

(Go to SCHLTRN4)

SCHLTRTO (MODIFIED)

148. **What is the main reason you do not walk, ride a bike, or skateboard, TO school?**

1. Distance is too far
2. My parents/guardian don't allow it
3. Takes too long; time constraints
4. I have a disability

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- 5. Backpack too heavy; need to carry too many school/sport supplies
- 6. Weather constraints
- 7. No safe sidewalk or bike path
- 8. Other (specify____)

-
- 77. Don't know/not sure
 - 99. Refused

SCHLTRN4 (MODIFIED)

149. **How many days in a usual week do you walk, ride a bike, or skateboard on the way FROM school?**

_____ enter number
88. None

-
- 77. Don't know
 - 99. Refused

SCHLDIST

150. **How far is school from your house?** (Read responses if necessary)

- 1. Less than half a mile/4 blocks
- 2. 1/2 mile to 1 mile/8 blocks
- 3. 1 mile to 2 miles/16 blocks
- 4. More than 2 miles

-
- 77. Don't know/Not sure
 - 99. Refused

PESCHL

151. [If GOSCHL3 eq 1 ask :] **Do you currently take physical education class in school?**
[If GOSCHL3 eq 2,3 or HIGRADE ge 12 :] **Were you taking physical education class when you were last in school?**

- 1. Yes
- 2. No (Go to X60YRBS)

-
- 77. Don't know/Not sure (Go to X60YRBS)
 - 99. Refused (Go to X60YRBS)

PESCHLX1

152. **In an average week when you are in school, on how many days do you go to physical education (PE) classes?**

_____ enter number of times
88. None

-
- 77. Don't know
 - 99. Refused

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PEPAMIN

153. **In a typical PE class, how many minutes do you usually spend actually exercising or playing sports?**

- _____ enter number
88. None

77. Don't know
99. Refused

154. X60YRBS (NEW) **During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)**

- _____ enter number of days
88. None

77. Don't know
99. Refused

XWLYRBS

155. **On how many of the past 7 days did you do exercises to strengthen or tone your muscles, such as push-ups, sit-ups, or weight lifting?**

- _____ enter number
88. None

77. Don't know
99. Refused

MINWKPA

156. **Yesterday, about how many minutes were you physically active doing moderate or vigorous activities such as basketball, dancing, soccer, or brisk walking? Include ALL activities, such as PE class or classes outside of school.**

- _____ enter number of minutes
88. None

77. Don't know
99. Refused

EXEACTY1

157. **What type of physical activity, exercise or sport did you spend the most time doing yesterday?**

- | | |
|--|--------------------------------------|
| 01. Aerobics class | pleasure or camping) |
| 02. Backpacking | 09. Bowling |
| 03. Badminton | 10. Boxing |
| 04. Basketball | 11. Calisthenics |
| 05. Baseball | 12. Canoeing/rowing – in competition |
| 06. Bicycling for pleasure | 13. Carpentry |
| 07. Bicycling machine exercise | 14. Dancing-aerobics/ballet |
| 08. Boating (canoeing, rowing, sailing for | 15. Fishing from river bank or boat |
| | 16. Football |

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- 17. Gardening (spading, weeding, digging, filling)
- 18. Golf
- 19. Handball
- 20. Health club exercise
- 21. Hiking – cross-country
- 22. Hockey (field)
- 23. Hockey (ice)
- 24. Home exercise
- 25. Horseback riding
- 26. Hunting large game – deer, elk
- 27. Jogging
- 28. Judo/karate
- 29. Kickboxing
- 30. Mountain climbing
- 31. Mowing lawn
- 32. Paddleball
- 33. Painting/papering house
- 34. Pilates
- 35. Racquetball
- 36. Raking lawn
- 37. Running/running on a treadmill
- 38. Rope skipping
- 39. Rowing machine exercise
- 40. Scuba diving
- 41. Skateboarding
- 42. Skating – ice, roller or in-line
- 43. Sledding, tobogganing
- 44. Snorkeling
- 45. Snowboarding
- 46. Snowshoeing
- 47. Snow shoveling by hand
- 48. Snow blowing
- 49. Snow skiing
- 50. Soccer
- 51. Softball
- 52. Squash
- 53. Stair climbing
- 54. Stream fishing in waders
- 55. Surfing
- 56. Swimming laps
- 57. Table tennis
- 58. Tennis
- 59. Touch football
- 60. Volleyball
- 61. Walking/walking on a treadmill
- 62. Water-skiing
- 63. Weight lifting
- 64. Wrestling
- 65. Yoga
- 66. Other (specify)_____
- 77. Don't know/not sure
- 99. Refused

If GOSCHL eq 1,2,3 continue, else go to SPRTEAM

If GOSCHL3 eq 3, say: When you answer these questions, think about the school you were at before your school vacation.

AFTSHP2

158. **Next I would like to ask you about the kinds of places you might be physically active. In the past 7 days, how many days did you participate in physical activity or sports on school grounds during after school programs?**

- _____ enter number of days
- 88. None
-
- 77. Don't know
- 99. Refused

SCHGPA2

159. **In the past 7 days, how many days did you participate in physical activity or sports on school grounds after school not as part of a program?**

- _____ enter number of days
- 88. None
-

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- 77. Don't know
- 99. Refused

USEGYM

160. **How many days each week do you usually use the school gym or other sports facilities at school for physical activity after school and on weekends?**

- _____ enter number
- 55. Less than 1
 - 88. None
-
- 77. Don't know/Not sure
 - 99. Refused

SCHOLPA2

161. **Does your school offer physical activities after school, other than sports, such as dance, yoga, gymnastics, weight training, or martial arts?**

- 1. Yes
 - 2. No
-
- 77. Don't know/Not sure
 - 99. Refused

SPRTTEAM

162. **During the past 12 months, on how many sports teams did you play? (Include any teams run by your school or community groups.)**

- 1. 0 teams
 - 2. 1 team
 - 3. 2 teams
 - 4. 3 or more teams
-
- 77. Don't know/Not sure
 - 99. Refused

INDSPORT

163. **Are you currently involved in any individual sports such as dance, martial arts, or yoga?**

- 1. Yes
 - 2. No
-
- 77. Don't know/Not sure
 - 99. Refused

EXERMIN (MODIFIED)

164. **About how many *minutes* do health experts say you should exercise or be physically active *each day* for good health – this includes all activities like bicycling, dancing, and playing basketball that you do at school, at home, and anywhere else you get exercise?**

- _____ enter number
- 88. None
-

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- 77. Don't know/Not sure
- 99. Refused

**if X60YRBS < 7 ask BAREXER2;
Else go to SMK30DY2**

BAREXER2

165. **What is the main reason you don't get more exercise or physical activity?**

[Prompt only if they do not answer quickly]

- 1. Don't like it
 - 2. No time
 - 3. Don't look good while doing it
 - 4. Don't have a safe place to do it
 - 5. Don't have the right equipment
 - 6. Too tired
 - 7. Not important
 - 8. Physically unable
 - 9. I get enough
 - 10. Lazy
 - 11. Too busy
 - 12. Rather do something else
 - 13. Afraid of getting hurt
 - 14. Weather too hot
 - 15. Not current organized sports teams
 - 16. Homework
 - 17. Other _____ (specify)
-
- 77. Don't know/not sure
 - 99. Refused

The next question I will be asking you is about cigarette smoking. Please remember your answers are confidential.

SMK30DY2

166. **Think about the last 30 days. On how many of these days did you smoke?**

__ Response (Max is 30)

88. None

77. Don't know/Not sure

99. Refused

The next few questions are about the amount of time you watch TV, play video games and use computers. DO NOT include activities done at school.

TVISION3(MODIFIED)

167. **On an average school day, how many hours do you watch TV, videos, or DVDs?**

_____ enter hours

88. None

77. Don't know

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99. Refused
INTERNET1 (MODIFIED)

168. **On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Xbox, Nintendo DS, iPod touch, Facebook, and the Internet.)**

_____ enter hours
88. None

77. Don't know
99. Refused

COMPTR (MODIFIED)

169. **On an average school day, how many minutes or hours do you use a computer for homework or for learning? Do not include time spent on the computer at school.**

EXAMPLE; for 30 minutes enter 30, for one hour and 30 minutes enter 130

_____ enter hours and minutes or minutes only (VERIFY IF GREATER THAN **400**)
88. None

77. Don't know
99. Refused

LMTTVCP

170. **On school days, do your parents or adults you live with limit how much time you spend watching television or videos, playing video or computer games, or being on the computer that is not for school work?**

1. Yes
2. No

(Go to SLEEP)

77. Don't know/Not sure
99. Refused

TVLMTTM

171. **How many minutes or hours is that time limit?**

EXAMPLE; for 30 minutes enter 30, for one hour and 30 minutes enter 130

_____ enter hours and minutes or minutes only (VERIFY IF GREATER THAN **400**)
88. None

77. Don't know
99. Refused

SLEEP

172. **On a typical school night, how many hours of sleep do you get?**

EXAMPLE; for six hours and 30 minutes enter 630

_____ enter hours and minutes

88. None

77. Don't know

99. Refused

TVROOM1

173. **Is there a television in the room where you sleep?**

1. Yes

2. No

77. Don't know/Not sure

99. Refused

HEIGHT

174. **About how tall are you without shoes?**

(Round fractions down)

___ Response (in feet and inches) (Ex. 5 feet 11 inches = 511)

777. Don't know/Not sure

999. Refused

WEIGHT

175. **About how much do you weigh without shoes?**

(Round fractions up)

___ Response (in whole pounds)

777. Don't know/Not sure

999. Refused

HISPANI2

176. **Are you of Hispanic origin, such as Mexican-American, Central or South American, Puerto Rican, or Cuban?**

1. Yes

2. No

[Go to ORACE3]

77. Don't know/Not sure

[Go to REF_DEMO]

99. Refused

[Go to REF_DEMO]

REF_DEMO

If Don't know or refused: **Our data analysis is based on several factors -- and SEX/AGE/RACE/ETHNICITY is one of the most important. You have already invested several minutes providing extremely important and useful data for this study. Also, please remember that your answers are confidential and will not be revealed to anyone. Would you be willing**

to tell me your SEX/AGE/RACE/ETHNICITY?

HISP2

177. **Do you consider yourself to be Mexican, Mexican-American, or other Hispanic?**

1. Mexican
2. Mexican-American
3. Other Hispanic
-
77. Don't know/Not sure
99. Refused

ORACE3X

178. **Which one or more of the following would you say is your race...? [Interviewer: Read and mark all that apply.]**

1. White (Go to BIRTHPLC)
2. Black or African-American (Go to BIRTHPLC)
3. Asian (Go to BIRTHPLC)
4. Native Hawaiian or Other Pacific Islander (Go to BIRTHPLC)
5. American Indian or Alaska Native (Go to BIRTHPLC)
6. _____ Other (specify)
-
77. Don't know/Not sure [Go to REF_DEMO]
99. Refused [Go to REF_DEMO]

ORACE4

179. **Which one of these groups would you say best represents your race?**

1. White
2. Black or African-American
3. Asian
4. Native Hawaiian or Other Pacific Islander
5. American Indian or Alaska Native
6. _____ Other (specify)
-
77. Don't know/Not sure
99. Refused

BIRTHPLCX

180. **In what country were you born?**

1. United States
2. Mexico
3. Japan
4. China
5. Taiwan
6. Philippines
7. Korea
8. Vietnam
9. OTHER: (specify) ----->BRTHTXT (Text)
-
77. Don't know/Not sure

99. Refused

BIRTHMOM

181. **In what country was your mother born?**

1. United States
2. Mexico
3. Japan
4. China
5. Taiwan
6. Philippines
7. Korea
8. Vietnam
9. OTHER: (specify) --->BRTH2TXT (Text)

77. Don't know/Not sure

99. Refused

LIVEMOM (NEW)

182. **Do you live with your mother, stepmother, foster mother, or adoptive mother?**

1. Yes
2. No

77. Don't know/Not sure

99. Refused

EDUCMOM (NEW)

183. **How far in school did she go?**

1. 8th grade or less
2. More than 8th grade, but did not graduate from high school
3. High school graduate
4. Completed a GED
5. Went to business trade or vocational school after high school
6. Went to college but did not graduate
7. Graduated from a college or university
8. Professional training beyond a four-year college
9. She went to school, but I don't know what level
10. She never went to school

77. Don't know/Not sure

99. Refused

LIVEDAD (NEW)

184. **Do you live with your father, stepfather, foster father, or adoptive father?**

1. Yes
2. No

77. Don't know/Not sure

99. Refused

EDUCDAD (NEW)

185. **How far in school did he go?**

1. 8th grade or less
 2. More than 8th grade, but did not graduate from high school
 3. High school graduate
 4. Completed a GED
 5. Went to business trade or vocational school after high school
 6. Went to college but did not graduate
 7. Graduated from a college or university
 8. Professional training beyond a four-year college
 9. He went to school, but I don't know what level
 10. He never went to school
-
77. Don't know/Not sure
 99. Refused

GRADES

186. **During the past 12 months, how would you describe your grades in school?**

1. Mostly A's
 2. Mostly B's
 3. Mostly C's
 4. Mostly D's
 5. Mostly F's
 6. None of these grades
-
77. Don't know/Not sure
 99. Refused

The next few questions I will ask are about weight. Remember that your answers are confidential.

WTYRBS

187. **How do you describe your weight?**

1. Very underweight
 2. Slightly underweight
 3. About the right weight
 4. Slightly overweight
 5. Very overweight
-
77. Don't know/Not sure
 99. Refused

LOSEEXER

188. **During the past 30 days, did you exercise to lose weight or keep from gaining weight?**

1. Yes
 2. No
-
77. Don't know/Not sure

99. Refused

LOSECUT

189. **During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?**

- 1. Yes
- 2. No

77. Don't know/Not sure
99. Refused

LOSECAL (NEW)

190. **During the past 30 days, did you eat or drink foods or drinks low in sugar to lose weight or to keep from gaining weight?**

- 1. Yes
- 2. No

77. Don't know/Not sure
99. Refused

LOSEFAST

191. **During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?**

- 1. Yes
- 2. No

77. Don't know/Not sure
99. Refused

LOSEPILL

192. **During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight?**

- 1. Yes
- 2. No

77. Don't know/Not sure
99. Refused

LOSVOMIT

193. **During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?**

- 1. Yes
- 2. No

77. Don't know/Not sure
99. Refused

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MONEY

194. **About how much money do you have each week to spend on yourself any way you want to?**

___ Amount in dollars (*round up to nearest dollar*) [verify if greater than \$25]

0. None

77. Don't know/Not sure

99. Refused

PAIDJOB

195. **Do you have a paid part-time or full-time job?**

1. Yes

2. No

77. Don't know/Not sure

99. Refused

NUMHOLD2

196. **Do you have more than one telephone number in your household? Do not include cell phone numbers or numbers that are only used by a computer or fax machine.**

1. Yes

2. No [Go to COUNTY1]

77. Don't know/Not sure [Go to COUNTY1]

99. Refused [Go to COUNTY1]

NUMPHON2

197. **How many residential telephone numbers do you have?**

___ Response

1. 8 or more numbers

77. Don't know/Not sure

99. Refused

COUNTY1

198. **What county do you live in?**

- | | | |
|-------------------|------------------|----------------|
| 001. ALAMEDA | 023. HUMBOLDT | 045. MENDOCINO |
| 003. ALPINE | 025. IMPERIAL | 047. MERCED |
| 005. AMADOR | 027. INYO | 049. MODOC |
| 007. BUTTE | 029. KERN | 051. MONO |
| 009. CALAVERAS | 031. KINGS | 053. MONTEREY |
| 011. COLUSA | 033. LAKE | 055. NAPA |
| 013. CONTRA COSTA | 035. LASSEN | 057. NEVADA |
| 015. DEL NORTE | 037. LOS ANGELES | 059. ORANGE |
| 017. EL DORADO | 039. MADERA | 061. PLACER |
| 019. FRESNO | 041. MARIN | 063. PLUMAS |
| 021. GLENN | 043. MARIPOSA | 065. RIVERSIDE |

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067.	SACRAMENTO	085.	SANTA CLARA	103.	TEHAMA
069.	SAN BENITO	087.	SANTA CRUZ	105.	TRINITY
071.	SAN BERNARDINO	089.	SHASTA	107.	TULARE
073.	SAN DIEGO	091.	SIERRA	109.	TUOLUMNE
075.	SAN FRANCISCO	093.	SISKIYOU	111.	VENTURA
077.	SAN JOAQUIN	095.	SOLANO	113.	YOLO
079.	SAN L OBISPO	097.	SONOMA	115.	YUBA
081.	SAN MATEO	099.	STANISLAUS	777.	Don't Know/Not Sure
083.	SANTA BARBARA	101.	SUTTER	999.	Refused

ZIPCODE

199. **What is your zip code?**

- Response
77. Don't know/Not sure
99. Refused

Finally we have a few more questions about eating and exercise.

DISEAT (MODIFIED)

200. **In the last year, have you taken a class at school in which the benefits of good eating habits were discussed?**

1. Yes
2. No

77. Don't know/Not sure
99. Refused

DISEXER (MODIFIED)

201. **In the last year, have you taken a class at school in which the benefits of physical activity and exercise were discussed?**

1. Yes
2. No

77. Don't know/Not sure
99. Refused

CUTFRT

202. **At your home, is there usually fresh fruit that is ready to eat, like a fresh fruit bowl on the counter or cut-up in the refrigerator?**

1. Yes
2. No

77. Don't know/Not sure
99. Refused

CUTVEG

203. **At your home, are there usually vegetables, like carrot or celery sticks, cut and ready to eat in the refrigerator?**

- 1. Yes
- 2. No
-
- 77. Don't know/Not sure
- 99. Refused

GARDEN

204. **Have you ever worked in a garden to grow fruits and vegetables?**

- 1. Yes
- 2. No (go to MENU)
-
- 77. Don't know/Not sure (go to MENU)
- 99. Refused (go to MENU)

GARDSCHL (NEW)

205. **During the last year, did you work in a school or community garden?**

- 1. Yes
- 2. No
-
- 77. Don't know/Not sure
- 99. Refused

MENU

206. **Do you know how to pick out healthy foods from menus?**

- 1. Yes
- 2. No
-
- 77. Don't know/Not sure
- 99. Refused

TCHCOOK

207. **Did anyone ever teach you how to cook foods in a healthy way?**

- 1. Yes
- 2. No
-
- 77. Don't know/Not sure
- 99. Refused

PRNTNOTE

208. **Do your parents or the adults you live with notice when you haven't eaten healthy foods?**

- 1. Yes
- 2. No

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3. Don't live with adults (Go to TVDINNER)

77. Don't know/Not sure
99. Refused

SODALMT (MODIFIED)

209. **Do your parents or adults you live with limit how much sugary drinks, like soda, sports drinks, or sweetened teas and coffees that you drink at home?**

1. Yes
2. No
3. Don't live with adults (Go to TVDINNER)

77. Don't know/Not sure
99. Refused

SNKLMT

210. **Do your parents or adults you live with limit how much snack food, like chips and cookies, you eat at home?**

1. Yes
2. No
3. Don't live with adults (Go to TVDINNER)

77. Don't know/Not sure
99. Refused

EATFAM2 (MODIFIED)

211. **During the past 7 days, on how many days did you eat dinner at home with at least one of your parents or guardians?**

_____ enter number of days

88. None

77. Don't know/Not sure
99. Refused

TVDINNER (NEW)

212. **When you eat dinner at home, how often is a television on while you are eating?**

1. I do not eat dinner at home
2. Never
3. Rarely
4. Sometimes
5. Most of the time
6. Always

77. Don't know/Not sure
99. Refused

EXERFAM

213. **Do you exercise or play sports with your family or the people you live with?**

1. Yes

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2. No

77. Don't know/Not sure

99. Refused

PLAYFRND

214. **Do you exercise or play sports with your friends?**

1. Yes

2. No

77. Don't know/Not sure

99. Refused

PAPLACE (NEW)

215. **There are playgrounds, parks, or gyms close to my home that are easy for me to get to. Would you say you...**

1. Strongly Agree

2. Agree

3. Neither agree nor disagree

4. Disagree

5. Strongly Disagree

77. Don't know/Not sure

99. Refused

SAFEPA (NEW)

216. **It is safe to be physically active by myself in my neighborhood. Would you say you...**

1. Strongly Agree

2. Agree

3. Neither agree nor disagree

4. Disagree

5. Strongly Disagree

77. Don't know/Not sure

99. Refused

FEELBAD5

217. **Would you say that you have more energy, less energy or the same amount of energy when you are physically active on a regular basis?**

1. More energy

2. Less energy

3. The same amount of energy

77. Don't know/Not sure

99. Refused

SCHSIGNS (MODIFIED)

218. **Are there ads or logos on school property for name brand foods or beverages, like Coca-Cola vending machines, Pepsi scoreboards, or other signs or posters on school walls, school**

buildings, school buses, or other school property?

1. Yes
2. No

77. Don't know/Not sure
99. Refused

SCHSMPLS

219. Are free samples of name brand food or beverage distributed during school hours or during a school-sponsored activity?

1. Yes
2. No

77. Don't know/Not sure
99. Refused

For the following few questions, I will read you a statement and then please tell me if you agree or disagree with the statement. First....

EATPOL2

220. Your school should have healthy eating policies for foods sold outside of the cafeteria, such as rules for what kinds of foods are allowed to be sold in vending machines or at the school store. Would you say you...

1. Strongly Agree
2. Agree
3. Disagree
4. Strongly Disagree

77. Don't know/Not sure
99. Refused

FOURYTP2

221. High school students should be required to take 4 years of Physical Education class? Would you say you...

1. Strongly Agree
2. Agree
3. Disagree
4. Strongly Disagree

77. Don't know/Not sure
99. Refused

YEMPOW1 (NEW)

222. **I can start discussions with others about healthy eating and physical activity. Would you say you...**

1. Strongly Agree
2. Agree
3. Neither agree nor disagree
4. Disagree
5. Strongly Disagree

77. Don't know/Not sure
99. Refused

ADVOCIN2 (MODIFIED)

223. **How interested are you in taking action to make changes to improve nutrition or physical activity in your school or community?**

1. Very Interested
2. Somewhat Interested
3. Not Interested
4. No Opinion

77. Don't know/Not sure
99. Refused

ADVOCCH2 (MODIFIED)

224. **Have you PERSONALLY ever been active in making changes to improve nutrition or physical activity in your school or community?**

1. Yes
2. No

77. Don't know/Not sure
99. Refused

YEMPOW2 (NEW)

225. **In the past year, how many times have you tried to convince other teens, your family or friends to be more concerned about healthy eating or physical activity?**

1. Never
2. Once
3. 2-3 times
4. 4-5 times
5. 6 or more times

77. Don't know/Not sure
99. Refused

YEMPOW3 (NEW)

226. **In the past year, how many times have you tried to convince school officials, local businesses, community agencies, or government officials to be more concerned about healthy eating or physical activity?**

1. Never
2. Once
3. 2-3 times
4. 4-5 times
5. 6 or more times

-
77. Don't know/Not sure
99. Refused

HUNGRY12

227. **During the last 12 months, were you ever hungry but didn't eat because there wasn't enough money to buy food for your house or home?**

1. Yes
2. No

-
77. Don't know/Not sure
99. Refused

HGYSTOR INTRO

Besides money, there are reasons why people don't always have the kinds of healthy food they want or need. For each of the following, please tell me if it is a reason why YOU don't always have the kinds of healthy food you want or need.

HGYSCHL2

228. **The kinds of healthy food I want are not available at school (F6 = not attending school)**

1. Yes
2. No

-
77. Don't know/Not sure
99. Refused

HGYWORK2

229. **The kinds of healthy food I want are not available when eating out, at sports events, or where I work.**

1. Yes
2. No

-
77. Don't know/Not sure
99. Refused

FODASST2

230. **In the last 12 months, have you or anyone in your household received food assistance from any of the following sources?**

- | | |
|---|----------|
| 1. Free or reduced price school breakfast | FREEBRK2 |
| 2. Free or reduced price school lunch | FREELUN3 |
| 3. Food stamps | FASSTMP2 |
| 4. WIC | FASWIC2 |

CLOSING

That is my last question. Let me emphasize that your answers cannot be identified with your name. Everyone's answers will be combined to give us information about eating and exercise among kids your age.

THANK YOU very much for your time and cooperation.

SAY GOODBYE... (PRESS RETURN TO CONTINUE)

SUSPECT

231. (*TO INTERVIEWER - DO NOT READ ALOUD*) Do you suspect that someone may have been listening in at the respondent's household during the interview?

1. Yes
2. No [End questionnaire]

SURE

232. (*TO INTERVIEWER - DO NOT READ ALOUD*) How sure are you that someone may have been listening in?

1. Absolutely Sure
2. Quite Sure
3. Somewhat Sure
4. Not Real Sure
5. Very Sure that No One was listening in

BIASED

233. (*TO INTERVIEWER - DO NOT READ ALOUD*) Do you think the respondent's answers were biased because someone was listening in?

1. Yes
2. No
-
77. Don't know/Not sure

SPANENG

234. (*TO INTERVIEWER - DO NOT READ ALOUD*) Was the interview conducted in English or Spanish?

1. English
2. Spanish