

**2011 California Dietary Practices Survey
Survey Instrument
November 1, 2010**

Intro

Hello, my name is _____ and I'm calling from the California Department of Public Health and Public Health Institute.

We're doing a study of California residents regarding their food and exercise habits to help in planning health, nutrition, and education programs for California. Your household has been randomly chosen by the computer from a large list of telephone numbers to be included in the study. That list of telephone numbers includes households in California receiving CalFresh (formerly known as Food Stamps). Whether you choose to participate or not will have no effect on your receipt of public benefits like CalFresh. Are you a member of this household and at least 18 years old? (Note: Household members are people who think of the households as their primary place of residence, that is, where they keep most of their belongings and receive their calls.)

May I speak with a member of the household who is at least 18 years old?

When speaking with a household member aged 18 and older:

Hello, my name is {intvrs□>statid}, and I'm calling from the California Department of Public Health and Public Health Institute. We're doing a study of California residents regarding their food and exercise habits to help in planning health, nutrition, and education programs for California. Your household has been randomly chosen by the computer to be included in the study. The information you provide will be completely confidential.

Our study requires that we randomly select one adult who lives in your household to be interviewed. How many members of your household, including yourself, are 18 years of age or older?

How many are men?

How many are women?

CHILD18

How many persons in your household are under 18 years of age?

_____ Enter number:

8. DON'T KNOW

9. REFUSED

SELECTED

The person in your household I need to speak with is the (SELECTED).

Are you the (SELECTED)?

1. Yes ----->

2. No -----> May I speak with the (SELECTED)?

When speaking with the selected respondent:

Hello, my name is _____, and I'm calling from the California Department of Public Health and Public Health Institute. We're doing a study of California residents regarding their food and exercise habits to help in planning health, nutrition, and education programs for California. Your household has been randomly chosen by the computer from a large list of telephone numbers to be included in the study. That list of telephone numbers includes households in California receiving CalFresh (formerly known as Food Stamps). Whether you choose to participate or not will have no effect on your receipt of public benefits like CalFresh.

Before I ask you any questions, I want to be sure you know that your participation is totally voluntary and that all the answers you provide will be kept confidential. You will not be identified in any way in any reports. Your answers will be combined with the answers of the 1,400 other Californians who take part in the survey.

You may stop the interview at any time. If there is a question that you cannot or do not wish to answer, please tell me and I'll go to the next question.

In this survey, we are asking questions about eating and exercise behaviors.

We appreciate your cooperation with this survey. The only cost to you is the time needed to answer the questions. The survey takes about 30 minutes. Although you may not gain personally from taking part in this survey, the information you give will be used to improve state programs and to identify areas of need to improve the health of Californians.

If you have any questions about the survey, I can provide you with a toll free number for you to call.

While supervisory staff may monitor the interview for quality control purposes, all of the information obtained in this study will be confidential.

"Do you wish to continue?"

START

1. The first series of questions are about what you ate for your meals and snacks yesterday. When I ask about FRUITS AND VEGETABLES keep in mind that I mean ALL forms including: fresh, canned, frozen and dried, as well as fruit and vegetable 100% juices, salads, salsa, potatoes, and soups and stews made with vegetables. Rice and beans (excluding green beans) are not considered vegetables. When I ask about SERVINGS, a serving is whatever you think of as a normal portion for yourself.

BREAK

2. Did you eat a morning meal (breakfast) yesterday?

1. Yes
2. No (Go to LUNCH)
8. DON'T KNOW (Go to LUNCH)
9. REFUSED (Go to LUNCH)

BREAKFV

3. Did you have any fruit, vegetables, salad, or 100% juice for your morning meal (breakfast) yesterday? Include all kinds of fresh, frozen, canned, or dried fruits or vegetables, salads and salsa.

1. Yes
2. No (Go to LUNCH)
8. DON'T KNOW (Go to LUNCH)
9. REFUSED (Go to LUNCH)

BRKFBV1-BRKFBV10 (MODIFIED: 2009)

4. Which fruit, vegetables, salad or 100% juice did you have at your morning meal (breakfast) yesterday? Include fruits and vegetables in mixed dishes like fruit on cereal, or vegetables in an omelet. DO NOT include hash browns or fried potatoes. (*List up to five types.*)

IF MIXED ITEMS: PROBE to ID the main item

BRKFBV1
BRKFBV2
BRKFBV3
BRKFBV4
BRKFBV5
BRKFBV6
BRKFBV7
BRKFBV8
BRKFBV9
BRKRV10

**if BRKFBV1-BRKFBV10="Green Salad, Mixed Green Salad, or Salad", go to BRKSLD;
else go to BRKPOT**

BRKSLD

5. Was there lettuce or any other greens in the salad?

1. Yes
2. No
8. Don't know
9. Refused

BRKSDA-BRKSDB

6. Other than lettuce, what were the main one or two ingredients? EX. [Enter INGREDIENT #1/INGREDIENT #2] [F6 = No other ingredients]

BRKSDA

BRKSDB

**if BRKFV1-BRKFV10="POTATO", go to BRKPOT;
ELSE GO TO BRKSV1**

BRKPOT (MODIFIED: 2009)

7. How were your potatoes prepared?

1. Baked, Roasted
2. Mashed
3. Fried/French Fries/Hash Browns, etc
4. Other
8. DON'T KNOW
9. REFUSED

BRKSV1-BRKSV10

8. How many servings of (BRKFV1-BRKFV10) did you eat for your morning meal?
Number of Servings? (Round up to the nearest serving)

BRKSV1

BRKSV2

BRKSV3

BRKSV4

BRKSV5

BRKSV6

BRKSV7

BRKSV8

BRKSV9

BRKSV10

LUNCH

9. Did you eat a midday meal (lunch) yesterday?
- 1. Yes
 - 2. No (Go to DINNER)
 - 8. DON'T KNOW (Go to DINNER)
 - 9. REFUSED (Go to DINNER)

LNCHFV

10. Did you have any fruit, vegetables, salad, or 100% juice for your midday meal (lunch) yesterday?
- 1. Yes
 - 2. No (Go to DINNER)
 - 8. DON'T KNOW (Go to DINNER)
 - 9. REFUSED (Go to DINNER)

LNCHFV1-LNCHFV10 (MODIFIED: 2009)

11. Which fruit, vegetables, salad or 100% juice did you have at your midday meal (lunch) yesterday? Include fruits and vegetables in mixed dishes like tacos, soup, pizza, wraps and sandwiches. DO NOT include potato chips or French fries. (*List up to five types.*)

IF MIXED ITEMS: PROBE to ID the main item

- LNCHFV1
- LNCHFV2
- LNCHFV3
- LNCHFV4
- LNCHFV5
- LNCHFV6
- LNCHFV7
- LNCHFV8
- LNCHFV9
- LNCHFV10

**if LNCHFV1-LNCHFV10="Green Salad, Mixed Green Salad, or Salad," go to LNCHSLD;
else go to LCHPOT**

LNCHSLD

12. Was there lettuce or any other greens in the salad?
- 1. Yes
 - 2. No
 - 8. Don't know
 - 9. Refused

LNCHSDA-LNCHSDB

13. Other than lettuce, what were the main one or two ingredients? EX. [Enter INGREDIENT #1/INGREDIENT #2] [F6 = No other ingredients]

LNCHSDA
LNCHSDB

**if LNCHFV1-LNCHFV10= POTATO, go to LCHPOT;
else go to LNCHSV1**

LCHPOT (MODIFIED: 2009)

14. How were your potatoes prepared?
1. Baked, Roasted
 2. Mashed
 3. Fried/French Fries/Hash Browns, etc
 4. Other
 8. DON'T KNOW
 9. REFUSED

LNCHSV1-LNCHSV10

15. How many servings of (LNCHFV1-LNCHFV10) did you eat for your midday meal?

Number of Servings

LNCHSV1
LNCHSV2
LNCHSV3
LNCHSV4
LNCHSV5
LNCHSV6
LNCHSV7
LNCHSV8
LNCHSV9
LNCHSV10

DINNER

16. Did you eat an evening meal (dinner) yesterday?

1. Yes
2. No (Go to SNACKS)
8. DON'T KNOW (Go to SNACKS)
9. REFUSED (Go to SNACKS)

DNRFV

17. Did you have any fruit, vegetables, salad, or 100% juice for your evening meal (dinner) yesterday?

- 1. Yes
- 2. No (Go to SNACKS)
- 8. DON'T KNOW (Go to SNACKS)
- 9. REFUSED (Go to SNACKS)

DINNERFV (MODIFIED: 2009)

18. Which fruit, vegetables, salad or 100% juice did you have at your evening meal (dinner) yesterday? Include fruits and vegetables in mixed dishes like stew, chili, pasta, and stir-fried dishes. DO NOT include potato chips or French fries. (*List up to five types.*)

IF MIXED ITEMS: PROBE to ID the main item

- DNRFV1
- DNRFV2
- DNRFV3
- DNRFV4
- DNRFV5
- DNRFV6
- DNRFV7
- DNRFV8
- DNRFV9
- DNRFV10

**if DNRFV1-DNRFV10="Green Salad, Mixed Green Salad, or Salad," go to DNRSLD
else go to DNRPOT**

DNRSLD

19. Was there lettuce or any other greens in the salad?

- 1. Yes
- 2. No
- 8. Don't know
- 9. Refused

DNRSDA-DNRSDB

20. Other than lettuce, what were the main one or two ingredients? EX. [Enter GREEN SALAD/INGREDIENT #1/INGREDIENT #2] [F6 = No other ingredients]

DNRSDA

DNRSDB

if DNRFV1-DNRV10= POTATO, go to DNRPOT;

else go to DNRSV1

DNRPOT (MODIFIED: 2009)

- 21. How were your potatoes prepared?
 - 1. Baked, Roasted
 - 2. Mashed
 - 3. Fried/French Fries/Hash Browns, etc
 - 4. Other
 - 8. DON'T KNOW
 - 9. REFUSED

DNRSV1-DNRSV10

22. How many servings of (DNRFV1-DNRFV10) did you eat for your evening meal?

Number of Servings

DNRSV1

DNRSV2

DNRSV3

DNRSV4

DNRSV5

DNRSV6

DNRSV7

DNRSV8

DNRSV9

DNRSV10

SNACKS

23. Did you eat any other meals or snacks yesterday (other than the meals you just told me about)?

- 1. Yes
- 2. No (Go to FRTTOT)
- 8. DON'T KNOW (Go to FRTTOT)
- 9. REFUSED (Go to FRTTOT)

SNKFV

24. Did your snacks include any fruits, vegetables, salad, or 100% juice?

- 1. Yes
- 2. No (Go to FRTTOT)
- 8. DON'T KNOW (Go to FRTTOT)
- 9. REFUSED (Go to FRTTOT)

SNACKFV (MODIFIED: 2009)

25. Which fruit, vegetables, salad or 100% juice did you have for a snack (other meal) yesterday? Include fruits and vegetables in mixed dishes like smoothies, burritos, juice bars, or fruit in flavored gelatin. DO NOT include potato chips or French fries. (*List up to five types.*)

IF MIXED ITEMS: PROBE to ID the main item

- SNKFV1
- SNKFV2
- SNKFV3
- SNKFV4
- SNKFV5
- SNKFV6
- SNKFV7
- SNKFV8
- SNKFV9
- SNKFV10

**if SNKFV1-SNKFV10="Green Salad, Mixed Green Salad, or Salad," go to SNKSLD;
else go to SNKPOT**

SNKSLD

26. Was there lettuce or any other greens in the salad?

- 1. Yes
- 2. No
- 8. Don't know
- 9. Refused

SNKSDA-SNKSDB

27. Other than lettuce, what were the main one or two ingredients? EX. [Enter INGREDIENT #1/INGREDIENT #2] [F6 = No other ingredients]

SNKSDA

SNKSDB

**if SNKFV1-SNKV10= POTATO, go to SNKPOT;
else go to SNKSV1**

SNKPOT (MODIFIED: 2009)

28. How were your potatoes prepared?

1. Baked, Roasted
2. Mashed
3. Fried/French Fries/Hash Browns, etc
4. Other
8. DON'T KNOW
9. REFUSED

SNKSV (SNKSV1-SNKSV10)

29. How many servings of (SNKFV1-SNKV10) did you eat for your snack?

SNKSV1

SNKSV2

SNKSV3

SNKSV4

SNKSV5

SNKSV6

SNKSV7

SNKSV8

SNKSV9

SNKSV10

**if BREAKFV = YES or LUNCHFV = YES or DNRFV = YES or SNKFV = YES, go to
FRTTOT; else go to FRTVEG**

FRTTOT (NEW: 2005)

30. Yesterday, how many total servings of fruits do you think you ate (drank)?

___ Enter Number

0. None (F6)

88. DON'T KNOW/NOT SURE

99. REFUSED

If FRTTOT NE 0, ask FRTCUPS; else go to VEGTOT

FRTCUPS (NEW: 2005)

31. How many cups of fruit do you think that was?

___ Enter Number

88. DON'T KNOW/NOT SURE

99. REFUSED

VEGTOT (NEW: 2005)

32. Yesterday, how many total servings of vegetables do you think you ate (drank)?

___ Enter Number:

0. None (F6)

88. DON'T KNOW/NOT SURE

99. REFUSED

if VEGTOT NE 0, go to VEGCUPS; else go to FRTVEG

VEGCUPS (NEW: 2005)

33. How many cups of vegetables do you think that was?

___ Enter Number

88. DON'T KNOW/NOT SURE

99. REFUSED

FRTVEG

34. How many total servings of fruits and vegetables do YOU think YOU personally should eat every day for good health? That's a combined total of BOTH fruits and vegetables.

___ Enter Number

0. None (F6) (Go to FTVGMORE)

88. DON'T KNOW/NOT SURE

99. REFUSED

FRVGCUP (NEW: 2005)

35. How many cups of fruits and vegetables do you think that is?

___ Enter Number:

88. DON'T KNOW/NOT SURE

99. REFUSED

FTVGMORE (MODIFIED: 2009)

36. Do you think you eat the right amount of fruits *and* vegetables now, or do you think you should eat less or more?

1. Eat right amount
2. Should eat more
3. Should eat less
8. DON'T KNOW/NOT SURE
9. REFUSED

WATER (NEW: 2011)

37. Yesterday, how many cups of water did you drink? A cup is 8 oz. Count a regular size water bottle as 2 cups.

___ Enter number

88. DON'T KNOW/NOT SURE
99. REFUSED

MILKNBR (MODIFIED: 2011, 2009, 2001)

38. Yesterday, how many glasses of milk or drinks made with milk, such as chocolate milk, chai, latte, or milk on cereal did you have? A glass is 8 ounces or 1 cup. [INTERVIEWER: Only dairy products, including lactose-free and goat milk; Do not include soy, rice, or almond milk]

___ Enter number

88. DON'T KNOW/NOT SURE
99. REFUSED

if MILKNBR NE 0, go to PERFAT2; else go to CHEESE2

PERFAT2

39. Was the milk you drank or used whole milk, reduced fat or 2%, lowfat or 1%, or nonfat or skim? [INTERVIEWER: If more than one kind ask, "Which kind did you drink the most?"; INTERVIEWER: If he/she says "Vitamin D milk", probe if they mean whole milk]

1. WHOLE milk
2. Reduced Fat (2%)
3. Lowfat (1%)
4. Nonfat (SKIM)
8. DON'T KNOW/NOT SURE
9. REFUSED

CHEESE2 (MODIFIED: 2009, 2005)

40. Yesterday, how many servings of cheese did you have, for example, a cheeseburger, pizza, in a casserole, on a sandwich, or as a snack?

(ROUND UP TO THE NEAREST SERVING)

___ Enter number

- 0. None (F6)
- 88. DON'T KNOW/NOT SURE
- 99. REFUSED

YOGURT (MODIFIED: 2011, 2009)

41. Yesterday, how many servings of yogurt did you eat? **Do not** include frozen yogurt. A serving is a regular size cup of yogurt. Include yogurt drinks.

(ROUND UP TO THE NEAREST SERVING)

___ Enter number

- 0. None (F6)
- 88. DON'T KNOW/NOT SURE
- 99. REFUSED

SODA (MODIFIED: 2011; NEW: 2001)

42. Yesterday, how many cans or glasses of regular soda or sweetened non-carbonated beverages such as Gatorade, Tampico (Spanish only), Arizona Iced Tea (English only), Sunny Delight, or Kool-Aid, did you drink? Do not include diet or sugar free beverages.

(ROUND UP TO THE NEAREST SERVING)

___ Enter number

- 0. None (F6)
- 88. DON'T KNOW/NOT SURE
- 99. REFUSED

ENERGY (NEW: 2009)

43. Yesterday, how many cans of energy drinks, such as Red Bull, Rockstar, or Monster, did you drink? Count large cans as two cans. Do not include sugar free drinks or energy "shots".

(ROUND UP TO THE NEAREST SERVING)

___ Enter number

- 0. None (F6)
- 88. DON'T KNOW/NOT SURE
- 99. REFUSED

GRNSRV (MODIFIED: 2011, 2009, 2001)

44. Yesterday, how many servings of whole grain or high fiber bread, such as 100% whole wheat or whole wheat tortillas did you have? A serving is one slice of bread, one tortilla, ½ an English muffin, or a small dinner roll.

(ROUND UP TO THE NEAREST SERVING)

___ Enter number

- 0. None (F6)
- 88. DON'T KNOW/NOT SURE
- 99. REFUSED

GRNSRV2 (NEW: 2009)

45. Yesterday, how many servings of whole grains, such as whole wheat pasta, brown rice, wild rice, quinoa, bulgur, or barley did you have?

(ROUND UP TO THE NEAREST SERVING)

___ Enter number

- 0. None (F6)
- 88. DON'T KNOW/NOT SURE
- 99. REFUSED

BEANS (MODIFIED: 2011, 2009)

46. Yesterday, how many servings of beans, such as kidney beans, chili beans, bean soup, bean salad, or lentils did you have? Do not include green beans.

(ROUND UP TO THE NEAREST SERVING)

___ Enter number

- 0. None (F6)
- 88. DON'T KNOW/NOT SURE
- 99. REFUSED

SOY (MODIFIED: 2011, 2009; NEW: 2001)

47. Yesterday, how many servings of soy products, such as edamame, soy burgers, tofu, or soy milk did you have?

(ROUND UP TO THE NEAREST SERVING)

___ Enter Number

- 0. None (F6)
- 88. DON'T KNOW/NOT SURE
- 99. REFUSED

BOWLS (MODIFIED: 2009; NEW: 1999)

48. Yesterday, how many bowls of hot cereal, like oatmeal, or cold cereal did you have?
(ROUND UP TO THE NEAREST BOWL)

___ Enter number

88. DON'T KNOW/NOT SURE

99. REFUSED

if BOWLS NE 0, go to CERNAME; else go to PASTRY2

CERNAME

49. What was the name of the cereal you ate yesterday? (note: if more than one cereal was eaten, record the two varieties eaten the most; if cereal name is unfamiliar, ask brand; if store brand, ask for store name)

1. _____ cereal name

2. _____ cereal name

8. DON'T KNOW/NOT SURE

9. REFUSED

PASTRY2 (MODIFIED: 2009, 2005)

50. Yesterday, how many servings of breakfast pastries like doughnuts, Danish, sweet rolls, muffins, croissants or pop tarts did you eat?

___ Enter number

88. DON'T KNOW/NOT SURE

99. REFUSED

FRIED (MODIFIED: 2009)

51. Yesterday, how many servings of deep-fried foods like French fries, fried chicken, chicken nuggets, fried fish, fried shrimp or onion rings did you eat?

___ Enter number

88. DON'T KNOW/NOT SURE

99. REFUSED

CHIPS (MODIFIED: 2009)

52. Yesterday, how many servings of potato chips, corn chips, cheese puffs, pork rinds or other fried snack foods did you eat? Do not include reduced fat or fat-free items.

___ Enter number

88. DON'T KNOW/NOT SURE

99. REFUSED

DESSERT2 (MODIFIED: 2011, 2009, 2005)

53. Yesterday, how many servings of sweets like cake, pie, cookies, brownies, ice cream, candy bars or other candy did you eat?

____ Enter number

88. DON'T KNOW/NOT SURE

99. REFUSED

FFNBR2 (MODIFIED: 2009, 2005)

54. Yesterday, how many of your meals or snacks came from a fast food restaurant (such as McDonalds, Carl's Jr., Taco Bell, Burger King, KFC, Pizza Hut, Jack in the Box, or a food court)?

____ Enter number

88. DON'T KNOW/NOT SURE

99. REFUSED

RESTNBR2 (MODIFIED: 2005; New: 2001)

55. Yesterday, how many meals or snacks came from a restaurant that is NOT a fast food restaurant?

____ Enter number

88. DON'T KNOW/NOT SURE

99. REFUSED

FFTIMITES (NEW: 2003)

56. In the last 7 days, how many times did you eat a meal or snack from a fast food restaurant?

____ Enter number

0. None (F6)

88. DON'T KNOW/NOT SURE

99. REFUSED

RESTFV (NEW: 2009; MODIFIED: 2011)

57. When you eat out, how often do you substitute a fruit, vegetable, or salad for fried potatoes?
Always, often, sometimes, seldom, or never.

1. Always
2. Often
3. Sometimes
4. Seldom
5. Never
8. DON'T KNOW/NOT SURE
9. REFUSED
9. Refused

Now some questions about fruits and vegetables.

FRVGREAS (MODIFIED response categories: 2009, 2007, 2003; Modified 2001; New 1999)

58. What is the one main reason you don't eat more fruits and vegetables?
(Do not read responses)

1. Too expensive
2. NOT SURE how to tell if the quality is good/NOT SURE how to select
3. Other people in the family don't like them
4. Take too much time to prepare and cook
5. Lots of fruits and vegetables that I'm NOT SURE how to fix
6. Don't like the taste
7. Not in habit/don't think about it/not used to eating them
8. Don't have them available, lack of access
9. They are not available at work
10. They are not available at restaurants
11. They are not available in my neighborhood
12. They are messy
13. Concerned about safety: pesticides, genetically engineered foods
14. Concerned about safety: bacteria, salmonella, e coli
15. I believe I eat enough now
16. Spoil too fast
17. Health reasons
18. Not hungry/no appetite
19. Inconvenient to go to store
20. Quality is poor
21. Make other food choices
22. Diet
98. Other (specify): _____
88. DON'T KNOW
99. REFUSED

ADTV (MODIFIED: 2009, 2007, NEW: 2001)

59. Are you aware of advertisements currently on television or billboards that point out how important it is for you and your family to make healthy food choices like eating more fruits and vegetables?

1. Yes
2. No (Go to FVMKT2)
8. DON'T KNOW (Go to FVMKT2)
9. REFUSED (Go to FVMKT2)

ADTVMSG (MODIFIED response categories: 2011, 2009, 2007, NEW: 2001)

60. What is the message in the advertisements?

(Do not read)

1. Eat 5 A Day
 2. Eat 5 A Day and do 30 minutes of Physical Activity
 3. Fruits and Veggies, More Matters
 4. More Matters
 5. Champions for Change
 6. Network for a Healthy California
 7. Eat Fruits and Vegetables
 8. Be Active
 9. Healthy Habits (Sleep, Drink Water, Don't Smoke, etc)
 10. How to prepare/cook fruits and vegetables
 11. Eat more than 5-a-day
 12. Eat less than 5-a-day
 13. Eat more fruits and vegetables
 14. Eat Californian grown
 15. Fruits and vegetables are good for you
 16. My kitchen, my rules/my TV, my rules
 17. Getting the store to stock healthier food/getting healthier food served at school/other community change
 18. It's hard to get kids to eat fruits and vegetables
 19. It would be hard to see my child get teased for being overweight or get a disease like diabetes
 20. It's hard to tell my kids they can't have junk food
98. Other Specify _____
88. DON'T KNOW
99. REFUSED

FVMKT2 (MODIFIED: 2005; New: 2003)

61. In your neighborhood, how often can you easily find a variety of good quality, affordable, fresh fruits and vegetables that you want? Would you say...

1. Always
2. Often
3. Sometimes
4. Seldom
5. Never
8. Don't know
9. Refused

Please say whether you agree or disagree with the following statements.

FVREST (MODIFIED: 1999, 1997, 1995 [slightly])

62. It's hard to get fruits and vegetables at restaurants. For yourself, do you AGREE or DISAGREE?

1. Agree
2. Disagree
7. Never eats at restaurants (F6)
8. DON'T KNOW/NOT SURE
9. REFUSED

FVFF (NEW: 1999)

63. It's hard to get fruits and vegetables at fast food restaurants. For yourself, do you AGREE or DISAGREE?

1. Agree
2. Disagree
7. Never eats at fast food restaurant (F6)
8. DON'T KNOW/NOT SURE
9. REFUSED

FVWORK (MODIFIED: 2009, 1997, 1995 [slightly])

64. It's hard to get fruits and vegetables at work, such as in the cafeteria, vending machines, food trucks or nearby restaurants. For yourself, do you AGREE or DISAGREE?

1. Agree
2. Disagree
3. Do not work
8. DON'T KNOW/NOT SURE
9. REFUSED

FVCOST (MODIFIED: 2009)

65. Fresh fruits and vegetables are too expensive. For yourself, do you AGREE or DISAGREE?

1. Agree
2. Disagree
8. DON'T KNOW/NOT SURE
9. REFUSED

Next I would like to ask you a few more questions about fruits and vegetables

FTVGREC (MODIFIED: 2007)

66. Have you heard of any recommendations on the total number of cups of fruits and vegetables you personally SHOULD eat every day for good health?

1. Yes
2. No (Go to HRDMSRV2)
8. DON'T KNOW/NOT SURE (Go to HRDMSRV2)
9. REFUSED (Go to HRDMSRV2)

RECSRV (MODIFIED: 2007)

67. What is the recommended number of cups YOU personally need for good health?

- ____ Enter Number
88. DON'T KNOW/NOT SURE
 99. REFUSED

RECWHR (MODIFIED: 2011, 2007, NEW: 2001)

68. Where did you hear the recommendation of cups of fruits and vegetables you should eat everyday for good health? (Check all that apply) (Do not read responses)

	Yes	No	DK	RF	
1. Work	1	2	8	9	(RECWH_A)
2. Materials Brought Home from School	1	2	8	9	(RECWH_B)
3. Supermarket	1	2	8	9	(RECWH_C)
4. Farmer's Market	1	2	8	9	(RECWH_D)
5. TV	1	2	8	9	(RECWH_E)
6. Radio	1	2	8	9	(RECWH_F)
7. Church	1	2	8	9	(RECWH_G)
8. Family/Friends	1	2	8	9	(RECWH_H)
9. Doctor's Office/Health Care Provider's Office	1	2	8	9	(RECWH_I)
10. Other (specify)	1	2	8	9	(RECWH_J)
11. Magazine	1	2	8	9	(RECWH_K)
12. Newspaper	1	2	8	9	(RECWH_L)
13. Internet	1	2	8	9	(RECWH_M)
14. WIC	1	2	8	9	(RECWH_N)
15. Food Stamp office	1	2	8	9	(RECWH_O)
16. Festivals/Health Fairs	1	2	8	9	(RECWH_P)

68.5 Text Response for RECWH_J

RECWH TXT

HRDMSRV2 (MODIFIED: 2007, 2005)

69. What is the total number of cups of milk products that is recommended you SHOULD have every day for good health?

(INTERVIEWER: This includes milk, cheese and yogurt. It does not include ice cream. Milk refers to the milk of any animal, but does not include soy, rice, or almond milk.)

(INTERVIEWER: Do not probe a Don't Know.)

___ Enter Number

0. None (F6)

88. DON'T KNOW/NOT SURE

99. REFUSED

Now I'd like to ask you some questions about shopping for food.

GROCSHOP

70. Do you usually do most of the grocery shopping in your household?

- 1. Yes
- 2. No (Go to FARMKT)
- 8. DON'T KNOW/NOT SURE (Go to FARMKT)
- 9. REFUSED (Go to FARMKT)

GROCX (MODIFIED: 2009, 1997, 1995 [slightly])

71. How many times per week or month do you shop for food?
(INTERVIEWER: Respondent only. This includes on-line shopping.)

- ___ Times per week (GROCX_A) (GROCX_A1)
- ___ Times per month
- 999. Less than once per month
- 4. Never (F6) (Go to FARMKT)
- 88. DON'T KNOW/NOT SURE (Go to FARMKT)
- 99. REFUSED (Go to FARMKT)

GROCSTOR (NEW: 2009; MODIFIED: 2011)

72. In what type of store do you buy most of your groceries? (Probe with examples in parentheses if needed)

- 1. Large supermarket or grocery store (Such as Von's, Safeway, or Ralph's)
- 2. Small grocery store (Such as Trader Joe's or Fresh & Easy)
- 3. Corner market (Such as a small local store with only limited items)
- 4. Warehouse or superstore (Such as Costco, Sam's Club, or Walmart)
- 5. Fruit and vegetable stand or farmers' market
- 6. Coop
- 7. Dollar or 99¢ Store
- 8.. Other (specify): _____
- 88. DON'T KNOW/NOT SURE
- 99. REFUSED

GROCFV (NEW: 2011)

73. In what type of store do you buy most of your fruit and vegetables? (Probe with examples in parentheses if needed)

1. Large supermarket or grocery store (Such as Von's, Safeway, or Ralph's)
2. Small grocery store (Such as Trader Joe's or Fresh & Easy)
3. Corner market (Such as a small local store with only limited items)
4. Warehouse or superstore (Such as Costco, Sam's Club, or Walmart)
5. Fruit and vegetable stand or farmers' market
6. Coop
7. Dollar or 99¢ Store
8. Community Supported Agriculture (CSA)
- 9.. Other (specify): _____
88. DON'T KNOW/NOT SURE
99. REFUSED

FARMMKT (NEW: 2011)

74. During the summer, how much of your fruit and vegetables do you buy from a farmers' market or farm stand?

0. None
1. A little
2. About half
3. Most
4. Almost all
88. DON'T KNOW/NOT SURE
99. REFUSED

PRODAD (MODIFIED: 2011, 2009)

75. In the produce section of your grocery store, have you ever seen any banners, posters, pamphlets, shelf signs or special recipes about the amount of fruits and vegetables to eat for better health?

1. Yes
2. No (Go to FVDYHRD)
8. DON'T KNOW/NOT SURE (Go to FVDYHRD)
9. REFUSED (Go to FVDYHRD)

PROENC (NEW: 2007)

76. Did seeing these materials encourage you to purchase more fruits and vegetables?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

ADREAD

77. How often do you read the information or take it home with you?

1. Often
2. Sometimes
3. Rarely
4. Never
8. DON'T KNOW/NOT SURE
9. REFUSED

FVDYHRD (MODIFIED: 2007, NEW: 2001)

78. Have you heard of the Network for a Healthy California: Champions for Change?

1. Yes
2. No (Go to WATCHTV)
8. DON'T KNOW/NOT SURE (Go to WATCHTV)
9. REFUSED (Go to WATCHTV)

FVDYABT (MODIFIED: 2009, 2007, NEW: 2001)

79. What is the Network for a Healthy California: Champions for Change about? (DO NOT READ)

1. Eating more fruits and vegetables
2. Eating more fruits and vegetables and being active
3. Being physically active
4. Nutrition and Exercise (general)
5. Healthy Habits (Sleep, Drink Water, Don't Smoke, etc)
6. Speak up for healthy changes
7. Rules in my kitchen
8. Turn off the television
9. Get out and play
10. (Health/Dietary) Changes are hard
11. Other (specify)
88. DON'T KNOW/NOT SURE
99. REFUSED

The next few questions are about exercise, recreation, or physical activity.

WATCHTV (MODIFIED: 2009; NEW: 2003)

80. Yesterday, how much time did you spend watching TV?

___ Minutes (WATCH_B)

___ Hours (WATCH_A)

0. None (F6)

888. DON'T KNOW/NOT SURE

999. REFUSED

INTERNET (MODIFIED: 2011; NEW: 2009)

81. Yesterday, how much time did you spend browsing the internet, playing video games, or watching videos/DVDs for recreation?

___ Minutes

___ Hours

0. None (F6)

888. DON'T KNOW/NOT SURE

999. REFUSED

COMPUTER (NEW: 2011)

82. Yesterday, how much time did you spend browsing the internet or using the computer for work, such as job related activities or other household business?

___ Minutes

___ Hours

0. None (F6)

888. DON'T KNOW/NOT SURE

999. REFUSED

EXERWORK (MODIFIED: 2011; NEW: 2001)

83. When you are at work, which of the following best describes what you do? Would you say mostly sitting, mostly standing, mostly walking, or mostly heavy labor or physically demanding work? (IF RESPONDENTS HAVE MULTIPLE JOBS, INCLUDE ALL JOBS)

1. Mostly sitting
2. Mostly standing
3. Mostly walking
4. Mostly heavy labor or physically demanding work
5. NOT WORKING (do not read)
8. DON'T KNOW/NOT SURE
9. REFUSED

The next few questions are about exercise, recreation, or physical activities other than your regular job duties. **INTERVIEWER: If respondent does not have a “regular job duty” or is retired, they may count the physical activity or exercise they spend the most time doing in a regular month.**

PAMONTH (NEW: 2011)

84. During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

1. Yes
2. No (Go to STRENGTH)
8. Don't know / Not sure (Go to STRENGTH)
9. Refused (Go to STRENGTH)

PAMOST1 (NEW: 2011)

85. What type of physical activity or exercise did you spend the most time doing during the past month?

_____ (Specify) (See Coding List A)

88. No other physical activity
99. Refused (Go to STRENGTH)

INTERVIEWER: If the respondent's activity is yoga, Pilates, Tai Chi, or weight lifting please repeat the question to respondent using the following lead-in, “Other than [respondent's activity],” what type of physical activity or exercise did you spend the most time doing during the past month?

INTERVIEWER: Housework may be included as a physical activity or exercise spent and can be coded as “Other”.

PATIMES1 (NEW: 2011)

86. How many times per week or per month did you take part in this activity during the past month?

___ Times per week

___ Times per month

888. Don't know / Not sure

999. Refused

PAMIN1 (NEW: 2011)

87. And when you took part in this activity, for how many minutes or hours did you usually keep at it?

___ Hours

___ Minutes

888. Don't know / Not sure

999. Refused

PAMOST2 (NEW: 2011)

88. What other type of physical activity gave you the next most exercise during the past month?

_____ (Specify) (See Coding List A)

88. No other physical activity

99. Refused (Go to STRENGTH)

INTERVIEWER: If the respondent's activity is yoga, Pilates, Tai Chi, or weight lifting please repeat the question to respondent using the following lead-in, "Other than [respondent's activity]," what type of physical activity or exercise did you spend the most time doing during the past month?

INTERVIEWER: Housework may be included as a physical activity or exercise spent and can be coded as "Other".

PATIMES2 (NEW: 2011)

89. How many times per week or per month did you take part in this activity during the past month?

___ Times per week

___ Times per month

888. Don't know / Not sure

999. Refused

PAMIN2 (NEW: 2011)

90. And when you took part in this activity, for how many minutes or hours did you usually keep at it?

___ Hours

___ Minutes

888. Don't know / Not sure

999. Refused

STRENGTH (NEW: 2011)

91. During the past month, how many times per week or per month did you do physical activities or exercises to STRENGTHEN your muscles? Do NOT count aerobic activities like walking, running, or bicycling. Count activities using your own body weight like yoga, sit-ups or push-ups and those using weight machines, free weights, or elastic bands.

___ Times per week

___ Times per month

88. DON'T KNOW/NOT SURE

99. REFUSED

MINPAEHB (New: 2009; Modified: 2011)

92. How much time per week have you heard adults should spend doing moderate and vigorous physical activity to maintain good health?

___ Minutes

___ Hours

88. DON'T KNOW/NOT SURE

99. REFUSED

REASPA (NEW: 2001)

93. What is the main reason that you are not more physically active (choose one)? (Do not read)

1. Already exercise enough
2. Not enough time/too busy
3. Don't find exercise enjoyable/boring
4. Do not have parks, trails, healthclubs, etc., to exercise at
5. Unsafe Neighborhood to exercise in
6. Lack self-motivation
7. Fear of injury
8. Lack encouragement from others
9. Lack of confidence
10. Lazy
11. Health reasons/conditions
12. Too tired
13. Older\too old
14. Weather conditions (too hot)
15. Child care unavailable
98. Other (specify): _____
88. DON'T KNOW/NOT SURE
99. REFUSED

EMPLOY (NEW: 2003)

94. Are you currently: Employed for wages – full-time , Employed for wages – part-time , Self-employed, Out of work for less than 1 year , Out of work for more than 1 year, Homemaker, Student, Retired or Disabled and unable to work?

1. Employed for wages – full-time
2. Employed for wages – part-time
3. Self-employed
4. Out of work for less than 1 year (Go to SAFEWALK)
5. Out of work for more than 1 year (Go to SAFEWALK)
6. Homemaker (Go to SAFEWALK)
7. Student (Go to SAFEWALK)
8. Retired or (Go to SAFEWALK)
9. Disabled and unable to work. (Go to SAFEWALK)
88. None of the above (do not read) (Go to SAFEWALK)
77. Don't know (do not read) (Go to SAFEWALK)
99. Refused (do not read) (Go to SAFEWALK)

WORKHOME (NEW: 2009)

95. Do you exclusively work from home?

- 1. Yes (Go to SAFEWALK)
- 2. No
- 88. DON'T KNOW/NOT SURE
- 99. REFUSED

WORKLUN (MODIFIED: 2011; NEW: 2009)

96. Do you usually bring your lunch from home, buy your meals at or near where you work or both?

- 1. Bring lunch from home
- 2. Buy lunch at or near work
- 3. Both
- 4. Skip/Don't eat lunch
- 88. DON'T KNOW/NOT SURE
- 99. REFUSED

WORKCAFE (NEW: 2003)

97. Does your worksite have a cafeteria, snack bar, or food service for employees (do not include catering trucks)?

- 1. Yes
- 2. No (Go to WKFRTOFT)
- 8. DON'T KNOW/NOT SURE (Go to WKFRTOFT)
- 9. REFUSED (Go to WKFRTOFT)

CAFEFV (MODIFIED: 2011; NEW: 2003)

98. Do any of them provide affordable FRESH fruits and vegetables on a daily basis?
[INTERVIEWER: This question refers to FRESH fruit and FRESH vegetables only.]

- 1. Yes
- 2. No
- 8. DON'T KNOW/NOT SURE
- 9. REFUSED

EATCAFE (NEW: 2011)

99. Yesterday, did you eat food from your worksite cafeteria, snack bar, or food service?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

WKFRTOFT (NEW: 2003)

100. When you are at work, how often do you buy fruit either at or near your worksite? Would you say...

1. Most days
2. Some days
3. Rarely
4. Never
8. DON'T KNOW/NOT SURE
9. REFUSED

WKVEGOFT (NEW: 2003)

101. When you are at work, how often do you buy vegetables either at or near your worksite? Would you say...

1. Most days
2. Some days
3. Rarely
4. Never
8. DON'T KNOW/NOT SURE
9. REFUSED

VENDFV (MODIFIED: 2009; NEW: 2003)

102. Are affordable vegetables, fresh fruits, or dried fruits usually available in vending machines at your worksite?

1. Yes
2. No
3. No vending machines present
8. DON'T KNOW/NOT SURE
9. REFUSED

WORKFV (MODIFIED: 2009; NEW: 2007)

103. Does your employer provide you with an onsite farmers' market, weekly produce delivery from local farmers or weekly free snacks of fresh fruit?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

WORKREST (NEW: 2003)

104. Are there restaurants, fast food places, delis, catering trucks or markets within walking distance of your worksite?

1. Yes
2. No (Go to WORKFAC)
8. DON'T KNOW/NOT SURE (Go to WORKFAC)
9. REFUSED (Go to WORKFAC)

RESTFV (NEW: 2003)

105. Do these restaurants, fast food places, delis, catering trucks or markets provide affordable FRESH fruits and vegetables on a daily basis?

[INTERVIEWER: This question refers to FRESH fruit and FRESH vegetables only.]

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

WORKFAC (NEW: 2003)

106. Are indoor or outdoor facilities available at your worksite that make it easier for you to be physically active during your work hours? (Examples include an indoor area set aside for exercise, aerobic or strength training equipment, walking/jogging trails, or a locker room with showers.)

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

WORKBEN (MODIFIED: 2009; NEW: 2003)

107. Does your employer provide any physical activity benefits such as a health club membership, exercise classes, release time for physical activity, or an employee sports teams?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

Next I am going to ask you about your neighborhood.

SAFEWALK (MODIFIED: 2009; NEW: 2003)

108. In your home neighborhood, are the sidewalks, shoulders of the road, trails, or parks safe for walking, running, or biking?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

WALKCOND (NEW: 2003)

109. How pleasant are the sidewalks, shoulders of the road, trails, or parks in your home neighborhood? For example, are there trees, proper lighting, and is it clean. Would you say: Very Pleasant, Somewhat Pleasant, Somewhat Unpleasant, or Very Unpleasant?

1. Very pleasant
2. Somewhat pleasant
3. Somewhat unpleasant
4. Very unpleasant
8. DON'T KNOW/NOT SURE
9. REFUSED

SAFEGYM (NEW: 2003)

110. In your home neighborhood, do you have access to safe public indoor or outdoor exercise facilities, such as tracks, basketball or tennis courts, swimming pools, or school gyms?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

GARDEN (MODIFIED: 2001; New: 1999)

111. As an adult, have you ever worked in a garden to grow fruits and vegetables?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

HEALTHINS (NEW: 2007)

112. Does your health insurance offer to reduce your premium for reducing your weight or exercising regularly?

1. No health insurance
2. Yes
3. No
8. DON'T KNOW/NOT SURE
9. REFUSED

EMPINCEN (NEW: 2011)

113. Do you think a person's employer should be able to offer financial incentives, such as reduced insurance premiums or lower copays, for losing weight, eating healthy, or exercising regularly?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

**if CHILD18 > 0 ask SCHLFOOD;
Else go to LIMFF**

SCHLFOOD (NEW: 2011)

114. In general, do you think the meals offered by your child's school cafeteria are healthy?

1. Yes
2. No
3. Yes for one child; no for another child (if CHILD18>1)
4. My child does not attend school
8. DON'T KNOW/NOT SURE
9. REFUSED

LIMFF (NEW: 2005)

115. Do you think that local governments should do more to limit the number of new fast food restaurants in your neighborhood?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

Please tell me how much you agree or disagree with the following statements.

TVAD (MODIFIED: 2007, NEW: 1999)

116. TV advertising encourages people to eat too much food. Do you agree or disagree?

1. Agree
2. Disagree
8. DON'T KNOW/ NO OPINION
9. REFUSED

ADVCHLD (MODIFIED: 2009; NEW: 2005)

117. Fast food companies should be restricted in how they advertise or promote their products to children. Do you strongly agree, somewhat agree, neither agree nor disagree, somewhat disagree, or strongly disagree?

1. Strongly agree
2. Somewhat agree
3. Neither agree nor disagree
4. Somewhat disagree
5. Strongly disagree
88. DON'T KNOW/NOT SURE
99. REFUSED

Next, I am going to ask a few questions about you and your general health.

SMOKE (NEW: 2001)

118. Think about the last 30 days. On how many of these days did you smoke cigarettes or other tobacco products?

___ of 30 days

88. DON'T KNOW/NOT SURE

99. REFUSED

HEIGHT (NEW: 1999)

119. How tall are you without shoes?

___ # of feet

___ # of inches

8. DON'T KNOW/NOT SURE

9. REFUSED

WEIGHT (NEW: 1999)

120. How much do you weigh?

___ Enter pounds

888. DON'T KNOW

999. REFUSED

WEIGHDAY (NEW: 2009)

121. Think about the last 30 days. On how many of these days did you weigh yourself?

___ Number of days

88. DON'T KNOW/NOT SURE

99. REFUSED

WGHTTHK (MODIFIED: 2001; New 1999)

122. Do you consider yourself to be overweight, underweight, or about average for your height?

1. Overweight

2. Underweight

3. About average

8. DON'T KNOW

9. REFUSED

LOSEWGHT (NEW: 1999)

123. Are you presently trying to lose weight?

- 1. Yes
- 2. No (Go to LOSTTEN2)
- 8. DON'T KNOW (Go to LOSTTEN2)
- 9. REFUSED (Go to LOSTTEN2)

LOSEHOW (MODIFIED response categories: 2009, 2003; New: 1999)

124. What is the main thing you are doing to lose weight? (Do not read responses)

- 1. Eat less, fewer calories
- 2. Exercise more
- 3. Eat less/fewer calories and Exercise More (for respondents who say that they are doing both).
- 4. Behavior Modification, Self-observation (logs)
- 5. Taken medication prescribed by a doctor
- 6. Taken over-the counter dietary supplements, vitamins, or weight loss drugs (not prescribed by a physician)
- 7. Laxatives, purging
- 8. Joined Weight Watchers, Jenny Craig, Overeaters Anonymous, etc
- 9. Liquid Diet
- 10. Smoke Cigarettes
- 11. Medical Procedures: Liposuction, Stomach Staple, Gastric Bypass etc
- 12. Decreasing portion sizes, eating smaller helpings.
- 13. Decreasing TV time
- 14. Atkin's diet/low carb diet
- 15. Eating more fruits and vegetables
- 16. Drinking more water
- 17. Improving healthy eating habits
- 18. Nothing
- 19. Not eating after a specific time
- 20. (Losing weight because of) Health issues (stress, depression, pregnancy, etc.)
- 21. Drink less alcohol
- 22. Fasting
- 23. Meal replacement diets i.e. Slim-Fast, Medifast, meal replacement bars
- 98. Other (Specify)
- 88. DON'T KNOW/NOT SURE
- 99. REFUSED

LOSTTEN2 (MODIFIED: 2005; New: 1999)

125. Have you ever lost at least 10 pounds and kept it off for one year or more?

- 1. Yes
- 2. No
- 8. DON'T KNOW
- 9. REFUSED

**if WGHTTHK = overweight or about average ask HPLOSE;
Else go to AGE**

HPLOSE (NEW: 2011)

126. Has your health care provider ever told you to lose weight?

- 1. Yes
- 2. No
- 8. DON'T KNOW/NOT SURE
- 9. REFUSED

Now, I'd like to ask a few questions about you.

AGE (NEW: 1995)

127. How old were you on your last birthday?

INTERVIEWER: IF OLDER THAN 99 YEARS, CODE AS 99.

____ Enter age

- 8. DON'T KNOW/NOT SURE
- 9. REFUSED

RACEETH (MODIFIED: 2009; NEW: 2001)

128. To which one or more of these groups do you belong? (Multiple response, read responses)

	Yes	No	DK	RF	
1. African American or Black	1	2	3	4	(RACEE_A)
2. Alaska Native	1	2	3	4	(RACEE_B)
3. American Indian	1	2	3	4	(RACEE_C)
4. Asian1	2	3	4		(RACEE_D)
5. Caucasian or White	1	2	3	4	(RACEE_E)
6. Filipino	1	2	3	4	(RACEE_F)
7. Latino or Hispanic	1	2	3	4	(RACEE_G)
8. Native Hawaiian	1	2	3	4	(RACEE_H)
9. Other Pacific Islander	1	2	3	4	(RACEE_I)
10. Other (specify)	1	2	3	4	(RACEE_J)

RACE_OTH

128.5 RACEE_J: Text response

**if RACEETH has more than one response, go to RACEETHB;
else go to LANGSPK**

RACEETHB (NEW: 2001)

129. Of these, which do you most identify with?

1. African American or Black
2. Alaska Native
3. American Indian
4. Asian
5. Caucasian or White
6. Filipino
7. Latino or Hispanic
8. Native Hawaiian
9. Other Pacific Islander
10. Other (specify) _____
11. (DO NOT READ) Both/All/Multi-Racial
12. (DO NOT READ) None of these
88. DON'T KNOW/NOT SURE
99. REFUSED

if RACEETH =7 or RACEETHB = 7, go to LANGSPK; else go to EDUCA

LANGSPK

130. What language(s) do you usually speak at home? (INTERVIEWER: READ LIST)

1. Only Spanish
2. Mostly Spanish
3. Both Spanish and English
4. Mostly English and some Spanish
5. Only English
6. Other
8. DON'T KNOW/NOT SURE
9. REFUSED

EDUCA

131. What is the highest year of school you completed?

1. Eighth grade or less
2. Some high school
3. High school grad or GED certificate
4. Some college
5. College graduate (Bachelor's degree)
6. Post-grad or professional degree
7. Other (specify)
8. DON'T KNOW/NOT SURE
9. REFUSED

INCOME (MODIFIED: 2001)

132. Which of the following categories best describes your annual household income from all sources before taxes:

(Read responses)

1. Less than \$10,000
2. \$10,000 to less than \$15,000
3. \$15,000 to less than \$20,000
4. \$20,000 to less than \$25,000
5. \$25,000 to less than \$35,000
6. \$35,000 to less than \$50,000
7. \$50,000 to less than \$65,000
8. \$65,000 or more
88. DON'T KNOW/NOT SURE (Go to NUMPHON2)
99. REFUSED (Go to NUMPHON2)

HHSIZE

133. *** Calculated variable do not ask ***(not formatted)
 Household size = ((NUMADULT-NHHADULT)+CHILD18)

Find the point on the table where HHSIZE and INCOME intersect.
 If there is a table value and the table value is LT the "less than" value of the response to INCOM02,
 go to THRESH02.

THRESH02 (NEW: 2003)

134. Is your annual household income above _____ (table look up for income and household size)? (This is an income threshold used for statistical purposes.)

- 1. Yes
- 2. No
- 8. Don't know / Not sure
- 9. Refused

INCOME	=	1	2	3	4	5	6	7	8
4		<10K	10-15K	15-20K	20-25K	25-35K	35-50K	50-65K	65K+
HHSIZE=	1		10,890/ 14,157		20,147				
(Household Size)	2		14,710	19,123		27,214			
	3			18,530	24,089	34,281			
	4				22,350	29,055	41,348		
	5					26,170/ 34,021	48,415		
	6					29,990	38,987	55,482	
	7					33,810	43,953	62,549	
	8						37,630/ 48,919		69,616
	9						41,450	53,885	76,683
	10						45,270	58,851	83,750
	11						49,090	63,817	90,817
	12							52,910	68,783/ 97,884
	13							56,730	73,749/ 104,951

(100%, 130%, and 185% of Federal Poverty Line; From: Federal Register, Jan.20, 2011.)

NUMPHON2

135. How many residential telephone numbers do you have? DO NOT include dedicated fax lines, computer lines, cellular and mobile phones.

- ____ Enter number:
- 88. DON'T KNOW/NOT SURE
 - 99. REFUSED

The next questions are about things your household may do that support healthy eating.

RULEJUNK (NEW: 2005, MODIFIED: 2011)

136. Does your family (Do you) limit the amount of soda and other sugary beverages in the house?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

RULEFF (NEW: 2005)

137. Does your family (Do you) limit the number of times per week or per month you eat at fast food restaurants?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

**if CHILD18 > 0 ask RULETV;
Else go to CUTMEAL**

RULETV (NEW: 2005)

138. Does your family limit the amount of time your children watch TV?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

RULEINT (MODIFIED: 2011; NEW: 2009)

139. Does your family limit the amount of time your children browse the internet, play video games, or watch videos/DVDs for recreation?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

CHILDTV (NEW: 2011)

140. Does your child have a TV in the room where they sleep?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

Please answer the following questions about the food eaten in your household in the last 12 months.

CUTMEAL (MODIFIED: 1999)

141. In the last 12 months, did you or other adults in your household ever cut the size of your meals or skip meals because there wasn't enough money for food?

1. Yes
2. No (Go to EATLESSC)
8. DON'T KNOW/NOT SURE (Go to EATLESSC)
9. REFUSED (Go to EATLESSC)

CUTOFT (MODIFIED: 1999)

142. How often did this happen in the last 12 months? Was it almost every month, most months, some months but not every month, or only one or two months in the last 12 months?

1. Almost every month
2. Most months
3. Some months but not every month
4. Only 1 or 2 months
8. DON'T KNOW/NOT SURE
9. REFUSED

EATLESSC (NEW: 2005)

143. In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money to buy food?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

EVHNGRY (NEW: 2005)

144. In the last 12 months, were you ever hungry but didn't eat because you couldn't afford enough food?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

EATOUT (NEW: 2009)

145. In the last 12 months, would you say you eat out more often, less often, or the same amount as the previous 12 months?

1. More often
2. Less often
3. Same amount
8. DON'T KNOW/NOT SURE
9. REFUSED

Now I'm going to read you a few statements that people have made about their food situation

FOODLAST (NEW: 2001) (Asked of Everyone)

146. The food that I bought just didn't last, and I didn't have money to get more. Was that often, sometimes, rarely, or never true for you or your household in the last 12 months?

1. Often
2. Sometimes
3. Rarely
4. Never True
8. DON'T KNOW/NOT SURE
9. REFUSED

FOODBLNC (NEW: 2001) (Asked of Everyone)

147. I couldn't afford to eat balanced meals. Was that often, sometimes, rarely, or never true for you or your household in the last 12 months?

1. Often
2. Sometimes
3. Rarely
4. Never True
8. DON'T KNOW/NOT SURE
9. REFUSED

FOODSTMP (Asked of EVERYONE)

148. In the last 12 months, have you or anyone in your household used Calfresh or food stamps to buy food?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

FOODASST (NEW: 2003) (Asked of Everyone)

149. In the last 12 months, have you received food assistance from a food bank, food pantry, or community kitchen?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

**if AGE < 55 and FEMALE, ask WIC
else go to ZIPCODE**

WIC (New: 2009) (Asked of women less than 55 yrs)

150. In the last 12 months, have you received food assistance from the WIC program?

1. Yes
2. No
8. DON'T KNOW/NOT SURE
9. REFUSED

ZIPCODE (NEW: 1999)

151. What is your zip code?

_____ Enter the five digit number

77777 Don't know / Not sure

99999 Refused

MARITAL (NEW: 2001)

152. Are you now married, living with a partner in a marriage-like relationship, widowed, divorced, separated, or never married?

1. Married
2. Living with partner
3. Widowed
4. Divorced
5. Separated
6. Never Married
8. DON'T KNOW/NOT SURE
9. REFUSED

Thank you very much. Those are all the questions I have. We really appreciate your help and the time you've given us. Good-bye.

INTERVIEWER:

Coding List A: Activity List (To be used for Questions 85 and 88)

Code Description (Physical Activity, Questions 85 and 88 above)

0 1 Active Gaming Devices (Wii Fit, Dance Dance revolution)	4 1 Rugby
0 2 Aerobics video or class	4 2 Scuba diving
0 3 Backpacking	4 3 Skateboarding
0 4 Badminton	4 4 Skating – ice or roller
0 5 Basketball	4 5 Sledding, tobogganing
0 6 Bicycling machine exercise	4 6 Snorkeling
0 7 Bicycling	4 7 Snow blowing
0 8 Boating (Canoeing, rowing, kayaking, sailing for pleasure or camping)	4 8 Snow shoveling by hand
0 9 Bowling	4 9 Snow skiing
1 0 Boxing	5 0 Snowshoeing
1 1 Calisthenics	5 1 Soccer
1 2 Canoeing/rowing in competition	5 2 Softball/Baseball
1 3 Carpentry	5 3 Squash
1 4 Dancing-ballet, ballroom, Latin, hip hop, etc	5 4 Stair climbing/Stair master
1 5 Elliptical/EFX machine exercise	5 5 Stream fishing in waders
1 6 Fishing from river bank or boat	5 6 Surfing
1 7 Frisbee	5 7 Swimming
1 8 Gardening (spading, weeding, digging, filling)	5 8 Swimming in laps
1 9 Golf (with motorized cart)	5 9 Table tennis
2 0 Golf (without motorized cart)	6 0 Tai Chi
2 1 Handball	6 1 Tennis
2 2 Hiking – cross-country	6 2 Touch football
2 3 Hockey	6 3 Volleyball
2 4 Horseback riding	6 4 Walking
2 5 Hunting large game – deer, elk	6 6 Waterskiing
2 6 Hunting small game – quail	6 7 Weight lifting
2 7 Inline Skating	6 8 Wrestling
2 8 Jogging	6 9 Yoga
2 9 Lacrosse	7 0 Other_____
3 0 Mountain climbing	
3 1 Mowing lawn	9 9 Refused
3 2 Paddleball	
3 3 Painting/papering house	
3 4 Pilates	
3 5 Racquetball	
3 6 Raking lawn	
3 7 Running	
3 8 Rock Climbing	
3 9 Rope skipping	
4 0 Rowing machine exercise	

