

KEY ACTIONS:

- Update your mission statement to reflect commitment to scaling and sustaining the National DPP
- Develop a strategic sustainability plan including a long-term financing strategy
- Collaborate interdepartmentally to leverage resources and expertise
- Forge partnerships to secure in-kind resources
- Participate in state-led National DPP partnership networks
- Consider implementing fee-for-service structures
- Work with employers and third-party insurers to offer the program as a covered benefit
- Engage key business influencers as champions to promote participation from other local businesses
- Raise awareness of the cost-effectiveness of the program to engage businesses and third-party insurers
- Join state-wide and national efforts to promote the National DPP as a covered benefit

KEY ACTIONS:

- Raise awareness of prediabetes, the National DPP, and how to enroll among health care providers and people at risk
- Identify and promote program participant success stories that highlight how the program changes lives
- Promote the Prevent Diabetes STAT call to action

KEY ACTIONS:

- Conduct a readiness assessment to determine the feasibility of offering the CDC-recognized lifestyle change program
- Consider how to meet requirements for CDC recognition, including metrics regarding attendance, documentation of physical activity, and weight loss.
- Leverage funding/payment sources
- Identify staff and strategies for marketing the program
- Adhere to participant eligibility, enrollment, and data privacy requirements
- Secure intervention locations
- Recruit and train lifestyle coaches and prevention coordinators
- Adopt the CDC-approved lifestyle change curriculum
- Apply for, earn, and maintain CDC Recognition



KEY ACTIONS:

- Use assessment data to map diabetes "hot-spots" and select target communities
- Conduct community-wide diabetes risk assessments to identify eligible persons
- Identify opportunities/resources to expand LHD referral processes
- Partner with known referral systems to incorporate mechanisms for referrals
- Establish mechanisms to assure communication across partners in referral systems

KEY ACTIONS:

- Determine what collaborative action is needed
- Consider potential stakeholders from different sectors
- Recruit partners that have access to the target community
- Determine mutual benefits and goals of collaboration across partners
- Invite potential partners to collaborate
- Formalize collaborative efforts via coalitions, workgroups, or steering committees

KEY ACTIONS:

- Identify providers to target
- Educate health care clinics/providers to screen, test, and refer patients at risk to CDC-recognized lifestyle change programs
- Disseminate the CDC/AMA Healthcare Provider Toolkit and other provider outreach tools and resources
- Initiate contact via phone calls, email, and in-person meetings
- Use academic detailing to educate health care providers/office staff on how to screen, test, and refer patients at risk to CDC-recognized lifestyle change programs
- Equip providers with referral tools and resources
- Develop a bi-directional feedback loop
- Utilize both provider and patient champions to market the program to other providers