

Prevention First: Advancing Synergy for Health

- Five-year CDC funded project (2013-2018)
- Addresses obesity, physical activity, nutrition, school health, diabetes and cardiovascular disease in a coordinated way
- Implementation of evidence-based strategies to reduce chronic disease in California
- State and local-level activities – Alameda, Monterey, Madera and Sacramento Counties

Prevention First Goals

- Increase the number of health care systems reporting on National Quality Forum measures, with Electronic Health Records appropriate for treating patients with high blood pressure and with policies to encourage a multi-disciplinary team approach to high blood pressure control
- Increase the number of adults with high blood pressure in adherence to medication regimens and with high blood pressure in control

Prevention First Goals

- Increase number of and participation in National Diabetes Prevention Programs (NDPP)
- Increase number of and participation in Diabetes Self-Management Education (DSME) programs
- Increase number of health plans that provide NDPP and accredited/recognized DSME as a covered benefit
- Maintain partnerships with providers of NDPP and DSME, Local Health Departments and health care systems



Communities in Action: Lifetime of Wellness

- Four-year CDC funded project (2014-2018)
- Addresses obesity, physical activity, nutrition, diabetes and cardiovascular disease in a coordinated way
- Implementation of evidence-based strategies to reduce chronic disease in California
- State and local-level activities – San Joaquin, Fresno, Tulare, Merced, Solano and Shasta Counties

Communities in Action Goals

- Increased community and large city environments that promote and reinforce healthful behaviors
- Increased use and reach of strategies to build support for lifestyle change
- Improved quality, effective delivery and use of clinical preventive services to increase management of hypertension and prevention of type 2 diabetes
- Increased clinical community linkages to support self-management and control of hypertension and type 2 diabetes



Communities in Action Goals

- Increased consumption of nutritious food and beverages and increased physical activity
- Increased engagement in lifestyle change
- Improved medication adherence for adults with high blood pressure
- Increased self-monitoring of high blood pressure tied to clinical support
- Increased referrals to and enrollments in lifestyle change programs