California Department of Public Health

California Arthritis Partnership Program

FACT SHEET

Mission

The California Arthritis Partnership Program (CAPP) is dedicated to improving the quality of life for Californians affected by arthritis and other rheumatic conditions.

Program Background

CAPP was established in 1999 with funding from the Centers for Disease Control and Prevention (CDC). CAPP works with key organizations to: 1) increase access to, and use of evidence-based physical activity and self-management interventions through working with local public health departments, community-based organizations, and health systems; 2) strengthen partnerships with other chronic disease and risk-factor programs; and 3) educate various audiences on the burden and impact of arthritis, and delivering key public health messages.

Statistics

Arthritis, the leading cause of disability in the United States, affects more than 5.3 million Californians (22%). Arthritis affects all ethnic and racial groups; however some population groups (e.g., Latinos and African Americans) experience a higher proportion of arthritis-attributable limitations and or disability. Early diagnosis and appropriate management of arthritis can help people with arthritis decrease pain, improve function, and stay productive. Arthritis affects a large proportion of California adults who also have other chronic health conditions such as diabetes, heart disease, high blood pressure, high cholesterol, and obesity. The presence of arthritis may contribute to additional barriers to adopting healthier lifestyles.

- Of California adults with arthritis:
  - 43% do not get the recommended amount of physical activity or are inactive.
  - 56% have been told by their doctor to exercise for their arthritis.
  - 50% have activity limitations due to their arthritis.
  - 38% of working age adults (18-64) have work limitations due to their arthritis.

Funding

CDPH's California Arthritis Partnership Program is funded by the Centers for Disease Control and Prevention.

Key Partners

- Area Agencies on Aging
- Arthritis Foundation
- California Healthier Living Coalition
- California Department of Aging
- Local Health Departments
- Partners in Care Foundation
- YMCA

Program Contact
California Arthritis Partnership Program
P.O. Box 997377, MS 7210
Sacramento, CA 95899-7413
Email: arthritis@cdph.ca.gov

Website
For more information and resources please visit the CAPP website.

Lifetime of Wellness

CDPH California Department of PublicHealth