



Sweet Success Affiliate Training

North County San Diego - Tri-City Hospital
A two day course *13.5 CEU's

Thursday, November 17, 2011

7:30 am to 8:00 am	(30) Registration and Reception
8:00 am to 8:15 am	(15) Introductions
8:15 am to 9:15 am	(60) Preconception Care
9:15 am to 10:15 am	(60) Pathophysiology of Diabetes and Pregnancy
10:15 am to 10:30 am	(15) Break - snack provided
10:30 am to 11:30 am	(60) Medical Management of Diabetes and Pregnancy
11:30 am to 12:30 pm	(60) Insulin Management & Oral Medications
12:30 pm to 1:15 pm	(45) Lunch - provided
1:15 pm to 2:15 pm	(60) Long Term Metabolic Consequences of Gestational Diabetes
2:15 pm to 3:15 pm	(60) Infant of Mother with Diabetes
3:15 pm - 3:30 pm	(15) Break - snack provided
3:30 pm to 4:15 pm	(45) Introduction to Sweet Success
4:15 pm to 4:30 pm	(15) Q&A - Evaluations

Friday, November 18, 2011

7:30 am to 7:45 am	(15) Registration and Reception
7:45 am to 8:30 am	(45) Diabetes, Pregnancy, and Exercise
8:30 am to 09:30 am	(60) Nutrition Guidelines
9:30 am to 10:15 am	(45) Psychosocial Aspects of Diabetes and Pregnancy
10:15 am to 10:30 am	(15) Break - snack provided
10:30 am to 11:15 am	(45) Cultural Sensitivity in Diabetes and Pregnancy
11:15 am to 12:00 pm	(45) Diagnosing Hyperglycemia in Pregnancy using Sweet Success
12:00 pm to 12:45 pm	(45) Lunch - provided
12:45 pm to 1:45 pm	(60) Postpartum Diabetes Care and Breastfeeding
1:45 pm to 2:45 pm	(60) Nursing Education: Facilitating the Teaching/Learning Process
2:45 pm to 3:00 pm	(15) Break - snack provided
3:00 pm to 4:15 pm	(75) Case Study - Putting it All Together
4:15 pm to 4:30 pm	(15) Q&A - Evaluations - Certificates to be mailed

Cost: \$125.00 per seat—includes lunch, snacks, parking, and materials.

Payable: By check only after you have received confirmation of your seat

No refunds after 10 November 2011

Click here to register—and reply with your name, phone number, and email address

REGISTER NOW

You will receive a reply confirming your seat. Payment must be received by 10 Nov 2011 or your registration will be cancelled.

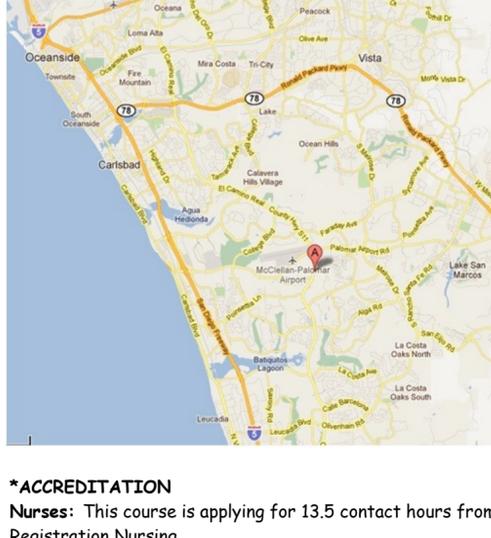
COURSE DESCRIPTION

This continuing education program presents up to date training for the assessment and management of pregnant women with diabetes. Participants will receive practical information on implementing a multidisciplinary approach in caring for these women in order to optimize perinatal outcome.

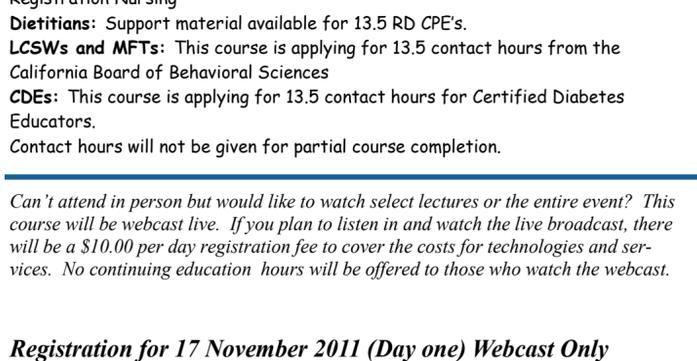
OBJECTIVES

Upon completion of this two-day course, participants will be able to:

- Define "Sweet Success" provider and affiliate responsibility with the California Diabetes & Pregnancy Program (CDAPP).
- Demonstrate an understanding of the Pathophysiology of pregnancy complicated by diabetes; Type 1, Type 2, and GDM.
- State the Sweet Success recommendations for screening, diagnosis, and follow up of gestational diabetes.
- Counsel women before, during, and after pregnancy about reducing long and short term risks of hyperglycemia during pregnancy to the mother, fetus, and off spring.
- State the Sweet Success blood glucose targets and self monitoring frequencies during pregnancy and lactation for women with diabetes.
- Describe the principles of a healthy eating plan for women with diabetes during pregnancy.
- Explain how staying active contributes to maintaining blood glucose targets.
- Identify tools to assess coping with stress, readiness for change, level of motivation and signs of depression in women experiencing diabetes during pregnancy.
- Explain how to safely and accurately use medications; Insulin and oral agents to achieve euglycemia.
- Teach problem solving skills to empower women to make positive lifestyle changes.
- Describe the impact of cultural beliefs on diabetes self-care behaviors.



Tri-City Wellness Center
6250 El Camino Real
Carlsbad, CA, 92009



*ACCREDITATION

Nurses: This course is applying for 13.5 contact hours from the California Board of Registration Nursing

Dietitians: Support material available for 13.5 RD CPE's.

LCSWs and MFTs: This course is applying for 13.5 contact hours from the California Board of Behavioral Sciences

CDEs: This course is applying for 13.5 contact hours for Certified Diabetes Educators.

Contact hours will not be given for partial course completion.

Can't attend in person but would like to watch select lectures or the entire event? This course will be webcast live. If you plan to listen in and watch the live broadcast, there will be a \$10.00 per day registration fee to cover the costs for technologies and services. No continuing education hours will be offered to those who watch the webcast.

Registration for 17 November 2011 (Day one) Webcast Only

Register Now!

Registration for 18 November 2011 (Day two) Webcast Only

Register Now!