

## LATCH Breastfeeding Assessment

Jenson D, Wallace S, Kelsay P (1994). LATCH: A breastfeeding charting system and documentation tool. JOGNN,23(1):29.

	0	1	2	Totals
<b>L</b> Latch	Too sleepy or reluctant No sustained latch or suck achieved	Repeated attempts for sustained latch or suck Hold nipple in mouth Stimulate to suck	Grasps breast Tongue down Lips flanged Rhythmical sucking	
<b>A</b> Audible Swallowing	None	A few with stimulation	Spontaneous and intermittent (< 24 hours old) Spontaneous and frequent (> 24 hours old)	
<b>T</b> Type of Nipple	Inverted	Flat	Everted (After stimulation)	
<b>D</b> Comfort (Breast/nipple)	Engorged Cracked, bleeding, large blisters or bruises Severe discomfort	Filling Reddened/small blisters or bruises	Soft Non-tender	
<b>H</b> Hold (Positioning)	Full assist (Staff holds infant at breast)	Minimal assist (i.e., elevate head of head, place pillows for support) Teach one side, mother does other Staff holds and then mother takes over	No assist from staff Mother able to position and hold infant	