



Caregiver Support and Resources

alzheimer's  association



Alzheimer's Association

www.alz.org

800-272-3900 (24/7 Helpline)

The world's leading voluntary health organization in Alzheimer's care, support, and research.

Family Caregiver Alliance/ Caregiver Resource Centers

www.caregiver.org

California CRCs serve more than 14,000 families and caregivers of adults affected by chronic and debilitating health conditions including, but not limited to, dementia.

Alzheimer's Day Care Resource Centers

(800) 510-2020

Provide services and support to both individuals with Alzheimer's and their caregivers.



eldercare locator
— Celebrating 20 Years —
Connecting You to Community Services



Alzheimer's Foundation of America

www.alzfdn.org

1-866-232-8484

Services include a toll-free helpline, education, social services, care connection teleconference, support groups, and professional development.

Eldercare Locator

www.eldercare.gov

1-800-677-1116

A public service of the U.S. Administration on Aging that connects consumers to services for older adults and their families.

California Alzheimer's Disease Centers

www.cdph.ca.gov/alzheimers

Provide diagnostic assessment to those with memory concerns; family and caregiver support and training; and education and training to community members and health care and social services professionals.



Department of
SOCIAL SERVICES 

BrightFocus Foundation

www.brightfocus.org

1-800-437-2423

Provides a disease toolkit, tips & how-tos, facts & data, experts & advice on Alzheimer's disease.

California Department of Aging

www.aging.ca.gov

1-800-510-2020

Provides a variety of programs and services for seniors, caregivers, & adults with disabilities through local Area Agencies on Aging.

Programs include Community Based Adult Services, Family Caregiver Support, Legal Assistance and more.

California Department of Social Services

www.cdss.ca.gov

Provides programs and services for vulnerable adults.

Services include In-Home Supportive Services, oversight of residential care facilities for the elderly, and Adult Protective Services which investigate reports of abuse of elders and dependent adults and arranges for services including money management and counseling.

Caregiver Support and Resources



California Department of Health Care Services www.dhcs.ca.gov

Provide services and support to seniors including Community-Based Adult Services, Multi-Purpose Senior Services Program, Assisted Living Waiver, In-Home Operations, and the Senior Care Action Network Health Plan.

Program of All-Inclusive Care for the Elderly www.calpace.org

1-888-633-PACE (7223)
Provides a comprehensive medical/social service delivery system in a PACE Center that provides and coordinates all needed preventive, primary, acute and long-term care services.

CalMediConnect www.calduals.org

Promotes integrated delivery of medical, behavioral, and long-term care services for people on Medicare and Medi-Cal called "Medi-Medi" or "dual eligible beneficiaries."



ARCH National Respite Network archrespite.org **1-919-490-5577**

Helps families locate respite and crisis care services in their communities.



Well Spouse Association www.wellspouse.org **(800) 838-0879**

Providing peer support and education about the special challenges and unique issues facing spousal caregivers.



Alzheimer's Disease Education and Referral Center (ADEAR) www.nia.nih.gov/alzheimers **1-800-438-4380**

A service of the National Institute on Aging which provides answers to questions, publications, referrals to local services, Spanish language resources, clinical trials information, training materials, guidelines, and updates.



California Department of Consumer Affairs www.dca.ca.gov **(800) 952-5210**

Provides consumer-protection services and information for seniors.

Services include a "Scambuster Kit" for seniors, Scam Stopper seminars, and a consumer resource center.



California Department of Justice/Office of the Attorney General www.oag.ca.gov **(800) 952-5225**

Provide protective services for seniors including a Missing Persons Unit, the Bureau of Medi-Cal Fraud and Elder Abuse, Elder Care Employer, and End of Life Care Planning.



Coalition for Compassionate Care of California coalitionccc.org **(916) 489-2222**

Provides programs and services for health care providers, patients, and caregivers, including Advanced Care Planning, Physician Orders for Life Sustaining Treatment, and Palliative Care resources.

Additional Information

Family Caregiver Alliance, National Center on Caregiving. Alzheimer's Day Care Resource Centers (ADCRC).
<https://caregiver.org/alzheimers-day-care-resource-centers-adcrc>

California Department of Consumer Affairs. Consumer Protection Information for Seniors.
http://www.dca.ca.gov/consumer/seniors/senior_scam.shtml

California Department of Consumer Affairs. Senior California Consumer Resource Center.
<http://www.dca.ca.gov/consumer/seniors/>

California Department of Consumer Affairs, Contractors State Licensing Board. Senior Scam StopperSM Seminars.
http://www.cslb.ca.gov/consumers/senior_scam_stoppers/

California Department of Consumer Affairs, Contractors State Licensing Board. What You Should Know Before You Hire a Contractor.
http://www.cslb.ca.gov/Consumers/Hire_A_Contractor/What_Seniors_Should_Know.aspx

State of California Department of Justice, Office of the Attorney General. Protecting Children & Seniors.
<https://oag.ca.gov/children-seniors>

State of California Department of Justice, Office of the Attorney General. End of Life Care Planning.
<http://oag.ca.gov/consumers/general/care>