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OFFICE OF AIDS  
AIDS DRUG ASSISTANCE PROGRAM

Management Memorandum  
Memorandum Number: 2015-15

Date: August 13, 2015

TO: LOCAL ADAP COORDINATORS  
ADAP ENROLLMENT WORKERS

**SUBJECT: CHANGE TO THE ADAP VIRAL LOAD AND CD4 TEST DATE REQUIREMENTS**

The purpose of this memorandum is to provide updated guidance to ADAP Enrollment Workers (EWs) regarding client eligibility requirements for Viral Load (VL) and CD4 test dates. Currently ADAP requires these tests be dated within one year from the date of enrollment or re-enrollment.

The National Institutes of Health (NIH) guidelines have been revised for HIV/AIDS care and for some HIV-infected persons. In response to the updated NIH guidelines, ADAP has revised the ADAP eligibility requirements for VL and CD4 test dates to align the CD4 test requirement with the new NIH guidelines. Effective immediately, clients can meet the ADAP eligibility for VL and CD4 test requirements through one of the following scenarios.

During the initial ADAP enrollment, applicants must provide:

- A VL test result dated within one year of date of ADAP application; and
- A CD4 test result dated within one year of date of ADAP application.

During annual ADAP re-enrollment:

- A VL test dated within one year of the client's re-enrollment date is required.
- If the **VL test result is less than 200** ("undetectable") *AND* the available CD4 result is  $\geq 500$ , then the CD4 date can be older than one year.
- If the **VL test result is greater than 200** *OR* the available CD4 is  $<500$ , then the CD4 date must be within one year from the date of re-enrollment.

Once the VL and CD4 test results are entered for client re-enrollment, the online client application system will automatically notify EWs if a CD4 test dated within the last year is required.

Please contact your OA ADAP Advisor if you have any questions regarding the content of this memo.



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