



California Sudden Infant Death Syndrome Program

800-369-SIDS (7437)

www.californiasids.cdph.ca.gov

Dear Parent:

The staff of the California Sudden Infant Death Syndrome Program and your local Public Health Nurse wish to express our deepest sympathy and concern on the loss of your baby. At this time, the baby's death is presumed to be Sudden Infant Death Syndrome (SIDS). We know that this is a sad and painful time for you and we would like to offer our support and help. We are here to answer your questions and, if you wish, to put you in touch with other parents who have lost their baby to SIDS. It can be very comforting to talk to other people who have the gone through the same experience as you are going through now.

We have enclosed a fact sheet and some pamphlets about SIDS. These are for you to read when you are ready. Many of our parents have told us that knowing the correct information about SIDS helped them better cope with their baby's death.

Please feel free to call your local Public Health Nurse at the number listed below if you would like more information or have questions.

Your Local Public Health Nurse

County/City Health Department

Street Address

City

State

Zip Code

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Area Code

Telephone Number

*Or, you may call:
California Sudden Infant Death Syndrome (SIDS) Program at
800-369-SIDS (7437)*