



# California Sudden Infant Death Syndrome Advisory Council

## Minutes of the May 10, 2011, Meeting

### Members of the Council

**Thomas G. Keens, M.D.,**  
*Chair, Physician member.*

**Lorie Gehrke,** *Vice Chair,*  
*SIDS Parent.*

**Kathleen Beichley,**  
*Secretary, SIDS Parent*

**Maureen Chavez,** *SIDS*  
*Parent*

**Dawn Dailey, R.N., P.H.N.,**  
**Ph.D.,** *Public Health*  
*Nurse.*

**Steven Durfor,** *Police/Fire*  
*Department.*

**Kathleen Roche, R.N.,**  
**P.H.N., B.S.N., M.S.W.,**  
*Public Health Nurse.*

**Christina Stanley, M.D.,**  
*Medical Examiner.*

**Dennis H. Watt,** *Coroner.*

**Karen Jackson, P.H.N.,**  
*President, Southern Calif.*  
*Regional SIDS Council.*

**Aline Armstrong, P.H.N.,**  
*President, Northern Calif.*  
*Regional SIDS Council.*

### Council Chairperson:

Thomas G. Keens, M.D.  
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**California SIDS Advisory Council**  
**Orange, California, October 4, 2010**

- **Members Present:** Thomas G. Keens, M.D., *Chair*; Lorie Gehrke, *Vice Chair*; Kathleen Beichley, *Secretary*; Aline Armstrong, P.H.N.; Karen Jackson, P.H.N.; Kitty Roche, RN, PHN, BSN, MSW; Christina Stanley, M.D.; and Dennis Watt.
- **Members Absent:** Maureen Chavez; Dawn Dailey, RN, PHN, PhD; and Steven Durfor.
- **State and California SIDS Program:** Gwen Edelstein, RN, PNP, MPA; Cheryl McBride, RN; and Guey-Shiang Tsay, RN, MSN.
- **Guests:** Janet Bailey; Angel Hopson; Kimberly Irwin; Colleen Ma; James Ribe, M.D.; and Penny Stastny.
- The meeting was held by telephone conference call. The meeting was called to order at 1:30 P.M., on May 10, 2011.
- **Introductions.**  
Council members, state staff, and guests introduced themselves.

- **SIDS Risk Reduction Education.**

Recent research shows that very few primary care physicians are providing SIDS risk reduction counseling to new mothers<sup>1</sup>. These findings paralleled those of *Penny Stastny's* research exploring practices in newborn nurseries<sup>2</sup>. Further, there is preliminary evidence prone sleeping rates may be starting to increase again in the U.S.<sup>3</sup>. Finally, the number of SIDS deaths in California increased in 2007 and 2008. Are these increases related to decreased attention to educating the public about SIDS risk reduction recommendations? The *Council* is committed to continuing SIDS Risk Reduction education.

**California Child Injury Prevention Program: Safe Infant Sleep.**

*Steve Wirtz* and *Rachel Zerbo*, Safe and Active Communities (SAC) Branch of the California Department of Public Health (CDPH), are involved with trying to prevent intentional and unintentional injury to children. They received a CDC grant to address three key areas of childhood injury; one of which is Infant Unsafe Sleeping conditions. Their focus is on policy implementation to decrease infant unsafe sleep in California<sup>4</sup>.



SAC Branch has convened a policy action team to work on implementing at least one of the Safe Sleep policy recommendations identified from the earlier planning process. *Tom Keens* (California SIDS Advisory Council), and *Gwen Edelstein* (California SIDS Program) are members. The action team held its first teleconference on March 29, 2011; and a second one on May 3, 2011.

- Workgroup co-chairs are Gwen Edelstein, Steve Wirtz, and Rachel Zerbo
- Members for the Policy Workgroup were recruited in Feb/March, including representatives from California SIDS Council, California Dept. of Public Health, SafeKids California, Department of Social Services, California Hospital Association, California Emergency Medical Services Authority, local Child Death Review Teams, a SIDS Parent, a wonderful volunteer (Penny Stastny), and County SIDS Coordinators.
- Meetings via teleconference were held 03/29/2011 and 05/03/2011, facilitated by Gwen and Rachel.

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<sup>1</sup> Eron, N.B., K.M. Dygert, C. Squillace, N.J. Webster, A. Andiranos, E.G. Crockett, and L. Consenstein. The physician's role in reducing SIDS. *Health Promotion Practice*, online first, published July 20, 2009.

<sup>2</sup> Stastny, P.F., T.Y. Ichinose, S.D. Thayer, R.J. Olson, and T.G. Keens. Infant sleep positioning by nursery staff and mothers in newborn hospital nurseries. *Nursing Research*, 53: 122-129, 2004.

<sup>3</sup> Colson, E.R., D. Rybin, L.A. Smith, T. Colton, G. Lister, and M.J. Corwin. Trends and factors associated with infant sleeping position: The National Infant Sleep Position Study 1993-2007. *Arch. Pediatr. Adolesc. Med.*, 163: 1222-1228, 2009.

<sup>4</sup> Contact information: Steve Wirtz Email: [steve.wirtz@cdph.ca.gov](mailto:steve.wirtz@cdph.ca.gov)  
Rachel Zerbo E-mail: [Rachel.Zerbo@cdph.ca.gov](mailto:Rachel.Zerbo@cdph.ca.gov)

- During the initial meeting, group members shared their current organizational interests around safe sleep, reviewed recommendations contained in the California Childhood Injury Prevention Policy Plan developed by CDPH-led team, chose initial policy priorities from the plan, and suggested additional individuals to invite to join the group, including Angel Hopson, Dawn Dailey, Kitty Roche and Nathan Salomonis.
- During the 05/03/2011 meeting, the workgroup developed action items to support policy priorities.
- Next workgroup meeting will be the first week in June, 2011.
- The four major goals of the workgroup are to: (1) improve data collection around unsafe sleep; (2) improve access to safe sleeping resources statewide; (3) support hospital based safe sleeping policies/education; and (4) support child care safe sleep efforts.
- Workgroup Policy Priorities include:
  - Initiate safe sleep asset mapping for existing county and regional safe sleeping programs and training providers.
  - Formalize resource list of high-quality safe sleeping educational tools, focusing on child care and hospital audience.
  - Obtain information on the above priorities captured through a state-wide on-line survey.
  - Increase the capacity of local Child Death Review Teams (CDRT) to use standardized reporting forms, with quality control reviews and support for local capacity building.
  - Work with hospitals, birthing centers, and hospital oversight bodies to establish consistent written policies on safe sleeping, both in terms of education for parents and as institutional model practices. Initial plans for achieving this goal include providing support for local safe sleeping stakeholders to advocate for these policies through the development of a toolkit.
  - Explore strategies to expand safe sleeping education for licensed infant care center staff and in-home childcare providers under California Government Code, Title 22. Training Standards for Child Care Providers. This would include identifying potential resources to support the continued distribution of National Institute of Child Health and Human Development's Back to Sleep Campaign materials and updating the Child Care Provider Preventive Health and Safety module with the most current safe sleeping information.
- Safe Sleep Policy Workgroup meeting notes are available to those who would like additional information.
- Other activities within the SAC Branch include:
  - We are still on hold for the release of Kids Plates grants (that included some safe sleep proposals) due to complex administrative issues of contract authority.
  - Karen Jackson stressed how important it is to pursue and enforce hospital awareness of safe sleep. She is encouraged by the CDC program and workgroup efforts, and she

hopes their information will provide resources that hospitals and others will access and use.

- *Steve Wirtz* attended the CDC-HRSA-NCCDR sponsored “National Meeting of State CDR Program Coordinators to Enhance the Reviews of Sudden and Unexplained Infant Deaths and the CDR Review Process” in Atlanta, Georgia, on April 18-20, 2011. Steve Wirtz stated that he learned that CDC’s SUID Case Registry 7-State Pilot program has already demonstrated in its 1<sup>st</sup> year the ability of CDR teams to collect detailed, complete and very timely (within 90 days of death) information on the circumstances surrounding SUIDs using the revised National Center for CDR’s Case Reporting Form (v2.2S). The data will be used to improve investigations, services & prevention activities. Our state’s FCANS Program is exploring the possibility of several counties in California using this form as well.

### **Los Angeles County Infant Safe Sleep Campaign.**

Los Angeles County Supervisor *Ridley Scott Thomas* became aware of infants dying in unsafe sleeping environments. He initiated the *Los Angeles County Infant Safe Sleep Task Force* at a meeting on June 14, 2010. There is a great deal of motivation to proceed with an aggressive infant safe sleep education campaign in Los Angeles County. *First Five of California* was awarded a \$1.5-million grant to work with the Task Force on safe infant sleep. Basically, three sub-committee chairs shared with *First 5* what the sub-committees have accomplished. *First Five* is very interested in *Angel Hopson’s* sub-committees work on existing education materials and the videos shown at the last meeting. A summary update with links to the videos is being prepared.

A *Safe Infant Sleep Community Forum* was held in South Central Los Angeles. This was very well received by the community, as members indicated that they did not know this information. The Task Force plans to implement more of these sessions.

Funding from *First Five of California* is in jeopardy. This partly reflects the overall budget situation in California. The Task Force is hopeful that the funds will eventually be awarded, but details are lacking.

### **Long Beach Safe Sleep for Infants Conference, May 24, 2011.**

The Nursing Section of the Southern California Public Health Association is sponsoring a half-day conference entitled, *Safe Sleep for Infants: New Data on Bedsharing and Increased Infant Deaths*. The conference will be held on Tuesday, May 24, 2011, from 9:00 A.M. until noon, at the Miller Children’s Hospital at Long Beach Memorial Medical Center. The conference will feature:

*Danielle Sees, R.N., P.H.N., C.L.E.* SIDS Coordinator. Department of Health and Human Services, City of Long Beach.

*Thomas G. Keens, M.D.* Chair, California SIDS Advisory Council; Professor of Pediatrics, Physiology and Biophysics, Keck School of Medicine of the University of Southern California; Division of Pediatric Pulmonology, Children’s Hospital Los Angeles.

*Penny F. Stastny, R.N., Sr.P.H.N., B.S.N.* Retired SIDS Coordinator, Los Angeles Department of Public Health, and Orange County Health Care Agency.

This 3-hour conference is designed to update and improve awareness of infant safe sleeping practices. The presenters will discuss unsafe infant sleeping conditions, sudden infant death syndrome (SIDS), sudden unexpected infant deaths (SUID), and unintentional infant deaths. The Registration Fee is \$10, which includes breakfast and all materials. A Registration Form is appended.



- **Disparities in the Accuracy and Consistency of SIDS, Undetermined, or SUID Diagnoses.**

A longstanding problem in California is a disparity in the consistency of the diagnosis of infants who die suddenly and unexpectedly without an obvious cause. In some jurisdictions, such infants may have a cause of death signed out as "SIDS", in some "Undetermined", in still others "Sudden Unexplained Infant Death", etc. The problem is that infants presenting in the same way with the same findings will have a different diagnosis as cause of death, depending in which county the death occurred. This makes no sense medically or scientifically. This is a complex problem, which has eluded the *Council* for many years. Yet, this must be addressed in a systematic manner. The *Council* has committed itself to make this issue a priority.

**SIDS Summit for Coroners and Medical Examiners.**

The California State Coroners' Association (CSCA) will sponsor a *SIDS Summit* at the West Coast Forensic Science Seminar, to be held in Studio City in late October, 2011<sup>5</sup>. The West Coast Forensic Science Seminar is a 3-day Seminar held annually by the Los Angeles County Department of Coroner. The *SIDS Summit* will be an 8-hour course for forensic pathologists and coroner investigators in California to address the disparity in the diagnosis of the cause of death in infants following a sudden and unexpected death. The problem to be addressed is the inconsistency in how infants are diagnosed. Infants with similar death scene, autopsy, and clinical history findings can be diagnosed as "SIDS" in some counties, "Undetermined" in others, and "Positional Asphyxia" in still others. We hope to make a scientific appeal that there should be consistency in the way similar infants are diagnosed. This conference will present background information on SIDS and the



<sup>5</sup> Date not definite. Probably October 20, 2011. Could be October 27, 2011, or November 3, 2011. This is a meeting for California Coroners and Medical Examiners by invitation only. It is not open to the public.

diagnosis of the cause of death in infants dying suddenly and unexpectedly. However, the most important part of the Seminar will be a facilitated discussion, where we hope to air all views on this issue, and then attempt to generate enthusiasm to develop a uniform approach to the diagnosis of these infants in California.

In 1974, the Federal and California governments defined a group of babies who died suddenly and unexpectedly, and in whom no cause of death was found at autopsy, as *sudden infant death syndrome (SIDS)*. This resulted in many babies being classified as SIDS deaths, which prompted research into the epidemiology, risk factors, and causes of SIDS. In California, the Boatwright legislation (1991) mandated the use of a uniform autopsy and death scene investigation



protocol by all California coroners when an infant was suspected of dying from SIDS. The purpose of the uniform autopsy and death scene investigation protocols was to improve the accuracy of the diagnoses of the causes of death in these infants.

At the same time, the nature of SIDS babies changed as the *Back to Sleep* and *SIDS Risk Reduction* public education campaigns successfully decreased the number of babies dying from SIDS from 1994 to the present. SIDS infants now are much less classical than they were two-decades ago. Now, few babies lack risk factors for SIDS. They are now much more likely to have risk factors, such as prone sleeping, unsafe sleeping surfaces, overheating, exposure to tobacco or other substances, etc. Thus, the cause of death is not as clear or uncomplicated as it once was.

Further, use of the uniform autopsy and death scene investigation protocols gives pathologists more information than they previously had. Therefore, pathologists now have more information to consider when formulating a cause and manner of death. In combination with the less classical nature of current SIDS victims, many pathologists are not as comfortable using the diagnosis of SIDS, and diagnoses like “undetermined” are more commonly used.

It is clear that pathologists and coroners are doing the best job they can to determine the cause of death in these infants. However, the less classical nature of SIDS and the availability of more information have resulted in a disparity in the way diagnoses are made.

*Goals of the SIDS Summit:* We hope to gather coroners and pathologists from around California to address the diagnosis of infants who die suddenly and unexpectedly. The goals of the seminar are:

- To provide background to the problem of inconstant diagnoses in California of infants dying suddenly and unexpectedly.
- To permit coroners and pathologists to discuss their varying views on this topic.

- To create an awareness among California coroners and pathologists that infants are inconsistently diagnosed in California, even when death scene, autopsy, and clinical history findings are identical.
- To move toward achieving a consensus on how these babies should be diagnosed.

The *SIDS Summit* will be an 8-hour course within the 3-day (24-hour) *West Coast Forensic Science Seminar*, annually hosted by the Los Angeles County Department of Coroner. This Seminar already attracts many coroners and pathologists from California. The site will be the Beverly Garland's Holiday Inn in Studio City<sup>6</sup>.

Tom Keens invited discussion on the following issue: Suppose hypothetically that the SIDS Summit is a success and that California Coroners and Medical Examiners agree to diagnose all infants the same, but that they choose the term "Undetermined" or "Sudden Unexplained Infant Death (SUID)". What would be the reaction of the California SIDS Community? SIDS parents indicated that they like the SIDS diagnosis, as it implies a natural death which parents did not cause. There was considerable discussion on this issue. There is a good possibility that if some consensus is achieved, "SIDS" will not be the chosen diagnosis. There may be legal implications, as current California laws require death scenes and autopsy protocols for suspected "SIDS", and failure to use the SIDS diagnosis exempts one from having to follow the legal mandates. The California SIDS Program is funded as a program to address SIDS, not SUID. Would a change in the name have implications for funding of this program, research, educational programs, etc.? Most people on the call seemed to prefer that "SIDS" be retained. SIDS parents present on the conference call agreed that "undetermined" is not a satisfactory diagnosis for the parents and families of a "SIDS" death, because it leaves parents without a cause of death, a sense of guilt, and others to ponder. However, there was also a sense that achieving some consistency in the diagnosis of these infants (even if the diagnosis is not "SIDS") is desirable. This issue was not settled

Dennis Watt announced that another SIDS Summit Planning meeting is scheduled for June 13-14, 2011, at the Orange County Coroner's Office. Tom Keens has been invited to attend.

### Stanislaus County Infant Safe Sleep Campaign.



In 2007, the Stanislaus Sheriff Coroner investigated 18 infant deaths. Fourteen died in unsafe infant sleeping environments. In response, the Stanislaus County Sheriff Coroner and Public Health Department launched an infant safe sleep campaign. They obtained grant funding from First Five of California, and they produced a video as well as other activities.



**Kristi Ah-You**  
*Stanislaus Sheriff-Coroner*



**Jacque Berndt**    **Dennis Watt**

<sup>6</sup> Beverly Garland's Holiday Inn, 4222 Vineland Avenue, Studio City, California 91602; phone (818) 980-8000.

The number of babies dying in Stanislaus County dropped dramatically following the campaign. The video is available on line:

<http://www.schsa.org/PublicHealth/pages/safesleep/index.html>

The Stanislaus County Sheriff Coroner *Kristi Ah-You* and her colleagues demonstrate a great example of how Coroners can discover a problem causing increased deaths and take action to reduce those deaths.

- **Council's Role in SIDS Parent Support.**

There is difficulty providing support for SIDS families who do not live near an active SIDS Parent Support organization. Therefore, discussion arose about providing such support on line. *Colleen Ma*, SIDS parent from Orange County, suggested using a platform called *MyFamily.com*. This is a versatile platform, which allows on-line discussion, chat, photos, blogs, etc., at a very reasonable price. Subsequently, she established the site for the California SIDS Community, called the *California SIDS Parent Support Group*. Interested persons can join the group, but only group members will see any information posted.



**Colleen Ma**



**Lorie Gehrke**

*Lorie Gehrke* commented that the *SIDS & Infant Death Support Group -- First Candle* support group on Facebook is now active, and this may be another solution. It is moderated by a grief specialist from *First Candle*, and with the new way Facebook is using groups, it is easy to see when new threads are posted. She is hopeful that it will be a good way for her, personally, to also offer grief support in a more coherent way.

- **Public Health Nurse Issues.**

SIDS Coordinators in California generally agree that an annual meeting for support and education would be helpful. *Gwen Edelstein* and *Kitty Roche* are developing a quick survey for SIDS Coordinators to determine how to best meet their needs especially since many have been newly appointed to their position. SIDS Coordinators need a time and place to network and share, but are limited in their travel allowances. Possibilities include: adding a special session on to the SIDS Conference, or doing a Web Cast. Alternate options must stay within State guidelines. The survey may also be a way to obtain input from SIDS Coordinators about safe sleep and SIDS risk reduction activities at the local level, which is an area of interest of the Safe Sleep Workgroup.



**Kitty Roche, R.N.,  
P.H.N., B.S.N., M.S.W.**

- **First Responder/Coroner Investigator Issues.**

Discussion led by *Dennis Watt*. The California State Coroners' Association is planning a "SIDS Summit" to discuss the diagnosis of SIDS and infants dying suddenly and unexpectedly (see above).

- **Southern California Regional SIDS Council.**

*Karen Jackson, P.H.N.*, President of the Southern California Regional SIDS Council, reported on the activities of the Southern California Regional SIDS Council. The Council is preliminarily beginning to think about the 2012 California SIDS Conference. SIDS trainings are also being planned.

- **Northern California Regional SIDS Council.**

*Aline Armstrong, P.H.N.*, President of the Northern California Regional SIDS Council, reported on the activities of the Northern California Regional SIDS Council. The main activity is planning the *31<sup>st</sup> Annual California SIDS Conference*, hosted by the Northern California Regional SIDS Council, which will be held on Friday, October 28, 2011, at the California Department of Health Services East End Complex, located at 1500 Capitol Avenue, Sacramento, California. The featured speaker will be renowned SIDS researcher, *Doctor Rachel Moon*, Professor of Pediatrics, George Washington University School of Medicine and Health Sciences, and Children's National Medical Center in Washington, D.C. Her research has focused on improving safe infant sleep and SIDS Risk Reduction education to the public. She has highlighted areas of priority, where more work is needed, and the results of successful educational campaigns. The *California SIDS Program* puts on this conference each year.



**Rachel Moon.**

On Thursday, October 27, 2011, 1:00-4:00 P.M., the *California SIDS Advisory Council* meeting will be held at this location as well. By law, meetings of legislated advisory councils to state agencies are open to the public. All interested persons are welcome to attend.

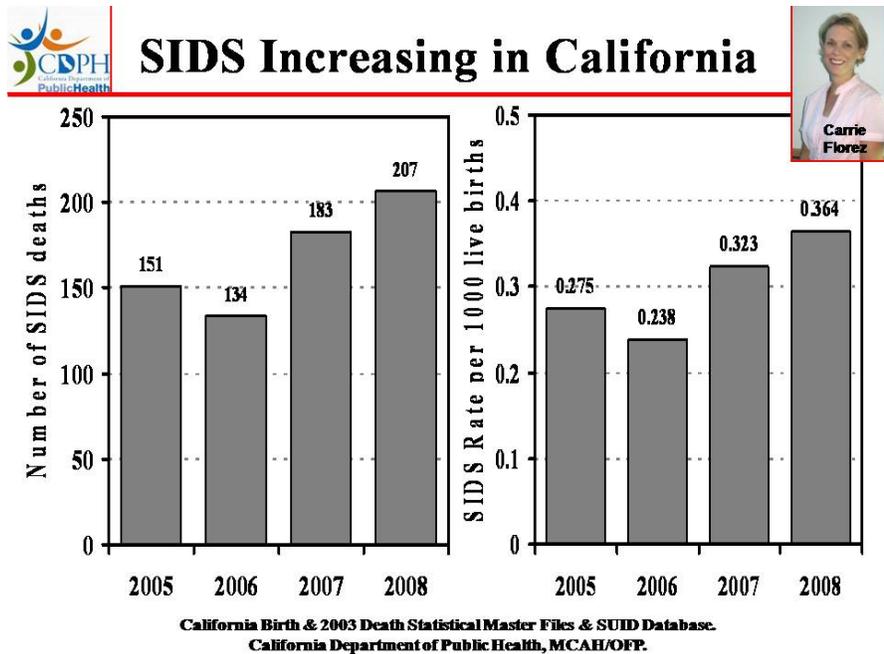
*Lorie Gehrke*, President of the SIDS Alliance of Northern California, will host a Welcome Reception on Thursday, October 27, 2011, at the Hyatt Hotel in Sacramento following the Council meeting. More details will be forthcoming at a later date. The California SIDS Program is working with the Hyatt Hotel Sacramento located at 1209 L. Street to obtain a block of rooms at the State rate of \$84 single/double occupancy.

- **State Report.**

- *Governor Brown* issued the Executive Order regarding state employee travel on April 26, 2011, to limit both in-state and out-of-state travel to those trips that are mission critical or at no cost to the State. This may affect reimbursement for Council members to the 31<sup>st</sup> Annual California SIDS Conference.
- Updated change in California Department of Public Health (CDPH) Administration: *Doctor Mark Horton*, Director of CDPH left his position and *Doctor Howard Baker* served as Interim Director of CDPH effective March 1, 2011.
- MCAH received the third and final Federal guidelines for Home Visiting Program on February 8, 2011, and it is working on the submission of an updated state plan due within 3-4 months, which is between May 9, 2011, to June 8, 2011.

- *Dr. Connie Mitchell, Carrie Florez and Guey-Shiang Tsay* had a conference call with *Angel Hopson* (SIDS Coordinator from Los Angeles) and *Doctor James Ribe* (LA Medical Examiner) in March, 2011. The discussion provided CDPH MCAH with some insight as to why SIDS deaths are rising in Los Angeles. CDPH MCAH staff are planning a conference call with *Kitty Roche* and *Doctor Christina Stanley* for issues related to SIDS in San Diego next week.

- The Northern California SIDS Training for Emergency Personnel and Public Health Professionals in San Jose on April 7, 2011, was very successful. All of the people including the speakers and SIDS parents participating in this training were great. Big thanks to *Doctor Tom Keens, Gwen Edelstein, Cheryl McBride, Dennis Watt, and Teresa Folan* for their hard work.



- *Carrie Florez* is not able to participate on the conference call today. She is working on the 2009 CDPH SIDS fact sheets.

• **California SIDS Program Report.**

*Gwen Edelstein* submitted a detailed written report of California SIDS Program activities for January 1 – March 31, 2011, that was distributed to all Council members.

The California SIDS Program held two SIDS Trainings for Public Health Nurses and Emergency Responders in Ventura on January 27, 2011, and in San Jose on April 7, 2011. Registrants include Chaplains (who have enrolled for the first time), sheriff/coroners, fire fighters, EMT's, and public health professionals, with several counties **represented at each session.**

*Cheryl McBride* stated there were 216 presumptive SIDS cases reported to the California SIDS Program for 2010 and 45 presumptive SIDS cases reported for 2011. Compliance for 2011 for submission of Coroner Notification Cards is 89% and 64% for Public Health Services Reports forms. Quarterly compliance letters were mailed March 30, 2011 to all



counties delinquent with submission of the State Coroner Notification Cards and Public Health Services Report forms for 2010 and 2011.

• **Council Meetings for 2011.**

The remaining meetings of the *California SIDS Advisory Council* for calendar year 2011 are:

- Telephone Conference Call: Tuesday, August 9, 2011, 1:30-3:30 P.M.
- In-person Meeting: the day before the 31<sup>st</sup> Annual California SIDS Conference in Northern California: October 27, 2011, 1:00-4:00 P.M., at the California Department of Health Services East End Complex, located at 1500 Capitol Avenue, Sacramento, California.

• **New Business.**

None.

• **Adjournment.**

The meeting was adjourned at 3:15 P.M.

Respectfully submitted,

Kathleen Beichley  
Secretary, California SIDS Advisory Council

Thomas G. Keens, M.D.  
Chair, California SIDS Advisory Council



**California SIDS Advisory Council**



Kathleen Beichley    Maureen Chavez    Dawn Dailey    Steve Durfor    Lorie Gehrke    Tom Keens



Kathleen Roche    Christina Stanley    Dennis Watt    Karen Jackson    Aline Armstrong



## **Safe Sleep for Infants: New Data on Bedsharing & Increased Infant Deaths**

### **Speakers**

**Thomas G. Keens, MD**, Professor of Pediatrics, Physiology and Biophysics, Keck School of Medicine USC, Division of Pediatric Pulmonology Children's Hospital Los Angeles

**Penny Stastny, RN, PHN**, Retired SIDS Coordinator Los Angeles County Department of Public Health, Orange County Health Care Agency

**Danielle Sees, RN, PHN, CLE**, SIDS Coordinator City of Long Beach Department of Health and Human Services



**Tuesday, May 24, 2011**

**9:00 am – 12:00 pm**

**Long Beach Memorial Medical Center**

**Houssel's Forum**

**2801 Atlantic Avenue**

**Long Beach, CA 90806**

This 3 hour conference is designed to update and improve awareness of infant safe sleep practices. The presenters will discuss unsafe sleeping habits, Sudden Infant Death Syndrome (SIDS), Sudden Unexpected Infant Deaths (SUIDs) and unintentional infant deaths.

**After attending this conference participants will be able to:**

Verbalize the safe sleep and risk reduction practices for infants.

List one way to implement the AB757 State Statute that requires hospitals to provide safe sleeping education to all new parents.

Verbalize the importance of teaching breastfeeding mothers how to maintain a safe and separate sleeping space during sleep hours.



Southern California Public Health Association (a 501c3)  
 An Affiliate of the American Public Health Association

**Safe Sleep for Infants:  
 New Data on Bedsharing & Increased Infant Deaths**  
 Tuesday, May 24, 2011 • 9:00 AM to 12:00 PM  
 Long Beach Memorial Medical Center ~ Houssel's Forum  
 2801 Atlantic Ave., Long Beach, CA 90806

**Name:** \_\_\_\_\_

**Mailing Address:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Registration Fee: \$10.00 \*includes breakfast and all materials**

Are you a current member of SCPHA?    Yes     No

Are you interested in becoming a member of the SCPHA Nursing Section?

Yes     No

**Continuing Education Units:**

LCSW # \_\_\_\_\_     RN # \_\_\_\_\_

**Please mail completed registration form and check to  
 SCPHA, PO Box 92453, Long Beach, CA 90809**

**Space is Limited, Please Register by Friday, May 13, 2011**

\* A 10% administrative fee will be charged to any cancellation prior to 5/6/2011. After 5/6/2011, transfers only.

Southern California Public Health Association – SCPHA  
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