



# Fresh Produce Delivered Weekly To Your Workplace!

*Imagine not having to stop at the grocery store on  
your way home from work...*



## 2014 Worksite CSA Program

*Fresh*

*Local*

*Flavorful*

*Nutritious*

*Convenient*

### **What is CSA?**

Community Supported Agriculture (CSA) is a partnership between a farm and a community of supporters. CSA members purchase a “share” of the season’s harvest. In return, the farmer provides each member with a weekly share of fresh, seasonal produce at the peak of ripeness and nutrition.

### **What is a Worksite CSA Program?**

When you sign up to be a member of a worksite CSA, your weekly share of produce gets delivered directly to your workplace.



Contact CAFF to set up a worksite CSA:  
erin@caff.org \* (707) 826-0233

(See reverse for more information)

## What can I expect if I sign up?

- Fresh produce delivered to your worksite once a week for 20-25 weeks, starting in June or July, depending on the farm.
- Enough seasonal produce each week to feed a family of four.

If this amount of produce sounds overwhelming, you can split a share with a CSA buddy. Some CSA farms offer half shares as well; these are usually more expensive on a per week basis.

## Payment

- Full shares range from \$500-\$600 (\$20-\$25 a week), depending on the farm.
- It is best for the farmer if members pay up front, but farmers will often accept a deposit or split payments if this is not possible.

## What needs to be in place at the worksite?

- Approval from management and facilities staff.
- Point person to be a contact for the farmer, answer employee questions, and help with logistics.
- System to communicate about and promote the program within the workplace.
- Secure area for the farmer to drop the boxes, preferably out of the sun.
- Procedure for unclaimed boxes.

## Is there a minimum number of employees who need to participate?

Most farmers ask for a minimum of 10 people to sign up at a given site. If your workplace is too small, perhaps there is a neighboring business interested in a CSA program as well.



**Can I pay for my share using CalFresh?**  
The Community Alliance with Family Farmers is working with community partners to develop systems for people to use their CalFresh benefits to purchase CSA shares.

Please contact CAFF if you are interested in this option!

## CSAs are great additions to Employee Wellness Programs!

Many organizations are looking at incorporating CSA into their employee wellness programs, recognizing that by helping their employees access an abundance of fresh local food, they are promoting a healthier and more productive workplace.

For every dollar spent on wellness programs, the average employer saves \$3.27 in medical costs.



Contact us for more information!

[erin@caff.org](mailto:erin@caff.org)  
(707) 826-0233