



Painting Preschool Playgrounds for Movement Stencil Kit: Contents & Overview

January 7, 2016

Thank you for your commitment to enhancing community environments to support active play! Please reference the Painting Preschool Playgrounds for Movement guide for information on how to use these stencils, tips on playground design, and paint day preparations:

<http://www.cdph.ca.gov/programs/NEOPB/Pages/PrevFirstEducationResources.aspx>.

Please note that the stencils are rather large and heavy so you will need to work with the community to ensure proper transportations of these items. The size of one complete package of stencils includes 3 boxes measuring 54" x 85" x 6' and it weighs approximately 110 pounds. The stencils are constructed from corrugated plastic, much like cardboard, but are lighter and reusable. When transporting the stencils, it is recommended to unbundle the boxes.

As described below, the kit includes a number of different types of stencils. Each "Stencil Kit" host is expected to share and lend the stencils with community agencies and partners as well as maintain a small amount of tracking on usage (the Nutrition Education and Obesity Prevention Branch (NEOPB) Prevention First team will provide some assistance with this). For tracking purposes, numbering the stencils may be helpful (there are approximately 76 individual stencils).

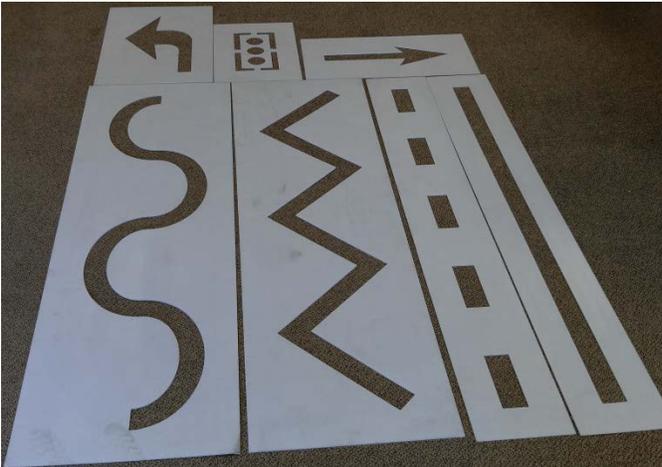
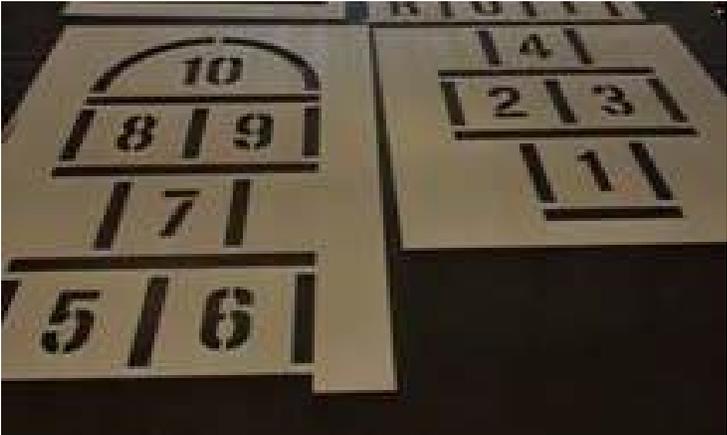
The NEOPB is interested in hearing from those who are getting results (kids engaging in more physical activity) by the implementation of these stencils in their play areas. We are particularly interested in hearing from those who work directly with children. Please share your stories with us!

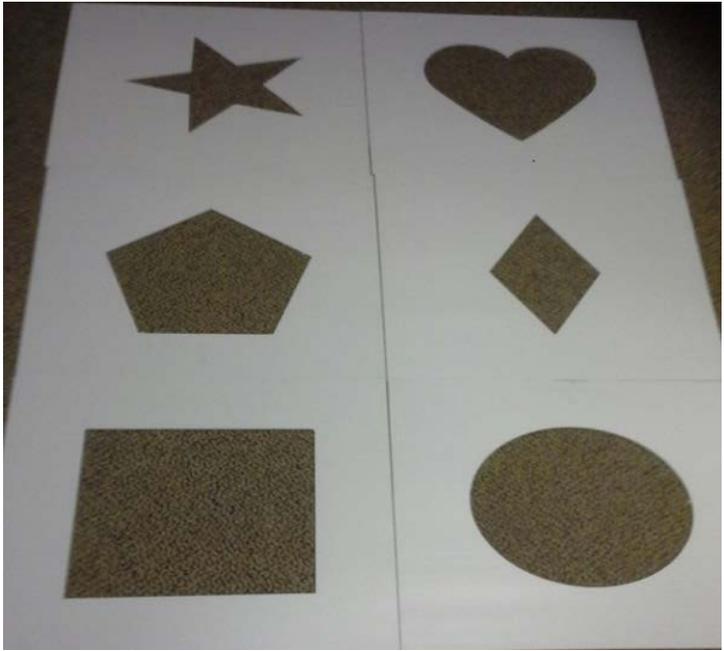
Finally, this is a one-time materials distribution and there is no replacement for lost or damaged stencils. For questions or comments about the Stencil Kits, contact either Melba.Hinojosa@cdph.ca.gov or Jeffery.Rosenhall@cdph.ca.gov. You may also call the general NEOPB telephone line at 916.449.5400.

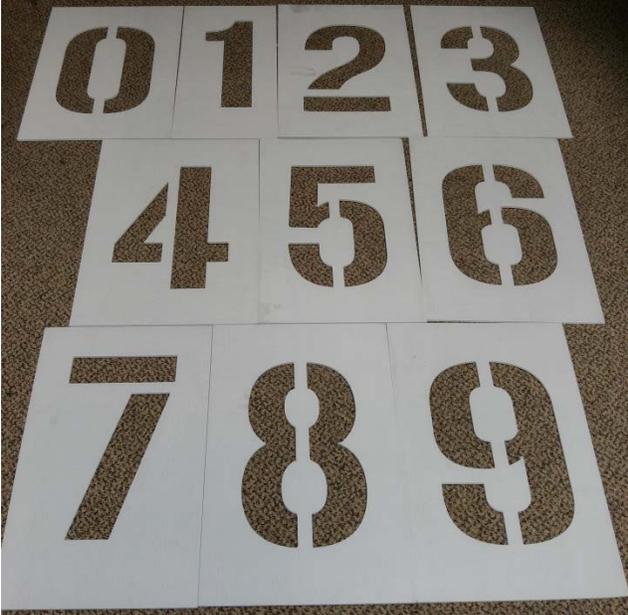
Thank you.

Stencil kit contents:

1. Playground Paths
2. Number Hopscotch
3. Letter Hopscotch
4. Bull's Eye Toss
5. Shapes
6. Numbers 0-9
7. Letters A-Z
8. Playground Pond
9. Words (can be used with the pond layout)
10. Wall Target Toss
11. Footprints
12. Foursquare

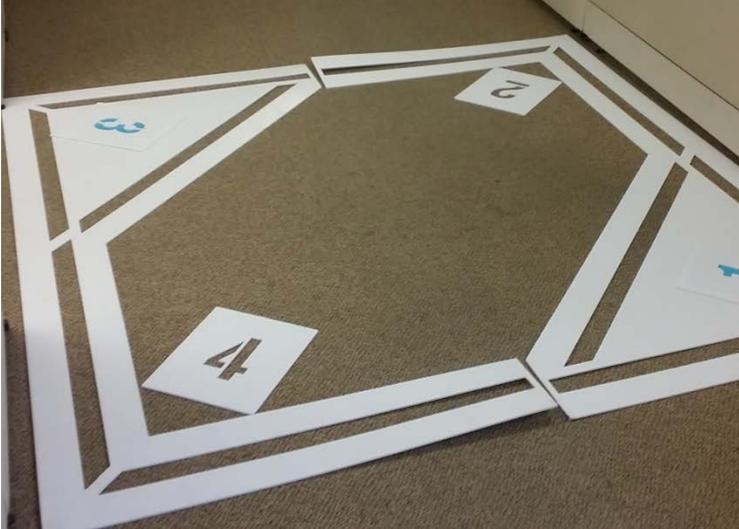
| Name and Description | Dimensions | # of pieces | Picture |
|--|--|-------------|--|
| <p>1. Playground paths</p> <ul style="list-style-type: none"> • zig zag • curved • straight • dotted • curved arrow • straight arrow • stop light | <p>The largest piece in this group is the curved path, measuring 25" x 80"</p> | <p>7</p> |  |
| <p>2. Number hopscotch</p> | <p>The largest piece in this group measures 48" x 70"</p> | <p>2</p> |  |
| <p>3. Letter hopscotch</p> | <p>The largest piece in this group measures 47" x 47"</p> | <p>4</p> |  |
| <p>4. Bull's eye toss</p> | <p>The largest piece in</p> | <p>6</p> | |

| Name and Description | Dimensions | # of pieces | Picture |
|--|------------|-------------|---|
| <p>this group measures 48" x48" (top part)</p> <p>The bottom part of this toss is in 2 pieces, measuring 48" x 48"</p> | | |  <p>This is what all 6 pieces put together look like.</p> |
| <p>5.Shapes</p> <ul style="list-style-type: none"> • circle • square • diamond • pentagon • heart • star | 20" x 20" | 6 |  |
| 6.Numbers 0-9 | 12" x 18" | 10 | |

| Name and Description | Dimensions | # of pieces | Picture |
|---|---|-------------|--|
| | | |  |
| 7. Letters A-Z | 16" x 18" | 26 |  |
| 8. Playground pond— • frog (36" x 48") | The tallest stencil in this group are the | 7 | |

| Name and Description | Dimensions | # of pieces | Picture |
|---|--|-------------|--|
| <ul style="list-style-type: none"> • lily pad (37" x 38") • dragonfly (25" x 32") • duck (43" x 48") • turtle (33" x 48") • cattails (32" x 53") • fish (36" x 48") | cattails at 53" and the frog and the fish are the largest overall at 36" x 48" | |  <p>Suggested or possible use below but please note that when put all together, this "pond play area" is 25 feet by 25 feet: http://fastlinestencils.com/stencils/stencilprep/Playground_Pond_Layout_and_Painting.pdf</p>  <p>This is an example of one of the pond animals.</p> |
| 9. Words <ul style="list-style-type: none"> • crawl • cross • hop • swim • walk • fly | The largest piece in this group measures 14" x 31" | 6 |  |

| Name and Description | Dimensions | # of pieces | Picture |
|--|---|-------------|--|
| 10. Wall target toss | This piece measures 37" x 37" | 1 |  |
| 11. Footprints | This piece measures 20" x 40" | 1 |  |
| 12. Foursquare (the cross lines can be drawn using the straight pathway stencil) | The largest piece in this group measures 77" X 39". To complete this foursquare, flip the two large pieces to draw the additional corners | 6 |  |

| Name and Description | Dimensions | # of pieces | Picture |
|----------------------|------------|-------------|--|
| | | |  |

(revised 1/7/16)